

JULY

2026

Navan Nugget



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NCA MUSIC in the PARK 2026

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THE CENTRALAIRES
SHABRAQUE-CELTIC



Thank you, Navan, for supporting
an amazing 2026 Music in the Park
season!

The Navan Community Association
looks forward to welcoming you back
to the Pavilion in June 2027.

Heather Monkman and Jill Noakes
NCA Music in the Park Producers



Photos: Tom Devcseri Photography





INTEREST GROWS FOR

THE ORLEANS WALK FOR DOG GUIDES

For a second consecutive year, Cumberland, Orleans and Navan Lions Clubs worked together to organize the Orleans Walk for Dog Guides on May 31, 2026. The goal of the Dog Walk is to raise funds to help provide dog guides to Canadians with disabilities. The Orleans Walk for Dog Guides was held at the Maple Hall in Cumberland and included Orleans native, Kevin Frost, who delivered an inspirational message to the roughly 25 participants about how dog guides have been a life saver for him since he was diagnosed with Usher's Syndrome. The Lions reached out to many dog owners and dog lovers alike to encourage their participation. For example, Lions could be seen promoting the Dog Walk at the dog-friendly open-air market held in Navan a week earlier. All the proceeds raised from the Dog Walk will go to the Lions Foundation of Canada Dog Guides (LFCDG). This year, the group managed to raise more than \$7,500 with the support of several sponsors including: Pet Valu on Watters Road in Orleans. Other donations, including the one made by Kevin Frost through proceeds from his book, helped the committee surpass their goal. Theresa St-Denis, member of the Cumberland Lions Club, stated: "Lions believe strongly in helping to support the LFCDG. We are proud to have been able to build on the work we achieved last year."



Theresa Saint-Denis with Kevin Frost
Photo: Sanae Jade Bentahar

About the Lions Foundation of Dog Guides

Lions Foundation of Canada Dog Guides is a national charity that was created by the Lions of Canada. Its mission is to empower Canadians with disabilities to navigate their world with confidence and independence by providing a Dog Guide at no cost and supporting them in their journey together. In addition to training Dog Guides for people who are blind or visually impaired, Dog Guides are also trained to meet the needs of Canadians with hearing, medical and physical disabilities, epilepsy, autism, diabetes and for professional agencies assisting people in traumatic situations.

About the Pet Valu Walk for Dog Guides

The Pet Valu Walk for Dog Guides is a national fundraising walk held in local communities in each province across Canada. Each walk is organized by local volunteers with support from the Lions Foundation of Canada Dog Guides. To date, the walk has raised more than \$23 million!

For more information, please contact Tony Fiorentino at the Navan Lions Club at the following: tfiorentino003@gmail.com or at 613-697-6126.

THE NAVAN LIONS 2026 GOLF TOURNAMENT. FRIDAY JUNE 8TH

The Lions Golf Tournament has now become a fixture in the Navan Lions Calendar. This tournament is a fund raiser for the Children's Wish foundation and as such is quite exceptional. The foundation is "dedicated to granting inspiring wishes for children facing critical illnesses". Some examples of wishes granted:

*to have an at home recording studio,
to visit a beach resort in Cancun,
to have a computer set-up,
to go to Blue Jays Spring Training,
to go on a beach vacation with my mom,
to be a singer/songwriter*

On reading these wishes as well as many more published on the Make a Wish website, one cannot fail to be moved – you can hardly imagine the struggles faced by these inspiring children. This charity is something which clearly resonates with the business community of our village and we can tell that because of the extraordinary support it receives.

There were 68 sponsors - yes 68! – almost a record for one event. Title sponsor was Waste Connections Canada, Major sponsors included Nature's Right Hand, All Insurance, Simpson Electric, Ottawa Chiropractic, the Physio Space, and Lavergne Meat and Deli, Canadian Towing Service, G&L Auto. , Catherine Kitts, T&M Group, Navan Autopro, Tanner Insurance, and Grandmaitre, Virgo Evans GVE. I'm only sorry that I can't list all of the remaining 54 sponsors who donated items to the silent auction, or who contributed straight cash - but I'm sure you appreciate there just isn't enough space. I must add that the Navan Lions Club really appreciates this support and thanks all the sponsors and the players profoundly! As for the tournament, there were 78 enthusiastic golfers who registered. The weather was idyllic; and the Pine View golf course was in perfect condition. An excellent Lunch was provided, and the golfers were in a celebratory mood as awards for best overall score (Team Shane McCarney) and most Honest golfers (Team Veni Portobello) as well as various other categories such as longest drive and closest to the pin were given out. A cheque for \$4000 was presented to Caroline Bouchard of Make A Wish Canada. This sum will enable several wishes to be granted.

All in all it was a very successful event – and as a result the Navan Lions Club will be seriously considering the organization of another one in 2027.



Navan Garden Stroll Set for July 18

Step into summer and explore the beauty of local gardens at the Navan Garden Stroll on Saturday, July 18 from 9 a.m. to 1 p.m. Visitors can enjoy a wide range of garden styles—from vibrant flower beds and thoughtfully landscaped yards to vegetable gardens and unique outdoor spaces.

The stroll will follow an open format, allowing guests to create their own schedule and plan visits at their own pace. Once registered, participants will receive the addresses of the garden hosts.

This is a free event organized by the N.C.A. Horticulture Committee. Donations will be welcomed to help support ongoing beautification projects throughout the Navan community.

To register, scan the event QR code or contact Shelley Cotton by email at minklakeshell@gmail.com or by phone at 613-866-7435.

Whether you're a seasoned gardener or simply looking for inspiration, the stroll offers something for everyone. It's a wonderful opportunity to connect with neighbours, share ideas, and appreciate the creativity growing right here in our community.

JULY GARDEN STROLL

**SIGN UP HERE
FOR MORE INFO:**



**FULL MAP & ADDRESS LIST WILL BE SHARED
ONCE YOU'VE SIGNED UP**



JULY 18TH

9AM - 1 PM

Summer Paint Event Coming August 22

Get creative this summer at a special Summer Paint Event on Saturday, August 22 from 1 p.m. to 3:30 p.m. This fun and relaxing afternoon is a great opportunity to learn something new while creating a beautiful painting for your home or as a thoughtful gift. Led by local artist Caroline Galand (Carol Galand Art), participants will be guided step by step using her original sunflower artwork as inspiration. No experience is needed—just bring your enthusiasm and enjoy the process. All materials are included, and light refreshments will be available. This event is a fundraiser in support of the Navan Community Association, with all proceeds going toward future events and activities that benefit our community. The cost is \$45 per person, and spaces are limited, so early registration is encouraged.

To register, scan the event QR code or contact Shelley Cotton. Whether you're coming with friends or on your own, it's a wonderful way to spend an afternoon connecting, creating, and supporting a great cause.

**Cheers,
Shelley Cotton
613-866-7435**

Director, Navan Community Association

SAVE THE DATE Summer Paint Event

REGISTRATION FEE:

45 \$

PAINT, COFFEE, TEA AND
SNACKS INCLUDED



sign up here



AUGUST 22ND

TIME: 1 - 3:30 PM

LOCATION: TBD

LEAD BY : CARO GALAND

**Navan Community
Association Fundraiser**

Lots of ways to check us out

Website - www.navan.on.ca NCA email - nca@navan.on.ca

Instagram - [@navannca](https://www.instagram.com/navannca) Facebook - www.facebook.com/NavanCommunityAssociationNCA/



CHECK OUT THE NAVAN FAIR WEBSITE

<https://navanfair.ca/>

2026 NAVAN FAIR BOOKS ARE NOW AVAILABLE
IN THE FAIR OFFICE
NAVAN FAIR PARADE

Saturday, August 8, 2026 @ 10:45 am

The theme for the 79th Navan Fair is "Where Country and City Meet" - Join the Fun by participating in the parade! Come out and celebrate our country roots alongside our great city friends! Categories include Family, Community, and Commercial. More information can be found online <https://navanfair.ca/parade-parade-breakfast/>
How to enter: Contact Catalina by Friday, July 31, 2026 at navanfairparade@gmail.com to secure your spot. Let's make this parade the talk of Navan!

PUBLIC NOTICE FOR RESIDENTS OF NAVAN VILLAGE



The Cumberland Township Agricultural Society would like to advise you in advance of planned street closures during some of the 2026 Navan Fair activities. On Saturday, August 8 the traditional Fair Parade will take place, followed by bed races. Participants will congregate on Smith Road just south of Meteor Street. The Parade commences at approximately 10:45 am and will proceed along Smith Road east to Colonial, crossing over Trim and continuing east on Colonial until turning right on Delson. The Police and volunteers will be directing motorists and spectators as the Parade and bed races proceed along its route.

Restricted parking signs will be posted as required for emergency access to the Fair grounds and livestock trailers specifically on Delson.

Additional community policing has been requested for the village during the Fair. For life-threatening or crimes in progress, call 911. For all other non-emergency issues, please call Ottawa Police at 613-230-6211.

BED RACES

2025 saw the return of the popular and entertaining bed races. Since it proved to be another success, 2026 races will be held following the parade. The registration form and race details will be available as of June 30, with a deadline of Wednesday, August 5. Entries will be limited to 10 teams, on a first come, first in basis. If interested in participating or volunteering, email office@navanfair.ca.



SHOW OFF YOUR SKILLS

AT THE NAVAN FAIR THIS AUGUST!

Do you have a talent for baking the perfect chocolate chip cookie? Are your homegrown vegetables the pride of your garden? Or perhaps your artistic skills shine in painting, quilting, or photography? If so, the Navan Fair's Arts and Crafts and Agriculture Competitions are the perfect place to showcase your abilities!

The Navan Fair will be welcoming entries in a wide range of categories, including:

- Culinary Science – Whether it is cookies, cakes, squares, or bread, put your baking skills to the test!
- Arts and Crafts – From painting and drawing to quilting and needlework, this is your chance to share your creativity.
- Floriculture – Show off your finest flowers, whether they are annuals, perennials, plants, or arrangements.
- Fruits and Vegetables – Compete with your best produce grown right here in our community.
- Education and Youth Competitions – Encouraging young minds to explore their creativity through various art and craft projects.



- Rural Features and Crops, including eggs, honey and maple syrup – Show off the produce of your backyard chickens or prove that your sweet creations are the best in the region! Also, competitions for a variety of field crops. Each category is broken down into multiple classes, ensuring a place for all skill levels and ages. Whether you are a seasoned competitor or a first-time participant, all entries are welcome and encouraged! Not only will your work be proudly displayed at the fair, but you'll also have the chance to win prize money and the admiration of fellow fairgoers. The prize lists and access to online entries through Assist Expo can be found on our website - Exhibitors - Navan Fair <https://navanfair.ca/exhibitors/>

79th NAVAN FAIR - LIVE ENTERTAINMENT LINE UP ANNOUNCED



We are pleased to announce the live entertainment under the Domes. Check our website for the details.

<https://navanfair.ca/music-entertainment/>

New for 2026 is the ability to purchase VIP passes that provide separate comfortable seating, beverage services, and portable washrooms. Limited to 100 tickets so purchase early.

Along with our traditional demolition derbies, livestock shows, exhibits and midway amusement rides and games, we announce the return of many favorite attractions like Meet the Keepers, The Ultimutts, Capital Cowgirls Drill Team, Petting Farm, to name a few. New attractions include the Prettiest Petal Farms and our first annual Navan Fair Zucchini-500 Car Race.



Check our website for the full schedule and more information on the performers, advance ticket sales, and special attractions.

<https://navanfair.ca/schedule/>

<https://navanfair.ca/attractions/>

EARLY BIRD GATE PASSES

Early Bird gate passes are also available until Wednesday, July 15 and can be purchased online at <https://navanfair.ca/> or in the fair office. Regular pricing is in effect July 16 until August 6 or at the gates on fair days. Pricing remains the same as 2025. Purchase early and save. Domes entertainment tickets are also now available.

2026 NAVAN FAIR SPONSORSHIP

As a charitable organization, the CTAS depends on the financial support to help cover the increasing costs involved in putting on the Fair. Annually, we eagerly look for new businesses and reach out to our faithful supporters to continue the tradition of agricultural awareness through family and community celebration. The 2026 sponsorship and donations campaign is underway. If you are interested in being part of another successful event, please contact sponsorship@navanfair.ca or office@navanfair.ca for more information.

NAVAN FAIR VOLUNTEERS – Be part of the fun

The CTAS relies on the dedication and enthusiasm of many volunteers

to make the event a success. From preparation before the Fair, to helping during the event, and assisting with wrap-up afterward, there are many ways to get involved.

If you would like to be part of our team or have questions about volunteering, please email volunteers@navanfair.ca. Be sure to include your name, your availability, and the Division you would be interested in helping with. We look forward to welcoming you!



JULY OFFICE HOURS

July 2 to 31 – Monday to Friday from 10 am to 5 pm
Please email if you require assistance outside office hours.

President: Emily Keenan

Office Administrator: Cheryle Watson

1279 Colonial Road, Navan ON K4B 1N1

Tel: 613-835-2766

Fax: 613-835-4008

office@navanfair.ca

www.navanfair.ca

NAVAN NOTABLES

JOANNE EDWARDS DESORMEAU

I met Joanne last week when we were in the Blue Building painting Barn Quilts! What a great day! Joanne is the Floral Horticultural Director for the Navan Fair and loves flowers! All her life she was surrounded by flowers. So off to Horticulture Classes at

Algonquin. Worked summers at Jasper Park Lodge in their greenhouse, making pretty, colourful arrangements. In Manotick she honed her talents at the Riverfront Flowers Shop. Now as a Director, her aim is to make



the flower exhibitions bigger and better! Her idea is to include different flowers and bring in change. Take note Gardeners. Let's get behind our enthusiastic Director, by bringing in your beautiful, colourful blooms! What a show of colour, and beauty will greet us all as we walk into the Flower area!

Sheila Minogue-Calver

Thank you to Lexy Bender and Gerry Dust for writing the last 2 months of the Nugget Notables column. Much appreciated!



We ended the year with an evening dinner out locally. We'll rest and have fun before returning to getting together at the Lions Club "Lions Den" in September. Happy Holidays to all

Colonial Veterinary Hospital

Dr. Paul Brown, Dr. Denene Clifford,
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A NOTE FROM COUNCILLOR CATHERINE KITTS

I hope everyone enjoyed the 2026 edition of Music in the Park! A huge thank you to Jill Noakes, Heather Monkman and the Navan Community Association for organizing another wonderful season of music. It was especially great to see the Pavilion being used once again as a venue for some of the performances, a project that has truly become a community hub.

The countdown is on for the 79th Navan Fair, taking place August 6–9. I can't wait to see you there as we come together for our community's biggest and most cherished tradition.

It's summer, so there's construction work underway to improve our infrastructure. The Navan and Milton project is advancing well with grading and ditch realignment ongoing. In addition, work is wrapping up on road rehabilitation projects on Navan and Trim. Thank you for your patience as we improve our roads.

I have recently received several complaints about unsafe e-scooter use in and around Navan, and I would like to remind everyone to follow the rules and ride responsibly. With e-scooters returning to Ottawa streets in greater numbers, riders must use bike lanes or the shoulder of the road and not sidewalks, where violations can result in a \$150 fine. Riders must be at least 16 years old, those under 18 must wear a helmet, and e-scooters are designed for one person only. They are also not permitted on NCC pathways, and riders should never operate them while distracted or impaired.

On Alto, I continue to advocate for Navan as the project advances. While the City does not control the project, I have been pushing for greater transparency, stronger public engagement, and clearer communication with affected residents, farmers, and landowners. I recently tabled a motion at City Council calling on Alto and the Government of Canada to better explain how route decisions are being made, minimize impacts on agricultural land and rural communities, and ensure expropriation is only ever considered as an exceptional last resort. Our villages and farmland are home to families, businesses, and generations of agricultural heritage that deserve to be respected throughout this process. I will continue working to ensure the voices of our rural residents are heard and that affected communities receive the information and engagement they deserve every step of the way.

See you at the Fair!

catherine.kitts@ottawa.ca

613-580-2489



CATHERINE KITTS
COUNCILLOR
CONSEILLÈRE
ORLÉANS SOUTH—NAVAN • ORLÉANS-SUD—NAVAN



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DISCONNECT TO CONNECT: BRINGING BACK THE JOY OF OUTDOOR PLAY IN NAVAN

Remember spending summer evenings playing Kick-the-Can until the streetlights came on? Racing through the neighbourhood during a game of Manhunt? Knocking on a friend's door instead of sending a text? For many of us, those are some of our favourite childhood memories. Unfortunately, today's children are growing up in a very different world—one where screens often replace sidewalks, and online gaming has replaced neighbourhood adventures.

I have 2 daughters who are 11 and 14 and after living in Navan for almost 5 years I can count on 1 hand how many friends they have in this community! It's not for lack of attending community events... times have changed and kids do not interact like before. Lots of devices in hand and less playing outside.

After one too many "I'm bored" comments at home, I decided to help my kid to disconnect, get out there and make friends. I've recently used Facebook to start a Group called Navan Plays (<https://www.facebook.com/groups/777122165486361>) where I will teach games played outside depending on age groups available.

Every once in a while, kids will be invited to gather for ~90 minutes of classic outdoor games that many parents grew up

playing. Games like Capture the Flag, Manhunt, Kick-the-Can, and many others encourage teamwork, creativity, problem-solving, exercise, and—most importantly—fun.

The goal isn't just to organize games. It's to help children become confident enough to organize them themselves, creating a new generation of neighbourhood kids who know each other, play together, and look forward to spending time outdoors. Navan Plays is a free, volunteer-led community initiative for families in and around Navan. There are no registration fees, no memberships, and no fundraising—just a shared desire to strengthen our community one game at a time. As the group grows, we hope more parents, grandparents, older youth, and community members will get involved by volunteering, suggesting games, or simply helping create a welcoming environment where every child feels included.

If you're a parent who wants your child to spend less time on screens and more time making memories outdoors, we'd love to have you join us. Our mission is simple: help kids unplug, get outside, and build real friendships within our own community. To learn more, search "Navan Plays – Disconnect to Connect" on Facebook and request to join our private community group. Not on Facebook? No problem! Email us anytime at navanplays1@gmail.com for more information.

Let's bring back the kind of childhood that kids will remember for the rest of their lives—one game at a time.





Considering building a Coach House in Navan?

Maybe you need extra space for your adult children, aging parents, or want some additional income? Hello, my name is Maleeha Peterson. I have lived in Orleans since the mid 1970's and started calling Navan home in 2022. I've come to truly appreciate the strong sense of community in Navan, the warmth of its people, and the fantastic events that bring everyone together. I've enjoyed it so much that I decided to move my 77-year-old mother here, where we built a coach house on our property for her. I'm happy to answer any real estate questions you have, especially about building a coach house. I received my permit in just 2 weeks, and our contractors completed the build in under 4 months. If this is something you're considering, give me a call! I'd love to show you my coach house and help you decide if it's the right fit for you and your family.



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HAPPY CANADA DAY

To mark Canada Day I thought that I would share a few of my “Canada” birds.
The Canada Goose, the Canada Warbler and the Canada Jay. *Tom Devecseri*

