

# Navan Nugget



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**9am-3pm Saturday May 30th, 2026 Navan Fair Grounds**

## NAVAN TOUCH-A-TRUCK

**A free hands on outdoor event where children and families can see, touch, and explore real life vehicles up close.**

**Hosted by the C.T.A.S. & NCA in collaboration with community partners.**

### What You'll See

Fire trucks and emergency vehicles, Police vehicles, Military vehicles, Construction and heavy equipment, Farm and agricultural machinery – modern to explore, vintage on display Service vehicles such as school bus and snowplows.

Children are encouraged to climb aboard, ask questions, and explore alongside the people who operate these vehicles.

### Meet the People Behind the Vehicles

Chat with local operators, first responders, farmers, and service providers. Learn how the vehicles work and the important roles they play in our community. Discover a wide range of real world careers and services.

### Community Activities

Educational and interactive experiences designed for all ages including face painting, musical entertainment, coloring corner Possible safety demonstrations and learning activities with community partners.

### Quiet Hour / Sensory Friendly Time 9-10 am

Designed for children and families who may benefit from a calmer environment. During this time: Sirens, horns, and loud demonstrations will be paused where possible. Fewer crowds and a more relaxed pace are encouraged. Families can explore vehicles at their own comfort level. All families are welcome.

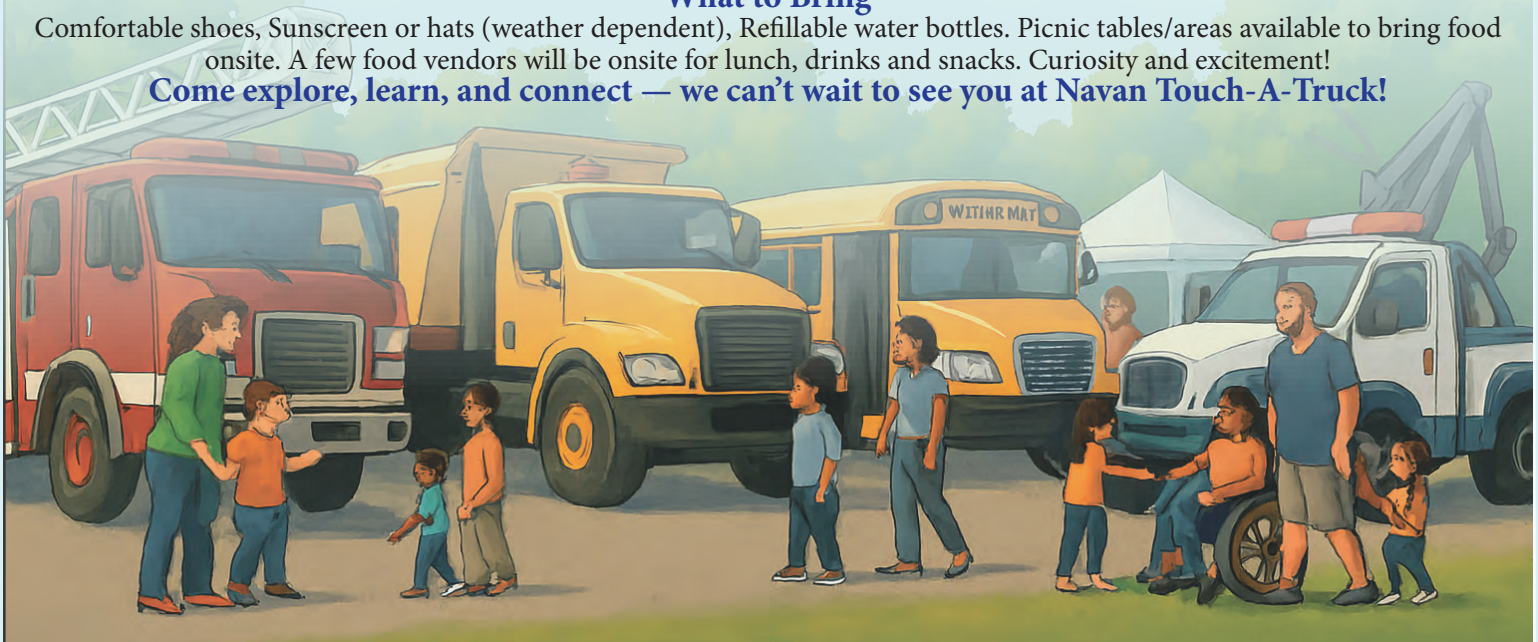
### Educational & Historical Focus — Ottawa 200

As part of Ottawa's 200th anniversary, Touch A Truck will also highlight the history and evolution of Navan and the surrounding rural community. Learn how Navan has grown and changed over the years, from its early agricultural roots to the vibrant community it is today. Explore how farming, transportation, and essential services have shaped daily life in the village. See how vehicles — past and present — played a role in building, maintaining, and connecting our rural community. A simple, family friendly way to connect local history with hands on learning. This educational element helps tie together community pride, learning, and Ottawa 200 celebrations in a way that is engaging and accessible for all ages.

### What to Bring

Comfortable shoes, Sunscreen or hats (weather dependent), Refillable water bottles. Picnic tables/areas available to bring food onsite. A few food vendors will be onsite for lunch, drinks and snacks. Curiosity and excitement!

**Come explore, learn, and connect — we can't wait to see you at Navan Touch-A-Truck!**





One windy Saturday in April, the Navan Lions participated in the City's "Cleaning the Capital spring campaign". This much needed campaign runs from March 27 to May 4 – so there is still time to sign up via an interactive map on



*Lions clean-up crew.*

the City website. Removal of garbage is becoming ever more important as we begin to understand the negative impacts of tossed out drink containers etc. We now know that dumped plastics form microplastics as they decompose. We have learned that these decomposition products enter the water system, and that we all now have microplastics in our bodies (blood, tissues and organs) and nobody is sure as to what the long-term effects will be. Aluminum drink cans left lying are astonishingly wasteful as aluminum contains a large amount of embedded energy from the smelting process. So cleanup is good (not throwing away stuff is even better) and an organized pick-up makes a great community event. After the Navan cleanup the Navan Lions were welcomed for coffee and conversation at Sunrise Bites, Navan's excellent coffee shop. And incidentally Sunrise Bites uses pottery mugs and not plastic cups.

### Ottawa Girls and Boys club

One of the good features of the Navan Lions Club is the outside speaker program. Each month we have a speaker from a local organization. Typically they represent charities that we support annually or are under consideration for future support. One of the most impressive talks given recently was by Sarah Cybulski of the Ottawa Girls and Boys club. The Lions were very impressed by the activities and programs offered by the club, which looks after and engages children/teenagers in the more deprived parts of our city. There are four clubhouses in Ottawa. The Don Magahan in the East-end

is typical. This has been described as "a vibrant hub" for children, youth and families. It is a safe and welcoming space where young people can discover their potential, build confidence and connect with their community. The Clubhouse is designed to support the Boys and Girls club's four pillars of programming – Creative Arts, Education, Leadership & Social Skills and Physical Activity & Healthy Lifestyle. It has a full-sized gymnasium, indoor turf field, computer lab and dedicated studios for art, dance and music. Members can explore new passions, develop skills and create friendships that last. Success is measured by achievement, and one area of success is their championship winning basketball team. It wasn't just the content and information of this talk which was impressive – it was Sarah's enthusiasm and passion – and of course the Lions donated and will continue to support the club in the future. If you are interested in the activities of the boys and girls club you may wish to look at their website <https://www.bgcottawa.org/>

### "Reminder"

Please remember to Scoop the Poop. Users of the Navan trails are having a hard time dodging the landmines left on the pathway. Be it from a pet dog to a horse, don't leave it behind.

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With winter finally behind us (Let's hope so!) We can turn our attention to spring cleaning and events. Speaking of spring cleaning, the NCA would like to thank the Navan Lion's club for their great cleaning efforts around the Navan Fair Grounds. Looking ahead, you'll hopefully be able to join us in late May and June for the Touch a Truck event and Music in the Park series. Exact dates and times will be posted on our social media and website.

The NCA has recently heard many concerns and questions about the proposed ALTO High Speed Train project. Community Member can send their comments and questions to two locations:

#### 1-ALTO Website

<https://www.altotrain.ca/en/public-consultation/online-consultation-platform>

#### 2-Federal Member of Parliament

Email: giovanna.mingarelli@parl.gc.ca  
Main office - Rockland  
201-2911 Laurier Street  
Rockland, Ontario  
K4K 0A9, Telephone: 613-446-2969

The NCA meetings are now held in the Lion's Den inside the Navan Curling Club. We still meet on a monthly basis on the third Monday of the month at 7:30pm. At the NCA meetings, all members of the community are welcomed to participate and learn about new initiatives taking place, City of Ottawa news that affects our community, and more.

#### Become an NCA Membership holder!

To become a member, go to the Navan Community Association website [www.navan.on.ca](http://www.navan.on.ca) in the "membership" tab or email us at [membership@navan.on.ca](mailto:membership@navan.on.ca).

#### NCA Directors and Volunteers

**President** – Luc Picknell **Vice President** – Tim Bernardi  
**Secretary** – Christina Macpherson **Past President** – Fred Hyde  
**Treasurer** – Dale Borys **Recreation** – Luc Picknell  
**Navan Nugget** – Tom Devecseri **Horticulture** – Shelley Cotton

**Social Media Manager** – Emmanuelle Seguin Reid  
**Friends of Mer Bleue & Navan Cenotaph** – Erin Zintel  
**Nifty 50+ (Senior's Drop In)** – Juanita Vetter  
**Music in the Park** – Jill Noakes and Heather Monkman  
**Fall Fest** – Cheryle Houle **NCC & Membership** – Ray Vetter  
**Minor baseball** – Phil Grandmaitre  
**Builders Wall** – Tim Bernardi

#### Lots of ways to check us out

**Website** - [www.navan.on.ca](http://www.navan.on.ca) **NCA email** - [nca@navan.on.ca](mailto:nca@navan.on.ca)

**Instagram** - @navannca **Facebook** - [www.facebook.com/NavanCommunityAssociationNCA/](http://www.facebook.com/NavanCommunityAssociationNCA/)

#### Celebrating Our Own:

#### Nominations Open for the Navan Builders Wall

Who comes to mind when you think of the "heart" of Navan? The Navan Community Association is looking for nominations for the Builders Wall, with a deadline of July 1, 2026.

The Wall, situated in the heart of Navan, serves as a permanent tribute to the people who have shaped our town. It recognizes those who have used their unique talents to create long-lasting benefits for all of us. Reflecting on the impact of a "Builder," we remember Robert (Bob) Burns, who passed away late last year. Bob and his wife, Helen, were added to the Wall in 2015—a fitting tribute to their decades of service. From the Navan Fair to the Navan-Vars United Church and the Women's Institute, they were involved in the very activities that define our rural life.

Bob was more than a volunteer; he was a living archive. To sit at his kitchen table was to hear the history of Navan come to life. It is that spirit of generosity and deep-rooted community pride that the Builders Wall seeks to celebrate.



Bob accepting their plaque from Linda Dunn 2015

**How to Nominate** Do you know a neighbour who carries on this tradition of service? Help us recognize them by submitting a nomination at

<https://www.navan.on.ca/community-builders-wall/>



## NAVAN FAIR PARADE

**Saturday, August 8, 2026 @ 10:45 am**

The theme for the 79th Navan Fair is "Where Country and City Meet" - Join the Fun by participating in the parade!

Be part of the annual tradition -- come out and celebrate our country roots alongside our great city friends! Categories include Family, Community, and Commercial. More information can be found online <https://navanfair.ca/parade-parade-breakfast/>

How to enter: Contact Catalina by Friday, July 31, 2026 at [navanfairparade@gmail.com](mailto:navanfairparade@gmail.com) to secure your spot. Let's make this parade the talk of Navan! Rain or shine—just like farming!

### NAVAN PAVILION BARN QUILT PROJECT

The CTAS Board will be commissioning a new barn quilt sign to be proudly displayed on the tallest peak of the Navan Pavilion. The sign will be commissioned by a professional local artist, and we need your participation. We will be coming to the community with the opportunity to vote on design options. Stay tuned for more information.

To support this project, a fundraiser will be held on Saturday, June 6. For a fee you are invited to come and paint a barn quilt sign with Karyne Besso. You can take your finished sign home to proudly display to your family and friends. Registration is now open and is limited to 20 participants. For more information, visit our website at: <https://navanfair.ca/other-events/>

Donations are also welcome to support the Pavilion barn quilt initiative. They can be made at the June 6 workshop or by sending an e-transfer to [ctas.finance@gmail.com](mailto:ctas.finance@gmail.com) (note "Quilt sign donation" in the message). Or you can pay by credit, debit, cheque or cash through the Navan Fair Office at 1279 Colonial Road. Official tax receipts will be provided for donations over \$10. Questions: [office@navanfair.ca](mailto:office@navanfair.ca) or 613-835-2766 or visit our website.

### NAVAN FAIR VOLUNTEERS – Be part of the fun

The CTAS relies on the dedication and enthusiasm of many volunteers and workers to make the event a success. From preparation before the Fair, to helping during the event, and assisting with wrap-up afterward, there are many ways to get involved. If you would like to be part of our team or have questions about volunteering, please email [volunteers@navanfair.ca](mailto:volunteers@navanfair.ca). Be sure to include your name, your availability, and the Division you would be interested in helping with. We look forward to welcoming you!

Our Grounds Division is another area where help is needed and has specific requirements. Volunteer and paid positions are with the Grounds Division only. More information can be found on our website at <https://navanfair.ca/get-involved/>

You will learn a lot and have fun while working alongside some great people – please consider joining our team!

## CTAS MEMBERSHIPS

2026 memberships can be purchased in the Fair Office. Pricing remains the same as 2025. Your membership allows you to exhibit at the fair and provides the four-day admission.

### EARLY BIRD NAVAN FAIR GATE PASSES

Early Bird gate passes are also available until July 15 and can be purchased online at <https://navanfair.ca/> or in the fair office. Regular pricing is in effect July 16 until August 6 or at the gates on fair days. Pricing remains the same as 2025. Purchase early and save.

### 2026 NAVAN FAIR SPONSORSHIP

As a charitable organization, the CTAS depends on the financial support to help cover the increasing costs involved in putting on the Fair. Annually, we eagerly look for new businesses and reach out to our faithful supporters to continue the tradition of agricultural awareness through family and community celebration. The 2026 sponsorship and donations campaign has officially launched. If you are interested in being part of another successful event, please contact [sponsorship@navanfair.ca](mailto:sponsorship@navanfair.ca) or [office@navanfair.ca](mailto:office@navanfair.ca) for more information.

### MAY OFFICE HOURS

May 1 to 29 – Tuesday to Friday from 10 am to 4 pm  
Please email if you require assistance outside office hours.

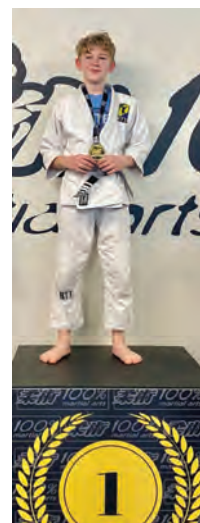
**President: Emily Keenan**

Office Administrator: Cheryle Watson  
1279 Colonial Road, Navan ON K4B 1N1  
Tel: 613-835-2766 Fax: 613-835-4008  
[office@navanfair.ca](mailto:office@navanfair.ca) [www.navanfair.ca](http://www.navanfair.ca)

## NAVAN IS A BUSY PLACE!

Last month I wrote about Damien Hollinger and his many interests. 2 weekends ago he received the Gold medal for his Jujitsu skills! Good for you Damien!

Hats off to MJ Coburn for her musical Sunday afternoons at St. Mary's Church during March and April this year. The musicians were jovial and talented and had us all singing, tapping our feet, and clapping our hands. It was a fun filled happy 2 hours. The audience grew as the weeks went on.. Then 2 special guests came along and introduced us to a lively, enthusiastic guitar playing. Thanks MJ



Shelley Cotton organised a fundraiser for the NCA. It was a painting session at the Navan Vars United Church's newly renovated basement hall. So many talented artists arrived and enjoyed an afternoon of creativity!! Thanks Shelley.

*Sheila Minogue-Calver*

## NAVAN NOTABLES

### Kickin' It In Navan – Lexi Bender

From teaching in a garage to hosting a barn dance, and now running weekly lessons for locals and beyond, Navan Boot Scootin' Line Dancing has come a long way. Now, it's kicking things up and keeping Navan stomping in sync while keeping up with a growing crowd at the Navan Memorial Centre, Lone Star Loft, Lowertown Brewery and all around Ottawa!

"I now have something to look forward to," many participants tell founders Marilynn Chenette, Adele Acheson, Roxanne Carriere Sabourin, and Tracy Killins after bringing back line dancing. With demand on the rise, the group now manages 13+ classes while also hosting parties, weddings, and even networking with international line dancers to take part in events beyond Navan.

Whether young or old, local or from retirement homes, Navan Boot Scootin' Line Dancing goes the extra step for every participant. Many dancers say the program has improved their overall health and well-being, both physically and socially. The spring session has officially kicked off, offering 10 weeks of instruction with dances ranging from Level 1 (absolute beginner) to Level 4 (intermediate).



"People underestimate what it is until they come try it for themselves... now that they see what it does and how many people come to Navan, it's fun to see how everyone wants to join in," the founders said.

To celebrate International Line Dance Day, a barn dance will be held at the Navan Fairgrounds on May 2 from 7 p.m. to midnight. Tickets are \$15 + HST, so grab your boots and join the fun!

## NAVAN-VARS UNITED CHURCH

Navan-Vars United Church on Smith Road is celebrating a historic achievement on June 6, 2026! What a grand event this is! 100 years of faith and community right here in our village. Our cornerstone was laid on June 21, 1926! The pulpit, pews, and pebble glass windows were placed in the church which officially opened on September 10, 1926! The pews were gathered up from several local churches in the area. It's interesting to come in and see the variety! The pulpit chairs were a gift from the Western United Church on Wellington. While inside you will enjoy the Dark Oak wainscoting with Cherry wood panelling above it. Sure makes for a welcoming, safe feeling as you enter! Now in 1971 a big change occurred in both the Vars and Navan churches. They became one. Navan received the Vars congregation and changed its name to Navan-Vars United Church. Now in this one hundredth year, we are kickstarting our celebration with 'Doors Open Ottawa, 2026. "This annual event highlights Ottawa's architectural, cultural, and historical heritage

On June 6, 2026, from 10 am to 4 pm come visit this remarkable, historical church! There will be photos, articles, and historical documents to look over. The beautiful sanctuary is available as a quiet place in which to sit, and reminisce about all the tiny feet that traipsed the aisle, the joyous baptisms and marriages, and the solemn farewells to loved ones. Imagine the choirs joining their voices in singing your favourite hymns! What a special day of pride for our Navan community!! See you there on a lovely June 6 afternoon!



This month we paid membership fees for the year! Our Board was elected. The directors read our 2025 accomplishments. This part of the meeting is always uplifting. A sense of pride in all we do gives me much satisfaction!! Business was attended to and our meeting was closed. As we meet in the Lions Den at the Curling rink some of us go up to have a drink and some treats. Curling finals were on. A perfect opportunity to view a couple of ends of good strategic curling! Bravo to our energetic, generous members of our Navan Women Inspired (W. I.) Branch. 2026 will be another year filled with fun, creative ideas, help to our community, and friendship!

## A NOTE FROM COUNCILLOR CATHERINE KITTS

Ottawa really only has two seasons: winter and construction, so welcome to the latter. Work is progressing throughout the ward, and you will have noticed construction at the Navan and Milton intersection resumed on April 13 as crews continue building the new single-lane roundabout. Completion is expected by fall 2026.

I also want to acknowledge the challenging conditions many have experienced recently, particularly on gravel roads. Between the spring thaw and heavy rainfall throughout April, road conditions deteriorated significantly. Our office is working with Public Works to prioritize the worst areas. However, with crews supporting flood response efforts in Cumberland, there are delays. As things dry out, work will resume and crews will be back out.

I'm pleased to share that, at my request, a seasonal porta potty will be installed at the Prescott-Russell Trail and Tenth Line from May through October, a small but meaningful amenity for trail users. Congratulations to the Navan Community Association on a successful Annual General Meeting last month. I value the strong working relationship between my office and the NCA, and I truly appreciate the opportunity to attend and share updates with the community on a monthly basis.

In April, I also attended a community-led information session at Crosspoint Baptist Church in Navan on the ALTO high-speed rail project. There is no question this proposal is generating real anxiety and anger, as Navan lies within the corridor under study. Communication to date has not met the standard residents deserve, and that has compounded uncertainty and frustration.

I will continue to press for clear answers and elevate the concerns I'm hearing. At the same time, it's important that residents also make their voices heard directly with ALTO and with their Member of Parliament, as decision-making authority for this project rests with the federal government, not the City. I will always advocate on your behalf, but being clear about where decisions are made is key to ensuring your input has the greatest impact.

Projects of this scale must respect the communities they affect. Dismissing concerns about potential expropriation or fundamental changes to the character of our rural areas is unacceptable. Questions about cost and overall value must also be answered. I will continue to stand with you and push for nothing less.

catherine.kitts@ottawa.ca

613-580-2489



**CATHERINE KITTS**  
COUNCILLOR  
CONSEILLÈRE  
ORLÉANS SOUTH—NAVAN • ORLÉANS-SUD—NAVAN



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Time and Place  
Saturday, May 9, 2026 | 7 PM  
Navan-Vars United Church  
1129 Smith Road, Navan ON

Tickets: \$20  
(from choir members or at the door)

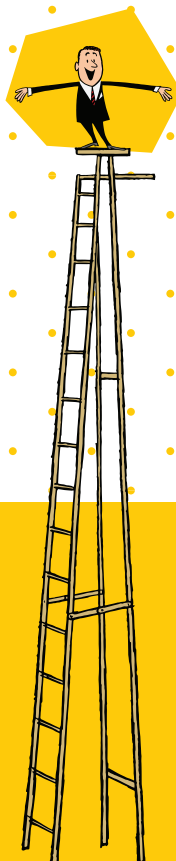
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## THIS YEAR'S BRADLEY CUP CHARITY HOCKEY TOURNAMENT WAS RECORD BREAKING!

The event, combined with donations to the Bradley Cup's CN Cycle for CHEO team, raised **\$47,170** for pediatric oncology at CHEO, in support of Beckett Both ("Super Beckett").

\$5,000 was also donated to the Navan Women's Institute. This event would not have been possible without the incredible and continuous support of the community, local businesses, volunteers, City staff, and our generous sponsors. Special thanks to Eli and the team at Castellos, the Navan Women's Institute, and Lawrie Hamilton for providing food for the event.

Should you wish to walk, run or cycle at the CN Cycle for CHEO on May 3, 2026, more details are available at: [https://cncycle.cheofoundation.com/?\\_gl=1\\*1mm8ppk\\*\\_gcl\\_au\\*MTg4Mjc3Nzc1LjE3NzU3ODM5NDk](https://cncycle.cheofoundation.com/?_gl=1*1mm8ppk*_gcl_au*MTg4Mjc3Nzc1LjE3NzU3ODM5NDk).

*Cheque presentation photo*

*Justin Larabie, Maria Hill, and JF Caron.*

*Both family: Brad, Isla, Beckett, Penny, and Pauline*



Should you wish to donate towards the Bradley Cup's CN Cycle team, please visit this link:

*Team Carpe Diem*

<https://cheofoundation.donordrive.com/teams/9833>

We are grateful. Thank you.

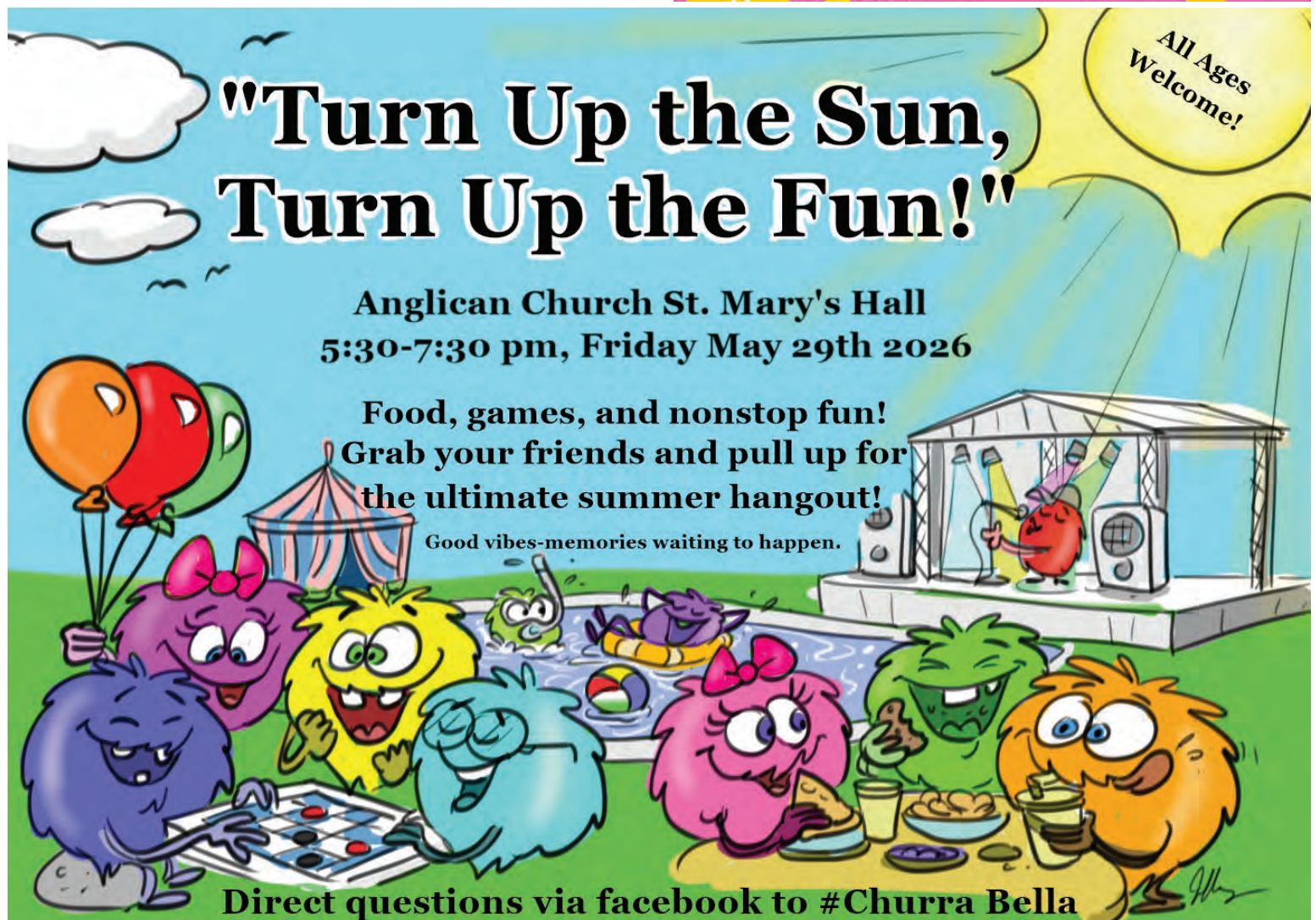


*Cartoon by Jeff Amey*



The Nifty 50 members enjoyed the catered meal by the Navan-Vars UCW on April 2nd to kick off the month in fine fashion. Later in the month a collection of nonperishable food items and a \$400.00 donation was made to the OCCRC Food Bank. Thanks to all the members for their contributions of items and cash. The Nifty 50 group has been a regular supporter of the OCCRC for many years and they are always very grateful as the need continues to grow year over year.

If you are interested in joining the Nifty 50 plus Seniors Club we meet every Wednesday from 12:30pm to 4:30pm upstairs in the Navan Memorial arena. (September - June).



### Navan-Vars United Church presents...

Caelan Monkman - A Journalist's Journey in Rural Zambia with Farm Radio International ...part of the "Tales of My Travels" Speaker Series Thursday, May 21st, 2026 at 7 p.m.

At 23 years of age, Caelan Monkman has perhaps been afforded more interesting opportunities than most young people his age and has travelled to more countries – 20 at last count – than many folks will see in their lifetime.

Born and raised in Navan, in the home where his parents, Neil and Heather, have lived for nearly 40 years, Caelan still has strong attachment and love for the village, even though he moved away in 2020 to pursue journalistic studies.

"I was part of the first cohort of Junior Kindergarteners to attend the 'then new' Heritage Public School in 2006," says Caelan. "I loved growing up in our small community, participating in the Fair, attending the community Sunday School, and playing in the school band, which eventually led me to Canterbury High School as a music student."

It was during his high school years that Caelan's travel horizons began to expand – including a school exchange trip to Germany, a model-UN trip to South Korea, and a mission trip to Nicaragua with Navan-Vars United Church. It was also in high school where he realized he wanted to become a journalist.

"I was curious and passionate about so many different things growing up and throughout high school," says Caelan. "And I realized that journalism could afford me the opportunity to continue exploring all those different interests in a way few other career fields could."

Heading to Toronto Metropolitan University to pursue an undergraduate degree in Journalism (and a minor in Music & Culture) yielded additional opportunities – taking on arts-related editorial roles at the university newspaper and two magazine publications – but it further provided a chance to study for 6 months at a journalism-specific school in Denmark, with lots more travel in the mix. Upon returning home to Canada, Caelan went on to both intern and work at CBC television in Toronto.

But thoughts of earning a graduate degree beckoned, and in 2024 Caelan returned to Ottawa to attend Carleton University. And, while he is currently enjoying an internship at CBC Radio in Winnipeg, it was a once-in-a-lifetime offer to intern in Zambia for 3 months, in May, June, and July of 2025, that really got him excited. Through the internship, Caelan worked for Farm Radio International, a 50-year-old Ottawa-based charity which focuses on using the power of radio podcasts to assist farmers across the African continent to find solutions to adapt to climate change.

"Getting to work with Farm Radio and travel with my fellow Carleton University journalism students was an incredible opportunity, and I'm so grateful for the multitude of ways it helped me to grow, both as a journalist and a person," says Caelan.

This latest "Tales of my Travels" adventure, focuses on Caelan's work, travel, and play in Zambia. The talk and multimedia presentation will be a more extensive and in-depth version of the one he gave at the CTAS Annual Meeting in January. It will not only highlight the culture and best practices of African farmers, but will also share a glimpse of Canada's stewardship in developing nations.

We hope you will join Caelan as he immerses you in his journey, both as a working journalist and with regard to some of his leisure-time activities. It's an evening that promises to be family-friendly, informative, and entertaining.

Navan-Vars United  
Church Presents:

## SPEAKER SERIES

A "Tales of my Travels" presentation about  
reporting in rural African farming communities.

Learn about Caelan  
Monkman's travels to  
Zambia with *Farm Radio  
International*, an  
Ottawa-based charity  
which uses radio to  
support rural farming  
communities adapt to  
climate change.  
*Featuring plenty of  
photos and videos!*



**Caelan Monkman**  
*Farm Radio International*

### Family Friendly!

Learn about Farm Radio  
International, sub-  
Saharan African farming,  
safari's, and more!

**Thursday, May 21, 2026 At 7:00 pm**  
**Navan-Vars United Church**  
**1129 Smith Road, Navan**



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## Music in the Park

What better way to kick off the start of another summer season than to join your friends and neighbours at The Pavilion for The Navan Community Association's Music in the Park - 2026. It's only a month until we present 4 Wednesdays of toe-tappin' tunes for your enjoyment, and we have an exciting line up for you this year - with 3 NEW BANDS!!! Read on for some details about what we have in store.

Musically yours, Jill & Heather

### Wednesday, June 3

BARN PARTY, with local resident Greg Kenny, is new to Music in the Park this year. They will be "Rockin' the country, playing classic country songs with a rock and roll energy!"

<https://www.facebook.com/profile.php?id=100094504445782>

**PLUS...** The Navan Community Association will be hosting a **free BBQ** provided by members of the Lion's Club. This popular BBQ will be a great kick-off to our musical series for 2026.

### Wednesday, June 10

EAST END ECHO is a Funk and Blues band which is new to Music in the Park. The leader of it (Luc Gendron) and some of its members have performed as part of jazz and blues groups at Music in the Park in past years. East End Echo has 10 members, including two singers, a four-piece brass section and a rhythm section. We look forward to hearing this new band!

**PLUS...** Local vendor Frozen Flamingo will be on hand to sell a selection of ice cream and frozen treats! <https://www.facebook.com/100088517073726/posts/pfbid0Hz4TPWCj43MbZBcBzD-vZ9bf1MDzobz5rZ4qZshKsLj6t4mhspTRZCHdB1nwVitnl/?>

### Wednesday, June 17

THE CENTRALAIRES Concert Band has performed with us for many years and always puts on a diverse repertoire of musical genres and styles—from popular music to classical overtures to musical show tunes to movie themes. It will be a pleasure to welcome back this band which has its roots in the RCAF and CAF, along with music teachers and other talented local musicians.

**PLUS...** Members of the Navan-Vars United Church will be on hand to sell some of their delicious goodies.

### Wednesday, June 24

SHABRAQUE- CELTIC with special guests "Patrick & Dorothee" are also new performers to Music in the Park this year. Shabracque-Celtic is a group of five, mostly Veterans, who have performed together for 10 years now offering a variety of Celtic and Canadian Folk music. Group member Don Corbett is a long-time Navan resident. For this performance they will be joined by husband and wife duo, "Patrick & Dorothee." This will be a great musical treat to finish off our series of concerts for 2026! <https://www.facebook.com/ShabracqueCeltic?>

**PLUS...** Also available that night will be members of the Navan Women's Institute selling their delicious Strawberry Shortcake with whip cream.

**SAVE THE DATE**  
**Navan Community Association BBQ**  
 Bring the family, join your  
 neighbours & enjoy  
**Barn Party**  
 Wednesday, June 3rd  
 at the Pavilion  
**BBQ at 6 p.m. | Music at 7 p.m.**

**This is a FREE Rain or Shine EVENT**  
 Donations to the Navan Lions Club are welcome

**FREE FAMILY FUN!**

The Navan  
 Community Association  
 presents  
**MUSIC IN THE PARK**  
 The Pavilion  
 Wednesdays at 7PM

REFRESHMENTS WILL BE AVAILABLE FOR PURCHASE.  
 RAIN OR SHINE. BRING YOUR LAWN CHAIR AND ENJOY THE SOUNDS OF...

|         |                                                |
|---------|------------------------------------------------|
| JUNE 3  | Barn Party                                     |
| JUNE 10 | East End Echo                                  |
| JUNE 17 | The Centralaires                               |
| JUNE 24 | Shabracque-Celtic featuring Patrick & Dorothee |

Financially supported by Waste Canada Connections – FOMB Community Fund

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# Considering building a Coach House in Navan?

Maybe you need extra space for your adult children, aging parents, or want some additional income? Hello, my name is Maleeha Peterson. I have lived in Orleans since the mid 1970's and started calling Navan home in 2022. I've come to truly appreciate the strong sense of community in Navan, the warmth of its people, and the fantastic events that bring everyone together. I've enjoyed it so much that I decided to move my 77-year-old mother here, where we built a coach house on our property for her. I'm happy to answer any real estate questions you have, especially about building a coach house. I received my permit in just 2 weeks, and our contractors completed the build in under 4 months. If this is something you're considering, give me a call! I'd love to show you my coach house and help you decide if it's the right fit for you and your family.



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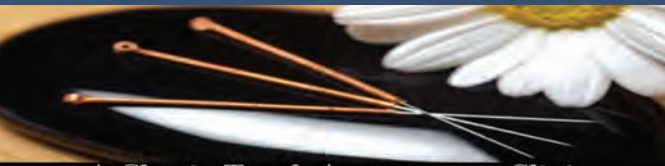
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## A SURPRISE VISIT ON FRANK KENNY ROAD

On an otherwise ordinary spring morning along Frank Kenny Road in Navan, something extraordinary appeared. Three elegant birds—long-legged, black-and-white, with impossibly thin pink legs—stood quietly in a shallow flooded field. They weren't herons, nor sandpipers, nor anything most local birders would expect to see. They were Black-necked Stilt—a species that, under normal circumstances, belongs far to the south in warmer wetlands of the United States and beyond. And yet, here they were, in Navan. Thanks to Chantal P. who first spotted them on April 21st, I was able to get on sight to photograph the three. Spring migration is a time of movement, urgency, and sometimes, surprise. As birds travel north, guided by instinct and shifting weather patterns, not all journeys go exactly as planned. Strong southerly winds, fast-changing temperatures, or overnight storms can gently—or not so gently—push birds off course. Occasionally, those detours lead to remarkable MEGA RARE encounters like this one. The landscape along Frank Kenny Road,



with its mix of open



Adult solid black(left) 1st year mottled/ brown (right)

farmland, drainage ditches, and shallow seasonal water, offered just enough of what these stilts needed: space, food, and safety. To a migrating bird scanning from above, it would have looked like a suitable stopover—a place to rest and refuel before continuing on. What makes the sighting even more special is that there were three together. These birds often travel in small groups, and their presence suggests they were navigating the journey as a unit, adapting together to wherever the winds carried them. For local observers, it was a moment of quiet wonder. The kind that reminds us that even familiar places can host the unexpected. One day, it's a flooded field on the edge of a rural road. The next, it's a window into a much larger world of migration stretching across continents. By the time you read this, the Stilts will already be gone—lifted by a favorable wind and guided back toward more typical territory. Or perhaps they lingered a little longer in another spot, finding comfort in this



unlikely corner of eastern Ontario. Either way, their visit leaves behind a simple but powerful reminder: Sometimes, the most remarkable stories arrive unannounced—standing quietly in a field, waiting to be noticed. This was a 1st record of them in the Ottawa circle.

At the same location that day a Greater White-Fronted goose was found



among the numerous Canada geese. They are considered regular rare migrants rather than true rarities in the Ottawa area. That was not all for us “east enders”, another rarity: a Mountain Bluebird was seen on Cumberland Ridge (Apr 15-19th found by Amber and Rob P.). This beautiful male was hanging out with a female Eastern Bluebird. Maybe

she has high standards and wanted a more striking companion than the local male Eastern Bluebirds and sent him a “tweet” on “Tweeter”. We may need to be on the lookout for any “Mouneastern Bluebirds” in case the dating goes well.

Tom Devecseri

