

# Navan Nugget



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## NAVAN'S REMEMBRANCE DAY SERVICE 2025



Our Remembrance Day Service in Navan this year took place two days after our first snowfall of the year. As a light breeze moved through the crowd, our community came together to reflect on the sacrifices made on our behalf in wars and peacekeeping missions around the world. During the minute of silence, we honoured those who served, those who are still serving, and those who lost their lives in combat. The ceremony was emceed by Brigadier-General Marilyn Chenette, CD, CHE, and started with the singing of O Canada, led by the Heritage School Band. Rachel Grattan read *In Flanders Fields*; Reverend Nancy Best, Reverend Bélanger offered prayers; and of local men who lost their lives Canadian Air Cadets Squadron and a trumpeter who played the of the community, representing to lay wreaths in honour of peace. On behalf of the organizing many people who contributed to are grateful to the City of Ottawa prepared the site for us; the Navan with set up and gave out programs; the cadets from 632 Phoenix Productions for the sound system; prayers in the service; piper Don Services, Ottawa Paramedics and provided safety measures for us; and videos to commemorate the day. Special thanks go to Monica Alongi of Orleans Sureprint and Design for donating the printing of the programs, and to JT Bradley's Country Convenience for storing and caring for our wreaths from year to year. We were pleased to have the students from Heritage Public School, along with their teachers and parent volunteers, come to join us again this year. A very special thank you goes out to Sam Dagg who continues—without being asked—to maintain the grounds around the Cenotaph. Thank you as well to the Navan Curling Club for opening their lounge after the ceremony for anyone wishing to gather. Finally, thank you to everyone who joined us in shared remembrance. All of us on the organizing committee—Erin Zintel, John Ladds, Marilyn Chenette, Fred Hyde, Tom Devecseri, Eileen Vaillancourt, Jill Noakes and Adele Acheson—were heartened to see so many people in attendance.



Stephanie McWatt and Deacon Pierre Wally Smyth read the Honour Roll in service. The 632 Phoenix Royal contributed both a marching band Last Post and Reveille. Members various organizations, came forward sacrifices made in the pursuit of committee, I would like to thank the make the ceremony successful. We arena staff who set up the chairs and Grads hockey players who helped us the people who came to lay wreaths; RCACS; Dave Tubbe and Holtz the people who read poems and Corbett; members of Ottawa Police Ottawa Fire Services (Station 71) who and Tom Devecseri for taking photos

To see more pictures of the day or watch a video of a past service, please visit: [www.navan.on.ca](http://www.navan.on.ca)

Lest We Forget



Much of the activity of the Navan Lions Club is devoted to fund raising for good causes – so it is perhaps worthwhile to look at how the money is put to good work. Money raised by the Navan Lions Club goes predominately to the Lions Welfare fund. A second fund which is strictly intended for local organizations is derived from Navan Lions participation in an OLG sanctioned BINGO in Overbrook. In total Navan Lions donated over \$50,000 in the 2024 2025 financial year.

To quote Warren Buffet, “Giving money away is easy, giving money away well is fiendishly difficult”.

So we put a lot of thought and investigation into the selection of organizations or individuals. By this means we endeavour to donate the money “well”.

At the moment we are considering 14 organizations or individuals for funding in this year’s budget. Certain organizations were put forward by our members with a strong connection or empathy. We also considered causes or organizations we have supported in the past such as deaf/blind athlete Kevin Frost, Cornerstone Housing for Women, Harvest House Ministries, Isaruit Inuit Arts, Jericho Road Ministries, John Howard Society, Interval House of Ottawa, Lions Camps for children with medical conditions, Minwaashin Lodge, Operation Come Home, Orléans-Cumberland Community Resource Centre– food bank, Ottawa Community Housing Foundation.

In past years we have supported; Vision Screening in the schools, Lions Foundation of Canada Dog Guides, and the Hannah Billings fund, intended to help sick and dying children and their families deal with the consequences. Internationally the Lions priorities are: hunger, childhood cancer, environment, humanitarian efforts, youth, disaster relief, vision.

The Navan Lions will again be holding the Jerry Calver memorial bonspiel at the Navan Curling Club Friday Dec. 5 AND Saturday Dec. 6. At the time of writing there are just four places available – so if you have not yet registered do it now.

Curlers and visitors are also encouraged to participate in our extensive silent auction downstairs in the Lions Den. If you wish to learn more about what we have done and to register for the Bonspiel – please visit our website at [navanlions.ca](http://navanlions.ca).

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The Navan Community Association would like to extend our heartfelt thanks to the wonderful team who organized this year's Navan Remembrance Day ceremony—your dedication and care ensured a meaningful and memorable tribute to our veterans and community. We are also pleased to share that new outdoor rink hockey boards have been built using reclaimed materials from the old Navan Arena boards, a project made possible thanks to the hard work and commitment of our amazing volunteers. With the boards now installed for the upcoming season, the Navan Zamboni Volunteers are hopeful that the outdoor rink will be up and running in time for the Christmas break. Thank you to everyone whose efforts continue to strengthen and enrich our community.

### NCA Meetings

NCA meetings are held monthly on the third Monday of the month at 7:30pm. Due to the arena renovations, we'll be moving our meetings to the Navan United Church basement for the next little while. Please check out on socials to know when we'll be moving back to the arena. The United Church has recently renovated their basement hall which contains a beautiful kitchen and collaborative space for sorts of events. At the NCA meetings, all members of the community are welcomed to participate and learn about new initiatives taking place, City of Ottawa news that affects our community, and more.

### Become an NCA Membership holder!

Hurry now to get your NCA membership for \$5/year! What do you get as a member?

- Voting privilege at the NCA Meeting
- Your \$5 goes towards NCA community driven events (e.g., Music in the Park, Remembrance Day, The Nugget, and more)
- Being part of the NCA team!

To become a member, go to the Navan Community Association website [www.navan.on.ca](http://www.navan.on.ca) in the "membership" tab or email us at [membership@navan.on.ca](mailto:membership@navan.on.ca).

### Community Spirit in Action

Thank you to everyone who joined us in October for the Navan Fall Fest. Your smiles, laughter and community spirit made this year's event truly memorable.

We extend heartfelt appreciation to our dedicated volunteers and all who shared their time and talents—your efforts make the festival possible each year.

While admission and participation are free, donations were greatly appreciated to cover supply and operating expenses, fund the next year and donate to local causes. Thanks to generous contributions, the fall fest proudly donated \$500 to the Cumberland Community Resource Centre and \$500 to Heritage Public School Parents' Council.

As a committee of the Navan Community Association, we are grateful for the continued support of the Cumberland Township Agricultural Society, Navan Lions Club, Navan Women's Institute, Navan firefighters of Station 71, Navan Curling Club and Navan Grads. Together, we make this event a success.

### NCA Directors and Volunteers

**President** – Luc Picknell    **Vice President** – Brian Moore  
**Secretary** – Christina Macpherson    **Past President** – Fred Hyde  
**Treasurer** – Dale Borys    **Recreation** – Luc Picknell  
**Navan Nugget** – Tom Devecseri    **Horticulture** – Shelley Cotton  
**Social Media Manager** – Sarah Zintel  
**Friends of Mer Bleue & Navan Cenotaph** – Erin Zintel  
**Nifty 50+ (Senior's Drop In)** – Juanita Vetter  
**Music in the Park** – Jill Noakes and Heather Monkman  
**Fall Fest** – Cheryle Houle    **NCC & Membership** – Ray Vetter  
**Minor baseball** – Phil Grandmaitre  
**Builders Wall** – Tim Bernardi

### Lots of ways to check us out

**Website** - [www.navan.on.ca](http://www.navan.on.ca)    **NCA email** - [nca@navan.on.ca](mailto:nca@navan.on.ca)

**Instagram** - @navannca    **Facebook** - [www.facebook.com/NavanCommunityAssociationNCA/](http://www.facebook.com/NavanCommunityAssociationNCA/)





### EXTRA EARLY BIRD

#### 2026 NAVAN FAIR GATE ADMISSION TICKETS

New this year. Looking for a different gift or stocking stuffer idea for the upcoming holidays? Get your 2026 Navan Fair gate admission tickets early. Save money and treat someone special. You can now purchase your gate tickets online. Check the Navan Fair website (<https://navanfair.ca/>) and watch for information through our social media.

#### NAVAN FAIR MERCHANDISE

Looking for some nice swag to give over the holidays? The Navan Fair has unique and local items for sale – Navan Fair hats, cozy blankets, belt buckles, coffee mugs, and cookbooks, as well as 50 Horse Hitch memorabilia such as t-shirts, hats, belt buckles, and a cute Clydesdale stuffy. Drop by and start your gift shopping early. All proceeds go back to The Cumberland Township Agricultural Society.

**NAVAN FAIR**  
**Fundraiser**

Support the CTAS by purchasing gift cards!  
 Visit <http://www.fundscrip.com> and use code U67UNN  
 the CTAS will receive a percentage of all sales.  
 For more information and support, contact the Navan Fair Office

### LOOKING FORWARD TO 2026 DIRECTOR OF VOLUNTEERS

The Navan Fair is organized by a dedicated volunteer Board of Directors whose top priority is to provide a safe, fun, and rewarding experience for all.

The Board is looking for an individual interested in taking on the Director role responsible for the Volunteers portfolio. If you are interested in this position or getting involved with your community Fair, please send an email to [office@navanfair.ca](mailto:office@navanfair.ca). Include your name, contact information, and areas of interest. You may also contact the fair office at (613) 835-2766 if you have questions. Thank you!

### THE CUMBERLAND TOWNSHIP AGRICULTURAL SOCIETY NOTICE OF THE ANNUAL MEETING OF MEMBERS

CTAS Members are invited to attend the annual meeting of the Society for the year 2025, to be held on:

Friday, January 16, 2026, at 7:00 pm  
 Navan Memorial Centre – Upstairs Hall  
 1295 Colonial Road, Navan ON  
*Watch the January Nugget for more details.*

### DECEMBER OFFICE HOURS

December 1 to 19 – Tuesday to Thursday from 10 to 4  
 The Fair Office will be closed  
 from December 22 to January 2 inclusive.  
 Please email if you require assistance outside office hours.

#### President: Emily Keenan

Office Administrator: Cheryle Watson  
 1279 Colonial Road, Navan ON K4B 1N1

Tel: 613-835-2766 Fax: 613-835-4008

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## NAVAN NOTABLES

Shannon Watson

Align Holistic Studio

Navan community is one warm welcoming community! Shannon saw an opportunity and decided to give her Holistic Studio and Wellness center a boost and settle at our busy Trim and Colonial corner! How fortunate we are! Every week small groups of keen, dedicated members attend their favourite classes in the Yoga room. One can choose from a variety of classes: yoga, restorative yoga, chair yoga, pilates, strength building, meditation, relaxation, mom and baby, tai chi! Wellness classes are included too. Mental health is a priority. So she has specialists and special events for anyone who wants to learn new skills, be open to new ideas. Workshops are planned to support your Spiritual and Wellness needs. Prices are moderate, classes are small, opportunities to meet locals, and discuss ideas are thriving here. Shannon welcomes any ideas that a member brings up. If she can get the right person to lead the class she will offer it. I love her passion and enthusiasm. Take a look at her web site and you will be impressed! Come on out to the Align Holistic Studio and enhance your life!! PS new classes and expanding services will be introduced in January.



Sheila Minogue-Calver NavanWI@gmail.com



December Meeting. Love the Christmas meeting! We all go out for a lovely meal. Eli from Castelllos makes us a delicious supper!! Our last month's meeting was a working meeting. Laura organised it. We were busy filling mugs with all kinds of necessities for Seniors. These mugs were placed in a bag and other necessities added. A fun evening! Many will be enjoying their treasures.

We are going to the Lions Den at the Navan Curling Club for our meetings in the New Year. Our January meeting will be a Zoom meeting however!

Sheila Minogue-Calver NavanWI@gmail.com

**Navan  
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New members welcome. Please consider joining us.  
To learn more please visit [navanwomen.com](http://navanwomen.com)

Meetings are held at 7:00 pm  
the 2nd Wednesday of each month September to June



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## A NOTE FROM COUNCILLOR CATHERINE KITTS

I want to extend my thanks to the Navan Community Association for organizing another meaningful Remembrance Day ceremony. It was a privilege to join our community in honouring those who have served and continue to serve our country.

I also want to address the issue of dry wells. I continue to advocate for residents affected by this year's drought. Councillor Skalski and I have proposed a meeting with City staff and community associations in the impacted wards to discuss winter planning and supports. If you are experiencing a dry well, please contact my office, as the City is tracking how many properties remain affected. The Draft 2026 Budget is currently a major focus at City Hall. While the proposed 3.75% property tax increase is higher than I would like, Ottawa's increases remain lower than in other major Canadian cities, where compounded hikes since 2023 exceed 20%. This reflects fiscal prudence despite inflationary pressures. This is supported by the work of the Service Review and Agile Working Groups—of which I am a member—realized more than \$252M in savings this term.

For our ward, I'm pleased to see funding for rural road rehabilitation on Trim and Watson Roads. The budget also includes more than \$3M for design work on widening Brian Coburn Boulevard, intersection upgrades, and over \$10M for the François Dupuis District Park. Final budget consideration is on December 10, and I continue to advocate for more east-end investments before the vote.

I also want to share that City staff have decided not to proceed with the proposed commemorative naming for the arena within the Navan Memorial Centre. Their review identified an oversight in how memorial-designated facilities are considered, given their role in honouring those who served. The policy will be amended to exclude all memorial-designated facilities city-wide from future naming applications. I would like to be clear that feedback throughout the process reflected deep respect for the nominee and his contributions to Navan.

Finally, Waste Connections of Canada has begun the process to expand the Navan landfill. I do not support further expansion; however, this is a provincially led process, and the City does not approve the application. I am clarifying the legal standing of the 2007 agreement between Waste Services Inc. and the Friends of Mer Bleue, which stated that no future expansions would be sought. The first public open house is December 11 from 6:30–8:30 p.m. at 3349 Navan Road.

Wishing you and your loved ones a joyful holiday season as December begins!

catherine.kitts@ottawa.ca

613-580-2489



**CATHERINE KITTS**  
COUNCILLOR  
CONSEILLÈRE  
ORLÉANS SOUTH—NAVAN • ORLÉANS-SUD—NAVAN



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### UNITED CHURCH TREASURER

Navan-Vars United Church is looking for a treasurer beginning January 1, 2026. It is a voluntary position, and the candidate does not necessarily need to be a member of the church.

Principle duties include payroll, accounts receivable, reconcile bank statements, participate in bi-monthly council meetings, count weekly donations, record weekly givings, and prepare tax donation receipts. For more information and a complete job description please contact Dave Douglas 6138353965 or [douglasdave0581@gmail.com](mailto:douglasdave0581@gmail.com)

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Maybe you need extra space for your adult children, aging parents, or want some additional income? Hello, my name is Maleeha Peterson. I have lived in Orleans since the mid 1970's and started calling Navan home in 2022. I've come to truly appreciate the strong sense of community in Navan, the warmth of its people, and the fantastic events that bring everyone together. I've enjoyed it so much that I decided to move my 77-year-old mother here, where we built a coach house on our property for her. I'm happy to answer any real estate questions you have, especially about building a coach house. I received my permit in just 2 weeks, and our contractors completed the build in under 4 months. If this is something you're considering, give me a call! I'd love to show you my coach house and help you decide if it's the right fit for you and your family.



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## RUSSELL JR. FARMERS TO CELEBRATE 75 YEARS

The Russell County Junior Farmers are celebrating their 75th anniversary with a dance on December 6, 2025, in Embrun. "It's Russell County's anniversary, but we're hoping to get former Junior Farmers from across Zone One [Eastern Ontario]," says organizer Wyatt McWilliams of Navan. "We were such a tight knit group and did so many inter-county activities that everybody knew everybody – and now it will be fun to catch up and have a bit of a reunion."

The dance will be held at the Camille Piche Hall in Embrun from 8 pm to midnight on Saturday, Dec. 6. Tickets are \$10 each and can be obtained in advance by emailing [lindakinsella@rogers.com](mailto:lindakinsella@rogers.com) or purchased at the door. There will be a DJ, light refreshments, and door prizes. For more information go to Navandale Farm on Facebook.

All are invited to wear any Junior Farmers swag they may still have... and can fit into. Memorabilia and photos for display are also welcome – please contact [slanthier@xplornet.com](mailto:slanthier@xplornet.com) in advance.

For more information contact:

Wyatt McWilliams 613-858-6595 [navandale@outlook.com](mailto:navandale@outlook.com)

### Baking by the Box



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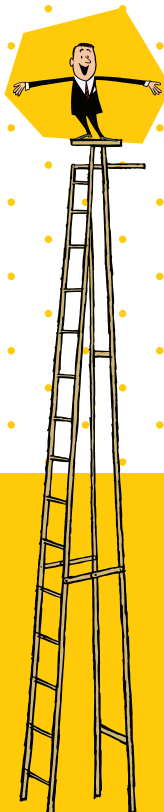
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The month of October at Nifty 50 plus Seniors Club included the annual Halloween Party where members were encouraged to come dressed in their finest spooky (or not) outfits.



Later in the month the Nifty 50 crafters displayed their creative items at the pre-Christmas craft sale. What a talented group with all sorts of decorative and utilitarian items. Thanks again to the St. Mary's Church ladies for catering the monthly luncheon. To all who attend and to the members who assist in the daily duties of opening and closing your attendance and help is appreciated.

Chairperson Nifty 50 plus Seniors Club

#### VISITORS WELCOME TO ZINTEL'S XMAS HOUSE

Once again the Zintel's at 1215 Henn Drive have created a mini holiday display of lights.



They are inviting everyone to walk up the driveway and on the lawn to have a closer look. (Please watch your step for extension cords.) They are collecting non-perishable food items for the Orleans-Cumberland CRC food bank. Just drop in the bin or scan the QR code on the poster. Last year we delivered 575 lbs to the food bank! Please note for everyone's safety and security the property is monitored 24/7 by several cameras.



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- **MONETARY DONATIONS TO THE OTTAWA FOOD AID PROGRAM**
- **DONATE CLEAN, PRESENTABLE CLOTHING, WITHOUT TEARS OR STAINS**
- **DROP OFF CLOTHING LABELLED 'MLB' AT 3406 FRANK KENNY RD. BEFORE OR LEAVE ON YOUR DOORSTEP DEC 14. WITH ALL DONATIONS**



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