

Navan Nugget

BUSINESS CARDS ROTATED BI-MONTHLY

DIGITAL COLOUR VERSION AVAILABLE ON NAVAN.ON.CA

KIM MITCHELL RETURNS TO NAVAN



Navan Fair 2012 concert - photos by Tom Devecseri

Did you miss seeing Kim Mitchell at the Navan Fair in 2012? You will have a second chance!

He will take the Navan Fair stage under the Domes on Saturday, Aug. 9th at 10:30 pm.





NAVAN FAIR ANNUAL PARADE

Saturday, August 9, 2025 @ 10:45 am

PUBLIC NOTICE FOR RESIDENTS OF NAVAN VILLAGE

The Cumberland Township Agricultural Society would like to advise you in advance of planned street closures during some of the 2025 Navan Fair activities. On Saturday, August 9 the traditional Fair Parade will take place. Participants will congregate on Smith Road just south of Meteor Street. The Parade commences at approximately 10:45 am and will proceed along Smith Road east to Colonial, crossing over Trim and continuing east on Colonial until Delson. The Police and volunteers will be directing motorists and spectators as the Parade proceeds along its route. This year, bed races will also be held on Colonial Road following the parade. Restricted parking signs will be posted as required for emergency access to the Fair grounds and livestock trailers specifically on Delson. Additional community policing has been requested for the village during the Fair. For life-threatening or crimes in progress, call 911. For all other non-emergency issues, call Ottawa Police at 613-230-6211.

BED RACES

2025 will see the return of the popular and entertaining bed races, to be held following the parade. The registration form and race details are available with a deadline of August 4, 2025. Entries will be limited to 10 teams, on a first come, first in basis. If interested in participating or volunteering, email office@navanfair.ca.



2025 SCHEDULE OF EVENTS

Celebrating the 78th fair, this year's theme is

"Muddy Boots and Country Roots".

Please note we've made a few schedule tweaks this year.

Here's what's different so you don't miss a thing:

- **Heavy Horse Line Classes** on Thursday starts **EARLIER** - new start time of 9:00 am
- **Dairy Show** on Thursday starts **EARLIER** - new start time of 3:30 pm
- **Demolition Derby** on Thursday starts **LATER** - new start time of 7:30 pm
- **Heavy Horse Show** on Friday starts **EARLIER** - new start time of 1:30 pm
- **Baby Show** on Sunday has a new location — now in the Navan Curling Club
- **All livestock shows** have moved to the new Navan Pavilion — they will not be held in the Arena due to renovations.

The Fair will feature many returning activities such as field and commercial crop competitions, arts and crafts and culinary science, floriculture, education, and several concessions and vendors. Come out and see our antique tractor displays, demo derbies, truck, tractor and horse pulls, and watch or participate in our Saturday parade. Enjoy all the fair food favorites.

Special attractions returning include The Ultimutts Show, Capital Cowgirl Drill Team, Meet the Keepers, and Countryside Petting Farm and Pony Rides. Livestock



shows take place throughout the four days, including dairy and beef shows, heavy, light and western horse shows, 4-H achievement day, and the agriculture education barn.

New for 2025 is the celebration of the 30th Anniversary of the Guinness World Record 50 Horse Hitch, a cornhole tournament, the bed races, and line dance instruction by Navan Boot Scootin' Line Dancing.

You can review the daily Schedule of Events online at:

www.navanfair.ca

ROBERTSON MIDWAY RETURNS TO THE FAIR

We are happy to once again have Robertson Amusements back at our 78th fair.

Midway Accessibility time slot

– Thursday, August 7 from 2 to 3 pm – No charge to enter the fair or for selected rides.



Thursday Toonie

Special - August 7 starting at 4pm. Packs (4 or 16) of special tickets can be purchased directly from the Midway on August 7. These tickets are not available online.

4 tickets = \$8 plus hst = \$9

16 tickets = \$32 plus hst = \$36

All rides require one special ticket only.

NOTE: Thursday tickets can be used on Friday, Saturday or Sunday but will require the regular quantity as per signage at each ride.



Bracelet Day – Friday, August 8 only (11 am to 11 pm)

Pay one price \$40 plus hst = \$45 purchased directly from the Midway on August 8. Cannot be purchased online.

Online Advance ride tickets –

26 tickets for \$50. SAVE \$ per sheet.

Service charges are applied.

Available now through FrontDoor+.

Once ordered, pick up the sheets in the Fair Office.

Contact Office@navanfair.ca for details.

NOTE: Online presale tickets can only be used on Friday, Saturday and Sunday. They cannot be used on the Special Toonie Thursday night.

Regular price ride tickets purchased on site during the fair

4 tickets = \$8.85 plus hst = \$10

16 tickets = \$35.40 plus hst = \$40

26 tickets = \$53.10 plus hst = \$60

All rides take 1 to 3 tickets.

Robertson Amusements accepts cash, debit, credit card, and apple pay.

ENTERTAINMENT UNDER THE DOMES

(Times are approximate and subject to change. Please check www.navanfair.ca for updates)

*Note there is a separate cover cost to the live entertainment under the Domes on Friday and Saturday nights. Domes passes are required starting at 7pm.

Friday night - \$12

Saturday night - \$15

This ticket does NOT include admission to the fairgrounds. Must be age of majority to purchase. Domes passes can be purchased online or in person at the entrance to the beverage gardens.

Single day or 4-day gate passes for the fairgrounds can be purchased separately.

THURSDAY, AUGUST 7

9:00 PM

THE DERRINGERS WITH DW JAMES

*FRIDAY, AUGUST 8

9:00 PM

CHRIS LABELLE

10:30 PM

DANNY SYLVESTRE HONKY TONK HEROES SHOW

*SATURDAY, AUGUST 9

9:00 PM

DARKSPEED

10:30 PM

KIM MITCHELL

SUNDAY, AUGUST 10

1:00 PM

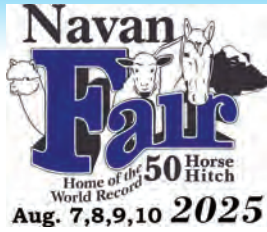
SLO TOM AND THE HANDSOME DEVILS

2:30 PM

HEY NEIGHBOUR/MON VOISIN

4:00 PM

THE COUNTY LADS



FAIR PASSES

Gate and dome passes can be purchased online through FrontDoor+ and in the Fair Office.

Gate passes available at the Fair Office, online at: <https://events.frontdoor.plus/event/1153> and at the gate during the fair.

4-day adult pass \$40
 4-day senior pass \$30
 4-day children (6 to 12) \$10
 Children under 6 No charge

1-day adult pass \$17
 1-day senior pass \$12
 1-day children (6 to 12) \$5
 Children under 6 No charge

The above will be sold until August 7, 9:00 pm

Methods of Payment: Debit, Visa, Mastercard, Cash (Cheques until August 1st only). Passes may be purchased in advance and online at: navanfair@bellnet.ca.

CHECK OUT THE NEW NAVAN FAIR WEBSITE FOR MORE INFORMATION -

www.navanfair.ca

2025 NAVAN FAIR BOOKS
 ARE AVAILABLE AT THE OFFICE

AUGUST OFFICE HOURS

Fair week

Monday, August 4 – 10 am to 4 pm

Tuesday, August 5 – 9 am to 5 pm

Wednesday, August 6 – 9 am to 9 pm

Thursday, August 7 to Saturday, August 9 – 8 am to 9 pm

Sunday, August 10 – 8 am to 6 pm

August 11 to 31 - Monday to Friday from 10 am to 4 pm

Please email if you require assistance outside office hours.

President: Emily Keenan

Office Administrator: Cheryle Watson

1279 Colonial Road, Navan ON K4B 1N1

Tel: 613-835-2766 Fax: 613-835-4008

office@navanfair.ca www.navanfair.ca



The Navan Lions Club coordinates off-street parking for the NAVAN FAIR. To accomplish this valuable service we need to have volunteers - if you would like to help - you would be most welcome as some time slots have not yet been staffed. The Navan Lions Club relies on the Fair parking revenue to fund many of its programs so volunteers are vital in achieving our goals. If you would like to help contact any member of the club or via the web site. <https://navanlions.ca/>

NAVAN LIONS CLUB TABLES FOR SALE



Wooden top with folding metal legs.
 96" long X 29" wide X 29" high \$15 for one,
 \$10 each for more than one, \$300 for all (38 available)
 Available after the Navan Fair. Contact Lion Fred Hyde
 613-601-3331 fredHhyde@gmail.com



GRANDMAITRE
VIRGO
EVANS
LAWYER / AVOCATE

Phil Grandmaitre

613-837-1010 ext. 224 | phil@gvelaw.ca

www.gvelaw.ca

Proud
Resident
of Navan

REAL ESTATE, WILLS, POWERS OF ATTORNEY, ESTATES & ESTATE PLANNING, BUSINESS LAW
 IMMEUBLES, TESTAMENTS, PROCURATIONS, SUCCESSIONS,
 PLANIFICATION SUCCESSORALE, DROIT COMMERCIAL



Bringing balance to your books & life.



613-429-0137



navanbookkeeping.ca

NAVAN NOTABLES

JEREMIE LAVALLEE

“Local Budding Artist”

The Navan Fair Programme has another winning cover page! Jeremie entered the contest to illustrate the cover. His sketch was chosen and then his ideas were implemented! It's an attractive, and pertinent drawing that represents the theme of our Fair this year, “Muddy Boots and Country Roots”! Congrats to this young 9 year old from Clarence Creek!



He is taking lessons from Bernard Levesque, teacher, who happens to be a neighbour and was not surprised when he was told of Jeremie's win! This young fellow loves art and everything connected to it. He already has quite a selection of paintings in his portfolio. His parents have enrolled him in an Art Summer Camp and he's loving it! With all the encouragement and motivation he receives at home and at Camp he is bound to have a great Summertime! Congratulations Jeremie! Keep up the happy joyful scenes you are creating! I am proud of you, your talent, and family who is so encouraging. Bonne Chance mon artiste preferre!! PS to my readers: Jeremie is the son of Sylvain and Rebecca Lavallee, who grew up right here in Navan.

Sheila Minogue-Calver www.navanwomen.com

CASTELLO'S PIZZA

1223 Colonial Rd.
Navan

(613)-835-3835

www.CastelloPizza.ca

Follow us on Instagram:
castello_pizza

BACK HOE

SHOVEL

LOADERS BULLDOZERS TRUCKS

MINI EXCAVATOR SKID STEER

McWilliams Construction Limited

P.O. BOX 1, 3853 TRIM ROAD, NAVAN, ONTARIO K4B 1J3

TEL: (613) 835-2971 FAX: (613) 835-3565

Exterior Basement Moisture & Drainage Repairs

Hana Bland, CFSS, FSTA, PTS
Fascia Stretch specialist, Level 4 & Sports
Trauma Informed Exercise Therapist

Unwind
STRETCH THERAPY

LANCASTER PAINTING.ca

Ottawa

(613) 355-1700

Commercial & Residential

NAVAN NOTABLES

KIARA WILLIAMS

International Dressage Youth Athlete of the Year

Queenswood Stables is very proud to present their Champion Youth Athlete of the Year to Navan. Kiara Williams started riding horses when she was 5 years old!

Her very first show was in the Costume Class at the Navan Fair. Exciting time for a wee young girl riding in front of the audience in the Arena! Now at 20 years old she is a very skilled athlete! Going to the States for the Dressage competitions with her team is challenging and rewarding. Her international efforts started when she was 14 years old. At these



competitions she meets other youth from all across North America. Last year her team won the Silver Medal. And she received the Dressage Youth Athlete of the Year from Equestrian Canada! These high performance skills are the equivalent to the Olympic sports. Kiara is also interested in jumping trials. Her interest in horses comes naturally as her grandmother and mother are keen riders and I'm sure provide guidance to their young protege! Looking forward to hearing about more olympian achievements from Kiara. Who knows to what heights she will rise up to! Bravo and much success in your chosen Sport!! I'll be cheering for our Navan Horsewoman!!

Sheila Minogue-Calver

www.navanwomen.com

Free Estimates & Consultations

A STEP BEYOND

In Home Renovations

WE DO INSURANCE CLAIM REPAIRS
CALL FOR MORE INFO

SENIOR CITIZEN DISCOUNT
INSURANCE COMPANY PREFERRED CONTRACTOR

For All Your Renovation Needs

- All Exterior Repairs
- Decks
- Small Interlocking Repairs
- Exterior Painting
- Small Siding Repairs
- Brick & Stone Repairs
- Ceramic & Hardwood Floors
- Interior Painting
- Kitchen & Bath
- Basement Upgrades
- Custom Mill work
- Drywall

Renovations Done Right!

Book your Fall Project NOW and SAVE!

CALL NOW! **613.229.4775**
Luc Brunet Visit us at 1stepbeyond.ca

Incentive For Referrals

RIVINGTON

CARTAGE

CONSTRUCTION

SAND • FILL • TOP SOIL • CRUSHED STONE • DUMP TRUCK
BULLDOZER • BACKHOE • EXCAVATION & BACKFILLING
SEPTIC SYSTEMS • INSTALLED & REPAIRED

1708 Colonial Rd., Navan, Ont.

(613) 835-3369

Navan Veterinary Services
3425 Trim Rd. Navan, ON K4B 1J3
613-835-2646
info@navanvetservices.com
www.navanvetservices.com

Dr. Jean Cyr
Dr. David Douglas
Dr. Chelsea Allan
Dr. Elisabeth Begley
Dr. Valerie Higginson

1241 Colonial Rd.
PO BOX 127
Navan, ON K4B 1J4
Email: simpsonelectric@rogers.com

Office: 835-2808
Fax: 835-3358
Licence: ESA7000358

IT'S A HAT TRICK

In a dazzling display of talent, perseverance, and national pride, Angélique Pagé, a proud member of our Navan community, has etched her name in Canadian sports history, not once, not twice, but three times in just four months.

The 2025 season has been nothing short of extraordinary for this multi-sport athlete, who continues to rise through the ranks with unmatched determination and grace. Her most recent triumph? A Gold Medal with Team Canada at the World Ball DEK Hockey Championship, earned in a final game that will be remembered for years to come. The championship match was nothing short of electrifying, a physical, hard-fought battle between two elite teams that pushed the limits of endurance and willpower.



With the score deadlocked at the end of regulation, the gold medal came down to a dramatic shootout. And that's

where Angélique Pagé stepped up to write history. With nerves of steel, she delivered the decisive goal, sending the puck past the opposing goaltender and igniting a roar from the Canadian bench. On the other side of the rink, Canada's goaltender was flawless, stopping every single shot she faced in the shootout, sealing the victory and the gold for Team Canada. This thrilling international win completes a golden trifecta for Angélique:

- In March, she earned Gold at the RSEQ Provincial University Championships, anchoring her university team with skill and leadership.

- In April, she captured Gold at the National U Sports Championship, proving herself against Canada's top university athletes.

- And now, in July, she stands atop the world stage, a World Champion with Team Canada in Ball DEK Hockey.

Angélique's ability to perform at the highest level, across multiple disciplines, is a rare and remarkable achievement. Her journey, grounded in discipline, community support, and relentless passion, is a shining example for aspiring athletes everywhere.

From the rinks of university hockey to the international DEK surface, she carries the pride of Navan with every stride. Her story reminds us that greatness isn't born overnight, it's built, earned, and lived through moments just like these.

Congratulations, Angélique! Your community is bursting with pride, and we'll be cheering for you every step of the way.

2025 Ottawa Carleton

Plowmen's Association Plowing Match

August 22 & 23, 2025

at Robert & Allan Walsh Farms, 5281 Clayton Road,
(south of farm), Navan, ON

RENTAL SPACE AVAILABLE

Community events, programs, private parties, meetings. Newly renovated, accessible space.

Inquiries:

navanvarsunitedchurch@gmail.com

1129 Smith Road, Navan

613-429-0055

www.navan-vars-united.org

NAVAN-VARS UNITED CHURCH

1129 Smith Road, Navan

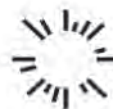
Rev. Nancy Best

Join us for in-person services

Sundays at 10:00 a.m.

or live-stream the service on Facebook.

**See our website at www.navan-vars-united.org
for the link to our Facebook page.**



**St. Mary's
Anglican Church**

3480 Trim Rd Navan

REV. FELIX LONGDON

Sunday Service: 10⁰⁰ am

Pastoral Care: 613-216-2200

Hall Rental: stmarys.navan@outlook.com

EXPLORING WINES, WINE STYLES, AND FOOD CHOICES

Nyam Bann, Sommelier at Large

HERE'S TO THE DOG DAYS OF SUMMER!

The Dog Days of Summer are upon us. So, what's the scoop on this offbeat little phrase? Let's take a trip back to ancient Greece and Rome, where folks were stargazers before it was hip. They tracked the seasons by looking up at the night sky. Enter Sirius, the Dog Star, the shining superstar of the constellation Canis Major, which translates to Greater Dog. Sirius starts showing its shimmering face in the early morning just before sunrise in August, and that's when the heat cranks up to a sizzling level. This is why we refer to this steamy time as the dog days of summer. So grab your sunglasses, an awesome glass of wine - from the five wines listed below - and maybe a furry friend, because it's time to soak up the sun and enjoy these dog days.

1. Dog Point Sauvignon Blanc, Marlborough, New Zealand.

Vintages #: 677450. \$29.95

Sauvignon Blanc is the flagship varietal of New Zealand, and this wine embodies all the signature Marlborough qualities that have made the region the benchmark for this wine in the New World. Grown in the largest certified organic vineyard, this wine is vegan, vegetarian, and gluten-free, making it a hit with everyone. It is intensely aromatic. You'll enjoy juicy pineapple, ripe peaches, and a zesty citrus zing, all wrapped up in a refreshing, dry finish with a splash of minerality. It's medium-bodied, with an appealing length that leaves you wanting more. Pair it with sizzling veggie burgers or grilled shrimp skewers.

2. Kranemann Estate Hasso DOC White 2022, Douro, Portugal.

LCBO #: 31733. \$18.95

Meet Hasso, the star of the Douro white wine scene, whimsically named after the Kranemann family's adorable dog. With Hasso's face gracing the bottle, you're already in for a fun experience before you even take a sip. This Vinho Verde wine is bursting with zesty citrus, green apples, and refreshing melon, all tied together with a hint of minerality. It's fresh and fruity, with a lively pop of acidity. Medium-bodied and dry, it's an excellent pairing for a creamy, flavorful dish like Grilled Zucchini with Ricotta and Walnuts.

3. Three Dog Winery Dog House Rosé VQA, Ontario.

LCBO #: 15364. \$16.95

Introducing the super fun Dog House Rosé from Three Dog Winery in fabulous Prince Edward County. This zesty gem is the perfect companion for your next backyard bash - canine pals included. It's not just vegan-friendly and gluten-free; it's brimming with enjoyable aromas of tart cherry and watermelon that'll have your senses dancing. Featuring pomegranate, grapefruit, and a cheeky hint of strawberry on the palate, every sip is a stimulating delight, finishing off with a crisp, playful zing. This light-bodied wine is the ultimate partner to salmon burgers or chicken wings. So grab your friends - and your furry sidekicks - and raise a glass to some tasty sips.

4. Grange of Prince Edward Almanac Red VQA, Ontario.

LCBO #: 516567. \$17.95

Well, there is a dog connection here. Imagine sipping a luscious red wine while your furry friend frolics beside you among the beautiful vineyards of Prince Edward County. That's right - these scenic spots are dog-friendly, allowing you to enjoy a day of wine-tasting and tail-wagging fun. Just keep your pup leashed, and you're set for a fantastic outing. Now, let's talk about the wine itself: it's floral and herbal, with ripe cherry and tart raspberry notes, and balanced acidity. Light- to



medium-bodied, it boasts a hint of smokiness and spice on the finish. It's the perfect companion for a charcuterie spread. So pour yourself a glass, take a sip, and let your pup soak up all the love and laughter of your vineyard adventure.

5. Waterdog Red Blend, Portugal.

LCBO #: 19452. \$12.95

With the charming portrait of this lovely waterdog on the front of the bottle, this affordable wine is your ultimate go-to for fun times. Vibrant, fruity goodness in every sip, it's packed with luscious dark cherries, ripe blackberries, and juicy blueberries, all sprinkled with a hint of sweet spices and a touch of oak. Imagine kicking back with friends with the BBQ sizzling in the background. This wine is the perfect accompaniment to Grilled Portobello Tacos, ribs, or any other delicious grilling fare. It's got that full- to medium-bodied presence that feels cozy without overwhelming, and a dry, pleasing zing that keeps you coming back for more. This crowd-pleaser will have everyone raising their glasses and asking for seconds.

When it comes to wines, the Dog Days of Summer just might be the paw-fect time to explore some dog-themed branding, fun activities, or even festive events at local wineries. Imagine sipping on a whimsical bottle while your pup lounges by your side. These wines can be delightfully light and refreshing, making them perfect for those sunny days at the park, or they can be robust enough to complement a sizzling summer barbecue feast. I dedicate this column to my beautiful, furry, frisbee-obsessed friend, Calypso, who brought empathy and compassion into my world and taught me how to find joy in the simple pleasures of life. Can't wait to see you at the Navan Fair!



**Proudly located in
and serving the
Navan area.**

Pool decks, patios, driveways and more!

613-880-2373

**Contact us now for
a free project estimation.**

www.kingconcreteottawa.ca

1st Navan Sparks Unit

Ages 5-6

Thursdays starting mid-September
at St Mary's Hall, 6-7pm

Registration: girlguides.ca/register

Contact info:

Lindsey McDonald, 613-808-8813

lindsey.n.snow@gmail.com



COMMERCIAL/OFFICE SPACE FOR LEASE



900
sq ft



1100
sq ft

1223 Colonial Navan
(next to Castello's pizza)

Call 613 324 9251

or email eghie@sympatico.ca


**FREE HOME
- DELIVERY -**
 WHEN YOU SPEND
OVER \$100
(within 100km of the farm)


Bearbrook Game Meats Inc.

 LOCALLY OWNED AND FAMILY OPERATED
 HEALTHY FOOD YOU CAN TRUST



Visit our Farm and Store:
 5396 Dunning Road, Navan, Ontario
 Open Daily 9 am - 5 pm
 Only 20 minutes East of St. Laurent Blvd.

FREE RANGE

NO ANTIBIOTICS

NO HORMONES

NO CHEMICALS

NO FILLER

NO MSG

SAVE 15%

Stock up this season!

SAVE \$75
on orders over \$500

Family owned and operated, Bearbrook Game Meats is a total chemical free environment.
 Free range chicken and eggs, grass fed/hormone/antibiotic free beef, pork, lamb, goat and other exotic meats.
 We also carry a wonderful assortment of locally made jams, jellies, honey, pies, cheese and sauces.

Homemade gluten free sausages, pepperettes and salamis as well as other delicious products just waiting for you to discover them.

613.835.7575 | info@bearbrookfarm.com | www.bearbrookgamemeats.com



Meat & Deli

Since  1975

(613) 824-8175
3971 Navan Road
P.O. Box 179 Navan, ON K4B 1J4
www.lavergnewesternbeef.com




3D Design • Kitchens • Renovations
Custom Homes • Investment Properties

www.OakWood.ca 613.236.8001

BARBER SHOP GARAGE
EST. 2006
High Performance Hair Cutting

Lynn Dubreuil **613-720-2840**

Walk-In Mon-Tue 9-5 / Wed 9-7
Appointment Thur 9-5 / Fri 9-3

BarberShopGarage@hotmail.com
5677 Trudeau Avenue, Vars

Navan Women's Institute



Serving the Navan community since 1931

New members welcome. Please consider joining us.
To learn more please visit navanwomen.com

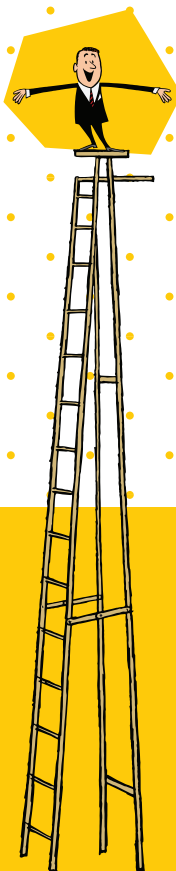
Meetings are held at 7:00 pm
the 2nd Wednesday of each month September to June

**STAND
OUT
ABOVE
THE REST**

with

SURE

**SURE PRINT
& GRAPHICS**



**PRINTING & COPIES
SIGNS OF ALL KINDS
CORPORATE APPAREL
PROMOTIONAL ITEMS**

30 YEARS
Your Print Shop!

2507 St-Joseph Blvd.
Orleans 613-830-8678 www.sureprint.ca

A NOTE FROM COUNCILLOR CATHERINE KITTS

It was such a pleasure seeing so many of you at the Original Navan Market in July. Thank you to everyone who stopped by to pick up a reusable bag and say hello — I always enjoy the chance to catch up. If you missed it, don't worry — the next market is on August 24. Of course, the big event on everyone's mind is the Navan Fair — and I couldn't be more excited! This year marks the 78th edition of our cherished community tradition, running from August 7 to 10. I'll be there all weekend, and you can find me at my booth on Saturday. Road work continues across the ward. Work on Sarsfield Road near Colonial is ongoing, and crews are preparing to begin late-summer and early fall work on Birchgrove. I know construction can be inconvenient, and I appreciate your continued patience — especially with the Navan/Milton roundabout and the closure on Navan Road from Pagé to Renaud. July also brought a major milestone at Council: the Transportation Master Plan Part 2 was officially approved — and for the first time in a long time, it delivers for Ward 19. Since the day I was elected, I've been working hard to make sure our community is no longer an afterthought when it comes to transportation infrastructure. After years of growth without matching investments in roads and transit, this plan finally starts to close that gap. We've secured prioritization and funding pathways for long-overdue projects — including sections of Brian Coburn Boulevard widening, the Renaud Road realignment, advancing the Cumberland BRT, and critical intersection upgrades. These aren't just lines on a map — they're backed by real timelines, funding strategies, and a clear commitment to building infrastructure that supports all road users. I also brought forward successful motions that will better align

development with infrastructure — so that roads, transit, and services are considered before new homes are approved. Enjoy the rest of the summer, and I'll see you at the Fair!

catherine.kitts@ottawa.ca

613-580-2489



CATHERINE COUNCILLOR
KITTS CONSEILLÈRE
ORLÉANS SOUTH—NAVAN • ORLÉANS-SUD—NAVAN



catherinekitts



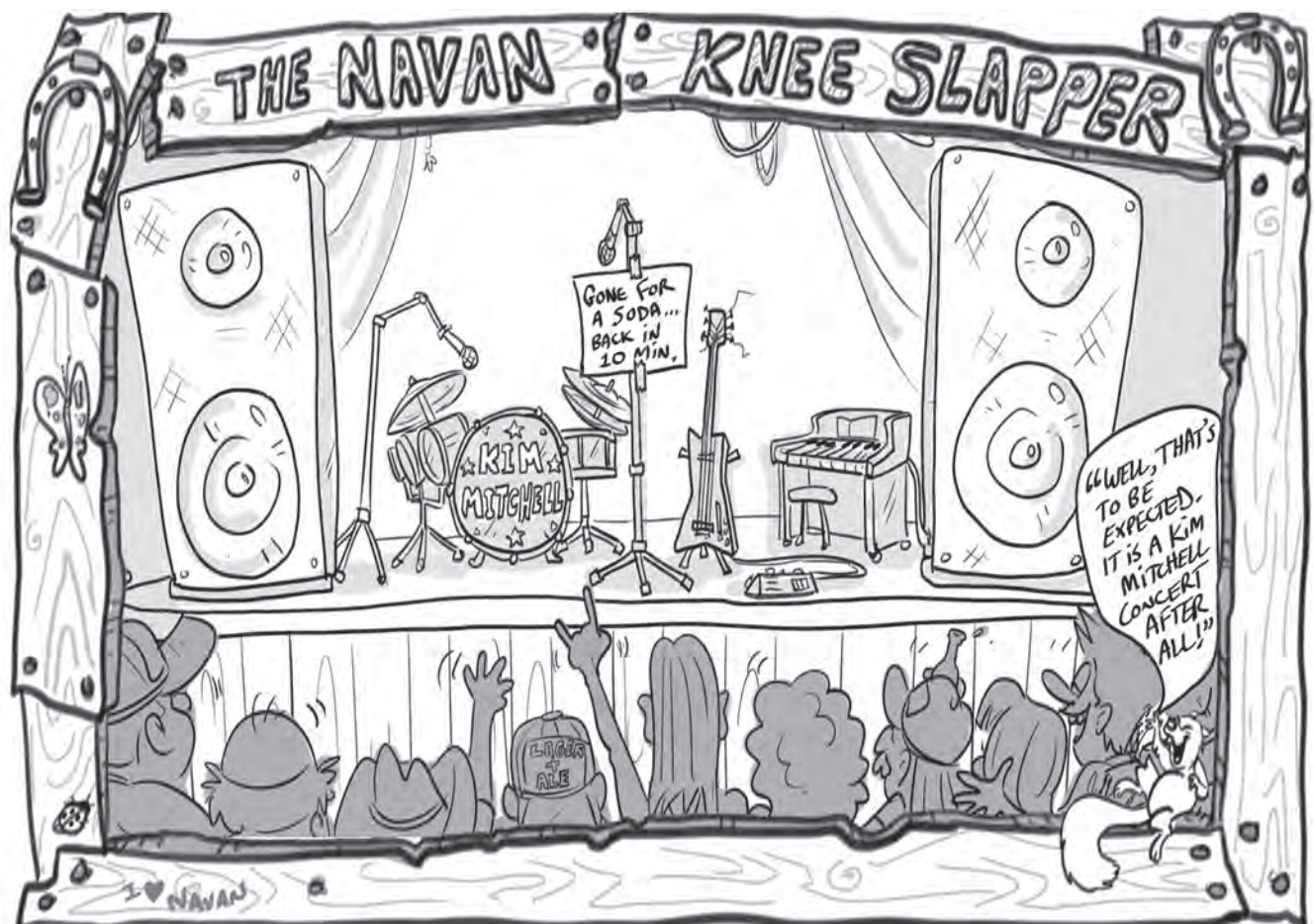
catherinekitts



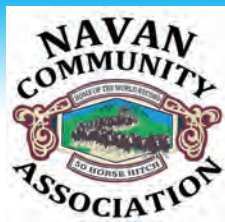
catherine.kitts



catherinekitts.com



Cartoon by Jeff Amey



Navan Pavilion Project Update

We are thrilled to announce the completion of the Navan Pavilion—a dream brought to life through the incredible generosity of our donors, the unwavering support of our community, and the hard work of our dedicated volunteers. To celebrate this exciting milestone, everyone is invited to the Navan Pavilion Opening Ceremony on September 13th at 7 PM. Enjoy live music by the band Sterling, grab a drink, and satisfy your appetite at the on-site food truck. Come join us for a night of celebration and community spirit! No tickets necessary it's a free event to thank our wonderful Navan Community! Bar and Food truck will accept cash or card.

Thank you to the major donors of the Pavilion project!

- Waste Connections/ Friends of the Mer Bleue Community Fund
- City of Ottawa
- Seguin-Reid Family
- Gloucester Electric
- C&L Construction
- Cumberland Township Agricultural Society
- Maurice Yelle Excavation
- Heritage Funeral Complex
- Urban Quarry
- D. Ross Bradley & Family
- ML Bradley Ltd.
- Eric & Dinah Smith
- Navan Lions Club
- Moore Family
- GVE – Grandmaitre Virgo Evans
- Moore Investments & Insurance Group
- Top Grade Enterprises
- Navan Nifty 50
- RONA J. Lalonde & Fils – Rockland & Hammond
- Embrun Energy
- Dion Home Comfort
- Karen & Allan Smith
- Clysdale Family
- Simpson Electric
- Eastway Pet Resort
- Brûlé Entreprises
- Lise & Gerry Dust
- Barbara Hedman and Murray MacDonald
- The Bradley Cup
- C&C Transportation
- Navan Boot Scootin' Line Dancing
- André Taillefer Ltd.

NCA Meetings

NCA meetings are held monthly on the third Monday of the month at 7:30pm. No meetings will be held in July and August. Until the arena renovations are complete, we will be holding our meetings at the Navan United Church Basement. The United Church has recently renovated their basement hall which contains a beautiful kitchen and collaborative space for all sorts of events. At the NCA meetings, all members of the community are welcomed to participate and learn about new initiatives taking place, City of Ottawa news that affects our community, and more.

Become an NCA Membership holder!

Hurry now to get your NCA membership for \$5/year! What do you get as a member?

- Voting privilege at the NCA Meeting
- Your \$5 goes towards NCA community driven events (e.g., Music in the Park, Remembrance Day, The Nugget, and more)
- Being part of the NCA team!

To become a member, go to the NCA website www.navan.on.ca in the “membership” tab or email us at membership@navan.on.ca.

NCA Directors and Volunteers

President – Luc Picknell **Vice President** – Brian Moore
Secretary – Christina Macpherson **Past President** – Fred Hyde
Treasurer – Dale Borys **Recreation** – Luc Picknell
Navan Nugget – Tom Devecseri **Horticulture** – Shelley Cotton
Social Media Manager – Sarah Zintel
Friends of Mer Bleu & Navan Cenotaph – Erin Zintel
Nifty 50+ (Senior's Drop In) – Juanita Vetter
Music in the Park – Jill Noakes and Heather Monkman
Fall Fest – Cheryle Houle **NCC & Membership** – Ray Vetter
Minor baseball – Phil Grandmaitre
Builders Wall – Tim Bernardi

Lots of ways to check us out

NCA website - www.navan.on.ca

NCA email - nca@navan.on.ca

On Instagram - @navannca

On Facebook - www.facebook.com/NavanCommunityAssociationNCA/

NavanCommunityAssociationNCA/



THE NEW OAK TREE

Your Solid
Wood
Furniture
Specialist

613-835-9792

3495 Trim Road, Navan ON K4B 1N2

www.thenewoaktree.com



THERE'S MORE TO SEPTIC SYSTEMS THAN JUST EMPTYING IT

Dwellings in Navan typically rely on on-site wastewater treatment systems, commonly known as septic systems. Although there are various types of systems, they all serve the same basic purpose: treating household wastewater by separating solids from liquids, then dispersing the treated liquid—called effluent—into the soil through a leaching bed.

As with any routine home maintenance, septic systems require regular monitoring between pump-outs to ensure their efficiency and longevity, and to prevent costly problems.

The first component of a septic system is the septic tank — a large-capacity reservoir with vertical baffles designed to trap sludge (the bottom layer) and scum (the top layer). Tank capacity is generally proportional to the size of the house, typically ranging from 800 to 1,500 gallons. However, some systems use advanced technologies that accelerate the breakdown of solids and may vary in size. Blockages often result from flushing inappropriate items such as so-called flushable wipes, diapers, feminine hygiene products, or other paper-based items like paper towels. These materials do not break down properly once flushed and can clog the system.

Chlorine bleach (e.g., Javex), antibacterial cleaners, drain cleaners, paint and paint thinners, solvents, pesticides, and oil-based products should be avoided in your septic system as they kill the beneficial bacteria that help break down waste. It is also best to use limited amounts of liquid detergents if possible in dishwashers and washing machines.

Water conservation is especially important when living with a septic system, even if your home draws from a well. Leaky faucets and toilets can cause the tank to overflow and saturate the leaching bed, potentially leading to backflow into the house. Similarly, discharge from water filtration systems (such as backwash from softeners) should be directed to a sump pit, not into the septic system.

To ensure the leaching bed drains properly, avoid planting trees or shrubs with invasive roots nearby, and direct

rainwater downspouts away from the bed area.

While it's not necessary to pump your septic tank more often than required, homeowners should plan to have it emptied every 3 to 5 years. The appropriate interval depends on multiple factors such as the age and capacity of the tank and leaching bed, the number of household members, and overall system usage. When in doubt, consult a local septic professional who can measure the levels of sludge and scum and advise on whether maintenance is needed. Septic tanks can be emptied at any time of year, though fall is a common choice.

As the organizer of the Navan Community Septic Pumping Initiative, I'm pleased to share that I have invited multiple companies to tender this year in order to ensure fair pricing and excellent service for Navan residents once again. Full details will appear in the Navan Nugget in September and October. To add your name to the list, please contact: navansepticpumping@gmail.com.



Reg MacNeill is turning 80 and ...

I am planning a party for him on September 14th
from 1 to 5 (eating at 2pm) Rain or Shine.

We would like to invite you to come
and join us if you can.

It will be potluck, but we will provide the cold meats.

Bring a lawn chair.

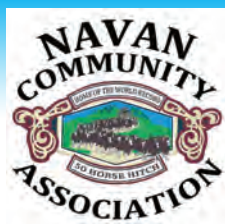
4189 Wolf Grove Rd, Middleville Fairgrounds
In the village of Middleville.

(Directions – take Exit 155 off 417 & turn left
to Almonte, go through Almonte at HWY 29
go straight ahead on Wolf Grove Rd to the village
of Middleville (before the flashing light) on the left.

Good Wishes only.

RRSP by September 8th 613-259-2718 or
mag.reg.macneill@gmail.com

Marg

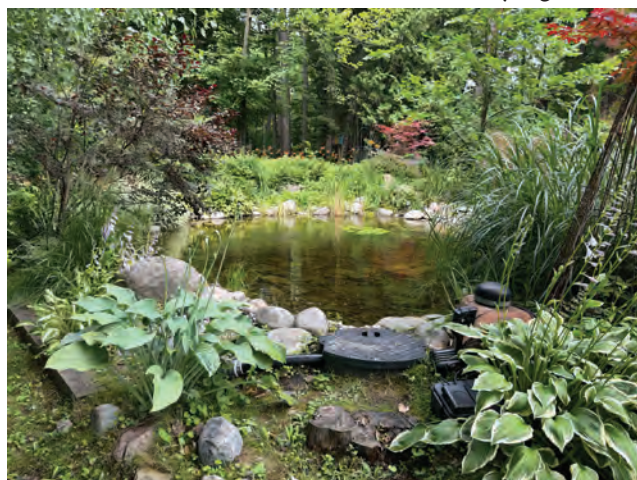


Navan Garden Stroll 2025

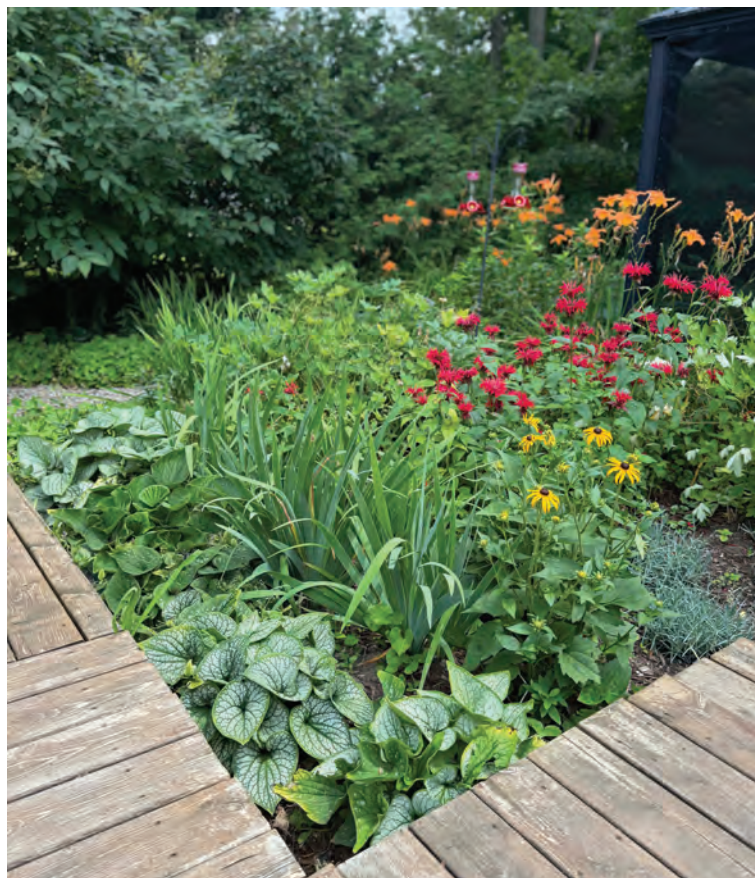
On a beautiful sunny day, July 19th, a small but mighty group toured the flower and vegetables gardens of 5 local homes in our Navan area. There was amazing bursts of color, fragrances and sights to behold at each turn. It was amazing to see the variety and styles of each garden, matching the uniqueness and talents



of the proud families that worked hard to turn their garden dreams into reality. I would like extend a heartfelt thanks to the Sirvin, Robert, Haakman, Bann and Damphousse families that hosted us and spoiled us! There were conversations and sharing ideas on how to get the best bounty from a veggie garden, drawing in beneficial insects and pollinators, identifying all the



different flowers, how to deter critters like squirrels and rabbits, and our mutual dislike of japanese beetles! Our cameras were full of the gorgeous blooms and all the ideas we are planning to use in our own gardenscapes! There was enough interest in both hosts and visitors to potentially create an annual event – stay tuned for details next spring/summer.



Flower and Vegetable Gardens

The flower planter boxes around the village and our two corner flower beds are doing well through the hazy days of summer. The NCA would like to express their gratitude and thanks to Les Serres Robert Plante Greenhouses for the 4, very large beautiful planters they donated to our village this year – they really enhance the areas and have striking red canna lilies. The five low garden beds along Colonial have been planted with a variety of vegetables (and some flowers) that have been donated by different families in our area – we are very grateful to the time and effort that has been put into these beds this year. Although the wooden edges are falling apart at the seams and a wasp nest was hiding in one (ouch!), the tomatoes, beans, kale, squash and onions are growing – sometimes the weeds and morning glories are trying to beat them. When you see some of the veggies ready to go, please help yourself – they are there for the picking! Future plans for these veggie gardens would be to replace/renew the garden beds and companion planting to increase the harvest that would be available. Anytime you are strolling by the planters or garden beds and want to do a little weeding, “deadheading”, or a drink of water, please do! The more hands, the lighter the work!