

Navan Nugget



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Music in the Park 2025

Music in the Park this year hosted a variety of performances, night one started with the NCA community BBQ served by the Navan Lions Club followed by The Gloucester Community Concert Band at the domes.



Night two had toes tapping under the Navan Pavilion listening to the Orleans Jazz Band.



Night three showcased Valley Mountain with Molly Green an extremely talented performer.



Night four closed the series with performances from the OPUS Academy.



We were pleased to be able to use the new Navan Pavilion for three of our performances. The acoustics were amazing, what a great addition to our community. Thanks to everyone who came to make it all such a success!

Jill Noakes and Heather Monkman

More photos from Music in the Park 2025 - Night 1







Music in the Park 2025 - Night 2







Music in the Park 2025 - Night 3







Music in the Park 2025 - Night 4













Dog Guide Fundraising Walk

The Orleans Walk for Dog Guides on the 25th of May at the Roy Hobbs Community Centre in Orleans was a collaborative event by the Navan Lions, Cumberland Lions and Orleans Lions. Dog Guides is one of the most important charities run by the Lions. Funding supports dog training for Canine Vision, Hearing, Seizure Response, Service, Autism Assistance, Diabetes Alert and Facility Support. Fully trained dogs are provided free to those in need. Not surprisingly demand is greater than supply so fund raising such as this is vital - and what better way to raise funds than to have a sponsored dog walk. Fortunately, the temperature and weather were pleasant and the route along the riverbank, beautiful. There were several participants, and they really enjoyed themselves. We generated over \$6000 for the Lions Foundation of Canada Dog Guides.

But it costs approximately \$35,000 to breed, raise, train, and match a single Dog Guide. This cost covers everything from the puppy's initial care to the dog's training and veterinary expenses. So maybe you would consider participating in next year's event - you would be most welcome to do so.

You can learn more about the Lions Foundation of Canada Dog Guides by visiting their website at: <https://www.dogguides.com/> or you can still donate to the Orleans walk by visiting <https://navanlions.ca/>

Navan Lions Golf Tournament

The Navan Lions Club held its annual golf tournament on the 6th of June at the Pineview Golf Course. This event is principally a fundraiser for Make-a-Wish Canada, an organization which grants wishes to children with serious or fatal illness. It sold out again this year, attracting 72 golfers and approximately 70 local sponsoring businesses, including Waste Connections of Canada as major sponsor. The tournament was first organized in 2016 and, since then, Make-A-Wish Canada has been the primary beneficiary of our fundraising efforts. \$4,000 was awarded this year matching last year's donation. Since we started in 2016 we have donated a total of \$25,000 to this charity. Make-A-Wish Canada granted 2,011 wishes last year. Since their founding in 1983, they have granted more than 40,000 wishes to Canadian children. You can learn more about Make-A-Wish Canada by visiting their website at: <https://makeawish.ca/about-us/why-we-are-essential/>.

Music-In-The-Park Barbecue

The Navan Lions Club organized a barbecue for the NCA on the 4th of June under the Domes prior to the

first Music-in-the-Park concert. We estimate that 100 people were served hamburgers or hot dogs. The event provided our club with an excellent opportunity to see old friends and meet new members from the community. The donations that we received from the barbecue topped more than \$600. The club will consider carefully what to do with the money. However, a likely candidate is the Hannah Billings Fund. This fund, managed by the Navan Lions Club, helps families with seriously ill children and recently awarded \$1,000 locally. Awards and all communications are confidential. More information about the Hannah Billings Fund can be found on our website at: <https://navanlions.ca/causes/>

Join Us or Volunteer with Us

The Navan Lions are always prowling for new members who can help our club grow and offer new ideas. If you are interested in learning more about Lionism and/or considering becoming a member, please visit our website at <https://navanlions.ca/contact-us/> or email us at: navanlionsclub@gmail.com.

The Navan Lions will be reaching out to their community next month in search of volunteers willing and able to help us during the Navan Fair. For the past several years, the Navan AutoPro, The New Oak Tree, The Physio Space as well as the Deavy family have trusted the Navan Lions with the use of their land/lots so that patrons coming to the Fair would have a place to park a reasonable distance from the main gates. Without the help of our community, our fundraising efforts during the Fair would not be possible.



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NAVAN NOTABLES

KEVIN FROST

A story of triumph Deaf, Blind Champion,
Philanthropist, Multi-Sport Athlete.

Kevin has Usher Syndrome type 2 disease, but refused to let him be defined by this sickness. With sheer determination and resilience, he was able to overcome his disabilities through sports, like speed skating, rowing, track



running, tandem cycling, or blind golf! With a little help from his friends, a supportive community that helps build his strengths, and allows him to overcome adversity! As a young boy he learned to read lips and later on, therapy helped him to speak. He refereed over 20,000 Junior A hockey games. His ability to lip read helped him better understand what was happening on the ice. He has limited tunnel vision! Woody, his guide dog is his constant companion. This intelligent, quick acting dog has saved Kevin's life 8 times! Thank goodness as Kevin has so much to do in Sports, in his family life, for his public followers, and his advocacy for the disabled and their needs. Recently he is working with a well loved politician in the Orleans area, to provide aid for Guide dogs, and for devices that help others live easier lives.

Kevin Frost promotes the needs of others where ever he goes and with friends, politicians, businesses, charity groups. He mentioned the local Lions Clubs as loyal supporters. For all his efforts he has received many international awards. Recently he received King Charles 111 award for his work with Disabilities.

"Deaf Blind Champion", is his book, on sale at Indigo and Amazon. It will entrance you and show you what one can do with determination, and the will to make your life a happier and more fulfilling one. Besides his book, he has given over 400 presentations world wide as he continues to advocate for his community! I have been a keen admirer of this fellow ever since he started to go public. We must all buy his book and learn I'm sure, of the many miracles he has made happen! All proceeds of this book will go to Dog Guide training. Thank you so much, Kevin Frost! Keep up your excellent voice for the disabled!

Sheila Minogue-Calver

www.navanwomen.com

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NAVAN FAIR ANNUAL PARADE
 Saturday, August 9, 2025 @ 10:45 am
PUBLIC NOTICE FOR RESIDENTS
OF NAVAN VILLAGE

The Cumberland Township Agricultural Society would like to advise you in advance of planned street closures during some of the 2025 Navan Fair activities. On Saturday, August 9 the traditional Fair Parade will take place. Participants will congregate on Smith Road just south of Meteor Street. The Parade commences at approximately 10:45 am and will proceed along Smith Road east to Colonial, crossing over Trim and continuing east on Colonial until Delson. The Police and volunteers will be directing motorist and spectators as the Parade proceeds along its route. This year, bed races will also be held on Colonial Road following the parade. Restricted parking signs will be posted as required for emergency access to the Fair grounds and livestock trailers specifically on Delson. Additional community policing has been requested for the village during the Fair. For life-threatening or crimes in progress, call 911. For all other non-emergency issues, please call Ottawa Police at 613-230-6211.

BED RACES

2025 will see the return of the popular and entertaining bed races, to be held following the parade. The registration form and race details will be available as of June 30, with a deadline of August 4, 2025. Entries will be limited to 10 teams, on a first come, first in basis. If interested in participating or volunteering, email office@navanfair.ca.

SHOW OFF YOUR SKILLS AT
THE NAVAN FAIR THIS AUGUST!

Do you have a talent for baking the perfect chocolate chip cookie? Are your homegrown vegetables the pride of your garden? Or perhaps your artistic skills shine in painting, quilting, or photography? If so, the Navan Fair's Homecraft and Agriculture Competitions are the perfect place to showcase your abilities!

The Navan Fair will be welcoming entries in a wide range of categories, including:

- Culinary Science – Whether it is cookies, cakes, squares, or bread, put your baking skills to the test!



- Arts and Crafts – From painting and drawing to quilting and needlework, this is your chance to share your creativity.
- Floriculture – Show off your finest flowers, whether they are annuals, perennials, plants, or arrangements.
- Field Crops, Fruits and Vegetables – Compete with your best produce and crops grown right here in our community.
- Eggs, Honey and Maple Syrup – Show off the produce of your backyard chickens or prove that your sweet creations are the best in the region!
- Education and Youth Competitions – Encouraging young minds to explore their creativity through various art and craft projects.

Each category is broken down into multiple classes, ensuring a place for all skill levels and ages. Whether you are a seasoned competitor or a first-time participant, all entries are welcome and encouraged! Not only will your work be proudly displayed at the fair, but you'll also have the chance to win prize money and the admiration of fellow fairgoers. The prize lists and access to online entries through Assist Expo can be found on our website - Exhibitors - Navan Fair <https://navanfair.ca/exhibitors/>

NAVAN FAIR AMBASSADOR PROGRAM

The Navan Fair Ambassador Program is an annual event providing a unique opportunity for young people between the ages of 18 and 23 years of age. The program generates local pride, involvement, and empowers and encourages the next generation of leaders. Representing the CTAS during the Navan Fair and community events, as well as the Ontario Association of Agricultural Society Convention, earning student volunteer hours, and developing friendships and important skills are only a few of the rewarding benefits. If interested in receiving the online application form or if you have questions, please contact the Ambassador Coordinator at Cheyanne.ash@icloud.com. The entry deadline is Friday, July 11, 2025.

NAVAN FAIR – VOLUNTEERS WANTED

Before, during and after the Navan Fair takes place, many volunteers are required to make this event a success. If you are interested in getting involved and joining our team, please email navanfairvolunteers@gmail.com. Include your name, time availability, and what Division you would be interested in helping with. The following are a few examples where your support is needed:

1. Exhibit Building - set up tables, displays, on Wednesday night (5:00 to 8:30 pm) and Thursday (8:30 am to 3:30 pm) then take down on Sunday at 4:00 pm until done.



2. Demo Derby – Thursday and Friday nights 6:00 pm – until done – safety boots are required for the safety crew).
3. Antique Tractor and Machinery – ensuring no one gets on the tractors or equipment – Saturday 12:00 noon to 4:00 pm
4. Information booth – meet and greet, provide directions, etc. This will be 4-hour shifts Friday through to Sunday.

Grounds

The Grounds Division starts setting up for the Navan Fair on Monday, August 4. Work continues during the Fair and for the week following the Fair. Students can either obtain their 40 hours of volunteer work and/or may be hired to be part of the Grounds Division. Workers will be paired up during their allocated shift(s). Safety Footwear (such as steel-toed boots) is mandatory for those working in the Grounds Division. Workers must supply their own footwear. It is hard but rewarding work. You will learn a lot while working alongside some great people – please come join our team! More information - <https://navanfair.ca/get-involved/>

CTAS MEMBERSHIPS AND FAIR PASSES

2025 CTAS and exhibitor memberships can be purchased at the fair office. Gate and dome passes can be purchased online through FrontDoor+ and in the Fair Office. Get the early bird pricing until July 15.

2025 NAVAN FAIR SPONSORSHIP

As a charitable organization, the CTAS depends on the financial support to help cover the increasing costs involved in putting on the Fair. Annually, we eagerly look for new businesses and reach out to our faithful supporters who would like to become a partner in continuing the tradition of agricultural awareness through family and community celebration. The 2025 sponsorship and donations campaign is in full swing. If you are interested in being part of another successful event, please contact navanairsponsorship@gmail.com for more information.

CHECK OUT THE NEW NAVAN FAIR WEBSITE - <https://navanfair.ca/>

2025 NAVAN FAIR BOOKS

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Office Administrator: Cheryle Watson
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Navan Pavilion Project Update

The donor plaques will be going up as promised throughout the summer, just in time our grand opening September 13th, 2025. We hope you can join us in this momentous event. More details will be coming your way via the Nugget or NCA socials.

Thank you to the major donors of the Pavilion project!

■Waste Connections/ Friends of the Mer Bleue Community Fund
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 ■Cumberland Township Agricultural Society ■Maurice Yelle Excavation
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 ■ML Bradley Ltd. ■Eric & Dinah Smith ■Navan Lions Club ■Moore Family
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NCA Meetings

NCA meetings are held monthly on the third Monday of the month at 7:30pm. No meetings will be held in July and August. Until the arena renovations are complete, we will be holding our meetings at the Navan United Church Basement. The United Church has recently renovated their basement hall which contains a beautiful kitchen and collaborative space for all sorts of events. At the NCA meetings, all members of the community are welcomed to participate and learn about new initiatives taking place, City of Ottawa news that affects our community, and more.

Become an NCA Membership holder!

Hurry now to get your NCA membership for \$5/year! What do you get as a member?

- Voting privilege at the NCA Meeting
- Your \$5 goes towards NCA community driven events (e.g., Music in the Park, Remembrance Day, The Nugget, and more)
- Being part of the NCA team!

To become a member, go to the NCA website www.navan.on.ca in the “membership” tab or email us at membership@navan.on.ca.



NCA Directors and Volunteers

President – Luc Picknell **Vice President** – Brian Moore
Secretary – Christina Macpherson **Past President** – Fred Hyde
Treasurer – Dale Borys **Recreation** – Luc Picknell
Navan Nugget – Tom Devecseri **Horticulture** – Shelley Cotton
Social Media Manager – Sarah Zintel
Friends of Mer Bleu & Navan Cenotaph – Erin Zintel
Nifty 50+ (Senior's Drop In) – Juanita Vetter
Music in the Park – Jill Noakes and Heather Monkman
Fall Fest – Cheryle Houle **NCC & Membership** – Ray Vetter
Minor baseball – Phil Grandmaitre
Builders Wall – Tim Bernardi

Lots of ways to check us out

NCA website - www.navan.on.ca

NCA email - nca@navan.on.ca

On Instagram - @navannca

On Facebook - www.facebook.com/NavanCommunityAssociationNCA/



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A NOTE FROM COUNCILLOR CATHERINE KITT'S

I hope everyone enjoyed the 2025 edition of Music in the Park! A huge thank you to Jill Noakes, Heather Monkman and the Navan Community Association for organizing another wonderful season of music. It was especially great to see the Pavilion being used as a venue for some of the performances — a project that has truly become a community hub.

The countdown is on for the 78th Navan Fair, taking place August 7–10. I can't wait to see you there as we come together for our community's biggest and most cherished tradition.

It's summer, so there's construction work underway to improve our infrastructure. Utility relocation is ongoing at Navan and Milton in preparation for the new roundabout. This phase should wrap up by mid-August. Thanks to everyone who provided input at the public sessions—including farmers and local trucking companies — for helping shape this project.

In addition, a short section of Navan Road—between Pagé Road and just west of Renaud Road—will be fully closed starting June 23 for approximately 8 to 10 weeks to support infrastructure work related to a new development. Behind the scenes, I've worked hard with City staff and the developer to reduce the scope and length of this disruption. Early versions of this plan included closing Brian Coburn and a longer shutdown of Navan Road. Because of my pushback, infrastructure was rerouted, and timelines were condensed to reduce impacts on the community. I've also pressed for better bundling, so we avoid future disruptions wherever possible.

Lastly, I want to thank everyone who shared their thoughts on the changes to the water rate structure. You'll recall we met last year at the arena to discuss staff's proposal. Thanks to your advocacy, we landed on a much better model. Council approved a new, more equitable water rate structure—one that better reflects how properties actually impact the drainage system. A rural roadside ditch maintenance levy will replace the outdated stormwater charge for rural properties, and the City is returning culvert maintenance costs to the general tax levy – ensuring fair citywide cost-sharing. For most rural residents, these changes will mean lower charges. This change was directly informed by your feedback and the meaningful conversations at the 2024 Rural Summit. Full implementation is expected in 2027.

See you at the Fair!

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EXPLORING WINES, WINE STYLES, AND FOOD CHOICES

Nyam Bann, Sommelier at Large

Bring on the Summery Whites and Rosés



Last month, I shared some delightful red wines that are perfect for summer gatherings. Now, as we bask in the summer heat, it's the ideal time to shift our focus to refreshing white and rosé wines. As I mentioned in my June article, there's nothing that captures the essence of a summer celebration quite like a glass of crisp, refreshing white or rosé wine. Here are five fantastic options that are perfectly in tune with the current season, ready to be enjoyed on a warm, sunny day.

1. **Veuve Ambal Crémant De Bourgogne Grande Cuvée Brut, France. LCBO #: 429688. \$22.90**

This is an exquisite dry sparkling wine, aged for up to 18 months to impart aromatic intensity and flavour. Medium-bodied and dry, it offers an appealing depth of flavour with bright notes of green apple, zesty lemon, and refreshing grapefruit on the nose. Notes of apple, lychee, citrus, and white flowers linger on the palate, ending on a deliciously long, creamy finish. This sparkling wine rivals champagne in elegance at about half the cost. It pairs beautifully with sushi and seafood dishes, making for an elevated dining experience.

2. **Ken Forrester Old Vine Reserve Chenin Blanc, South Africa. Vintages #: 231282. \$18.95**

From South Africa's Chenin Blanc specialist, this Reserve Chenin Blanc is sourced from mature vines averaging around 40 years of age. This medium-bodied beauty is bone-dry and bursting with floral, honeyed stone fruit and zesty citrus notes. Think baked apples, quince, and poached pears, all wrapped in a smoky, flinty embrace with a kick of ginger and cardamom. Plus, that signature Chenin acidity will keep your taste buds dancing. Pair it with Chicken Croquettes or tasty Portuguese Pasteis de Bacalhau (salt cod fritters), and you're in for a real treat.

3. **Leindl GV Grüner Veltliner 2023, Austria. Vintages #: 30599. \$19.95**

Ready for a refreshing dip in a cool pool on a hot summer day? Let's pop open a bottle of fun with this zesty Grüner Veltliner. Scoring a cool 90 points from James Suckling, it's fresh, light- to medium-bodied, and as dry as a desert, with a zingy acidity that tickles your taste buds. Now, let's talk flavours. Imagine diving into a whirlwind of lime, lemon, and grapefruit, with a zingy dash of pepper. This wine is a spice-infused delight, perfect for teaming up with creamy or fatty dishes. And here's the real magic: pair it with BBQ sausages, especially those with a spicy kick or served with a side of mustard and sauerkraut, and you've got a match made in culinary heaven.

4. **Mimi Grande Réserve Brut Rosé Sparkling, France. Vintages #: 648188. \$19.95**

A little slice of Provençal paradise? You bet. This lovely rosé snagged a gold medal at Le Mondial du Rosé, the international competition dedicated exclusively to rosé wines. With its medium body, lively acidity, and playful mousse, every sip is a delight, with peachy goodness and vibrant red berries that carry you to the finish line. Imagine savouring notes of juicy strawberry, zesty lemon, and refreshing watermelon, all with a cheeky hint of sweetness. Perfect for

picnics, brunches, or just lounging in the sun with friends. Fabulous with crisp salads, creamy cheeses, or light summer dishes, such as grilled scallops.

5. **Sidewood The Mad Cat Rosé 2024, Australia. Vintages #: 41347. \$18.95**

This fabulous rosé comes to you straight from the stunning cool-climate vineyards of the Adelaide Hills. It is bursting with fun and fruit-forward vibes. It's dry and crisp, with a zippy acidity that'll make your taste buds tingle and a subtle dash of peppery spice to keep things interesting. Crafted in stainless steel to keep things fresh and lively, it greets you with delightful notes of rose petals and fresh strawberries, followed by a refreshing wave of pink lady apples, juicy watermelon, and a hint of zesty orange blossom. This wine isn't just a pretty face; it's complex and full of character, making it your perfect companion for sunny summer lunches or celebrations. And you know what pairs wonderfully with it? A delectable plate of paella.

When the sun is shining and temperatures are rising, what could be better than a glass of chilled white wine or a refreshing rosé? Think of delightful options like Chardonnay, Pinot Grigio, and the ever-cool Grüner Veltliner, all shimmering with crisp acidity and fruity aromas—perfect companions for those lazy summer afternoons. And let's not forget about rosé. This fabulous pink nectar is made from red grapes, such as Grenache, Gamay, and Pinot Noir, giving it its gorgeous blush colour. It's like a summer sunset in a glass. The magic happens when the grape skins mingle with the juice for a short period, letting you enjoy just the right amount of colour and flavour. Both white and rosé wines, whether still or sparkling, are ideal summer wines because their acidity levels pair well with a wide range of summertime fare. Enjoy and see you at the Navan Fair in August!

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Our June meeting was at the Mandarin Restaurant. We were quite a few women who attended to wish each other a great summer season. Our next meeting will be in September on Wednesday the 10th at 7pm. We will be meeting at Sunrise Bites Cafe on Trim Road, right in the village! Wishing all of Navan a safe and fun Summer 2025! PS I see we have lovely flowers blooming in the village center. Thanks goes out to Shelley Cotton, our new NCA Horticulture Director! Thank so much. Also at the Trim and Navan Roads juncture we have a sign that will let us know the Fire conditions around here this summer. Great idea!!

**Navan
Women's Institute**

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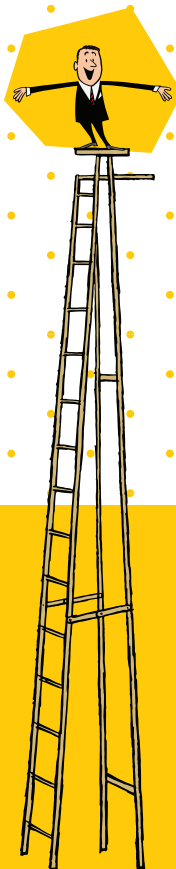
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Please contact me directly, Shelley Cotton at

minklakeshell@gmail.com, if you are interested in joining the Horticulture group or want to share ideas and feedback.

Do your children want to help out and take care of keeping our village pretty and growing

Horticulture

- Spring Showers Into Summer Flowers

The NCA Horticulture team is small but mighty and we worked on cleaning up and planting some summer-loving flowers at the corner of Trim & Navan and Colonial & Frank Kenny. We are looking for donations of perennial plants such as



coneflower, black-eyed susan, yarrow, blanket flower, oxeye sunflower or other kinds you would be interested in splitting from your gardens. The emphasis would be low-medium height and non-invasive or aggressive

spreaders. As I have been learning in talking to different people who have contributed to the creation and upkeep of the flower gardens over the years, it's always a learning opportunity to try different plant combinations, colors and structure. The wooden flower containers have been taken out of storage



and placed in a few spots around the village. Some annual plants have been potted and placed into those spots and the main upkeep for those would be regular watering, as Mother Nature can be unpredictable! We are looking for volunteers that would be interested

in helping out once or twice this summer to "deadhead" and water those flower planters. I have begun a roster for the next several weeks of summer so that it is a task that is spread out over several helpers and not a burden for any one person.



some free vegetables for those in our community? The low rise, 5 garden beds that are placed along Colonial (thank you Deavy family for providing the space) are being cleaned and fixed up to



have items like tomatoes, beans, cucumbers and herbs to share. These will also need some TLC over the summer months to be weeded, maintained and watered. This might be a great way for some youngsters to get some volunteer hours as well. Some future plans that I am working on for the Horticulture part of the NCA is to have a relaxed

style "Garden Stroll" to some of our local gardens and admire and learn from our green thumbs in the area. There is a date for Saturday July 19th with more details to follow on social media in the coming days.

We are also beginning to reach out to local experts and have some learning opportunities in the colder months – this is at the beginning stages for sure, so any topic ideas or known key speakers would be great information to share.

Lastly, for all those interested in sharing our beautiful garden pictures or seek advice, share plants, exchange information, there is a Facebook group page called "Navan Community Gardens", please join us in our love and learning for all things Horticulture.

Shelley



The month of June was filled with lots of fun activities for the Nifty 50 members.

The month started off with the usual luncheon catered by the St. Mary's ladies and was thoroughly enjoyed by the large group that had assembled for the meal.

The following week one of the new members arranged a euchre tournament. The participants included the regular diehard euchre players and a few newbies who joined in to learn the game. The competition was stiff, and everyone had a great time. On June 25th, the final luncheon was put on by the Nifty 50 group. There was entertainment and the usual activities to wind up the 2024-2025 season. We look forward to seeing everyone back for the 2025-2026 Nifty 50 season.

Enjoy the summer.

Juanita and Ray

A FREE COMMUNITY RECYCLING SERVICE

Barry Johnston is providing a free pick up of all scrap metal items that may end up in the trash. With the new garbage limits in the City of Ottawa this helps homeowners stay within the 3 item limit. You can reach Barry at 613-295-6149 to arrange pick up or drop off at his place on Trim Road



Align Holistic Studio

1200 Colonial Rd, Unit 220, Navan

Transforming bodies, empowering lives, building community and aligning you with your true path to wellness



We welcome you to our beautiful studio located in the heart of Navan.

Whether you enjoy yoga, tai chi, qigong, strength and mobility classes, or wellness workshops, we have it all!

Our wide variety of classes are suitable for all fitness levels and all are welcome.

We offer a 15% discount on classes for clients +65 yrs old and a 10% discount for our First Responders (Active Fire, Police, Paramedics, RN's, Doctors & Members of the Canadian Forces)

For our class and event schedule & registration visit:
www.momoyoga.com/align-holistic-studio/schedule
or email shannon@alignholisticstudio.ca

Queenswood

FUNDRAISER OPEN HOUSE

COME VISIT THE BARN AND MEET THE HORSES!



LET'S HELP THE HOMELESS IN OTTAWA!

DATE: SUNDAY, JULY 06, 2025

TIME: JOIN US ANYTIME BETWEEN 10:00 AM - 2:00 PM & WEAR ABOUT OR SHOE WITH A SMALL HEEL

LOCATION: QUEENSWOOD STABLES 518 SMITH ROAD, NAVAN, ON

CONTACT: QWS@QUEENSWOODSTABLES.COM

BRING YOUR FAMILY AND FRIENDS FOR A FUN-FILLED DAY AT THE STABLES - RIDE A PONY, TOUR THE BARN, AND SUPPORT!

ALL PROCEEDS GO TO SHEPHERDS OF GOOD HOPE

PONY & HORSE RIDES - BY - DONATION SUGGESTED MINIMUM \$25



A Classic Touch Acupuncture Clinic

Sylvie M. L. Lamarre, R. Ac.

1200 Colonial Road, Unit 330, Navan

613-429-9000

sylvie@aclassictouchacupuncture.ca



Activities for kids!

at THE NAVAN FAIR 2025



Kids Floriculture

Kids can enter flower exhibits for prizes in two categories:

- 7 years and under - 8 to 15 years

Follow this link

navanfair.ca/floriculture/

and scroll down to "Kids Floriculture".

Kid's Crafts

Free crafts for kids up to age 6 in the blue exhibit building from noon to 5 pm on Friday and Saturday.

Culinary Science

Follow this link

<https://navanfair.ca/culinary-science/>

and look for "Kiddie Cooks, Junior Cooks, and Teen Cooks".

Education Division

Enter and win prizes!

A prize will be given just for entering in at least 3 categories in a child's grade level, and more prizes are available after judging.

Follow this link

<https://navanfair.ca/education/>

for more information.

Kids in the Parade

The Navan Fair Parade takes place on Saturday, August 9 starting at 10:45 am.

Follow this link

<https://navanfair.ca/parade-parade-breakfast/>

for information on "Separate Classes".

Arts and Crafts

(Formerly called Homecraft).

This division offers a wide range of exhibitor options.

Follow this link

<https://navanfair.ca/arts-crafts/>

and look for "New Crafts Section for Youth Only".

Education Barn

Learn where food comes from, about responsible animal care, see farm animals, and engage with farm experts!

Check out the Navan Fair website <https://navanfair.ca/> for lots of information about the Fair and specific contests that you might be interested in entering.