

Navan Nugget



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FLASHMOB HITS NAVAN



The first Saturday of May is known as International Line Dancing Day. To celebrate, line dancers across the world came together on May 3rd this year to perform an international line dance flashmob! Dancers from all over the globe learned the choreography to “A Bar Song” by Shaboozey, performed and filmed it, and posted the video to the International Line Dance Flashmob website. Here in Navan, it was a beautiful spring day as Navan Boot Scootin’ Line Dancing contributed to the event and organized a local flashmob at the Navan Fair Domes! Approximately 100 people of all ages came out to the event, which included not only the flashmob dance to “A Bar Song”, but also more line dancing favourites that carried into the late afternoon. Navan Boot Scootin’ Line Dancing would like to thank everyone who came out to dance with us! Special thanks as well to Tom Devecseri and Grant Karn for capturing the fun! Line dancing is fun and easy to learn! If you’re interested in giving it a try, visit us at www.NavanBootScootinLineDancing.com, or send us an email at NavanBootScootin@gmail.com. Registration is now open for our fall session!



NAVAN NOTABLES

ESTHER GRABOWSKI

Esther is a long-time member of the Navan Women Inspired, (W.I.). She has taken many positions on our Board. Whenever our W. I. is contributing to the Navan Community, Esther is there. The Fall Fest has a Fish pond for the little ones and you will find her helping her clients to fish. She loves the little ones! Now after being the District director for our branch, she recently was elected as the Russell District President for the year.



Our Russell District not only includes our Navan Branch, but also the Russell Village and North Russell W.I. Branches. As I got to know her story she gives her success to finding women she enjoys, her Tribe she calls them, to being at the right place, at the right time! And over the years she has been there with her tribe!

She has tried many a job in her life but the one that really stuck was working for Seagrams! She can identify, for example, what kind of whisky is in their bottles, why the different colours of the liquid gold. Her role was mainly exporting Crown Royal around the world. Morgan's Rum is very popular too.

As the woman in charge, her goals are to have outings with the three branches, to put more structure in our annual general meeting, to build the groups. I look forward to her changes and new ideas.

Now as Esther and I sat drinking Lattes at the Sunrise Bites Bistro on Trim, she and I got to reminiscing about the awesome women we were so pleased to have known in our branch. Linda Dunn brought her into the W.I. What a grand, kind, strong woman! Then we spoke of Sue Woram who was such a caring president! She took over the district director from Catherine Hyde, another gal who loved our ladies. Pam O'Donoghue, the most charitable member, always looking out for other communities and getting us all to work to make life better for less well-off people here and abroad. Hedy Burton, who also was big-hearted to others. Such great examples of generosity to many. Mary Dashney, Verna Cotton, Mildred Wall, Helen Burns, Hilda Edwards who kept us in the know of how the W.I. worked and were so generous with their time. These women are gone but not forgotten!

Thank you Esther for the heart warming chat we had. Wishing you a fun, interesting year as the Pres. of our Russell District! I love the women in W.I. and credit this wonderful bunch of special ladies for helping me along the way, here in Navan! I sincerely hope those reading this column will smile and remember them!

Sheila Minogue-Calver
www.navanwomen.com




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NAVAN KNICK KNACK & MORE STREET SALE

JUNE 22ND 2025
10AM - 2PM



Come one, come all! Navan is having a community garage sale during The Original Navan Market. The garage sales will be throughout Navan on individual driveways with unique treasures!

DATE: Sunday, June 22nd 2025

TIME: 10:00AM - 2:00PM

WHERE: Navan

PARKING: There is street parking but please be mindful of the no parking signs



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Navan Pavilion Project Update

The Pavilion Project completed the grounds drainage system and is finalizing the grading and landscaping in surrounding areas. The donor plaques will be going up as promised throughout the summer, just in time our grand opening September 13th, 2025. We hope you can join us in this momentous event. More details will be coming your way via the Nugget or NCA socials.

Thank you to the major donors of the Pavilion project!

Waste Connections/ Friends of the Mer Bleue Community Fund
 City of Ottawa ■ Seguin-Reid Family ■ Gloucester Electric ■ C&L Construction
 Cumberland Township Agricultural Society ■ Maurice Yelle Excavation
 Heritage Funeral Complex ■ Urban Quarry ■ D. Ross Bradley & Family
 ML Bradley Ltd. ■ Eric & Dinah Smith ■ Navan Lions Club ■ Moore Family
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 Clysdale Family ■ Simpson Electric ■ Eastway Pet Resort ■ Brûlé Entreprises
 Lise & Gerry Dust ■ Barbara Hedman and Murray MacDonald ■ The Bradley Cup
 C&C Transportation ■ Navan Boot Scootin' Line Dancing ■ André Taillefer Ltd.

NCA Meetings

NCA meetings are held monthly on the third Monday of the month at 7:30pm. For the next 6 months, due to the arena renovations, we will be moving our meetings to the Navan United Church Basement. The United Church has recently renovated their basement hall which contains a beautiful kitchen and collaborative space for all sorts of events. At the NCA meetings, all members of the community are welcomed to participate and learn about new initiatives taking place, City of Ottawa news that affects our community, and more.

Become an NCA Membership holder!

Hurry now to get your NCA membership for \$5/year! What do you get as a member?

- Voting privilege at the NCA Meeting
- Your \$5 goes towards NCA community driven events (e.g., Music in the Park, Remembrance Day, The Nugget, and more)
- Being part of the NCA team!

To become a member, go to the Navan Community Association website www.navan.on.ca in the “membership” tab or email us at membership@navan.on.ca.

NCA Directors and Volunteers

President – Luc Picknell **Vice President** – Brian Moore
Secretary – Christina Macpherson **Past President** – Fred Hyde
Treasurer – Dale Borys **Recreation** – Luc Picknell
Navan Nugget – Tom Devcseri **Horticulture** – Shelley Cotton
Social Media Manager – Sarah Zintel
Friends of Mer Bleu & Navan Cenotaph – Erin Zintel
Nifty 50+ (Senior's Drop In) – Juanita Vetter
Music in the Park – Jill Noakes and Heather Monkman
Fall Fest – Cheryle Houle **NCC & Membership** – Ray Vetter
Minor baseball – Phil Grandmaitre
Builders Wall – Tim Bernardi

Lots of ways to check us out

NCA website - www.navan.on.ca

NCA email - nca@navan.on.ca

On Instagram - @navannca

On Facebook - www.facebook.com/NavanCommunityAssociationNCA/

NavanCommunityAssociationNCA/

Navan Community Association BBQ

Bring the family, join your
neighbours & enjoy the

Gloucester Community Concert Band

Wednesday, June 4th - 6 p.m.
Navan Fairgrounds

This is a FREE Rain or Shine EVENT

Donations to the Navan Lions Club are welcome
Food will be provided for approximately the 1st 250 people



We are closing up the year now with a luncheon. We have quite a few newer members now and we love to eat together. What better way than to go out and learn about our new friends and gather ideas for the next year. Happy summer days and we'll see you in September!

Navan Women's Institute



Serving the Navan community since 1931

New members welcome. Please consider joining us.
To learn more please visit navanwomen.com

Meetings are held at 7:00 pm
the 2nd Wednesday of each month September to June



NAVAN FAIR ANNUAL PARADE
Saturday, August 9, 2025 @ 10:45 am
PUBLIC NOTICE FOR RESIDENTS
OF NAVAN VILLAGE

The Cumberland Township Agricultural Society would like to advise you in advance of planned street closures during some of the 2025 Navan Fair activities. On Saturday, August 9 the traditional Fair Parade will take place. Participants will congregate on Smith Road just south of Meteor Street. The Parade commences at approximately 10:45 am and will proceed along Smith Road east to Colonial, crossing over Trim and continuing east on Colonial until Delson. The Police and volunteers will be directing motorist and spectators as the Parade proceeds along its route. Restricted parking signs will be posted as required for emergency access to the Fair grounds and livestock trailers specifically on Delson. Additional community policing has been requested for the village during the Fair. For life-threatening or crimes in progress, call 911. For all other non-emergency issues, please call Ottawa Police at 613-230-6211.

BED RACES

2025 will see the return of the popular and entertaining bed races. The registration form and race details will be available as of June 30, with a deadline of August 4, 2025. Entries will be limited to 10 teams, on a first come, first in basis. If interested in participating or volunteering, email navanfair@bellnet.ca or watch for more information on our website.

NAVAN FAIR AMBASSADOR PROGRAM

The Navan Fair Ambassador Program is an annual event providing a unique opportunity for young people between the ages of 18 and 23 years of age. The program generates local pride, involvement, and empowers and encourages the next generation of leaders. Representing the CTAS during the Navan Fair and community events, as well as the Ontario Association of Agricultural Society Convention, earning student volunteer hours, and developing friendships and important skills are only a few of the rewarding benefits. If interested in receiving the online application form or if you have questions, please contact the Ambassador Coordinator at Cheyanne.ash@icloud.com. The entry deadline is Friday, July 11, 2025.

COMING SOON! NEW NAVAN FAIR WEBSITE

We are happy to announce we will be releasing a new CTAS Navan Fair website. With plans to release by early June, we are not updating the current site. If you require information or have any questions about the 2025 Fair, please reach out to the Office at navanfair@bellnet.ca or 613-835-2766.

NAVAN FAIR – VOLUNTEERS WANTED

Before, during and after the Navan Fair takes place there are many volunteers required to make this event a success. If you are interested in getting involved and joining our team, please email navanfairvolunteers@gmail.com. Include your name, time availability, and what Division you would be interested in helping with. The following are a few examples where your support is needed:

1. Exhibit Building - set up tables, displays, on Wednesday night (5:00 to 8:30 pm) and Thursday (8:30 am to 3:30 pm) then take down on Sunday at 4:00 pm until done.
2. Demo Derby – Thursday and Friday nights 6:00 pm – until done – safety boots are required for the safety crew).
3. Antique Tractor and Machinery – ensuring no one gets on the tractors or equipment – Saturday 12:00 noon to 4:00 pm
4. Information booth – meet and greet, provide directions, etc. This will be 4-hour shifts Friday through to Sunday. Our Grounds Division is another area where help is needed and has specific requirements. Volunteer and paid positions are with the Grounds Division only.

Grounds

The Grounds Division starts setting up for the Navan Fair on Monday, August 4. Work continues during the Fair and for the week following the Fair. Students can either obtain their 40 hours of volunteer work and/or may be hired to be part of the Grounds Division. Workers will be paired up during their allocated shift(s). **Safety Footwear (such as steel-toed boots)** is mandatory for those working in the Grounds Division. Workers must supply their own footwear. It is hard but rewarding work. You will learn a lot while working alongside some great people – please come join our team!

Job Description

Designated individuals at least 16 years old may operate Navan Fair equipment. Collection of garbage and recycling materials within and around Fair grounds. Table/chair setup and tear down in the different divisions before and after the Fair. Cleaning barns, buildings, and rest areas. Moving picnic tables, chairs, and setting up and taking down fencing. General maintenance functions including painting. Other related duties as required by the Grounds Directors.

More Information

If you are interested in working with the Grounds Division, please email a copy of your resume to navanfair@bellnet.ca to the attention of the Grounds Directors.

CTAS MEMBERSHIPS AND FAIR PASSES

2025 CTAS and exhibitor memberships can be purchased at the fair office. Gate and domes passes can be purchased online through FrontDoor+ and in the Fair Office. Get the early bird pricing until July 15.

2025 NAVAN FAIR SPONSORSHIP

As a charitable organization, the CTAS depends on the financial support to help cover the increasing costs involved in putting on the Fair. Annually, we eagerly look for new businesses and reach out to our faithful supporters who would like to become a partner in continuing the tradition of agricultural awareness through family and community celebration. The 2025 sponsorship and donations campaign is in full swing. If you are interested in being part of another successful event, please contact navanfairsponsorship@gmail.com for more information.

BOSTON PIZZA FUNDRAISER

Dine-in at Boston Pizza, 3884 Innes Road, Orleans to support the Navan Fair.

Between 5 and 9 pm on Wednesday, June 11. Write Navan Fair on the back of your receipt and 10% of all food sales will be donated back to the CTAS to support the 2025 Fair.

CTAS GROUNDS AND BUILDINGS

– RENTAL OPPORTUNITIES

With the completion of the additional new barn and the beautiful Navan Pavilion, the CTAS is excited to be able to expand its rentals at 1279 Colonial Road, Navan ON. If interested, please contact the Office for more information.

NAVAN FAIR BARN DANCE

Friday, May 30, 2025 (doors open at 7pm)

Back by popular demand! On Friday May 30, the Navan Fair promises a foot-stomping good time with a Barn Dance fundraiser, featuring live music by Eastbound of Bytown. Doors open at 7pm. There will be line dancing starting at 7:30pm, and the band will take the stage at 8:30pm! Advance tickets are \$20 and are available online at <https://events.frontdoor.plus/event/1152> (must be 19+).

We hope to see you there!

JUNE OFFICE HOURS

June 1 to 30 – Monday to Thursday from 10 am to 5 pm
Please email if you require assistance outside office hours.

President: Emily Keenan

Office Administrator: Cheryle Watson
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At our meeting on Apr 29th, One of the interesting things about being a Lion is that we meet and listen to fascinating people and ideas. Murray Thorpe, guest speaker at our Apr. 29th meeting, certainly fits this category. Murray, a local resident, gave a thought-provoking presentation on the subject of gender and sexual diversity. Murray used some role playing to give members a feeling of what it could feel like to be transgender. Murray asked whether we had friends or relatives who had faced this issue – and it turned out that most members had. Murray explained that if we had been asked the same question 10 years ago the result would have been very different – society has changed. We learned that this condition is not something which is a matter of choice. In order to explain more directly what the experience might be like he asked us to imagine being transgender and had to explain this convincingly to the person next to you. How would you do that? What would be your thoughts, feelings and fears? We tried – but found it extremely challenging. It is so challenging that it is almost unimaginable for most people. I think it generated a greater sense of respect for people who go through this. If you have an opportunity to hear Murray speak, take the opportunity. Murray has helped families deal with this situation – so if you are aware of a family going through this perhaps Murray could help. As mentioned previously, Navan Lions has developed a reconciliation committee to explore what we can do to facilitate reconciliation with the indigenous population locally. We have tried various initiatives and discovered that there are more indigenous people in this area than we had been aware of. Our most recent activity was the presentation of an information table at the recent Lions 50th A4 District Convention April 25th to the 27th. The table summarized the initiatives undertaken so far and presented a number of useful publications. We also collected names of those Lions from other clubs who wish to be informed of future ideas and activities. There is no doubt that interest in this topic is growing – but it's a slow process and will continue to demand the considerable effort on the part of those involved.

One of our important fundraisers continues to be our Golf Tournament. Started in 2016 by Lion Don Macartney, the tournament has enabled the club to donate more than \$21,000 to Make-A-Wish Canada. This year, we plan to add to that sum.

The Navan Lions Club owes much of its success from the support of local people and businesses. That support enables the NLC to help many organizations as outlined on our website at <https://navanlions.ca/fundraising/> This year, over 70 local businesses have generously supported our golf tournament – to name a few, these include:

Waste Connections of Canada, M.L. Bradley, Jonas Building Restoration Ltd., Tanner Insurance, Low Murcison Radnoff LLP, the Navan AutoPro, Maverick's Donut Company, Simpson Electric Ltd., Sam Dagg Snow Removal Services, The Physio Space and Ottawa Chiropractic Health Clinic & Physiotherapy. We also receive the support of our City Councillor Catherine Kitts. Now more than ever, Canadians understand the importance of local businesses. The Navan Lions Club encourages its members and the community to support them.



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Maybe you need extra space for your adult children, aging parents, or want some additional income? Hello, my name is Maleeha Peterson. I have lived in Orleans since the mid 1970's and started calling Navan home in 2022. I've come to truly appreciate the strong sense of community in Navan, the warmth of its people, and the fantastic events that bring everyone together. I've enjoyed it so much that I decided to move my 77-year-old mother here, where we built a coach house on our property for her. I'm happy to answer any real estate questions you have, especially about building a coach house. I received my permit in just 2 weeks, and our contractors completed the build in under 4 months. If this is something you're considering, give me a call! I'd love to show you my coach house and help you decide if it's the right fit for you and your family.



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COOL SUMMER REDS



In summer, nothing says “let’s celebrate” like a glass of crisp, refreshing white or rosé wine. But wait—don’t pack away the reds just yet. Over the last few years, light- and medium-bodied red wines have been stepping into the spotlight. Winemakers are crafting lighter, more elegant reds that you can enjoy without feeling weighed down. These beauties are best served slightly cooler than their bold, jammy counterparts—perfect for a sunny afternoon in the backyard and at BBQs. So let’s break out my favourite summer reds: Beaujolais (France), Mencía (Spain), Zweigelt (Austria) and Frappato and Dolcetto (Italy).

1. Domaine de la Creuze Noire Belle Vue Saint-Amour 2022, France. Vintages #: 38098. \$24.95 (Woodroffe & Baseline LCBO). Get ready to fall in love with the charming wines of Saint-Amour, the northernmost cru in Beaujolais. This delightful wine is dripping with finesse. Imagine swirling a light- to medium-bodied, dry wine in your glass with just enough pep to keep things lively. You’re greeted with a delightful burst of strawberry, raspberry, and cherry with a sprinkle of peppery spice to keep things fun. And let’s not forget that distinctive minerality from the region that adds a sassy twist. To keep things interesting, there’s a hint of earthy goodness in the finish. For a truly indulgent experience, pair it with fresh strawberries and whipped cream or dive into a creamy mushroom risotto.

2. Matilda Nieves Mencía 2020, Spain. Vintages #: 26322. \$21.95 (Woodroffe & Baseline LCBO). Let’s uncork this wine that scored a dazzling 97 at the Decanter World Wine Awards and snagged the Best in Show. Meet Mencía, the Spanish superstar that struts its stuff like Beaujolais but with its unique flair. This red wine is a perfect blend of richness and freshness that will delight your taste buds. It promises an adventure with every drop. Each sip is a delightful combination of juicy cherries, strawberries, and bold black currants, all spiced up with a hint of ginger and a sprinkle of peppery intrigue. It’s light- to medium-bodied with just enough medium-dry to keep things interesting. Mencía doesn’t just sip well; it plays nicely with food too. Pair it with salty tapas for a wonderfully delicious match or see how it mingles with Chicken Teriyaki—sweet, savoury, and so satisfying.

3. Ecker Brillant Von Eckhof Zweigelt 2022, Austria. LCBO #: 39532. \$18.65. This captivating Austrian red wine truly expresses Zweigelt’s character and charm. Its vibrant and aromatic bouquet elevates any gathering by introducing a delightful harmony of fruity and spicy notes. Medium-bodied and dry, it unfolds with an explosion of flavours, showcasing the tartness of sour cherries and the sweetness of ripe raspberries, beautifully intertwined with warm hints of cinnamon. Aromas of fragrant violets and a subtle sprinkle of black pepper add depth and complexity to the tasting experience. Each sip reveals the wine’s juicy essence and silky smoothness thanks to its gentle tannins. For those who appreciate Beaujolais, this wine will feel like a cherished companion, offering a similarly light-hearted vibe enriched by an earthy undertone that lingers on the finish. Serve it slightly chilled. It’s the perfect companion to grilled, stuffed mushrooms or grilled chicken skewers.

4. Vigna Di Pettineo Vittoria Frappato DOC 2023 Organic, Italy. LCBO #: 42947. \$25.95.

This fresh and elegant red wine comes from Sicily and is made exclusively from 100% organic Frappato grapes handpicked from 25-year-old vines. It boasts a light to medium body, showcasing delightful aro-mas of wild strawberries, cherries, and candied violets for that extra flair. Soft, well-integrated tannins, balsamic notes, and refreshing acidity complement these fresh flavours beautifully. Its light body and zesty acidity make it a great summer choice, especially when served slightly chilled. Pair it with Arancini or roasted red peppers stuffed with feta and pine nuts - heavenly.

5. Pecchenino San Luigi Dogliani 2022. Vintages #: 303479. \$23.95.

James Suckling awarded this exceptional Dolcetto a remarkable score of 91, and it’s easy to see why. This wine is easy to drink, medium-bodied, and filled with the vibrant flavours of juicy fresh raspberries and spiced plums, complemented by a subtle hint of licorice and playful dried flowers. It’s not just an excellent wine; it’s a true crowd-pleaser. With its refreshing acidity and rich fruit notes, you’ll find it hard to resist pouring another glass. Perfect for any gathering, it pairs beautifully with a classic Margherita pizza.

Wines with lower alcohol content, less tannin, fruity red flavours, and a refreshing zing from higher acidity are your go-to lighter-bodied options. These delightful light- to medium-bodied reds are like a whisper of the grape’s personality and the special charm of their terroir. They’re practically guaranteed to win over anyone who loves a good glass of wine. And guess what? Lighter reds are not just for warm, sunny days—they’re stealing the spotlight all year round. These wines are a testament to the craft of winemaking, showing just as much love and care as those big, bold reds. So, cheers to some summer fun.



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**Dr. Jean Cyr
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The month of May was once again started off with a delightful luncheon put on by the St. Mary's Ladies. The highlight for the month was the "Plant Exchange"! Members were invited to bring plants they were splitting to share with other Nifty 50 gardeners. It has been so successful that we will continue to carry on with the exchange throughout June.

Enjoy your summer!

Chair-person - Navan Nifty 50 Plus Senior's Club

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Cartoon by Jeff Amey

A NOTE FROM COUNCILLOR CATHERINE KITTS

There's no better way to kick off summer than with exciting community news — congratulations to the Navan Community Association and everyone who supported the Navan Pavilion Project! Thanks to the incredible generosity of local families, businesses, the city, and supporters of the many fundraising events, they have officially reached their fundraising goal! This project has truly been a labour of love, and I'm thrilled to see how it's already bringing people together as a new hub for community events, with a grand opening in the early fall.

With warmer days finally here, the signs of summer are all around us — Music in the Park starts June 4, the Original Navan Market is in full swing, the Navan Fair Barn Dance just took place, and we're inching closer to the much-anticipated Navan Fair. I can't wait to see you out and about enjoying all these incredible events — all made possible by passionate volunteers from across our local organizations.

You may have heard that the South Nation Conservation (SNC) has acquired the Navan Forest, located just off Frank Kenny Road. This 50-acre property is a remnant of the historic Clarke Woods. Damaged in the 2022 derecho, it's now on a thoughtful path to restoration. Preliminary surveys have already recorded 188 species of plants and animals — highlighting its ecological importance. Restoration work will start this July, with tree planting through the fall and next spring. I'll continue to share updates as the project moves forward.

And finally — construction season is here! Several local roads will see improvements as part of the 2025 Road Rehabilitation Program. Sections of Rockdale, Birchgrove, McNeely, and Emmett are all scheduled for rehab this year. I'll keep you posted on timing and traffic

impacts through my newsletter and social media channels. As always, I'm here to support you and proud of what we're accomplishing together. Here's to a safe summer ahead in Navan!



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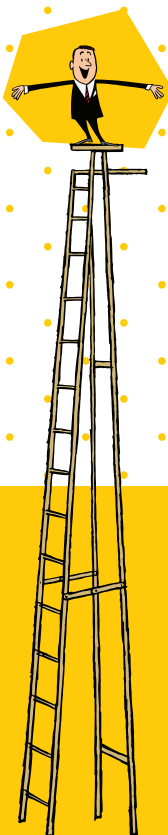
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**The Navan
Community Association**
presents

MUSIC IN THE PARK

**NAVAN FAIRGROUNDS
WEDNESDAYS AT 7PM**

Refreshments will be available for purchase.
Bring your lawn chair and enjoy the sounds of the...

JUNE 4	Gloucester Community Concert Band
JUNE 11	Orleans Jazz Band
JUNE 18	Valley Mountain
JUNE 25	OPUS Academy

Rain or Shine. In the event of inclement weather, the performance will be moved under cover on the Navan Fairgrounds.

Financially supported by Waste Canada Connections – FOMB Community Fund