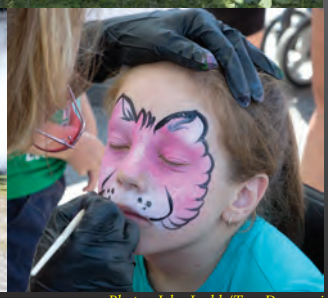
SEPTEMBER 2018

Navan Nugget

BUSINESS CARDS ROTATED BI-MONTHLY DIGITAL COLOUR VERSION AVAILABLE ON NAVAN.ON.CA

NAVAN FAIR 2018



Photos: John Ladds/Tom Devecseri

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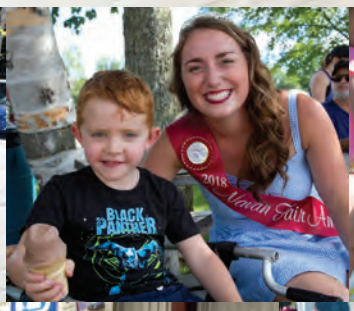

BLACK PANTHER

RIDE CREW

President's Choice
SUPERDOGS

9-1-1

NAVAN FAIR 2018

McCORMICK
FARMALL CUB

Almar
ROOFING

NAVAN NOTABLES

Recollections of a Retired Farmer, Bob Burns

"A long time ago when the earth was green", a young boy and his family arrived on their farm in Navan. It was a big event! There was no electricity, no big machines, no inside toilets, everything had to be done by hand!! Just imagine!! But there was a solid home, a pump for water, a couple of horses and plenty of fertile soil for raising cows and putting in a garden. Way up north where I come from, we had no inside toilet but we did have electricity. This was all before "the war to end all wars" was over! Gradually, as the years wore on, and we entered the 1950's, things began to change. The young boy became a man, strong and handsome, and very knowledgeable about farming. He married Helen, in 1955, bought the farm from his parents, had children, and toiled the land.

"I loved farming but it was hard work. When Helen arrived so did Hydro. It changed everything! We had to keep the old wood stove going through summer and winter for all round year cooking and hot water! I was using horses for the heavy jobs but then tractors came out and made farm work much easier. We had 15 cows which we milked by hand. In winter we kept the cows inside the barn. February was "Ice Month". We would take the sleigh and horses down to the river, where a commercial employee would cut the blocks of ice. The blocks had to have a certain amount of blue ice and cost 2 or 3 cents a block. They were covered with sawdust to prevent melting too fast. There would be 18 blocks on the sleigh for the pair of Clydes to pull back home. If we were having a good day, we would always go back for a second load. The ice was needed to keep the milk cold for delivery to the train to Montreal and Ottawa. By the time I was ready to retire we had about 45 cows. I always had hired help! Jimmy Girard and Bud Thurley were with me for a lot of summers. We had gang thrashings and corn harvesting . The wives would make their favourite dishes to feed the men working that day. It took about 2 days for each farm. Now though, with the new machines it doesn't take long. With the land being sold for the housing markets, we are lucky to have seeds that are vigorous, more resistant to disease and drought. Better fertilizers and weed sprays help too. The future looks bright for the farmers even with less land being worked! South America is producing bushels and bushels of soy bean."

I asked Bob what he did on his time off. "Well, there were the dances on Saturday nights at Meadowlands Dance Hall. Live music played for the squares, waltzes and round dances. Lots of fun!!" That's true 'cause most of my aunts and uncles met their future partners at a dance!! It was great chatting with Bob on his deck overlooking the fields of corn! Bob is enjoying the retired years and marvelling at the machines that are making farming a much easier occupation than when he was involved. But that's progress!! If you ate today, thank a FARMER!!

Bob and his Grandaughter Mackenzie Burns at her crowning as 2018 Navan Fair Ambassador

Sheila Minogue-Calver
www.navanwi.com

CHILDREN'S VILLAGE AT NAVAN
1375 Colonial Rd. Navan, ON. K4B 1N1 (613) 835-1583
JOB OPPORTUNITY

The Children's Village of Ottawa Carleton has been operating for over 150 years. The Children's Village at Navan, operates a full time preschool program as well as a before and after-school program for Kindergarten and School Age children attending Heritage Public School.

We are currently hiring supply teachers for all of our programs. Being an RECE is not required, but is an asset. You must have experience working with children. We are located a quick 9 minute drive from Orleans and surrounding areas.

Only those chosen for interviews will be contacted.

Please email your cover letter and resume to navan@childrensvillage.on.ca attention: Erica Young.

Thank you for your interest in
The Children's Village of Ottawa Carleton.

NAVAN COMMUNITY ASSOCIATION

The NCA Executive would like to encourage all residents to become members of the community association. NCA meetings are held on the third Monday of the month, next meeting September 17th at the Navan Arena at 7:30 p.m. Your membership entitles you to vote at the AGM, bring issues relative to the village to the agenda, and get actively involved in projects that are of interest to you. The NCA also provides the community link to our City representative.

Chair: Philippe Grandmaitre
Secretary: Christina Macpherson
Treasurer: Dale Borys
Safety: Bob Price
Navan Nugget: Tom Devecseri
NCA Membership: Ray Vetter

The NCA is the umbrella organization for:
- The production and distribution of the Navan Nugget;
- The Nifty 50 Plus Senior's Club; - Canada 150 Celebrations;
- The Navan Youth Ball league; - The Navan Tennis Club;
- The Soccer Registration Group; - The Fall Fest Committee;
- The Winterfest Committee; - The Outdoor Rink Committee, and
- Members of the NCA maintain the floral gardens at the entrance of the village.

The NCA has successfully completed projects such as the Cenotaph Restoration, the Shade Structure Park Project, the Clock Tower and Wall of Fame, the 150th Celebration, and the Outdoor Skating Rink.

Nominations for Community Builders' Wall

are open until March 26, 2019. Forms are available on our website www.navan.on.ca. For more info send email to anmariegp@msn.com. There are many deserving people who have yet to be added to the Wall. Please consider being a nominator.

Colonial Veterinary Hospital
Dr. Paul Brown, Dr. Denene Clifford, Dr. Kasia Hering,
Dr. Catherine Sin, Dr. Savannah Beattie, Dr. Michael Grimshaw
1364 Colonial Road
Navan, Ontario K4B 1J4
PH 613-835-2883 FAX613-835-2728
info@colonialvet.ca
www.colonialvet.ca
The service you expect, the care you deserve.

COMMUNITY NEWS

Thanks goes out to the Navan Streetwalkers, Brian Fitzpatrick, and Potvin Interlock for sprucing up the Navan Town Clock Plaza. All the weeds were removed as well as new stones put down to give the area a new clean look AND done before the Navan Fair!. Such a welcoming spot for a rest while you walk the village streets.

Thanks goes out to Nancy Toonders and Donna Jannson for the flowers at two of the entrances to the village. The flowers have been blooming all summer long. I wonder how many trips with water you two had to make to keep these two areas blossoming??!! So much appreciated. Great to see these gardens as one comes into town. If anyone would like to help these gardeners out, give them a call.

COMMUNITY SEPTIC TANK PUMPING

Starting September 5, 2018

800 GALS (3600 L)	*$245 +HST*
1000 GALS (4500 L)	*$285 +HST*
1200 GALS (5500 L)	*$325 +HST*

CALL DON LAWLOR 613-835-2436
DON.LAWLOR@SYMPATICO.CA

Grassroots
Property Maintenance

Yard cleanups	Fertilizer	Mulch Soil
Aeration	Hedge trimming	Seed
Dethatching	Sod and re-sodding	River rock
Weekly lawn cutting	Driveway sealing	Junk removal

613-898-5296
WWW.GRASSROOTSYARDWORK.COM

RBC Royal Bank
Tenth Line & Brian Coburn Branch
2272 Tenth Line Road, Orleans
613-835-2482

Business Hours

Monday	9:30 a.m. - 5:00 p.m.	Thursday	9:30 a.m. - 8:00 p.m.
Tuesday	9:30 a.m. - 5:00 p.m.	Friday	9:30 a.m. - 6:00 p.m.
Wednesday	9:30 a.m. - 5:00 p.m.	Saturday	9:00 a.m. - 4:00 p.m.

Our friendly staff look forward to your visit

Navan Lions Club

President: John Geiger
Secretarial Team: Mark O'Donoughue and John Ladds
Treasurer: David Grattan

This is the end of a very successful year for the Navan Lions Club. We are delighted to announce that we have donated $33,766 to various causes and charities through our welfare fund. This record sum was in great part due to the support we have received from other local organizations such as the Bradley Cup.
Here's a brief list of those to whom we have provided financial support:
Cumberland Township Agricultural Society, Outcare, Lions Dog Guides, Cumberland Flood Victims, CNIB, Russel 4H Club, Stittsville Lions Club - keratoconus patient support, Blind Athlete – Kevin Frost, Support Our Troops, Shepherds of Good Hope, Plan Canada foster child, Orleans Cumberland Community Resource Centre, Canadian Pulmonary Fibrosis Society, ST. Luke's Table, Dave Smith Foundation, Operation Come Home, Lions Quest, Lions Effective Speaking contest, Blind Anglers, a house fire victim, Canadian Cancer Society, a Herb Deavy bursary recipient, La Vie Foundation, Camp Huronda, Camp Kirk, Lions Camp Dorset, Camp trillium, Camp Banting, CNIB Lake Joseph, Ontario camp of the deaf, Bruyere Foundation, Canadian Deafblind Association- Ontario Chapter, Ottawa University - Calver Scholarship fund, Canada Post Foundation, Eye Institute,
Children's Wish Foundation –
and on behalf of Bradley Cup teams we also supported:
Association Communautaire De Sarsfield , Vars Community Association, La Fondation Oceane Roy,
We also donated money via the Hannah Billings Fund to the amount of $2000 to two local children in serious need, and $1500 to CHEO.
We also participated in and organized many local events including Remembrance Day and the Relay for Life. We organized Turkey and Ham dinners, a Curling Bonspiel and a Murder Mystery. In addition we won the prize for the best float in the Navan Fair Parade – see picture on page 1 of the participants. (I was a Sunflower accompanying a float of living plants - our other Sunflowers were Susan Macartney and Rachel Grattan. Best of all of our costumes was our Garden Gnome – Christine Macpherson.)
We have also increased our female membership to four – and strongly encourage other women (as well as men) to come and join us. We would like to thank our local businesses for supporting us during the fair by loaning their car parks, The New Oak Tree, Medici Pharmacy, Andrew Deavy , Navan Auto pro and Child Check Mate systems. I would also like to mention that we have regular volunteers that come and help us and particularly when we are running the parking lots at the fair. We very much appreciate their help – but politely suggest that they suffer through the hard work but miss the fun and satisfaction of being an actual member of the Navan Lions Club.
David Grattan

The Winning Ticket for the Lions Demolition Derby 50:50 was 9830436 . So far we have not had a winner If you have this ticket, please contact Lion David Grattan at (613) 835 2770

Cumberland Lions

Murder Mystery Dinner

Murder at the Speakeasy,

The history of Maple Hall is well known throughout Cumberland. But there is a secret that no one speaks about. Maple Hall was once a SpeakEasy where everyone secretly met. BUT there is an even bigger SECRET-there was a *Murder at the Speakeasy*. Join the Cumberland Lions for dinner and solve this almost century old mystery, on Saturday, Oct.20th.

Tickets : $45.00 Contact - Rollande : 613-833-8325 or info@cumberlandlions.ca
Doors Open - 5:00 p.m. Dinner 6:30pm Cash Bar
www.cumberlandlions.ca or our FB Page

SOMETHING NEW IS BREWING IN TOWN!

Bradley's Convenience Store is now serving Timothy's delicious coffee! Come try it out. Sit on the porch, drink a coffee, and have a chat with a local villager or stranger. Very entertaining discussions occur on this porch! Or just grab a cup as you pass by. There are customer appreciation cards that treat you better than any of the other coffee shops in and around here. Get 5 coffees and the next one is free. See you on the porch at Bradley's, sipping a cup of Timothy's!!!

HIDDEN TALENT

This month's tips from Margaret Struthers Interiors.

What a wonderful summer we have had with plenty of time to finish any exterior project. If you are planning to refresh the exterior of your home, first stand back far enough to observe your house as a whole, then determine the overall colour of your brick or siding. Is it light, medium, or dark? This information will help you to coordinate the other elements of your home's exterior.

The roof is the largest element to replace. There is a wide variety of products and colours to choose from at different price points to suit your needs. If your house is "busy" in colour or pattern then choose a shingle that is consistent in color. The opposite is true for homes that have plain siding or light coloured brick. A multi tone shingle can look very attractive in this scenario. However, the wrong choice can be a costly, long-lasting mistake so take the time to make the right choice for your home!

Trim, shutters, columns and garage doors are often coloured in a light or medium tone to coordinate with the brick or siding. There is a trend towards black trim as an alternative that works well on a new builds, architectural or contemporary homes. The front door can be a darker colour than the trim, a complimentary colour or a brighter colour for shaded entrances.

Lastly, don't forget the finishing touches such as layering flowers and shrubs. Try a couple of large urns, hanging baskets or some outdoor chairs to make your home welcoming. Now you can sit back and enjoy the rest of the summer!

If you are looking for more ideas for exteriors or interiors "follow me" on Instagram at Margaret Struthers Interiors.

FALLFEST

SATURDAY SEPTEMBER 29th

At the Navan Fairgrounds
from 11 am to 3 pm
Lots of fun activities for the whole family

Some of the old favorites will include:

Kiddie's Fish Pond	Face and Nail Painting	Pumpkin Decorating
Silent Auction	Crafts and Colouring	Food and Bake Sale
Scarecrow Making	Ball Hockey	The Photo Booth
Navan Fire Fighters	Lions Club BBQ	Games and Races

Plus some new ideas and activities in the works.

DECORATED PUMPKIN CONTEST

Bring a decorated pumpkin to FallFest by 12 noon
for judging by the People
for the best decorated pumpkin in Navan

THE BEST FALL DECORATIONS IN NAVAN

Decorate the front of your home, business or institution in an autumn theme
Take note our roaming photographer will start going around Monday Sept. 24th,
weather permitting, to photograph your display for the People's Choice Ribbons.
NEW >>>> If your display is not ready by the 24th , take your own picture and <<<< NEW
email to Fred Hyde at fredHhyde@gmail.com by Thursday evening.

The Navan Fine Arts Group will be at Fallfest again this year
and invites you to participate in creating a community painting which
we will display at our show next April. Add some marks or brush strokes to a canvas.
Our community painting last year attracted painters from age 6 to 86 years old.
Come and try your hand at painting again this year. www.navanarts.com

NIFTY 50plus SENIORS CLUB
FOR 2018-2019 SEASON

It is that time of year again and the Nifty 50plus Seniors Club will be starting up for the 2018-2019 season on Wednesday September 5th 2018. We look forward to seeing the return of all the members and welcome any NEW members who would like to join the club.

The Nifty 50plus Seniors Club meets each Wednesday from 12:30PM to 4:30PM from the first Wednesday in September up until the last Wednesday in June at the Navan Memorial Arena upstairs. So if you have reached the age of 50 years or older come out and join the fun?

See you soon! The Navan Nifty 50plus Committee

Bertom Farms Inc. Open Barn - Saturday Sept. 8, 2018 - 10am to 3pm

Come on out and join the VanMunsteren Family as they showcase their recently built 130' x 393' 6 row freestall Robotic Milking Barn.

Highlights:

- 6 row perimeter feeding
- animals 3 months and older housed
- 4 robot configuration (only 2 Lely's installed)
- work area/dry cows/maternity/fresh area behind robots
- sand bedding
- Ventec Cyclone Fans (12 installed down middle of barn)
- Polymat G3 Curtains, including the front of barn
- AgriNuvo panel to control manure system, ventilation system, lighting, robot feed bins, etc
- and much more!!

Refreshments and light meal to be served!

Please feel free in bring along and other family OR friends! Hoping to see you all.....NO need to RSVP.....thank you!

The VanMunsterens

NAVAN FAIR - VISITOR SURVEY WINNER ($50)
Nicholas Fuller, Ottawa, Ontario

CULINARY ARTS WINNERS

BAKING QUEEN: JoAnne Girard
BAKING PRINCESS: Dominique Deschamps

Highest Points Overall: JoAnne Girard
2nd Highest Points Overall: Dominique Deschamps
New Exhibitor, Highest Points: Mary Lalonde
New Exhibitor, 2nd Highest Points: Wanda Williams
Senior Cooks, Highest Points: Sheridan Brace
Jr Cooks, under 8, Highest Points: Addison Cornelius
Jr Cooks, under 8, 2nd Highest Points: Samuel Deschamps
Jr Cooks, 8-12, Highest Points: Mariah Robinson
Jr Cooks, 8-12, 2nd Highest Points: Nora Hendry
Teen Cooks, Highest Points: Maddy Griffin
Teen Cooks, 2nd Highest Points: Brooke Graham

FLORICULTURE WINNERS

Highest Points Overall: John Peddie
2nd Highest Points Overall: Kelly Sirvin
3rd Highest Points Overall: Ray Vetter
New Exhibitor, Highest Points: Jackie Moore

Best Dahlia of the Show: Ray Vetter
Best Rose of the Show: Kelly Sirvin
Best Arrangement of the Show: Kelly Sirvin

Class 1: Cut Flowers
Highest Points: John Peddie
2nd Highest Points: Kelly Sirvin
3rd Highest Points: Guylaine Lamoureux
Class 2: Potted Plants
Highest Points: Kelly Sirvin
2nd Highest Points: John Peddie/Guylaine Lamoureux
Best Potted Plant: Betty Wall-Neilands
Class 3: Collection of House Plants
Highest Points: Kelly Sirvin
2nd Highest Points: John Peddie
Class 4: Best Planter
Highest Points: Kelly Sirvin
2nd Highest Points: John Peddie
3rd Highest Points: Ray Vetter
Class 5: Arrangements
Highest Points: John Peddie
2nd Highest Points: Patty Newton
3rd Highest Points: Kelly Sirvin

KID'S FLORICULTURE WINNERS
7 Years and Under
1. Addison Cornelius
8-11 Years
1. Danny Guignard
2. Kristopher Potvin

Best Youth Entry: Danny Guignard

HOMECRAFT WINNERS

Highest Points Overall: Valerie Clingen
2nd Highest Points Overall: Carol Booth

Homecraft Highest Points in:
Quilting: Christine Lanthier
Painting/Drawing: Valerie Clingen
Sewing: Lucy Mulders
Knitting: Carol Booth
Crochet: Lois Woolsey
Needlework: Lise Bergeron
Cards: Yolande Carol Booth
Jewelry: Valerie Clingen
Babies: Lucy Mulders
Miscellaneous Hobby Craft: Valerie Clingen

Organized Groups Best Display: Russell W.I.
Organized Groups Highest Points: Navan W.I.
Best Overall Photo: Charlene Heathorn
Colour Photo: Caroline Clingen B&W Photo: Rita Dessaint
Scrapbooking: Valerie Clingen

NAVAN FAIR PARADE

Best Overall Float: Navan Lions Club
Community:
1st Navan Lions Club
2nd St. Andrews United Church
3rd Navan Volunteer Firefighters
Commercial:
1st Deedos
2nd Ottawa Fire Services Band
3rd Boston Pizza

The Lloyd G. Morrison Memorial Plaque will be awarded to the Navan Lions Club for the best over-all float this year. This plaque will be presented at the Annual General Meeting held in January, and then displayed in the Navan Fair Agricultural building.

Office Hours in September Monday to Thursday 10:00 – 4:00

President: Andrew Davies Admin. Coord: Madeleine Gauthier
1279 Colonial Rd., Navan ON K4B 1N1
Tel: 613-835-2766 Fax: 613-835-4008
navanfair@bellnet.ca or www.navanfair.com

MULTI-FAMILY GARAGE SALE - MINI MARKET – BBQ & E-WASTE

Saturday, Sep 22th, 2018 from 8:00am to 12:00pm

Navan Fairgrounds in the Blue Exhibit Building
Garage Sale - Come out and spend some money!
OR Rent a table for $10 and make some money!
Vendors - Rent space for $20
Contact: Wendy Chretien, 613-824-1439 or e-mail w.chretien@hotmail.ca for more details.
Hope to see you there!

2018 Navan Fair Ambassador

Mackenzie Burns

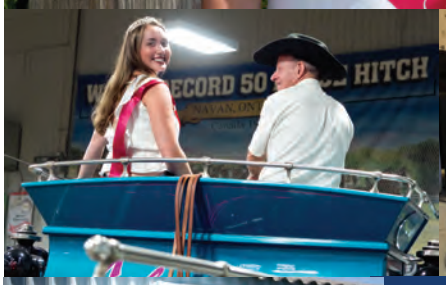
The Navan Fair has always been my favourite weekend of the year. Though I am now 22 years old and some may not understand my excitement, nothing tops the small town feel and love for agriculture that the fair brings to Navan. I grew up spending fair weekends enjoying every aspect the fair had to offer whether it be the rides, the pet parade or walking in the fashion show. Growing up, everything stopped and continues to stop in the Burns household for fair weekend. This year's excitement also came with some added nerves when it was announced that I was the 2018 Navan Fair Ambassador. I knew that I had big shoes to fill because The Navan Fair never fails to have great representatives chosen for ambassador. I began planning outfits, speeches and making a schedule of events for the busy four days I had ahead of me. I am so grateful for Emily Keenan's friendship and guidance throughout the weeks prior to the fair, providing me with her experiences and expertise in the ambassador duties.

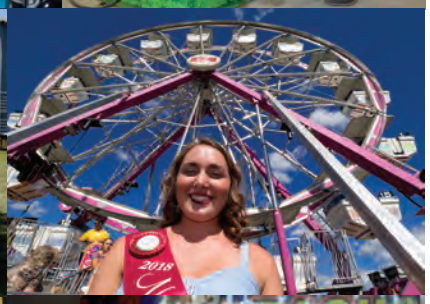
They say that "time flies when you're having fun" and I can attest to that. I felt as though I blinked and the fair was over. The opening ceremony was fantastic where I was joined by many, including my parents Stephanie and Allan, my grandpa Bob Burns and my biggest fan, Denis Chiasson. This was the start to the marathon which can also be referred to as the 2018 Navan Fair.

I attended many events throughout the weekend including the demolition derby, the cattle shows, the heavy horse shows, Little Ray's Reptiles demonstration, the baby show along with many other fantastic exhibitions the Navan Fair had to offer this year.

As a competitive horse show competitor myself, being provided the opportunity to ride out of the arena with winner's multiples times was a major highlight to my weekend.

I am very proud to be the 2018 Navan Fair Ambassador. I had an incredible four days and I look forward to the continuation of my duties throughout the rest of the year. I would like to thank the Board of Directors for everything they did and continue to do for me, past ambassadors for guiding me through the weekend and to my friends and family for all of their support. Thank you to everyone involved in making our fair run smoothly, those who set up, clean up and take down, your work does not go unnoticed. Here's to another great fair, thank you Navan for the good times. How many sleeps until Navan Fair 2019?!





Photos: John Ladds/Tom Devecseri

Community News

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Thanks goes out to Nancy Toonders and Donna Jannson for the flowers at two of the entrances to the village. The flowers have been blooming all summer long. I wonder how many trips with water you two had to make to keep these two areas blossoming??!! So much appreciated. Great to see these gardens as one comes into town. If anyone would like to help these gardeners out, give them a call.

Navan Streetwalkers

What a summertime we have had!! Walks on the trail, on the streets, in the rain, in the sun, Soon we will be walking under falling leaves, colourful leaves! Coffees on the porch at Bradley's Convenience is always fun. There's a new brew in town at Johnny's and it's delicious! Come on out and try it. You don't even have to walk with us!! Johnny even has customer appreciation cards. Have 5 coffees and the next one is free!! That's double the treat that you get from most coffee places in the City! See you on the porch! And maybe walking!!!

Knotty Knitters

These crafty women have been knitting up a storm all summer long. We meet at Cafe Latte Cino, at 1PM every Monday afternoon at 1PM. After some of us winning at the Navan Fair for our yarn creations, we are excited to start on the Christmas presents for our families. If you are thinking of learning this skill or just need a little help with a project come along and we'll help. Some of us crochet, others knit, while others do needle work. Lovely bunch of ladies!!
We would love to see new members come and join us.

H. Harper Enterprises Inc.
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The Anglican Churches of Trinity - Bearbrook,
St. Mary's - Navan, St. Mary the Virgin - Blackburn
Rev. Margo Whittaker
Sunday Worship
Trinity (8785 Russell Rd, Bearbrook) 8:15 a.m.
St. Mary's (3480 Trim Rd, Navan) 9:45 a.m.
Navan Community Sunday School 9:45 a.m.
St. Mary the Virgin (2750 Navan Rd) 11:15 a.m.
613-216-2200 or www.bvnaglican.ca

NAVAN COMMUNITY SUNDAY SCHOOL

Navan Community Sunday School & Youth Group
9:45-11:15
St.Mary's Hall - Smith Rd
Children ages 3 & up are welcome

More info email: navancommunitysundayschool@gmail.com
Volunteer teachers needed- no experience necessary as we work as a team - police record check for vulnerable sector required. Volunteer letter provided.

SIMPSON ELECTRIC LTD
SHAWN SIMPSON
1241 Colonial Rd.
PO BOX 127
Navan, ON K4B 1J3
Email: simpsonelectric@rogers.com
Office: 835-2808
Cell: 223-3416
Fax: 835-3358
Licence: ESA7000358

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Bellarox.com@gmail.com

NAVAN-VARS UNITED CHURCH
1129 Smith Road, Navan
Rev. Janet Nield
Sunday Worship 10:00 a.m.
A friendly greeting awaits you!
www.navan-vars-united.org
Navan Community Sunday School
9:45 a.m. – St. Mary's Hall
navancommunitysundayschool@gmail.com

ORLEANS WOMEN'S CONNECTION

Wed: 12th Sep 9:30-11:00
Orleans United Church, 1111 Orleans Blvd
Feature: Dressing on a Dollar - We all model our summer finds! Music & Faith Story:
Brenda Wood "The Healing Power of Laughter"
Reservations please contact: Shirley 614-841-5143
shirleyjholt@outlook.com Cost: $6 at door

Women connecting with God, each other and their community

Navan Women's Institute
FOR HOME AND COUNTRY
Serving the Navan community since 1931
New members welcome. Please consider joining us.
To learn what we do, please call 835-4296
Meetings are held at 7:00
the second Wednesday of each month from September to June
at the Navan Curling Club in the Lions' Den.

NAVAN WOMEN'S INSTITUTE

The Biggest Small Investment You Can Make
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Navan's Women Inspired!

Our new year of activities begins at 7PM on Wed., September 12, at the Navan Curling Club . We're in the Lions' Den, downstairs at the Club. We have room for new members so if you are interested in meeting some fabulous women come and join us in September.

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The Great Northern Diver aka the Common Loon

Article David Grattan and Photos by Tom Devecseri

There is no other bird which is so evocative of the Eastern Woodlands of North America than the Common Loon. The call of the Loon as it echoes around a lake at dusk on a summer night is simply magical. But are they an interesting bird?

I would say they are among the most fascinating and capable.

Firstly they are amazingly capable fishermen. They swim on average 1-3 minutes underwater fishing for their meal but incredibly have been recorded staying under for up to 15 minutes. The Loon swallows its catch mostly underwater, and has rearward-pointing projections on the roof of its mouth and tongue to keep a firm hold on slippery fish. Loons can fly very rapidly and migrating birds have been clocked at over 110 kph. For the first week or so of life the parent Loon carries the young on its back. The immature loon is reared in a small pond nursery site – distant from the nest.

It is estimated that Loon parents and 2 chicks can eat about a half-ton of fish over a 15-week period.... Like many young birds, juvenile Loons are on their own at about 12 weeks. The parents migrate in the fall, leaving juveniles to gather into flocks on northern lakes and make their own journey south. Once the juveniles reach coastal waters they remain for two years, but in the third year, they return north.

Populations were in sharp decline in the 1960s - probably due to the increasing popularity of boating at that time. Since then, populations have stabilized and the species is not threatened. Nevertheless many parks in Canada and the USA ask boaters to keep their distance and give the Loons space.

Loons are very widely distributed in the northern hemisphere and are to be seen in northern Europe, Asia as well as North America. In Europe the Loon is known as the "Great Northern Diver" which seems to me to be a more dignified name than Loon.

As for the magical call of the Loon, the Stokes guide mentions three: "Tremelo" for alarm, the "wail" to help a pair stay in contact and "Yodel" for primary advertisement. Their signature "Yodel" announces the male's territorial claim, he changes his yodel pattern if he moves to a different territory.

There is plenty of advice on the Internet on how to not disturb Loons. In Vermont for example, "anglers should note that lead tackle weighing less than one-half ounce is not permitted — it can poison and kill loons if ingested — and to not leave stray line and tackle behind as loons often become entangled in them." They also ask boaters to "obey no-wake laws within 200 feet of shorelines because boat wakes can flood and destroy shoreline loon nests." Vermont lakes are surrounded by signs reminding people to give Loons the space they need.

I believe that Tom has a soft spot for the Loon as well, being one of his favorites. The Common Loon has held the front cover photo 2 years in a row on his 2017 and 2018 birding calendars titled "Feathers". He is compiling his 2019 calendar preparing for print in October. Be sure to ask him to keep a copy for you since his previous editions sold out early.

The Navan Lions Club

TURKEY DINNER

FRIDAY Sept 14th

Doors open at 5:30 PM Dinner served at 6:00

Navan Curling Club

Bar service available

$20.00 14 & up $12.00 6 to 13 Free under 6

FOR RESERVATIONS CALL

Lion Ross at 613-835-2199

Or go to our website www.navanlions.ca