

OCTOBER

2016

Navan Nugget

BUSINESS CARDS ROTATED BI-MONTHLY

DIGITAL COLOUR VERSION AVAILABLE ON NAVAN.ON.CA

NAVAN NUGGET
BUSINESS CARDS ROTATED BI-MONTHLY Electronic version available on the website www.navanon.ca

FALLFEST
Is just a few sleeps away!
Come out to the Navan Fallgrounds
From 11 am to 3 pm
SATURDAY OCTOBER 3rd

Arthur the Mascot

Lots of fun activities for the whole family, including:

Kid's Fall pond	Talent show	Ball Hockey	Navan Fire Fighters
Scavenger Hunt	Fans and Fall Painting	Cricket and Golfing	
Lions / NCA BBQ with Chili and Popcorn	Games and Races	Photo Ops	Clubs
Pumpkin Decorating	Ball Race	Photo Ops	Clubs
Along Race	Scavenger Hunt		

Blessing of the Animals
Bring Your Favorite Pet at 11 am for the Blessing led by the clergy of our local churches

Decorated Pumpkin Contest
Bring a decorated pumpkin to Fallfest by 12 noon for judging
Prizes for the best decorated pumpkins in town

Bring the Best Fall Decorations in Navan
We are looking for creative and colorful fall decorations to display in the main hall. Bring your best fall decorations to the Fallfest on Saturday, October 3rd. We will have a contest for the best fall decorations in Navan. Prizes will be given to the winners. Bring your decorations to the Fallfest on Saturday, October 3rd. We will have a contest for the best fall decorations in Navan. Prizes will be given to the winners.

NAVAN NUGGET
September 2007

THE 100th BIRTHDAY OF THE NAVAN NUGGET
The Navan Nugget is celebrating its 100th birthday. The first issue was published in 1907. The Navan Nugget is a community newspaper that has been published for over 100 years. It is a source of information for the community and a place where people can express their opinions. The Navan Nugget is a source of information for the community and a place where people can express their opinions.

VINA
Vina is a community organization that provides support and resources for people in need. Vina is a community organization that provides support and resources for people in need. Vina is a community organization that provides support and resources for people in need.

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NAVAN NUGGET
November 2008

Waterhouse
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NOVA
NOVA is a company that provides NOVA services. NOVA is a company that provides NOVA services. NOVA is a company that provides NOVA services.

NAVAN NUGGET
November 2008

NOTABLES
Notables are people who are notable. Notables are people who are notable. Notables are people who are notable.

NAVAN NUGGET
November 2008

NAVAN NUGGET
November 2008

Navan Nugget Turns 10!

NAVAN NUGGET
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JUST DAYS AWAY
The 5th annual
NAVAN FALLFEST
SATURDAY, OCTOBER 5th, 2013
11:00 am to 3:00 pm
On the Navan Fall grounds

PARTICIPATION ACTIVITIES FOR THE WHOLE FAMILY

Kids Fall pond	Ball Hockey	Scavenger Hunt	Navan Fire Fighters
Kid's Fall pond	Ball Hockey	Scavenger Hunt	Navan Fire Fighters
Kid's Fall pond	Ball Hockey	Scavenger Hunt	Navan Fire Fighters
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Check out Fallfest at www.navanfallfest.com

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NAVAN FALLFEST 2012

Family Fun Day

- Children's Activities
- Scavenger Making
- Bake Sale, Eats & Demonstrations
- Chili Cook-off
- Judging of Pumpkins & Home Decorations
- Silent Auction
- Entertainment
- Blessing of the Animals 11:30 am
- Ball Hockey with the Camerlander Grads (Bring own equipment)
- Girl Guide Cookie Sale
- Volunteer Fire Dept

Saturday, October 1st
11:00 to 3:00 pm
Navan Fair Grounds - Under the domes

See You There!

Check our website www.navanfallfest.com for further details and to enter on line.

Sponsored by the community groups of Navan: Women's Institute, Lions, Community Assoc. and CTAS

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NAVAN NOTABLES

Navan Nugget Is 10 years old!!

How time flies. Lucky Navan residents to have this local newsletter every month! Take a look at the first few Nuggets and then these last few, 10 years later. How the Nugget has grown. Everything you ever wanted to know about Navan and its social life is right here in our paper. Looking back, a big thank you goes to Marg MacNeil who began this little gem of a newspaper. She was a ball of fire when she lived here. Marg moved way out west of Ottawa several years ago. Every so often you may see her and Reg at some of the local events, especially those run by the Navan Lions Club. She was also a dedicated member of the Club as well as President of the Lions and the Navan Community Association.

She was editor of the Nugget until she moved, then Virginia Lowe took it over. She did a brilliant job of getting the Nugget out into our hands! The position was then passed on to Sara Ericsson. She is a journalism student and works well with all involved. She even took over the Notables column for 6 months on top of being the editor. Thanks for all your work Sara. We mustn't forget Tom Devecseri. It looks like Tom will now be taking over the editor position. Without him the Nugget wouldn't have gotten to printed. He's been doing this since its conception for the past 10 years.

In December 2011 David Grattan wrote an article on the birds in our area in collaboration with Tom and his nature photography. Since then 63 birds and critters have been featured in the column and has been a brilliant success!

Thanks to everyone who supports the Nugget through advertising! Without your annual donations to the paper we could

not afford to publish. I find these ads so helpful when I need help around the house. Hiring locals is the best way to get good work done! The Navan Nugget is delivered every month. It can be picked up at Medici Pharmacy, Bradley's convenience, Navan restaurant, Navan curling Club in winter, and also can be found on the web, if you don't get it in the mail. So, see what some Navan volunteers have done for our community. How they improve and enrich our lives!

For a little fun try to answer these questions. - We have received donations from Country Moments Spa, Bradley's Convenience, Navan Automotive, and Colonial Veterinary Hospital. The persons with the correct answers will win their prize choice.

1. Who created the Navan Nugget?
2. Name 5 women interviewed for the Nugget over the years.
3. Name 5 men highlighted in the Navan Nugget over the years

Send answers to samc1@rogers.com



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Message from Councillor Blais

Happy 10th Anniversary Navan Nugget

As Councillor for Cumberland Ward, I have had a lot of opportunity to work with the remarkable people of Navan. On this 10th anniversary of the Navan Nugget, I want to recognize the dedicated volunteers who make up the Navan Community Association. Whether it is the volunteers who maintain the outdoor rink or those who care for the Cenotaph, Navan is a much better community with its Community Association and the Navan Nugget.



Thank You

As the Fair Season is quickly coming to a close, we wanted to give everyone an update on this year's Fair. Unfortunately, the rain closed down a lot of Saturday's events. The Tractor/Truck Pull moved to Sunday along with all the other great Sunday events. Even with the rain we brought over 17,500 Visitors through our Gates. We want to thank all our Sponsors/Donors, our many Volunteers and the Community for all their support.

See you at next year's Fair, August 10-13, 2017.

Navan Fair Board of Directors

Indoor Winter Storage

Winter Storage available in our buildings.

If you are interested, please contact Ray Lanthier at 613-835-3397 or cell 613-447-3397.

Motorcycles	\$125 Each
Utility Trailers 4' x 8'	\$125 Each
Car or Pick-Up Truck	\$300 Each
Small Camper Trailer	\$300 Each
Tent Trailer	\$300 Each
Small Boat (Under 24 ft)	\$300 Each
Large Boat (24 ft & Over)	\$550 Each
Small Motor Home (Under 24 ft)	\$300 Each
Large Motor Home (24 ft & Over)	\$650 Each
5th Wheel (Under 24 ft)	\$300 Each
5th Wheel (24 ft & Over)	\$650 Each



Thank you to everyone who participated in the Garage & Bake Sale held on the Fairgrounds on Sat, Sep 17. A special Thank You to Laura Brouwer & her crew from ScotiaBank Innes Rd for their BBQ fundraiser.

Office Hours in October - Tues to Thurs 9:00 – 4:00

President: Jo-Anne Girard

Admin. Coord: Debbie Newton

1279 Colonial Rd., Navan ON K4B 1N1

Tel: 613-835-2766 Fax: 613-835-4008

navanfair@bellnet.ca or www.navanfair.com

Stephen BLAIS
Councillor • Conseiller
Cumberland



**Can I help?
Puis-je vous aider?**

T: 613-580-2489
F: 613-580-2697
E: stephen.blais@ottawa.ca

stephenblais.ca

Children's Village at Navan

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Influenza (flu) season is fast approaching. For most people, getting the flu will lead to feeling sick for a few days, perhaps accompanied by waves of missed work/school days. Others will experience more intense symptoms; an average of 3,500 Canadians die each year from influenza infection and its complications.

Established methods of protecting yourself include proper hand hygiene, covering your mouth/nose with a tissue when you cough/sneeze and discarding the tissue into a waste basket, coughing/sneezing into your upper sleeve or elbow if you don't have a tissue, staying away from other people when you (or they) are sick, and using personal protective equipment when necessary. However, getting the flu shot is the most effective way of protecting yourself and those around you against an influenza virus infection.

The flu vaccine is safe and well tolerated; most people do not signal adverse effects other than possible mild discomfort at the site of injection which may last a minute or so. Among the reported reactions, the most common include soreness, redness or mild swelling at the site of injection, which can last up to 2 days. Some people will experience a mild fever which can last a day or two. Severe reactions are rare; however, you are still required to observe the 20-minute waiting period following vaccination to properly monitor for this type of reaction.

This year, the flu vaccine will be offered to high-risk groups (for example, the elderly living in care homes, the immunocompromised, and those caring for people at risk) starting in the first part of October followed by rollout to the general public in the latter part of October (start date not known at the time of writing this article). The vaccine is available to residents of Ontario at no charge to the patient. In some cases you may get the vaccine at your doctor or other primary caregiver's office. Other options include a number of Flu Immunization Clinics organized by the Health Unit as well as in most pharmacies, including Medici Pharmacy in Navan. We will provide the vaccine on a walk-in basis during regular pharmacy hours (see www.pharmaciemedicipharmacy.com). In addition, home-bound patients of the pharmacy may receive their flu shot at home by appointment.

Questions/commentaires? Faites nous en part! Il nous fera plaisir d'en discuter!

For more information or comments, do not hesitate to contact us at Medici Pharmacy (tel: 613-429-4100; 1200 Colonial Rd, Navan) Danielle Lamoureux, manager, and Norm Quesnel, pharmacist.

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Did You Know? It takes the average person **seven years** before they do something about their **hearing loss**.

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Navan Lions Report September 2016

President: Chris MacPherson

Secretarial Team: Mark O'Donoughue and Tony Fiorentino

Treasurer: David Grattan

This is my first report of the coming Lions year. Our summer was busy as usual and Navan Lions participated strongly in the Navan Fair, by running three parking lots, collecting money for the Hannah Billings Emergency Fund at the Demolition Derby and by braving an intense rainstorm to take first prize in the Fair parade. While the rain minimised competition in the parade, it also kept quite a number of visitors away and significantly reduced our revenues from parking cars. While a little disappointing, the Fair parking is only one of a number of fund-raisers we plan to have in the forthcoming year. By the time this is published we will have held our first community dinner of the year - roast turkey with all the trimmings. YUM. David Grattan (me!) will have organized a trivia quiz based on space exploration and will have been dressed up as Sputnik 1. Two local musicians will have been honoured as recipients of the Hilda Edwards awards Linda Pietarinen (organist at St. Mary's Anglican Church) and Laurie Watson (organist at the Navan/Vars United Church). Both are accomplished musicians and have contributed strongly to the musical life of this community.

At the moment lots of activities are in the planning stage. Navan Fall fest is on Sat. 1st Oct., White Cane day is on Saturday the 15th Oct. - this is when we collect for sight related activities and charities, our Curling Bonspiel will be held on the 2nd and 3rd Dec., Also in the early planning phase are more community dinners, another golf tournament and a second Navan Bicycle Rally as part of Navan's Sesquicentennial celebrations. It will be a busy year again - and as in previous years we will have a very strong schedule of donations as well as an intensive program of vision screening in schools. Navan Lions will be busy - as usual!

David Grattan

**Navan
Women's Institute**

Serving the Navan community since 1931

New members welcome. Please consider joining us.
To learn what we do, please call 835-4296

Meetings are held at 7:00
the second Wednesday of each month from September to June
at the Navan Curling Club in the Lions' Den.

Navan Women's Institute - October 12

Wednesday, October 12, at 7PM at St. Mary's Hall we will be hosting the Ottawa Police speaking on "Protecting Yourself from Fraud". Please come out and hear how you can better protect yourself. Light refreshments will be available. Bring a friend!!

Navan Women's Institute - Women Inspired

The Navan Art and Wine Pairing was a big hit again this year. Thanks to Perrault Winery, Navan W.I. members, the Navan Art Guild, and the SUNNY SKIES, it was a brilliant afternoon spent enjoying tastings of appetizers and wine, as well as admiring some beautiful works of art, and chatting with friends and family. To Debbie Pike and Anne Warburton, who took on the task of organising this event a huge thank you. To all the volunteers who came out to help and to Julie Richard, Sommelier for Perrault Wines, thanks so much!!



Picture is AnneMarie Potvin, President, Navan W.I.
Karen Smith, Sue Woram, Navan W.I.



Julie Ricard, sommelier, Linda Dunn, Mary Lalonde,
Juanita Vetter, Navan W.I. members



The NCA Executive would like to encourage all residents to become members of the community association. NCA meetings are held on the third Monday of the month, from September to June at the Navan Arena at 7:30 p.m.

The NCA is the umbrella organization for:

- The production and distribution of the Navan Nugget;
- The Nifty 50 Plus Senior's Club; • Canada 150 Celebrations;
- The Navan Youth Ball league; • The Navan Tennis Club;
- The Soccer Registration Group; • The Fall Fest Committee;
- The Winterfest Committee; • The Outdoor Rink Committee, and • Members of the NCA maintain the floral gardens at the entrance of the village.

The NCA has successfully completed projects such as the Cenotaph Restoration, the Shade Structure Park Project, the Clock Tower and Wall of Fame, the 150th Celebration, and the Outdoor Skating Rink. Your membership entitles you to vote at the AGM, bring issues relative to the village to the agenda, and get actively involved in projects that are of interest to you. The NCA provides the community link to our City representative. Please support the NCA by becoming a member.

Next NCA Meeting: Please join us for our next monthly meeting on Monday, October 17th at 7:30 PM, upstairs at the Navan Arena. Check out the link at www.navan.on.ca. To send us your community events to include on our Facebook page, email your event to webmaster@navan.on.ca.

Help spread the word! Events also get posted on the calendar at www.navan.on.ca, and in the Nugget, for which you send an email to navannugget@navan.on.ca.

Chair: Philippe Grandmaitre
Secretary: Christina Macpherson
Treasurer: Dale Borys
Youth: Tom Devcseri
Safety: Fred St. Pierre
NCA Membership: Ray Vetter



The Nifty 50plus drop-in centre invites all adults who are 50 plus to come out and join in the fun every Wednesday afternoon from 12:30pm to 4:30pm upstairs in the Navan Memorial Arena. The activities commence annually from the first Wednesday in September and end the last Wednesday of June. To become a member all that is required is an annual membership fee of \$20.00 per person and a current membership in the Navan Community Association. The NCA membership fee is \$5.00 annually. Guests are also welcome to attend for a small fee of \$2.00 per visit.

Members take part in membership activities including card games, tile rummy, floor curling, knitting, and socializing. There is also a book exchange where members bring and exchange books for no cost. On One Wednesday each month there is also a luncheon which members can sign up for.

COME AND CHECK US OUT.

- The Nifty Fifty Plus Organizing Committee



FALLFEST

SATURDAY OCTOBER 1st

At the Navan Fairgrounds from 11 am to 3 pm for lots of fun activities for the whole family

Kiddies's Fish Pond
Talent show
Make a Scarecrow
Navan Fire Fighters
Lions Club BBQ
Knotty Knitters

Face and Nail Painting
Crafts and Colouring
Ball Hockey
Blessing of the Animals
Talent show
Scavenger hunt

Pumpkin Decorating
Bake Sale
Silent Auction
Games and Races
Honey Bees
Fire Fighters

Decorated pumpkin contest Choose Navan's best decorated house



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CANADA'S 150th IN NAVAN



The Sesquicentennial celebrations across the country will soon be starting and Navan will be a part of it.

The first is the enhancement of the Cenotaph being called "Honouring our fallen soldiers one red maple at a time", which was detailed in last month's NUGGET. It is now a go and work on the project should be starting very soon.

Some of the other projects being worked on are a street dance, a parade, a bike rally, banners along our main streets, Interpretive features around the multiuse trail, Shakespeare in the Park, Victorian Tea, Art show, and many more. As details and dates are nailed down, they will be announced in the article.

It is not too late to add more ideas to the plans. If you have thought of something that would be good for our community, the Navan Community Association has set up a subcommittee to help co-ordinate events, to avoid schedule conflicts, guide people to possible funding opportunities, to help share resources, and to encourage participation. The next meeting of the subcommittee, will be held on Tuesday October 4th at 7:30 PM in the Lion's Den at the Navan Curling Club.

Ray Vetter
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rvetter@sympatico.ca

Fred Hyde

613-835-3331

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COMMUNITY ANNOUNCEMENTS

WEEKLY RURAL SHOPPERS BUS

OC Transpo has five routes that provide free once-a-week service from rural communities to urban shopping destinations Tuesdays Navan • Sarsfield • Cumberland. These routes arrive at urban shopping centres around 10 a.m. and leave at 2:30 p.m. Buses are fully accessible and have space for two customers using wheelchairs. These routes do not operate on holidays. Contact OC Transpo for additional details and travel planning assistance.

OPEN HOUSE

Please watch for posting on the road signs for information on an up coming open house at the Progressive Waste Solutions operation on Navan road.

PRESCOTT RUSSEL TRAIL CLOSURE

The Prescott Russel trail is at risk of closure. I believe citizens should be made aware of this as it would be a shame if they were to close it. Here is the link to an article on the subject:

<http://www.ottawasun.com/2016/08/30/longtime-recreational-trail-in-prescott-russell-may-be-in-danger-of-closing>

CUMBERLAND BOOK LAUNCH INVITATION

Along the old Montreal Road, and towards the south, lies the historic township of Cumberland. It has undergone considerable change over the past two centuries: from rugged wilderness, to bustling villages; from industrious farmsteads, to vibrant urban communities.

"Glimpses of Cumberland: XIXth and XXth Centuries" pays tribute to this rich history through stories and images, as told and shared by scores of local contributors. It is a true community effort, 200 years in the making, highlighting Bearbrook, Navan, Sarsfield, Vars, Leonard, and Cumberland Village to Orléans, among others. The City of Ottawa's Cultural Development and Initiatives Section, together with the Cumberland Township Historical Society, invites you to the book launch and reception for "Glimpses of Cumberland: XIXth and XXth Centuries".

Saturday, October 1, 2016 from 2 p.m. to 4 p.m. at the Cumberland Heritage Village Museum
2940 Old Montreal Road, Cumberland, Ontario
RSVP before Monday, September 26, 2016 at: culture@ottawa.ca or at 613-580-2424, extension 21238

The soft-cover 300 page book, which is illustrated by some 140 images, is available in English and French editions for \$30 (including tax).

All are welcome! N.B. : Copies of the book will also be on sale at the Harvest Market, Cumberland Heritage Village Museum, on Sunday, October 2, 2016, from 10 a.m. to 4 p.m

E-WASTE DROP-OFF FUNDRAISER!

Where: Trinity Bearbrook Church, Bearbrook ON
8785 Russell Rd, Bearbrook, ON
(corner of Dunning and Russell rd)

When: Saturday October 8th, 2016 Time: 9am-1pm

Will take all electronics working or not ,
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Volunteers will be on site to unload your vehicle/trailer for you. Any students looking to earn volunteer hours or for more event info please call Rick Foy at 6138353784 or email at bearbrooktrinityanglicanchurch@gmail.com (type ewaste in subject line)

Navan Animal Rescue Corporation

is always finding new ways to raise funds for major surgeries. We are soon opening our Permanent, Indoor Garage Sale on Wednesdays from 6:30pm to 9pm, 4388 Navan Road. Donate items to help us make this a success, you are welcomed every Wednesday night from 6:30pm to 9pm to come see what we have for sale and drop off your donations. We thank you in advance for your support! mimayer.nerium.ca to order your health and beauty products to support our cause. www.narc-charity.ca to preview pictures of some of the items we will have for sale both New & Used

"EUCHRE PARTIES"

The Leonard Women's Institute will be hosting their fall EUCHRE PARTIES on October 14, 21, 28 and November 4, 2016 at 8 p.m. at the Bearbrook Community Centre, 8720 Russell Road near Bearbrook, Ontario. Come and join friends and neighbours in friendly competitions of EUCHRE. There will be prizes and refreshments. Fee to play is \$5.00 per person



Anglican Parish of Bearbrook, Vars & Navan

Rev. Margo Whittaker

**Sunday Worship**

Trinity (8785 Russell Rd, Bearbrook) 8:15 am
 St. Mary's (3480 Trim Rd, Navan) 9:45 am
 Navan Community Sunday School 9:45 am
 St. Andrew's (1900 Devine Rd, Vars) 11:15 am

613-216-2200 or www.bvnanglican.ca**NAVAN-VARS UNITED CHURCH**

1129 Smith Road, Navan

Rev. Janet Nield

Sunday Worship 10:00 a.m.*A friendly greeting awaits you!*www.navan-vars-united.org**Navan Community Sunday School**

9:45 a.m. – St. Mary's Hall

navancommunitysundayschool@gmail.com**NAVAN COMMUNITY SUNDAY SCHOOL**

Ecumenical Sunday School

Sundays (schedule will be posted at Sunday School)

9:45am - 11:15am (NEW FINISH TIME)

St. Mary's Hall For children ages 3-14 Started as of Sunday,
 Sept.14th, 2015. Looking for Teachers For info email:
navancommunitysundayschool@gmail.com.

THE THIRD SPACE

Join us to catch up with friends and neighbours, share some refreshments, or swap a book. Fair-trade coffee and tea. As always, we meet on the last Saturday of the month from 10 am – noon at St. Mary's Parish Hall, on the corner of Smith and Trim Roads. Sponsored by the Parish of Bearbrook, Vars, and Navan.

**BAKE SALE AND MINI BAZAAR**

NAVAN - VARS U.C.W.

Saturday, October 22, 2016

9:00 am to 12:00 pm

Navan - Vars United Church, 1129 Smyth Road

ORLEANS WOMEN'S CONNECTION

Wed 12 Oct @ 9:30-11:00

Orleans United Church Hall,

1111 Orleans Blvd

Enjoy Soloist, Comedienne & Speaker, Suzanne Baresich

"Change...Coming, Ready Or Not!"

Reservations: Shirley 613-841-5143

shirleyholt@outlook.ca

Cost: \$6 at door

Women connecting with God, each other and their community

www.rsvpmministries.com**Community Safety Zone**

What a beautiful summer we enjoyed in Navan! As the children return to school, so does the Community Safety Zone return to the Navan Nugget. We appreciate hearing your comments, receiving your concerns and taking suggestions for future Community Safety Zone topics. Please feel free to email us at safety@navan.on.ca

As Halloween approaches, this month's column will focus on providing safety tips for our children, parents, and all those who receive trick or treaters at their homes.

Here are a few safety tips for parents to review with their children in preparation for the big night:

- 1) Wear a light-colored or bright costume, reflective tape or arm bands to help heighten visibility. The use of a flashlight is also a great idea.
- 2) Ensure that any costume or accessory does not hinder movement or increase the chance of tripping. Vision should not be restricted and the use of make up may be a better option than a mask.
- 3) Prior to going out trick-or-treating, teach and practice with your child to stop at the curb, look left, right & left again, and listen for oncoming traffic prior to crossing the road. Stay on the sidewalk

if possible or walk on the left hand side of the street facing traffic.

- 4) Do not cut across lawns or take short cuts. Walk instead of run and only visit homes that are lit.
- 5) Stay away from animals you are not familiar with and have a parent or guardian inspect your candy after you return home.

Homeowners planning to receive trick or treaters should consider:

- 1) Keeping the path leading up to your door free of obstacles.
- 2) Keeping your pets indoors to protect them from hazards and keep them from becoming frightened.
- 3) Consider using glow sticks instead of candles in your pumpkins. Drivers should remember to drive slowly in residential areas, watch out for kids wearing costumes that may not be visible, reduce distractions & stay alert at the wheel and enter/exit driveways slowly and carefully, as children can dart out unexpectedly.

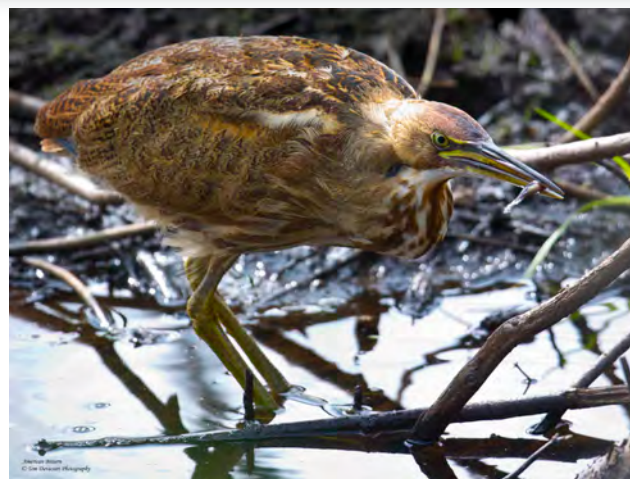
You can download a Halloween safety tip sheet at the following link:
<http://www.ottawapolice.ca/en/safety-and-crime-prevention/halloween-safety.asp>

The American Bittern

Have you ever seen a Bittern? I'm sorry to say I haven't, although, I have tried. My guess is that you probably haven't seen one either (pardon me if I'm wrong). This is perhaps not surprising as it is exactly what the Bittern wants – this bird does not want to be seen and actually goes to some lengths to hide itself from view. Yet, according to Tom Devecseri, we now have a Bittern that he has observed in the wetlands due south of the village. Unfortunately, they migrate in Sep/Oct so the chances of seeing them diminish daily.

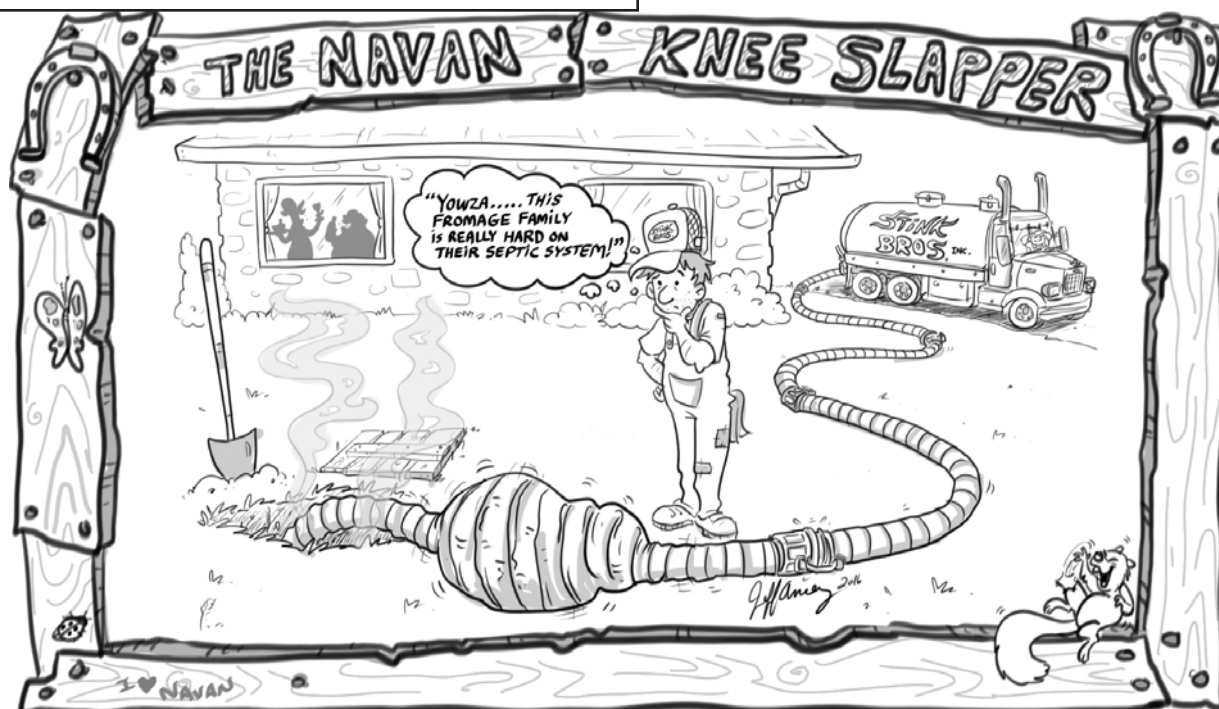
So if you did see one – what would it look like? The American Bittern is mostly warm brown, buff, and white and strongly streaked, especially on the neck – perfect camouflage for its preferred environment in the tall grasses and rushes next to open water in marshland. It has a similar body shape to a heron, and is, in fact, a smaller version. It has long legs and a long neck, a long pointed bill and rather pointed wing tips. It patiently stalks fish, frogs, and insects by keeping its body very still and then rapidly grasping its prey with its long pointed beak. Perhaps the most unusual thing about the Bittern is the very strange call made by the male in mating season – it has been described in various ways as a rather liquid “pump-er-lunk” or “pump – er – unk” – or “booms like a grouse” if that helps. If you try saying “bloooop” with your mouth shut – you might get some idea of the sound. (You can watch Tom's video of a Bittern calling at his Flickr page : <https://flic.kr/p/nJB8VX>) Happy blooping!

Article by: David Grattan Photos by: Tom Devecseri



BIRD ID CONTEST

As this is the 10th anniversary issue of the Nugget – we thought we would have a little competition – aimed mainly at younger readers - though of course anyone can be a younger reader. Scattered in the newsletter are four bird silhouettes – if you recognise them please call Sheila Minogue-Calver at (613) 835 4296. If you have the correct answers, Sheila has a small prize for you.



Articles or announcements must be submitted to navannugget@navan.on.ca by the 20th of the month to be included in next month's issue.

What a wonderful place in which we have chosen to live.