

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca



August 11, 12, 13 & 14, 2016

PUBLIC NOTICE **FOR RESIDENTS OF THE VILLAGE OF** **NAVAN**

The Cumberland Township Agricultural Society would like to advise you in advance of planned street closures during some of the 2016 Navan Fair activities.

On Saturday, August 13th the traditional Fair Parade will take place. Participants will congregate on Smith Road just south of Meteor Street. The Parade commences approximately at 10:45 am which will proceed along Smith Road east to Colonial, crossing over Trim and continuing east on Colonial until Delson. The Police and volunteers will be directing motorists and spectators as the Parade proceeds along its route.

Restricted parking signs will be posted on Fairgreen and Delson for emergency access to the Fair grounds and live-stock trailers specifically on Delson.

Additional community Policing has been requested for the village during the Fair, for life-threatening or crimes in progress call 911 and all other non-emergency issues please call 613-230-6211.

ENTERTAINMENT AT THE 71st NAVAN FAIR

Thursday night: Opening: Laurier Lachance

Main: On the Docks

Friday night: Opening: Foxy Morons

Main: Chilliwack

Saturday Night: Opening: Leah Daniels

Main: Emerson Drive

Sunday: Blues Brother Tribute Band, Jordan McIntosh & River Town Saints

\$10 cover charge Fri. & Sat. at Domes
Age of Majority Fri. & Sat. nights

ADMISSION PASSES

AVAILABLE AT THE NAVAN FAIR OFFICE

4 Day Adult	\$27.00
<u>Senior</u> 4 Day Adult (65+)	\$22.50
1 Day Adult Pass	\$12.00
<u>Senior</u> 1 Day Adult Pass (65+)	\$10.00
4 Day Child Pass (4-12 yrs of age)	\$10.00
1 Day Child Pass (4-12 yrs of Age)	\$ 3.00
Children 3 Years and Under	No Charge
(sold until August 10th, 9:00pm)	

Daily Admission during the Fair

Adult	\$12.00
<u>Senior</u> Adult (65+)	\$10.00
Child (4-12 yrs of Age)	\$ 3.00
Children 3 Years and Under	No Charge

MIDWAY

Toonie Thursday, Aug 11th – All rides for a Toonie

Tickets purchased from Midway

Bracelet Day – Friday, Aug 12th Only

Purchased from Midway \$25. 11am-11pm

Advance Ride tickets 35 coupons for \$40.00

(Available at the office until Friday, Aug 5th)

During the Fair: 16 coupons \$25.00

26 coupons \$40.00

HELP WANTED

We have many volunteer positions. Paid positions are with the Grounds Division only.

A variety of opportunities are available during the Fair under several different divisions support as assisting judges, setting up displays, organizing ribbons at events and working with animals for community hours. Our Grounds division below has specific requirements.

Shifts

We are hoping to schedule 3 different shifts during the Fair (depending on the number of people that are interested) with the morning shift starting at around 6:00am and the night shift ending around 10:00pm (workers must have their own transportation to and from the Fair Grounds). Lunch Room/Break Area is available with a fridge so that workers can bring their own lunches.

If you are interested in working in the Grounds Division, please call (613-835-2766) or email (navanfair@bellnet.ca) the Navan Fair Office, Attn: Grounds Director and someone will get back to you near the end of July.

(continued on page 3)

Navan Notables: Wyatt McWilliams and Food Aid



Wyatt McWilliams, right, receiving Meritorious Service Decoration.

In 2005, Navan's Wyatt McWilliams, a local farmer, a generous and kind man, along with sponsors and volunteers began Food Aid. This idea blossomed because at that time there were extra cattle flooding the Canadian market due to the closed borders resulting from the BSE crisis. To help generate more local markets and awareness of the BSE crisis, Wyatt, volunteers (like the Lions Club), friends and family decided to raise money to buy and process local beef to give ground meat to the Ottawa Food Bank.

Every year since then, \$120,000 to \$130,000 is raised to keep this initiative alive and well, with the Mechanical Contractors Association and The Works being major contributors. As well, there are a number of Ottawa Valley farmers who donate the beef directly. The Ottawa Food Bank is grateful for this product. Very little in meat supplies were available at the Food Bank before this programme was begun.

Wyatt has farmed here for over 35 years; his family, for several generations. With his large network of valley farmers and volunteers, this Food Aid has contributed over 350,000 Kilograms of beef to the Ottawa Food Bank over these past 12 years. In recognition of this effort, Wyatt was presented, for the second time by the Governor General, David Johnston, the Meritorious Service Decoration (Civil Division). Wyatt accepted the honour on behalf of all the volunteers and sponsors that keep Food Aid alive every year.

I like what Wyatt said at Rideau Hall after receiving the award, "If you ate today, thank a farmer. But for a lot of people, if you ate today, thank the Ottawa Food Bank". And we could add "Thank you Ottawa Valley farmers, your sponsors, and volunteers!!" It is a wonderful kindly act you do for others!


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Grounds

The grounds division starts setting up for the Navan Fair on Monday, August 8th. Work continues during the fair and into the week following the fair. Students can either obtain their 40 hours of volunteer work and/or can be hired to be part of the grounds division.

Workers will be paired up during their allocated shift(s). Safety Footwear (such as Steel toed boots) is mandatory for all persons working in the grounds division. Workers must supply their own foot wear.

Job Description:

Designated individuals must have a valid license to operate Navan Fair equipment
Collection of Garbage and recycle materials within and around Fair grounds
Table/chair setup and tear down in the different divisions before and after the Fair
Cleaning of barns, buildings and rest areas
Moving of picnic tables, chairs etc.
Erecting and tear down of fence
General maintenance functions including
Painting
Other related duties as required by the Grounds Director

Volunteer Positions:

Exhibit Building - set up tables, displays, on Wednesday night (5:00 – 8:30) and Thursday (8:30 – 3:30) then take down on Sunday at 4:00 until done
Demo Derby – Thursday & Friday nights 6:00 – until done – safety crew (safety boots required)
Antique Tractor area – ensuring no one gets on the tractors or equipment – Saturday 12:00 to 4:00
Information booth – meet & greet, conduct a small survey, give directions, etc. This will be 4 hours shifts Friday thru Sunday.
Light Horse Show – Saturday at 1:00 – you could be in the ring with the Judge; opening and closing the gate to the Horse Ring or generally helping with the show
Alpaca – Thurs afternoon (4:00pm-until finished) & Friday (8:00am-4:00pm) – have to be comfortable around the Alpacas (proper footwear, required).

FAIR MEALS UPSTAIRS IN ARENA

4:00pm to 7:00pm



Friday night, Aug 12th – Lasagna with Garlic Bread
Saturday night, Aug 13th – Roast Beef Dinner

PARADE BREAKFAST



Saturday, Aug 13th
St. Mary's Hall, 1171 Smith Road

Come out early to the Navan Fair Parade and enjoy breakfast. Breakfast will be served from 8:00 – 11:00am.



NAVAN FAIR PARADE

Rules and Regulations

Judging will be based in 3 categories on the following 4 criteria; Creativity/Originality, Decoration & Costume, Crowd appeal, Interpretation of Fair theme, by a panel located along the route.

The 3 categories are; Family, Community, and Commercial. Floats must be on site no later than 10:00am to be signed in and given their parade position number card for display on the entry. All entries must be pre-registered to participate. (Late-comers, and non-registrants may still join the parade, but risk not being eligible for judging.)

At our insurance company's insistence, livestock exhibitors must provide proof of liability insurance or entries will have to be refused.

(Please Fax to Fair office at 613-835-4008)

Unlicensed drivers will not be allowed to operate motorized vehicles in the parade.

Entries by e-mail to ehodges@xplornet.com, by phone to Eleanor Hodges at 613-833-2792, or fair office at 613-835-2766 by July 31st, 2016. The parade will begin on Smith Road adjacent to Smith Ridge Meadows. (Not in the field)

- Theme of the Fair this year is, "UDDERLY AWESOME". You may refer to the theme when you design your float entries, but it is not compulsory.

- Each entry is to supply own power (tractor, horse or vehicle) and wagon for the float, with a maximum height of 12 feet.

- (Please note that costumed children, and decorated bikes & pets, need to be present no later than 10:00 for their judging which will still take place on site so they can receive their prizes that day.)

- The parade will start at 10:45, rain or shine.

The parade ends at the Delson Drive entrance to the Fair grounds. (Floats may continue along Delson to Trim Road for return to the parade field for dismantling if required.)

A school bus is provided to return personnel to the field if needed.

Tossing of candy etc; is not recommended due to liability issues, but hand-delivery is encouraged.

Prize Money: 1st - \$75.00, 2nd - \$50.00, 3rd \$40.00

All prize winners will be posted at the Fair Office no later than 2pm after the parade ends. Each prize winning entry will be notified by phone, and advised they can pick up their prize monies and ribbons at the Fair Office any time during the Fair, or the week following. (Please call ahead to make arrangements.)

Note: Any monies not picked up by the end of September will be considered a donation to the Fair.

The Lloyd G. Morrison Memorial Plaque will be awarded to the "best over-all float" each year. This plaque, donated by Jean Morrison, will be presented at the Annual General Meeting held each January, and then displayed in the Navan Fair Agricultural building. A large rosette ribbon and certificate will also be given to the winning entry to keep.

(continued on page 4)

Separate Classes.

***Under 6 must be accompanied
by an older child or adult.***

Children's costumes. \$6.00 and a ribbon will be awarded to each worthy entry. (*Entrant must participate in the Fair Parade, but NOT as part of a float.*)

Decorated bikes and wagons, 3 -12 years of age. - \$4.00 and a ribbon to each worthy entry.

Decorated pets, 3 -12 years of age. Must be on a leash, or in a cage and on a wagon if required. - \$4.00 and a ribbon to each worthy entry.

Horse & rider. *Ribbons only.*

Horse drawn vehicles. *Ribbons only.* (Please display your name on entry.)

Antique tractor, and /or farm implement. *Ribbons only.*

Antique tractor, and /or farm implement. *Ribbons only.*

Antique cars, trucks, or other antique vehicles. *Ribbons only.*

Decorated Lawn Tractors. (Use your imagination and make your tractor look like something else)

Driver must be 16 years of age. *Ribbons only.*

Note to entrants & parents: Due to the nature of classes 1, 2, and 3, late entries will not be refused. However, every effort should be made to phone in entries by Friday August 5th, with the child's name & age, parents name & contact number, and what category the entry is. Thank you.

BABY SHOW

Sunday, August 14th at 11:00am upstairs in the Navan Arena join us for the cutest show of the Fair! To accommodate more participants, the Baby Show is divided into two classes:

11am – noon: Babies 9-18 months old

12:30 – 1:30pm: Babies 0-9 months old

Advanced registration is requested before Thursday, August 11th, 2016 (navanbabyshow@rogers.com) or call Cassandra at 613-979-2508.

FREE BUS SHUTTLE FROM ORLEANS

Take OC Transpo to Place d'Orleans or Trim Park & Ride or Millennium Park & Ride (Look for Navan Fair Special Sign) and then take the "FREE SHUTTLE" to the Fair. (octranspo.com).

Schedule for transit service to the Fair

Friday Aug. 12th: 10am - 1:00am *

Saturday Aug. 13th: 10am - 1:00am *

Sunday Aug. 14th: noon – 6:00pm

Last pickup in Orleans at 8:00pm

Last Bus leaves Navan at 1:00am

OFFICE HOURS IN AUGUST

Mon, Wed, Thurs - Fri 9:00-4:00 / Tues 9:00-6:00

Open Sat Jul 9, 16, 23, & Aug 6 – 9-noon

During the Fair Aug 11-14 – 8:00am – 9:00pm

Multi-Family Garage Sale - Bake Sale - Vendors

Saturday, Sep 17th, 2016 from 8 am to 1 pm

Navan Fairgrounds in the Blue Building

Garage Sale - Come out and spend some money! **OR** Rent a table for \$10 and make some money!

Vendors – Rent space for \$20

Contact Wendy Chretien, 613-824-1439 or e-mail

w.chretien@hotmail.ca for more details.

President: Jo-Anne Girard

Admin Coord: Debbie Newton

1279 Colonial Rd., Navan ON K4B 1N1

Tel: 613-835-2766 Fax: 613-835-4008

navanfair@bellnet.ca or www.navanfair.com



Navan Health Tips: Minimizing Risk

Did you know you can work with your pharmacy to ensure your medication doses are right for you, and to identify and minimize your risks for health problems such as diabetes and heart attacks? For example, if you can share a copy of certain laboratory results such as your serum creatinine level with your pharmacist, s/he can confirm that medications eliminated by your kidneys are at the optimal dose. This is particularly relevant for people over 60 years of age, as renal function tends to decrease with advancing age.

Likewise, using your total cholesterol and HDL cholesterol laboratory results, your risk of developing cardiovascular disease (heart attack, stroke, etc.) over the next 10 years can be estimated. The results may also suggest ways of decreasing your risk if it's found to be elevated. Using another quick tool (CanRisk questionnaire) can estimate your risk of developing Type 2 diabetes, as well as suggest your best strategy to reduce an elevated risk. These interventions are relatively quick and pain-free! They can help prevent a lot of work trying to catch up once the health problems appear.

On another note, Medici Pharmacy now provides Naloxone Kits to people at risk of opioid overdose as well as people living with or in frequent contact with those at risk. People at risk may include those taking opioids (codeine, morphine, heroin, hydromorphone, methadone, fentanyl, oxycodone, etc.) by prescription or not. Kits are provided at no cost to Ontario residents who qualify and include training on the use of Naloxone to reverse an opioid overdose in emergency situations.

Questions/commentaires? Faites nous en part! Il nous fera plaisir d'en discuter! For more information or comments, do not hesitate to contact us at Medici Pharmacy (tel: 613-429-4100; www.tawa.ca; 1200 Colonial Rd, Navan) Danielle Lamoureux, manager, and Norm Quesnel, pharmacist.



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Navan Lions Report July 2016

President: Chris MacPherson
Secretarial Team: Mark
O'Donoughue and Tony Fiorentino
Treasurer: David Grattan

June 30th is the end of the Club year. As of July 1, a new slate of officers took over and it was also time to take stock and have a party. Chris Macpherson continues as Club president and our secretarial team and treasurer remain the same. Taking stock: We are very proud of our donation record this year. We donated \$21,226.13 to worthy causes, from the Ottawa Carleton Community resource centre to The Children's Wish Foundation to local Bursary recipients, as well as the Navan Fair. In total, 39 organisations received donations from our Club this year. Of course, having done that, we're a little "low in the tank" at present, and we hope you'll help us in our efforts to raise more funds in the coming months and especially at Fair time.

Celebrating: We held a very enjoyable end-of-year party on the back lawn of our president's house in Navan. The food and drink was fabulous: but then, certain Lions are expert "barbequeers". We also entertained our many



volunteers – people who helped with our events or the Vision Screening programme. As is typical, we also played a few pranks during the party, and pictured is Jill Noakes (who has been a great help) with her head in the Lion's mouth. Our ways of pranking people are sometimes a bit strange! The Lion, of course, was yours truly. Also pictured is our new slate of Club Officers – again with a certain person clowning around.



Plans for the future: The Navan Lions Club is looking forward to another active year. We will again host a Turkey dinner in the fall, a curling bonspiel, and a golf tournament, but we'll also be arranging a bicycle rally as part of Canada's 150th anniversary celebrations. So we'll be busy – and hopefully will be able to donate as much money in the coming year as we did last year.



Drop off your old or used prescription eye glasses at the MEDICI PHARMACY where they are being collected and sent to the Lions Recycling Center for inspection, repair and use in developing nations.

Planning a party? Need more tables and chairs?

The Navan Lions Club has thirty eight, 96" X 30" wooden tables and 199 plastic lawn chairs available for rent. Please contact Lion Fred Hyde at 613-835-3331 or fredhhyde@gmail.com.



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*May Long-Weekend
to
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*Friday, Saturday, Sunday
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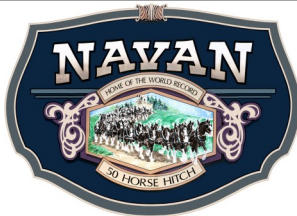
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NAVAN COMMUNITY ASSOCIATION

The NCA Executive would like to encourage all residents to become members of the community association. NCA meetings are held on the third Monday of the month, from September to June at the Navan Arena at 7:30 p.m.

The NCA is the umbrella organization for:

- The production and distribution of the Navan Nugget;
- The Nifty 50 Plus Senior's Club;
- Canada 150 Celebrations;
- The Navan Youth Ball league;
- The Navan Tennis Club;
- The Soccer Registration Group;
- The Fall Fest Committee;
- The Winterfest Committee;
- The Outdoor Rink Committee, and
- Members of the NCA maintain the floral gardens at the entrance of the village.

The NCA has successfully completed projects such as the Cenotaph Restoration, the Shade Structure Park Project, the Clock Tower and Wall of Fame, the 150th Celebration, and the Outdoor Skating Rink. Your membership entitles you to vote at the AGM, bring issues relative to the village to the agenda, and get actively involved in projects that are of interest to you. The NCA provides the community link to our City representative. Please support the NCA by becoming a member.

Next NCA Meeting:

Please join us for our next monthly meeting on Monday, August 15th at 7:30 PM, upstairs at the Navan Arena. Check out the link at www.navan.on.ca. To send us your community events to include on our Facebook page, email your event to webmaster@navan.on.ca. Help spread the word! Events also get posted on the calendar at www.navan.on.ca, and in the Nugget, for which you send an email to navannugget@navan.on.ca.

Chair: Philippe Grandmaitre
 Secretary: Christina Macpherson
 Treasurer: Dale Borys
 Youth: Tom Devecseri
 Safety: Fred St. Pierre
 NCA Membership: Ray Vetter

Stephen BLAIS
 Councillor • Conseiller
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**Can I help?
 Puis-je vous aider?**

T: 613-580-2489
 F: 613-580-2697
 E: stephen.blais@ottawa.ca

stephenblais.ca



The Nifty 50plus drop-in centre invites all adults who are 50 plus to come out and join in the fun every Wednesday afternoon from 12:30pm to 4:30pm **upstairs** in the Navan Memorial Arena. Activities commence annually from the first Wednesday in September and end the last Wednesday of June.

To become a member all that is required is an annual membership fee of \$20.00 per person and a current membership in the Navan Community Association. The NCA membership fee is \$5.00 annually. Guests are also welcome to attend for a small fee of \$2.00 per visit.

Throughout the year there are numerous special events including luncheons on the first Wednesday of each month. (Advance sign-up is required) Additionally, live theatre outings and bus trips are planned.

COME AND CHECK US OUT!

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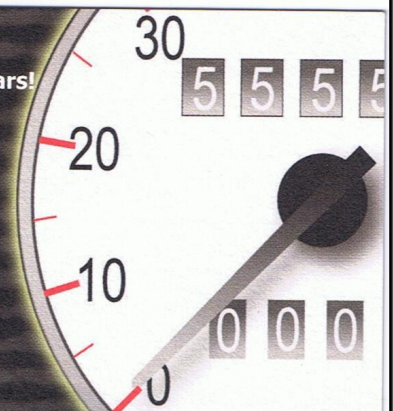
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NAVAN CANADA 150

The Province of Ontario has (finally) announced its funding support program for Canada 150 celebrations and there are three:

- **Community Celebration Program** (application closes September 2, 2016)
- **Community Capital Program** (application closes September 14, 2016)
- **Partnership Program** (application closes September 30, 2016)

For full details on each of them and information on how to apply for support for a project, go to the website: <https://www.ontario.ca/page/ontario150>.

The next meeting of the Navan coordinating committee will be held on **Tuesday SEPTEMBER 6th at 7:30 PM** in the **Lion's Den** at the **Navan Curling Club**. There is always room for more new ideas.

Ray Vetter
613-835-1744
rvetter@sympatico.ca

Fred Hyde
613-835-3331
fredhyde@gmail.com



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Navan Women's Institute



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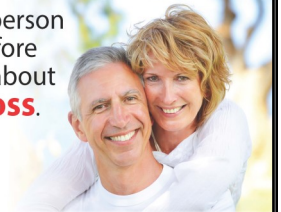
New members welcome. Please consider joining us.
To learn what we do, please call 835-4296

Meetings are held at 7:00
the second Wednesday of each month from September to June
at the Navan Curling Club in the Lions' Den.

Did You Know?

It takes the average person **seven years** before they do something about their **hearing loss**.

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COMMUNITY ANNOUNCEMENTS

WEEKLY RURAL SHOPPERS BUS

OC Transpo has five routes that provide free once-a-week service from rural communities to urban shopping destinations Tuesdays Navan • Sarsfield • Cumberland. These routes arrive at urban shopping centres around 10 a.m. and leave at 2:30 p.m. Buses are fully accessible and have space for two customers using wheelchairs. These routes do not operate on holidays. Contact OC Transpo for additional details and travel planning assistance.

Navan Women's Institute

Our first meeting of the year is Wednesday, September 14, at 7PM in the Lions' Den at the Navan Curling Club. New members are welcome.

Knotty Knitters

We meet every Monday afternoon at Café Latte Cino at 1PM. Come join us.

Navan Streetwalkers

Our latest adventure was walking at Petrie Island and then doing yoga by the river. A lovely time was had by all!

Smoothie Sale on Delson



Chloe and her sister Catherine had a smoothie sale for the neighbourhood! The guest of honour was the tiniest visitor, Mackenzie. She is Navan's cutest little lady! What a wonderful treat on such a warm day. Thanks to Chloe and Catherine.

Save the Date: 3rd annual Wine & Art Pairings

at Domaine Perrault vineyard in Navan, September 18, 2016, 1 – 5 pm. Tickets \$15 for 3 wine tastings and hors d'oeuvres plus 14 artists on site from 11 am - 5 pm exhibiting & selling their art - paintings, fibre art, wood turning, soaps, fabric sculpture, jewellery, art from recycled materials and more. Tickets available August 2016 through the Navan Women's Institute, online at www.navanarts.com, at J.T. Bradleys, and at Country Moments Spa. This event is a fundraiser for the Navan Women's Institute. Hors d'oeuvres all made by the NWI – you don't want to miss these!

Hawk Hacker

Carole Charlebois, who lives on Mustang, has a hawk nesting in her backyard. Before the hawk arrived, she had birds, squirrels and chipmunks. Once the larger bird built the nest, this wildlife stopped coming around. The nest appears to be full of the hawk's babies.

Carole really wants her wildlife back the way it was, but isn't sure what to do. If anyone has any suggestions on how to address this situation, please email me at navannugget@navan.on.ca and I will forward the responses to Carole.

Ceremonial Art Drum and Jewellery Show

August 11, 12, 13, & 14th from 10 am - 5 pm. Outdoor event put on by Wisdom Drums International
3579 A Delson Drive, Navan
Contact Gayle: crosmaz@gmail.com

Full Moon fire Drum Ceremony

August 18th from 7 pm - 9 pm. Outdoor event put on by Wisdom Drums International
3579 A Delson Drive, Navan
Contact Gayle: crosmaz@gmail.com



NAVAN FALLFEST *is coming*

SATURDAY OCTOBER 1st
Save the date!

PARTICIPATION ACTIVITIES FOR THE WHOLE FAMILY!
If you have ideas, suggestions, comments or questions for this year please contact Fred Hyde at 613-835-3331 or fredhyde@gmail.com.

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Anglican Parish of Bearbrook, Vars & Navan



Rev. John Wilcox & Rev. Kristy Reimers-Loader

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
 St. Mary's (3480 Trim Rd, Navan) 10:00 am
 Navan Community Sunday School 9:45 am
 St. Andrew's (1900 Devine Rd, Vars) 11:30 am
 613-216-2200 or www.bvnanglican.ca

NAVAN COMMUNITY SUNDAY SCHOOL

Ecumenical Sunday School
 Sundays (schedule will be posted at Sunday School)
 9:45am - 11:15am (NEW FINISH TIME)
 St. Mary's Hall For children ages 3-14 Started as of Sunday, Sept.14th, 2015. Looking for Teachers For info email:
navancommunitysundayschool@gmail.com.

THE THIRD SPACE

Thank you for joining us at Third Space over the past months to catch up with friends over coffee and refreshments. We will be taking a break for the summer, and starting back in the fall. Check back for details on our September date.
 Sponsored by the Parish of Bearbrook, Vars and Navan.

90th Anniversary Service for local church

Navan-Vars United Church, 90th Anniversary Service, Sunday, September 11, 2016, at 10am. All are welcome to join in the celebration of this significant milestone. Navan-Vars United has been faithfully serving our community since 1926. And we look forward to the next ninety years of service. Our guest preacher will be Rev. Jim Leland, well-known to all, having been the minister for many years. The music and singing will be a special part of the service. And then, we will all join together for a potluck lunch in St. Mary's Hall, for food, a cake, and a time to catch up with old friends and make some new ones. Please join us!

NAVAN-VARS UNITED CHURCH

1129 Smith Road, Navan

Rev. Janet Nield

Sunday Worship 10:00 a.m.

A friendly greeting awaits you!

www.navan-vars-united.org



Navan Community Sunday School

9:45 a.m. – St. Mary's Hall

navancommunitysundayschool@gmail.com

Quote of the month:

**“Appreciation can
 make a day,
 even change a life.**

**Your willingness to
 put it into words**

is all that is necessary.”

- Margaret “Gretta” Cousins



Children's Village at Navan

1375 Colonial Road Navan, ON K4B 1N1

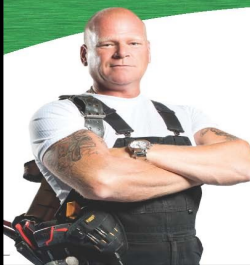
Licensed Childcare Spaces Available

Location: Heritage Public School

Tel: 613-835-1583
navan@childrensvillage.on.ca

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66-1079 03/14

A Fishy Tale

Article by: David Grattan

Photo by: Tom Devecséri



The crew doing some electrofishing.

of the creek
Brent's team identified: Creek Chub, Longnose Dave, White Sucker, Rock Bass, Johnny Darter, Bluntnose Minnow, Common Shiner, Northern Redbelly Dace, Trout Perch, Brassy Minnow, and Fathead Minnow fish. Elsewhere in the creek they found even more variety including Pumpkinseed, Logperch, Golden Shiner, Banded Killifish, Central Mudminnow, and Longnose Dace fish. If you think this is a wide variety, you are correct. They tell us that McKinnon's creek ranks as one of the streams with very high fish diversity. But hang on a moment before you reach for your fishing rods: most of the fish in the creek are less than 6 inches long and not worth the effort of catching, unless you are canning sardines.

"Navan" and "fish" are two words we tend not to associate with each other. However, once you have read the following article, you may feel differently. Recently, the South Nation Conservation Authority has been taking an interest in the creeks and streams that meander through our neighbourhood. As they explained at an open house meeting recently held in the village, they are concerned about the impact of "development" on the watershed. What concerns them most in this area is McKinnon's creek, which forms a considerable part of the South Nation watershed. They are planning a number of initiatives to help preserve the integrity of the creek, but one in particular was of great interest to me.

Recently, they performed a fish assay. What this involves is the application of an electric current to part of a stream. This current temporarily stuns all the fish in that area. They are then netted, examined, counted and put back. By chance, Rachel and I encountered the team just as they'd finished working in an area near the old train bridge on the recreational pathway. As a result of our conservation, team leader Brent Harbers kindly shared his results with me.

At
this
point



One of the fish caught - A Golden Shiner.



Articles or announcements must be submitted to navannugget@navan.on.ca by the 20th of the month to be included in next month's issue.

What a wonderful place in which we have chosen to live.