

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca



Builder's wall ceremony

On June 4th, the Navan Community Association held its 5th Builders Wall ceremony. Our thanks to everyone who help make this a great community event!

An abridged version of each nominee's biography will be available on the Navan website in July.

Pictured: the Cotton Family, the Wall Family and the Navan Volunteer Firefighters



Navan Notables: Jeff Amey



Jeff, Joanne, and their 3 children arrived in Navan last year, and began to read the Navan Nugget. This inspired a great idea in Jeff. Since he was a cartoonist, why not provide a cartoon for the Nugget? Well, we've had two now in the last two editions. They are funny and I love his illustrations!

Jeff has been drawing since he was two. In high school his guidance councillor told him about the Classical Animation Program at Sheridan College and that started his trek to his lifetime creative work.

Since 1998, he has worked on Anthony Ant, Watership Down, one of my favourite stories, My Little Pony, Bubble Guppies, Cloudy With a Chance of Meatballs, For Better or Worse, and season 5 of The Cat in the Hat, to name a few. Some adult cartoons he has worked on include Ren and Stimpy's Adult Party Cartoon, The Oblongs, The Undergrads and Disney's Beauty and the Beast, "The Enchanted Christmas."

He is currently working on a pre-school show "If You Give a Mouse a Cookie" with Mercury Film Works here in Ottawa. Mercury Film Works is also working on a popular Disney series called Jake and the Neverland Pirates as well as Hot Wheels and Jimmy Two Shoes, which Jeff was a part of. He is a part-time Professor at Algonquin College with the Animation Program, and also doing some freelancing which allows him to work from home.

His three children have been drawing from an early age. Their home is a delightful cartoon gallery, featuring the children's wonderful art work, along with Dad's. Such a talented family in our midst! Good luck Jeff and I am looking forward to more of your cartoons in the Nugget!

Sheila Minogue-Calver



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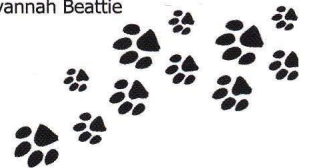
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August 11, 12, 13 & 14, 2016

PUBLIC NOTICE

FOR RESIDENTS OF THE VILLAGE OF NAVAN

The Cumberland Township Agricultural Society would like to advise you in advance of planned street closures during some of the 2016 Navan Fair activities.

On Saturday, August 13th the traditional Fair Parade will take place. Participants will congregate on Smith Road just south of Meteor Street. The Parade commences approximately at 10:45 am which will proceed along Smith Road east to Colonial, crossing over Trim and continuing east on Colonial until Delson. The Police and volunteers will be directing motorist and spectators as the Parade proceeds along its route.

Restricted parking signs will be posted on Fairgreen and Delson for emergency access to the Fair grounds and livestock trailers specifically on Delson.

Additional community Policing has been requested for the village during the Fair, for life-threatening or crimes in progress call 911 and all other non-emergency issues please call 613-230-6211.

ENTERTAINMENT AT THE 71st NAVAN FAIR

Thursday night: Opening: Laurier Lachance

Main: On the Docks

Friday night: Opening: Foxy Morons

Main: Chilliwack

Saturday Night: Opening: Leah Daniels

Main: Emerson Drive

Sunday: Blues Brother Tribute Band, Jordan McIntosh & River Town Saints

\$10 cover charge Fri. & Sat. at Domes

Age of Majority Fri. & Sat. nights

MEMBERSHIP/ADMISSION PASSES **AVAILABLE AT THE NAVAN FAIR OFFICE**

Membership

Adult Membership \$27.00
(until July 31 – incl. 4 Day Pass)

Senior Membership (65+) \$22.50
(until July 31 – incl. 4 Day Pass)

Youth Membership (13-17 yrs of age only) \$15.00
(until July 31 – incl. 4 Day Pass)

Exhibitor Membership \$12.00
(includes 1 Day Pass)

Senior Exhibitor Membership \$10.00
(includes 1 Day Pass)

Passes

4 Day Adult \$27.00
Senior 4 Day Adult (65+) \$22.50

1 Day Adult Pass \$12.00
Senior 1 Day Adult Pass (65+) \$10.00
4 Day Child Pass (4-12 yrs of age) \$10.00
1 Day Child Pass (4-12 yrs of Age) \$ 3.00
Children 3 Years and Under No Charge
(sold until August 10th, 9:00pm)

Methods of Payment: Debit, Visa, MasterCard, Cash (Cheques until August 1st only).

MIDWAY

Toonie Thursday, Aug 11th – All rides for a Toonie
Tickets purchased from Midway

Bracelet Day – Friday, Aug 12th Only
Purchased from Midway \$25. 11am-11pm

Advance Ride tickets 35 coupons for \$40.00
(Available at the office until Friday, Aug 5th)
During the Fair: 16 coupons \$25.00
26 coupons \$40.00

HELP WANTED

A variety of opportunities are available during the Fair under several different divisions support as assisting judges, setting up displays, organizing ribbons at events and working with animals for community hours. Our Grounds division below has specific requirements.

Grounds

The grounds division starts setting up for the Navan Fair on Monday, August 8th. Work continues during the fair and into the week following the fair. Students can either obtain their 40 hours of volunteer work and/or can be hired to be part of the grounds division.

Workers will be paired up during their allocated shift(s). Safety Footwear (such as Steel toed boots) is mandatory for all persons working in the grounds division. Workers must supply their own foot wear.

Job Description:

Designated individuals must have a valid license to operate Navan Fair equipment
Collection of Garbage and recycle materials within and around Fair grounds

Table/chair setup and tear down in the different divisions before and after the Fair

Cleaning of barns, buildings and rest areas

Moving of picnic tables, chairs etc.

Erecting and tear down of fence

General maintenance functions including

Painting

Other related duties as required by the Grounds Director

Shifts

We are hoping to schedule 3 different shifts during the Fair (depending on the number of people that are interested) with the morning shift starting at around 6:00am and the night shift ending around 10:00pm (workers must have their own transportation to and from the Fair Grounds). Lunch Room/Break Area is available with a fridge so that workers can bring their own lunches.

If you are interested in working in the Grounds Division, please call (613-835-2766) or email (navanfair@bellnet.ca) the Navan Fair Office, Attn: Grounds Director and someone will in get back to you near the end of July.

NAVAN FAIR PARADE!

Rules and Regulations

Judging will be based in 3 categories on the following 4 criteria; Creativity/Originality, Decoration & Costume, Crowd appeal, Interpretation of Fair theme, by a panel located along the route.

The 3 categories are; Family, Community, and Commercial. Floats must be on site no later than 10:00am to be signed in and given their parade position number card for display on the entry. All entries must be pre-registered to participate. (Late-comers, and non-registrants may still join the parade, but risk not being eligible for judging.)

At our insurance company's insistence, livestock exhibitors must provide proof of liability insurance or entries will have to be refused.

(Please Fax to Fair office at 613-835-4008)

Unlicensed drivers will not be allowed to operate motorized vehicles in the parade.

Entries by e-mail to ehodges@xplornet.com, by phone to Eleanor Hodges at 613-833-2792, or fair office at 613-835-2766 by July 31st, 2016. The parade will begin on Smith Road adjacent to Smith Ridge Meadows. (Not in the field)

Theme of the Fair this year is, "UDDERLY AWESOME". You may refer to the theme when you design your float entries, but it is not compulsory.

Each entry is to supply own power (tractor, horse or vehicle) and wagon for the float, with a maximum height of 12 feet.

(Please note that costumed children, and decorated bikes & pets, need to be present no later than 10:00 for their judging which will still take place on site so they can receive their prizes that day.)

The parade will start at 10:45, rain or shine.

The parade ends at the Delson Drive entrance to the Fair grounds. (Floats may continue along Delson to Trim Road for return to the parade field for dismantling if required.)

A school bus is provided to return personnel to the field if needed.

Tossing of candy etc; is not recommended due to liability issues, but hand-delivery is encouraged.

Prize Money: 1st - \$75.00, 2nd - \$50.00, 3rd \$40.00

All prize winners will be posted at the Fair Office no later than 2pm after the parade ends. Each prize winning entry will be notified by phone, and advised they can pick up their prize monies and ribbons at the Fair Office any time during the Fair, or the week following. (Please call ahead to make arrangements.)

Note: Any monies not picked up by the end of September will be considered a donation to the Fair.

The Lloyd G. Morrison Memorial Plaque will be awarded to the "best over-all float" each year. This plaque, donated by Jean Morrison, will be presented at the Annual General Meeting held each January, and then displayed in the Navan Fair Agricultural building. A large rosette ribbon and certificate will also be given to the winning entry to keep.

Separate Classes.

Under 6 must be accompanied by an older child or adult.

Children's costumes. \$6.00 and a ribbon will be awarded to each worthy entry. *(Entrant must participate in the Fair Parade, but NOT as part of a float.)*

Decorated bikes and wagons, 3 -12 years of age. - \$4.00 and a ribbon to each worthy entry.

Decorated pets, 3 -12 years of age. Must be on a leash, or in a cage and on a wagon if required. - \$4.00 and a ribbon to each worthy entry.

Horse & rider. *Ribbons only.*

Horse drawn vehicles. *Ribbons only. (Please display your name on entry.)*

Antique tractor, and /or farm implement. *Ribbons only.*

Antique tractor, and /or farm implement. *Ribbons only.*

Antique cars, trucks, or other antique vehicles. *Ribbons only.*

Decorated Lawn Tractors. (Use your imagination and make your tractor look like something else)

Driver must be 16 years of age. *Ribbons only.*

Note to entrants & parents: Due to the nature of classes 1, 2, and 3, late entries will not be refused. *However, every effort should be made to phone in entries by Friday August 5th, with the child's name & age, parents name & contact number, and what category the entry is. Thank you.*

BABY SHOW

Sunday, August 14th at 11:00am upstairs in the Navan Arena, join us for the cutest show of the Fair! To accommodate more participants, the Baby Show is divided into two classes:

11am – noon: Babies 9-18 months old

12:30 – 1:30pm: Babies 0-9 months old

Advanced registration is requested before Thursday, August 11th, 2016 (navanbabysheow@rogers.com) or call Kassandra at 613-979-2508.

OFFICE HOURS IN JULY AND AUGUST

Mon – Wed - Thurs - Fri 9:00-4:00 / Tues 9:00-6:00

Open Sat Jul 9, 16, 23, & Aug 6 – 9-noon

During the Fair Aug 11-14 – 8:00am – 9:00pm

President: Jo-Anne Girard

Admin Coord: Debbie Newton

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Navan Lions Report June 2016

President: Chris MacPherson
Secretarial Team: Mark
O'Donoughue and Tony Fiorentino
Treasurer: David Grattan

First Navan Lions Charitable Golf Tournament

The morning of Friday June 10 at the Mer Bleue par 3 Golf Course in Notre Dame des Champs was the setting for the very first Golf Tournament organized by the Navan Lions Club. It was a lovely day: sunny but not too hot with a gentle breeze, and the course had been groomed to perfection. If you are unfamiliar with the course, it's a little gem. The location on a hillside overlooking Mer Bleue Bog is spectacular. Experienced golfers tell us that it has been expertly laid out to maximize the benefit of the natural topography. It has no holes with a high degree of difficulty (except for golfers such as me perhaps).

We had a shotgun start with ten teams distributed around the course and one at the driving range to participate in a pitching contest. Teams were led out into the course in grand style by bagpiper Donald Corbet of Navan. Teams also competed for lowest score, most honest team (a particularly coveted prize) closest to the hole and longest drive. The winning team led by Brian Moore of the Navan Lions Club returned a score of 4 under par – an exceptional performance by any measure.

There was a large number of local businesses that sponsored the event, and we're very grateful for their help. I'm proud to relate we raised \$3100 for the Children's Wish charity, and we presented a cheque to the charity at a luncheon following the tournament. Feedback indicated that participants had a wonderful time, liked the course and enjoyed the fact that it was a morning event and was just 9 holes.

Hannah Billings and the Hannah Billings Fund.

In 2007, at only 10 years of age, Hannah Billings, a child of Navan, passed away after losing a very hard fought battle with Osteosarcoma – (Bone Cancer). Hannah was one of the faces of the CHEO Dream Team, represented the Canadian Cancer Society and is included in the Candlelighter's Courage Beads Brochure. She was by any standard a most courageous little girl who went through many many procedures including transfusions, needles, chemotherapy and surgery. At the end of it all her only wish – very clearly expressed – was to help other sick children. Since that time we (The Navan Lions Club and others such as the Navan Women's Institute, and the Demolition Derby) have been developing a fund in her memory. This fund is specifically for helping sick children and their families deal with the consequences of serious childhood illness or disability. If you are in that position or you know of someone who is dealing with a very sick child – please do get in touch with the Navan Lions Club at 1279A Colonial Road, Navan ON K4B 1N1 – or speak to any member of the Club. All requests will be considered as confidential, and will be evaluated by a small committee which manages the fund.

David Grattan



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NAVAN COMMUNITY ASSOCIATION

The NCA Executive would like to encourage all residents to become members of the community association. NCA meetings are held on the third Monday of the month, from September to June at the Navan Arena at 7:30 p.m.

The NCA is the umbrella organization for:

- The production and distribution of the Navan Nugget;
- The Nifty 50 Plus Senior's Club;
- Canada 150 Celebrations;
- The Navan Youth Ball league;
- The Navan Tennis Club;
- The Soccer Registration Group;
- The Fall Fest Committee;
- The Winterfest Committee;
- The Outdoor Rink Committee, and
- Members of the NCA maintain the floral gardens at the entrance of the village.

The NCA has successfully completed projects such as the Cenotaph Restoration, the Shade Structure Park Project, the Clock Tower and Wall of Fame, the 150th Celebration, and the Outdoor Skating Rink. Your membership entitles you to vote at the AGM, bring issues relative to the village to the agenda, and get actively involved in projects that are of interest to you. The NCA provides the community link to our City representative. Please support the NCA by becoming a member.

Next NCA Meeting:

Please join us for our next monthly meeting on Monday, Sept 19th at 7:30 PM, upstairs at the Navan Arena. Check out the link at www.navan.on.ca. To send us your community events to include on our Facebook page, email your event to webmaster@navan.on.ca. Help spread the word! Events also get posted on the calendar at www.navan.on.ca, and in the Nugget, for which you send an email to navannugget@navan.on.ca.

Chair: Philippe Grandmaitre
Secretary: Christina Macpherson
Treasurer: Dale Borys
Youth: Tom Devecseri



Safety: Fred St. Pierre
NCA Membership: Ray Vetter
The Nifty 50plus drop-in centre invites all adults who are 50 plus to come out and join in the fun every Wednesday afternoon from 12:30pm to 4:30pm **upstairs** in the Navan Memorial Arena. Activities commence annually from the first Wednesday in September and end the last Wednesday of June.

To become a member all that is required is an annual membership fee of \$20.00 per person and a current membership in the Navan Community Association. The NCA membership fee is \$5.00 annually. Guests are also welcome to attend for a small fee of \$2.00 per visit.

Throughout the year there are numerous special events including luncheons on the first Wednesday of each month. (Advance sign-up is required) Additionally, live theatre outings and bus trips are planned.

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Fun for the Whole Family

Two more activities have been added to the list of fun events to celebrate Canada's 150th birthday in 2017 here in Navan.

The Lions Club is planning for a family oriented bicycle rally similar to the one they held a couple of years ago. It will in no way be a race, but rather an activity the whole family can get involved in. Stay tuned for more details.

In addition, the Navan Women's Institute is looking into hosting an evening of Shakespeare in the Park with one of the theatre groups in the city who put on hilarious interpretations of one of the Bard's classic plays.

The next meeting of the coordinating committee to update on the progress of the various proposals will be held on **Tuesday SEPTEMBER 4th at 7:30 PM** in the **Lion's Den** at the **Navan Curling Club**. We will skip meeting during the summer months, but it is expected the groups working on each of the proposals will continue working diligently to refine their plans.

Ray Vetter
613-835-1744
rvetter@sympatico.ca

Fred Hyde
613-835-3331
fredhyde@gmail.com



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OC Transpo has five routes that provide free once-a-week service from rural communities to urban shopping destinations on Tuesdays Navan • Sarsfield • Cumberland. These routes arrive at urban shopping centres around 10 a.m. and leave at 2:30 p.m. Buses are fully accessible and have space for two customers using wheelchairs. These routes do not operate on holidays. Contact OC Transpo for additional details and travel planning assistance.



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Navan Women's Institute

Our last meeting before summer was held at the Navan Curling Club. Norm Quesnel and Danielle Lamoureux from Medici Pharmacy in Navan were our guests. Norm spoke on Medical Insurances and how they work. This was a very informative session for many of us. This couple has been well received by the Navan Community. Norm has much information at his fingertips to help anyone with questions about the drugs they are taking. I always feel well looked after when I leave the pharmacy. He even saves me a little money on some of my prescriptions!

The Women Institute members enjoyed a pot luck meal of appetizers and desserts that evening. It was a delightful way to bring in the summer months. Thanks to the members who helped out for the **Walk of Hope**. Much appreciated. We start again on Wednesday, September 14 at the Navan Curling Club in the Lions's Den at 7PM. Come on out and join us! Call at **613-835-4296** for more information on our Group.

Navan Streetwalkers

Thanks goes out to the Billings Family, and those walkers who helped at the **Navan's Walk of Hope**. We raised near **\$1000.00** for the Navan Lions Club's "**Hannah Billings Fund!**" This fund helps families with children who are terminally ill.

With the hot hot weather you may see less of us on Navan's Streets. We walk three times a week at 9:30 Mondays, Wednesdays, and Fridays, meeting at 9:30 at the Navan Curling Club. Come out and join us.

Knotty Knitters

We love Café Latte Cino and it's cool drinks and welcoming ambience! We will be receiving a wool woman who dyes her own wool in her kitchen! Looking forward to her bright and beautifully tinted yarns. We meet every Monday at 1:00 PM during the summer. Some of us have started our Christmas surprises already!

Collection of Gently-Used Items

The Navan Community Youth Group is working together with the Salvation Army, collecting gently used items until July 25th. Drop off at Blue Fair Building on Colonial Rd, Tuesday's, Wednesday's & Thursday's during office hours. Please see Debbie in office for access.

High priority items include clothing for men, women and chil-

dren, shoes and sneakers, purses, belts and accessories, and bed and bath linen. Other accepted household items include vases and knick-knacks, empty photo frames and albums, jewelry, glassware, dishes, pots and pans, school and office supplies, and craft kits.

Please share the word on social media, with friends, family & within the community. NCYG has goal of donating 1800 bags. For more information, contact us at navancommunitysundayschool@gmail.com

Hat Lady: What a Success!



St. Mary's A.C.W. was pleased to welcome Cheryl Bunda, "The Hat Lady" from Edwards, to our hall on Monday, June 6. We enjoyed seeing her extensive collection and learning about the history of hats, hat pins, and ladies' accessories. Thanks, Cheryl!



We are pleased to announce that we are now hosting weekly foot clinics at the pharmacy! These clinic services are provided by Christine Lanthier, RN, and Noor (Ali) Ismaily, RPN, Diabetes Educator, Foot Nurse.

Christine is a Registered Nurse providing nursing foot care. Her services include: foot and lower leg assessment (diabetic assessment), care of toe nails (cutting, filing, thick or fungal nails, ingrown nails), corns, calluses, foot soak including exfoliation scrub, lotion to lower legs and feet (light massage optional). She is available at the pharmacy by appointment on Thursdays from 12:30pm to 4:30pm. You may contact Christine at 613-835-3397.

Ali is a Registered Foot Care Nurse and Diabetes Educator. In his practice, Ali specializes in medical compression hosiery, orthopedic wear and custom-made orthotics to help with achilles tendinitis, plantar fasciitis, bunions as well as knee and back pain. As a Diabetes Educator, Ali recognizes the importance of foot care and the complications of neuropathy. His customized neuropathy treatments can help people with diabetes. He is available for consultations at the pharmacy by appointment on Mondays and Fridays from 1:00pm to 3:00pm. When available during those times, you may drop in for a complimentary assessment when he will answer your questions. Fittings for compression stockings will be done in the morning by appointment only. He provides receipts for income tax purposes and his services are covered by most extended health insurance companies. You may contact Ali at 613-297-9375.

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Anglican Parish of Bearbrook, Vars & Navan

Rev. John Wilcox & Rev. Kristy Reimers-Loader

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am

St. Mary's (3480 Trim Rd, Navan) 10:00 am

Navan Community Sunday School 9:45 am

St. Andrew's (1900 Devine Rd, Vars) 11:30 am

613-216-2200 or www.bvnanglican.ca**THE THIRD SPACE**

Thank you for joining us at Third Space over the past months to catch up with friends over coffee and refreshments. We will be taking a break for the summer, and starting back in the fall. Check back for details on our September date.

Sponsored by the Parish of Bearbrook, Vars and Navan.

NAVAN COMMUNITY SUNDAY SCHOOL

Ecumenical Sunday School

Sundays (schedule will be posted at Sunday School)

9:45am - 11:15am (NEW FINISH TIME)

St. Mary's Hall For children ages 3-14 Starts Sunday, Sept.14th, 2015. Looking for Teachers For info email: navancommunitysundayschool@gmail.com.

NAVAN-VARS UNITED CHURCH

1129 Smith Road, Navan

Rev. Janet Nield

Sunday Worship 10:00 a.m.*A friendly greeting awaits you!*www.navan-vars-united.org**Navan Community Sunday School**

9:45 a.m. – St. Mary's Hall

navancommunitysundayschool@gmail.com

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www.360renos.ca**Quote of the Month:**

**“The two most important
days in your life are
the day you were born,
and the day you find out why.”**

- Mark Twain**90 years young, and more to come**

Navan-Vars United Church is 90 years young! We are celebrating this significant milestone with a special 90th Anniversary Worship Service on Sunday, September 11, at 10am, and the whole community is invited.

Our guest preacher is Rev. Jim Leland, who is well-known to all, having been the minister at Navan-Vars for many years when the church was still part of the three-point charge with Navan, Cumberland, and Rockland.

Please save the date, and join the congregation in marking this beginning of the next ninety years of serving the Navan community.



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66-1079 03/14

The Luna Moth

Article by: David Grattan

Photo by: Tom Devecseri



Last year Sheila Calver had the pleasure of discovering a mating pair of the spectacular Cecropia moths, so I was extremely interested when Joanne Griffin called me to say she'd observed a Luna moth resting on her garage door. I'd never seen one before, so I rushed round to see it. As you can see in Tom's photo, the Luna moth is a truly spectacular creature. (Please look at Tom's photo in the internet version of the Nugget to see it in colour.) In colour it ranges from pea green on most of the wings to lime green at trailing edges. Leading wing edges have a purple tinge. It is a very large moth, and Joanne's specimen was about 4 inches, wing to wing. The lower wings have spectacular long tails. When I saw it at about 4pm on June 2nd the moth had only recently hatched and was still in the process of pumping fluid into its wings. This process takes about two hours, during which time the wings inflate and then harden. Tom's picture was taken later when it was just about ready to fly. We were lucky to see it, as it flies mainly at night and only

lives for about seven days. During its brief life time it mates, but like the Cecropia moth has no digestive tract and does not therefore eat. During its brief lifetime, the female moth lays 400 to 600 eggs on the bases of leaves. These are laid in small batches of 4 to 7 at a time. In the caterpillar form the moth feeds on a variety of hard wood trees, including white birch, walnut, and persimmon. The moth is distributed mainly in the Eastern US as far south as Florida. Our area is roughly the northern limit of the species. Its range is probably extending northwards as our climate warms.

We have also been keeping our eyes open for any interesting bird activity. We have recently noted Bobolinks on the multi-use pathway (I also think that Sheila Calver observed one in her garden), House Finches on the bird feeder, several Flickers on the lawn and a pair of Purple Martins at Petrie Island bobbing and weaving catching gazillions of mosquitos. Seen anything that interests you? Please keep us in the loop!



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