

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

Anniversary of the Murder in Navan

Many local residents will remember the Commemorative Naming Project event which was staged by the City of Ottawa and the Cumberland Township Historical Society on June 20th, 2015. It was a beautiful summer's day. It occurred exactly 75 years to the hour when Constable Harold Dent was shot and killed at the Navan CPR train station and at the very same location on today's Prescott-Russell Pathway. Constable Dent was a member of the Rockland detachment of the Ontario Provincial Police. The tragic story is written up in the 'Murder in Navan' booklet, printed by the Cumberland Township Historical Society in 2005. At the commemoration of this event, June 20, 2015 a plaque was installed on a beautiful rock by the City of Ottawa's Commemorative Naming Project and the Cumberland Township Historical Society. Some 150 to 200 people witnessed this event which included about 20 plus members of Constable Dent's family.

Very sadly, tragedy struck the Dent family again in October, 2015. John Murray Dent, son of Constable Harold Dent (who was 3 weeks old when his Dad was killed in Navan in 1940), died suddenly. His wife, Marlene Grace died in December 2015.

This next part is written by Linda Pietarinen who has a Finnish background.

It was a great honour and privilege to have had the opportunity and been graciously asked to say a few words at the commemoration and dedication of the Memorial for Constable Harold Dent who died at the hands of a wayward Finn who managed to get himself caught up in petty thefts and ultimately the murder of Constable Harold Dent.

As a person whose parents immigrated to Canada from Finland roughly ten years after the tragic events of June 20, 1940. I was fascinated by this story from the first time I heard it. As sad as it may seem, just to hear that there was a Finn so many years ago that had an effect on the greater Navan community, albeit remorseful, stirred up a connection for me of sorts and a desire to know more. From the initial telling it to me by David Grattan and the greater details being fed to me by Ross Bradley and Verna Cotton, both present day Directors of the Cumberland Township Historical Society, I was able to get a sense of the bigger picture.

Mikki was really up to no good since he was carrying around with him alcohol and cigarettes he had stolen and was basically on the run trying to get back to Montreal. He likely panicked and out of fear of being caught with stolen goods, reacted in the worst way possible by shooting Constable Dent. When I was a little girl growing up in Northern Ontario I recall learning about a much admired Olympic Gold Medalist from Finland, Paavo Nurmi. He was colloquially called "the Flying Finn" because he was such a great runner. With thanks and appreciation I share with you again the words of the poem I wrote called "The Fleeing Finn" - who was perhaps not such a great runner.

Linda Pietarinen was a resident of Navan a few years ago. She now lives in Hammond, and is now the Organist at St. Mary's Church right here in Navan and at Trinity Church in Bearbrook. I hope you have enjoyed this little bit of Navan history which happened in the early part of World War II.

THE FLEEING FINN

A Finn whose life had gone astray
With sturdy build and hair of gold,
Now this is how the story's told.
A foreign tongue rolled off his lips,
Said he'd been working on the ships.
Norman Edwards met the stranger on Trim
Road,
Got directions to the train and off he strode.
Suspicion rose o'er his foreign tongue,
Something hidden 'n his belt,
Bag o'er his shoulder flung.
At the station he waited for the next train,
But his attempt to flee would soon be in vain.
Word got out 'bout the stranger's state,
Then Dent set out to investigate.
Mikki the Finn was full of fear,
Policeman Dent had arrived dressed in full
gear.
He could not explain the things he'd done
So Mikki panicked and pulled a gun!
Hal Dent's body fell to the floor,
As Mikki the Finn flew out the door.
Now on the run from the station fled,
As Dent's wounded body soon would be dead.
There was soon a scramble,
and a hot pursuit,
For the Finn with a hot gun,
And a bag full of loot.
They tracked him down,
into Spears' field.
Where OPP Stringer, was NOT
about to yield.
The cop from Timmins,
had a stealthy aim,
And sized up Mikki,
like a piece of game.
The shots rang loud,
then all fell quiet,
Mikki was down – and
that was it.
It's Hal Dent we honour,
here today.
While Mikki lay in an unmarked grave.

- Ross Bradley

Navan Notables

Heritage Public School Concert



The **Nifty Fifty Plus** group was entertained by the local school band on Wednesday, May 11. A wonderful of array of music was played. A good time was had by all! We also learned that four students from Heritage Public School are going on to a special Music programme at Canterbury High School. Congratulations to the following talented and hard-working students: Sydney Senechal, Jordan Sirvin, Caelan Monkman, and Jercob Renwick! Remember that success is 10% talent and 90% effort and practice! Wishing you a great 4 years at this wonderful school!

Fort McMurray Fund Raiser

5 young girls were awfully busy baking for their charity sale on the porch of Bradley's Convenience Store last Saturday, May 14. That afternoon residents enjoyed their baking and helped their cause. \$528.00 was made to send to the Fort McMurray Relief Fund.



Left to right: Katie Nault, Carys Irvine, Grace Schreiber, Samantha Sprott, Jordan Moore

Well done girls! Navan is proud of you!

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August 11, 12, 13 & 14, 2016

Ambassador Competition

Contact Sara McFadden at sara_mcfadden13@hotmail.com or the Fair Office at 613-835-2766 (navanfair@bellnet.ca).

Rules and Regulations

Competition is open to any male or female between 18-23 years of age at the time of the CNE in August 2016.

Contestants will be disqualified if any of their qualifications are found to be in contravention of any of the competition regulations herein set out and may also be disqualified if they fail to observe any of the instructions and regulations which may be set out by the supervising official of the competition.

Entries will be accepted starting May 1st, 2016 and the deadline is Jul 1st, 2016. Please forward all entries to Sara McFadden (sara_mcfadden13@hotmail.com) or the Navan Fair Office, 1279 Colonial Road, Navan, ON K4B 1N1 (navanfair@bellnet.ca).

The ambassador will be required to attend all fair days. They also must fulfill obligations outlined by the committee. Example: OAAS convention, CTAS Annual Meeting, Annual Navan Fair Parade, Community events, etc.

Interview date will be Wednesday, July 20th at 7:00, Navan Fair Office Boardroom (1279 Colonial Rd).

Homecraft Prize List

Get a head start on your homecraft projects for the 2016 Navan Fair!!!

The Homecraft Prize List is available on our web site www.navanfair.com under the Prize List dropdown menu, the office can e-mail you a copy OR you can pick up a hard copy at the Navan Fair office. You can now send your entries to the new homecraft entry email homecraft.entry.navanfair@gmail.com. Check out the new kids, mens and persons with disabilities categories. Please follow the Homecraft division tweets on Twitter [@NavanFairHmCrft](https://twitter.com/NavanFairHmCrft).

Membership/Admission Passes available at the Navan Fair Office

Membership/Admission Prices

Adult Membership	\$27.00	(until July 31 – incl. 4 Day Pass)
Senior Membership (65+)	\$22.50	(until July 31 – incl. 4 Day Pass)
Youth Membership (13-17 yrs of age only)	\$15.00	(until July 31 – incl. 4 Day Pass)
Exhibitor Membership	\$12.00	(includes 1 Day Pass)
Senior Exhibitor Membership	\$10.00	(includes 1 Day Pass)

Passes

4 Day Adult	\$27.00	(sold until August 10th, 9:00pm)
Senior 4 Day Adult (65+)	\$22.50	(sold until August 10th, 9:00pm)
1 Day Adult Pass	\$12.00	(sold until August 10th, 9:00pm)
Senior 1 Day Adult Pass (65+)	\$10.00	(sold until August 10th, 9:00pm)
4 Day Child Pass (4-12 yrs of age)	\$10.00	(sold until August 10th, 9:00pm)
1 Day Child Pass (4-12 Yrs of Age)	\$ 3.00	(sold until August 10th, 9:00pm)
Children 3 Years and Under	No Charge	

Methods of Payment: Debit, Visa, MasterCard, Cash (Cheques until August 1st only).

June Office Hours

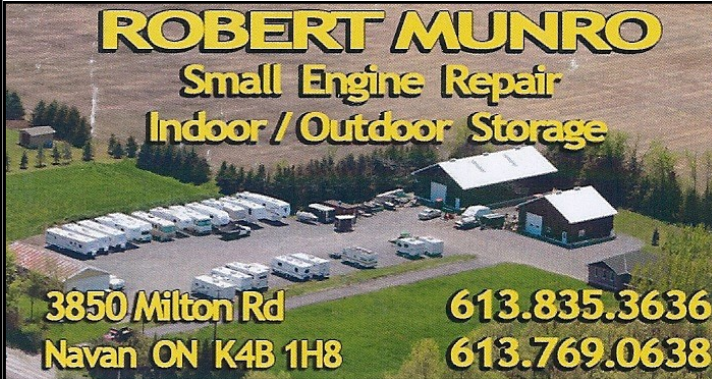
Tuesday, Wednesday & Thursday 9:00am – 5:00pm

President: Jo-Anne Girard
Admin. Coord: Debbie Newton
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Quote of the Month:

**“The cure for boredom is curiosity;
but there is no cure for curiosity.”**

- Eleanor Roosevelt



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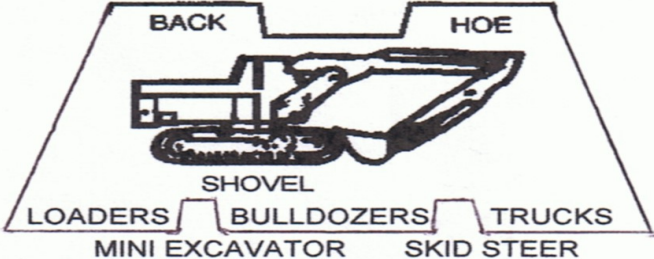
Navan Women's Institute



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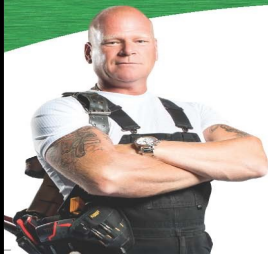
New members welcome. Please consider joining us.
To learn what we do, please call 835-4296

Meetings are held at 7:00
the second Wednesday of each month from September to June
at the Navan Curling Club in the Lions' Den.



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Navan Health Tips: Poison Ivy

The condition poison ivy (most of the information also applies to poison oak and poison sumac) is a generally severe skin reaction to an oil produced by the plant called by the same name. The oil contains urushiol which, in about 85% of individuals, is very irritating to the skin and produces severe itching, reddish inflammation or clear bumps, followed by blistering and then recovery. The rash often appears within a couple of days of exposure, but can take up to a week, and can last up to four weeks. Liquid from the blisters does not spread the rash as is sometimes believed. The appearance of a spreading rash is most often caused by varying intensity of exposure and the resulting differences in rates of appearance of the rash.

The first line of defence is avoidance, so recognizing the plant is crucial. It is often found in wooded areas, in backyards and along river banks. The leaves typically present in clusters of three (see the internet for descriptions/photos). When you go in an area where your skin could get in contact with the plant, covering up exposed skin offers some protection.

If you knowingly come in contact with poison ivy, it is recommended to wash exposed areas with warm water and soap (within 1 hour of exposure), taking care not to rub excessively. Use rubber gloves to wash any clothes, pets, or objects that came in contact with the plant, as these can be a source of new exposure, even if handled months or years later, causing the characteristic skin reaction. Don't forget to clean under the nails. Burning the plant releases urushiol particles, which can affect the skin, or the lungs if inhaled (may require emergency treatment).

The majority of cases are milder, affecting small areas of the body, and can generally be self-managed using treatments such as calamine lotion (milder cases), steroid cream and/or an antihistamine by mouth. For more severe reactions or when more extensive areas are involved, one should seek medical assistance, as these may require steroids by mouth or injection, more potent steroid cream or antihistamines or, in rare cases, emergency treatment.

Questions/commentaires? Faites nous en part! Il nous fera plaisir d'en discuter!

For more information or comments, do not hesitate to contact us at Medici Pharmacy (tel: 613-429-4100; www.tawa.ca; 1200 Colonial Rd, Navan) Norm Quesnel, pharmacist and Danielle Lamoureux

****Danielle & I wish to express our sincere thanks to Cindy Kraus for donating a framed photograph dating circa 1951 of the building and grounds now home to Medici Pharmacy! This part of building history is on display in the pharmacy.**



Navan Lions Report June 2016

President: Chris MacPherson
 Secretarial Team: Mark O'Donoughue
 and Tony Fiorentino
 Treasurer: David Grattan

This is our busy season when the barbeque is set up, manned by Lion Fred Hyde cooking wieners and hamburger patties. We've been busy at Heritage School, Cairine Wilson's Relay for Life and Navan's Walk for Hope.

We find ourselves inspired by the teenaged participants in Relay for Life. This year they raised \$83,000 for the Canadian Cancer Society. This is astonishing for a fairly small high school and puts the Navan Lions fundraising of about \$25,000 per year into perspective. It's also a remarkable achievement for the Navan Lions Club which manages to feed over 500 hungry students and volunteer parents and teachers within 30 minutes. The Lion mainly responsible for this huge achievement is Fred Hyde, who as a scoutmaster had years of experience in feeding many hungry Boy Scouts. For doing this and many other things, Fred was recently given the Lions District A4 "Leadership Memorial Award For Outstanding Leadership In Lionism."

In addition to bbq's, we've also organised two delicious community dinners – the Ham and Scalloped potatoes dinner (May 27) and the Baked Beans and Roast Pork Supper (April 29). Both dinners were well supported by the Community and I think they show the Navan Lions Club at its best. We're a great team: Lions and volunteers work together by cooking, organising, set up and clean up, MC-ing and washing up, organising trivia quizzes (That's me - I had to add it in) running 50:50s, doing finances and attending planning meetings, etc. Our main objective in running these dinners is to try and build community by helping us better get to know one other in a relaxed, easy fashion. That is one reason why we have a competitive quiz where tables work together as teams to be awarded chocolates or silly hats as prizes. You may not know your table partners at the beginning of the evening, but by the end you will.



Please drop off your old or used prescription eye glasses at the MEDICI PHARMACY where they are being collected and sent to the Lions Recycling Center for inspection, repair and measuring, for re-use in developing nations.

(cont'd)

So if you're new to Navan or if you just have not had the opportunity to get to know the community, do try one. The next is the Turkey dinner on Friday Sep 23rd. And on June 10th is our first Golf Tournament: please pray for fine weather!
 - Lion David Grattan

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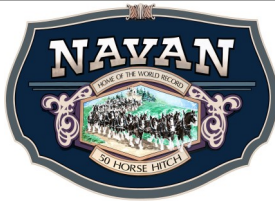
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The NCA Executive would like to encourage all residents to become members of the community association. NCA meetings are held on the third Monday of the month, from September to June at the Navan Arena at 7:30 p.m.

The NCA is the umbrella organization for:

- The production and distribution of the Navan Nugget;
- The Nifty 50 Plus Senior's Club;
- Canada 150 Celebrations;
- The Navan Youth Ball league;
- The Navan Tennis Club;
- The Soccer Registration Group;
- The Fall Fest Committee;
- The Winterfest Committee;
- The Outdoor Rink Committee, and
- Members of the NCA maintain the floral gardens at the entrance of the village.

The NCA has successfully completed projects such as the Cenotaph Restoration, the Shade Structure Park Project, the Clock Tower and Wall of Fame, the 150th Celebration, and the Outdoor Skating Rink. Your membership entitles you to vote at the AGM, bring issues relative to the village to the agenda, and get actively involved in projects that are of interest to you. The NCA provides the community link to our City representative. Please support the NCA by becoming a member.

Next NCA Meeting: Please join us for our next monthly meeting on Monday, June 20th at 7:30 PM, upstairs at the Navan Arena. Check out the link at www.navan.on.ca. To send us your community events to include on our Facebook page, email your event to webmaster@navan.on.ca.

Help spread the word! Events also get posted on the calendar at www.navan.on.ca, and in the Nugget, for which you send an email to navannugget@navan.on.ca.

Chair: Philippe Grandmaitre
Secretary: Christina Macpherson
Treasurer: Dale Borys
Youth: Tom Devecseri
Safety: Fred St. Pierre
NCA Membership: Ray Vetter

Builders Wall Ceremony

The NCA is pleased to invite everyone to the Community Builders Wall ceremony on Saturday, June 4th at 1 p.m. This year, the Cotton family, the Wall family and the Navan Volunteer Firefighters will be added to the list of community builders. Light refreshments will be served in the fire hall after the ceremony.

Upkeep of the Flower Beds

For many years, the NCA has planted and maintained two flower beds, one at Trim Rd and one at Frank Kenny. This is done with the help of wonderful volunteers and money that comes from NCA funds. If anyone wants to contribute financially to this community project, it would be greatly appreciated. More funds would ensure the best display yet for the 2017 year. The NCA mailing address is P.O. Box 63, Navan K4B 1J3, or contact Anne-Marie at [613-835-2757](tel:613-835-2757).



The Nifty 50plus drop-in centre invites all adults who are 50 plus to come out and join in the fun every Wednesday afternoon from 12:30pm to 4:30pm upstairs in the Navan Memorial Arena. The activities commence annually from the first Wednesday in September and end the last Wednesday of June. To become a member all that is required is an annual membership fee of \$20.00 per person and a current membership in the Navan Community Association. The NCA membership fee is \$5.00 annually. Guests are also welcome to attend for a small fee of \$2.00 per visit.

Members take part in membership activities including card games, tile rummy, floor curling, knitting, and socializing. There is also a book exchange where members bring and exchange books for no cost. On One Wednesday each month there is also a luncheon which members can sign up for.

On Wednesday May 4th the Navan Nifty 50plus group were entertained by the Heritage School Band. This is the second year that the Nifty 50plus has supported the Band with a financial donation. A reminder to members to sign up for the June 1st luncheon.

COME AND CHECK US OUT.

- The Nifty Fifty Plus Organizing Committee



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Rural Well Water Testing Drop-off

Ottawa Public Health (OPH) has established permanent sites across Ottawa where well owners can drop off their water samples and pick up new bottles for future testing to make it more convenient for residents living on residential well systems to have their well water tested for free. Navan residents can drop off their water samples **every Tuesday** at JT Bradley Store – Navan 1220 Colonial Road from 6 am to 9 pm.

This service will be provided year round and testing for bacteria continues to be offered free of charge. For any further information, please visit ottawa.ca or call OPH at [613-580-6744](tel:613-580-6744).

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...and now something different!

A new Canada 150 project has just been announced that will bring out your artistic abilities.

It was started by a lady in the Ottawa Valley and is being promoted across the country. The idea is to start with a picture of the skeleton of a tree and create an artful representation of something in your personality, culture, heritage or neighborhood; where ever your imagination takes you. For full details on how you, your family or your group can participate in this project check out the website www.arttreeproject.ca. There are examples that might help spur on your ideas.

Planning on the Navan projects continues at a slow but steady pace. The next meeting of the coordinating committee to update on the progress of the various proposals and even look at some new ones will be held on **TUESDAY June 7th at 7:30 PM** in the **Lion's Den** at the **Navan Curling Club**.

Ray Vetter
613-835-1744
rvetter@sympatico.ca

Fred Hyde
613-835-3331
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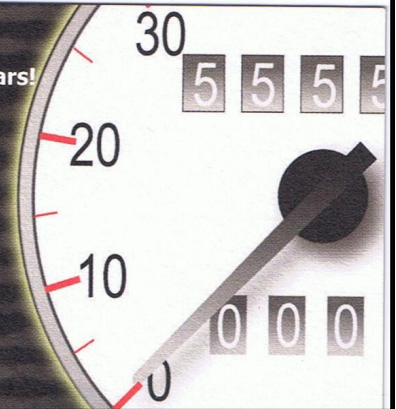


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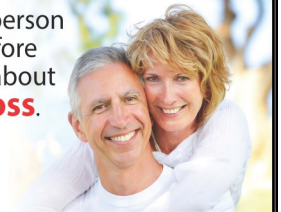
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COMMUNITY ANNOUNCEMENTS

WEEKLY RURAL SHOPPERS BUS

OC Transpo has five routes that provide free once-a-week service from rural communities to urban shopping destinations Tuesdays Navan • Sarsfield • Cumberland. These routes arrive at urban shopping centres around 10 a.m. and leave at 2:30 p.m. Buses are fully accessible and have space for two customers using wheelchairs. These routes do not operate on holidays. Contact OC Transpo for additional details and travel planning assistance.



**HERITAGE
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Thanks from Heritage Public School!

The students at Heritage were happy to receive two large boxes of craft and art supplies which were donated by artists and visitors to the Navan Fine Arts Exhibition and Sale in April. We thank all of you who donated stickers, crayons, wool, fancy paper, craft kits, paints, and many other items. Your support of our students is appreciated!

Come and see "The Hat Lady!" at St. Mary's Hall!

St. Mary's ACW is hosting a presentation by Cheryl Bunda, from Edwards, who has a collection of vintage hats and accessories (items found on a 1920's lady's dressing table), hat pins and holders, gloves, a mix of summer and winter hats and outfits best suited for some of the hats. The event will be held Monday, June 6, at 7:00 pm. All are welcome to come and see this interesting presentation!

Annual Memorial Service

Navan United Church-Wilson Memorial Cemetery will be holding their annual memorial service on June 26, 2016 at 2:30 p.m. in the cemetery at 1700 Colonial Rd. in Navan. The United Church on Smith Rd is booked in case of inclement weather. Please join us and bring your friends and family. Be sure to bring your lawn chairs as well!

Tennis Anyone?

The nets are up and the courts are ready. Until June 4th all tennis players can access the courts free of charge. After this date, a new lock will be installed on the gate. Those wishing to play tennis this season are encouraged to email smr-Lovsin@gmail.com to arrange for payment for your annual Navan Community Association membership. Upon receipt of your membership (annual membership = \$5.00) you will be given the code for the lock. From that time onward, please enjoy tennis at your leisure. To help preserve the surface of the tennis courts please refrain from having any wheels (skateboards, rollerblades, bikes) within the fenced courts. Thanks!

Knotty Knitters

We continue to meet at 1:00PM every Monday at the Café Latte Cino, on Tenth Line and Innes. Come out and join us. We are still overjoyed at the beautiful chair we created with the help of David Grattan. You can view this prize winning chair on Smith Road in Navan!!

Navan Streetwalkers

We spent Friday morning past at the Mer Bleue Bog. What a wonderful spot to go to for a leisurely walk and to view the natural sights there. It is a pearl in our area! The **Navan Walk of**

Hope will be over by the time you get this paper but should you wish to donate to the Navan Lions Club's "Hannah Billings Fund," you can make a cheque payable to the Navan Lions Club and drop it off at **1134 Smith Road**. I'll make sure the club gets it. Moneys raised help families in Ottawa with terminally ill children. This fund allows these families to get aid when they so need it. Thank you for your generosity.

Navan Knights

I am sure there are young people who need Volunteer Hours to get their High school diplomas. There are many seniors who need yard help. Why don't you think about helping them? Email me at samc1@rogers.com and I will put you to work happily!

Thank You

Thanks to the women who put in the lovely garden at Navan and Trim Roads. Already looking great!

Navan Nugget Survey

It would be appreciated if you would help the NCA by providing your feedback!

The Vintage Stock Theatre Group in collaboration with numerous other local Not for Profit theatre and arts groups is planning to open a community theatre resource center in the area. The Navan Community Association is seeking input from the community on the degree of support that may exist locally in having a Resource Center nearby that would provide access to theatrical venues and/or resources?

The resource center which would be shared by multiple groups would house stage sets, a wardrobe collection, other items required to put on a stage production, and which could be shared, and accessible to local groups wanting to put on a stage production or musical events. The center would also have space for rehearsals, workshops, the opportunity to collaborate with other groups in the arts community, etc. It is important to note that these groups are all VOLUNTEER based.

It would be appreciated if would consider completing a brief questionnaire and returning it to the Navan Community Association. **Please complete the form below** and return it to: Nugget Survey c/o Navan Community Association, P.O. Box, Navan, ON K4B1J

Or respond by logging into <http://www.navan.on.ca/contact-us.html> and at the Contact-Us tab enter your responses in the message box. Please put the appropriate number of the question at the beginning of each response.

Nugget Survey:

- Do you think such a resource centre would be a useful addition to our community?
- Would you be interested in having access to such a resource center?
- Would you participate in being part of a stage production (volunteer, actor, crew)?
- Would you likely attend stage productions or theatrical events if they were held at the center or in our local area?

Anglican Parish of Bearbrook, Vars & Navan

Rev. John Wilcox & Rev. Kristy Reimers-Loader

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am

St. Mary's (3480 Trim Rd, Navan) 10:00 am

Navan Community Sunday School 9:45 am

St. Andrew's (1900 Devine Rd, Vars) 11:30 am

613-216-2200 or www.bvnanglican.ca**NAVAN COMMUNITY SUNDAY SCHOOL**

Ecumenical Sunday School

Sundays (schedule will be posted at Sunday School) 9:45am - 11:15am (NEW FINISH TIME)

St. Mary's Hall For children ages 3-14 Started as of Sunday, Sept.14th, 2015. Looking for Teachers For info email: navancommunitysundayschool@gmail.com.

THE THIRD SPACE: Join us to catch up with friends and neighbours, share some refreshments, or swap a book. Fair-trade coffee and tea. As always, we meet on the last Saturday of the month from 10 am – noon at St. Mary's Parish Hall, on the corner of Smith and Trim Roads. Sponsored by the Parish of Bearbrook, Vars, and Navan.

90 years young, and more to come

Navan-Vars United Church is 90 years young! We are celebrating this significant milestone with a special 90th Anniversary Worship Service on Sunday, September 11, at 10am, and the whole community is invited. Our guest preacher is Rev. Jim Leland, who is well-known to all, having been the minister at Navan-Vars for many years when the church was still part of the three-point charge with Navan, Cumberland, and Rockland. Please save the date, and join the congregation in marking this beginning of the next 90 years of serving the Navan community.

NAVAN-VARS UNITED CHURCH

1129 Smith Road, Navan

Rev. Janet Nield

Sunday Worship 10:00 a.m.*A friendly greeting awaits you!*www.navan-vars-united.org**Navan Community Sunday School**

9:45 a.m. – St. Mary's Hall

navancommunitysundayschool@gmail.com

Children's Village at Navan

1375 Colonial Road Navan, ON K4B 1N1

Licensed Childcare Spaces Available**Location: Heritage Public School**

Tel: 613-835-1583

navan@childrensvillage.on.ca

Preschool Program

2- 4 years

Before/After School

Navan Women's Institute

From left: Anne Marie Potvin, Sharon Carstairs and John Bradley

Wednesday, May 11, the Honourable Sharon Carstairs, Chair of The Outcare Foundation, was the guest speaker at our meeting at the Navan Curling Club. Many attended the informative evening. The topic was "Advanced Care Planning". She gave us ideas on how to plan for the care we deserve before something happens to us and we are incapable of doing so. Mrs. Carstairs also explained the new Hospice in the East End at St. Louis Residence. This is a day hospice but hopefully, through donations, will eventually give 24 hour help. This is a much needed addition to health care in our area. She was thanked by Anne Marie Potvin, President, Navan W.I., and John Bradley, Past Chair of the OutCare Foundation.

Next W.I. Meeting is at the **Navan Curling Club on Wednesday, June 8 at 7:30PM.** Norm Quesnel, pharmacist and Danielle Lamoureux from the Medici Pharmacy, right here in Navan, will be speaking. Come out and join us. W.I. Meetings will restart on Wednesday, September 14, 2016.

Orleans Women's Connection

Wed 8 Jun 9:30-11:00

Orleans United Church Hall, 1111 Orleans Blvd

Music & Faith Story: Wendy Farha

"Finding Joy In Your Journey"

Reservations: Shirley 613-841-5143 shirleyholt@outlook.ca

Cost: \$6 at door

Women connecting with God, each other and their community

www.rsvpministries.com

Kyle McDowell, B. Commerce
Financial Security Advisor

613-292-0751 | kyle.mcdowell@f55f.com

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The Indigo Bunting

Article by: David Grattan

Photo by: Tom Devecseri

I was going to write about the Flicker; however, we had a very exciting visitor to our backyard feeder – an Indigo Bunting. Frankly speaking, it is one of the most beautiful birds I have ever seen - almost too blue to be real. The Indigo Bunting is known to favour areas of recent logging activity, and there it was in a space where we had four large ash trees felled in the fall of 2015. So we did what we always do in the circumstances: we called Tom Devecseri. Tom is great, firstly confirming our tentative identification and then bringing out his camera and tripod, waiting patiently and silently for the bird to reappear. It did in due course, and then he snapped the photograph you see here. To really appreciate this bird you may wish to look at the internet version of the Nugget for a picture with better definition and in full colour. The Indigo Bunting is reputed to be one of the more common song birds, though we've never seen one before in Navan. Tom thought it was even one of the earliest sightings in the Ottawa area this year. It is of course migratory and spends winter in Mexico or the Caribbean.



Welcome to Navan, Indigo Bunting!



Articles or announcements must be submitted to navannugget@navan.on.ca by the 20th of the month to be included in next month's issue.

**What a wonderful place in which we have
chosen to live.**