

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca



Photo credits: John Ladds and Tom Devecseri

Navan's Newest Parade Watcher



Congratulations to Stephanie Brodeur and Serge Potvin the proud new parents of Hugo Potvin. He had timed his arrival on August 2nd just right to be the youngest attendee at this year's Navan Fair Parade at 5 days old.

COLD BEER FRESH COFFEE SCOOP ICE CREAM WINE SPIRITS



www.jtbradleys.com

Box 209, 1220 Colonial Road, Navan, ON K4B 1J4
(613) 835-3781 · email: jtbradley@bellnet.ca



Kyle McDowell, B. Commerce
Financial Security Advisor
613-292-0751 | kyle.mcdowell@f55f.com

 **Freedom 55 Financial**
A division of London Life Insurance Company

Freedom 55 Financial and design are trademarks of London Life Insurance Company.

66-1079 03/14



**...and think
about joining
our team.**

 **M.L. BRADLEY LTD.**

NOW HIRING
visit mlbradley.com
or call 613.835.2488



NARC dog for adoption - Ruby

Ruby is a Golden Labrador approx. 3 years old. She is a little shy of strangers but she comes around well and is sweet and affectionate. She is great on walks now that she has been trained not to pull.

For more details please visit our website

Navan Animal Rescue Corp
4388 Navan Road, Navan, ON K4B 1H9
613-834-7005
www.narc-charity.ca



2015 Navan Fair Ambassador



My name is Emily Keenan and I am extremely honoured to be the 2015 Navan Fair Ambassador. I grew up on the out-skirts of Navan on my family's beef farm and am now currently living right here in the village. I work part time at JT Bradley's Country Convenience and am completing my degree in Psychology, with a minor in Social Sciences of Health, at the University of Ottawa.

My experience as Ambassador has been one of the best experiences of my life. Being involved with the fair is something that has always been important to me. Over the years I have grown up experiencing many aspects of the fair, from working, to volunteering, and making entries in the different divisions. I am very fortunate to have had the incredible experience of participating in this year's Fair as the Ambassador. I started the weekend off introducing the drivers and handing out trophies at the demo derby. Friday I had a live interview on CFRA and got to ride on the winning 6-Horse Hitch. Saturday I attended different events going on across the fair, handing out ribbons and interacting with the community. I was even lucky enough to introduce the bands and take pictures with Brea Lawrenson and Brett Kissel... one of the many highlights of the weekend. I can't thank the Cumberland Township Agricultural Society enough for this amazing opportunity. I have already made so many unforgettable memories, I am excited to continue my duties as Ambassador and see what else this year will bring.

VISITOR SURVEY WINNER

(1 night stay at the Holiday Inn, Orleans, Ontario)

Don Blackburn, Hamilton, Ontario

CULINARY ARTS WINNERS

BAKING QUEEN: June MacMillan

BAKING PRINCESS: Dominique Deschamps

Highest Points Overall: June MacMillan

2nd Highest Points Overall: Dominique Deschamps

New Exhibitor, Highest Points: Evelyn Beaton

New Exhibitor, 2nd Highest Points: Lara Andrews

Senior Cooks, Highest Points: June MacMillan

Jr Cooks, under 8, Highest Points: McKenna Hill

Jr Cooks, under 8, 2nd Highest Points: Luka Morris

Jr Cooks, 8-12, Highest Points: Madelyn Griffin

Jr Cooks, 8-12, 2nd Highest Points: Vincent Deschamps

Teen Cooks, Highest Points: Kayla Ferreira

Teen Cooks, 2nd Highest Points: Olivia Oka

FLORICULTURE WINNERS

Highest Points Overall: John Peddie

2nd Highest Points Overall: Kelly Sirvin

3rd Highest Points Overall: Guylaine Lemieux

New Exhibitor, Highest Points: Marie Hill

Best Dahlia of the Show: Kelly Sirvin

Best Gladiolus of the Show: Kelly Sirvin

Best Rose of the Show: Kelly Sirvin

Best Arrangement of the Show: John Peddie

Best Potted Plant: Guylaine Lemieux

Best Youth Entry: Sarah Sirvin

Best Overall Exhibit: John Peddie

KID'S FLORICULTURE WINNERS

Highest Points Overall: Sarah Sirvin

2nd Highest Points: Ashley Cote

3rd Highest Point: Catherine Picknell/Madelyn Griffin

HOME CRAFT WINNERS

Highest Points Overall: Dora Smits

2nd Highest Points Overall: Carol Booth

New Exhibitor, Highest Points: Yolande Labelle

New Exhibitor, 2nd Highest Points: Courtney Goddard

Senior (65yrs+), Highest Points: Dora Smits

Homecraft Highest Points in:

Quilting: Elaine Edwards

Painting/Drawing: Nathalie Baumgartner

Sewing: Susan Dunfield

Knitting: Shirley Sullivan
 Crochet: Susan Dunfield
 Needlework: Lise Bergeron
 Cards: Kristyn Girard
 Jewelry: Valerie Clingen
 Babies: Carol Booth
 Miscellaneous Hobby Craft:
 Carol Booth

Organized Groups Best Display: Navan W.I.

Photography Highest

Points: Jason Clingen

Best Overall Photo:

- Colour : Caroline Clingen

- B&W : Rita Dessaint

- Mounted collection of 4

photos: Rita Dessaint

- 15 years & under: Jason

Clingen

- 12 yrs & under: Jason Clingen

Scrapbooking Highest Points: Victoria Cote Da Silva

NAVAN FAIR PARADE

Best Overall Float: Navan Lions Club

Community:

1st Navan Lions Club

2nd 4H - Russell County

3rd Navan Fair Directors

Commercial:

1st J.T. Bradleys

2nd Colonial Vets

3rd Navan Royal Bank

Family: Team YaYa

The Lloyd G. Morrison Memorial Plaque will be awarded to the Navan Lions Club for the best over-all float this year. This plaque will be presented at the Annual General Meeting held in January, and then displayed in the Navan Fair Agricultural building.

 Did you miss getting your 20th Anniversary 50 Horse Hitch souvenirs at this year's Fair?

The Navan Fair Office still has a few items left for sale. Come in and see us. We have hats, polo shirts, T-shirts, Beer Steins, Coffee Mugs and Belt Buckles all with the 20th Anniversary 50 Horse Hitch Logo. They also make great gifts for Birthdays and other occasions and it's not too early to start thinking about Christmas gifts.

Don't miss out - when they're gone - they're gone.

OFFICE HOURS IN SEPTEMBER Tues to Thurs 9:00 – 4:00

President: Jo-Anne Girard
 Admin. Coord: Debbie Newton
 1279 Colonial Rd., Navan ON K4B 1N1
 Tel: 613-835-2766 Fax: 613-835-4008
 navanfair@bellnet.ca or www.navanfair.com

360renos

David W. Bennett
 Owner

Trim Rd. Navan, ON

dbennett@360renos.ca
 p. (613) 429-5000 c. (613) 282-2124
 www.360renos.ca



**NAVAN FAIR
 AND
 50 HORSE HITCH
 Commemorative Items
 ON SALE
 AT**



NAVAN FAIR OFFICE

QUANTITIES ARE LIMITED SO GET YOURS NOW



Navan Lions

President: David Paterson

Secretary: Christina MacPherson

Treasurer: David Grattan

COMMUNITY TURKEY DINNER

with all the Trimmings including desserts and coffee, \$20. All the normal

fun - Trivia Quiz with prizes, 50:50 draw etc. 6:30 pm September 18th. Navan Curling Club. Tickets from Ross Bradley at [\(613\) 835 2199](tel:6138352199).

OKTOBERFEST with Cumberland Lions Club

Saturday, October 24, 2015. Maple Hall, 2552 Old Montreal Rd. Great German food – Great German fun. Ottawa Rube Band -15 piece – One of the biggest German-style band in Canada.

Doors open 5:00 PM – German Dinner 6:00 PM.

Limited Number of Tickets, **Advance Sale**

only: \$35.00 Charlotte : [613 - 265-8299](tel:6132658299) or charlotte.kerluke@sympatico.ca

www.cumberlandlions.ca



DUST • EVANS • GRANDMAITRE
 LAWYERS | AVOCATS

Real Estate, Wills, Powers of Attorney, Estates, Estate Planning,
 Business Law, Employment Law

Gerry Dust
 613-835-4056

Phil Grandmaitre
 613-835-2984

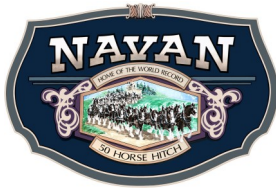
Josée Virgo
 613-835-9753

PROUD RESIDENTS OF NAVAN!

Immeubles, testaments, procurations, successions, planification successorale,
 droit commercial, droit de l'emploi

2589 boul St. Joseph Blvd., Orléans, Ontario, K1C 1G4
 Tel: 613-837-1010 Fax: 613-837-9670

www.dustevans.com



NAVAN COMMUNITY ASSOCIATION

The NCA Executive would like to encourage all residents to become members of the community association. The NCA meetings are held on the third Monday of the month, from September to June at the Navan Arena at 7:30 p.m.

The NCA is the umbrella organization for:

- The production and distribution of the Navan Nugget.
- The Nifty 50 Plus Senior's Club,
- The Navan Youth Ball league,
- The Navan Tennis Club,
- The Soccer Registration Group,
- The Fall Fest Committee,
- The Winterfest Committee,
- The Outdoor Rink Committee,
- Members of the NCA maintain the floral gardens at the entrance of the village.

The NCA has successfully completed projects such as the Cenotaph Restoration, the Shade Structure Park Project, the Clock Tower and Wall of Fame, the 150th Celebration, and the Outdoor Skating Rink. Your membership entitles you to vote at the AGM, bring issues relative to the village to the agenda, and get actively involved in projects that are of interest to you. The NCA provides the community link to our City representative. Please support the NCA by becoming a member.

Next NCA Meeting:

Please join us for our next monthly meeting on Monday, September 21st at 7:30 PM, upstairs at the Navan Arena. Check out the link at www.navan.on.ca.

To send us your community events to include on our Facebook page, email your event to webmaster@navan.on.ca.

Help spread the word! Events also get posted on the calendar at www.navan.on.ca, and in the Nugget, for which you send an email to navannugget@navan.on.ca.

Chair: Philippe Grandmaitre
Secretary: Christina Macpherson
Treasurer: Dale Borys
Youth: Tom Devecseri
Safety: Fred St. Pierre



Raymond Robinson
Broker

Buying or selling a home is a big decision - you need an experienced professional to guide you through the process. When you work with me, you can count on personal, attentive, patient service, excellent knowledge of the area, great negotiation skills and expert selling strategies.

613.830.3350 Mobile: 613.853.2192
raymond@robinsonsteam.ca



Older Adults (50 or over) who are residents of Navan and the surrounding communities are invited to attend our drop-in centre social gatherings

upstairs in the Navan Memorial arena every Wednesday afternoon from 12:30 to 4:30 pm. Throughout the year, there are also several planned events held in more distant locations, such as theatre visits and bus tours. To become a member, all that is required is an annual membership fee of twenty dollars (\$20.00) per person and a current membership in the Navan Community Association. Guests are welcome for a small fee of two dollars (\$2.00) per visit. The activities commence annually, the first week in September and end the last week of June. This year (2015) the activities will cease after 25th of June and commence on the 3rd of September. This year we also plan to expand our activities to include some which would allow individuals who desire to do so, to compete in the Ontario Senior Games at a later date. COME AND CHECK US OUT.

- The Nifty Fifty Plus Organizing Committee

LUNCH ON US!

Call today for a personal visit
& complimentary lunch.

**RUSSELL
MEADOWS**
RETIREMENT COMMUNITY



Call 613.445.5200

475 Church Street, Russell, Ontario

www.russellmeadows.com



Children's Village at Navan

1375 Colonial Road Navan, ON K4B 1N1

Licensed Childcare Spaces Available

Location: Heritage Public School

Tel: 613-835-1583
navan@childrensvillage.on.ca

Preschool Program
2- 4 years
Before/After School



Put on your thinking caps and come up with some ideas on how Navan can celebrate Canada's 150th birthday in 2017.

We are still compiling a list of all kinds of wild, wacky, novel and serious ideas on how we can celebrate or commemorate this sesquicentennial event.

Let's have a party!!!

Ray Vetter
613-835-1744

rvetter@sympatico.ca

Fred Hyde
613-835-3331

fredhhyde@gmail.com

(please note the new address)



Quote of the Month:

**"You can't depend on your eyes
when your imagination
is out of focus."**

- Mark Twain

ORLEANS WOMEN'S CONNECTION

Orleans Women's Connection Wed. Sep 9th 2015 at The Orleans United Church, 1111 Orleans Blvd from 9:30 - 11:00.

Soloist: Grace Meagher

Feature: Ottawa's Teddy Bear Lady Marjory Allen

Faith Story: Selena Frey "My Trip of a Lifetime"

We are collecting new or clean gently used stuffed toys for "Stuffies for Seniors"

Women connecting with God and each other.

www.stonecroftministries.org

Contact Judy Little at [613-863-3562](tel:613-863-3562)



**Knotwork
Interlock Inc.**

3371 Trim Rd, Navan, Ont. K4B 1M8

Ken Harrison • Chris Oldford

Tel: **613.835.1555**

Fax: **613.835.2908**

Email: info@knotworkinterlock.ca

www.knotworkinterlock.ca

Find us on [facebook](https://www.facebook.com/knotworkinterlock)

NAVAN VETERINARY SERVICES

3425 Trim Rd

Navan, Ontario

K4B 1J3

613-835-2646, Fax 613-835-2537



David Douglas DVM
Jean Cyr DVM
Adrian Domen DVM
Brienne Griffith DVM
Jennifer Hubbard DVM

H. Harper Enterprises Inc.

Trucking Services

Water Haulage
Dump Truck & Equipment Rentals

P.O. Box 48, Navan, Ontario

Tel: **613-834-8046**



PatCan
homerenovations

Professional Handyman Services
Pat Hennessey, Principal

Minor and major residential repairs,
maintenance & renovations.

(613) 835-3548
www.patcanrenovations.com
local references available

Over 15 years of friendly and professional service

COMMUNITY ANNOUNCEMENTS

WEEKLY RURAL SHOPPERS BUS

OC Transpo has five routes that provide free once-a-week service from rural communities to urban shopping destinations. Tuesdays Navan • Sarsfield • Cumberland. These routes arrive at urban shopping centres around 10 a.m. and leave at 2:30 p.m. Buses are fully accessible and have space for two customers using wheelchairs. These routes do not operate on holidays. Contact OC Transpo for additional details and travel planning assistance.



HERITAGE PUBLIC SCHOOL Where City meets Fields

The sunshine and warm weather is upon us and that means lots of back yard entertaining! As your beer and liquor bottles accumulate in your garage, please keep the Heritage Public School Concert Band in mind. We are continuing to collect "empties", throughout the summer, and will happily arrange for a pick up or drop off at your convenience.

For pick up, please contact: Neil or Heather Monkman at <monkpeople@gmail.com> or place empties at the shed end of our driveway at 3494 Trim Road in the village of Navan.

Monies generated from the return of empty beer and liquor bottles and cans will be used to purchase additional instruments for the band and will also help offset the costs of next year's band trip. Thanks to all who have supported us thus far. We're hopin' for a bumper crop this season!

Navan Knights

Students who wish to get hours for their high school diploma please get in touch and I'll get you matched up with someone who needs help.

samc1@rogers.com

Knotty Knitters

Come on out to Café Latte Cino and start knitting. We are already getting into the swing of winter knits! Mondays from 1 to 3PM.

Navan Women's Institutes Visits Local Spa

15 members of the Navan W.I. Branch met at the Country Moments Spa for an afternoon of manis and pedis. What fun we had getting our nails done and catching up after the Navan Fair, where we won the Home Crafts Display and took all firsts in this event. Congratulations to all our busy craft ladies who contributed to this display and put it together.

Our Spa day ended at a member's home where we feasted on delicious local pizza. We are looking forward to our next year programme and helping out in our community.

Submitted by:

Sheila Minogue-Calver

Navan W.I. Branch President.



Blackboard at Country Moments Spa



FYI

Take a little ride down Trim and you'll find a new restaurant, "Waverly", just opened. Lovely spot. A friend and I enjoyed a yummy meal there the other night. Great it have a spot to go to, so close to home.

Community Septic Tank Pumping

Starting 8 September, 2015

800 GALS	\$225+HST
1000 GALS	\$265+HST
1200 GALS	\$305+HST

Larger tanks more

Call Don Lawlor at 835-2436

Or don.lawlor@sympatico.ca

Anglican Parish of Bearbrook, Vars & Navan



Rev. John Wilcox & Rev. Kristy Reimers-Loader

Sunday Worship



Trinity (8785 Russell Rd, Bearbrook) 8:30 am
St. Mary's (3480 Trim Rd, Navan) 10:00 am
Navan Community Sunday School 9:45 am
St. Andrew's (1900 Devine Rd, Vars) 11:30 am
613-216-2200 or www.bvnanglican.ca

THE THIRD SPACE

Beginning again in October 2015. The Third Space is held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. **Open to all.** A drop in centre, a third space between home and work. The last Saturday of each month. Sponsored by the Parish of Bearbrook, Vars, and Navan.

NAVAN COMMUNITY SUNDAY SCHOOL

Ecumenical Sunday School
Sundays (schedule will be posted at Sunday School)
9:45am - 11:15am (NEW FINISH TIME)
St. Mary's Hall For children ages 3-14 Starts Sunday, Sept.13th, 2015. Looking for Teachers For info email: navancommunitysundayschool@gmail.com.

NAVAN-VARS UNITED CHURCH

1129 Smith Road, Navan

Rev. Janet Nield

Sunday Worship 10:00 a.m.

A friendly greeting awaits you!

www.navan-vars-united.org



Navan Community Sunday School

9:45 a.m. – St. Mary's Hall

navancommunitysundayschool@gmail.com



(613) 835-4441

Dr. A. Mirfarsi

DMD, M.Sc.

Chirurgien dentiste/Dental Surgeon

P.O. Box 39 • 3417 Trim Road, Navan, Ontario K4B 1J3
5 min. south of Innes

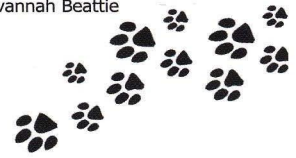
www.navandentalclinic.com

Colonial Veterinary Hospital

Dr. Paul Brown, Dr. Denene Clifford,
Dr. Kasia Hering, Dr. Catherine Sin, Dr. Savannah Beattie

1364 Colonial Road
Navan, Ontario K4B 1J4
PH 613-835-2883 FAX 613-835-2728

colonial_vet@hotmail.com
www.colonialvet.ca



The service you expect, the care you deserve.



AMPLIFYit

Be seen, Be heard, AMPLIFYit

info@amplifyit.ca

613-835-3364

- Embroidery
- Auto Decals & Lettering
- Silkscreen
- Graphic Design
- Promotional Products
- Trophies & Engraving
- Clothing/Workwear

Tree Stump Grinding

For removal of unwanted stumps

Call for free estimates

Doug Smith

613-835-2695



Margaret Struthers Interiors

613.835.9101

GALARNEAU & ASSOCIATES
et ASSOCIÉS

Professional Corporation / Société Professionnelle
Barristers and Solicitors / Avocats et Notaires
Mediation / Médiation

SUSAN E. GALARNEAU

2831 St. Joseph Blvd.
Orleans, Ontario
K1C 1G6

Telephone: (613) 830-7111
Fax: (613) 830-7108

Email: seg@galarneauassoc.com



FALLFEST

SATURDAY OCTOBER 3th

At the Navan Fairgrounds
from 11 am to 3 pm
lots of fun activities for the whole family

Some of the old favorites include:

Kiddies's Fish Pond
Talent show
Scarecrow Making

Face and Nail Painting
Crafts and Colouring
Ball Hockey

Pumpkin Decorating
Bake Sale
Silent Auction

Navan Fire Fighters Games and Races

Bring Your Pet at 11 am for the Blessing of the Animals

Lions / NCA BBQ with Chili and Popcorn

DECORATED PUMPKIN CONTEST

Bring a decorated pumpkin to FallFest by 12 noon for judging
by the People for the best decorated pumpkin

NAVAN'S GOT TALENT

We like to showcase the young talent living in our community
If you would like to entertain the audience with a song, a dance routine or other activity
Contact Jill Noakes at jillnoakes@hotmail.com

JUDGE THE BEST FALL DECORATIONS IN NAVAN

Decorate the front of your home, business or institution in an autumn theme
Our roaming photographer will start around Oct 1, weather permitting, to photograph your display
for the People's
Choice Ribbons

To help you out;

STRAW BALES, DECORATIVE GRASSES and CORN STALKS
Will be on sale in near J.T.Bradley's Country Convenience
Saturday **September 26th**, from 9 AM to 1 PM



Photo credits: John Ladds and Tom Devecseri



2015 *Wine & Art Pairings*

Wine tastings, art, artist demos, hors d'oeuvres



Sunday, September 20, 2015
1:00 PM—5:00 PM
Domaine Perrault Winery
1000 ch. Perrault Rd, Navan, ON

12 Navan & area artists offering demos, exhibiting and selling their art

Paintings, weaving, fibre art, wood turning, soaps, local author, jewellery, pottery and fabric sculptures and more

Tickets Available at:
 Domaine Perrault Winery
 J.T. Bradley's (in Navan)
 Country Moments Spa (in Navan) and
 Through the Navan Women's Institute

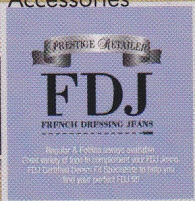
Tickets:
 \$15.00 each includes 3 wine tastings and hors d'oeuvres (gluten-free options available)
 Tickets & Parking are limited
Rain or shine

For more information or to reserve tickets
info@navanwi.com

www.navanwi.com

<https://www.facebook.com/events/781326321975532/>



824-3578  ALMAR ROOFING LIMITED Complete Roofing Services 4371 Navan Rd. Navan, Ontario K4B 1H9	THE WHOLESALE OUTLET Women's Clothing & Accessories Sherry Woodburn  613-748-6605 1877 Innes Rd. (between Blair & Cyrville Rd.) Ottawa, Ontario K1B 4C6
--	--

The Ruby-throated Hummingbird

Article and photos by Tom Devcseri

The **ruby-throated hummingbird** (*Archilochus colubris*) is a species of hummingbird that generally spends the Winter in Central America and migrates to Eastern North America for the Summer to breed. It is by far the most common hummingbird seen east of the Mississippi River in North America

This hummingbird is from 7 to 9 cm long and has an 8 to 11 cm wingspan. Weight can range from 2 to 6 g. Adults are metallic green above and greyish white below, with near-black wings.



Their bill, at up to 2 cm (0.79 in), is long, straight, and very slender. As in all hummingbirds, the toes and feet of this species are quite small, with a middle toe of around 0.6 cm. The ruby-throated hummingbird can only fox-trot if it wants to move along a branch, though it can scratch its head and neck with its feet. (from Wikipedia)

Male Ruby-throated Hummingbirds don't stick around long. Pairs are together long enough for courtship and mating – just a matter of days to weeks. Then he's off on his own, and may begin migration by early August. Our little friends start their migration mid August so they are still around for a short while. So keep fresh "fluids" in your hummingbird feeders for a bit longer.

Articles or announcements

must be submitted to

navannugget@navan.on.ca

by the 20th of the month to be included in next month's issue of the newsletter.

What a wonderful place in which we have chosen to live.