

APRIL 2015

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

2015 Navan Fine Arts Exhibition & Sale – our 5th annual **Don't miss it!**

**April 25 & 26 (Saturday/Sunday), 10 am – 4 pm each day at the
Navan Curling Club
Free admission**

For the children:

Children's books by local authors Monica Dumont and Joanne Lecuy r Saturday 10am – 1 pm
Samples of Jack Wraps – wraps to hold your baby close to your heart
Mother's Day gifts – Mother's Day is only 2 weeks after this show
Amazing and awe inspiring works by felter Richard Hanna
A special visit from "The Moaning Lisa" Saturday morning
Art display of selected works by students of Heritage Public School

Other features:

Unique original art, one of a kind
Functional art
Wearable art
Art for indoors and out
Art for all budgets
Wine samplings by Domaine Perrault Winery starting Sunday at 1 pm
Books by Ottawa mystery writer Barbara Fradkin, whose latest book None So Blind features
scenes in Navan, Sunday 1-4 pm
Books by Happiness expert Kits Szpak, Saturday 1-4 pm

More info: www.navanarts.com
Facebook <https://www.facebook.com/NavanFineArts>

Navan and area artists include:

Bernadette Alcock – Garden Sculptures, Shirley Browsky – Weaver, Richard Charlebois – Marquetry,
Ross Elliot – Wood Turner, Jean-Paul Fournier – Photography, Liz & Francois Fournier – Pottery, Janis
Fulton – Acrylics & Oils, Doreen Hardiman – Visual Artist, Richard Hanna – felting, Kerstin Peters – Vis-
ual Artist, Ken Riopelle – Acrylic Artist, Threaded Metal Designs by Sarah Langille, Anne Warburton –
Fibre Art and Handmade Books, Talin Waugh – Jewellery.

NAVAN NOTABLES

The hall of St. Mary's Church is lovingly looked after by two people who are dedicated, hard-working, and humble. Those two people are none other than Ted and Mary Dashney, a Navan couple who will soon be celebrating 60 years of marriage.

Mary and Ted have been involved with the church and its hall for as long as they can remember, and began by helping out with the altar guild. This eventually evolved into providing assistance with general maintenance, and then grew to organizing the events schedule. Though it is a job that can be time-consuming, these two greatly enjoy the work they do for the church, as well as the connection it helps forge with the community.

The hall at St. Mary's is used for family events, such as holiday parties and christenings, and various recurrent events, such as quilting, Sunday School, and church meetings. The hall recently hosted an event put on by Navan Women's Institute called "Navan Birds," which was well-attended by people from Navan and elsewhere. One of the biggest events held at the hall is the Navan Fair Breakfast, which occurs prior to the fair parade every year.

The organizing of hall events can sometimes be a tricky affair, according to Mary. While some events are scheduled months in advance, others come together at the last minute. Whatever the circumstances, one can trust that Mary always has things under control!

Ted and Mary have been involved in the community in other ways as well. In addition to their work with St. Mary's, Ted drove busses for the Ottawa-Carleton District School Board for over 20 years, and at times had routes in Navan. Mary has been involved in the Navan Women's Institute for many years as well, and at a time served as its President. In August 2012, they also helped to plan the church service, and the breakfast that followed, for those visiting from Navan, Ireland, as a part of the Navan To Navan initiative.

The Dashneys, who lived above J.T. Bradley's store when they were first married, celebrated their 50th wedding anniversary at St. Mary's hall, and greatly enjoyed the time spent with family and friends. For their diamond anniversary, however, they've decided to have a quieter celebration. Regarding how quickly the time has flown, Mary said that "you just can't believe how fast it happens. It just goes a day at a time."

Of their work with the church, the Dashneys feel that it has been extremely rewarding. Mary and Ted agreed that people are always very thankful for the help, and that it inspires them to continue their work. "You feel like you've done something for them, and that is a wonderful feeling."

Written by Sara Ericsson.



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In case you have not heard, Canada will be 150 years young in 2017. Planning the party starts now...

Ray Vetter and Fred Hyde, of the Navan Community Association, are heading up a committee to help co-ordinate the various activities and ideas that our community may have, to celebrate this sesquicentennial anniversary (try saying that after a couple beers). If you would like to be part of the committee, please let one of them know.

In addition they would like to meet with every group, organization, club, association and even excited citizens for their ideas and suggestions as to what the whole community could do in the way of a major project or collection of smaller projects.

Let's get the party started...

Ray Vetter Fred Hyde
613-835-1744 613-835-3331
rvetter@sympatico.ca fchhyde@magma.ca



NARC dogs for adoption - Ace and Beau

Ace is an English Mastiff, approx 3 years of age. He is house-trained, great with kids, and a good loving dog. He listens well, is good with other dogs, and just a lovely big boy!

Beau is a 3-year-old Chocolate Lab, great with all other dogs and really sweet. He is clean in the home, great with kids, and really a big suck who loves attention and people.

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Navan Animal Rescue Corp
4388 Navan Road, Navan, ON K4B 1H9
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www.narc-charity.ca



President: David Paterson
Secretary: Christina MacPherson
Treasurer: David Grattan

As 2015 unfolds so have the activities of the Navan Lions Club. Navan Lions have been participating in Vision Screening in several schools in the Ottawa area. This is a trial program which, if successful will be adopted by Lions Clubs across Ontario. We now work with other Lions Clubs in the Ottawa area and with an optometrist. School Boards request a visit and we usually arrive for one to five days. Parents have to give permission for their children to be tested and each child receives a thorough examination. Lions carry out basic tests using charts – standard Snellen charts with decreasing letter size for far and near visual acuity, stereo vision and colour vision. The results are handed over to the optometrist and her mobile eye care team who conduct a more intensive study on each child. On occasion they have been able to identify serious eye health problems and the parents have been notified on the spot. Should a child need glasses there are programs in place with Lenscrafters which allow free access. The parents receive a full report by letter, and also a follow up phone call from the mobile eye health team but, for privacy reasons, the schools do not. Those Lions who participate feel that this is an exceedingly worthwhile activity, particularly because we find that about 20-30% of the children have problems. In certain cases these are very severe to the extent that the child could not read the top line in the chart.

On a lighter note, we also were very happy to participate in a very well organised Winterfest on February 21st – in which we cooked hamburgers and hot dogs and I dressed up as a snowball. Fun it was - but my heaven it was cold. It was great to see those tough little Canadians skating and sliding, and riding on the sleigh. A great day and so good for our little community.

I'd also like to draw your attention to our special evening coming up on Monday 27th April at 7pm in the Navan Curling Club. to encourage new Lions and helpers. Please see the advert later in this Newsletter and feel most welcome to attend – even if you have no intention of becoming a Lion. (yet) It will be fun!

If you have any questions about Navan Lions and the forthcoming events, or are interested in joining us, please visit our website at: www.navanlions.ca.



Navan Lions Club

**Information session and membership
drive supper.**



On Monday 27th April at 7pm in the Navan Curling Club.

Navan Lions will welcome visitors from the community for an evening of welcome,
fun and information.

We will answer your questions- such as:

What does it mean to be a Lion?

How do you become a Lion?

Do you have to be crazy to join? (no – but it helps)

Can I still help if I don't actually join.

What is the Commitment to being a Lion?

Is it fun or just hard work?

What are the programs and activities?

How has Navan Lions helped Navan?

What are the fundraising activities and how much money does Navan Lions raise?

For an invitation to this not to be missed event, please contact Hal or Chris Macpherson at (613) 835
3502,

Or David Paterson at (613) 835 2188



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August 6, 7, 8 & 9, 2015

AMBASSADOR COMPETITION

Contact Sara McFadden at sara_mcfadden13@hotmail.com or the Fair Office at 613-835-2766 (navanfair@bellnet.ca).

Rules and Regulations

Competition is open to any male or female between 18-23 years of age at the time of the CNE in August 2015.

Contestants will be disqualified if any of their qualifications are found to be in contravention of any of the competition regulations herein set out and may also be disqualified if they fail to observe any of the instructions and regulations which may be set out by the supervising official of the competition.

Entries will be accepted starting May 1st, 2015 and the deadline is Jul 1st, 2015. Please forward all entries to Sara McFadden (sara_mcfadden13@hotmail.com) or the Navan Fair Office, 1279 Colonial Road, Navan, ON K4B 1N1 (navanfair@bellnet.ca).

The ambassador will be required to attend all fair days. They also must fulfill obligations outlined by the committee. Example: OAAS convention, CTAS Annual Meeting, Annual Navan Fair Parade, Community events, etc.

Interview date will be Wednesday, July 15th at 7:00, Navan Fair Office Boardroom (1279 Colonial Rd).

20TH ANNIVERSARY OF GUINNESS WORLD BOOK OF RECORDS—50 HORSE CLYDESDALE HITCH

We are planning to celebrate this 20th anniversary by displaying the 50 horse hitch wagon, pictures, posters, newspaper articles, preparing a slide show, ribbons, etc. These displays will take place in a tent situated alongside the Exhibit Building during the weekend of the Fair. We are asking the community if anyone has any memorabilia they would like to lend to the Fair Board we would be very grateful. If you have any items, please label with your name & telephone number, these items can be dropped off at the Navan Fair Office. (Please call to ensure the office is open.)

MECRAFT PRIZE LIST

For anyone who wants to get a head start on their homecraft projects for the 2015 Navan Fair the Homecraft Prize List is available on our web site www.navanfair.com, we can e-mail you a copy or you can pick up a hard copy at the Navan Fair office.

MEMBERSHIPS

CTAS Navan Fair Memberships on sale for \$20 until May 29th, 2015 at the Navan Fair Office.

Please call the Fair office to ensure someone is in the office during the month of April.

President: Jo-Anne Girard

Admin. Coord: Debbie Newton

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NIFTY 50 PLUS
SENIOR'S CLUB

Older Adults (50 or over) who are residents of Navan and the surrounding communities are invited to attend our drop-in centre social gatherings upstairs in the Navan Memorial arena every Wednesday afternoon from 12:30 to 4:30 pm. Throughout the year, there are also several planned events held in more distant locations, such as theatre visits and bus tours. To become a member, all that is required is an annual membership fee of twenty dollars (\$20.00) per person and a current membership in the Navan Community Association. Guests are welcome for a small fee of two dollars (\$2.00) per visit. The activities commence annually, the first week in September and end the last week of June. This year (2014) the activities will cease after 25th of June and commence on the 3rd of September. This year we also plan to expand our activities to include some which would allow individuals who desire to do so, to compete in the Ontario Senior Games at a later date. **COME AND CHECK US OUT.**
The Nifty Fifty Plus Organizing Committee.



The Nifty 50 plus Seniors Group was pleasantly surprised with a special guest on March 18 who entertained them with some great Irish tunes. Thanks to Jeannie Smith for her wonderful performance.

NEXT NCA MEETING

Please join us for our Annual General Meeting on Monday, April 20th, 2015 at 7:30 p.m. Upstairs at the Navan Arena.

NAVAN YOUTH DANCE

The next dance is Friday, April 10th. The dances are held at the Navan Arena, from 7:00 -10:30 pm, the 2nd Friday of each month. You may email navandance@gmail.com if you wish to volunteer for the dance. High school students can earn community hours. Further info can be found on the Navan website at www.navan.on.ca.

VOLUNTEER NEEDED

The NCA is looking for volunteers to maintain the two flower beds at each entry to the village. This task includes planting flowers and weeding on a regular basis. Please contact Anne-Marie at 613-835 2757 if you are interested in volunteering a few hours during the summer.

Check out the link at www.navan.on.ca
Send us your community events to include on our Facebook page: email your event to webmaster@navan.on.ca for inclusion the FB page.
Help spread the word! Events also get posted on the calendar at www.navan.on.ca and in the Nugget.

Chair: Philippe Grandmaitre
Secretary: Christina MacPherson
Treasurer: Dale Borys
Youth: Tom Devecseri
Safety: Fred St.Pierre



**CARLTON REGIONAL
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CRSC would like to thank our Landowners , Volunteers, and all Club Members for a great 2014 / 2015 snowmobile season.

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Rick Thirsk	Vice President	613-294-5523
Dean Bourgeon	Events Co-ordinator	613-834-0746
Jim Reilly	Trail Patrol Co-ordinator	613-769-6949
Debbie Dandy	Treasurer	613-835-2375
Laura Brownrigg	Volunteer Co-ordinator	613-445-0573
Wayne Dandy	Trail Co-ordinator	613-835-2375
Meryl Jackson	Trail Director-Vars	613-835-2651
John McArthur	Trail Director-Orleans	613-834-5324
Wayne Dandy	Trail Director-Navan/Sarsfield	613-835-2375
Stephane Gratton	Trail Director-Cumberland	613-833-1278
Theo Haight	Trail Director-Carlsbad Springs & Manotick	613-822-3629

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COMMUNITY ANNOUNCEMENTS

RUSSEL DISTRICT WOMEN'S INSTITUTE



In February, we celebrated the 118th year of Women's Institute Branches in Ontario. A fun afternoon was held in Russell with over 50 women from 5 branches attending. Lola Larmour from the Leonard Branch won the prize for the prettiest hat worn by the bonniest 96 year old I know. Congratulations Lola and thank you for the many years you have been generously giving of

your time and energies to your community through the Leonard Women's Institute Branch!

NAVAN'S WOMEN'S INSTITUTE

March 11th, at St. Mary's Hall, our Branch hosted a ROSE programme on "Birds of Navan". Over 60 avid birders and locals came out to hear David Gratton, our very own Navan Bird expert who writes a monthly column in the Navan Nugget on our birds, along with Tom Devesceri, his patient and wonderful photographer partner, entertained us all evening long with stories, pictures, and a video.

An uplifting and delightful evening was had by all! Treats and drinks were served by members of the Institute while sightings of different birds were shared. Thank you David and Tom for such an informative evening.

June 13 we are holding our Navan Garden Tour and Tea. Stay tuned for more information on this colourful event!!

KNOTTY KNITTERS



Melanie McGillivray helps Joy Hortie with her sock knitting. During the month of February our members helped anyone wanting to learn to knit socks. Thanks to

those who aided and to those who did come for help. It was a fun way to learn this skill.

On June 13 we are planning a Yoga and Knitting day with some surprises, at Country Moments, right here in Navan! Keep your eyes peeled for our posters!!

NAVAN STREETWALKERS

We have had a fantastic snowshoeing season this winter. Soon we will be walking the streets of Navan and our beautiful trail again. Peep your horn at us when you see us!! We try to stay on the left side of the street but we get so involved in our stories to tell each other that sometimes we wander too near the middle of the road. Please forgive us!!!

BIG NEWS!!

Barbara Fradkin, a very popular local mystery writer, has written a novel called "None So Blind". Navan Village and the Navan Streetwalkers are mentioned throughout the story. I am reading the book now and am being thoroughly entertained. Barbara is coming to the Art Show on Sunday, April 26 from 1 to 4 o'clock, at the Navan Curling Club, to read from her novel and to sell a few books. Come on out to meet and support her. You will be glad you did!!! See you there!!

NAVAN MINOR BALL LEAGUE 2015

The registration form for minor ball is available on the back page of the Navan Nugget or at www.navan.on.ca. For those wishing to register their child(children) please print off and complete the form and drop it off, along with your cheque, in the mailbox (at the street) at 3735 Trim Road. Forms will be accepted until April 15th, 2015. Please direct any questions to navanminorfball@gmail.com.

SPAGHETTI DINNER FUNDRAISER

1st Cumberland Beavers and Cubs host their Annual Spaghetti Dinner Fundraiser on Saturday, April 18, from 4:30 to 7:00 p.m., at Maple Hall, 2552 Old Montreal Rd. in Cumberland. The dinner includes all you can eat spaghetti, Caesar salad, garlic bun, drink and dessert. Adults are \$10, Youth (2-12) \$5, Seniors (65 & over) \$9 and 2 years & under are free. For more information contact sprottd@rogers.com.

CUMBERLAND LIONS ROCK & ROLL DINNER & DANCE

May 9, 2015

Maple Hall, 2552 Old Montreal Road.

Cocktails 5:30 PM, Dinner 7 PM

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CAMP AWESOME-VACATION BIBLE SCHOOL

Vacation Bible School is coming to Navan this July. Navan-Vars United Church and St. Mary's Anglican Parish are co-presenting "Camp Awesome!" So, save the date for "Camp Awesome," Monday to Friday, July 13 to 17, 2015, from 10 am to 3 pm. The Camp is for all children from 4 to 12 years old, and will be held in St. Mary's Hall. The theme this year is "Fruits of the Spirit." There will be songs, stories, crafts, and games. For registration, contact Navan-Vars United Church, www.navan-vars-united-org or contact Shelley Douglas at 613-835-3965. Everyone is welcome.

Anglican Parish of Bearbrook, Vars & Navan

Rev. John Wilcox & Rev. Kristy Reimers-Loader

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
 St. Mary's (3480 Trim Rd, Navan) 10:00 am
 Navan Community Sunday School 9:45 am
 St. Andrew's (1900 Devine Rd, Vars) 11:30 am
 613-216-2200 or www.bvnan Anglican.ca

**NAVAN COMMUNITY SUNDAY SCHOOL****Ecumenical Sunday School**

Sundays (schedule will be posted at Sunday School) 9:45am - 11:15am (NEW FINISH TIME)

St. Mary's Hall For children ages 3-14 Starts Sunday, Sept. 14th, 2014. Looking for Teachers For info email: navancommunitysundayschool@gmail.com.

THE THIRD SPACE

Beginning again in October 2014. The Third Space is held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of each month. Sponsored by the Parish of Bearbrook, Vars, and Navan.

NAVAN-VARS UNITED CHURCH

1129 Smith Road, Navan

Rev. Janet Nield

Sunday Worship 10:00 a.m.*A friendly greeting awaits you!*www.navan-vars-united.org**Navan Community Sunday School**

9:45 a.m. - St. Mary's Hall

navancommunitysundayschool@gmail.com**Children's Village at Navan**

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**HERITAGE
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The students of the Heritage Public School Concert Band are still collecting any empty bottles you would like to donate. Your donations will help defray the costs of our June band trip to Niagara Falls. Please e-mail Neil and Heather Monkman at monkpeople@gmail.com to arrange a pick up. We will continue our collecting right up until the time of the trip. Your support is greatly appreciated.



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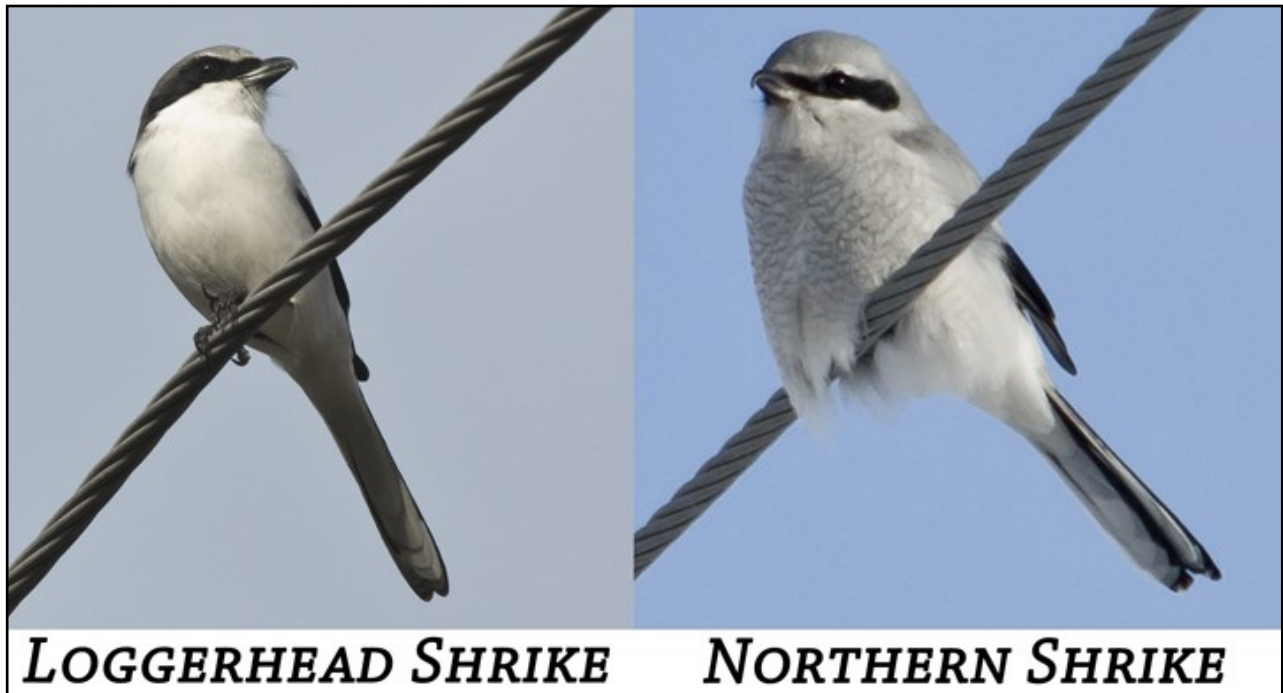
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On March 11th, Tom and I gave a presentation to the Navan Women's Institute entitled "Birds in Navan". I think between us we convinced the audience that Navan has a very interesting and rich natural history where wild birds are concerned. Tom and I had a very good evening and we do hope the audience enjoyed it as much as we did. We really appreciated the opportunity and thank the Navan Women's Institute for organising the event and kudos to the audience for attending on a cold winter's evening. If you wish to view Tom's video presentation he has posted it on youtube at: <http://youtu.be/y3YdYYwpp3w>

So having done a fairly comprehensive review of local birds it did rather beg the question as to what bird next? Tom suggested the Shrike – not a bird I have ever knowingly seen. While there are about 30 species worldwide. Northern Shrike are not common here but they do show up from time to time. This month's photo shows the similarities between the Loggerhead and Northern Shrike, note the difference near the eye line. While the Northern Shrike numbers are stable in North America it is in decline in the rest of the world. On the other hand, the Loggerhead Shrike, which tends to occupy more southerly areas of North America, is endangered provincially and nationally. There is a recovery program under way in Ontario.

The Northern Shrike is an interesting bird with some strange and unique behavioural characteristics. It is a small bird of prey but unlike larger predators has no talons. It eats other birds and small rodents and because it has no talons uses thorns, sharp branches or even barbed wire fencing on which to impale its victims (it is also referred to as the "Butcher Bird"). It may forget them for a while then return to feast months later. Consulting my favorite bird website (Cornell's All about Birds) I learned the following –

“A predatory songbird, the Northern Shrike breeds in taiga and tundra and winters in southern Canada and the northern United States. It feeds on small birds, mammals, and insects, sometimes impaling them”

There are several reported sightings in the Ottawa area each year and some of these are in Navan. They start appearing towards the end of October and are with us during the winter and disappear back to the Tundra around mid-April. I do intend to try and see at least one – if you hear a shriek it will be my first shrike!

Written by David Grattan. Photos by Tom Devecseri.

M-J MELENHORST
LICENSED HAIRSTYLIST



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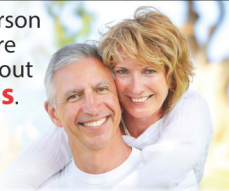
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Stephen BLAIS
Councillor • Conseiller
Cumberland



**Can I help?
Puis-je vous aider?**

T: 613-580-2489
F: 613-580-2697
E: stephen.blais@ottawa.ca stephenblais.ca

Articles or announcements must be submitted to navannugget@navan.on.ca by the 20th of the month to be included in next month's issue of the newsletter.

What a wonderful place in which we have chosen to live.

Navan Minor Ball League 2015

Ligue mineure de balle molle de Navan 2015

Player's Name/Nom du/de la joueur/euse: _____

Date of Birth/Date de naissance : _____

Parents' Names/Noms des parents: _____

Email/Courriel: _____

Contact Number/ Numéro de téléphone: _____

Address/Adresse: _____

Year of Birth / Année de naissance	Cost / Coût	Division / Division	Season Length / Durée de la saison	Mixed / Équipe mixte
2010-2009....	\$ 60	T-Ball	May 4 to June 20	Yes / Oui
2008-2007....	\$ 70	Atom	May 4 to June 20	Yes / Oui
2006-2005....	\$ 80	Mites	May 4 to July 5	No / Non
2004-2003....	\$ 90	Squirts	May 4 to July 5	No / Non

ALL TEAM ENTRIES SUBJECT TO SUFFICIENT REGISTRATION
THE FOLLOWING SHOULD REGISTER WITH THE ORLÉANS FASTBALL LEAGUE OR VARS SOFTBALL.

2002-2001....	?	Peewee	May 4 to July 5	No / Non
2000-1999....	?	Bantam	May 4 to July 5	No / Non
1998-1997....	?	Midget	May 4 to July 5	No / Non
1996-1995....	?	Junior	May 4 to July 5	No / Non

Rebate: \$5.00 per child for 3 registered children - \$10.00 per child for 4 or more registered children

Rabais: \$5.00 par enfant pour 3 enfants enregistrés - \$10.00 par enfant pour 4(+) enfants enregistrés

Registration includes: t-shirt, hat, medal, and year-end picture

L'inscription inclus: t-shirt, chapeau, médaille et photo de fin d'année

I can help as / J'aimerais offrir mes services en tant :

Head Coach / Entraîneur-chef ☐ **Assistant Coach / Entraîneur-adjoint** ☐

Name: _____

I acknowledge and agree that the Navan Minor Fastball Association, including its organizers, coaches, assistants and volunteers will not be held responsible for any incidents or injuries that may occur during practices, games or any other activities related to the Navan Minor Fastball Association. Je reconnais et j'accepte que le Navan Minor Fastball Association, ses entraîneurs, ses assistants ainsi que ses volontaires, ne sont pas responsables en cas d'accidents ou de blessures qui pourraient survenir durant les pratiques, joutes ou durant toutes autres activités reliées au Navan Minor Fastball Association.

Signature: _____ Date: _____

Method of Payment: (please make cheque payable to: **Navan Minor Fastball Association**)

Cheque #: _____ Cash: _____ Not Paid: _____

Info: navanminorfastball@gmail.com / Form/Cheque Drop Off At 3735 Trim Road