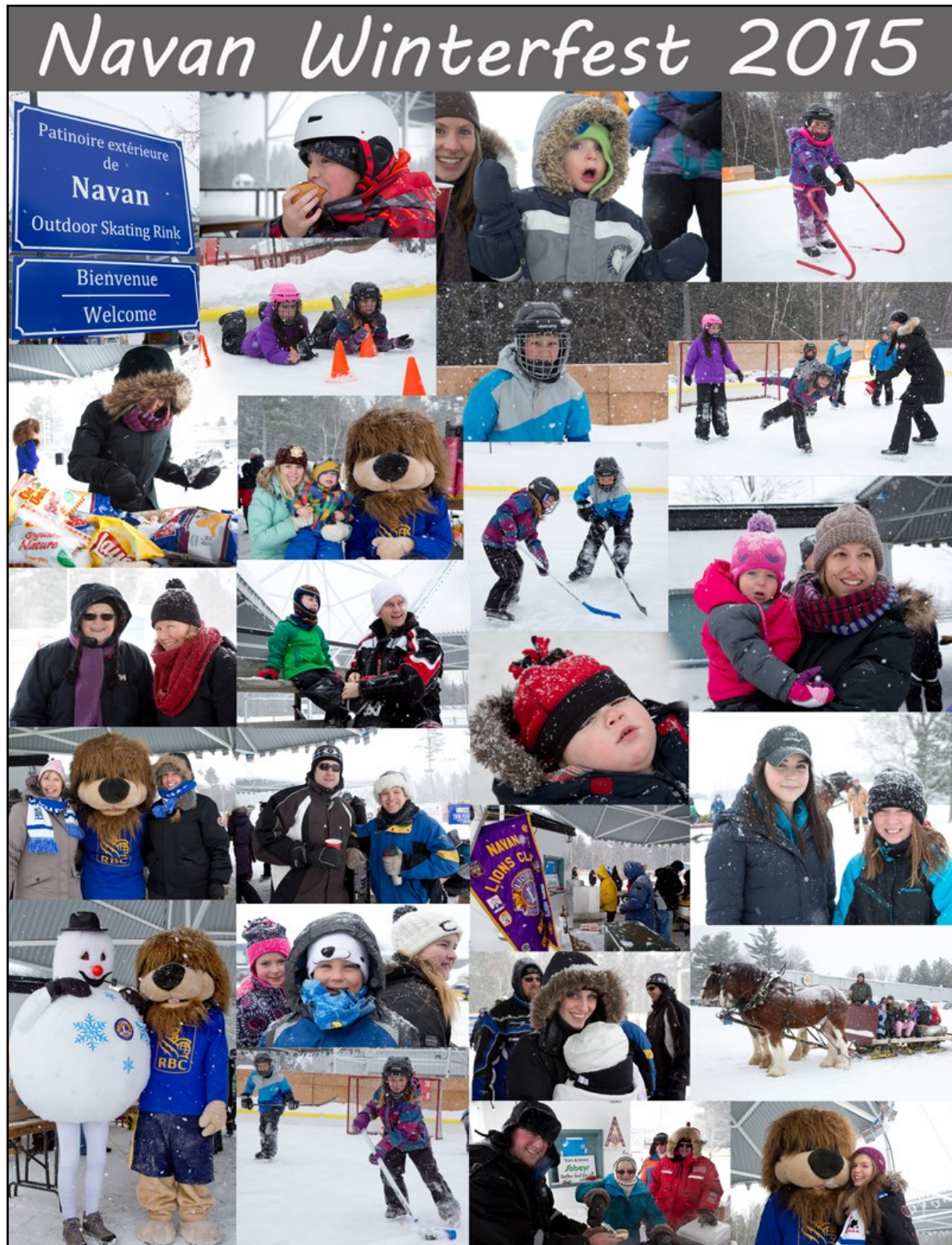


MARCH 2015

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY Electronic version available on the website navan.on.ca

Electronic version available on the website navan.on.ca



NAVAN WINTERFEST 2015

On February 21st, members of the Navan community experienced a special treat. Fluffy snow fell in abundance, adding an extra bit of magic to Navan's Winterfest. With the weather on point, the festivities were off to a great start as people enjoyed a winter wonderland while skating, drinking hot chocolate, and chatting with family and friends.

The 2015 Navan Winterfest was a great occasion, with perfect weather to boot. People of all ages took part, and there was fun to be had by all. The event was organized by Adele Picknell, and featured many different outdoor activities. The mini olympics were a major hit with the younger echelon of attendees, which included events such as skating, curling, and bobsled, which Adele deemed the absolute highlight of the day.

The Lions Club served hot dogs and hot chocolate, and worked through all of their supplies: a sure sign that the event was extremely well attended. Local mascot and costume designer David Grattan also made an appearance in a snowball costume, which fit the occasion perfectly. There were other activities ongoing as well, such as a Tug-of-War, a "learn-to-skate" for kids, a free skate, and shiny hockey.

The event also featured sleigh rides, pulled by the McWilliams Clydesdales. The team of horses pulling the sleigh were Wilson and Sparky, and were driven by Wyatt McWilliams, who entertained the sledders as they toured around, saying "I only speak two languages, folks, and those are English and Horse. Now I don't know about you, but things are starting to get a little 'horsey' around here!"

Now, it is time to thank the many sponsors and volunteers who helped make this happen! With the help of the Winterfest Committee, the outdoor rink volunteers, the NCA, the Lions Club, the fair board, and many other volunteers, this winter event was a resounding success.

Written by,
Sara Ericsson



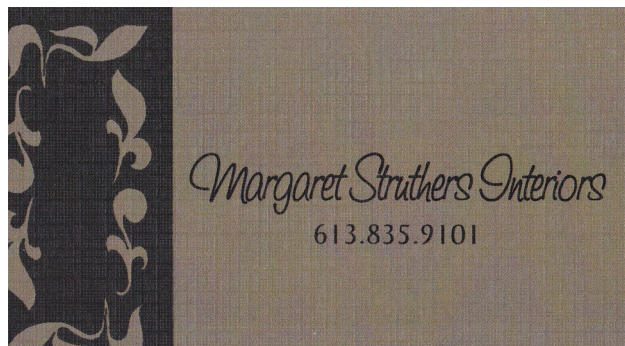
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NAVAN MINOR BALL LEAGUE 2015

The registration form for minor ball will be available on the www.navan.on.ca website as of March 1st, 2015. For those wishing to register their child(children) please print off and complete the form and drop it off, along with your cheque, in the mailbox (at the street) at 3735 Trim Road. Forms will be accepted until April 20th, 2015. The form will also be available in next month's Nugget. Please direct any questions to navanminorfastball@gmail.com.



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MECRAFT PRIZE LIST

For everyone who wants to get a head start on their projects for the 2015 Navan Fair the Homecraft and the Floriculture Prize List are available on our web site www.navanfair.com, we can e-mail you a copy or you can pick up a hard copy at the Navan Fair office.

The Cumberland Township Agricultural Society (CTAS) Navan Fair has volunteer Board Member position that we would like to fill:

CONCESSIONS DIRECTOR

This position/duty can be shared with another person (Co-Directors).

The Concessions Director duties include but not restricted to:

- Contacting vendors/concessions (food and products) to verify their return for the upcoming year
- Seeking out potential new vendor/ concessions
- Managing applications & payments
- Updating indoor/outdoor site layouts
- Liaising with the City of Ottawa Health Dept & keep current with Health dept regulations
- Working closely with Grounds, Sponsorship, Advertising Directors and Admin Coordinator
- Being available during the week of the Fair, managing the positioning of the concessions and coordinating issues/concerns
- Attending the monthly Board meetings (2nd Tues of each month)

MEMBERSHIPS

CTAS Navan Fair Memberships on sale for \$20 until May 29, 2014 at the Navan Fair Office.

Office hours in March will be:

Tuesday 9:30 am – 4 pm

Wednesday 9:30 am – 4:00 pm

President: Jo-Anne Girard

Admin. Coord: Debbie Newton

1279 Colonial Rd., Navan ON K4B 1N1

Tel: 613-835-2766 Fax: 613-835-4008

navanfair@bellnet.ca or www.navanfair.com



In case you have not heard, Canada will be 150 years young in 2017. Planning the party starts now...

Ray Vetter and Fred Hyde, of the Navan Community Association, are heading up a committee to help coordinate the various activities and ideas that our community may have, to celebrate this sesquicentennial anniversary (try saying that after a couple beers). If you would like to be part of the committee, please let one of them know. In addition they would like to meet with every group, organization, club, association and even excited citizens for their ideas and suggestions as to what the whole community could do in the way of a major project or collection of smaller projects.

Let's get the party started...

Ray Vetter

613-835-1744

rvetter@sympatico.ca

Fred Hyde

613-835-3331

fchyde@magma.ca

Dale Borys, CPA

Former CRA Auditor &
Senior Technical Applications Officer
Personal, Business and HST Tax Returns
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613-897-9947



Navan Lions Club



Information session and membership drive supper.

On Monday 27th April at 7pm in the Navan Curling Club.

Navan Lions will welcome visitors from the community for an evening of welcome, fun and information.

We will answer your questions- such as:

What does it mean to be a Lion?

How do you become a Lion?

Do you have to be crazy to join? (no – but it helps)

Can I still help if I don't actually join.

What is the Commitment to being a Lion?

Is it fun or just hard work?

What are the programs and activities?

How has Navan Lions helped Navan?

What are the fundraising activities and how much money does Navan Lions raise?

For an invitation to this not to be missed event, please contact Hal or Chris Macpherson at
(613) 835 3502,

Or David Paterson at (613) 835 2188

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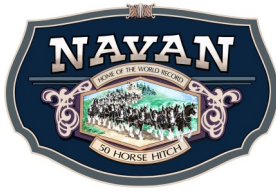
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NCA YOUTH VOLUNTEER BURSARY



Congratulations to Taylor McNeely the recipient of the 2015 Navan Community Association's Youth Volunteer Bursary. Over the years this busy student has logged well over 800 hours of volunteer service in Navan as well as holding down a part time job and attending school. Presently Taylor is attending Algonquin College completing the Animation Graphics Arts program. Seen in above photo is Taylor McNeely and Tom Devecseri.



Older Adults (50 or over) who are residents of Navan and the surrounding communities are invited to attend our drop-in centre social

gatherings upstairs in the Navan Memorial arena every Wednesday afternoon from 12:30 to 4:30 pm. Throughout the year, there are also several planned events held in more distant locations, such as theatre visits and bus tours. To become a member, all that is required is an annual membership fee of twenty dollars (\$20.00) per person and a current membership in the Navan Community Association. Guests are welcome for a small fee of two dollars (\$2.00) per visit. The activities commence annually, the first week in September and end the last week of June. This year (2014) the activities will cease after 25th of June and commence on the 3rd of September. This year we also plan to expand our activities to include some which would allow individuals who desire to do so, to compete in the Ontario Senior Games at a later date. *The Nifty Fifty Plus Organizing Committee*

NAVAN COMMUNITY BUILDERS WALL

Nominations to the Navan Community Builders Wall are now open until March 30, 2015

This is an opportunity to recognize and honour residents or groups past and present of the Navan area who have generously given of their time and talents for the benefit of the community.

The official nomination process is on the NCA website at www.navan.ca

The official ceremony honouring these successful nominees will be held on June 6th 2015.

VOLUNTEER NEEDED

The NCA is looking for volunteers to maintain the two flower beds at each entry to the village. This task includes planting flowers and weeding on a regular basis. Please contact Anne-Marie at 613-835 2757 if you are interested in volunteering a few hours during the summer.

NAVAN YOUTH DANCE

The next dance is Friday, March 13th. The dances are held at the Navan Arena, from 7:00 - 10:30 pm, the 2nd Friday of each month. You may email navandance@gmail.com if you wish to volunteer for the dance. High school students can earn community hours. Further info can be found on the Navan website at www.navan.on.ca.

OUTDOOR RINK HOURS OF OPERATION:

Monday to Sunday: 8am to 10pm

Family Skating times (no hockey nets on the ice):

- Wednesday: 8am to 10pm
- Saturday: 8am to 12pm
- Sunday: 12pm to 4pm

NEXT NCA MEETING

Please join us for our next meeting on Monday, March 16th, 2015 at 7:30 p.m. Upstairs at the Navan Arena.

Check out the link at www.navan.on.ca

Send us your community events to include on our Facebook page: email your event to webmaster@navan.on.ca for inclusion the FB page.

Help spread the word! Events also get posted on the calendar at www.navan.on.ca and in the Nugget.

Chair: Philippe Grandmaitre

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

Safety: Fred St.Pierre



Community Safety Zone



Welcome to this month's Community Safety Zone! As spring approaches, we will focus on providing Navan residents with tips on how to make their homes more secure. Although we are lucky to live in such a safe community, our village is not immune to incidents of thefts and residential break & enters.

The best way to prevent your family from being the victim of such crimes, is to make your property as burglary proof as possible. In addition to making sure doors and windows are locked at all times, there are additional measures available to homeowners, which are both simple and inexpensive to implement.

There is no set time that a break-in is more likely to occur. Suspects will usually break into a home which appears unoccupied, and this can take place at night or during the day. If you are going to be away for any length of time, ensure you have a trusted person looking after shovelling your driveway, taking out the garbage and collecting your mail. If you have recently purchased expensive items such as electronics, ensure the boxes are cut up when brought out for recycling.

You can also purchase energy efficient bulbs and/or motion sensors for exterior lights and make sure some are left on overnight, trim shrubbery around the house in a manner that it does not provide concealment to windows/doors and ensure you have good quality deadbolt locks to your house and garage.

Furthermore, there are fairly inexpensive home alarm systems available and several insurance companies provide discounts to residents who have them installed. Some retailers also sell video home surveillance systems, which are both easy to install and reasonably priced.

The Ottawa Police offers a free home security evaluation service to its residents. Contact the Orleans/Cumberland Community Police Centre at (613) 236-1222 ext. 3575 for more details on this program.

If you have a question/comment for the Safety Committee, please e-mail us at: safety@navan.on.ca

Kyle McDowell, B. Commerce
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COMMUNITY ANNOUNCEMENTS

2015 Navan Fine Arts Exhibition & Sale

Please join us for the 5th anniversary of our show

April 25 & 26 (Saturday/Sunday), 10 am – 4 pm each day at the Navan Curling Club
Free admission

More highlights at our 2015 show:

- 2015 feature artist Richard Hanna is excited to be joining us. Richard is an award winning performing and visual artist originally from New Zealand, who has a world-wide following for his unique felt pieces
- Domaine Perrault will be joining us Sunday April 26 for wine samplings starting at 1 pm.
- Mystery writer Barbara Fradkin's most recent book has scenes that take place in Navan! She'll be joining us Sunday from 1-4 pm and will have her book for sale
- Meet Children's book authors Monica Dumont and Joanne Lécuyer (Saturday 10am-1 pm) and purchase signed copies of their award winning books, and Happiness Expert and writer Kitz Szpak (Saturday 1-4 pm) to get copies of her books
- Our weaver Shirley Browsky will have samples of her Jackwraps – handwoven art to hold your baby close to your heart

Welcoming Navan and area artists Bernadette Alcock – Garden Sculptures, Shirley Browsky – Weaver, Richard Charlebois – Marquetry, Ross Elliot – Wood Turner, Jean-Paul Fournier – Photography, Liz & Francois Fournier – Pottery, Janis Fulton – Acrylics & Oils, Doreen Hardiman – Visual Artist, Kerstin Peters – Visual Artist, Ken Riopelle – Acrylic Artist, Threaded Metal Designs by Sarah Langille, Anne Warburton – Fibre Art and Handmade Books, Talin Waugh – Jewellery, plus a special exhibit of selected works by students of Heritage Public School.

More info: www.navanarts.com

And please visit us on Facebook at <https://www.facebook.com/NavanFineArts>

NAVAN BOOKMOBILE

1246 Colonial Road, Thursdays 2:30 to 4:15 p.m.

NAVAN BIRDS

You are cordially invited to join us for an evening of BIRDS OF NAVAN and AREA.

David Grattan and Tom Devesceri will entertain and educate us with information on birding and and bird photography.

DATE: Wednesday, March 11TH

TIME: 7pm

PLACE: St Mary's Hall, Smith Road, Navan.

Light refreshments will be served.

Donations to the Wild Bird Care Centre will be gratefully accepted.

Sponsored by the Navan Women's Institute

EVERYONE'S A STAR

Introducing Everyone's a star! Navan's new Children's Theatre Program. An innovative "hands on" program that provides children 8 yrs and up with the opportunity to participate in every level of a theatrical performance. Registration for our spring term will take place on Jan 6 and 13 from 5:30 pm - 7:30 pm at St. Mary's Hall 1170 Smith Rd. in Navan. Can't make it in person, you can register by phone at 613-830-8380. Classes and our end of term production will be held at St. Mary's Hall. For more information you can visit our website at www.csmproductions.ca or call 613-830-8380.



SKATING AT THE NAVAN ARENA

Public Skating:

Saturdays starting Oct. 4th, 5—5:50 p.m.

Sundays starting Oct. 5th, 1—2:20 p.m.

Unsupervised Skating:

Monday starting October 6th, 3—4:50 p.m.

Thursdays starting Oct. 9th, 3 to 4:50 p.m.

WEEKLY RURAL SHOPPERS BUS

OC Transpo has five routes that provide free once-a-week service from rural communities to urban shopping destinations. Tuesdays Navan • Sarsfield • Cumberland. These routes arrive at urban shopping centres around 10 a.m. and leave at 2:30 p.m. Buses are fully accessible and have space for two customers using wheelchairs. These routes do not operate on holidays. Contact OC Transpo for additional details and travel planning assistance.



CHANTAL SOUCY

Last month, Navan lost a vibrant, kind, and talented lady. Chantal Soucy grew up in Notre-Dame-Des Champs, just a little ways down Navan Road. She was married to Sylvain Soucy, mother to Catherine and Philippe-Olivier. The family arrived in Navan in 1998. In the following years her children grew up here while she taught school. Just two years ago, Chantal became Vice-Principal at Ste.-Geneviève Catholic School. It was in 2011 that I met her and her family. It was a cold and rainy night when she walked into my home with her two children along with Julie St-Jean and her daughter. They all wanted to volunteer to help with the 150th celebrations for Navan. What a great support they were! Chantal and her family attended all the events that were so special that year. The one I remember most is the float they built for the Town Crier for the Navan Fair Parade that year. It was a Wonder on Wheels!! Chantal loved working with wood and her home is filled with her treasures. She also loved to exhibit in the Floriculture division every year. She battled cancer since 2012 but never lost her positive outlook and cheery smile. In 2014, she led the Navan Walk of Hope. One of the last times I saw Chantal, she was busy wood working and enjoying her life. This past Christmas, she came out to the Town Clock Plaza to sing Christmas Carols and mingle with the gang. It was great to see her with her little dog, Stitch.

Inspired by their mother's plight, her two children are studying nursing at Ottawa University. They want to help others with this disease. Sylvain and the family are doing the best they can now without Chantal's guiding light. May she rest in peace and keep watch over that beautiful family of hers!

Written by Sheila Minogue-Calver

QUOTE OF THE MONTH:

"Wherever a beautiful soul has been, there is a trail of beautiful memories."

KNOTTY KNITTERS

We have 2 new members. Welcome Stacey and Lorraine! Our experienced knitters are helping with sock knitting this month. If anyone wants to come out to the Navan Curling Club on Mondays, from 1 to 3PM, help with knitting Socks can be given. Some of us visited the Knitters at the Second Cup on Innes Road this month. What a delightful group of ladies!! Ashley, from Red Sock, Blue Sock Yarns, came selling her wares there. She dyes wool in such beautiful colours, right in her own kitchen! Such eye-catching yarn! Her wools may be bought at Orléans', Wool and Things on Youville Drive.

NAVAN STREETWALKERS

The cold has kept some of us off the trails this past month. So to get our walking steps in, we are off to Montebello for a day of dog sledding, snowshoeing, x-country skiing, swimming, and FUN!!! Spring is just around the corner!



NARC dogs for adoption - Faith and Hope

Faith and Hope are two Chihuahuas who made their way to NARC from Mexico to LA to BC and then to Navan - quite a transfer!

They are very sweet and gradually getting used to our cold weather.

Faith is around 1 year old and Hope is approx 3 years.

For more details please visit our website

Navan Animal Rescue Corp
4388 Navan Road, Navan, ON K4B 1H9
613-834-7005
www.narc-charity.ca

MAPLEFEST 2015**46th ANNIVERSARY****Cumberland Lions Club, 2552 Old Montreal Road****March 28 & 29 8AM – 3PM****Pancakes, Sausages, Maple Syrup, and Beverages****All The Pancakes You Can Eat.****Adults \$7, Children (Under 10) \$4,****Seniors (65 & over) \$6****See you all at this popular event.****www.cumberlandlions.ca****Follow us & Like us on Facebook****CUMBERLAND LIONS****ROCK & ROLL DINNER & DANCE****May 9, 2015****Maple Hall, 2552 Old Montreal Road.****Cocktails 5:30 PM, Dinner 7 PM****Music & Dance with a Live Band – Great Rock & Roll Tunes from the 50's & 60's.****Limited Number of Tickets and Advance Sale Only: \$30.00****Contact :Charlotte Kerluke 613-265-8299 or****charlotte.kerluke@sympatico.ca****EUCHRE PARTIES****MARCH 6 AND 13, 2015 AT 8 P.M.****BEARBROOK COMMUNITY CENTRE,****8720 RUSSELL ROAD, near BEARBROOK, ONT.****The Leonard Women's Institute will be hosting their next series of Euchre parties at the above noted times and dates. Come and enjoy friendly competitions with friends and neighbours.****There will be prizes for competitors and refreshments will be served following the games.****Fee to play is \$5,00.****AMPLIFYit***Be seen, Be heard, AMPLIFYit*info@amplifyit.ca**613-835-3364**

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HERITAGE PUBLIC SCHOOL

Where City meets Fields

The students of the Heritage Public School Concert Band would like to thank those individuals who contributed to our very successful bottle and can drive on Saturday, January 10th. Although the weather was very cold, the generosity of the community at large was heartwarming. Your donations will help defray the costs of our June band trip to Niagara Falls.

IF we missed your house in January and you still have empties you would like to donate, please e-mail Neil and Heather Monkman at monkpeople@gmail.com to arrange a pick up. We will continue our collecting right up until the time of the trip.

A SPECIAL FIELD TRIP

On February 11th the Nifty 50 plus Seniors group had the pleasure of a visit from the Heritage School Kindergarten Class. A big thank you to Jill Noakes, the students, and staff at Heritage School for lighting up what was otherwise a stormy, grey winters day! Everyone of the members thoroughly enjoyed the visit.



CAMP AWESOME-VACATION BIBLE SCHOOL

Vacation Bible School is coming to Navan this July. Navan-Vars United Church and St. Mary's Anglican Parish are co-presenting "Camp Awesome!" So, save the date for "Camp Awesome," Monday to Friday, July 13 to 17, 2015, from 10 am to 3 pm. The Camp is for all children from 4 to 12 years old, and will be held in St. Mary's Hall. The theme this year is "Fruits of the Spirit." There will be songs, stories, crafts, and games. For registration, contact Navan-Vars United Church, www.navan-vars-united-org. Everyone is welcome, and we look forward to seeing you.

Anglican Parish of Bearbrook, Vars & Navan



Rev. John Wilcox & Rev. Kristy Reimers-Loader

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
St. Mary's (3480 Trim Rd, Navan) 10:00 am
Navan Community Sunday School 9:45 am
St. Andrew's (1900 Devine Rd, Vars) 11:30 am
613-216-2200 or www.bvnanglican.ca

THE THIRD SPACE

Beginning again in October 2014. The Third Space is held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of each month. Sponsored by the Parish of Bearbrook, Vars, and Navan.

NAVAN COMMUNITY SUNDAY SCHOOL

Ecumenical Sunday School
Sundays (schedule will be posted at Sunday School)
9:45am - 11:15am (NEW FINISH TIME)
St. Mary's Hall For children ages 3-14 Starts Sunday, Sept.14th, 2014. Looking for Teachers For info email: navancommunitysundayschool@gmail.com.

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Navan Community Sunday School

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\$450,000.00	\$22,500.00	\$15,750.00	\$6,750.00
\$500,000.00	\$25,000.00	\$17,500.00	\$7,500.00
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THE WHITE THROATED SPARROW

The extreme cold weather recently has everyone wishing for summer. One of the birds most redolent of summer, for me, is the White Throated Sparrow. When we first arrived in Canada from the UK we went camping in Algonquin Park – and there in the evening at the old Pog Lake theatre we watched a documentary about this bird. And what struck us so powerfully –was its most lovely song. This song, as you probably agree, is hauntingly beautiful – and I mean hauntingly because once you have heard it is unforgettable. Initially I associated this song with canoeing in Algonquin Park. However, I often now hear it in Navan on a spring or summer morning. – So the association has changed. (I actually heard last week when I wrote this – that is during the week of the 20th Feb) Apparently the White throat sings all year round and sometimes at night. Words have been set to the song – “Oh Sweet Canada, Canada, and Canada’.

Well said White Throat.

So you can readily recognise it when you hear it, but what about visually. It's actually easy to recognise, because if you see a sparrow with a little yellow patch on the side of the head – it's probably a White Throated sparrow.

Theoretically the White Throated sparrow is migratory, and according to the books spends winters in the USA and summers in Canada. The reality seems to be somewhat different, because it is right here in Navan right now. I wonder if like other species it stays because of access to well provisioned bird feeders provided by generous Navanites. Apparently it has a particular liking for millet seed.

This sparrow is more difficult to spot in the wild - In woods it tends to forage among the fallen leaves in flocks, If you want to hear the song pay a visit to Cornell University's wonderful website “All about birds” and search for the White Throated Sparrow. If you simply Google “White Throated Sparrow”, you'll get there.

Written by David Grattan. Photos by Tom Devecseri.



Articles or announcements must be submitted to navannugget@navan.on.ca by the 20th of the month to be included in next month's issue of the newsletter.

What a wonderful place in which we have chosen to live.

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