

NOVEMBER 2014

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

NAVAN FALLFEST 2014



FALLFEST – JUST A MEMORY

In spite of the weather, FallFest again this year was a very successful event.

There were 23 activities for the people in the building and outside to participate in and in spite of the rain, the ball hockey game started before 11 am and did not stop, till the rink was dismantled at 3 pm. The only thing cancelled, because of the weather, was the tug of war challenge. It saved the team of local fire fighters the embarrassment of once again losing to the youth of the community.

The talent show, featuring local amateur performers is fast becoming a very popular event at FallFest. Even though it had to be moved inside, where the acoustics in the building were less than ideal, local youth, Frank LaHache, Robin Kenny, Sarah Sirvin, Jordan Sirvin and Lyric Scharf entertained the crowd with their talents.

This year the Decorate Navan Challenge had 20 locations in Navan on display. Congratulations to the Lalonde family at 1255 Randboro, whose display, pictured here, was chosen by the people to be the best one in Navan.



Our mascot now has a name, it is to be called "Arthur".

It was always a fear that rain, some year, might dampen the spirits and attendance at FallFest. This turned out to not be the case and through the community's generous donations at the BBQ, run by the Lion's Club, and sales at the Silent Auctions, there was still a surplus. The committee has decided to make a donation of \$500 to the Miracle League of Ottawa for the establishment of the Sports Facility, for the handicapped, being built at the community center at Notre Dame de Champs. Hopefully, through our efforts and your generosity, other people in the bigger community will have some fun times too.

It is expected that at the 7th annual FallFest, scheduled for Saturday October 3, 2015, there will be more faces painted, pumpkins decorated and prizes fished for at the kid's pond plus even some new activities to attract the interest and participation of all members of the family.

Many thanks to all the people who helped at FallFest and a very big thank you to all the people who came out to participate in the activities, in spite of the weather.

Written by Fred Hyde. Photos by Tom Devecseri.



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President: David Paterson
Secretary: Christine MacPherson
Treasurer: David Grattan

Navan Lions has now returned to its normal meeting cycle of two per month. (let any of us know if you'd like to join us some time – visitors are always welcome – especially if they can bring us a new joke or tell of us some special need for help).

At our final September meeting we had a most interesting speaker - Stephanie MacGregor from the Dave Smith Youth Treatment Centre. Stephanie spoke of fund raising initiatives for the building of the new Dave Smith Youth Treatment Centre – a residential programme for youth with mental health and addiction problems – in Carleton Place. We were able to present her with a cheque for \$1000 to help with this wonderful project.

Recent activities – include Fall Fest where we ran the BBQ, and dispensed candy dressed up as a Pumpkin. (me) We also ran a BBQ at Heritage school for the meet the Teacher night.

At the end of October are due to conduct some vision screening in the Connaught school. This is a wonderful program in which we work closely with an optometrist to test the sight of school children. Typical we find quite a number of undiagnosed problems including some children who are even unable to read the top line on the test chart. This important service is not supported by the School Boards – so the Lions have decided to support this program.

Lions will be collecting to support this program on "White Cane Day" on October 25th. We will be col-

lecting at Laverne's Western Beef and Bradley's Last but not least – Halloween approaches - all Navan Lions are required to come in costume to the Halloween week meeting. This is a cause of consternation to some and delight to others. We do have a wonderful time. If you have any questions about Navan Lions and the forthcoming events, or are interested in joining us, please visit our website at:

www.navanlions.ca/. David Grattan.



Indoor Winter Storage

There is space available in our buildings at the Navan Fairgrounds. Storage from Oct 15th,

2014 until May 3rd, 2015

If you are interested, please contact Ray Lanthier at 613-835-3397 or cell 613-447-3397.

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5th Wheel	\$550 Each

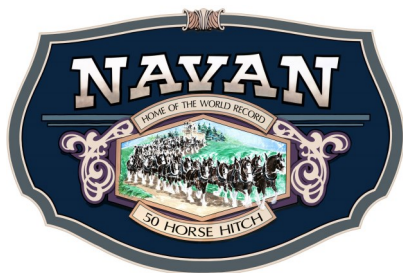
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NAVAN COMMUNITY ASSOCIATION



Older Adults (50 or over) who are residents of Navan and the sur-

rounding communities are invited to attend our drop-in centre social gatherings upstairs in the Navan Memorial arena every Wednesday afternoon from 12:30 to 4:30 pm. Throughout the year, there are also several planned events held in more distant locations, such as theatre visits and bus tours. To become a member, all that is required is an annual membership fee of twenty dollars (\$20.00) per person and a current membership in the Navan Community Association. Guests are welcome for a small fee of two dollars (\$2.00) per visit. The activities commence annually, the first week in September and end the last week of June. This year (2014) the activities will cease after 25th of June and commence on the 3rd of September. This year we also plan to expand our activities to include some which would allow individuals who desire to do so, to compete in the Ontario Senior Games at a later date.

COME AND CHECK US OUT.

The Nifty Fifty Plus Organizing Committee

NIFTY 50+ ANNUAL CRAFT SALE

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NAVAN YOUTH DANCE

The 2014-15 season of the Navan Youth Dance has begun, the next dance is Nov. 7th. The dances are held at the Navan Arena, from 7:00 -10:30 pm, the 2nd Friday of each month, except for November which will be on the 1st Friday, Nov. 7th. You may email navandance@gmail.com if you wish to volunteer for the dance. High school students can earn community hours. Further info can be found on the Navan website at www.navan.on.ca.

NEXT NCA MEETING

Please join us for our next meeting on Monday, Nov. 17th, 2014 at 7:30 p.m. Upstairs at the Navan Arena.

Check out the link at www.navan.on.ca

Send us your community events to include on our Facebook page: email your event to webmaster@navan.on.ca for inclusion the FB page.

Help spread the word! Events also get posted on the calendar at www.navan.on.ca and in the Nugget.

Chair: Philippe Grandmaitre

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

Safety: Fred St.Pierre

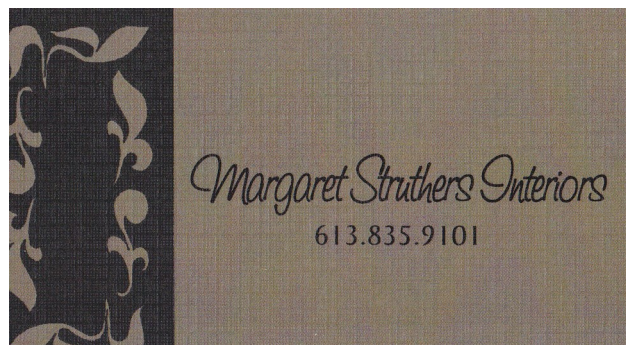


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Community Safety Zone



Welcome to the Navan Community Association Safety Committee's first, of what is hopefully going to be several monthly columns! The Safety Committee's mandate is to assist the residents of Navan with any concerns or questions they may have as it relates to public safety. It also acts as a liaison between our village and the Ottawa Police Service and/or City of Ottawa By-Law Services. Your NCASC Director is Fred St-Pierre.

In this column, the committee will touch on an array of subjects relating to crime prevention, youth intervention and the overall security of our community. We will also answer residents' questions, which can be asked through the NCA e-mail. So if you have a question relating to any public safety matter, please e-mail us at: safety@navan.on.ca

For this month's column, we will present the different ways of reporting crime to the Ottawa Police. First, for any life threatening emergency or crime in progress, residents should call 911. For any other emergency where an officer is required, the number to call is (613) 230-6211. To report a theft, property damage, missing person or stolen vehicle, call (613) 236-1222 ext. 7300. On-line reporting is also available using the following link: <http://www.ottawapolice.ca/en/contact-us/Online-Reporting.asp>

It is important to report all crimes, no matter how minor in nature, since police resources are deployed based on an analysis of the geographical areas where crime takes place.

SKATING SEASON IS JUST AROUND THE CORNER!

Work is already underway to get Navan's outdoor rink up and running for this winter! A group of volunteers got together on Saturday October 25th to lay the groundwork for the outdoor rink, which is located in the Domes area of the Navan Fair Grounds.

The purpose of the outdoor rink is to provide an opportunity for local families to have greater access to an ice surface for pick up hockey and recreational skating. Weather permitting, the committee is hoping to once again have the skating rink open for the Christmas holidays.

Volunteers needed: Anyone willing to lend a hand and help with rink maintenance this winter is asked to contact Luc Picknell at 613-429-0131 or by email at lpicknell@rogers.com. The more volunteers we have, the easier it is to keep volunteer time commitment to a minimum.

Keep Informed: Keep up with all the details by visiting the Navan Community Association website (www.Navan.on.ca) or by following us on Facebook (facebook.com/NavanCommunityOutdoorSkatingRink).

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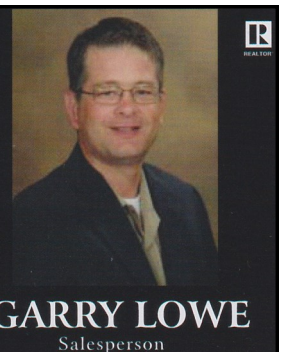
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COMMUNITY ANNOUNCEMENTS



Yves and Charline Potvin sign the register following their marriage on Saturday, September 20th, 2014. It was a beautifully warm day out in the country on their property. We wish them many happy times and years together!!

A NOTE TO FARMERS

Dear Farmers (with fields of corn);
From a commuter from a rural area to this scenic rural part of Ottawa, I am writing to say a big THANK YOU! for leaving those last precious rows of corn standing by the roadside. Each day the snow blows and the wind polishes the roads into an icy black sheen, I say a "Thank you farmers!" aloud as I breathe a sigh as I enter a strip buffeted by corn rows and am able to relax (ever so slightly). Harvest time is upon us. So, I share my gratitude for your leaving a few rows of the summer's bounty by the roadside that help those of us who drive, and drive and drive to work (and home) arrive a little less white knuckled.
THANK you. Thank YOU. Thank you.
D. Roberts

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WINE AND ART PAIRING

Sunday, September 21st, 2014, was a wet rainy day but it did not deter the crowds from coming to the Perrault winery to taste a few hors d'oeuvres and Denis Perrault's delicious wines. Thanks to Debbie Pike, a Navan Women's Institute member, who organised the event, along with Anne Warburton who brought in all the artists. Though it poured for awhile the sun did shine and everyone enjoyed the tastings under tents scattered here and there on the winery grounds. Denis and his wife, Lise, joined the throng to celebrate this Autumn event. Thanks to everyone who attended. All proceeds go to the Navan Women's Institute for the Scholarship Fund.

KNOTTY KNITTERS

We are meeting on Mondays at the Navan Curling Club between 1 and 3PM. Come along and join us. We wish to thank Café Latte Cino for the welcome they give us every summer for the last few years. We love the drinks and food at this wonderful Café and their smiles.

I am busy knitting for Christmas right now. If any of you wish help on a Christmas project or just want to meet like-minded friendly gals come on out to the Curling Club on Monday afternoons.

Coffee and tea are available for a loonie.

TOWN CLOCK PLAZA

Thanks to the NCA for the beautiful pots of mums sitting in the plaza. Thanks also to the Navan Streetwalkers who weeded the area one Friday afternoon. It's so welcoming!

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WANTED: EMPTY LCBO BOTTLES & CANS

Do you place your empty LCBO bottles and cans in your recycle bin each week rather than return them to the Beer Store? If so, please consider donating them to the Heritage Public School Concert Band.

The Concert Band is currently fundraising for its June 2015 band trip and every nickel and dime collected helps offset the costs.

If you have "empties" that you traditionally just throw away, contact Neil or Heather Monkman at monkpeople@gmail.com to arrange a pick up or drop off. Please title your e-mails "LCBO EMPTIES".

EUCHRE PARTIES

November 7th and 14th, 2014.

The Leonard Women's Institute would like to invite you to an exciting "Euchre Competition" to be held at the Bearbrook Community Centre, 8720 Russell Road near Bearbrook commencing at 8 p.m. on the above noted dates.

Friends and good company are always welcome to play cards and visit. Prizes for players and a door prize for all. Sandwiches and dessert, tea and coffee will be available afterwards. Fee to play cards is \$5.00.

ORLEANS WOMEN'S CONNECTION

Wednesday, Nov. 12th at The Orleans United Church, 1111 Orleans Blvd from 9:30 - 11:00 a.m..

Come to our Annual "Bring and Buy Fall Fair"

Speaker: Faith Journey of Liz LaVia of Bloomfield, On "Through Trouble To Triumph"

Light Refreshments served.

Cost: \$5.00 at the door

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NAVAN NOTABLES

SCHOLARSHIP RECIPIENTS

Cailey Schaffler and Sydney McNeely received the two scholarships from the Navan Women's Institute this year. Cailey is studying massage therapy while Sydney is in the Honours Science program. Both love their chosen fields and are excelling in their courses. Keep up the great work young women! We are very proud of you.



Sheila Minogue-Calver presenting cheque to Sydney McNeely.

Cailey Schaffler



WEEKLY RURAL SHOPPERS BUS

OC Transpo has five routes that provide free once-a-week service from rural communities to urban shopping destinations. Tuesdays Navan • Sarsfield • Cumberland. These routes arrive at urban shopping centres around 10 a.m. and leave at 2:30 p.m. Buses are fully accessible and have space for two customers using wheelchairs. These routes do not operate on holidays. Contact OC Transpo for additional details and travel planning assistance.

NAVAN BOOKMOBILE

1246 Colonial Road, Thursdays 2:30 to 4:15 p.m.

SKATING AT THE NAVAN ARENA

Public Skating:

Saturdays starting Oct. 4th, 5—5:50 p.m.

Sundays starting Oct. 5th, 1—2:20 p.m.

Unsupervised Skating:

Monday starting October 6th, 3—4:50 p.m.

Thursdays starting Oct. 9th, 3 to 4:50 p.m.



HERITAGE PUBLIC SCHOOL Where City meets Fields

An upcoming fundraiser that is being planned by School Council during the month of December at Heritage Public School is the Toy and Bake Sale. This is a very exciting day for the students! On this date each student will have the opportunity to visit the gym with their class and purchase some toys and baked items. We are looking for donations of gently used toys, books, games, and movies. Keep this in mind if you are doing a fall clean-up. Donations can be dropped off at the school starting December 1st, 2014 or you can call Virginia at 613-835-3389.

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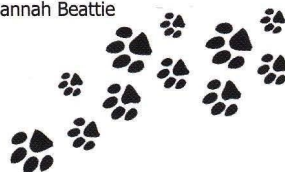
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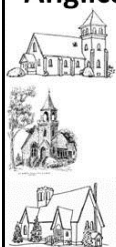
Anglican Parish of Bearbrook, Vars & Navan

Rev. John Wilcox & Rev. Kristy Reimers-Loader

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
 St. Mary's (3480 Trim Rd, Navan) 10:00 am
 Navan Community Sunday School 9:45 am
 St. Andrew's (1900 Devine Rd, Vars) 11:30 am

613-216-2200 or www.bvnanglican.ca



THE THIRD SPACE

Beginning again in October 2014. The Third Space is held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of each month. Sponsored by the Parish of Bearbrook, Vars, and Navan.



NAVAN COMMUNITY SUNDAY SCHOOL

Ecumenical Sunday School
 Sundays (schedule will be posted at Sunday School) 9:45am - 11:15am
 (NEW FINISH TIME)

St. Mary's Hall For children ages 3-14 Starts Sunday, Sept. 14th, 2014. Looking for Teachers For info email: navancommunitysundayschool@gmail.com

NEW THIS YEAR—YOUTH GROUP

Navan Community Youth Group (as part of NCSS)
 Ecumenical Youth Group

Fridays (schedule will be posted at Youth Group)
 7:00pm - 9:00pm at St. Mary's Hall

For youth ages 11-15 Starts Friday, Sept. 19th, 2014
 Looking for volunteers ages (16-18) For info email: navancommunitysundayschool@gmail.com

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QUILT SHOW

Come out and see gorgeous hand crafted quilts on display in St. Mary's Church on November 14th and 15th from 10:00 am until 4:00 pm. These works of art will be draped over anything and everything in the church itself. In the hall there will be two 'Artists in Residence'; quilters who will be displaying more of their work, their techniques and their passion for quilting. Also in St. Mary's Hall will be a vendor area where you can pick up some early Christmas gifts for others or fall in love with a special item for yourself. The ladies of the church will be running a lunch counter with muffins, tea, coffee, soup, sandwiches and dessert squares. Don't miss out on this artistic extravaganza.

NAVAN-VARS UNITED CHURCH

1129 Smith Road, Navan

Rev. Janet Nield

Sunday Worship 10:00 a.m.

A friendly greeting awaits you!

www.navan-vars-united.org



Navan Community Sunday School

9:45 a.m. - St. Mary's Hall

navancommunitysundayschool@gmail.com

Covenanting Service at Navan-Vars United Church

The Navan-Vars United Church will be having the Covenanting Service for its new Minister, Reverend Janet Nield. The Service will be held Sunday, November 9th, 2014 at 7p.m. at the church, 1129 Smith Road in Navan. All are most welcome to attend and join in welcoming Rev. Nield to our community.

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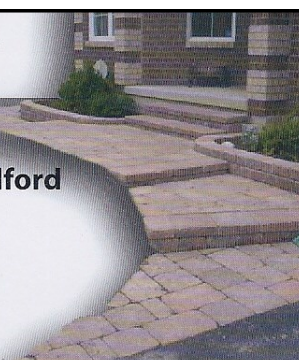
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REMEMBRANCE DAY 2014

November 11th, at 10:45 a.m.

A service of Remembrance will be held at the Cenotaph in Navan, starting at 10:45 on Tuesday, November 11th, 2014. All members of the community are welcome to come and join together as we honour those who have served our country. After the service there will be refreshments.

LEST WE FORGET
N'OUBLIONS PAS



NORTHERN WHEATEAR

A Northern Wheatear has been sighted close the kennels on Milton Road on the late rainy afternoon of Sept. 20th. This is only one of a handfull of sightings in the Ottawa area in the past 30 years. I was highly disapointed in not beening able to see the Wheatear on the 20th but was highly rewarded the next morning by being able to relocate it with other birders and photographically record it. "Its English name has nothing to do with wheat or ears, but refers to its prominent white rump."



Male—Northern Wheatear

The northern wheatear is a small passerine bird at 14½–16 cm length considered to be an Old World flycatcher. It is a migratory insectivorous species breeding in open stony country in Europe and Asia with footholds in northeastern Canada and Greenland. It nests in rock crevices and rabbit burrows. All birds winter in Africa.

Birds breeding in eastern Canada are thought to fly from Baffin Island and Newfoundland via Greenland, Ireland, and Portugal to the Azores (crossing 3500 km of the North Atlantic) before flying onwards to Africa. Other populations from western Canada and Alaska migrate by flying over much of Eurasia to Africa.

Miniature tracking devices have recently shown that the northern wheatear has one of the longest migratory flights known - 30,000 km (18,640 miles), from sub-Saharan Africa to their Arctic breeding grounds. [1]. ([1] From Wikipedia online).

Written and Photograph by Tom Devecseri