

October 2014

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca



FALLFEST is HERE

SATURDAY OCTOBER 4th

11 am to 3 pm at the Navan Fair Grounds

Face Painting

Kiddies's Fish Pond

Pumpkin Decorating

Bring in a Scarecrow for the People's Choice Competitions

Talent show

Silent Auction

Bake Sale

Judge the Best Fall Decorations in Navan

Paramedics

Colouring

Fire Fighters

Bring Your Pet at 11 am for the Blessing of the Animals

Girl Guide Cookies

Scout Apple Day

Lions / NCA BBQ with Chili and Popcorn

Help Name the FallFest Mascot

Something for the Whole Family

Check out past FallFest at <http://www.navanfallfest.com>



THANK YOU

As the Fair Season is quickly coming to a close, I wanted to give everyone an update on this year's Fair. Once again we were blessed with great weather and this weather brought over 24 thousand Visitors through our Gates. I want to thank the Board of Directors, our Sponsors, our many Volunteers and the Community for all their support. See you at next year's Fair.

Wendy Chretien
President

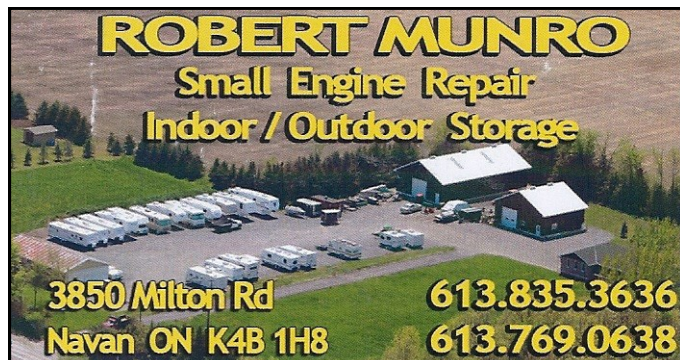
Indoor Winter Storage

Winter Storage available in our buildings.
If you are interested, please contact Ray Lanthier at 613-835-3397 or cell 613-447-3397.

Motorcycles	\$125 Each
Car or Pick-Up Truck	\$300 Each
Small Boat (Under 24')	\$300 Each
Large Boat (24' & Over)	\$550 Each
Tent Trailer	\$300 Each
Small Motor Home (Under 24')	\$300 Each
Large Motor Home (24' & Over)	\$650 Each
5th Wheel	\$550 Each

OFFICE HOURS IN OCTOBER Tues to Thurs 9:00 – 4:00

President: Wendy Chretien
Admin. Coord: Debbie Newton
1279 Colonial Rd., Navan ON K4B 1N1
Tel: 613-835-2766 Fax: 613-835-4008
navanfair@bellnet.ca or www.navanfair.com



Doggy Walkathon, Oct 25, 2014

Join us in a day of fun for the whole family on our 6th Annual Doggy Walkathon!

Registration is at 9:30am, Walk starts at 10:45am

This year's Halloween Doggy Walkathon takes place at NARC in the "Spooky Woods", and other activities include:

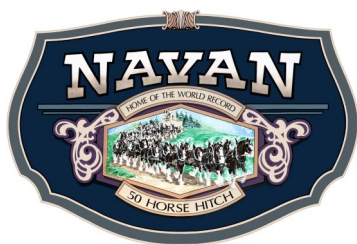
- Great door prizes – will be drawn after the walk
 - Prizes for "the most raised funds"
 - Items for Sale
 - Nail Trimming \$5.00
 - Pet Photography, etc...

Huge lot with frontage space right on Navan Road.

Great publicity so get your roadside spot today!
For more details and a pledge form please visit our website www.narc-charity.ca

Navan Animal Rescue Corp

4388 Navan Road, Navan, ON K4B 1H9
613-834-7005



NAVAN COMMUNITY ASSOCIATION



Older Adults (50 or over) who are residents of Navan and the surrounding communities are invited to attend our drop-in centre social gatherings upstairs in the Navan Memorial arena every Wednesday afternoon from 12:30 to 4:30 pm. Throughout the year, there are also several planned events held in more distant locations, such as theatre visits and bus tours. To become a member, all that is required is an annual membership fee of twenty dollars (\$20.00) per person and a current membership in the Navan Community Association. Guests are welcome for a small fee of two dollars (\$2.00) per visit. The activities commence annually, the first week in September and end the last week of June. This year (2014) the activities will cease after 25th of June and commence on the 3rd of September. This year we also plan to expand our activities to include some which would allow individuals who desire to do so, to compete in the Ontario Senior Games at a later date.

COME AND CHECK US OUT.

The Nifty Fifty Plus Organizing Committee

NAVAN YOUTH DANCE

The 2014-15 season of the Navan Youth Dance has begun, the next dance is Oct, 10th. The dances are held at the Navan Arena, from 7:00 -10:30 pm, the 2nd Friday of each month, except for November which will be on the 1st Friday, Nov. 7th. You may email navandance@gmail.com if you wish to volunteer for the dance. High school students can earn community hours. Further info can be found on the Navan website at www.navan.on.ca.

M-J MELENHORST
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613-835-3947
BY APPOINTMENT ONLY

944 GALAXIE AVE.
NAVAN, ONTARIO
K4B 1M5

NEXT NCA MEETING

Please join us for our next meeting on Monday, Oct. 20th, 2014 at 7:30 p.m. Upstairs at the Navan Arena.

Check out the link at www.navan.on.ca
Send us your community events to include on our Facebook page: email your event to webmaster@navan.on.ca for inclusion the FB page.
Help spread the word! Events also get posted on the calendar at www.navan.on.ca and in the Nugget.

Chair: Philippe Grandmaitre

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

Safety: Fred St. Pierre

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QUOTE OF THE MONTH:

"Autumn is a second spring when every leaf is a flower."

By Albert Camus

PLANNING FOR SUBDIVISION IN NAVAN

This is a community heads up that an application for a Plan of Subdivision and related Zoning By-law Amendment has been filed for the property of 3455 Milton Road. Deadline for comments is October 15th, 2014. A public meeting will be held in the community sometime after this date. Further information, including viewable plans can be found using the Development Application Search Tool on the City's Website. If you have any questions, please feel free to contact me.

Natalie Persaud

Planner

Development Review, Rural Services

Urbaniste

Examen des demandes d'aménagement, services ruraux.



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613.580.2424 ext./poste 12681

ottawa.ca/planning / ottawa.ca/urbanisme

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NEIGHBOURHOOD WATCH

Please report all vandalism, speeding, mischief, or any crime, however minor in nature, to the Ottawa Police by calling 613-236-1222 ext. 7300 or on their website at, <http://www.ottawapolice.ca/en/contact-us/online-reporting.asp>.

WEEKLY RURAL SHOPPERS BUS

OC Transpo has five routes that provide free once-a-week service from rural communities to urban shopping destinations.

202 Tuesdays Navan • Sarsfield • Cumberland. These routes arrive at urban shopping centres around 10 a.m. and leave at 2:30 p.m. Buses are fully accessible and have space for two customers using wheelchairs. These routes do not operate on holidays. Contact OC Transpo for additional details and travel planning assistance.

NAVAN BOOKMOBILE

1246 Colonial Road, Thursdays 2:30 to 4:15 p.m.

SKATING AT THE NAVAN ARENA

Public Skating:

Saturdays starting Oct. 4th, 5—5:50 p.m.

Sundays starting Oct. 5th, 1—2:20 p.m.

Unsupervised Skating:

Monday starting

October 6th, 3—

4:50 p.m.

Thursdays starting

Oct. 9th, 3 to 4:50

p.m.

Miss Viv Photography



Find me on Facebook
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Join us for our Open House on
Oct 25th from 9:00 - 5:00

Bring in this flyer to get 50% off
your first visit and 25% off your
second visit!

NAVAN NOTABLES

NAVAN STREETWALKERS

These energetic ladies form a walking group that walks the streets of Navan, 3 mornings a week for an hour each time. Being in this group is the only way I can discipline myself to get out there and exercise. We range from about 50 to 80 years old. It is a most encouraging bunch of women. We walk at our own pace, so sometimes you can see one or two of us lagging behind, chatting and enjoying each other's company. Some are now trying Nordic Walking. We use poles that help give our upper torso more strength. It really is a more strenuous workout. I find it helps our posture too. When the snow comes and the roads become too slippery, we set out on our snowshoes. The winter we all decided to try snowshoeing, our husbands all bought us the equipment for Christmas. We tour the countryside in and around our village. We sure do love this sport! Our attitudes towards winter have changed too. We actually hate to see the snow start to melt! One year Catherine Hyde created a book of our first snow shoeing times. It is a lovely souvenir of the beautiful snowy areas we discovered.

The Navan Streetwalkers are very community minded. We have decorated the main street of Navan at Christmas time for several years now. We place wreaths on the fences along Colonial. It adds a little Christmas cheer to the street along with the beautiful tree that the Potvin family has decorated in the Town Clock Plaza, since 2011. 3 years ago, the gals served at the 150th Golf Tournament;; they supported Juanita Vetter with her many efforts to create the Nifty Fifty+ Group, which meets every Wednesday afternoon at the arena hall for the past 3 years; they help to organise the Navan Fall Fest, along with the Navan Women's Institute and the Navan Lions Club, on the first Saturday of October. This year will be the fifth year for this wonderful day of Autumn fun for all Navan residents, young and old! The year Stephen Blais was first elected, some of us walked him down Trim and Smith Roads to see the dangerous ditches alongside the slanted, crooked sidewalk. The night we chose was a wet rainy night and that weather added to the dire conditions for walking. I like to think that we, as well as the W.I. and the NCA, helped Stephen see the necessity for a new sidewalk and the filling in of the ditches. It took 3 years but it happened!! Now we need to get a sidewalk along Smith Road to Colonial!! The last event we were involved in was the Navan "Walk of Hope", where we stood at the various stations to guide all the walkers. So you see, we not only walk the streets, we enjoy helping out in our community! Come out and join us. We meet at 9:30 AM in the Oak Tree parking lot on Colonial.

Written by Sheila Minogue-Calver.



Friday morning crew setting out for their walk: left to right,

Mary Lalande, Sue Woran, Chris MacPherson, Sheila Minogue-Calver, Doreen Hardiman, and Juanita Vetter.

COMMUNITY ANNOUNCEMENTS

REMEMBRANCE DAY 2014

November 11th, at 10:45 a.m.

A service of Remembrance will be held at the Cenotaph in Navan, starting at 10:45 on Tuesday, November 11th, 2014. All members of the community are welcome to come and join together as we honour those who have served our country. After the service there will be refreshments.

COMMUNITY SEPTIC TANK PUMPING

Starting September 2nd, 2014.

800 gallons, 3600 litres, \$225 + HST

1200 gallons, 5500 litres, \$305 + HST

1600 gallons, 7300 litres, \$370 + HST

Call Don Lawlor, 613-835-2436 or e-mail, don.lawlor@sympatico.ca.

NAVAN WOMEN'S INSTITUTE

Our last meeting at the Clarence-Rockland Museum was a very interesting glance back at local history. Gilles Chartrand, the museum curator was so proud of his collection and gave us a great guided tour. We followed up with a meeting at the local Tim Horton's. Our next meeting will take place at the Navan Curling Club, in the Lions' Den at 7pm on Wednesday, October 8th. New members welcome.

KNOTTY KNITTERS

Mondays at 1pm we meet at Cafe Latte Cino. Come on out for a great cappuccino and knitting! Starting October 20th we will meet in the Navan Curling Club lounge at 1pm for the entire winter season.

NAVAN KNIGHTS

What better combination than a Senior being helped with household and yard chores by young students who need to get hours to complete their Volunteer time in order to graduate. Many Seniors enjoy their home but find some chores too difficult. They need a little help. So if you are a student please consider helping someone out, right here in Navan. Email me at samc1@rogers.com and I will set you up with someone needing help. Sheila
PS I need help raking leaves and getting the yard ready for winter. Anyone interested in helping me out?

OKTOBERFEST-CUMBERLAND LIONS CLUB

Saturday, October 25th, 2014. Maple Hall, 2552 Old Montreal Rd. Great German food - Great German fun. Ottawa Rube Band - 15 piece - One of the biggest German-style band in Canada. Doors open 5:00 PM - German Dinner 6:00 PM. Limited Number of Tickets, Advance Sale only: \$30.00 Charlotte : 613 - 265-8299. www.cumberlandlions.ca

ORLEANS WOMEN'S CONNECTION

Wednesday, Oct. 8th at The Orleans United Church, 1111 Orleans Blvd from 9:30 - 11:00 a.m.
Special Feature: Kristine Geary of McCoy Bus Service and Tours
Music: Alice Kelly
Speaker: Faith Journey of Ethel Wright of Richmond Hill "I Love Gifts"
Light Refreshments served.
Cost: \$5:00 at the door
Reservations: Shirley 613-841-5143
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TIME WILL TELL:

The Story of the Navan Time Capsule

It seemed like a simple task at first glance...would Heather Monkman and I put together a little time capsule for Navan to be buried in the town clock plaza? "Of course," we both agreed, "that sounds pretty straight forward and easy to do." In fact, it was neither.

Gathering the information was actually the easiest part. Residents and businesses of Navan came forward with their stories, pictures and small mementos to add to the Time Capsule. People were very creative and put together some interesting submissions for us. The problem was, how to protect all of this important data so that it would be preserved intact for 25 or 30 years or more.

At this point, Heather and I realized that we were out of our depth in terms of knowledge and we needed technical help. That help came in the form of Fred Hyde and David Grattan, who agreed to join the committee and come up with a preservation plan for our Time Capsule submissions. They worked very hard on all elements of it--from the way in which submissions should be created to maximize their longevity, to the design of the capsule itself and finally how to ensure that it would stay dry over the years.

As David writes,

In my job as Manager of Research at the Canadian Conservation Institute I was present at the opening of a number of time capsules. Very often there is nothing but sludge in the bottom – a disappointment to all concerned.

What we have created for the Navan Time Capsule is a state of the art, custom built time capsule which learns from these mistakes of earlier attempts. It was fabricated of Stainless steel to our specifications by Virtucom metals of Carp – who gave us a nice discount as this was a community project. It is sealed with a neoprene O ring gasket. But to be sure in the long term that it will exclude moisture it was oversealed with molten paraffin wax. The wax flowed all around the capsule making it absolutely impervious. The wax was freely donated by the Boogie Doozy Candle Company in Chelsea, Quebec.

We have insisted on using durable materials for the contents - and most people have followed the guidelines. This should give people in 100 years' time something to study. For durability – the best recording medium is black and white photocopy or laser print on ordinary 8x10 paper. Ink jet copy fades with time and colour ink jet is especially vulnerable. CDs are also vulnerable as the metal reflective layer can corrode and the dyes used in CD-Rs may fade. Thus we have used archival grade CDs or DVDs which use gold as the reflective layer and stable dyes – even so there are doubts as to whether the reading technology will survive.

So, our committee of four feels confident that we have done our very best to equip the Navan Time Capsule with the highest quality of preservation standards that we could find. We thank the Community Association for their financial support in paying for the cylinder and the top stone which marks its place.

On a beautiful day in June of this year, as part of the Community Builders Wall ceremony, we were able to finally seal up the Time Capsule cylinder, lower it into the cement casing and pour the liquid wax over it. After the ceremony we added a top stone (pictured here) in order to mark where it is buried. We hope that you will go and see it and that sometime in the future, people will dig it up and learn what we were like in 2014. Time will tell!!

Written by Jill Noakes and David Grattan.

Committee members from left to right;

Jill Noakes, Fred Hyde, Heather Monkman, and David Grattan.





In the last month we have held or been involved in two major events, Autofest and our Fall Turkey dinner. Unfortunately it rained on Autofest - but despite that a number of people took advantage of the Lions Barbecue and enjoyed it and people who attended were enthusiastic about the car care sessions that were given. We are especially grateful to the generosity of the community and to the beneficial collaboration with the Navan Women's Institute and Napa Auto Pro. As a result \$600 was generated and split equally between Outcare, the Lions Club and the Women's Institute.

Our Turkey supper held on Friday, September 19th, at the Navan Curling Club was a sell out! In addition to the superbly cooked meal there were a number of interesting features. Lion Ross Bradley was presented with an award for his 50 years of service with the Club by Lions A4 District Governor Richard McCauley. Navan Lions President, David Paterson outlined the many contributions to the Lions Club made by Lion Ross - including serving as Club President in the late 1960s and again in the late 1970s. There is no doubt that Lion Ross has been a major factor in the success of the Club over the years - indeed he still serves very actively at the dinners in that he organises and assigns seating and runs the box office. In addition to the special award - Lion David Grattan organised a trivia quiz based on recognition of Doreen Hardiman's copies of 8 famous paintings as used in the Lions /Women's Institute Fair Parade Float. David was amazed at how good the response was (perhaps thanks should also be expressed to Google?) - Several teams got all 8 questions correct. So yes, Navan you do have Urban Flair.

Forthcoming events include a BBQ and costumes at Navan Fall Fest on October 4th, and on the day following (October 5th) we are participating and helping to organize the Purina® Walk for Dog Guides in Ottawa. The Purina® Walk for Dog Guides is a national fundraising walk held in more than 200 communities across Canada. It raises funds to help train Dog Guides for Canadians with visual, hearing, medical or physical disabilities. Each Walk is organized by local volunteers with support from Lions Foundation of Canada. To date, the Walk has raised more than \$10 million! Communities host Walk's in the spring and fall. Application forms will soon be available throughout Navan at Bradley's Navan Auto Pro etc. More details are available at the web site www.purinawalkfordogguides.com

The 2014 Jerry Calver Curling Bonspiel will take place on December 5th and 6th at the Navan Curling Club

details will be available soon.. If you have any questions about Navan Lions and the forthcoming events, or are interested in joining us, please visit our website at: <http://www.navanlions.ca/>.

President: David Paterson
Secretary: Christine MacPherson
Treasurer: David Grattan



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Jim Reilly	Trail Patrol Co-ordinator	613-769-6949
Debbie Dandy	Treasurer	613-835-2375
Laura Brownrigg	Volunteer Co-ordinator	613-445-0573
Wayne Dandy	Trail Co-ordinator	613-835-2375
Meryl Jackson	Trail Director-Vars	613-835-2651
John McArthur	Trail Director-Orleans	613-834-5324
Wayne Dandy	Trail Director-Navan/Sarsfield	613-835-2375
Stephane Gratton	Trail Director-Cumberland	613-833-1278
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PASTA DINNER & DANCE

Friday October 17th
St. Mary's Hall
1171 Smith Road, Navan

Advance Tickets only!
On sale until October 13th

\$25.00

Call **841-6118**

Build Your Own



CAESAR SALAD: lettuce, croutons, bacon, parmesan and dressing

BREADS: garlic bread, Navan buns

PASTA: bowtie, rottini, penne, gluten free

SAUCES: Tomato, cream, rosé

MEATS: chicken, ham, meatballs, sausage

VEGETABLES: onion, pepper, zucchini, mushrooms, broccoli

DESSERT: cheesecake, chocolate cake, rhubarb squares, lemon squares, strawberries, cupcakes and more

DRINKS: red & white wine, punch, coffee, tea

Music by: J&S Disco

NAVAN-VARS UNITED CHURCH

1129 Smith Road, Navan

Rev. Janet Nield

Sunday Worship 10:00 a.m.*A friendly greeting awaits you!*www.navan-vars-united.org**Navan Community Sunday School**

9:45 a.m. – St. Mary's Hall

navancommunitysundayschool@gmail.com**THE THIRD SPACE**

Beginning again in October 2014. The Third Space is held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of each month. Sponsored by the Parish of Bearbrook, Vars, and Navan.

**NAVAN COMMUNITY SUNDAY SCHOOL**

Ecumenical Sunday School

Sundays (schedule will be posted at Sunday School) 9:45am - 11:15am

(NEW FINISH TIME)

St. Mary's Hall For children ages 3-14 Starts Sunday, Sept. 14th, 2014. Looking for Teachers For info email: navancommunitysundayschool@gmail.com

NEW THIS YEAR—YOUTH GROUP

Navan Community Youth Group (as part of NCSS)
Ecumenical Youth Group

Fridays (schedule will be posted at Youth Group)
7:00pm - 9:00pm at St. Mary's Hall

For youth ages 11-15 Starts Friday, Sept. 19th, 2014
Looking for volunteers ages (16-18) For info email: navancommunitysundayschool@gmail.com

Anglican Parish of Bearbrook, Vars & Navan

Rev. John Wilcox & Rev. Kristy Reimers-Loader

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am

St. Mary's (3480 Trim Rd, Navan) 10:00 am

Navan Community Sunday School 9:45 am

St. Andrew's (1900 Devine Rd, Vars) 11:30 am

613-216-2200 or www.bvnanglican.ca**HERITAGE
PUBLIC SCHOOL****Where City meets Fields**

Meet the Staff Night and Family BBQ was held on Tuesday, September 23rd, 2014. A big THANK YOU to the Navan Lions Club who came out to BBQ and serve to the school staff and families. The evening was a great success and enjoyed by everyone.

An upcoming fundraiser that is being planned by School Council during the month of December at Heritage Public School is the Toy and Bake Sale. This is a very exciting day for the students! On this date each student will have the opportunity to visit the gym with their class and purchase some toys and baked items. We are looking for donations of gently used toys, books, games, and movies. Keep this in mind if you are doing a fall clean-up. Donations can be dropped off at the school starting December 1st, 2014 or you can call Virginia at 613-835-3389.

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NIGHTHAWKS OVER SMITH ROAD

One afternoon in late August we were sitting sipping a G&T on our deck – basking in the late summer sun. Rachel, looking up at the sky, noticed unfamiliar predator like birds slipping in twos and threes above us. What were they – we didn't know and a quick look in the bird books didn't seem to help much. So we did what we always do in those circumstances we called Tom Devecseri - who always knows!. "Nighthawks" he said – "they were here



this time last year almost to the day". Tom arrived shortly afterwards with Camera and binoculars in hand. For the following 45 minutes we watched in wonder as they skipped backwards and forwards in twos and threes high across Smith Road. Tom took a number of photos including one amazing one shown here – with three going in different directions almost seemingly on a collision course. One of these photos was published in the Ottawa Citizen about a week later - see:

<http://ottawacitizen.com/life/world-of-birds/wandering-warblers-again-on-the-move>.

So what is a Nighthawk? In the Cornell web site "All about Birds" it says: "On warm summer evenings, Common Nighthawks roam the skies over treetops, grasslands, and cities. Their sharp, electric peent call is often the first clue they're overhead. In the dim half-light, these long-winged birds fly in graceful loops, flashing white patches out past the bend of each wing as they chase insects. " And that sums up exactly what we saw.

Nighthawks are not rare – but they are declining in numbers. They have long pointed wings with a very distinctive white bar. It is a slender "medium sized" bird which is well camouflaged. They like treed areas or open wetlands and they nest in open areas and their summer range includes most of Canada and the USA. They do not venture into the high arctic. Their winter range is the northern part of South America. Not perhaps the most interesting bird but fascinating and entertaining to watch. And the moral of the story? Never underestimate the value of a well-timed G &T.

Written by David Grattan. Photos by Tom Devecseri.

Articles or announcements must be submitted to navannugget@navan.on.ca by the 20th of the month to be included in next month's issue of the newsletter.

What a wonderful place in which we have chosen to live.