

JULY 2014

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

NAVAN'S WALK OF HOPE JUNE 1ST, 2014



NAVAN'S WALK OF HOPE

Hannah Billings Legacy, to all children and families in need in our area, has been the Dolphin Fund, begun for her 8 years ago by the Navan Lions Club. Hannah had the same type of cancer that Terry Fox had - osteosarcoma. The cancer started in her right leg and went into the lungs. This Walk of Hope was to honour Hannah's spirit and life as well as her positive, caring attitude. She was only 9 years old when struck with this disease. Throughout the 18 months that she received operations and chemo she would smile at everyone, say hello to them, and make all around her laugh. She was kind to and thoughtful towards the homeless, non-judgemental, and caring of all sick children. Hannah's family was a close knit one. Her two sisters and parents tread the hard path along with her. I can't imagine the toll it must have took on all of them. During that last year and a half of her life, Hannah met Hal McPherson who became almost a grandfather figure to her. They were fond of each other and had many long chats together. Stacey MacDonald, along with Hal, started the Dolphin Fund for Hannah so that she might swim with Dolphins. Off to Discovery Cove in Florida to swim with these beautiful sensitive mammals. There was one dolphin, Roxy, who swam close to her and she rejoiced in that. They were able to pack in a visit to Disney World while down there. Hannah's life was a short one here but her memory lives on in all who knew her. She was an inspiration to others.

Navan's Walk of Hope gave tribute to this little girl, her energy, her kindness, her interest in others struggling with serious diseases. Her family joined the Navan Villagers on June 1st to walk for her and to fulfill her dream of continuing to aid other kids. Our Walk raised over \$800.00 for the Navan Lions Club's Dolphin Fund. Next year there will be another Walk to continue this tradition and to help one little girl's dream come true. Alison Billings, her Mom, would say to Hannah, "I love you" and Hannah would answer, "I love you more". Well Hannah, Navan loves you too and we want to carry on your wish to help other children and their families. We'll be back to walk for your cause next spring. God bless our little angel!

Sheila Minogue-Calver
www.navanwi.com



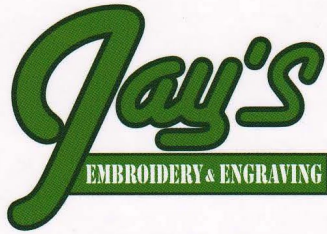
Featured NARC Adoptables Porscha and Zeke

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PUBLIC NOTICE

FOR RESIDENTS OF THE VILLAGE OF NAVAN

The Cumberland Township Agricultural Society would like to advise you in advance of planned street closures during some of the 2014 Navan Fair activities.

On Saturday, August 9th the traditional Fair Parade will take place. Participants will congregate in the field off Smith Road just south of Meteor Street. The Parade commences approximately at 10:45 am which will proceed along Smith Road east to Colonial, crossing over Trim and continuing east on Colonial until Delson. The Police and volunteers will be directing motorist and spectators as the Parade proceeds along its route. Restricted parking signs will be posted on Fairgreen and Delson for emergency access to the Fair grounds and livestock trailers specifically on Delson.

Additional community Policing has been requested for the village during the Fair, for life-threatening or crimes in progress call 911 and all other non-emergency issues please call 613-230-6211.

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ENTERTAINMENT AT THE 69TH NAVAN FAIR

Thursday night: 3's A Crowd

Friday night: Opening: Sidewinders

Main: Jason Blaine

Saturday Night: Opening: Claytones

Main: Colin James

Sunday: Opening: Olivia Charette, Tracey Brown

Main: George Fox

\$10 cover charge Fri. & Sat. at Domes
Age of Majority Fri. & Sat. nights

ADMISSION INFORMATION

Membership to July 31st

Adult: \$25 (includes 4-day pass)

Youth (13-17 yrs): \$15 (includes 4-day pass)

Exhibitor 1-day pass \$10

4-Day Adult pass \$25

4-Day Children (4-12) pass \$10

1-Day Adult pass \$10

1-Day Children (4-12) pass \$ 3

Children under 3 Free

MIDWAY Advance

Ride tickets;
35 coupons for
\$40.00
(Available at
the office until
Aug 6th)

Bracelets:
Purchased from
Midway;

Fri. \$25.
11am-11pm
Sun. \$20.
Noon-5pm

During the Fair:
16 coupons is
\$25.00
26 coupons is
\$40.00

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HELP WANTED

A variety of opportunities are available during the Fair under several different divisions support as assisting judges, setting up displays, organizing ribbons at events and working with animals for community hours. Our Grounds division below has specific requirements.

GROUND:

The grounds division starts setting up for the Navan Fair on Monday, August 4th. Work continues during the fair and into the week following the fair. Students can either obtain their 40 hours of volunteer work and/or can be hired to be part of the grounds division.

Workers will be paired up during their allocated shift(s). Safety Footwear (such as Steel toed boots) is mandatory for all persons working in the grounds division. Workers must supply their own foot wear.

JOB DESCRIPTION:

Designated individuals must have a valid license to operate Navan Fair equipment
Collection of Garbage and recycle materials within and around Fair grounds
Table/chair setup and tear down in the different divisions before and after the Fair
Cleaning of barns, buildings and rest areas
Moving of picnic tables, chairs etc.
Erecting and tear down of fence
General maintenance functions including Painting
Other related duties as required by the Grounds Director

SHIFTS:

We are hoping to schedule 3 different shifts during the Fair (depending on the number of people that are interested) with the morning shift starting at around 6:00am and the night shift ending around 10:00pm (workers must have their own transportation to and from the Fair Grounds). Lunch Room/Break Area is available with a fridge so that workers can bring their own lunches.

If you are interested in working in the Grounds Division, please fax (613-835-4008) or email (navanfair@bellnet.ca) the Navan Fair Office, Attn: Grounds Director and someone will in get back to you near the end of July.

**Navan Fair Parade****Rules and Regulations**

Judging will be based in 3 categories on the following 4 criteria; Creativity/Originality, Decoration & Costume, Crowd appeal, Interpretation of Fair theme, by a panel located along the route.

The 3 categories are; Family, Community, and Commercial.

Floats must be on site no later than 10:00am to be signed in and given their parade position number card for display on the entry. All entries must be pre-registered to participate. (Late-comers, and non-registrants may still join the parade, but risk not being eligible for judging.)

At our insurance company's insistence, livestock exhibitors must provide proof of liability insurance or entries will have to be refused.

(Please Fax to Fair office at 613-835-4008)

Unlicensed drivers will not be allowed to operate motorized vehicles in the parade.

Entries by e-mail to ehodges@xplornet.com, by phone to Eleanor Hodges at 613-833-2792, or fair office at 613-835-2766 by Friday 1st August, 2014. The parade will begin in the field on Smith Road adjacent to Smith Ridge Meadows. (Same as last year)

- Theme of the Fair this year is, "A COUNTRY FAIR WITH AN URBAN FLAIR". You may refer to the theme when you design your float entries, but it is not compulsory.
- Each entry is to supply own power (tractor, horse or vehicle) and wagon for the float, with a maximum height of 12 feet.
- *(Please note that costumed children, and decorated bikes & pets, need to be present no later than 10:00 for their judging which will still take place on site so they can receive their prizes that day.)*
- The parade will start at 10:45, rain or shine.

The parade ends at the Delson Drive entrance to the Fair grounds. (Floats may continue along Delson to Trim Road for return to the parade field for dismantling if required.)

A school bus is provided to return personnel to the field if needed.

Tossing of candy etc; is not recommended due to liability issues, but hand-delivery is encouraged.

Prize Money: 1st - \$75.00, 2nd - \$50.00, 3rd \$40.00

All prize winners will be posted at the Fair Office no later than 2pm after the parade ends. Each prize winning entry will be notified by phone, and advised they can pick up their prize monies and ribbons at the Fair Office any time during the Fair, or the week following. (Please call ahead to make arrangements.)

Note: Any monies not picked up by the end of September will be considered a donation to the Fair.

The Lloyd G. Morrison Memorial Plaque will be awarded to the "best over-all float" each year. This plaque, donated by Jean Morrison, will be presented at the Annual General Meeting held each January, and then displayed in the Navan Fair Agricultural building. A large rosette ribbon and certificate will also be given to the winning entry to keep.

Separate Classes.

*****Under 6 must be accompanied by an older child or adult.*****

Children's costumes. - \$6.00 and a ribbon will be awarded to each worthy entry. (*Entrant must participate in the Fair Parade, but NOT as part of a float.*)

Decorated bikes and wagons, 3 -12 years of age. - \$4.00 and a ribbon to each worthy entry.

Decorated pets, 3 -12 years of age. Must be on a leash, or in a cage and on a wagon if required. - \$4.00 and a ribbon to each worthy entry.

Horse & rider. *Ribbons only.*

Horse drawn vehicles. *Ribbons only.* (Please display your name on entry.)

Antique tractor, and /or farm implement. *Ribbons*

only.

Antique tractor, and /or farm implement. *Ribbons only.*

Antique cars, trucks, or other antique vehicles. *Ribbons only.*

Decorated Lawn Tractors. (Use your imagination and make your tractor look like something else)

Driver must be 16 years of age. *Ribbons only.*

Note to entrants & parents: Due to the nature of classes 1, 2, and 3, late entries will not be re-fused. However, every effort should be made to phone in entries by Friday 1st August, with the child's name & age, parents name & contact number, and what category the entry is. Thank you.

BABY SHOW

Sunday, August 10th at 11:00am upstairs in the Navan Arena join us for the cutest show of the Fair! To accommodate more participants, the Baby Show is divided into two classes:

11am – noon: Babies 9-18 months old

12:30 – 1:30pm: Babies 0-9 months old

Advanced registration is requested before Thursday, August 7th, 2014.

OFFICE HOURS IN JULY AND AUGUST

Mon – Wed - Thurs - Fri 9:00-4:00 / Tues 9:00-6:30

Open Sat Jul 5, 12, 19, 26 & Aug 2 – 9-noon

During the Fair Aug 7-10 - 7:30am - 10:00pm

President: Wendy Chretien

Admin Coord: Debbie Newton

1279 Colonial Rd., Navan ON K4B 1N1

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navanfair@bellnet.ca or www.navanfair.com



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NAVAN LIONS



It is now coming to the end of the Lions year and as mentioned in my last column we have been trying to assess and improve on our activities. If you have attended one of our recent dinners – you will no doubt been aware that we have been trying to elicit feedback from those who attend. Do they have a good, time? Do they like the seat selection process? Do they like the food? Do they enjoy the quiz? etc. Turns out that everyone does like the food – so we can breathe a sigh of relief on that one – although sometimes it could be hotter and sometimes it is too peppery. Apparently everybody enjoys the quizzes we have been developing. (Incidentally, we run quizzes for two main reasons – one to make the evening as entertaining as possible and secondly to encourage people at each table to form a team and work together).

We take all the comments and responses we have received, very seriously and always try to address them. On contentious issue which is always a problem for any community dinner- is whether to call up tables randomly by table number or to allow people to come up for food when they want – in their own time. So in the Roast Pork and Bean supper- we allowed people to join the food line whenever they wanted – and 80% of those who filled in the survey said they liked that approach best. So on the next dinner - Ham and Scalloped potatoes one month later - we did the opposite- we called people up by randomly selected table numbers and, true to form, 80% of respondents told us they liked that approach best. What can one say? We interpret this to mean that most of our clients like whatever approach we use regardless of what it is. Our next dinner is the Spaghetti supper on Friday, August 22nd. There will be a new quiz to compete in, Lion David will wear a different costume (i.e. not Snow White or the Bean Counter), and Lion Wendy Kavanagh will be chief organiser. There will be as much mayhem and general fun as possible – the food will be wonderful, it will be hot – but not peppery and the Navan Curling Club will keep the bar open for us. And I am bound to add that they usually have at least one and sometimes two or three excellent draft beers on tap.

On a more serious note – we have also been trying to improve our approach to food safety, and

there have been a number of initiatives connected with this. You will probably notice that all servers now wear blue Lions hats- those handling food should cover their hair.

The Navan Lions Club would like to express gratitude to Sheila Calver for her organization of the Walk of Hope. Several Lions participated - one dressed as a large Strawberry. The lions are especially appreciative of the considerable sum raised (\$790) and this has been added to the Hannah Billings Fund which is intended to help families with children facing major health problems. As an extra note - if you are aware of any family with a sick child who could use a little help - maybe paying for the parking at a hospital or help with paying for a holiday. - please get in touch with the Navan Lions Club.

In closing allow me to reiterate that all (and we mean all) are most welcome to attend – and it's easier than ever to get seats as you can now book on line at <http://www.navanlions.ca/calendar.html> or you can phone Ross Bradley at 613-835-2199 or Don Macartney at 623-835-3932. If you do have comments or can suggest improvements – we'd love to hear from you. The Navan Lions Club welcomes those interested in becoming members of the Club. If you would like to know more. visit the web site, talk to a member of the Club and ask to attend a meeting, www.navanlions.ca.

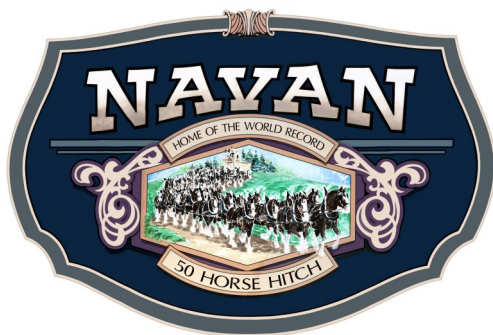
Written by David Grattan.



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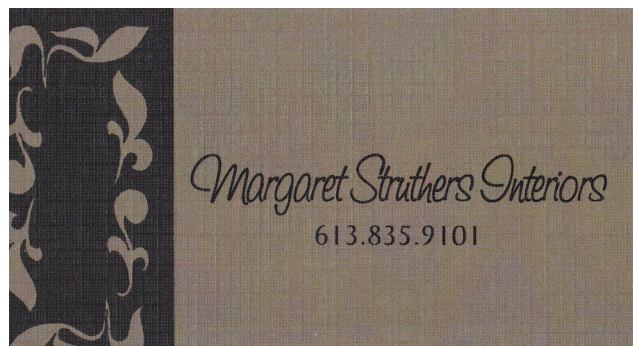
Older Adults (50 or over) who are residents of Navan and the surrounding communities are invited to attend our drop-in centre social gatherings upstairs in the Navan Memorial arena every Wednesday afternoon from 12:30 to 4:30 pm. Throughout the year, there are also several planned events held in more distant locations, such as theatre visits and bus tours. To become a member, all that is required is an annual membership fee of twenty dollars (\$20.00) per person and a current membership in the Navan Community Association. Guests are welcome for a small fee of two dollars (\$2.00) per visit. The activities commence annually, the first week in September and end the last week of June. This year (2014) the activities will cease after 25th of June and commence on the 3rd of September. This year we also plan to expand our activities to include some which would allow individuals who desire to do so, to compete in the Ontario Senior Games at a later date.

COME AND CHECK US OUT.

The Nifty Fifty Plus Organizing Committee

NEXT NCA MEETING

Please join us for our next meeting on Monday, Sept. 15th, 2014 at 7:30 p.m. Upstairs at the Navan Arena.



NCA YOUTH DANCES

There are no youth dances during the months of July and August. The dances will resume in September 2014. The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month, with a \$5.00 admission at the Navan Arena. (For dance rules go to www.navan.on.ca).

Check out the link at www.navan.on.ca

Send us your community events to include on our Facebook page: email your event to webmaster@navan.on.ca for inclusion the FB page.

Help spread the word! Events also get posted on the calendar at www.navan.on.ca and in the Nugget.

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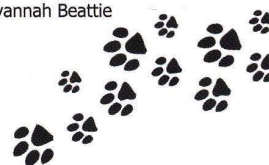
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COMMUNITY ANNOUNCEMENTS

NAVAN WOMEN'S INSTITUTE

Our last meeting in June was a picnic in honour of Verna Cotton. Boxes of treats were auctioned off by Brian Coburn. Proceeds of the auction went to the Navan W.I. Summer finds the W.I. taking a break from our regular meetings. We will participate in the Homecraft competition at the Navan Fair. We also support some of the prizes given out at the Fair. This year we are joining the Lions Club in the Parade. On Saturday, September 6th our two groups will participate in the Navan Auto Fest, celebrating the Grand Opening of the Navan Autopro Garage under the management of Jamie Mulroney. Watch for the posters outlining all the events planned for that day. It will be a fun filled day right here in Navan! Plan to come out and take part. Door prizes will be given out!

The Navan Women's Institute held a plant sale at the Navan Curling Club on Saturday, June 7th. Funds raised go to special projects, such as a bursary for two girls each year who wish to further their education after high school. Thank you to all who helped make the sale a success.



FOR RENT

Available July 1: a cozy 3 bedroom, 1½ bath, 2 storey home with a new roof, new furnace, updated kitchen and bathroom, and 5 appliances. Just beside St. Mary's Church at 3484 Trim Rd in Navan. Rent is \$1,200 per month plus utilities, first and last required. If interested, contact Don Clysdale (613-834-8841) or John Geiger (613-424-5627).

KNOTTY KNITTERS

The Knitters toil all through summer creating beautiful knitted goods. We meet at Cafe Latte Cino every Monday at 1PM to 3PM in AC comfort. Come out and join us. It's a lot of fun and we share our projects and get help with them. Happy summertime!!

FALLFEST

is coming



SATURDAY OCTOBER 4TH, 2014

PARTICIPATION ACTIVITIES FOR THE WHOLE FAMILY

Talent show, silent auctions, bake sale, face painting, kiddie's fish pond and much, much, more.

New this year

SCARECROWS – This year instead of making scarecrows at FallFest you are to make them at home, use them to decorate your home and bring them to Fallfest for judging the competition

NAME OUR MASCOT – a chance to suggest a name for the FallFest Mascot, and more yet to come...

STRAW BALES, PUMPKINS and CORN STALKS

Will be on sale in downtown Navan
On Saturday, September 27th

For building scarecrows and decorating your house, business or institution

Check out past FallFests at <http://www.navanfallfest.com>

If you have ideas, suggestions, questions or comments for this year please contact Fred Hyde at 613-835-3331 or fhyde@magma.ca

APARTMENT BUILDING FOR RENT

At the corner of Trim and Colonial Road, OakWood is relocating to their new facility down the road at Trim and Hwy 174 and they are selling their existing building at the corner of Trim and Colonial Road.

Navan really needs an apartment building for seniors and this is a perfect location. This building space which is currently commercial office space can be easily converted back to residential living space because the property is zoned for both commercial and residential usage. The building can have 3 apartments upstairs and two apartments on the ground floor and currently has 2 apartments in the basement. The lot is oversized and can accommodate an addition to the existing building which can add at least another 6 apartments. The owner is flexible and willing to provide some renovations included in the sale of the building. The website page is here <http://oakwood.ca/navan/>.

CAIRINE WILSON SOCCER UPDATE



Cairine Wilson SS Girls Varsity Soccer 2014 England Tour team, NCSSAA Undeclared All City Champions and OFSAA Ontario Federation of School Athletic Association's Bronze Medal Winners!

Thank-you to the players, coaches and all team supporters for amazing experiences and a most memorable record breaking season!!!

NAVAN FINE ARTS EXHIBIT AND SALE



Anne Warburton examines some of Ross Elliot's fine woodwork at the 4th annual Navan Fine Arts Exhibit & Sale held early in June. They were just two of the dozen Navan-area artists who participated in the show, joined by Heritage PS students who also displayed their talents. The event highlights the variety of artistic abilities in our community.

Anglican Parish of Bearbrook, Vars & Navan
Reverend Canon Rob Heard
Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
St. Mary's (3480 Trim Rd, Navan) 10:00 am
Navan Community Sunday School 9:45 am
St. Andrew's (1900 Devine Rd, Vars) 11:30 am
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NAVAN NOTABLES

It has been long overdue to tell you about one of Navan's most notable person. She has never been featured in this column before because she's the one who's been writing it for the past nine years! You have guessed it. Her name is Sheila Minogue-Calver. Even if you've never met Sheila, you will undoubtedly have seen her walking the streets of Navan with her best little canine friend, Buddy.

This column is not long enough to tell you all that Sheila is, has done and continues to do for the people of our community. In one sentence, I would describe Sheila as a loving, caring and compassionate woman, friendly to all and fun loving, a leader and motivator, a team player, a teacher, a planner, a founder, a builder and an activist and lobbyist when necessary. Generous of her time, energy and of her many talents, Sheila is a doer. She doesn't sit still for very long. When she sees someone in need, Sheila is there. If she thinks of something that would enhance the life of the Navan community, Sheila goes for it, rallies support and sees it through.

Sheila's roots date back to her grandparents who farmed in Cumberland. Born in Timmins, she taught and was vice-principle at Cumberland's Riverview Public School. Later, she studied and worked overseas for a few years. In 1993, Sheila bought her house in Navan and it was love at first sight for the town and its people. Early on, she got involved in various community organizations and projects.

As one of the founding members of the Navan Curling Club, Sheila served on the Board of Directors as Social Director, as Secretary and as Convenor to the Monday night Ladies League as well as being an active fundraiser for the Club. Around that time, a special navanite gentleman was also capturing her attention and her heart. His name was Jerry Calver. They were married in 1996 and together they were a formidable team both in their personal life and in the numerous community projects and causes that they spearheaded and worked on to the benefit of the Navan community. Jerry's passing last June, has been a very sad loss for all who knew him.

After she retired from teaching in 1996, Sheila got involved with the Navan Women's Institute, where she served and chaired many committees, including serving as president for two terms. Sheila loves the WI and its members, and is a great recruiter for the organisation. Sheila never ceases to amaze us with her ideas, her creativity and her enthusiasm. Following the Navan Fair's 50th anniversary celebration with the 50 Horse Hitch through the streets of Navan, Sheila had the idea to have statues of the two lead horses "Tony and Duke", in front of the Navan Fair Office. Her idea made its way to the McWilliams family and today it is a landmark.

In 2000, Sheila came up with the idea of the Navan Beautification Committee and with the help of many, including her beloved Jerry and Margaret McNeil, they successfully lobbied the City of Ottawa for funds and Navan got a facelift just in time for the 2001 International Plowing Match events. At that event, Sheila was again among the many volunteers. This time she was responsible for organizing the building and the manning of the information booths. As part of the Navan Beautification Project, Sheila had yet another idea: to have a mural painting on the outside walls of Deavy's antique garage on Colonial Road. She followed through with her idea and found the perfect artist in Heather Vaughs to execute the interesting mural scene which we still admire today.

Once a teacher, always a teacher, and so it is with Sheila. Around 2005, during the time of the Café Renaissance, Sheila organized story times for pre-schoolers each Wednesday morning. She planned and read a children's story, and would have a small craft for them to do while the mothers had a coffee break. That teacher in Sheila and her love of children are also at the forefront with her grandchildren who she adores and who she loves to do things with.

Sheila's gifts to this community are too numerous to list all. However, other notable projects which she initiated include the Knotty Knitters, the Seniors' computer courses by students at Heritage Public School and the Navan Knights program where high school students help out Seniors with yard and house work to earn their volunteer hours. This past June, Sheila also spearheaded the Navan Walk of Hope, which might well become an annual event.

One of Sheila's proudest accomplishments is our beautiful Town Clock Plaza, which she and her good friend Anne-Marie Potvin worked on tirelessly from the beginning idea to its realization three years ago. Part way through the project, Brian Coburn suggested adding the Keith Simpson Navan Community Builders' Wall at the site and today it stands proudly in the middle of the village.

Last month, Sheila was inducted to the Navan Community Builders's Wall and her name plaque hangs proudly next to the one that her husband Jerry received two years ago. This recognition marks the gratitude which the community of Navan has for all that Sheila Minogue-Calver has contributed and continues to give to enhance our lives and to make Navan a better place in which to live. Congratulations and thank you Sheila!

NAVAN AUTOPRO PRESENTS

GRAND OPENING

COMMUNITY FUNDRAISER

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SATURDAY SEPTEMBER 6TH 2014

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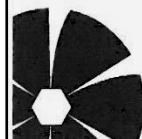
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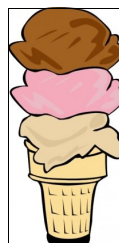
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QUOTE OF THE MONTH:

"Every summer has a story."

Author unknown



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GREAT CRESTED FLYCATCHER

You - like me - have probably been experiencing considerably more mosquitos than usual this year (ouch!) So it is with that in mind that I selected the bird this month - The Great Crested Flycatcher. Of course the other reason is that we have been recently visited by one of them here in Navan. One of them paused for a while in our back garden - enough time for Rachel to spot him (or her) and make an identification. As you can see from Tom's picture it's a handsome bird which nests in tree cavities or nesting boxes. It has a very distinctive brown crest and a yellow underneath. According to my favorite website created by the Cornell Ornithology Lab., it is not particularly conspicuous because it has the habit of hunting insects such as bees, dragonflies, and mosquitoes, high in the forest canopy. These birds swoop after insects but may also crash into foliage in pursuit of leaf-crawling prey.

The Flycatcher may most easily be recognised by its very distinctive call, an "emphatic rising whistle". If you go to the Cornell Lab. website (easily found with Google) you can listen to the calls - and they are really quite distinctive short whistles.

Like so many other birds, the Flycatcher is migratory. It breeds and spends the summers in North America, and winters in South and Central America. A couple of interesting facts about the Flycatcher are that males and females are alike -i.e. there is no sexual dimorphism. All adults are brownish on the upperparts with yellow underparts; they have a long rusty brown tail and a bushy crest. Their throat and breast are grey. Another unusual feature is that they may sometimes hover to pick food off leaves or branches and despite their predilection for insects, will eat fruits or berries. So next time you see one, thank a Flycatcher for eating those pesky mosquitos!

Written by David Grattan. Photos by Tom Devecseri.



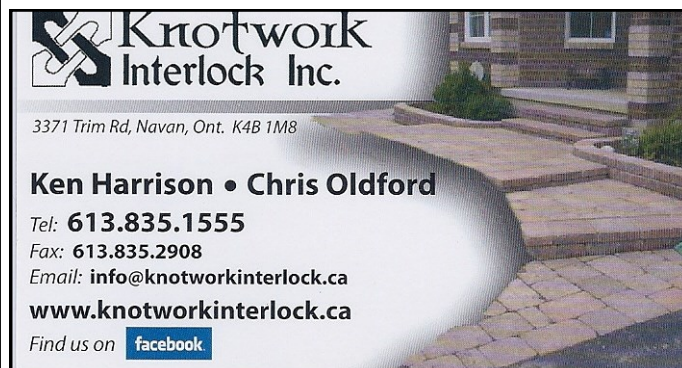

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What a wonderful place in which we have chosen to live.