

DECEMBER 2013

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

TIS THE SEASON TO SPREAD SOME HOLIDAY CHEER IN NAVAN

SUNDAY, DECEMBER 8TH—The Navan Community Association would like to invite you to come help decorate the Christmas Tree at the Clocktower Plaza, from 2 to 4 p.m. You are welcome to make or donate ornaments for this event.

TUESDAY, DECEMBER 10TH—The Navan Lions Club are holding their Tour of Lights.

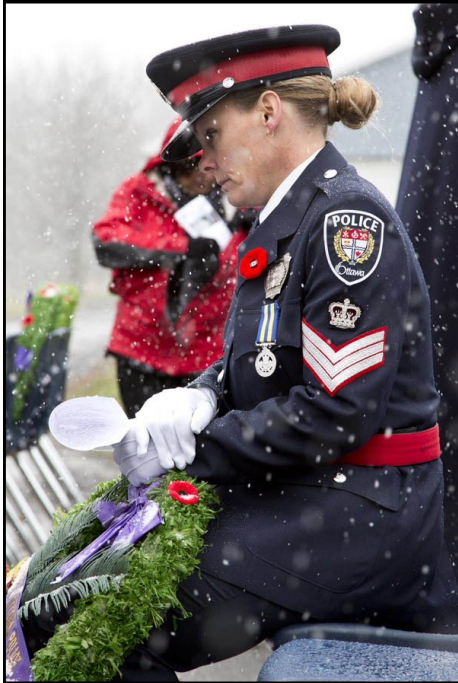
WEDNESDAY, DECEMBER 11TH—Craft Sale at the Nifty Fifty Club. Open to the public from 1:30—4:30 p.m. Upstairs at the Navan Arena. You do not have to be 50 years old to come check the crafts that have been made by some of our members.



**WISHING EVERYONE THE GIFTS OF THE SEASON
PEACE, JOY, & HOPE**

REMEMBRANCE DAY IN NAVAN

Monday, November 11th, was a cold day, with a dusting of snow in the air as the community gathered to remember those who have defended our country through the years.



Stephanie Burns, resident of Navan, member Ottawa Police Services, East Division



Inez McFadden Simpson
2013's Silver Cross Mother
with Eileen McFadden
Vaillancourt



Trumpeter for Last Post and
Reveille, Meredith Egan a
grade 8 student at Heritage

Four classes of students from Heritage Public School came to the service at the Cenotaph and here are some of their reflections:

"Remembrance Day means a lot to me because my great grandfather was in the war. I thank all of the men who went to defend us and help to make Canada the way it is now." Angel

"During the minute of silence I thought of all of the people who have died for us and how we can live in freedom now and be happy and safe." Isabelle

"At the Cenotaph, I felt sad when they were laying the wreaths because the wreaths represent the people who sacrificed their lives for our freedom." Kaden

"At the Remembrance Day ceremony, when I saw the people from the community laying down the wreaths side by side, I was thinking what the soldiers went through as they fought for our country." Andrew

"Even though the weather was bad and everyone was cold they still came together to remember those who died in the wars. It shows that we do remember and we care." Courtney

"When the anthem was playing I felt sad that the soldiers had died and my thoughts were with their families." Alexis

NAVAN NOTABLES



Father John Blakely and Reverend Bill Brown are leaving for newer pastures just after the Christmas season. Both our little churches will miss these two men so very much. Reverend Bill, with his lovely Irish accent and the twinkle in his eyes, is looking forward to his "Freedom 75"! He leaves our parish with great memories of the welcome he received and the many people he helped during his stay here in Navan. He is a well liked and respected man of the cloth. I love his Christmas Eve sermon!! His rendition of the hymn "Oh Holy Night" is delightful!! He and Father John were very community minded. My special memory is of these two men standing at St. Mary's corner for the blessing of the pets during the Navan Fall Fest. What a wonderful service to our community! So Reverend Bill, enjoy your new phase of life. We wish you good health, happiness, and lots of fun!! Thank you for guiding us so well these past few years.

Now, Father John is leaving to return to a city parish. How lucky this new church is to be getting Father John. Such a wise, caring, and creative shepherd he is and will be to his new parish. St. Mary's has enjoyed him in so many ways. He has introduced more community activities at the church hall. The Third Space, a coffee place, is a great addition to the village. The movie nights are a relaxing evening spent with members of the Navan community. Then there are the canoe trips, the retreats, dinners, bible studies, his sermons filled with encouraging and thoughtful counsel, his home visits, his visits with the sick in our parish!! Yes we all wish you could stay Father John, but another congregation needs you more than us now. We wish you happiness in your new position, good health, and great achievements. Good luck. I know Navan St. Mary's will miss you very much.

I would like to wish our readers a very Merry Christmas and happy 2014! Sheila Minogue-Calver

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Minister: Rev. Bill Brown *
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For information regarding Sunday School
Contact: Kelly at (613) 835-4447

Anglican Parish of Bearbrook, Navan & Vars	
Reverend Canon John Wilker-Blakley	
Sunday Worship	
Trinity (8785 Russell Rd, Bearbrook)	8:30 am
St. Mary's (3480 Trim Rd, Navan)	10:00 am
Navan Community Sunday School	9:45 am
St. Andrew's (1900 Devine Rd, Vars)	11:30 am
613-216-2200 or www.bvnanglicanca	



*The entire Cumberland Township Agricultural Society
Navan Fair Board of Directors and office staff
wish everyone a very Merry Christmas
and a prosperous New Year.*

The CTAS Board of Directors invites all 2013 CTAS members to our Annual General Meeting to be held on Thursday, January 23rd, 2014 upstairs at the Navan Memorial Arena at 7pm. We will present an overview of our 2013 fiscal year, cover business items and give some highlights of our future plans. During the evening you have an opportunity to meet the different division Directors and pass along any ideas you might have for the 2014 Fair. 2014 membership will be available for \$20.

NOTE: Indoor Winter Storage is still available. If interested please contact Ray Lanthier at 613-835-3397 or cell 613-447-3397.

President: Wendy Chretien
Admin. Coord: Debbie Newton
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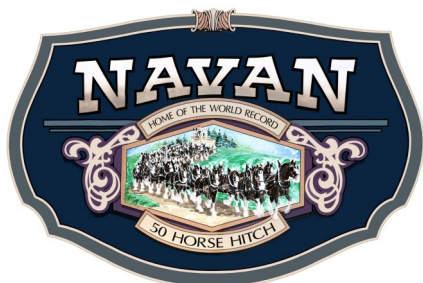
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NAVAN COMMUNITY ASSOCIATION

NAVAN'S OUTDOOR RINK COMING SOON!

The purpose of the outdoor rink is to provide an opportunity for local families to have greater access to an ice surface for pick up hockey and recreational skating. Weather permitting, the committee is hoping to have the skating rink open for the Christmas holidays. The Navan outdoor rink will be located in the Domes area of the Navan Fair Grounds.

The second and final phase of installation for the outdoor skating rink will be taking place on Sunday December 15th, starting at 8:30am. Anyone interested in lending a hand is welcome to show up with work gloves and a smile!

Hours of Operation (once open):

- Monday to Sunday: 8am to 10pm
- Family Skating times (no hockey nets on the ice):
 - Wednesday: 8am to 10pm
 - Saturday: 8am to 12pm
 - Sunday: 12pm to 4pm

Keep Informed!

Keep up with all the details by following us on Facebook ([facebook.com/NavanCommunityOutdoorSkatingRink](https://www.facebook.com/NavanCommunityOutdoorSkatingRink)).

A Call to Volunteers:

Behind every great rink there is a great team of volunteers. The Navan Outdoor Skating Rink Committee is looking to set up a schedule of volunteers who would be available to help open and/or close the rink. Ideally, we hope to assemble enough volunteers to keep the time commitment for each to a minimum. Volunteers would be assigned one night a week (1-2 hours) when they would be responsible for clearing and flooding the ice surface, and turning on/off the lights. If you are able to lend a hand with this fun and worthwhile project, please contact Luc Picknell at 613-429-0131 or by email at lpicknell@rogers.com.

NAVAN WINTERFEST

Winterfest was a great success last year, but volunteers are needed if we are going to have a repeat of this event. Please contact Luc Picknell if you would like to get involved!

A big THANK YOU to the Navan Outdoor Rink founding partners and sponsors!

Navan Community Association
 Cumberland Township Agricultural Society
 City of Ottawa
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 Twin Peaks Storage
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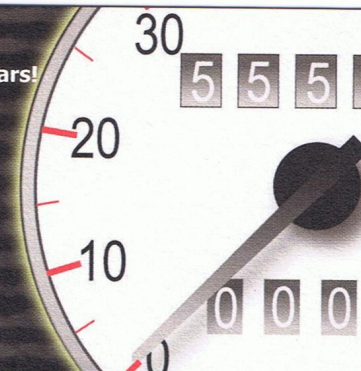
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DROP-IN CENTRE



Navan and surrounding community 50+ residents are invited to attend our Senior's drop-in center every Wednesday from **12:30 to 4:30 PM** upstairs in the Navan Memorial Arena beginning September 4th through to June 26th/14. All that is required is a yearly membership fee of \$20 per person and a current membership with the Navan Community Association. This is a great opportunity for fun, socializing and activities. Come and participate and help our group grow. We would love to see you !

The Nifty Fifty + Organizing Committee



The Nifty Fifty Plus group held their 2nd annual Halloween Party and had an array of characters in costume hanging around for all the fun, food and treats.



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NCA YOUTH DANCES

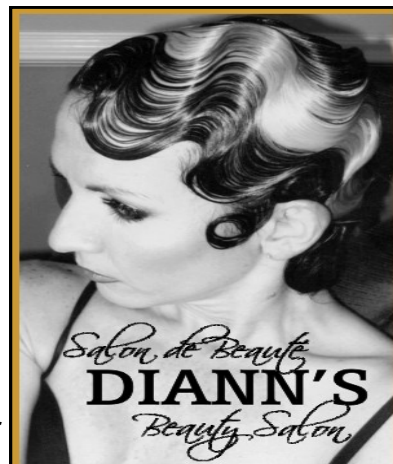
The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month with a \$5.00 admission at the Navan Arena. (For dance rules go to www.navan.on.ca)

2013-2014 Dance Dates

December 13, 2013, January 10, February 14, March 14, April 11, 2014, May 14, & June 13, 2014

NAVAN COMMUNITY CALENDAR

Send your community group's events to webmaster@navan.on.ca to include in the COMMUNITY CALENDAR on the NCA website. Check dates before you set your event to ensure there are no conflicts. There are lots of events already listed!! Plus your event can be announced on the NCA's Facebook page. www.navan.on.ca



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WE LOVE HALLOWEEN!!



It gives us a chance to dress up and play the fool. So our Halloween meeting included a Skeleton (Mr. Bare Bones Budget - me), one of the three musketeers, a Test pilot (or was that testy pilot?) and various other strange characters. I particularly liked Lion Ross Bradley's long blue hair. Being a very good sport amongst all the mayhem was our guest, Jacqueline Chenier of the Royal Bank in Navan. She attended the meeting in order to deliver an excellent presentation on Estate planning. I'm not sure how she felt about sitting next to a skeleton.

In addition to being silly, the Lions have been working on their financial plan for the year. In this process we look at our donation history, any new requests, try to balance local versus non local requests and generally make sure that the money goes where it is most needed. It is usually a hard process because we receive more requests than we can satisfy. However, we deliberately keep some flexibility so that if new or unexpected needs surface we can address them. So if you have a particular request that you would like us to consider - do please contact us (dwgrattan@gmail.com).

The most recent activity of the Lions Club was our annual collaboration with the Women's Institute in providing a reception after the Remembrance Day service. Each year we are greatly moved by the Service and grateful for the opportunity to serve our veterans who have so willingly served us.

So on behalf of Navan Lions - we thank all our veterans and current serving members of the Canadian Armed Forces for their sacrifices on our behalf. At the reception we collected \$655 for the Canadian Military Families Fund. See the following website : <http://www.familyforce.ca/sites/shouldertoshoulder/EN/resources/Pages/mff.aspx>

THE THIRD SPACE

Held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of each month. Sponsored by the Parish of Bearbrook, Vars, and Navan.



NAVAN COMMUNITY SUNDAY SCHOOL

December 1st—Sunday School.
December 8th—Practise for Christmas Service.
December 15th—Joint Christmas Service, 10am at St. Mary's Hall-Potluck & Children's crafts.
December 22nd—Family Sunday.
December 29th—Family Sunday.
January 5th—Family Sunday.
January 12th—Sunday School.

Sunday at 9:45 a.m. at St. Mary's Hall. Everyone is welcome.

Welcome to the Broadcast: 'forty years reporting the news that shaped our lives' A Memoir by Don Newman is available for purchase from Anne-Marie Clysdale (613-841-6118). This book covers more than a dozen Canadian federal elections; historic free-trade, energy and constitutional talks; Supreme Court decisions; US presidential elections; and the Watergate scandal. All proceeds go to help fund the link St. Mary's plans to build between the church and the existing hall. At \$35.00 it makes an excellent Christmas gift.



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COMMUNITY ANNOUNCEMENTS

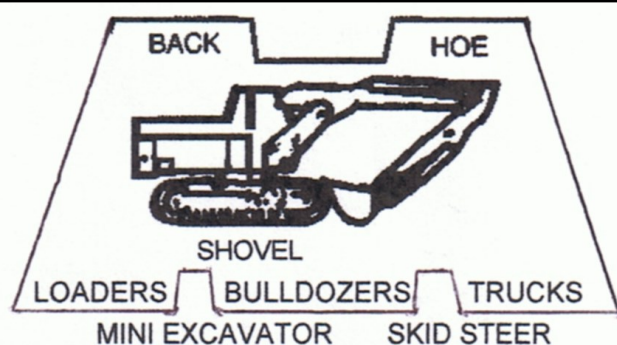
KNOTTY KNITTERS

Tickets are still for sale for the Knitted Nativity Stable we diligently knitted all summer long. Donations are accepted for a chance to win this beautiful "crèche" now on display at the Navan Curling Club. We are trying to raise money for the Knotty Knitters and for Nifty Fifty+ Club. Our money jar has gone missing. If anyone knows the whereabouts of this jar please let us know where it is. We want to thank the curling club for the space in the lounge that we use every Monday afternoon from 1 to 3. Merry Christmas and happy knitting in 2014!

Need help clearing your driveway this winter?

The Snow Go program helps seniors and people with disabilities find a reputable and reliable individual or contractor to clear snow from their private driveway and walkway. The City of Ottawa partners with the Senior Citizens Council and local home support agencies to deliver this winter program.

Eligible low income seniors and persons with disabilities can also apply for the Snow Go Assist Program and receive financial assistance for snow clearing. Approved participants may be reimbursed for 50 per cent of the cost of snow clearing, up to a seasonal maximum of \$250. Low income is defined as an annual income of below \$25,000 for a single individual and below \$32,000 for a household (two or more persons). An Older Adult is considered any person over the age of 60 years. For more information about the Snow Go and the Snow Go Assist programs, please visit ottawa.ca/snowgo or call 3-1-1.



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Cumberland Lions Club



Fourth Annual Breakfast with Santa
Maple Hall, 2552 Old Montreal Road
Saturday December 7, 2013
8:00AM to 12:00PM
Special Christmas Breakfast Menu
Adults: \$7.00

Children (12 and under): Free with the donation of a gift

You can be Santa's helper, and help him fill his toy sack

Non-perishable food items will also be accepted

Visit with Santa when he stops by Maple Hall
Special activities for the children throughout the morning

Special Live Musical Entertainment

In the spirit of giving, we will be accepting gifts and donations on behalf of the Orléans - Cumberland Community Resource Centre

www.cumberlandlions.ca

CUMBERLAND CHRISTMAS MARKET

December 7th, 2013 from 9—4 p.m. At the R.J. Kennedy Community Centre, 1115 Dunning Road.

PUBLIC SKATING AT NAVAN ARENA

Monday & Thursday 3 to 4:50 p.m.

Saturday 5 to 5:50 p.m.

Sunday 1 to 2:20 p.m.

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NAVAN WOMEN'S INSTITUTE CORNER

It has been a busy few months for the Navan Women's Institute. Most notably was the recognition by the City of Ottawa of two of our members – Verna Cotton (pictured on the right with Ste-



phen Blais) and Linda Dunn (pictured on the left with Stephen Blais and her grandson) – for their extensive volunteer involvement in our community. Both ladies had parks

named after them. Verna lovingly shares her honour with Syd, her husband of many years. Verna's park is in Navan and Linda's is in Orleans. Congratulations !!!

We were very pleased to have Denis and Rita Richardson, representing the Trillium Gift of Life Network and speaking on organ donation at our October meeting and Frank Stacey, representing the Orleans Legion informing us on the poppy campaign at our November meeting. Thanks to all those who help to educate our members and the community at large.

The Navan W.I. also worked closely with the Navan Lions Club in providing sweets for the Nov. 11 Remembrance Day service. We've been doing this for a number of years and really enjoy this part of



community service.

Finally, if you are looking for the perfect gift for a teacher, hostess, a friend or just yourself, come and see us at the Cumberland Christmas market on Dec. 7. The Russell District Women's Institute will have their booth in the basement of St. Andrew's Church.

The W.I. is a service club aimed at improving the education and life of rural women and the community in which we live. We have a lot of fun and are always looking for new members. Our meetings are held the second Wednesday from September to June, usually in the Lions Hall in the Navan Curling Club. For further information please contact Sheila Minogue-Calver at 613-835-4296 or Linda Dunn at 613-835-2366.

Please visit our website at www.navanwi.com.



CARLTON REGIONAL SNOWMOBILE CLUB

Tim Krause	President	613-720-5959
Rick Thirsk	Vice President	613-294-5523
Dean Bourgeon	Events Co-ordinator	613-834-0746
Jim Reilly	Trail Patrol Co-ordinator	613-769-6949
Debbie Dandy	Treasurer	613-835-2375
Laura Brownrigg	Volunteer Co-ordinator	613-445-0573
Wayne Dandy	Trail Co-ordinator	613-835-2375
Meryl Jackson	Trail Director-Vars	613-835-2651
John McArthur	Trail Director-Orleans	613-834-5324
Wayne Dandy	Trail Director-Navan/Sarsfield	613-835-2375
Stephane Gratton	Trail Director-Cumberland	613-833-1278
Theo Haight	Trail Director-Carlsbad Springs & Manotick	613-822-3629

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NEITHER BASEBALL NOR BLUE JAY WAY—JUST THE BIRD

Blue Jays are well known to us all in Navan – their raucous screech is as familiar as the sound of a passing aeroplane. But this unmusical screech is also a clue to the fact that Blue Jays are members of the crow family (Corvidae). Like crows, they are intelligent, garrulous, aggressive and plentiful. They are known to mimic the sounds of other birds – in particular the sound of the Red Tailed Hawk. In so doing they protect not only their own progeny but also other birds which are preyed on by the hawks. They may even mimic the human voice.

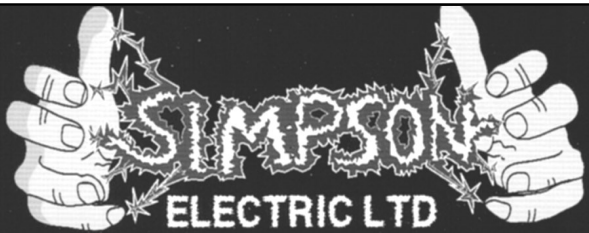
Native to North America, their range extends from the Rockies eastwards to include most of the eastern seaboard. As for migratory habits, it stays year round throughout most of eastern and central United States and southern Canada, although western populations may be migratory.

Another interesting observation is to compare its range with the range of the Grey Jay (commonly referred to as the “Whiskey Jack” or “Canada Jay”). Although there is some overlap, especially in our area, the Grey Jay tends to occupy regions to the north and west of the Blue Jay range – the birds are almost mutually exclusive.

The blue colour of the feathers is a “structural” colour – that is, it is produced by light interference effects - as per the colour of a thin film of oil on a puddle. There no dyes or pigments present and if you crush a feather – it loses its colour. Although it is a relatively large bird, it is a target for predators such as the Red-Tailed Hawk because of its slow speed in flight – and that presumably is why it imitates the hawk call – just to make sure there are none around. Their other defence mechanism is to call other Blue Jays and form a mob with which to chase predators away.

It all makes you wonder whether it is the vulnerability of the Blue Jay, which is responsible for the evolution of its greater than average intelligence. The Blue Jay is also monogamous, both sexes collaborate to build the nest and it is the official bird of Prince Edward Island – though I do feel that we in Navan could also make an equally valid claim given the number of them that live around here.

Written by David Grattan. Photo by Tom Devecseri.

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Articles or announcements must be submitted to navannugget@navan.on.ca by the 20th of the month to be included in next month's issue of the newsletter.

**What a wonderful place in
which we have chosen to live.**