

APRIL 2013

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca



MARK THESE DATES IN YOUR CALENDER FOR 2013



Saturday, May 25th, 2013

The Navan Fair is proud to present the RCMP Musical Ride, along with a Horse show, Family BBQ and an evening Concert featuring Blackwell. More details to follow.

June 15th, 2013 – Garage Sale to be held on the Fairgrounds in the Blue Building.

“Spring Cleaning!” rent a table for \$10. Contact Wendy Chretien, 613-824-1439 or e-mail w.chretien@hotmail.ca for more details.

August 8th—11th, 2013 – Come and help us celebrate the 68th Navan Fair.

President: Wendy Chretien

Admin. Coord: Debbie Newton

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NAVAN NOTABLES**Juanita Vetter, Community Builder**

Juanita, and her family have only been in Navan for 10 years but she has sure made her mark! As well as being a wife, mother to 4, and a grandmother to 8 little ones, Juanita finds time to get

involved with our village community. Shortly after arriving here, she joined the Navan Women's Institute Branch. She was a welcome addition with her enthusiasm and willingness to "get'er done"! She enjoyed Shelley Douglas' Walking Group and the women she met along the trail. She was a great support to the Lions and Curling club activities in the village. Then Juanita branched out on her own. Taking a leadership role in the Navan Fall Fest, she planned, organized, and put on a fun filled afternoon, 3 years in a row, for Navan. It is now being led by Fred Hyde, in its 5th year this coming autumn.

Last September, after spending much time with the City administration, and with the help of Stephen Blais, our councillor, she was able to open a Seniors Drop-In group, at the Navan Arena hall. Every Wednesday, from 12:30 to 4:30, the center is open to anyone 50 years and up, wanting to join. The group is called Nifty Fifty+!! The gang that comes every week sure are fun and friendly. The first Wednesday of each month there is a luncheon catered by Castellos restaurant. Many members bring in treats for everyone to enjoy with their coffee or tea. Games are played, knitting corner is always full, the card tables are very busy. As Juanita says, "We started in a small way but next year we are going to add more activities." She can't get over how appreciative and generous everyone is. She is a very welcoming hostess who makes everyone feel special. I love the afternoon there. The Halloween party was a blast and the Christmas dinner was so festive. If anyone reading this is free on a Wednesday afternoon, come on up and see what it's all about! Thanks for giving us such a warm, happy place to go to, not too far from home, Juanita!! I wonder what she will think up next??

Sheila Minogue-Calver
www.navanwi.com



Info on: www.navan2navan.com and facebook Michael O Meara

**NAVAN LIONS CLUB**

Meeting nights: 2nd & 4th Monday each month
at the Navan Curling Club – Lions Den

NEW EVENT**BEAN SUPPER**

FRIDAY APRIL 19th, 2013
6:00 PM

NAVAN CURLING CLUB LOUNGE

ADULTS \$10.00
CHILDREN (UNDER 14) \$5.00

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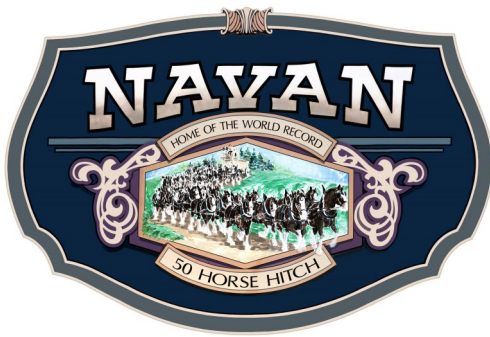
Treasurer: Lion David Grattan

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NAVAN COMMUNITY ASSOCIATION

President's Message

March marked the 16th anniversary of what were the first Navan Community Association meetings. Since then, the NCA has become one of several local organizations which, on a completely volunteer basis, lead or assist in organizing the events which bring our community together. This year, for example, the construction and dedication of the Town Clock and Community Builder's Wall, showed us what happens when Navan decides it wants something done. Both monuments are absolutely beautiful and the dedication ceremony allowed us all to get together to share some fond memories and even a few laughs. Thank you to Sheila Minogue-Calver, Anne-Marie Potvin, Brian Coburn and all others who were involved with these projects.

Another successful project was the establishment of Nifty-Fifty, a drop in centre for adults over 50, headed by Juanita Vetter and her crew of volunteers. I understand, not being allowed to attend myself (not fair!), that the group keeps growing and members are grateful for the chance to engage in several fun activities, remain active and stay connected with other community members.

Finally, one of our greatest achievements for 2012 was the Navan Outdoor Rink. Congratulations to the entire Rink Committee and maintenance volunteers for their hard work and dedication to bringing an outdoor rink back to Navan, a few years after Ghyslain Lalonde shared his vision for its return. It is a great place for our kids to exercise outdoors and a true example of a group effort, although Luc Picknell deserves (though he would not accept it) the most credit - he headed the organizing committee, assisted in the construction, organized the maintenance volunteer schedule and was a maintenance volunteer himself. Thank you, Luc, for ensuring that the project stayed on track.

I am also happy to report that the Navan Youth Dances are more popular than ever. Thank

you, Tom Devesceri, for your never ending dedication to the dances. I could go on with all our other endeavours (Winter Fest, Fall Fest, Tennis, T-ball, Knotty Knitters etc...) but rather, I would invite you all to attend these events or join the clubs to see what you are missing!

Please note that the Annual General Meeting is being held on April 15th. Because of remedial work planned for the arena, we are currently making arrangements for an alternate location. Once determined, the location will be posted on the NCA website.

If you wish to get involved with the NCA, feel free to throw your hat in the ring for one of the following Director positions, or, you may want to attend the monthly meetings and lend a hand on certain projects. We realize that everyone's time is at a premium. Our goal is to have as many people involved to allow the work to be shared. Personally, I challenge the under 40 crowd to come out and help make Navan the greatest place on earth for our kids to grow up.

Positions are as follows;

- President
- Secretary
- Treasurer
- Public Relations
- Social Media
- Horticulture
- Membership, NCC, & Mer Blue
- Transportation
- Safety
- Youth Dance
- Parks and Recreation
- Tennis
- Navan Ball

I want to take this opportunity to thank all of the current Board members and volunteers who make my job easy. I especially want to thank those of you who attend, without fail, our monthly meetings. These meetings allow for community concerns, feedback, congratulations (and sometimes a little criticism) to be heard. They are also attended by Councillor Stephen Blais or one of his representatives, which provides us a direct link with City Hall. Without the meetings, we would be unable to accomplish everything that we do.

Hoping to see plenty of new faces in 2013,

Phil Grandmaitre
President

NIFTY FIFTY PLUS CLUB

Notice of a temporary change in location for the Nifty 50 plus drop in center;
Starting on April 17th and every Wednesday through June 26th 2013, the Nifty 50 plus drop in center will be located in the St. Mary's Hall. The temporary location change was made necessary due to roof construction at the Navan Memorial arena. Nifty 50 plus will be back in the arena to open the fall session beginning on September 4th.

NCA YOUTH DANCES

The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month with a \$5.00 admission at the Navan Arena. (For dance rules go to www.navan.on.ca)

2013 Dates: April 12, May 10, June 14.

NEXT NCA MEETING

Annual General Meeting, Monday, April 15th, 2013 at 7:30 p.m. Upstairs at the Navan Arena.

FACEBOOK IS HERE!

Check out the link at www.navan.on.ca
Send us your community events to include on our Facebook page: email your event to webmaster@navan.on.ca for inclusion to the FB page.
Help spread the word!
Events also get posted on the calendar at www.navan.on.ca and in the Nugget.

Chair: Philippe Grandmaitre
Secretary: Christina MacPherson
Treasurer: Dale Borys
Youth: Tom Devecseri
Safety: Fred St. Pierre



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HERITAGE PUBLIC SCHOOL

During the month of May, the school will be collecting gently used shoes and boots for two different organizations. Sole Responsibility and Soles4Souls. More information will be in the May edition of the Nugget.

Fundraiser—You could help to raise funds for Heritage Public school when you shop at the
OUTGROW, OUTPLAY SALE

Held at the Blackburn Arena, 200 Glen Park on April 13th. 5% of your purchase at this consignment sale will be donated to the school.

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WINTER CAMPING

Tony Rino, a Phys Ed. And Outdoor Ed. Teacher at St. Peter's High School in Orleans, brought nearly 40 Grade 11 students to Gord MacFadden's land behind his barn, for a 24 hour winter survival expedition last month. For the last 10 years, Mr. Rino brought his classes to John Nooyen's farm but conditions on this farm had changed so Gord kindly offered up his land. The students are divided into groups to teach group dynamics, such as team work, communication, and completing an assignment. After organising the students, they are sent into the bush to find a suitable spot to build a Quinzee home for the night. With 9 huts to be built and at least 50 meters apart, this was the first of many daunting tasks. They also had to have enough snow to pile and pack down to make the Quinzee safe to hollow out for 4 people to sleep in. The teens then had to make a fire using only dead resources in the bush. After a rough night, the Quinzees were demolished and no trace of them left. No garbage either and the area left as they found it. Good camping experience! What a fun way to learn important skills Mr. Rino! He is grateful to returning students who come out to help supervise.

In April, Grade 12 students will accompany him to Belize for a camping trip where they live in tents, snorkel, kayak, and catch fish. Tony has run this programme for 9 successful years. In May, Tony organises a canoe trip to Camp Smitty at Mink Lake. He uses Bradley Bus Lines and is well served by Bradleys. He has been teaching for 21 years, 20 years at St. Pete's. Loves his job and especially these wonderful trips to teach outdoor skills to his students. Lucky kids at St. Pete's to have a teacher willing to take on this exciting way of teaching! Great stuff Mr. Rino!! Keep up the good work!



Picture Left to right - Emily MacDonald, Tony Rino, Christian Maristella, Nicole Bolick
(Mr. Rino and Emily are from Navan)

Anglican Parish of Bearbrook, Navan & Vars

Reverend Canon John Wilker-Blakley

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am

St. Mary's (3480 Trim Rd, Navan) 10:00 am

Navan Community Sunday School 9:45 am

St. Andrew's (1900 Devine Rd, Vars) 11:30 am

613-216-2200 or www.bvnanglicanca

THE THIRD SPACE

Held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads, from 10am to 12 pm. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of each month.

Sponsored by St. Mary's Anglican Church.

NAVAN/VARS UNITED CHURCH

1129 Smith Road, Navan Village

Minister: Rev. Bill Brown

* Sunday Worship 10 a.m.

A friendly greeting awaits you!

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www.navan-vars-united.org

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NAVAN COMMUNITY SUNDAY SCHOOL

April 7th—Penny Arcade for Lenten Share Project

April 14th—Family Sunday

April 21st—Sunday School

April 28th—Sunday School

May 5th—Sunday School

QUOTE OF THE MONTH:

Spring is when you feel like whistling even with a shoe full of slush. ~Doug Larson

COMMUNITY ANNOUNCEMENTS

A TRIBUTE TO MARGARET MACNEILL

The Navan Fairboard, Navan Community Association, and the Navan Lions Club invite you to join us in honouring and paying tribute to Margaret MacNeill for her many years of Outstanding Community work;
Saturday April 27th, 2013
Navan Curling Club Lounge
1 pm to 4 pm

CORRECTION

The following names were mistakenly omitted from last month's list of Outdoor Rink volunteers: Dylan Lascelle, Peter Stoltze, James Cotton. Thank you once again to all those who contributed to the success of the rink this winter!

NAVAN AUTOMOTIVE

The village garage is going through a big renovation. It will reopen for services soon, under a new name and new ownership. Too bad the gas is gone!!

ART SALE & EXHIBITION

The 3rd Annual Navan Fine Arts Sale & Exhibition will be held June 8 & 9 at the Navan Curling Club, showcasing several area artists. Admission is free. For more information visit www.navanarts.com

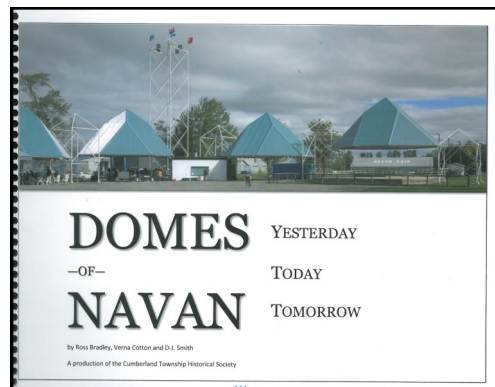
CARLTON REGIONAL SNOWMOBILE CLUB

CRSC would like to thank our Landowners, Volunteers and all Club Members for a great 2012/2013 snowmobile season.

Tim Krause	<i>President</i>	613-720-5959
Rick Thirsk	<i>Vice President</i>	613-294-5523
Dean Bourgeon	<i>Events Co-ordinator</i>	613-834-0746
Jim Reilly	<i>Trail Patrol Co-ordinator</i>	613-769-6949
Debbie Dandy	<i>Treasurer</i>	613-835-2375
Laura Brownrigg	<i>Volunteer Co-ordinator</i>	613-445-0573
Wayne Dandy	<i>Trail Co-ordinator</i>	613-835-2375
Meryl Jackson	<i>Trail Director-Vars</i>	613-835-2651
John McArthur	<i>Trail Director-Orleans</i>	613-834-5324
Wayne Dandy	<i>Trail Director-Navan/Sarsfield</i>	613-835-2375
Stephane Gratton	<i>Trail Director-Cumberland</i>	613-833-1278
Theo Haight	<i>Trail Director-Carlsbad Springs & Manotick</i>	613-822-3629

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 613-833-3533 * www.carletonregionalsc.ca * e-mail: carletonregionalsc@gmail.com

CUMBERLAND TOWNSHIP HISTORICAL SOCIETY



The 'Domes of Navan' has just been produced by The Cumberland Township Historical Society. It tells the story of how the Domes arrived at the Fairgrounds in Navan back in November of 1984. It tells the story of leaving Lebreton Flats via helicopter, coming down the Ottawa to what is now Trim Rd and straight south to the Fairgrounds. It is a beautiful bilingual publication that makes a wonderful gift. Copies are available at Bradley's store or by calling Verna Cotton at 613-835-2490 or Ross Bradley at 613-835-2199. Price \$20 or 2 for \$30.

NAVAN BOOKMOBILE

Thursdays 2:30—4:15 p.m.
At the Firehall, 1246 Colonial Road



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Advance Tickets only: \$25.00 (Limited number of tickets available)
Please contact: Lion André Richer 613-446- 6631 or Lion Charlotte Kerluke 613- 265-8299
www.cumberlandlions.ca

RECREATIONAL BALL HOCKET TOURNAMENT

April 27th, 3 games minimum. 3 on 3. Up to 6 players per team + goalie. Cost: \$200.00 / team. Prize for winning team. Ref / scorekeeper / scoreboard. Regular sticks, shin pads, gloves. Recommended helmet. East end location at 6020 Eighth Line Road in a gym (Carlsbad Springs Community Centre), Men's 18+
To register a team: info@carlsbadsprings.ca

Revenues will go to a local charity.



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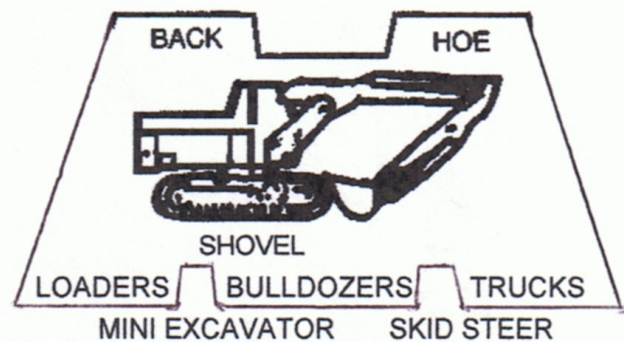
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Tuesday shopping bus is free. The bus leaves Navan Arena at 9:18 a.m. with stops along Smith and Mustang and then along Navan Road to Place D'Orleans and then St. Laurent Shopping Centre. Return trip leaves St. Laurent at 2:30 p.m. and Place d'Orleans at 2:45 p.m.



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RURAL PATHWAY SURVEY

Do you use the Osgoode, Prescott-Russell or Ottawa-Carleton Shared-Use Pathways? If yes, we want to hear from you.

The City of Ottawa encourages all pathway users to share their experiences by completing an online survey before April 15, 2013. The survey can be completed online at www.ottawa.ca/ruralpathways or you can complete the survey over hot chocolate on the pathways when you come across one of our representatives. We will be out on the pathways conducting the survey on weekends in March & April.

This survey is part of the roll out of the *Rural Pathways Shared-Use Policy* that was approved by City Council in February 2011. As a result of this policy, the pathways are now open to both motorized and non-motorized vehicles during the winter but are subject to restrictions, such as speed limits and curfews. In the summer, snowmobiles are prohibited in order to provide the best environment for the pedestrians and cyclists who are the primary trail users during this period. This shared-use policy was approved after looking at similar pathways with a history of shared-use without injuries to trail users. We look forward to receiving your input.



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GROSBEAKS

On Saturday, February 16th, 2013, the Citizen reported that Pine Grosbeaks and Evening Grosbeaks had been seen at the west end of the Larose Forest. I thought this was interesting as I had been skiing in this area regularly throughout the winter, and to be honest, had not seen much wildlife. The three Grosbeaks, the Pine, the Evening and the Rose Breasted are among the most spectacular birds to be seen in this area, so please keep a look out for them as they are likely to be seen here too. From a behavioural point of view they are perhaps not the most exciting.

The Evening Grosbeak is actually a large finch and is reputedly quite tame because it tends to remain concealed in the foliage rather than attempt escape - if threatened. When white settlers first came to North America, the Evening Grosbeak was unknown in the East of the continent and was established only in the Rockies. Since that time they have spread east possibly due to the spread of maple trees and shrubs around farms and the development of bird feeders in winter. It is also attracted by the Spruce Budworm and loves bug infested spruce forests. There is evidence that it is in decline in eastern Ontario and Quebec – so if you do see one - make sure you get a good look.

The Pine Grosbeak is also a large finch and has very similar characteristics to the Evening Grosbeak. It is found in coniferous woods across Alaska, the western mountains of the United States, Canada, and in sub-arctic Scandinavia and Siberia. During winter, North American pine grosbeaks move southward as far as the upper Midwest and New England. Like the Evening Grosbeak, the Pine Grosbeak is also reputed to be tame. Pine Grosbeaks forage in trees, but may also forage for fallen seeds and fruit. They eat the buds of many trees. Favorite foods include the crab-apple, barberry, and mountain ash, and the seeds of birch, pine, and spruce. They also eat some insects and the seeds of grasses.

Both Pine and Evening grosbeaks are “irruptive species” that is they may make sudden group migrations, often southward in search of food sources.

While we have seen all three Grosbeaks at our feeder in Navan – we have seen the Rose Breasted variety most often, although not in winter. It does apparently favour the deciduous woodland of eastern North America. It is migratory and spends the winter in the north of South America and the Caribbean, just like many other residents of this community. The Rose Breasted variety is not a finch, and is related to the Cardinal and the Scarlet Tanager. Its feeding habits resemble the other grosbeaks, in that it likes foliage, seeds, (esp. sunflower seeds) fruit and some insects. Rose Breasted Grosbeaks like to nest in scrub woodland – which is a perfect description of much of the woodland in and around Navan. The Rose Breasted Grosbeak is also the gardener's friend in that it consumes destructive insect pests such as grasshoppers, cankerworms, tent caterpillars, tussock moths, gypsy moths, brown-tailed moths, and the Colorado Potato Beetle.

Written by David Grattan. Photos by Tom Devecseri.



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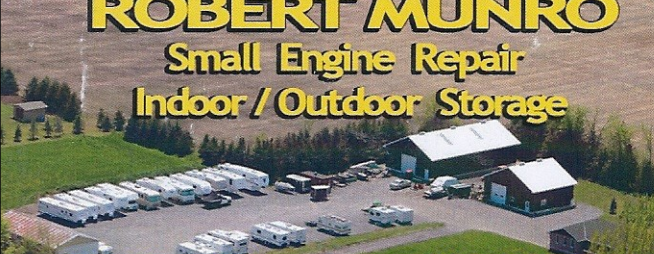
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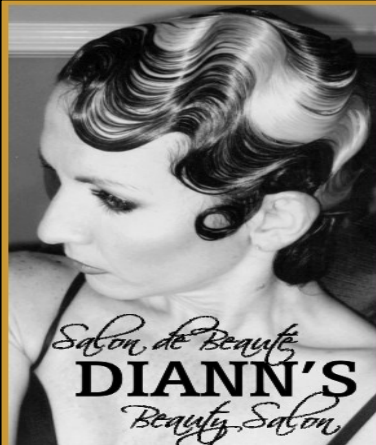
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Articles or announcements must be submitted to;
navannugget@navan.on.ca by the 20th of the month to be included in next month's issue of the newsletter.

What a wonderful place in which we have chosen to live.