

OCTOBER 2012

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca



NAVAN FALLFEST 2012

It was a beautiful warm sunny fall day, just the perfect conditions for celebrating the coming of the fall season at the 4th annual Navan FallFest, family fun day.

There were traditional, always popular, activities like scarecrow making, face painting, colouring contest, silent auction, this year with a table for children only, the food and bake sale, carved pumpkin contest and house and business decorating competition. Mary Lalonde was judged by attendees as first prize winner for her decorated home and the Navan Little Market was selected best in the business category.

New activities this year, included a kiddies fish pond where everyone caught a prize, learning about weaving and knitting, creating a community art mural, which will be hung in various locations around town over the next few months, and learning about the intriguing life of honey bees,

Outside the Blue Building at the Navan Fair grounds, Reverend Bill Brown led a Blessing of the Animals ceremony. The Navan Community Association provided their annual community appreciation barbecue which was burnt to perfection by members of the Navan Lions Club who also provide fresh popcorn.

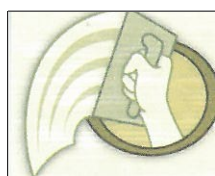
The Grads Hockey team had a great workout when they challenged all comers to a three hour ball hockey game. In the newly paved parking lot beside the Curling Rink, the firefighters from our local fire hall showed off two of their trucks full of neat equipment and members the Ottawa Paramedic Service brought an ambulance and explained what they can do for you in an emergency.

The afternoon was capped off with a series of sack races, three legged races, and the always popular tug of war when the Grads took on the children of the community. Even though they are in top physical condition, they were still overpowered by the combined strength of a herd of Navan youngsters. Maybe they will have better luck next year.

On behalf of the FallFest Committee I would like to thank all the volunteers who helped put on the activities and most of all, the people in the community who supported us by coming out for a fun time. If you missed out, put it on your calendar now, FallFest 2013, October 5th, the Saturday before Thanksgiving weekend.

Submitted by Fred Hyde – FallFest Chair

Photos on front page by Tom Devesceri & John Ladds.



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In partnership with the City of Ottawa,
Navan Curling Club and Cumberland Township
Agricultural Society the paving project was
completed in Sep.

Doesn't it look great!



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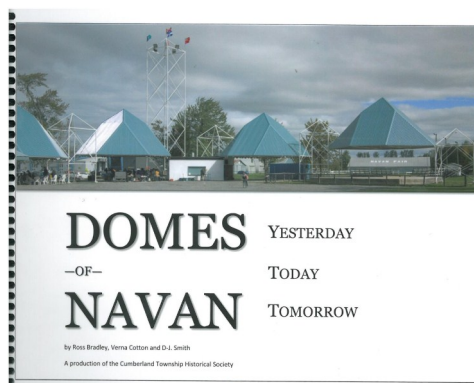
Info on: www.navan2navan.com and facebook Michael O Meara

ATTENTION HAT LOVERS



The Navan2Navan committee has 20 of the memora-
ble hats available for \$15 each. Please call Betty
Neilands at 835-1581. First come, First serve.

CUMBERLAND TOWNSHIP HISTORICAL SOCIETY



The 'Domes of Navan ' has just been produced
by The Cumberland Township Historical Society. It
was released just before the Fair. It tells the story of
how the Domes arrived at the Fairgrounds in Navan
back in November of 1984. It provided the stage for
Pope John Paul 2 to perform his Papal Mass in Sep-
tember, 1984. It tells the story of leaving Lebreton Flats
via helicopter, coming down the Ottawa to what is
now Trim Rd and straight south to the Fairgrounds. It is
a beautiful bilingual publication and will be a most
appropriate gift for birthdays, anniversaries and of
course Christmas. Copies are available at Brad-
ley's. Price \$20 or 2 for \$30.

NAVAN NOTABLES



COW MILKING CONTEST!!

Here I am, very intent on getting the most milk out of this beauty of a Jersey cow!!!

In September, at the Russell Fair, I came third in this big race!! Having never milked a cow before, I was certainly pleased with my results!! I am a gold miner's daughter from Timmins so for me this was a real accomplishment. All proceeds of this race will be going to the Women Institute Branches that were represented in the contest. Thanks to the Russell fair for this opportunity. Maybe we should try this at the Navan fair. I'd love to try again and break my record!!!

Sheila Minogue-Calver
Navan Women's Institute

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NAVAN COMMUNITY ASSOCIATION

NIFTY FIFTY PLUS CLUB

Notice to All "50+" Residents in and around Navan. Come and join at the drop-in centre every Wednesday from 12:30—4:30 p.m. upstairs at the Navan Memorial Arena Centre. Hope to see you then!!

NCA YOUTH DANCES

The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month with a \$5.00 admission at the Navan Arena. (For dance rules go to

www.navan.on.ca)

2012-2013 Dates: October 12, November 9, December 14, January 11, February 8, March 8, April 12, May 10, June 14.

NEXT NCA MEETING

Monday, October 15th, 2012 at 7:30 p.m. Upstairs at the Navan Arena.

Check out the Community Calendar on the NCA website: www.navan.on.ca. If you are a non-profit group and have an event you'd like to have added, please let us know. Be sure to "Like Us" on the NCA Facebook page. The link is on the NCA web site.

Chair: Philippe Grandmaitre

Secretary: Christina MacPherson

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COMMUNITY ANNOUNCEMENTS

KNOTTY KNITTERS

We are meeting at Café Latte Cino every Tuesday at 1PM. Come out and join us. Come see us at the Navan Fall Fest. We have a special surprise for you.

NB: On October 15 we will return to the Navan Curling Club. Our meeting day will then be Monday at 1PM to 3PM.

Some of us are knitting at the Nifty Fifty+ Club in the Arena Hall every Wednesday from about 1PM to 4PM. Come on out and join us at either location.

CUMBERLAND FARMERS MARKET

Saturdays, June 16th—October 13th, 2012, 8—1 p.m.
1115 Dunning Rd, R.J. Kennedy Community Centre.
Indoor and outdoor venues, open rain or shine.

NAVAN BOOKMOBILE

Thursdays 2:30—4:15 p.m.
At the Firehall, 1246 Colonial Road.

OC TRANSPORoute 202

Tuesday shopping bus is free until June 30th. The bus leaves Navan Arena at 9:18 a.m. with stops along Smith and Mustang and then along Navan Road to Place D'Orleans and then St. Laurent Shopping Centre. Return trip leaves St. Laurent at 2:30 p.m. and Place d'Orleans at 2:45 p.m.



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NAVAN WOMEN'S INSTITUTE

Our October meeting is Wednesday, October 10, 7PM At St. Mary's Hall. The guest speaker will be 20 year old Olympian Brianna from Russell, Ontario, who will speak to us about her trip to London 2012.

Come out to celebrate with us. Coffee and treats will be served.

NAVAN KNIGHTS

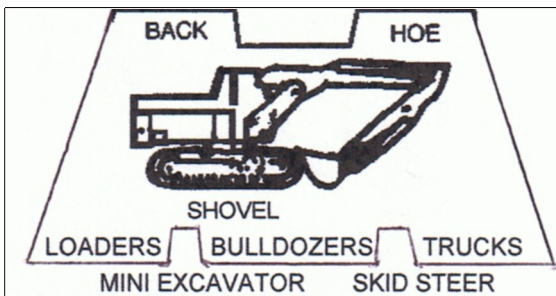
I have matched up 2 women and their Navan Knights. Anyone else interested in getting volunteer hours please contact Sheila by email, samc@travel-net.com See last month's Nugget for the information on this program. Hope to hear from more of you teenagers in high school.

TEAM CANADA WINS BRONZE

Congratulations to Team Canada member, Sara Lawlor, on winning a bronze medal at the 2012 World Junior Ultimate Championships held in Dublin Ireland in August 2012.

EUCHRE PARTIES

EUCHRE PARTIES will be held by the Leonard Women's Institute at the Bearbrook Community Centre, 8720 Russell Road near Bearbrook, October 5, 12, 19, & 20th at 8 p.m. The Leonard W.I. invites you to exciting friendly EUCHRE COMPETITIONS. Friends and Good Company are always welcome to play cards and visit. Sandwiches, Dessert, Coffee and Tea will be available afterwards. Prizes and door prizes. Fee to play is \$5.00 per person.



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ORLEANS-GLOUCESTER CHRISTIAN WOMEN'S CLUB

Wednesday, Oct. 10th, 2012 at 9:30 - 11:00 a.m. Orleans United Church, 1111 Orleans Blvd. Feature: Jane Parkhouse, decorating consultant of Decorators Choice Paints Inc. Musician: Alice Kelly. Speaker: Pam Bales of Oakville, "One Woman's Story". \$5 - includes refreshments. Free childcare by reservation. Call Shirley: [613-841-5143](tel:613-841-5143) or Phyllis [613-747-3928](tel:613-747-3928).

FALL WELL WATER TESTING DROP-OFF

Sunday, October 21st, 2012;

J.T. Bradley's, 1220 Colonial Rd, Navan 8a.m.-6 p.m.
Peladeau Store, 5875 Buckland Rd, Vars 9a.m-8 p.m.
Midori Market, 2950 Colonial Rd, Sarsfield, 10-6 p.m.
Haddad S&S Foodliner, 2565 Old Montreal Rd, Cumberland, 9 a.m.—9 p.m.

CHANGES TO GARBAGE COLLECTION

Effective the week of October 29, 2012, the City of Ottawa will standardize curbside collection of waste and recycling. This means that all Ottawa residents will soon enjoy the same level of waste collection service.

Some households will receive a new collection day. If your collection day is changing, the City will send you a letter in October.

Also beginning the week of October 29, household garbage will be collected every two weeks. Maximize your recycling to minimize the amount of garbage you produce. You can place out an unlimited amount of recycling each collection day. For more information, visit ottawa.ca.

Stephen BLAIS

Councillor • Conseiller
Cumberland



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CLEAN THE CAPITAL

The *Cleaning the Capital* fall campaign takes place from September 15 to October 15. The City of Ottawa invites individuals and groups to give your neighbourhood a clean sweep this fall. Visit ottawa.ca/clean.



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NAVAN CO-OPERATIVE NURSERY SCHOOL



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Navan Nursery School is now accepting registration for September 2012. The Nursery School is a non-profit preschool offering morning programs for children 2 1/2 - 5 years of age from 9:00-11:30. The school offers your child a warm and nurturing learning environment, age appropriate activities and outings. Opportunities to develop social and cognitive skills. For more information please visit our website www.ottawakids.ca/ncns. Space is limited



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My name is Joy Rushton and I am the owner of Canada's Cleaning and Pet Crew. My passion is to provide back to the community by providing employment opportunities for persons who, because of a significant hearing loss, are unable to find work in the Ottawa or Orleans area. For many persons with hearing loss, the communication barrier often makes it difficult to find meaningful work and some have to rely on social assistance or other disability support programs. As a hard of hearing person myself, I know first hand the challenges of finding work, which is why I created this business. Many of these people have the drive and passion to want to succeed and I provide that opportunity through mentorship and training.

My business is the only one of its kind in Ottawa-Orleans-Navan that exclusively hires and trains persons with hearing loss to provide superior cleaning and pet services to our clients. We have been in business since 2005. We are bonded and insured and I personally oversee and work closely with all clients to ensure they receive the highest standard of service. If you are interested in learning more about our cleaning and pet services, I invite you check out my website:

www.canadacleaningcrew.com



Photo: Orléans Ward Councillor Bob Monette and Joy Rushton @ Orleans Star Newspaper 2012.

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Minister: Rev. Bill Brown

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NAVAN COMMUNITY SUNDAY SCHOOL



St. Mary's Hall

9:45—11:00 a.m.

Age 3—16

Everyone is Welcome.

Oct. 7th—Family Sunday—No Sunday School

Oct. 14th—Sunday School

Oct. 21st—Sunday School

Oct. 28th—Sunday School

Nov. 4th—Sunday School

Anglican Parish of Bearbrook, Navan & Vars



Reverend Canon John Wilker-Blakley

Sunday Worship



Trinity (8785 Russell Rd, Bearbrook) 8:30 am

St. Mary's (3480 Trim Rd, Navan) 10:00 am

Navan Community Sunday School 9:45 am



St. Andrew's (1900 Devine Rd, Vars) 11:30 am

613-216-2200 or www.bvnanglican.ca



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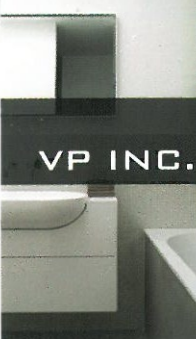


HERITAGE PUBLIC SCHOOL

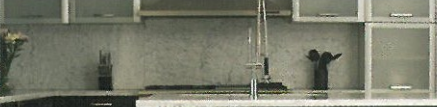
September has been a great month for the students at school. Everyone has settled into there classes and are excited for the year ahead.

On September 20th, the school hosted a very successful Meet the Staff Night and BBQ. Heritage would like to give a big thank-you to the Cumberland Lions who came out and did all the barbecuing for the event.

An upcoming fundraiser that is being planned by School Council during the month of December at Heritage Public School is the Toy and Bake Sale. This is a very exciting day for the students! On this date each student will have the opportunity to visit the gym with their class and purchase some toys and baked items. We are looking for donations of gently used toys, books, games, and movies. Popular items include: Happy meal toys, diecast cars, lego, collector cards and stuffed animals. Keep this in mind if you are doing a fall clean-up. Donations can be dropped off at the school starting December 1st, 2011 or you can call Virginia at 613-835-3389.



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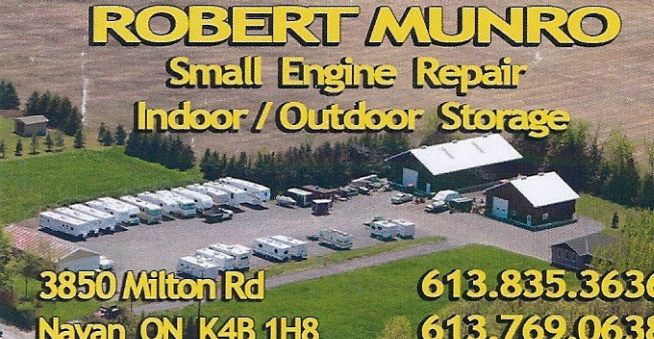



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A BIG THANK-YOU FROM NAVAN, IRELAND

Thank you all so much for your hospitality.
 I have had the best time of my life and will
 remember you always. I have made so many friends
 here. It has been wonderful. Maggie Reynolds

To: THE MOST AMAZING PEOPLE IN THE WORLD THANK YOU
 For THE BEST HOLIDAY IN THE WORLD AND FOR GOING ABOVE AND BEYOND
 THE CALL OF DUTY TO MAKE THIS SPECIAL THANKS A MILLION LIAM BENKE.

No idea
 what to say
 we had an amazing
 time, memories that
 will last a life time
 please feel free to
 contact me morantrac@gmail.com
 Thanks for everything
 Emma xx

Thank You

Best time I have
 ever had on a holiday
 Irene.

Thank you
 Michael

To everyone in Navan
 who have given me the
 most phenomenal experience,
 I feel like I have visited
 a very special place.
 Thank you all so much for
 giving me the trip of a
 lifetime. All my love,
 Grainne

Grainne n
 Bhraonain.

To the friendliest town in the
 world, and the name isn't bad
 either! Thank you so much for
 everything, best week of my life!
 Go raibh mbeir maith again!

Oisín

Thanks for everything
 Mideel MacDonnell

From me to you I wish you good
 health and the time to enjoy it

Thanks you for everything

Paddy Pryke

Please ring me when you come to
 Ireland 00353 86 8227822

The most friendly people
 I have ever met, and
 most hospitable. I'll be
 back. Glen Hughes.

Most hospitable, friendly people
 I have ever met. Thanks for
 everything. Noel.

Thanks for all your
 hospitality Gary O'Farrell



BIRDING IN NAVAN

Fall is now upon us and it is perhaps an opportune moment to consider some of the wildlife seen in the Navan area during the summer. Of most interest to me was the sighting of a snipe in the early summer. This stocky, long-beaked wader makes a distinctive whooping sound in flight with its two outer tail feathers (The Stokes guide describes it as a "bleating or whinnying" sound). I was midway between Smith and Trim on the recreational path – and there it was high up over the marshy area whooping away. I didn't know what it was - but fortunately for me Alison and Rob Myers were around to help me out. The

Snipe is a bird of wet meadows or marshy areas – exactly the condition of the area between the recreational path and Clark Woods. The Snipe feeds on the larvae of crane flies, crayfish, mollusks, earthworms, frogs and seeds. Though how on earth they eat frogs is a mystery to me? Interestingly, the Snipe is known throughout the World (The Scots call it the Heather Bleater). However, its survival is threatened by drainage and loss of wetlands. There is a lot of information on the internet on Snipes - I rather liked this site because it has many photographs:

<http://ibc.lynxeds.com/species/common-snipe-gallinago-gallinago>.

There are wetlands all along the new recreational path – and this affords the opportunity to see lots of wild life. For instance, Rachel and I spent several minutes watching a beaver munch his way through a tree branch a few days ago. The Mer Bleue golf course is adjacent to the path and my golf partner Don Macartney and I watched a group of Killdeer around the large pond in (Don and I were playing our usual skillful round). The Killdeer is another interesting bird – particularly well known for its acting ability. If you are in the vicinity of the nest it will pretend to have a broken wing and thereby distract predators or interfering humans. There are a number of videos on YouTube showing this amazing display – Here's one: <http://www.youtube.com/watch?v=3UCKnC1LRc>.
Written by David Gratton/Photo by Tom Devesceri.



QUOTE OF THE MONTH:

A bird doesn't sing because it has an answer, it sings because it has a song.

Lou Holtz

Ghyslaine Lalonde, Investment Advisor
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Articles or announcements must be submitted to navannugget@navan.on.ca by 20th of the month to be included in next month's issue of the newsletter.

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