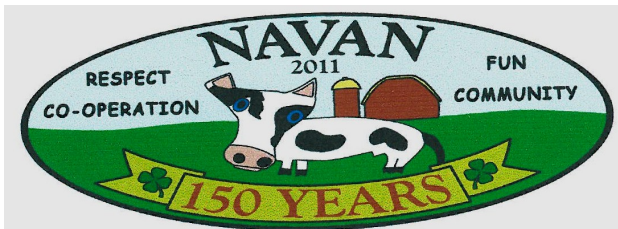


NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca



OFFICIAL OPENING

Official Dedication and opening of the Town Clock will be June 16 at 2PM at the Commemorative Town Clock Plaza on Colonial. Joanne Griffin will entertain us with her Calliope! Treats will be served.

NAVAN'S 150th Anniversary Time Capsule

The Time Capsule Committee has been quite busy over the past month, working in a number of areas. We now have a confirmed design for an above-ground time capsule, which will be built near the flag pole behind the wall. This design was considered superior to burying the Time Capsule in the ground, where moisture damage would be an unavoidable problem over time.

We have been receiving many submissions recently—from families (who are including a picture and some information about themselves); from businesses (who are putting in a copy of their advertising pamphlet or price list); and from organizations (who are giving us documents such as an annual report or minutes of a recent meeting).

If you have not yet put something together for the Time Capsule, there is still time to do so, as the official opening of the Town Clock Plaza is now planned for June 16.

Please put your items in a large ziplock bag and take it to either JT Bradley's or Heritage P.S., where boxes to collect Time Capsule items are located. If you have any questions, please contact any member of the committee:

Heather Monkman 613-835-3568

Jill Noakes jillnoakes@hotmail.com

David Grattan dwgrattan@gmail.com

Fred Hyde fchyde@magma.ca

NAVAN NOTABLE

Castello's Restaurant and Pizza

Elie Ghie's Dad bought the restaurant building in 1988. It was vacant for 10 years when the family decided to open up a restaurant. They first had to renovate. As Elie had finished university and was out in the workforce he decided he would help his dad establish this eatery. He figured he would be here for 6 months and then go back to his accounting field. However, he found the community appealing and upbeat and 14 years later he is still here selling us great, yummy food! Following in his Dad's footsteps!!

"Navanites are friendly, loyal, honest, and family oriented", so he provides quality meals at fair prices. If veggies are a little tired, he doesn't use them. His success is that he prepares everything on site, no frozen foods as in the chain stores. Elie strives to be better and better. I love that salad dressing he uses. Mmmm!

In the Fall he plans to start Community Dinners where he would, once a month, have a meal in his restaurant for the community. This would provide a great night out for us and no cooking at home! Profits from these dinners would be returned to the community. He wants to give back to Navan because of the support they have given him. Wonderful Elie!

PS -Elie would appreciate any feedback whether it is a compliment or a complaint about a product or a service that he provided and any idea or concern anyone might have or even just a funny joke. His email is eghie@sympatico.ca



Written by Sheila Minogue-Calver



HELEN BURNS

Helen Burns of Navan passed away on January 24, 2012, at age 78. She was the quintessential community volunteer. She was committed to her beloved Navan Women's Institute and had been honoured with a life membership in 2000. Her involvement with the Women's Institute extended to the district and provincial levels, and provided her with travel, many friendships and leadership opportunities. She was closely involved with her United Church Women's group and its many benevolent acts. She loved to sing and was a member of her church choir, singing with the choir for the last time in early 2011. Her love of ecumenism as well as world geography was evidenced in her decades-long involvement with World Day of Prayer services in which a different country is highlighted each year. The Navan Fair held a special place in Helen's heart. In a prize-winning composition she described her anticipation of the first Fair in 1946: "All I could think about was that there might be a ferris wheel and a merry-go-round, and hopefully a place to buy an ice cream cone." She summed up her continued enjoyment of each and every Fair since then: "The appeal and excitement of the fair got into my blood at an early age, and will, no doubt, remain with me throughout my entire life. The midway rides are for the younger folk to enjoy nowadays, but, for me, every year a big ice cream cone is still a must before leaving the fairgrounds." Helen was never happier than at fairtime when she could combine all her talents and abilities in one extravaganza of leadership, organization, ecumenism, singing, baking, horticulture and socializing! She was a force to be reckoned with!

Helen Norma Edwards was born in Cumberland on October 28, 1933. She attended a one-room elementary school, Cumberland S.S.#6 on Old Mon-

treel Road near Cardinal Creek, and was the only one of her original high school class to graduate from Cumberland Continuation School. A child of the Depression, she claimed that the only pets she had as a child were the chickens on the farm, and later as a mother, she insisted that her children would always have proper footwear and regular dental care, things she had not had. In spite of the material deprivations of her childhood, Helen loved to reminisce about her farm childhood in Cumberland and her close relationships with her family, neighbours, teachers and schoolmates. In these she felt rich indeed. She loved the outdoors and the rhythm of farm life and recalled the pang of not seeing the crops grow and ripen when, as a young girl, she was sent to Ottawa to stay with her aunt for extended summer visits.

Helen was married to Robert Burns for 56 years and was a devoted wife and mother to her six children. Generous, deeply loyal and always ready with a helping hand, she encouraged and supported her family in all their personal endeavours, and their community and sports involvements. A marvelous chronicler of community and family events, she has left a wonderful archive of her writing, photography and scrapbooks.

"Energetic...Enthusiastic...Hard working... Friendly...Welcoming...Smiling...Good friend...Brave... Touched many lives" -----these words echo repeatedly throughout tributes made about Helen. She in turn would want people to know how much she appreciated the kindness and thoughtfulness of her friends and community throughout her life. She will be missed very much, indeed.

Helen loved the poetry of Helen Steiner Rice;

A mother's love is something
that no one can explain
It is made of deep devotion
And of sacrifice and pain,
It is endless and unselfish
And enduring come what may
For nothing can destroy it
Or take that love away.
It is patient and forgiving
When all others are forsaking,
And it never fails or falters
Even though the heart is breaking.
It is far beyond defining,
It defies all explanation,
And it still remains a secret
Like the mysteries of creation.

By Laurie Watson, Daughter.

COMMUNITY ANNOUNCEMENTS

A FOND FAREWELL



The Navan location for CHILLY CHILES has PERMANENTLY CLOSED and the Web Site is temporarily closed. The Chilly Chiles store and web site will re-open soon under new management at a new location. It will take a little time for the change-over so please be patient.



We wish Rob and Alison a great retirement. We hope your retirement is as hot as your spice shop was! You will be missed here in Navan.

KNOTTY KNITTERS

We will be meeting at Café Latte Cino Corner of 10th Line and Innes Roads. Tuesdays at 1PM to 3PM, until the Fall season. Come along and join us.

NAVAN PLAYGROUP

The Ottawa-Orleans Early Years Centre is holding a playgroup for children (Birth to age six) every Wednesday from 9:15-11:00 am (English & French) at Heritage Public School, 1375 Colonial Road, Navan. Everyone is welcome.

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TRIVIA WINNER

Keith Tanner receives his free pass to the Navan Fair 2012 from Sheila Minogue-

Calver, after winning the January contest about the naming of Jays Embroidery. H  l  ne's 3 boys were her Jays!! Thank-you to Garry Lowe from Details Reality for donating the prize.

NAVAN MINOR FASTBALL

Still a few spots remaining for ages 5-8 boys and girls, non-competitive. Please contact Nancy at 613-835-2925 or navanminorfastball@gmail.com.

Spring 2012 Well Water Sample Drop-off Schedule

- Sunday, May 27 - J.T. Bradley's Store, Navan
- 8 a.m. to 6 p.m.
- Sunday, May 27— Peladeau Store, Vars
- 9 a.m. to 8 p.m.
- Sunday, May 27— Dorval 77 Inc., Sarsfield
- 10 a.m. to 6 p.m.
- Sunday, May 27—Haddad S&S Foodliner, Cumberland
- 9 a.m. to 9 p.m.

GREEN BIN COLLECTION GOES WEEKLY

Starting April 2, 2012, residents will have their green bin and leaf and yard waste collected every week, year-round, permanently. Food scraps, soiled paper products and other allowable waste from residential homes can now be placed at the curb for weekly collection.



Stephen BLAIS
Councillor • Conseiller
Cumberland

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F: 613-580-2697
E: stephen.blais@ottawa.ca

stephenblais.ca

Ever since my election as your catholic school board trustee in 2006, I'm thankful for all the wonderful friends I've made here. In fact, your community spirit should be emulated across our city. Doubters should have seen Navan's togetherness during last year's Kraft Hockeyville competition.

Notwithstanding this robbery, the roof at the Arena will soon be fixed. Following a \$50,000 contribution from the City, paving of the fairground loop, curling club and ball diamond parking lot will also soon commence. The City also contributed \$10,000 towards the wonderful new town clock as well as a smaller grant to support the protection of important archives had by the Women's Institute.

The community spirit that leads so many residents to make Navan a better place to raise one's family still amazes me. In this light, commemorative naming applications have been received to name parks after Syd & Verna Cotton, Linda Dunn and Norman Edwards. Moreover, a builder's wall at the new clock will help recognize outstanding community builders.

We have accomplished much together since I became City Councillor in December 2010 but more needs to, and will be, done. Millions are being invested in area roads: Trim, Tenth Line, Delson / Henn / Colonial, and the extension of the sidewalk on Trim from Colonial to Delson.

A new bus is in place to support day trips to prime shopping locations. Finally the rural express pass will be lowered - saving Navan OC Transpo riders \$312 per year!

Please have a wonderful spring and summer and I'm sure to see you out and about!
Stephen Blais, Councillor, Cumberland



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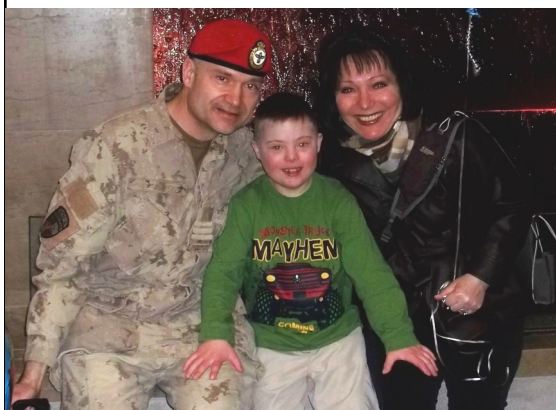
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The Canadian Mileage Post Pointing to Navan at Camp Eggers, Kabul, Afghanistan

I recently returned to Navan after spending eight months in Kabul, Afghanistan, as a member of the Canadian Contribution Training Mission Afghanistan. As a part of this NATO training mission, I was assigned as an adviser to the Director of Training, Professional Development and Education at the Afghan National Police Training General Command. In the course of my duties, which included the transitioning of command and control of Afghan National Police training to government authorities, I liaised and interfaced with coalition force partners in working towards Afghan self-sufficiency in developing strategic training standards and policies for the Afghan National Police. Notwithstanding the accomplishments we achieved with our senior Afghan National Police counterparts and the friendships we forged in often challenging circumstance, words cannot describe the joy of reunification with my family upon my return to Ottawa. On our way home from the airport, I was enlivened to be travelling along Navan Rd. and reacquainting myself with the once familiar sights, sounds and essences that were for the longest time so very distant, yet never forgotten.

Dr Klaus Schneider, Major
Canadian Forces, Military Police



Author reunites with wife Lynne & son Matthew.



COURSES: SOCIAL LINE DANCING

Mondays nights, Jan. - May 2012

Beg. 1 & 2: 6h30-8h00 pm

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Sundays, Jan. - May 2012, 2h00 - 4h00 pm

INFORMATION: Adele 613-835-9545

cell: 613-720-4419

7TH ANNUAL INFANT INFORMATION DAY

Saturday June 2, 2012, 10 a.m. to 4:00 p.m.

South Fallingbrook Community Centre

998 Valin St., Orléans. For more information 613-824-

0633 ext. 221 or email lyne.proulx@ottawa.ca

VAWBN

The Vars and Area Women's Business Network (VAWBN) is pleased to announce its new website: www.vawbn.ca Founded in 1998, the VAWBN represents a wide variety of businesses that network and support each other. Our group has grown to include a number of villages and towns. Members are from Navan, Vars and surrounding rural areas, as well as Orleans and Ottawa. Members meet the last Wednesday of the month and can also attend breakfast meetings the second Tuesday of the month. We share information on new products, services, tradeshow opportunities, seminars, new businesses in the area as well as other rural networking organizations. Frequently we have guest speakers present various topics, enabling members to expand their business knowledge. Guests are welcome and we hope that you will come to one of our meetings. Information on upcoming meetings is available on our web site.



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Jennifer Hubbard DVM

Host Families and Participants Needed

The YMCA and Heritage Canada are offering an amazing opportunity to Canadian youth across the country: the Summer Work Student Exchange program is a national exchange program for 16- and 17-year-old students looking to travel, work, and better their skills in their second official language. For six weeks this summer, students from all around the country travel to another province in order to work full time in a community where their second language predominates, while participating in weekly excursions organised by the YMCA. The participants are paired up with a "twin" from another community, and will essentially trade homes with their partner. We are looking for French-speaking youth who are looking to go on the adventure of a lifetime this summer and French-speaking families who are willing to welcome a student into their home. Information can be found at www.summer-work.com, or through contact with the SWSE Local Coordinator at

orleans.swse@ymcagta.org.

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INFORMATION REQUIRED

I am an history buff and I am trying to find pictures and historical information on the farm land originally owned at one time by the Savage family before being purchased by Toscano Development Inc. and the construction of Henn Street, located just in front to the Agriculture Centre on Colonial Rd. If you wish to discuss or have further information you can contact me at 613-429-0166. Charles-Henri LaFrance

CONGRATULATIONS SARA LAWLOR

Sara Lawlor is a member of the Canadian National Junior Womens Ultimate Team (<https://www.canadianultimate.com/index.php/en/about-uc/1/177>) competing at the 2012 World Junior Championships in Dublin, Ireland this summer (<http://www.wjuc2012.com/index.php>).

As a university student, Sara hopes to get some financial support from her community to help offset travel and living expenses (which must be funded by the athletes) to attend training camps in BC and Quebec and the championships in Ireland.

Daniel Drouin

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Cumberland Township Historical Society

May 2 Jean-Marc Lalonde will speak on his 40 years in the local politics of our region. Cumberland Township Historical Society, 10th Line Road Police Station, 2nd floor boardroom. Doors open at 6:30. A short business meeting will commence at 7pm followed by our speaker.

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NAVAN BOOKMOBILE

Thursdays, 2:30-4:15 p.m.
At the Firehall,
1246 Colonial Road.

NAVAN FAIR

August 9th—12th, 2012.

Orleans Gloucester Christian Women's Club

Wednesday, May 9th, 2012 at 9:30 - 11:00 a.m.
Orleans United Church, 1111 Orleans Blvd.

Feature: Marq Nelson Osteoporosis Society "Dem Bones, Dem Bones, Dem Brittle Bones"

Musician: Sheila Jackson

Speaker: Sheila Jackson gives us "Hope Through Fear"

\$5 - includes refreshments and free babysitting - reservations/cancellations essential.

Call Shirley: 613-841-5143 or Phyllis 613-747-3928

TENNIS ANYONE??

The courts are ready for play, and many tennis enthusiasts have been enjoying there use! Open access to the courts will continue until May 5th, after which time a key lock will be placed on the gate. If you wish access to the courts please call Susan at 613-835-3845 after April 25th to arrange pick up of a key. A fee of \$5.00 will be charged to obtain a key and to receive a one year Navan Community Association Membership. It is not our intent to limit those wishing to play tennis access to the courts with the lock, but rather to keep the bicycles and skateboards off the courts. Overtime these activities have and will continue to damage the surface of the courts. Please help us ensure the longevity of the courts by remembering to lock the gate after play and by asking cyclists and skateboarders to stay off the courts.

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NAVAN TWINNING

Info on: www.navan2navan.ei
and facebook Michael O
Meara

Join our committee

We are looking to have some additional people on our committee to meet and work with us on making this visit a memorable one for the Irish visitors. They will be with us for 7 days and nights.

Tentatively they will be involved in the Fair at the opening and performing on Sunday pm, walking tour of Navan (walking in Michael O'Meara's footprints), pub crawl and historical tour of Ottawa. On the Monday or Tuesday after the Fair we would like to arrange for a community meet and greet to share heritage and some culture exchange.

So if anyone would like to join in any of the above or have other ideas please call Betty Neilson-Wall at 613-835-1581. or email to marga-ref.macneill@sympatico.ca.

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July 9th – 13th

August 13th—17th

July 16th -20th

August 20th—25th

July 23rd – 27th



Meeting nights: 2nd & 4th Monday
each month
at the Navan Curling Club – Lions Den

60th CHARTER NIGHT

Everyone is welcome to come and celebrate with the Navan Lions Club celebrating their 60th Charter night on May 12th, 2012 at the Navan Arena.

We will be having a wine and cheese, a very entertaining guest speaker Timothy Andradé speaking on Disabilities and Accessibility Awareness along with great fellowship. We will also be presenting two very special awards of recognition to two members of our community.

All past members of the Navan Lions Club, community group members, business associates and friends of the Navan Lions Club are most welcome to join us. Tickets are \$15 – call Lion Shirley Fraser at 613-824-8400 or email margaret.macneill@sympatico.ca tickets.

FRIDAY NIGHT SUPPERS

HAM & SCALLOPED POTATOES

May 25th, 2012

Navan Curling Club, 1305 Fairgreen,
(right off Colonial Road by Fairgrounds)

\$15 per person

DOORS OPEN AT 6 PM – BAR AVAILABLE

TICKETS AVAILABLE AT:

Lion Ross Bradley @613-835-2199 or
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The Dominion Ontario Provincial Stick Curling Championship 2012 - Navan Curling Club

The Navan Curling Club hosted the Dominion Provincial Stick Curling Championship, a major curling event, on Sunday April 1st through Wednesday the 4th. This was an official event on the Ontario Curling Association (OCA) schedule.

The "stick" was invented and refined by curlers and has enabled curlers to continue to play the game by several years, contributing to their ongoing health and well being. The Navan Curling Club is proud to say that many "stick" curlers are among its membership which now exceeds 550 members.

Four of our very own Navan curlers qualified for this event; Doug Titus, Bruce Merklinger, Barry MacDonald and Terry McCabe. Our club would like to thank them for representing our club so well. An event like this is not possible without many volunteers and sponsors. Thank you for all that you did to make this event a huge success.



Navan Shotokan Karate Club
For more info
Michel Struthers
613 - 835 - 3762
struthers@rogers.com
www.canadashotokan.org

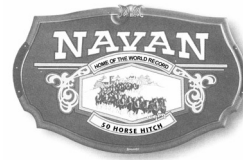
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NAVAN COMMUNITY ASSOCIATION



NCA president Phil Grandmaitre presents this year's winner Kristyn Girard with the Navan Community Association 2012 Youth Volunteer Bursary

Navan Community Association Youth Dances

The Navan Community Association youth dances are for 10-14 year olds. The next dance is May 11th, from 7-10:30 pm with a \$5.00 admission at the Navan Arena. The June dance will be a barn dance held behind the arena due to construction at the arena. All regular dance rules apply. Further information will be given in the June's Nugget. (For dance rules go to www.navan.on.ca)

Chair: Philippe Grandmaitre
Secretary: Christina MacPherson
Treasurer: Dale Borys
Youth: Tom Devecseri
Safety: Fred St.Pierre

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6th ANNUAL FUN CURLING BONSPIEL

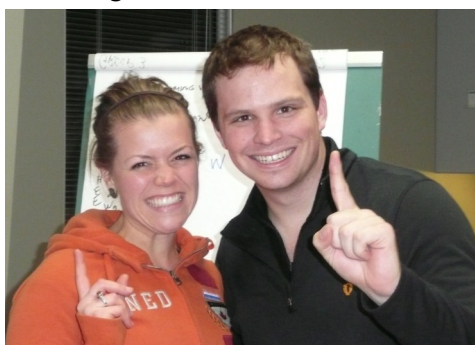
Saturday, April 14th the CTAS hosted the 6th annual fun curling bonspiel at the Navan Curling Club. This is a fundraiser for the Beef Division.



Winning team - Lee Coburn (aka Hans Lyster)



Runner up - Bob Burns (Navan Fair) – the first time in Curling the CTAS has not been at the bottom, thanks to Bob's coaching.



Hard luck Champs - Brad Both (ML Bradley)



Phil was the big Grandmaitre winner in getting a butterscotch pie for \$125 and the auction.

NAVAN FAIR AT THE RACES

Everyone is welcome to come and join the CTAS Board of Directors at a fun night at Rideau Carleton on Friday, May 25th. Fast paced liver harness horse racing, all you can eat buffet, coupon for Bingo and horse racing voucher and \$5. off your next buffet visit for \$40. Also a bus has been arranged to leave at 6pm to the Casino from the Navan Arena – returning about 10:30pm.

The Board is looking forward to spending some time with you and having some fun. Tickets are available at the Fair office 613-835-2766 or email navan-fair@bellnet.ca.

NAVAN WOMEN'S INSTITUTE



The Navan Women's Institute's president, Pam O'Donoghue, was pleased to present two bursaries to hard-working local University students Jamie Schaffler and Kristyn Girard on April 11, 2012. These young women are both worthy recipients of the bursaries and the Women's Institute is proud to be able to assist them in their studies.

Next meeting is May 9 at 7PM

Navan Curling Club

Speaker is Käthe Zeisig, "Home Remedies".



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TWO EVENTS, ONE WEEKEND

Navan Fine Arts Exhibition and Sale

Saturday & Sunday June 23-24, 2012 10 am - 4 pm
Navan Curling Club, 1305 Fairgreen Avenue, Navan

Free Admission Free on-site parking

Light refreshments available from the Navan Women's Institute. Information www.navanarts.com

Navan Garden Tour

Presented by the Navan Women's Institute
Saturday, June 23, 2012, 11am - 3 pm
Tour of gardens in and around Navan

Tickets \$15 - includes light lunch

Driving maps may be picked up starting at 11 am at
the Navan Curling Club, 1305 Fairgreen Avenue,
Information www.navanwi.com

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NAVAN CO-OPERATIVE NURSERY SCHOOL



1279 Colonial Road
Navan, On
613-835-9243

Navan Nursery School is now accepting registration for September 2012. The Nursery School is a non-profit preschool offering morning programs for children 2 1/2 - 5 years of age from 9:00-11:30. The school offers your child a warm and nurturing learning environment, age appropriate activities and outings. Opportunities to develop social and cognitive skills. For more information please visit our website www.ottawakids.ca/ncns. Space is limited.



NAVAN COMMUNITY SUNDAY SCHOOL

St. Mary's Hall - 1171 Smith Rd Navan
Time : 9:45 am to 11am: children's choir/liturgy/ lesson/craft.

6—May—12 Sunday School
13—May—12 Family Sunday
20—May—12 Sunday School
27—May—12 Sunday School
3—Jun—12 Closing Service& Pot Luck Lunch

For information regarding Sunday School please contact Kelly at;
navancommunitysundayschool@hotmail.com

THE THIRD SPACE

Held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of every Month Sponsored by St. Mary's Anglican Church

Anglican Parish of Bearbrook, Navan & Vars

Reverend Canon John Wilker-Blakley

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
St. Mary's (3480 Trim Rd, Navan) 10:00 am
Navan Community Sunday School 9:45 am
St. Andrew's (1900 Devine Rd, Vars) 11:30 am
613-216-2200 or www.bvnanglicanca

NAVAN/VARS UNITED CHURCH

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Minister: Rev. Bill Brown

* Sunday Worship 10 a.m.

A friendly greeting awaits you!

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Relay for Life Four Legged Participant: May 4th, 2012

The annual "Relay for Life" fundraiser (Cairine Wilson H.S and Student's) at the Navan Fair grounds is fast approaching. This year, there will be a four legged participant. Mica, a pure bred Black Lab is also a cancer survivor and she will be at the event representing the canine species.

Mica is the beloved pet of Dale, Janice, Alyson and Kaitlyn Borys who reside at the corner of Heidi and Loeper in Navan. Seven year old Mica was diagnosed with cartilage cancer on her chest wall last September. After a successful operation and a short recovery period, she is a survivor and is moving on with her life. Thanks go out to local vets Dr. Brown and Dr. Kurt Streib, as well as the Alta Vista Animal Hospital.

If you've ever walked by the corner of Heidi and Loeper, you may have been greeted by one of the four legged residents. One in particular, Mica, has a keen eye and ear for anyone walking up or down the street, especially if there is a dog involved. Once she spots someone she will do her best to greet you and any canine companions. Some people are startled to see or hear a dog crashing out through a cedar hedge or climbing up the creek bank just down the street, shaking off water as she heads your way. Although Mica is exuberant and direct in her approach, she is extremely friendly to both people and dogs: she just has to see you and be seen.

Although Mica is currently experiencing a sprained rear leg, she will be at the "Relay for Life" with Alyson and the rest of the family. She may walk a little less than she would prefer, but just being there will please her. So if you see the Black Lab with a cancer survivor shirt on, come over and say hello, scratch her ears or rub her belly. She will love you for it. Good luck and fair weather to all participants, Dale Borys, Treasurer, NCA.

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