

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website www.navan.on.ca

NAVANITES WIN ALL FOR NOTHING!!

Some of you may remember a recent article in the Nugget announcing that a local Navan family was competing against a pair of homeowners from Rockland on the local reality home reno show (featuring designer Penny Southam and local Navanite-real-estate-king-pin, Paul Rushforth) called All for Nothing. Guess what....we WON!

The idea of the show is to increase the value the MOST while spending the LEAST in a 2 week period of time. The winner of the highest percentage of increase is awarded a commission free listing with Paul Rushforth's office. In theory, one would then list one's home and take advantage of this prize. But at this point, with both a vastly improved home and a new found love for our community.....we aren't so sure. We have until July to use or lose the listing so we're in a holding pattern until then.....the only place we've even discussed moving to at this point is perhaps further into the village of Navan.

During this process, we experienced an enormous outpouring of support from our friends and neighbours - many from our very own community. Bob & Nicole from Eastway Kennels came out, as did Dave Bennett of 360 Renovations and his son (previously strangers - and not the only ones to reach out during this process - both Dave Ventura & Dianne Prieur offered to help also) and we received a donation towards our fundrasier from the folks at Chile Chile's. Also special thanks for helping with renovations, fundraisers and child care go out to; Carol Hunt, the Southwell's, the Lowe's, the McGuire's, the Buske's & the Williams (Queenswood Stables). Mary Dashney was a wonderful supporter when we hosted our first fundraiser at St. Mary's Hall. And also many more of our Navan friends and neighbours that both shopped at the fundraiser at St. Mary's Hall and/or came out to the spectacular Casino themed party/fundraising event hosted by Carol Hunt. We got to meet (and socialize with) our new neighbours Kim & Pat Nadeau and also learned that some old friends had recently moved to Navan!

Non-Navanites of special note were Mike Mar-

tin of Luxury Renovations and his crew (who were here everyday without pay!!) his wife (and designer) Sue Martin, Gwen & Aldo Staltari, Bill Porteous, Linda Szenteszky, Mark Hyndman, Dan Holder, Jennifer Willard, Marcus & Elisabeth Steele, Melanie White, Patti Hovey....honestly - we could keep going....so blessed to have so many people support us through this exciting challenge and to have such a wonderful community in which to live!

We will be hosting an airing party once the network gives us a date as to when the show will be on so stay tuned!

Thanks so much once again to all of our wonderful friends and neighbours in Navan!

Sheryl Hunt & Chris Currah
736 Smith Road



NAVAN @ 150 YEARS

OFFICIAL OPENING

The official opening of the Town Clock Plaza and Community Builders Wall has been postponed until June. The work to finish the area will begin May 1st and will take 3 weeks to complete. The new date and time will be posted in the May issue of the Nugget.

NAVAN'S 150th Anniversary Time Capsule

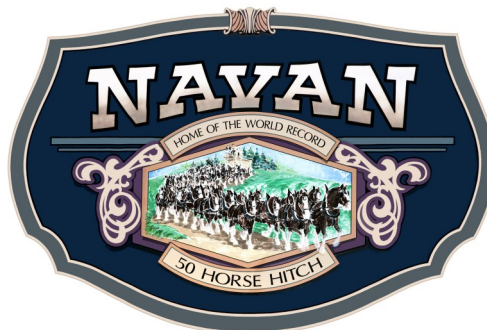
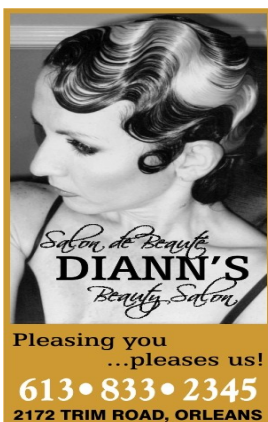
Please refer to the last page of the Nugget for information pertaining to the Time Capsule Project.

NAVAN NOTABLES

Diann's Beauty Salon!!

Just down Trim Road a bit, is a familiar Beauty Shop. Diann Lalande's hair dressing shop has been there for 40 years. In May of this year she will have worked for 50 years making the Navan and Orleans ladies beautiful! I like her story about Elsie Clark when she had her shop in Sarsfield before the Trim Road location. Elsie, a former Navan resident, would go to Diann's to get her hair cut and washed. She would usually come a little early, walk in the shop, take a look around, then go out. About 10 minutes later she would reappear, after visiting Pit Pilon's restaurant, with ice cream cones for everyone. The staff and clients would all take a rest and have their treat! Love these stories of our former villagers! Diann and her daughter, Sylvie, have worked together for 25 years. Sylvie loves the business and at the age of two, she combed and curled her dolls' hair while Mom styled her clients' hair. At 12, she started washing the clients' hair!! Great apprenticeship programme Sylvie underwent! Their salon not only offers hair services but also facial waxing, makeup sessions, especially for weddings and graduation events. They love to teach their craft to interested people and take in co-op students to help young stylists-to-be, better develop their skills. Diann and Sylvie are continually upgrading their skills at conferences in Toronto, Montreal, Niagara Falls, Los Angeles.

For the past 12 years these two dynamos have been fundraising for the Ottawa Regional Cancer Foundation. Their "Cuts For Cancer Day" has raised well over \$50,000.00 for the cause. Sunday, April 29 from 8AM to 5PM there will be 5 stylists ready to give you a cut! So come on in to the Shop and help with this worthwhile endeavour. If the sun is shining you could even get your "do" outside in the sun! Sounds like a fun way to raise money. What a wonderful way to help in the research of this disease. Thank you Diann and Sylvie for your generosity and caring!



NAVAN COMMUNITY ASSOCIATION

Annual General Meeting, Monday, April 16th, 2012, at 7:30 p.m. Everyone is welcome.

Navan Community Association Youth Dances

The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month with a \$5.00 admission at the Navan Arena. (For dance rules go to www.navan.on.ca)

Chair: Philippe Grandmaitre

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

Safety: Fred St.Pierre

Stephen
BLAIS

Councillor • Conseiller
Cumberland



Can I help?

Puis-je vous aider?

T: 613-580-2489

F: 613-580-2697

E: stephen.blais@ottawa.ca

stephenblais.ca

Navan
Wear
Jay's
EMBROIDERY

Clothing,
Workwear,
Silkscreen &
Promotion Products

Helene Edwards-Jenner

P.O. Box 46
3417 Trim Road
Navan, Ontario K4B 1J3

Tel: 613-835-3364
Fax: 613-835-9714
email: jaysembroidery@web.ru



President: Mark Hamilton-
Admin: Marg MacNeill
Tel.#: 613-835-2766
Email: navanfair@bellnet.ca
www.navanfair.com



Navan's own Kristyn Girard came in first at the Navan Fair with her poster and then in February won 1st at the Ontario Agricultural Association Society convention (all Ontario fairs) in Toronto. Sarah Zintel our 2011 Ambassador also joined the delegation of Directors this year.

Navan Fair at the St Patrick's Parade in Ottawa.



Right to left: Tracey Bissonnette, Jack & Eleanor Hodges(back), Shirley Fraser, Bea Wall, Betty Neilands-Wall and Marg MacNeill. Reg MacNeill driver and photographer.

1241 Colonial Rd. Office: 835-2808
PO BOX 127 Cell: 223-3416
Navan, ON K4B 1J3 Fax: 835-3358
Email: simpsonelectric@rogers.com Licence: ESA7000358



NOVA
IMPRESSIONS INC

Marc Maisonneuve
marc@novaimpressions.ca

For **all** your **printing**
needs & more

39-1010 Polytek Street
Ottawa ON K1J 9J3
(T) 613.749.4115
(F) 613.749.3114
www.novaimpressions.ca



NAVAN TWINNING NEWS

Communication with Navan2Navan (the delegation coming for Navan Ireland in August) has confirmed that 40 musicians and friends will be coming to Navan from August 8th-14th. Latest is that a delegation from New York City will also be coming.

Tentative plans are to formally invite them to the Opening ceremonies of the Fair with all the other dignitaries, arrange a tour of Navan, Ottawa and they will be performing on Sunday for sure at the Domes. Other ideas are being worked on and others welcomed.

BILLOTING – if anyone is interested in opening your homes to some of these visitors (1 or 2) it would be wonderful – all this to keep their expenses down. We will be keeping them pretty busy so just the comforts of a room locally would be wonderful. Anyone interested please send an email to marga-ret.macneill@sympatico.ca with your name, address and number.



AMICA
Mature Lifestyles

Resort-Inspired Rental Retirement Communities

Amica at Bearbrook
2645 Innes Road
Ottawa, ON K1B 3J7
613.837.8720

Amica at Westboro Park
491 Richmond Road
Ottawa ON K2A 1G4
613.728.9274

www.amica.ca

NAVAN LIONS

Navan Lions Club is very proud to celebrate their 60th Charter night on May 12th, 2012 at the Navan Arena. We will be having a wine and cheese, a very entertaining guest speaker Timothy Andradé speaking on Disabilities and Accessibility Awareness along with great fellowship. All past members of the Navan Lions Club, community group members, business associates and friends of the Navan Lions Club are most welcome to join us. Tickets are \$15. Call Lion Shirley Fraser at 613-824-8400 or email margaret.macneill@sympatico.ca tickets.

Navan Activities in March 2012

March was somewhat quieter than February for the Navan Lions Club - but there is considerable satisfaction that the Bonspiel and silent auction were so successful – in spite of the fact that there was a glitch in the ice making half way through. Fortunately our guests - the teams who entered were very understanding and we thank them for their patience. On Monday, February 27, 2012 we had a very interesting presentation from John Bradley and Lisa Davey, Executive Director of the OutCare Foundation. John Bradley spoke to the history of the OutCare foundation which supports costs for out of hospital care such as hospice care, homecare funded solely by donations. Since its inception in 1984 the Foundation has raised over a million dollars. The Foundation tried to refocus in the last few years and that was when Lisa came on board to fund palliative care in hospitals, homes and care homes. Their goal is to raise funds to link to the Ontario Telemedicine Network for 12 sites across Eastern Ontario. More information on this most worthwhile organisation can be found at <http://outcarefoundation.org/>

The Navan Lions have also said goodbye to an era – Time was when playing Bingo was a great attraction at the Navan Fair. As the years passed however, the popularity declined and the difficulty of operation increased, so it was decided to seek other ways of raising funds. Our Bingo equipment has now been sold and is currently on route to a branch of the

Royal Canadian Legion on Vancouver Island. We now have to find a way of disposing on several boxes of Bingo forms and dabbers – have a use for them? Let us know. (Meetings held the 2nd & 4th Monday of each month in the Navan Curling Club)

President: Lion Tony Fiorentino 613-835-9319

Secretary: Lion Chris MacPherson

Treasurer: Lion David Grattan

PIERRE LEMIEUX
 Député / Member of Parliament
 Glengarry-Prescott-Russell
www.pierrelemieux.ca
 Tél: (613) 992-0490
 Chambre des communes
 House of Commons
 Ottawa, Ontario K1A 0A6
pierre.lemieux@parl.gc.ca

COMMUNITY ANNOUNCEMENTS**HAPPY BIRTHDAY**

Sheila Minogue-Calver celebrated her birthday in March in lots of fun ways! Many groups in which she participates treated her on different days. Here is Sheila wearing a birthday hat at her grannies and grandkids event. Guess who had the most fun dancing around the clocktower?

All of the events planned for Sheila show how much this fun loving, great volunteer is appreciated. We wish you many more fun days!

NAVAN MINOR FASTBALL

Ages 5 - 12 (non-competitive)

For information and registration please contact navanminorfotball@gmail.com or Nancy at 613-835-2925.

NAVAN WOMEN'S INSTITUTE

A Lifeskills Workshop

Saturday, April 14, 2012, 9 am – 3:30 pm, at St. Mary's Hall in Navan

- o Attend 3 different workshops on cooking, crafts & home décor
- o Ten workshops to choose from
- o Lunch, morning & afternoon coffee/tea/snacks included
- o Receive a complimentary copy of the NWI Heritage Cookbook

Only \$25 to register. Visit www.navanwi.com for workshop descriptions and registration form!

Workshops are available on a first-come, first serve basis. Space is limited – sign up today!

For more info: info@navanwi.com

Or contact Navan W.I. members Linda Dunn, Anne Warburton or Pam O'Donoghue

W.I. ANNUAL MEETING

Navan Curling Club, Lions' Den
April 11th at 7PM

KNOTTY KNITTERS

Tuesdays at 1PM
Navan Curling Club Lounge
Everyone welcome

NAVAN GIRL GUIDES

The 1st Navan Girl Guides want to help you with your spring cleaning! The unit is participating in Think Recycle (www.thinkrecycle.com) and is collecting unwanted laptops, cell phones, toner cartridges, and digital cameras for recycling. This fundraiser will help offset spring camp expenses as well as help keep electronics out of landfills! Items can be dropped off during scheduled Guide meetings (generally Wednesdays 6pm-8pm) at St Mary's Hall. Please contact gayle_navanguides@rogers.com to confirm drop off dates and location. Thank you for your support!

Airfast

2-645 Belfast Road
Ottawa, Ont.,
(1-613-244-0030)



Wood Finishing Products

Lacquer, Stains, Spray Equipment

COLD BEER FRESH COFFEE SCOOP ICE CREAM WINE SPIRITS



www.jtbradleys.com

Box 209, 1220 Colonial Road, Navan, ON K4B 1J4
(613) 835-3781 · email: jtbradley@bellnet.ca

NAVAN PLAYGROUP

The Ottawa-Orleans Early Years Centre is holding a playgroup for children (Birth to age six) every Wednesday from 9:15-11:00 am (English & French) at Heritage Public School, 1375 Colonial Road, Navan. Everyone is welcome.

NAVAN BOOKMOBILE

Thursdays 2:30—4:15 p.m.

At the Firehall, 1246 Colonial Road.



**Carleton Regional
Snowmobile Club**

website: www.carletonregionalsc.ca
e-mail: crsc13@hotmail.com

Marcel Mantha	President	(613) 833-0007
Charles Brazeau	Vice-President	(613) 841-3093
Debbie Dandy	Treasurer	(613) 835-2375
Eveline Mantha	Secretary	(613) 833-3533
Art Mackie	Trail Coordinator	(613) 822-1482
Wayne Dandy	Trail Coordinator	(613) 835-2375
Jennifer Haight	Event Coordinator	(613) 822-3629

P.O. Box 172, 1769 St.Laurent Blvd., Ottawa, ON K1G 5X7

OC TRANSPORoute 202

Tuesday shopping bus is free until June 30th. The bus leaves Navan Arena at 9:18 a.m. with stops along Smith and Mustang and then along Navan Road to Place D'Orleans and then St. Laurent Shopping Centre. Return trip leaves St. Laurent at 2:30 p.m. and Place d'Orleans at 2:45 p.m.

PATRICIA SOUTHWELL
HOLISTIC FACIALIST

1145 Smith Road, Navan, tel: 613-859-2117

2012 SPRING CLEANING THE CAPITAL

The Cleanup weekend will be held between Friday, April 27th-29th, 2012.

If interested in helping with this campaign information and registration is available by calling 3-1-1 or at www.ottawa.ca/clean.



SWISS CHALET
ROTISSERIE & GRILL

AHMAD BASSAL
General Manager, Guest Experience

SWISS CHALET
4290 Innes Rd.
Orleans, Ontario K4A 5E6
Tel: (613) 824-7931
Email: swiss1961@cara.com

PICK UP OR DELIVERY: 1-866-439-0439
www.swisschalet.com

ORLEANS-GLOUCESTER CHRISTIAN WOMEN'S CLUB

Wednesday, April 11th, 2012 at 9:30 - 11:00 a.m.
Orleans United Church, 1111 Orleans Blvd.

Feature: Heather Burke – Smart Space Organizing
Musician: Judith Brum

Speaker: Linda Sprunt tells us that “People Aren’t Difficult, Just Different”

\$5 – includes refreshments and free babysitting - reservations/cancellations essential.

Call Shirley: 613-841-5143 or Phyllis 613-747-3928

Roast Beef Dinner

Bearbrook Vars ACW

Saturday April 21, 2012

Bearbrook Comm. Ctr

2 sittings 4:30 & 6:00

Advance tickets only: available from ACW members

INFO 613 835 2651





STERLING



WWW.STERLINGBAND.NET

A TRIP TO NASHVILLE



Group bus trip leaving from Sarsfield Oct.17th to 24th, 2012 to visit the Grand Ole Opry, Country Music Hall of Fame, Back Stage of the Opry, Graceland Elvis' Mansion plus a lot more for more. Cost of trip is \$1515.00 each. For info people can get in touch Lise Lafleur at 613-835-2171 or lise.lafleur@rogers.com



**Let Us Make Your
Dream Home a Reality**

(613) 297-6000

**CUSTOM
DESIGNS &
COMPLETE
FLEXIBILITY AT
NO PREMIUMS**

**• BEST DESIGN HOUSING
AWARDS WINNER
• MOST OUTSTANDING
PRODUCTION HOME
IN ONTARIO**

**• FIRST ENERGY STAR
HIGH EFFICIENCY HOME
IN CANADA
• FIRST HOME-WITHIN-A-
HOME OTTAWA BUILDER**

Meet with one of the owners to design and customize your new home.

www.MetricHomes.com



NAVAN CO-OPERATIVE NURSERY SCHOOL



**1279 Colonial Road
Navan, ON
613-835-9243**

Navan Nursery School is now accepting registration for September 2012. The Nursery School is a non-profit preschool offering morning programs for children 2 1/2 - 5 years of age from 9:00-11:30. The school offers your child a warm and nurturing learning environment, age appropriate activities and outings. Opportunities to develop social and cognitive skills. For more information please call the school or visit our website at www.ottawakids.ca/ncns. Space is limited. We are located in the Navan Fair blue building next to the arena.



How is it, we have become so Complacent?

We ran an article last month about preparing some form of Emergency Kit for your home. For a while there, it seemed like every talk show or news cast was advocating the same thing. From having flash lights, batteries and enough water for a couple of weeks, to having an Armory in your basement and two years supply of dehydrated food for that really big catastrophe (maybe a little extreme?), I guess it was the Topic of the Month. Something else we see, almost on a daily basis, are reports of flooding in the southern states, twisters in the mid west wiping out entire towns, earthquake devastation in China, tsunami's in Haiti and Japan and so on.

So why, after a Month of seeing these topics running almost back to back, have I (and probably you) still done absolutely nothing to prepare myself and my family for anything. We all live on the same planet don't we? So how is it we can observe all this chaos and still manage to keep it at an arm's length?

We did have an Ice Storm! We do get earthquakes in this area! We get serious wind! It has been known to rain just a tad!

What if? What if something was to happen? We all run out to JT's in the first ½ hour to pick-up batteries, water, and emergency food. If JT's replacement supply happens to be cut-off and you're not one of the first 20 people through the door, you better be sure to have something ready at home. Emergency Services will be working beyond capacity. Depending on the extent of the Incident and your situation, it could take hours or days. So, by the time the next issue of this Nugget comes out I am going to have purchased enough water to keep my family safe for a minimum of 2 weeks. Next month I will purchase flashlights and batteries. If I add something every month, by the end of the year I will have the beginnings of a good emergency supply.

What will YOU have done?

Do yourself a Favor. Make a list, something easy, something attainable. Let's take it from from a Cerebral Intention to an Action.



www.detailsrealty.ca
613-686-6336

Thinking of buying or selling?

Get maximum exposure • Save maximum equity

☒ Flexible commission plans

"Garry saved me over \$2,400!"
-Tyler, Avalon

SOLD!



SOLD!

"Garry saved us over \$7,000!"
-Kim & Jeff, Navan

"Garry saved us over \$7,000!"
-Peter & Kelly,
Oak Ridge Gate

SOLD!



Garry Lowe

Sales Representative

613-290-8335 • drhomes@bell.net

360renos

David W. Bennett
Owner

Trim Rd. Navan, ON

dbennett@360renos.ca

p. (613) 429-5000 c. (613) 282-2124

www.360renos.ca



Anglican Parish of Bearbrook, Navan & Vars

Reverend Canon John Wilker-Blakley

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
 St. Mary's (3480 Trim Rd, Navan) 10:00 am
 Navan Community Sunday School 9:45 am
 St. Andrew's (1900 Devine Rd, Vars) 11:30 am
 613-216-2200 or www.bvnanglican.ca



THE THIRD SPACE

Held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of every Month Sponsored by St. Mary's Anglican Church

NAVAN COMMUNITY SUNDAY SCHOOL

St. Mary's Hall - 1171 Smith Rd Navan
 Time : 9:45 am to 11am: children's choir/liturgy/ lesson/craft.

April 1st-Family Sunday (Palm Sunday)
 April 8th-Family Sunday (Easter)
 April 15th, 22nd, & 29th-Sunday School

NAVAN/VARS UNITED CHURCH

1129 Smith Road, Navan Village

Minister: Rev. Bill Brown * Sunday
 Worship 10:00 a.m.

A friendly greeting awaits you!

Wheelchair accessible

www.navan-vars-united.org (613) 835-4030

For information regarding Navan Community Sunday School

Contact: Kelly at (613) 835-4447



ROBERTSON RENT-ALL INC.

4380 Innes Rd. Orleans, ON

613-834-1077

www.robertsonrentall.com

info@robertsonrentall.com



DUST • EVANS • GRANDMAITRE

LAWYERS | AVOCATS

Real Estate, Wills, Powers of Attorney, Estates, Estate Planning,
 Business Law, Employment Law

Gerry Dust
 613-835-4056

Phil Grandmaitre
 613-835-2984

PROUD RESIDENTS OF NAVAN!

Immeubles, testaments, procurations, successions, planification successorale,
 droit commercial, droit de l'emploi

2589 boul St. Joseph Blvd., Orléans, Ontario, K1C 1G4
 Tel: 613-837-1010 Fax: 613-837-9670

www.dustevans.com



HERITAGE PUBLIC SCHOOL

CAMPBELL'S SOUP LABELS

Reminder that Heritage Public School collects labels from Campbells' products, which they can then redeem for supplies for the school - sports equipment, books, art supplies, science products and so on. Best to give them the whole label, definitely the part with the UPC code. Eligible labels include Campbell's Soups (condensed, Gardennay, Creations, chunky, chili, bowls, Ready to Serve, Soup at Hand, Hearty Noodles, Healthy Request Bowls), Habitant Soups, V8 products, Campbells broth, Prego Pasta Sauce, Goldfish crackers. Labels can be given to any Women's Institute member, or dropped off at the school.

Young Horses For Sale
 Bilingual Riding Lessons
 Day Camps
 Horse Shows



Centaur Riding School

Shirley Guertin-Cook
 Level 3 Dressage Coach

Phone: 613 835.2237
www.CentaurRidingSchool.com
www.CentaurBreedingFarm.com



(613) 835-4441

Dr. A. Mirfarsi

DMD, M.Sc.
 Chirurgien dentiste/Dental Surgeon

P.O. Box 39 • 3417 Trim Road, Navan, Ontario K4B 1J3

5 min. south of Innes

www.navandentalclinic.com

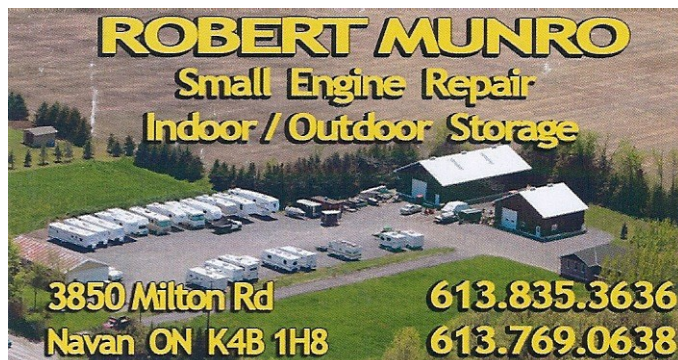
NAVAN HOSTS DOMINION PROVINCIAL STICK CURLING CHAMPIONSHIP 2012

The Navan Curling Club will be hosting the Dominion Provincial Stick Curling Championship, a major curling event, from Sunday April 1st to Wednesday the 4th, 2012. This is an official event on the Ontario Curling Association (OCA) schedule and is the first time the Navan Curling Club has ever hosted a Provincial event. We are very proud to have two Ottawa Area teams competing in this event this year, one being from Navan.

The use of the "stick" for delivery became more widespread since the 1990's and enables elderly and disabled curlers to continue to play the game. This contributes to curlers' ongoing health and well being. Curling clubs also benefit by retaining these members. The Navan Curling Club is proud to say that many "stick" curlers are among its membership which now exceeds 550 members. For more information on stick play go to: http://www.ontcurl.com/images/up_images/stick%20curling%20brochure.pdf As stick play became popular, stick specific bonspiels were born, and eventually a provincial championship with the Ontario Curling Association (OCA) began in 2007. The Dominion, sponsor to several association competitions, was a driving force in getting it established.

For the past five years, regional bonspiels were held to determine the provincial participants. The switch to traditional zone and regional play downs, this season, is expected to draw more teams. Eligibility rules for the provincial event state curlers must be at least 50 years of age and rule No. 4 states: *Each player must be a stick curler in a club schedule and/or league.* For more rules you can go to: [http://www.ontcurl.com/images/Rules/up-stick entry sheet 2012.pdf](http://www.ontcurl.com/images/Rules/up-stick%20entry%20sheet%202012.pdf)

Committee Chair: Bruce Merklinger
Media Spokesperson: Pam Forsyth
Email: pam.forsyth@rogers.com
Cell: 613-837-9728



ROBERT MUNRO
Small Engine Repair
Indoor / Outdoor Storage

3850 Milton Rd Navan ON K4B 1H8
613.835.3636
613.769.0638

Knotwork Interlock Inc.

3371 Trim Rd, Navan, Ont. K4B 1M8

Ken Harrison • Chris Oldford

Tel: 613.835.1555

Fax: 613.835.2908

Email: info@knotworkinterlock.ca

www.knotworkinterlock.ca

Find us on 

Services:

Design, Install and Repair.

Interlock:

Driveways, Paths, Steps, Entrances,
Pool Surrounds, Patios, Garden,
Retaining Walls, Outdoor BBQ and Fireplaces

Landscaping:

Sod, Garden Soil, Plant Selection, Mulch
and Removals.

New Products:

Synthetic Grass, from Synlawn!

Call for a free estimate today!



Pierre Leroux
(613) 749-5551



SALES & SERVICE OF:
Carbide Saws - Router Bits - Planer Knives
Chain Saws - Band Saws - End Mills - Etc.

1551-B1 Michael St., Ottawa, ON K1B 3T4
pierre@lerouxsharpening.ca • www.lerouxsharpening.ca



RE/MAX
Metro City Realty Ltd., Realtor®
Independently Owned and Operated

GAIL McDONALD
Sales Representative

bus: 613.563.1155
fax: 613.563.8710
email: gailmcdonald@rogers.com

344 O'Connor Street, Ottawa, ON K2P 1W1



SNOW GOOSE

In certain ways Navan is a wonderful place to see wild life and we are particularly fortunate to be on the migratory route of the Snow Goose. And this time of year as the snow melts is when they can be observed – often in their thousands.

Last year at this time hundreds were to be seen in the flooded fields to the west of Frank Kenny south of Navan. In March 2011 Tom Devesceri estimated that 3 to four thousand were present.

The Snow Goose has two “plumage morphs”, white (snow) or gray/blue (blue): “Snows” and “blues”. They were originally thought to be separate species – but they are not. White-morph birds are all white except for the wing tips which are black, but blue-morph geese have bluish-grey plumage replacing the white except on the head, neck and tip of the tail. Both snow and blue phases have rose-red feet and legs, and pink bills with black tomia (“cutting edges”), giving them a black “grin patch. They are very vocal and can often be heard from more than a

mile away.

White- and blue-morph birds interbreed and the offspring may be of either morph. These two colors of geese were once thought to be separate species; since they interbreed and are found together throughout their ranges, they are now considered two color phases of the same species. The color phases are genetically controlled. The dark phase results from a single dominant gene and the white phase is homozygous recessive. When choosing a mate, young birds will most often select a mate that resembles their parents' coloring. If the birds were hatched into a mixed pair, they will mate with either color phase.

The summer range of the snow goose is along the north coast of Canada on the tundra near the Arctic Sea. In winter they are to be found along the southern US coastline from the Eastern Seaboard to Northern Mexico and California – but not Florida – where they live in agricultural fields and wetlands – much as they do in Navan.

Submitted by David Grattan/Photo by Tom Devesceri

NAVAN • ONTARIO

BARBER SHOP

GARAGE

EST:2006

HIGH PERFORMANCE • HAIR CUTTING

LOCATION	TELEPHONE
3417 TRIM ROAD	613 835-1665
NAVAN, ONTARIO	
K4B 1A0	

LYNN DUBREUIL

H. Harper Enterprises Inc.

Trucking Services

Water Haulage
Dump Truck & Equipment Rentals

P.O. Box 48, Navan, Ontario

Tel: 613-834-8046

OakWood

DESIGN + BUILD

Design
Additions
Kitchens
Renovations
Basements
Bathrooms
In-Law Suites
Windows & Doors
Custom Estate Homes

oak.ca **613.835.9300**








RIVINGTON

CARTAGE

CONSTRUCTION



SAND • FILL • TOP SOIL • CRUSHED STONE • DUMP TRUCK
BULLDOZER • BACKHOE • EXCAVATION & BACKFILLING
SEPTIC SYSTEMS • INSTALLED & REPAIRED

1708 Colonial Rd., Navan, Ont.

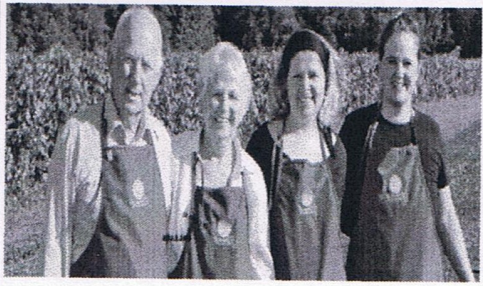
(613) 835-3369



Perrault

DOMAINE

Domaine Perrault Winery
 The Perrault Family welcomes you to our winery located South of the charming village of Navan. Come and taste a great selection of wine at our complimentary tasting bar!
 We offer whites, reds, a rosé and a wonderful dessert wine!
 Open Friday to Sunday, from 11 p.m. to 5 p.m.
613-835-3925
 1000 Perrault road, Navan, ON
domaineperrault.ca



Ghyslaine Lalonde, Investment Advisor
Private Investment Advice

TD

Waterhouse

Private Client Services

TD Waterhouse Canada Inc.
 Constitution Square
 360 Albert Street, Suite 1100
 Ottawa, Ontario K1R 7X7
T: 613 783 2015 1 866 888 5988 F: 613 783 4075
ghyslaine.lalonde@td.com

Grassroots Landscaping & Construction

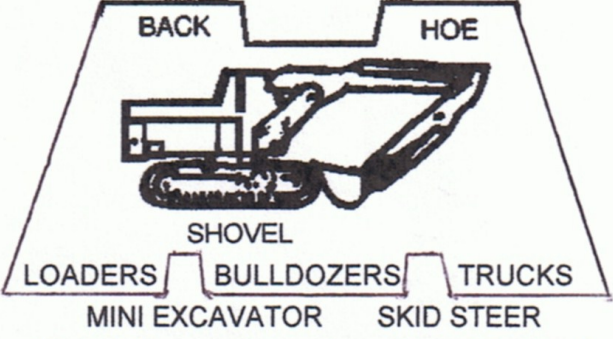
Jeremy Grimes
Owner

613.898.LAWN (5296)
info@grassrootsyardwork.com
GRASSROOTSYARDWORK.COM



Grassroots

Landscaping & Construction



McWilliams Construction Limited

P.O. BOX 1, 3853 TRIM ROAD, NAVAN, ONTARIO K4B 1J3
 TEL: (613) 835-2971 FAX: (613) 835-3565
Exterior Basement Moisture & Drainage Repairs

What a wonderful place in which we have chosen to live.

Articles or announcements must be submitted to navannugget@navan.on.ca by 20th of the month to be included in next month's issue of the newsletter.

All issues of the Navan Nugget can be found on our website at www.navan.on.ca

Checkout Navan's Facebook page, simply google "Official Navan Community Association Facebook" or check out the link on the above website.

Update on Navan's 150th Anniversary Time Capsule

Since last month's description of the Time Capsule Project, the committee has been receiving many questions, requests for more information, and submissions to the Time Capsule from families and organizations. We have been working hard to design a structure that will fully preserve the items in the Time Capsule. The plan now is to build a small cement structure above the ground and then encase the Capsule into it with a layer of wax. We are working on the details of where to place this structure in the Town Clock and Community Builders' Wall area, and hope to have a definite plan in place by the May issue of the Nugget.

We are asking that Time Capsule submissions be given in by April 20th in order to know how much space to allocate.

Please see the Navan Nugget (March issue) for ideas of what to include and preservation tips.

With your submission (in a 10 1/2" X 12" ziplock bag) please include the following completed form:

Name of Family, business or organization: _____

Address, phone number and email

Brief description of the contents of the Time Capsule Submission:

Drop boxes for submissions are located at Heritage P.S. and J.T. Bradley's Convenience store.

For any questions or additional information on the 150th Anniversary Time Capsule Project, please contact:

Heather Monkman 613-835-3568
David Grattan dwgrattan@gmail.com

Jill Noakes jillnoakes@hotmail.com
Fred Hyde fchyde@magma.ca