

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

A CALL OUT FOR VOLUNTEERS...

In case you are wondering why there is a huge TV truck on Smith Road over the next three weeks.....

The Currah/Hunt family of Navan (Smith Road) have been selected to appear on the local home improvement show *All for Nothing* (aired on the W Network). As such, they will be pitted against another set of homeowners to increase the value of their home the most within a two week period, while spending the least amount of money. Any outlay of funds can be offset with fundraising efforts.

The show's celebrities Penny Southam and Paul Rushforth (a new Navanite also) offer professional advice and ultimately determine the winner.

Filming starts on January 27th - with both filming and renovations running from Feb. 11 -25th inclusive (save for 2 days). Once the design plan is revealed - the Currah/Hunt family will need volunteers with all ranges of skills. From packing and storage to demolition and painting as well as likely many construction projects (to be revealed at a later date).

Details of a major fundraising event will be available at a later date - but in the interim if any of you have any time or expertise to volunteer towards this initiative - please contact Sheryl Hunt at [sher-yl.hunt@sympatico.ca](mailto:sheryl.hunt@sympatico.ca) or by calling (613) 835-9744.

NAVAN NOTABLES

J.T.Bradley's Country Convenience

Hats off to John Bradley and Dan Bissonnette, co-owners of our local "dépanneur". One can find anything they need by stopping in at their store on Colonial Road. I love going in to have a delicious French Vanilla Coffee and chatting with the regulars having their coffee break. They are a great bunch and sure know how to make you laugh. Bradley and Bissonnette complement each other. These two are personable, helpful, and hard working. They both love working so close to home. No dangerous drives on icy roads!! Having the two of them there allows more freedom for one or the other and time for holidays. The little business continues to grow as articles are added to their sales merchandise. I even found white chocolate there for baking when I couldn't find it at other grocery stores! Of course the L.C.B.O. franchise is a big attraction and the Friday Night lineups is proof of the popularity of the store. They hire the young people in the village to help out. These teens are cheery and happy to be working in such a busy spot. I love it when they carry heavy bags or bottles out to the car. The building itself is a heritage one. If you wish to read more go to jtbradleys.com and read up on the 110 year old story. A fascinating read!

It really is the center of Navan. It carries many local foods such as Desjardins' frozen foods, Huisman eggs, Grimes' maple syrup, Chilly Chillies' spicy treats, St. Albert's cheese, beer specials, Browns' Dry Cleaners. Come on out and enjoy a true country experience in our "p'tit magasin du coin".



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The Board of Directors of the Cumberland Township Agricultural Society would like to thank the members who took time out of their busy lives to attend our Annual General Meeting on Thursday, January 19 at the Navan Memorial Centre hall. We were honoured to have the MPP Grant Crack and Councillor Stephan Blais in attendance and extended their thanks to the volunteers, Board and sponsors who all make the Navan Fair a success every year.

Awards and Recognition were given to the following people:

Sam & Janet Rathwell Award – presented by Don Rathwell to Julie Charlebois/David Levesque family for their demonstration of exemplary teamwork, spirit, and creativity at the Navan Fair, for the CTAS and within the community. Both Julie and David exhibit in Culinary Arts, Floriculture, Fruits & Vegetables, Crops and Homecraft earning top prizes.

Ontario Association of Agricultural Societies - was awarded to George Savage Sr. by the CTAS Board of Directors for his outstanding contribution to the fair as initially the Demo Derby Director then our President in 2004-5 and now as the Parade announcer and Public Relations spokesman. George is also very active in the surrounding community as he is deeply involved in the Knights of Columbus, Good Shepard Parish and a training consultant.



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Designated Youth Volunteer – Katie Hodges was the recipient for her extensive volunteer work at the Navan Fair all her young life mainly in the 4H, Homecraft division from participation to being the on the organizing committee and volunteer work within our community.

Volunteer of the Year – Glen Edwards was recognized for her outstanding positive influence within the community and the Navan Fair. Glen is deeply involved in the Antique division but if there is any action going on at the fairgrounds during the year he is always ready to help. Glen has also been heavily involved in many of the Plowing Matches and the Cumberland Power and Steam show.

Acknowledgement was made for awards that were presented during the fair:

Culinary Arts highest points

1st Dominique Deschamps 2nd Julie Charlebois

Floriculture highest points

1st Guylaine Lemieux 2nd Kelly Sirvin

Homecraft highest points

1st Dora Smits 2nd Lynne Jenkerson

Past President's Award – New Exhibitor highest points

Shirley Sullivan

Lloyd Morison Award – Best Float

Watson Family

CTAS President: Mark Hamilton

Admin. Coord.: Marg MacNeill

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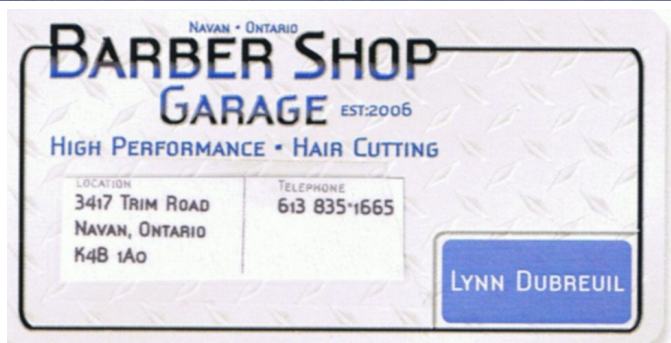
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NAVAN TWINNING NEWS

Things are starting to heat up on the twinning efforts with NavanIreland and Navan Canada. Major Jim Watson and Councillor Stephen Blais have sent a letter to the Navan County Meade Council formally joining in their efforts to form a twinning efforts with our two communities. A committee has been formed in Navan Ireland for a delegation of musicians and friends to come to join us for the Navan Fair. There are working on a visit for Navan from August 8th to August 14th. The CTAS Board of Directors are working to include the Irish entertainers and their New York friends in the Entertainment during the Fair. Also feelers are out to have them perform a concert in Ottawa with cooperation of the Irish Society.

The first information session attracted over 50 interested parties for this adventure and the Ireland committee has brochures, radio and newspaper advertising in full swing. The Canadian and Ireland Ambassadors are also working with us to make this a week to remember for the visitors and ourselves.

Marg MacNeill is the contact person for this project from Navan Canada perspective and will continually keep you up to date on as the event grows. One thing that would be great if anyone is interested in billoting 1 or 2 people in your homes over this time it will be wonderful and help reduce their costs and the economic is not the best for them at this time. Anyone interested just send an email to margaret.macneill@sympatico.ca with your name address and the number you could accommodate.



QUOTE OF THE MONTH

"Sing like no one is listening. Dance like no one is watching."
Mark Twain

ATTENTION YOUNG IRISH DECENDANT LADIES BETWEEN 19 & 28.

How would you like to enter the Regional Rose of Tralee contest and get to visit Tralee, in County Kerry, Ireland to represent Navan in the International Festival in August.

What is a Rose? A Rose reflects the intelligence, compassion and independence of modern Irish women. Over the years our Roses have mirrored a changing Ireland and the definition of Irishness that is celebrated by so many different people around the world. Roses have come to reflect the widening of Irish borders and the embracing of our global diasporas in a positive and refreshing way.

Do you want to be one? Open to anyone with Irish decent. A Rose represents the collective aspirations, social responsibilities and ambitions of young women from a variety of communities and backgrounds, united by their desire to celebrate their Irish heritage.

Roses are chosen by centres throughout the world including Australia, Dubai, the USA, Luxembourg, New Zealand, the UK and of course Ireland. Entrants are initially nominated by local businesses or organisations and take part in local heats to find one person who will represent the centre in the final.

Eligibility Criteria 2012:

ALL entrants must:

- A) Be 18 years of age by January 1~ 2012 and will not have reached your 28th birthday on or prior to September 1g 2012.
- B) Be unmarried or never been married.
- C) Be born in Ireland or of Irish origin by virtue of one of your ancestors having been born in Ireland.
- D) Never have previously represented any Centre as a Rose in the Regional Finals or International Rose of Tralee Selection.
- E) Be available for Rose Selection events and if selected be available for the Regional Finals and International Festival events.

Please note that it is your responsibility that you comply to all the above eligibility criteria. Breach of the above will result in automatic disqualification and Irish heritage. More information at www.roseoftralee.ca and entry for at http://www.roseoftralee.ie/v5/images/stories/Rose_Questionnaire_2012_copy.pdf



NAVAN COMMUNITY BUILDERS WALL

Nominations are now being accepted for recognition of our Community Builders. Deadline for nominations is March 30, 2012. The nomination criteria is available at

Navan's 150th Anniversary Time Capsule

One of the final projects undertaken as part of Navan's 150th Anniversary year was the installation of a commemorative clock and community builders' wall in front of the fire and paramedics station on Colonial Road. As part of this project, an area of the site was also designated to hold a time capsule.

The 150th Anniversary committee felt it appropriate to not only highlight some of the memories the community shared throughout 2011, but also to reflect back on Navan's long history. With this in mind, it is hoped that members of our community will participate in filling a time capsule with memorabilia – memorabilia that, when opened in the future, will give a glimpse of what Navan was once like.

Anyone with ties to the village is being asked to consider making a small offering to place in the time capsule. Capsule space is at a premium so we are looking for items that will be placed in a ziplock bag (the large size, which is approx. 10½" X 12").

Below is a sampling of some ideas.....

Individuals & Families – may wish to write a letter or story telling about: a significant person, event or moment in time; how their family came to settle in Navan; their family farm or homestead; a personal tie to Navan, Ireland. Including photos with your correspondence would be an added bonus.

Businesses – may wish to: write about the establishment of their business and/or the history of their prem-

ises. The inclusion of past and present photos of the business as well as a product price list, a menu, a business card or a small promotional item might be of future interest.

Community Groups, Clubs and Institutions – may wish to write a short history of their beginnings in the community, the types of activities they were/are involved in. It would be interesting for groups to also include a membership list, a present day document, a pin or flash bearing the groups logo and/or a current photograph of the members, their building (if this is significant), and any 150th celebratory events they participated in 2011.

Community memories and photographs from 2011 that capture the spirit of the various 150th Anniversary events are also welcomed.

Although no concrete plans have been made to date, it is likely that sometime in the late spring or early summer of 2012, a dedication ceremony at the Town Clock Plaza on Colonial Road will take place. As part of that ceremony, it would seem fitting to bury Navan's 150th Anniversary time capsule.

The time capsule is intended to be as inclusive as possible and, in the years to come, when the capsule is finally reopened, it is hoped that its contents will provide a snapshot to future generations of what our illustrious village was like between 1861 and 2011. If you think you might have a little piece of Navan's history that's worth sharing, please put your items into a large-sized (approx. 10½" X 12") ziplock bag, marked with your name and any other information you wish. Ziplocks may be taken to either J.T. Bradley's Store or Heritage P.S. and put into the "Time Capsule Collection Box." Or, you could contact Heather Monkman or Jill Noakes who would be happy to take them from you. We would like to have our **collecting completed by APRIL 1st, 2012.**

For any questions or additional information on the 150th Anniversary Time Capsule Project, please contact:

Heather Monkman
Jill Noakes

(613) 835-3568
jillnoakes@hotmail.com



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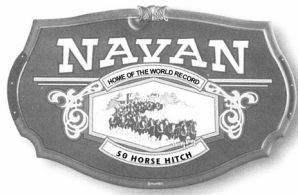
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NAVAN COMMUNITY ASSOCIATION

Navan Community Association Youth Dances

Friday Feb. 13th is the Valentines Theme Youth dance. We will have a special guest appearance by Anna. She dances and teaches based in Ottawa-Hull. A seasoned performer and conscientious teacher, she loves to share her love of Middle Eastern dance, music and culture with audiences and students. After her performance Anna will give a short belly dancing lesson for those who wish to try. A prize will be awarded to the best belly dancer of the night!



Check out Anna's charity event "For the Love of Dance!" happening Sat. Feb. 4th at the Ottawa U.

More info at www.annabellydance.ca

The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month with a \$5.00 admission at the Navan Arena. (For dance rules go to www.navan.on.ca)



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Civic Events Funding Program

Local not-for-profit organizations such as volunteer-based community or recreation associations are invited to apply for funding to provide one to two-day civic events with free admission that foster civic pride and develop community cohesion. These events are linked to and celebrate a civic/statutory holiday in Ontario (i.e. New Year's Day, Family Day, Victoria Day, Canada Day, Civic Holiday, Labour Day, Thanksgiving Day), are held in a specific geographic district in Ottawa, and encompass a broad range of activities and family entertainment. Civic Events 2012 - Funding Application ([guidelines and application form](#) [PDF])
Program Deadline: March 5, 2012. For more info contact rec-info@ottawa.ca

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Changes to Trim Road Widening Project

Councillor Stephen Blais and Bob Monette announced the City will only proceed with 2 of the 4 roundabouts originally proposed for Trim Road. City staff are proposing to proceed with the implementation of the two most northern roundabouts (Dairy Road and St. Joseph Blvd.), which are located in an industrial setting, followed to the south by four traffic control signals (Watters, Portobello/Spring Ridge, future Frank Kenny and Valin) located in a residential area.

According to experts in the field, it is generally not ideal to have a signalized intersection in the middle of a roundabout corridor since it reduces the potential for continuous flow of traffic. As such, traffic must come to a stop at the signal, which offsets the benefits of a roundabout.

Therefore, as per provincial regulations, after reviewing the operation of the corridor as a whole, and taking into account the fact that a traffic signal is required at Watters and Valin, the City is recommending that traffic control signals be installed at the intersections of Portobello Boulevard/Spring Ridge Drive at Trim Road and Trim Road and the future Frank Kenny connection.

BUS ROUTE 202

Bus route, number 202, provides once a week round trip service to Place d'Orléans and St-Laurent transit stations from Cumberland, Sarsfield, and Navan, and is meant for those who want to shop at the malls and other stores near the Orléans and St-Laurent transit stations. The bus leaves the Navan Arena at 9:18 a.m. (Tuesdays) and returns from St. Laurent leaving at 2:30 p.m. and Place D'Orleans at 2:45 p.m. and is free until June.

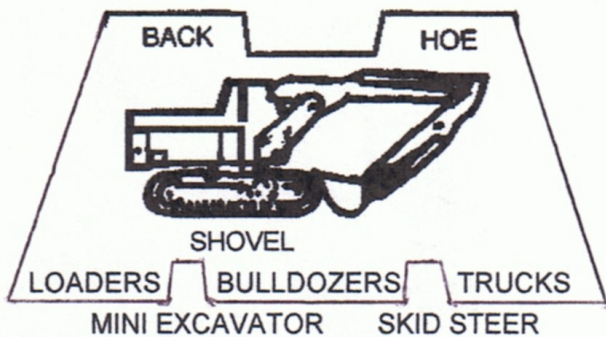
Chair: Philippe Grandmaitre

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

Safety: Fred St.Pierre



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HAPPY VALENTINES DAY!!

NAVAN LIONS CLUB

(meet the 2nd and 4th Monday of the month at the Navan Curling Club)

We inducted a new member, Alan White into the Navan Lions Club at our Christmas dinner in December. Welcome, Alan and I'm sure we'll be finding plenty of activities for you in the coming year. Our annual fundraiser, the Curling Bonspiel, will be held on February 24th and 25th at the Navan Curling Club. For just \$160.00 per team you can enjoy two days of curling, lunch and supper on Saturday plus trophies and cash prizes. For further information please call Ross Bradley at 835-2199 or Hal MacPherson at 835-3502.

President: Lion Tony Fiorentino 613-835-9319

Secretary: Lion Chris MacPherson

Treasurer: Lion David Grattan



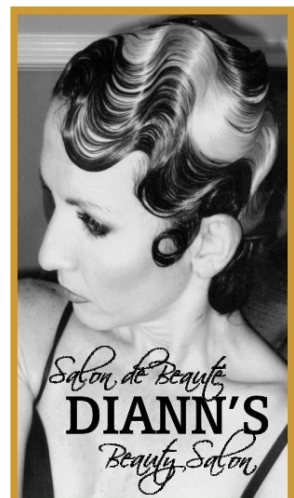
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Reminder that Heritage Public School collects labels from Campbells' products, which they can then redeem for supplies for the school - sports equipment, books, art supplies, science products and so on. Best to give them the whole label, definitely the part with the UPC code. Eligible labels include Campbell's Soups (condensed, Gardennay, Creations, chunky, chili, bowls, Ready to Serve, Soup at Hand, Hearty Noodles, Healthy Request Bowls), Habitant Soups, V8 products, Campbells broth, Prego Pasta Sauce, Goldfish crackers. Labels can be given to any Women's Institute member, or dropped off at the school.



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OPEN HOUSE

Mark your calendars...Navan Nursery School will be holding registration and an open house on Monday, February 28th from 7:00-9:00 p.m. The school will be accepting registration for September 2011. Come in and see the school and pick up a registration package...Space is limited. The school offers a two, three, or five morning pre-school program for children ages 2 1/2 to 5 years of age. For more information please call 613-835-9243 or visit our website at www.ottawakids.ca/ncns. The school is located at 1279 Colonial Road in the Navan Fair building.

COMMUNITY ANNOUNCEMENTS

Navan Women's Institute

Monthly Meeting, Wednesday, February 8
7PM, The Lions' Den, Navan curling Club
Topic: Ottawa Children's Treatment Center

W.I. Post Secondary Student Bursary,
Go to www.navanwi.com click "In the Community"
And get the application form to apply for this bursary
Deadline February 15,2012

UPCOMING WORKSHOP, SPONSORED BY THE NAVAN WOMEN'S INSTITUTE

Remember last month's warning – well we are one month closer to that April 14 date. If you want to learn how to do counted cross-stitch, simple knitting, card making, cake decorating and making delicious buns, soups, salads and desserts, then this day is for you.

Attendance will be limited so put April 14 on your calendar – St. Mary's Hall – the cost will be \$25 (including a complimentary copy of the Navan W.I. cookbook) and will run between 9:00 and 3:00 that day. So, watch for the registration package in next month's Nugget !!!!

If you want a preview, please call either Anne Warburton at 613 – 835 – 3772 or Linda Dunn at 613 – 835 – 2366.

Knotty Knitters

Tuesdays at 1PM at the Navan Curling Club
Got a project? Come along and knit with us.

Fashion Show

Saturday, February 18 at 7:30 - Admission:\$20.00
at St. Mary's Hall. Wine will be served.

Come out and see a variety of costumes lovingly made by David Grattan. A fun evening for all. Proceeds going to charity. Come and bring a friend!!

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THE THIRD SPACE

Held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. Open to all. A drop in centre, a third space between home and work. The last Saturday of every Month. Sponsored by St. Mary's Anglican Church

Navan Playgroup

The Ottawa-Orleans Early Years Centre is holding a playgroup for children (Birth to age six) every Wednesday from 9:15-11:00 am (English & French) at Heritage Public School, 1375 Colonial Road, Navan. Everyone is welcome at no cost.

PUBLIC SKATING

The Navan Arena offers public skating on Saturdays from 5—5:50 p.m. and on Sundays from 1—2:20 p.m. They also offer unsupervised public skating on Monday and Thursdays from 3 to 4:50 p.m. This runs until December 22nd and will resume again in the new year on January 2nd, 2012.

BOOKMOBILE

Ottawa Public Library offers a bookmobile in Navan, at the firehall, 1246 Colonial Road on Thursdays from 2:30—4:15 p.m. Staff at the Bookmobile will help you select items from their collection, or from any of the 33 branches, and have them sent to your local Bookmobile stop.

ORLEANS-GLOUCESTER CHRISTIAN WOMEN'S CLUB

Wednesday, Feb. 8th at 9:30 - 11:00 a.m. Orleans United Church, 1111 Orleans Blvd.

Feature: You "Can Travel" with Ricky Rahman

Music: Barry Francis

Inspirational Speaker: "I'm Going To Be Alright" Gaby Francis. \$5.00 includes refreshments and free babysitting - reservations/cancellations essential.

Call Shirley: 613-841-5143 or Phyllis: 613-747-3928



Carleton Regional Snowmobile Club

website: www.carletonregionalsc.ca
e-mail: crsc13@hotmail.com

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Charles Brazeau	Vice-President	(613) 841-3093
Debbie Dandy	Treasurer	(613) 835-2375
Eveline Mantha	Secretary	(613) 833-3533
Art Mackie	Trail Coordinator	(613) 822-1482
Wayne Dandy	Trail Coordinator	(613) 835-2375
Jennifer Haight	Event Coordinator	(613) 822-3629

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Navan's New Dentist

Dr. A Mirfarsi cuts the ribbon to his new dental office on Trim Road in Navan. This is a welcome business to Navan. Included in the photo is Philip Grand-Maitre, Navan Community Association President; Natalie Brazeau, dental hygienist; and Stephen Blais, our City Councillor



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For information regarding Navan Community Sunday School



NAVAN COMMUNITY SUNDAY SCHOOL

St. Mary's Hall - 1171 Smith Rd Navan

Time : 9:45 am to 11am: children's choir/liturgy/ lesson/craft.

5-Feb-12 Sunday School

12-Feb-12 Family Sunday

19-Feb-12 Sunday School

26-Feb-12 Sunday School

4-Mar-12 Sunday School

Contact: Kelly at navancommunitysunday-school@hotmail.com

Anglican Parish of Bearbrook, Navan & Vars

Reverend Canon John Wilker-Blakley

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am

St. Mary's (3480 Trim Rd, Navan) 10:00 am

Navan Community Sunday School 9:45 am

St. Andrew's (1900 Devine Rd, Vars) 11:30 am

613-216-2200 or www.bvnan Anglican.ca



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The Black Capped Chickadee

As a transplanted European, the bird which impresses me most, is the humble Chickadee or more properly, "the Black Capped Chickadee". This bird is a member of the Tit family and has many very similar European cousins (such as the Blue Tit, Marsh Tit and the Willow Tit*).). See the following link: <http://www.rspb.org.uk/wildlife/birdguide/families/tits.aspx>

Despite these obviously close European relatives, I think the Chickadee symbolizes North America perhaps more than any other bird. It is characteristic of our suburban gardens and woodlands where it is abundant throughout the year. It is also found from coast to coast, from the northern half of the United States in the south, to James Bay, the southern edge of the Northwest Territories and the Yukon, and the southern half of Alaska in the north. At the same time this wonderful bird is gregarious, tame and beautiful with a bright and happy nature. We are all cheered by the sight of Chickadees at a feeder in winter. Despite their inexhaustible appetite for seeds they are actually omnivorous and will also munch on caterpillars and other

insects. But how do they survive in our cold climate? One unusual factor which helps them do this is their ability to reduce their body temperature by up to 10–12 °C on cold winter nights. Another interesting aspect of the Chickadee is that while it doesn't migrate, it does tend to flock together in migration seasons. Within the flocks a rigid social structure develops, with males ranking over females and older birds over juveniles. Other trivia which appeals to me is that the Chickadee sleeps with the bill tucked under the shoulder feathers. It can scratch its head with its foot over the wing (can you do that?). It can bathe in water, dew, or snow; or even dust. Its speed in flight is about 20 km/h.

* Immortalized in the famous Gilbert and Sullivan song from the Mikado "On a tree by a river a little Tom Tit sang willow tit, willow, tit willow etc."

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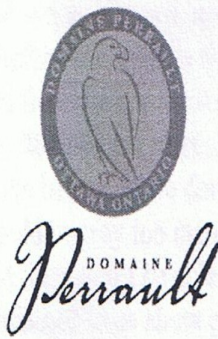
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