

DECEMBER 2011

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

Remembrance Day 2011 in Navan.

Navan photographer, Tom Devesceni captured this image of Navan's World War 2 veteran, Squadron Leader (Retired) Eric Smith DFC CD at the Navan Cenotaph. The image taken was time stamped at the 11th second, minute, hour, day, month of 2011. Eric Smith was a fighter pilot and one of only a handful of Canadian pilots to have flown a full tour of duty in World War 2, and at least 50 combat missions in the Korean War. Eric, a native Navanite, and Honourary Chair of the Cenotaph Restoration Committee in 2009 and 2010, will celebrate his 91st birthday in late January, 2012.

Friday, November 11 as many of you will recall, was a cold and blustery day. Nevertheless some 1000 to 1250 people attended our Remembrance ceremony. Many in the crowd were members of Canada's military, including four soldiers from Central

Ontario (near Barrie) and now stationed in Ottawa, who placed a wreath in memory of military communicators who have lost their lives in several combat missions overseas. The 632 Phoenix Squadron Royal Canadian Air Cadets were in attendance with their band and flag party, as was the Heritage School under the leadership of Jill Noakes, with their choir leading the singing of O Canada (just like they do at Scotiabank Place before the Sens play) and reading a poem 'The Poppy', and lecture du 'Coquelicot'.

Something brand new for our Remembrance Day Ceremony was a flypast by two classic vintage warbirds of Vintage Wings of Canada collection, and two yellow trainers which were used during the British Commonwealth Air Training Plan here in Canada.. The flypast was in honour of all fallen comrades who have bravely served this country in conflicts of war. Vintage Wings of Canada is a public

charitable organization located in the Gatineau Executive Airport – www.vintagewings.ca . Many in our community helped out at this year's ceremony. They were Reverends John Wilker-Blakley and Bill Brown, the Lions, Women's Institute and others for the Reception, the Arena Staff for so capably moving furniture, etc. before and after the ceremony , Don Lawlor for an excellent installation of the PA system. \$257 was collected at the Reception which was sent off by the Lions to the Military Families Resource Centre. President Phil Grandmaitre was MC for the Ceremony which was sponsored by the Navan Community Association while our Past President, Anne-Marie Potvin placed a wreath on behalf of the Association The Committee responsible for this year's ceremony was comprised of Roy Berlinquette, Eileen Vaillancourt, John Ladds, Jill Noakes and Ross Bradley, all from our very immediate community. Next year's Ceremony will take place on Sunday November 11, 2012.

Submitted by Ross Bradley.



Carleton Regional Snowmobile Club

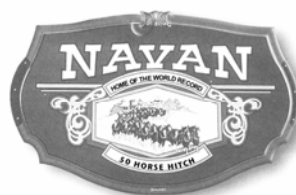
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e-mail: crsc13@hotmail.com

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Art Mackie	Trail Coordinator	(613) 822-1482
Wayne Dandy	Trail Coordinator	(613) 835-2375
Jennifer Haight	Event Coordinator	(613) 822-3629

P.O. Box 172, 1769 St. Laurent Blvd., Ottawa, ON K1G 5X7

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3-day 100	- Gravelle Motors-Sarsfield
Classic* 125	- Canadian Tire - Orleans
*sleds 1997 or older	- JA Williams-Cumberland
	- D&S and General Store-Carlsbad Springs



NAVAN COMMUNITY ASSOCIATION

The NCA has a newly designed web site. Please visit us at www.navan.on.ca"

NCA 2012 YOUTH VOLUNTEER BURSERY

Apply for the Navan Community Association 2012 Youth Volunteer Bursery. A \$1000.00 award created to promote post-secondary education and volunteerism of the youth in our community. Completed applications must be postmarked no later than January 31st, 2012. Go to www.navan.on.ca for full details.

Navan Community Association Youth Dances



At December 9th's dance the half time break will feature a live musical performance by Navan's Laurier and Marseille Lachance. A few of their past venues include the Navan Fair, Mavericks, Capital City Music Hall and the Rainbow Bistro in Ottawa.

The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month with a \$5.00 admission at the Navan Arena. Thank you to the Orleans Future Shop on Innes Rd. for assistance with the door prize.

(For dance rules go to www.navan.on.ca)

**Stephen
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Navan Notables

Let's Support our Local Businesses This Christmas!

Did you realize we have many opportunities to shop for Christmas presents right here in Navan! We'll start with the popular business to the south of the village. What is Christmas without a delicious bottle of wine from Perrault's Winery! Zanzibel is sooo delicious and mellow. But when it's poured over the turkey in the oven, it eats the fat and keeps the bird moist! Here's to a second helping of turkey!

	Clothing, Workwear, Silkscreen & Promotion Products
Helene Edwards-Jenner	
P.O. Box 46 3417 Trim Road Navan, Ontario K4B 1J3	Tel: 613-835-3364 Fax: 613-835-9714 email: jaysembroidery@webtruler.com

To the north of the village, Jay's Embroidery has many types of clothing that can be purchased. For a small extra fee you can have your items personalized, if you get them done before December 12. Hélène and Brian will also embroider any other personal gifts you may have. Just around the corner from Jay's is The Barber Shop Garage. Gift certificates for your favourite fellow are available.

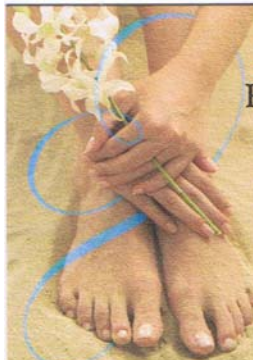
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LYNN DUBREUIL	

Patti Southwell, Holistic Facialist, has gift certificates for a wonderful facial. What a super gift for that special lady in your life! Patti can be found at 1135 Smith Road.

PATRICIA SOUTHWELL HOLISTIC FACIALIST

1145 Smith Road, Navan, tel: 613-859-2117

Christine Lanthier, Reflexology Specialist, is working with her for a treatment called "Bliss". What a relaxing and calming experience! She too has gift certificates to offer.

	<i>Total Foot Spa</i> Reflexology (50% off 1st appointment) Pedicure / Footcare <i>Your Feet Could be the Answer to Better Health!</i> Christine Lanthier, RN/Reflexologist 5714 Dunning Rd, Navan, K4B 1J1 www.totalfootspa.com totalfootspa@xplornet.ca 613-835-3397
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The New Oak Tree, on Trim, is a huge furniture store with beautiful home furnishings. As Don says "The end of one sale is the beginning of another!" Drop in and he just may be feeling like Santa! Theresa and Ed, at the Navan Restaurant, have a most delicious soup as well as coffee that rivals Timmy's. A neat spot to meet with friends for breakfast or lunch and a chat. Elie from Castello's Restaurant has the best Greek Salad around. After a day of shopping, he can fix you up a delicious meal while you rest your weary feet! Or you can have his Christmas Special - twin large pizzas (max. 3 toppings) for \$36.99. Add \$3.00 for a large

ceasar salad and a 2 litre pop. Sounds good to me!
Up the street The Navan Automotive Garage has certificates of various amounts, for work on yours and your family's cars.

www.chillychiles.com

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Then across the way is Chilly Chillies. They have a new Red Chile Cranberry sauce , made with cranberries, port wine, oranges, and New Mexico red chile. Alison says it is perfect on turkey, or on brie!! As well there is such a variety of jars filled with sweet, sour, hot, mild, all kinds of yummy flavours. I love the spicy scent and Alison's smile that greet you when you enter the store.

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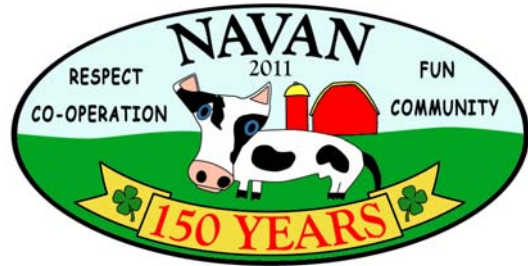
Box 209, 1220 Colonial Road, Navan, ON K4B 1J4
(613) 835-3781 · email: jtbradley@bellnet.ca

I kept JTBradley's Convenience Store 'til the end because it is the Hub of Navan. No matter when you go there you will find a smiling face and something you need to buy: be it Desjardins tourtières, Egg Nog, an LCBO special, lottery tickets, or JT Bradley's red pepper jelly. If you opt to stay for a coffee you will have the opportunity to chat with some of the wisest men in Navan!

As you can see, YOU CAN shop locally, right here in our little village. You will be supporting the local businesses who work so diligently to make a living in Navan.

On behalf of all of them and myself, I wish you a Merry Christmas and a Happy New Year!

Sheila Minogue-Calver
www.navanwi.com



NAVAN 150 YEARS COMMITTEE



Stephen Blais presents \$10,000.00 cheque to Anne Marie Potvin and Sheila Minogue-Calver, Co-Chairs of the Navan150th committee. Other members are Tim McNeely, Yves Potvin Interlock Specialist, Brian Coburn Chair of the Community Builders Wall.

How can we thank you, citizens of Navan, for your generosity throughout the year. We are building the Commemorative Town Clock Plaza and the Community Builders Wall! This little "place" will be such a loving and caring monument to our village and its residents. Take a look as you walk by the Firehall. Watch the progress of the installation. The Clock and Wall committees thank you very much. Because of colder weather our official opening will take place in the Spring. There are so many to thank but for now we will wait and have a special happening in the Spring.

Navan Time Capsule

A 150th Anniversary Time Capsule is being planned as part of the new Town Clock and Founders Wall area at the Fire Hall. Navan residents, businesses and organizations will be invited to contribute something to the Time Capsule. More details will be available in the next edition of the Navan Nugget.



Attention all CTAS Members the CTAS Annual General Meeting will be held on January 19th in the Navan Memorial Centre upstairs at 6:30 pm. We would love to have you come and join us to hear about our successes in 2011 and our plans for 2012. Please call the office at 613-835-2766 to confirm your attendance. 2012 General Memberships will be available for \$20.

Katie Hodges was one of our contestants this year in our Ambassador program and she has kindly sent me her speech so that we could share this with you, enjoy.

"Imagine that you are driving down a back country road, you look to one side and see a beautiful forest, you look to the other side of the road and see fields and fields of soybeans, corn, wheat and more golden harvest. You think to yourself about how beautiful our earth is and its agriculture aspects. But do you ever wonder if agriculture can actually be harming our environment?

Ladies and Gentlemen, my name is Katie and tonight I will be discussing how I believe agriculture has changed our environment over the years. A few things, I will discuss are the effects of pesticides, crops and the soils natural nutrients, the cutting of trees, use of tractors and the advancements of technology in agriculture.

I do agree that our environment is changing with time but I do not believe agriculture is the sole cause of this. Agriculture has existed for many years,

even centuries. Without agriculture we would not be as developed as we are today. It is true that agriculture has changed greatly due to the advances of technology, but it has not been the sole cause of the climate changes and pollution in our environment. One can say that the use of pesticides and herbicides are damaging to our environment, but without the use of these sprays farmers would have a difficult time to produce the amount of crops that is needed to support the amount of people in the world. It could be argued that farmers' over fifty years ago did not use these and they were successful but we have to remember that the population and circumstances have changed greatly throughout time. Without the use of pesticides and herbicides many of the crops could succumb diseases and this could destroy the crop. Pesticides and herbicides can be damaging to our environment when it is used inappropriately. Farmers have many restrictions to follow when it comes to applying pesticides to their crops. For example, you have to be a certain amount of feet away from ditches so that it does not enter into the water ways. I believe people in the city or even country who want beautiful lawns abuse the use of it more so than farmers. That is why we are no longer allowed to use it on our lawns.

Secondly, it could be argued that crops have caused damage to the environment because each crop uses a different type of nutrient from the soil. I do agree that this could be one of the reasons for the soil damage but what about all the garbage that sits in a garbage dump soaking into the soil. In order to protect the environment farmers rotate their crops to make sure the nutrients are put back into the soil. An example of this would be if a farmer was to plant corn, corn uses the nitrogen from the soil, so after a couple years of planting corn the farmer would rotate and put soybeans, because soybeans puts nitrogen back into the soil. If farmers follow with the rotation of crops very little damage would be done to the environment.

Thirdly, some may argue that farmers are damaging the environment through the destruction of trees to create farmland. Many of the trees were cut down centuries ago when the settlers first came into the country. I do not think we always realize that they cut destroy more trees to create housing developments then to create farms. We can use Orleans as an example, look along Innes I remember 10 years ago when it was all farmland, swamps and bush, now it's covered in houses. The houses have taken over the farmland. Another factor one could say has changed the environment over the years is the change from horsepower to tractor power. We could say that tractors contribute to the damage on the environment through the pollution from the fuel the tractors use. This



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could be true although throughout the years tractors have been made bigger to cover more acreage at a time. They have also been created to be more fuel efficient and to produce cleaner fuel. As the equipment is getting bigger, it is getting better. When speaking of the damage to the environment we really have to consider, the amount of cars, buses, trains, and planes are used every single day producing even more pollution than tractors. So can we really put a lot of blame on agricultural aspects such as the use of machinery as one of the main causes of the pollution in the atmosphere? I would have to disagree. I personally feel that the use of cars have caused more damage to the atmosphere than the use of tractors or other farm equipment.

Agriculture has helped change our environment in a positive way through the advancements in both soil stewardship as well as through improvements in plant breeding and soil management. This is a very positive aspect because over the years we have lost a lot of acreage due to the growing population. So with the improvements in plant breeding and soil management we are able to produce more crops within a smaller amount of land. Some argue that agriculture has contributed to climate change through the release of greenhouse gases, but on the reverse side it now threatens the natural resources agriculture relies on. The effects of global warming are visible in much of the world, the warmer conditions in areas where this did not exist is increasing crops yields but is also increasing the chance of drought and floods becoming more severe and frequent. With the climate changing another problem we are faced with as farmers are the increase of the spread of pests and invasive species."

President: Mark Hamilton
Admin. Coord: Marg MacNeill
Email: navanfair@bellnet.ca
WWW: navanfair.com



ORIGINS OF THE NAME NAVAN

Our place name Navan which of course is one of the few places in the world with a palindromic name (it can be spelt both ways) Our Navan county Meath is built on a natural weir which allowed foot crossing of the river Boyne long before bridges were built. It is also built in a beautiful location where two rivers meet and join before heading for the sea, the rivers Boyne and the Blackwater. Now back to the Irish again, the gaeilge for two rivers is Na h Abhainn. Now put them words together you have Na, drop the h and the next a ,bh sounds like v in gaeilge and then add two of the last four letter and you end up with Navan as a beautiful place name .

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HERITAGE PUBLIC SCHOOL

Remembrance Day Reflections

Today we went to the Remembrance Day Ceremony at the Cenotaph. Two students from our school read the poem, "The Poppy." After that, the Primary Choir sang a song, then many people laid wreaths representing the wars, different communities, and children in Canada. We sang O Canada and God Save the Queen. It ended with refreshments, but we came back to school.

Isabelle, Grade 5

We went to the Cenotaph and the people there were talking about the war and people who had died. Many people laid wreaths to help us remember those who fought in the war. I cannot imagine how war felt, but seeing the veterans there made me think about it.

Julia, Grade 5

Today we went to the Cenotaph for the Remembrance Day Ceremony. It was very well done. When my friend Claire read the poem, "The Poppy," I felt sad. My grandmother lost her uncle when she was only two years old. She tells me how it took her three hours to walk to school when she grew up, and sometimes the people she was traveling with didn't make it to school. When there was a bomb she had to go underground and wait until it was safe to come out. All this is why I remember how lucky I am in my life now.

Christine, Grade 5



3rd Annual Heritage Public School Christmas Craft Sale

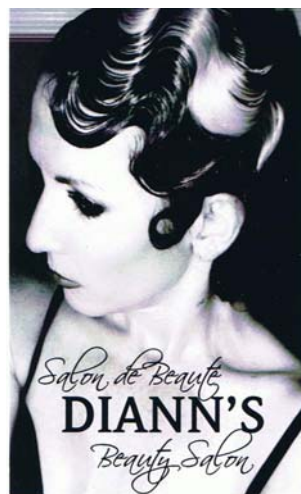
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School Fundraiser An upcoming fundraiser that is being planned by School Council at Heritage Public School is the Toy and Bake Sale. The date has been set for Friday, December 16th, 2011. This is a very exciting day for the students! On this date each student will have the opportunity to visit the gym with their class and purchase some toys and baked items. We are looking for donations of gently used toys, books, games, and movies. Popular

items include: Happy meal toys, diecast cars, lego, collector cards and stuffed animals. Donations can be dropped off at the school starting December 1st, 2011.

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CAMPBELL'S SOUP LABELS FOR HERITAGE SCHOOL

Reminder that Heritage Public School collects labels from Campbells' products, which they can then redeem for supplies for the school - sports equipment, books, art supplies, science products and so on. Best to give them the whole label, definitely the part with the UPC code. Eligible labels include Campbell's Soups (condensed, Gardennay, Creations, chunky, chili, bowls, Ready to Serve, Soup at Hand, Hearty Noodles, Healthy Request Bowls), Habitant Soups, V8 products, Campbells broth, Prego Pasta Sauce, Goldfish crackers. Labels can be given to any Women's Institute member, or dropped off at the school.

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**Fundraiser**

The Nursery School is currently selling tickets on a raffle basket that contains a variety of items that values around \$500.00. Tickets are \$2.00 each or 3 for \$5.00. Tickets can be purchased at the School or by calling 613-835-3389. The draw will take place at the school on Dec.16th.

Anglican Parish of Bearbrook, Navan & Vars

Reverend Canon John Wilker-Blakley

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
St. Mary's (3480 Trim Rd, Navan) 10:00 am
Navan Community Sunday School 9:45 am
St. Andrew's (1900 Devine Rd, Vars) 11:30 am
613-216-2200 or www.bvnanglican.ca

THE THIRD SPACE

Held in St. Mary's Parish Hall, on the Corner of Smith and Trim Roads. Please drop in and meet your friends, share some refreshments, have a card game, WiFi available, swap a book. Fair-trade coffee and tea. **Open to all.** A drop in centre, a third space between home and work. The last Saturday of every Month Sponsored by St. Mary's Anglican Church

**NAVAN COMMUNITY SUNDAY SCHOOL**

St. Mary's Hall - 1171 Smith Rd Navan
Time : 9:45 am to 11am: children's choir/liturgy/lesson/craft.

4-Dec-11 Practise for Joint Christmas Service

11-Dec-11 Christmas Service (10:00 a.m. @ St. Mary's Hall - Pot Luck & Children's Crafts)

Sunday School resumes Jan. 15th, 2012.

NAVAN/VARS UNITED CHURCH

1129 Smith Road, Navan Village

Minister: Rev. Bill Brown * Sunday Worship 10:00 a.m.

A friendly greeting awaits you!

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For information regarding Navan Community Sunday School

Contact: Kelly at (613) 835-4447

**NAVAN LIONS CLUB**

(meet the 2nd and 4th Monday of the month at the Navan Curling Club)

President: Lion Tony Fiorentino 613-835-9319

Secretary: Lion Chris MacPherson

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QUOTE OF THE MONTH

Peace on earth will come to stay, When we live Christmas every day.

- Helen Steiner Rice

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**Navan 150th
Anniversary Heritage
Cook Book**

Christmas is not too far away - The Navan Women's Institute anniversary heritage cookbook makes a great gift - and at only \$15.

Copies can be purchased at:- J.T. Bradleys

- The New Oak Tree
- Chilly Chiles
- Cheddar Et Cetera
- Colonial Veterinary Hospital
- Bourget Inn and Spa
- Urban Country, Russell

Navan Women's Institute

Our Christmas meeting will be held on Wednesday, December 14 at St. Mary's Hall.

Knotty Knitters

We are meeting at the Navan Curling Club every Tuesday from 1 to 3PM. If you would like to join us come along, any Tuesday. Lessons available from Terri. Contact her at 613-835-1816. Our Christmas luncheon will be held at D&S Restaurant in Carlsbad Springs on December 13 at 11:30. We have, for the past 3 years, donated knitted goods to the Sarsfield Nursing Home. We are giving the residents, bags for their money, and personal belongings. In the previous years we knitted lap blankets and leg warmers.



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Navan Playgroup

The Ottawa-Orleans Early Years Centre is holding a playgroup for children (Birth to age six) every Wednesday from 9:15-11:00 am (English & French) at Heritage Public School, 1375 Colonial Road, Navan. Everyone is welcome at no cost.



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PUBLIC SKATING

The Navan Arena offers public skating on Saturdays from 5—5:50 p.m. and on Sundays from 1—2:20 p.m. They also offer unsupervised public skating on Monday and Thursdays from 3 to 4:50 p.m. This runs until December 22nd and will resume again in the new year on January 2nd, 2012.

BOOKMOBILE

Ottawa Public Library offers a bookmobile in Navan, at the firehall, 1246 Colonial Road on Thursdays from 2:30—4:15 p.m. Staff at the Bookmobile will help you select items from their collection, or from any of the 33 branches, and have them sent to your local Bookmobile stop.



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Sand Hill Cranes:

Three years ago we observed our first pair of Sand Hill Cranes in Navan - They were high up and making their distinctive chattering squawk. http://www.youtube.com/watch?v=oOctNGaJy_4 We called in our observation to local birdwatchers who were skeptical to say the least. But, what was then rare is, however, now commonplace.

Each Fall the numbers have increased until this year a whole flock descended on Navan. We have been watching groups of 30+ up to a high count of 105 throughout September to November (29th) in the stubble of cornfields around the village as they have been migrating their way through to overwinter in the southern US or Mexico. As I walked my dog on the bicycle trail I regularly encountered Tom Devesceni, Alison and Rob Myers complete with telephoto lensed cameras in hand taking photos. We regularly spotted flocks in fields behind the Matthew's farm on Trim Road.

The Sand Hill Crane (*Grus Canadensis*) (http://en.wikipedia.org/wiki/Sandhill_Crane) is a spectacular bird of similar size to a Great Blue Heron (Which we also often observe in Navan). It has a red forehead,

white cheeks and a long dark pointed bill. In flight, its legs trail behind and the long neck is kept straight. The most notable aspect is the very distinctive call which has been described as a "loud trumpeting call suggesting a French-style "r" rolled in the throat". Once you have heard it - it is unforgettable. I'd be interested to know if anyone has good photos of the birds in Navan.

Submitted by David Grattan

Photo by Tom Devesceni



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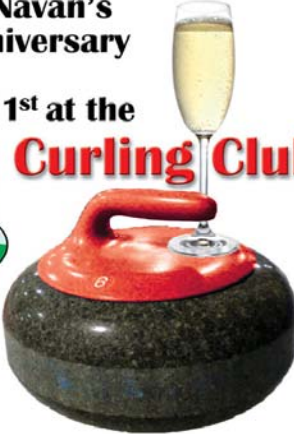


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