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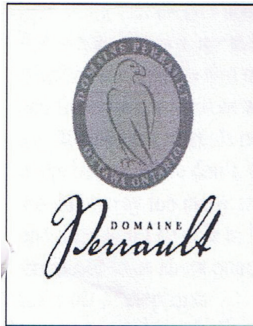
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NOTABLES (complements of the Navan Women's Institute)**Domaine Perrault Winery**

The Perrault Family welcomes you to our winery located South of the charming village of Navan. Come and taste a great selection of wine at our complimentary tasting bar!

We offer whites, reds, a rosé and a wonderful dessert wine!

Open Friday to Sunday, from 11 p.m. to 5 p.m.

613-835-3925

1000 Perrault road, Navan, ON

domaineperrault.ca

**Denis Perrault of Domaine Perrault**

Hybrid Vines, which were developed by the University of Minnesota. He started small and gave most of that first batch away. By 2005, he and his wife Lyse and two youngest daughters Anne and Dominique decided to increase their acreage and build a winery. In 2006 they officially opened the Wine Boutique and sold out within 2 weeks!

Denis has recently hired Bernard Martineau, one of Ontario's top winemakers, to create his fine wines. Domaine Perrault boasts 3 reds, 5 whites, 1 Rosé, 1 and an Ice wine. Julie Ricard, sommelier extraordinaire, has also joined Denis' team. She was very helpful when I asked her about my Christmas meal, and offered some hints to entice the family at Christmas time.

When cooking a turkey, pour a bottle of Zanibel over the turkey, as the wine will moisten the bird and eat the fat. A lovely Sauvignon Blanc would be most enjoyable with the meal. When cooking a duck, she advised me to pour a cup of Cabernet Franc over the bird. For a goose, pour a cup of Rosalie wine over it. It adds a lot to the flavour. For your dessert, an Ice wine would be delicious served with Christmas Rum Cake; whereas she prefers a Rosé with a Christmas pudding. As I am expecting company over the holidays, I am going to try some of these delicious suggestions. Domaine Perrault also has a tasting guide, with recipes included, to accompany their wines. This would make a super stocking stuffer! Christmas Baskets can also be ordered for your wine loving friends! Denis, Lyse, Anne and Dominique are very pleased with their exciting adventure into wines, and have a legacy to pass on to their children and grand children. How fortunate Navan is to have such a well-recognized winery in our own backyard! Brookstreet Hotel in the West End of Ottawa now has 3 of Perrault's wines on their menu. Brookstreet is one of only 3 restaurants in Ottawa to be rated a four diamond restaurant by CAA/AAA, so this is quite an achievement for Domaine Perrault. With recent emphasis on buying and eating locally for our good health, here is an easy way to start - in Perrault's Wine Tasting and Sales Boutique. It's a fun and welcoming spot just up Trim Rd. You will come away with arms full and a good feeling that you are doing your bit to

support a local business! Makes a great unique hostess gift this time of year as well!

Wishing you all a Merry Christmas and Happy New Year!

**Sheila Minogue-Calver
Navan Women's Institute**

**NAVAN FOR KRAFT HOCKEYVILLE 2011****Need your stories**

If you have played at the Navan Memorial Centre, on Navan teams, against them, attended any hockey game in Navan or just love hockey, you definitely have a hockey story to share! All stories are accepted including the ones just supporting our quest to the Kraft Hockeyville 2011 title. Please submit your hockey stories and photos to

www.krafthockeyville.ca and select the Navan Memorial Centre until January 30th. If you don't have access to a computer, you can contact us and we will gladly submit your story for you. If you are looking to attach a photo to your story, we have some on our website that you can download. You may also mail your story & photo to: Kraft Hockeyville, 205 Wellington Street West, Toronto, Ontario M5V 3G7.

Need hockey memorabilia

We are looking for older hockey equipment, skates, jerseys, photos, etc. dated back from the 1980's to the early 1900 to display on the Vintage Hockey Day. If you are interested in lending them, please contact Lyne or Barry to make arrangements for pick-up. Also, if you have any hockey pictures (present or past) that you would like to give us, we will gladly put them on the walls inside the arena to show Navan's hockey families. You can drop them off at JT Bradley's in an envelope address to Navan for Hockeyville.

We are organizing two events for the community to attend:

- **Sunday December 5th** Navan's Hockeyville Celebrations from 1pm to 6:30pm at the Navan Memorial Centre. We are kicking off our quest to the Kraft Hockeyville title by inviting the community to attend:
 - 1 – 2:20pm free public skating
 - 3 – 5:30pm to cheer Cumberland Junior "A" Grads hockey game on the against the Ottawa Junior "A" Senators. A banner will be on hand for fans to sign and computers will be set up for them to input their hockey stories. Attendees are welcome to wear any hockey jersey and bring a box of Kraft Dinner to cheer! Boxes will be donated to the Food Bank and will also accept other non perishable food items. In addition, free hockey seminar for parent on "Speak Out" will be presented by the Ottawa District Hockey Association. There will be door prizes and lots of fun for the whole family.
- **Sunday January 9th** Vintage Hockey Day will be held from 1pm to 5:30pm at the Navan Memorial Centre. In conjunction with Navan's 150 years celebrations, come and take part in Navan's precious hockey history.
 - 1:00pm to 2:30pm we are organizing a alumni hockey game with ex-Grads Junior "A" players Hockey artefacts, photos and memorabilia presented in part by the Cumberland Heritage Museum will be on hand to view.
 - 3-5:30Cumberland Grads will host the Gloucester Rangers with local singers/song writers, Rothwell & Moffat performing during the first intermission and Lola Spriggs in the second intermission. The admission fee to the Alumni game will be by monetary donation. Also with a \$10 donation, you can sample excellent wine & cheese presented by Domaine Perrault Winery. All proceeds will go to the Breakfast Club of Canada.
 - 4:30-6:30pm Lions Community Spaghetti Dinner upstairs in the Navan Memorial Centre with proceed going to the Food Bank. Adults \$10 Children 5- 12 \$5 and 4 and under FREE

If you have any questions, need help in submitting your story or would like to volunteer, please don't hesitate to contact us by telephone Lyne Proulx 613-833-1779 and Barry Irvine 613-835-2509 or email navanhockey@hotmail.com. For any update or to obtain more information, please visit our website at www.navanhockeyville.ca or join our Facebook group: Navan for Kraft Hockeyville 2011.

Go Navan Go!

QUOTE OF THE MONTH

"A hunch is creativity trying to tell you something."
Frank Capra

THANK YOU



The families of the late Morgan Wall wish to extend their heartfelt appreciation to relatives, neighbours, friends and colleagues for their support at this difficult time. They have been touched by all of the beautiful floral tributes, generous memorial donations, thoughtful cards and letters and many kind words and deeds in memory of their beloved Morgan, not only at this difficult time but throughout her illness. They wish to also acknowledge and thank the many people and groups who have supported Morgan and their family during her battle with cancer. Many of you attended the strawberry socials, hockey games and all of the fundraising to help their family and the organizations that supported them through her treatment, and it was very much appreciated. Morgan was a very special little girl and touched the lives of many people. She will be forever in our hearts.



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Refurbishing of the Domes is progressing very well with the sandblasting and painting completed. The next step will be to install the new roof. The project should be completed this fall – if the weather cooperates.



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The CTAS Board of Directors invites all 2010 CTAS members to our Annual General meeting on Thursday, January 20th, 2011 upstairs at the Navan Memorial centre at 7pm. We will present an overview of our 2010 fiscal year, cover some business items and give some highlights of our future plans. You can purchase 2011 membership at the AGM for the discounted price of only \$20 which includes weekend admission to the fair.

During the evening you have an opportunity to meet the different division Directors. They welcome talking about how you could be future volunteers for their committees.

If you have any attractions you would like to see during our 4-day fair feel free to speak to a director at the AGM or contact the fair office to make a presentation at one of our meetings which are held the 2nd Tuesday of every month.

The entire CTAS Board of Directors and office support want to wish you all a very Merry Christmas and a prosperous New Year.

CTAS President: Mario St Denis
Admin. Coord.: Marg MacNeill
Tel.#: 613-835-2766
Email: navanfair@bellnet.ca
www.navanfair.com



David W. Bennett
Owner

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HOME TIP OF THE MONTH

Ways to Save Money This Christmas

1. **Make a list, and narrow it down.** Who do you have to buy presents for? Make a list, because without it you will have a hard time creating a budget.
2. **Set a budget, and stick to it** - spend what you can find within your regular budget or in savings not on credit cards. Split it among the people on your list and not to go over the limit you set for each person on your list.
3. **Do an exchange.**
4. **Make your own gifts** - bake stuff, picture frames, knitted scarves, a digital photo slideshow, a bookshelf, anything you can to make.
5. **Buy used if you can.** Focus on vintage stuff, like out-of-print books or an antique knick knack.
6. **Just buy for kids.** Christmas gifts are really the most fun for kids.
7. **Volunteer.** Volunteering your time to help a charity costs you nothing but time, but it is completely satisfying. With this reminder, you can give people the kind of gifts that really matter: love and kindness, not consumer goods.
8. **Wrap with magazines or newspapers.** It's recycling, and it looks cool.
9. **Give home-made coupons.** You can give people coupons promising that you'll wash their car, babysit, give them a massage, clean their rain gutters, or whatever you can do that they would like.



Joanne Griffin



~ Harp ~ Piano ~

joanne@joannegriffinmusic.com
Ph: (613) 835-2299



NAVAN LIONS CLUB
(meet the 2nd and 4th Monday of the month
at the Navan Curling Club)

The Navan Lions would like to thank the Women's Institute ladies for their contribution of all the wonderful assortment of sweets to the Remembrance Day refreshments that were provided upstairs at the Navan Arena after the ceremonies. Everyone had a chance to warm up with hot drinks, sandwiches and sweets while mingling with our local veterans, active military men and women from the area and our friends and neighbours.



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ANNUAL CHRISTMAS LIGHT TOUR

Wednesday, December 15th, the NAVAN LIONS Club is offering a BUS Tour of Christmas Lights of Ottawa. All ages are welcomed! Sign up sheet have been posted between at JT Bradley's in Navan. Invitations have also been made with Portobello, Cumberland and Sarsfield Seniors homes. We do have limited seating (48) and we will work on a first come; first serve basis.

The tour will officially start at the Navan Curling Club at 6:00 PM to Cumberland and Portobello Senior homes there downtown, cross over to Hull, past the Museum Of Civilization, and back across the bridge to the Parliament Hill. Then on the way home we will venture through Orleans to the famous Taffy Lane. Then back in Navan, around 9pm, hot chocolate and sweets will be provided by the Navan Lions in the

Navan Curling Club. It has been said, a special guest hopes to make an appearance that evening as well!
Total Cost IT'S FREE but non-perishable items for the Food Bank would be appreciated.

Please contact Lion Dave Paterson at 835-2188 for more information or to put your name on the sign up sheets.



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Sunday January 9th from 4:30-6:30pm Lions Community Spaghetti Dinner upstairs in the Navan Memorial Centre with proceeds going to the Food Bank. Adults \$10 Children 5- 12 \$5 and 4 and under FREE

President: Lion Mark O'Donoughue 613-841-5444

Secretary: Lion Chris MacPherson

Treasurer: Lion David Grattan

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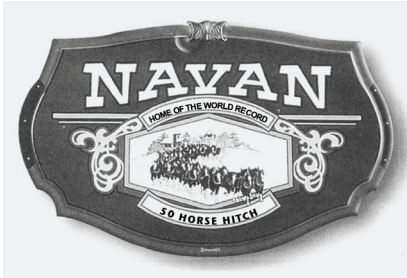
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NAVAN COMMUNITY ASSOCIATION

REMEMBRANCE DAY - 2010

Special thanks to the organizing committee for all their hard work in coordinating our community's first Remembrance Day service at our new location.. Over 500 people came to pay respect to those who gave their lives so we can enjoy the life we have in Canada. What a wonderful event, with children participating from Heritage School playing a significant part in the service along with our veterans, and our community military members. For those of you who could not attend Philippe Grandmaitre read a story that was very moving so I thought I would share it with you.

Back in September, on the first day of school, Martha Cothren, a social studies school teacher at Robinson High School, did something not to be forgotten. On the first day of school, with the permission of the school superintendent, the principal and the building supervisor, she removed all of the desks from her classroom.

At the first period kids entered the room they discovered that there were no desks.

"Ms. Cothren, where are our desks?" they asked.

She replied, 'You can't have a desk until you tell me how you earn the right to sit at a desk.'

They asked, 'Well, is it our grades?'

'No,' she said, "It's not your grades"

"Is it our behavior then?" they questioned.

She told them, "No, it's not even your behavior."

And so, they came and went, the first period, second period, third period. Still no desks in the classroom.

By early afternoon television news crews had started gathering in Ms. Cothren's classroom to report about this crazy teacher who had removed all the desks from the classroom.

The final period of the day came and as the puzzled students found seats on the floor of the deskless classroom, Martha Cothren said, 'Throughout the day no one has been able to tell me just what he or she has done to earn the right to sit at the desks that are ordinarily found in this classroom. Now I am going to tell you.'

At this point, Martha Cothren went over to the door of her classroom and opened it.

Twenty-seven (27) Veterans, all in uniforms, walked into that classroom, each one carrying a school desk. The Vets began placing the school desks in rows, and

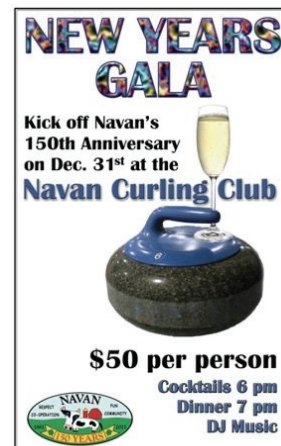
then they would walk over and stand alongside the wall... By the time the last soldier had set the final desk in place those kids started to understand, perhaps for the first time in their lives, just how the right to sit at those desks had been earned.. Martha said, 'You didn't earn the right to sit at these desks. These heroes did it for you. They placed these desks here for you. Now, it's up to you to sit in them. It is your responsibility to learn, to be good students, to be good citizens. They paid the price so that you could have the freedom to get an education. Don't ever forget it.'

By the way, this is a true story.



NAVAN @150 YEARS COMMITTEE UPDATE

- A calendar will go on sale soon, filled with many of our community events listed.
- 2.T-Shirts are still for sale at JT Bradley's Convenience Store - \$15.00 each
- 3. Banners are being hung to make everyone aware of our celebration



Tickets available at J.T. Bradley's

- Friday, Dec. 31 a Town Crier will bring in the 150th celebrations at the Navan Curling Club Dance New Year's Eve. There will also be a dance session by Navan's own Historic Dancers!
- Saturday, February 19 from 4 to 5 PM there will be an Old Fashioned Skating Party at the Navan Arena hosted by Navan Community Sunday School and will serve a lunch in the Hall upstairs immediately following the skating.

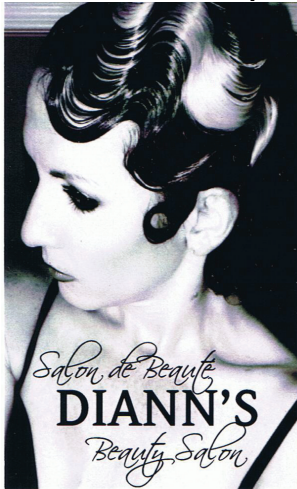
The following people are in charge of different activities throughout the year. If you are interested in helping please give them a call

- Homecoming Weekend - Joanne Griffin
- Fine Arts and Crafts Exhibit - Christina Pleizier and Doreen Hardiman
- Sports Events - Andrew Griffin
- Golf Tournament - Jerry Calver and the Navan Curling Club
- Navan Lions Club Bonspiel - Hal McPherson
- Heritage Cookbook - Zoe Greggs

There will be other events I am sure. Thank you to all those who have jumped in to make this year a fun and memorable year.

Next meeting is January 27 at 1134 Smith Rd at 7 PM. Anyone interested in attending is welcome.

Please note that our proceeds will go to putting up a Town Clock to commemorate this year.



613-835-2345

HOW WOULD YOU LIKE TO BE PART OF A DELEGATION TO NAVAN IRELAND IN MARCH 2011 FOR ST PATRICK'S FESTIVAL?

Contact has been made with Paddy Pryle Chief Organizer of the Shamrock Festival and Gerry Meade to forge links between our two communities that share the same common names and heritage.

They saw our Navan Fair on the internet and thought that we could have a delegation going to their event and then they would arrange one back to us. The CTAS Board is interested in having some special events during the Fair but wanted to include the 150 Committee and other residents in making this a memorable event for everyone.

Gerry has made contact with local TV station Province 5, the Canadian Ambassador in Ireland, and local Mayor who are all excited about the possibilities of this event. Local historians would be delighted to track down the ancestors and birthplaces along with the history of the people who moved from Navan Ireland in the 1800s. They have the entire census records and headstones database. Also would be

willing to show anyone of the delegation where and who exactly they were descended from when they visit Navan Ireland. He has put the following travel plans in motion at his end to form a delegation to come around the Navan Fair for 5 days with a second option to extend to visit Montreal and Quebec on their own time.

We have investigated into 2 group itineraries if people are interested with Travac Travel – below

1. MARCH 14 – 20, 2011

Price: \$1229 + \$422 taxes per person based on double occupancy.

INCLUDES; roundtrip flights with Air France, 5 nights' accommodation with breakfast at Newgrange Hotel in Navan with Irish coffee upon arrival, live music at hotel on St Patrick's day, roundtrip transfers from Dublin airport to Navan, half day tour of Navan.

FLIGHT DETAILS

Date	Flight	Times
14MAR	Ottawa-Montreal	14:25 16:25 BY BUS
14MAR	Montreal-Paris	18:15 06:00 15MAR
15MAR	Paris-Dublin	07:20 08:20
20MAR	Dublin-Paris	11:55 14:55
20MAR	Paris-Montreal	16:15 18:30
20MAR	Montreal-Ottawa	20:15 22:15 BY BUS

2. MARCH 15-26 2011

Price: \$1999 + \$430 taxes per person based on double occupancy

Includes: Roundtrip flights, transfer to Dublin airport after tour, Irish Highlights Tour; 6 nights first class hotels, 6 full breakfasts, 3 dinners, sightseeing and touring aboard a deluxe coach with a Trafalgar Tour Director

Excludes: Travel Insurance (prices available upon request), accommodation in Navan, transportation from Dublin to Navan, transportation from Navan to Dublin, meals not stated and items of a personal nature

March 15 - Depart Ottawa for you overnight flight to Dublin.

March 16- Arrive Dublin; train or coach to Navan (\$). Check into hotel (\$)

March 17-19-Activities in Navan

March 20-Train or coach back to Dublin (\$) to start Irish Highlights Tour

An included sightseeing tour with a local guide visits Trinity College, to admire the ancient Book of Kells and views St. Patrick's and Christchurch Cathedral. Then on to Phoenix Park and the Wellington Memorial. Tonight, enjoy a Welcome Drink together with your Tour Director and fellow travellers.

March 21 - Dublin – Kildare – Kilkenny – Waterford
This morning we have a guided walking tour of the Irish National Stud Farm, one of the main

centres for the breeding of race horses, and visit the Japanese Garden. Next to medieval Kilkenny to view the castle, before an included visit to the Waterford Crystal Showroom. Then to our hotel for dinner. (Full Breakfast / Dinner)

March 22 - Waterford – Youghal – Cork – Killarney (2 nights)

This morning we drive to the fishing village of Youghal where Moby Dick was filmed and on to Cork, the second city of Ireland. Then to ancient Blarney Castle to kiss the Blarney Stone and acquire the 'gift of the gab'. Later we travel via Macroom, where we see the remains of its castle, before to Killarney. (Full Breakfast)

March 23 - Killarney – Ring of Kerry Excursion
Enjoy a drive around the 'Ring of Kerry', which winds around the beautiful Iveragh Peninsula. We travel from Killarney to the beautiful market towns of Killorglin and Cahirciveen with the memorial to St. Brendan the Navigator, and enjoy views of Dingle Bay and South Kerry Mountains. We see Charlie Chaplin's hideaway, Waterville, and Derrymare, home of Ireland's liberator Daniel O'Connell. Finally we travel by Ladies View, the Black Valley and through Moll's Gap to return to Killarney. This evening we enjoy a delicious 'Be My Guest' dinner in an Irish farmhouse and are entertained with unique story-telling! (Full Breakfast / 'Be My Guest' Dinner)

March 24 - Killarney – Cliffs of Moher – Limerick
First across the Shannon by ferry and to County Clare where we enjoy a beautiful coastal drive through Kilrush and Lahinch, popular for surfing and golf, before arriving at the dramatic Cliffs of Moher with stunning views of Galway Bay. Then we continue to our hotel in Limerick. (Full Breakfast)

March 25 - Limerick – Dublin

We start today with a visit to Bunratty Castle and Folkpark, a living museum that takes us back to the days of old Ireland. Later we travel via Ennis to Galway where we see the Cathedral before driving back to Dublin. We enjoy a Farewell Dinner tonight with our Tour Director and new-found friends. (Full Breakfast / Farewell Dinner)

March 26 - Dublin – Ottawa

This morning it is time to bid farewell to our Tour Director and fellow travelers as our tour comes to an end. There are airport transfers included. (Full Breakfast)

PRICE AND AVAILABILITY NOT GUARANTEED

Call Marg MacNeill if you are interested in joining us of either of the tours above. Need to commit by January.



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COYOTES

How can I prevent/deter coyotes from taking up residence at my property?

Coyotes are adaptable and opportunistic, so the main way to avoid coyote conflicts is to proactively take steps so that they are not attracted to your home in the first place:

- Dispose of garbage in secure containers that cannot be opened by wildlife
- Do not leave garbage or food waste outside in accessible areas
- Use securely enclosed compost bins and do not dispose of meat, dairy, or egg products in compost
- If you have fruit trees, pick fruit as soon as it is ripe and remove any fallen fruit from the ground
- Consider installing outdoor lights that are motion activated
- Clear away bushes or weeds close to your home where animals might seek cover

If you are worried about the safety of your family, including pets, because of coyotes in the area, there are several precautionary measures you can take:

- Never feed coyotes or attempt to 'tame' them
- If you encounter a coyote leave the area calmly, do not make direct eye contact, turn your back or run from a coyote
- When coyotes are in your yard make them feel unwelcome with loud noises or spraying them with a hose
- Teach children to respect wildlife and keep their distance
- Do not allow your dog outside at night unsupervised
- Keep cats safe inside
- Fence your property to make it less accessible (a fence will need to be at least six feet high and will need to extend a minimum of six inches underground to deter coyotes)
- Spay or neuter your dog (coyotes are attracted to, and will mate with, unsprayed/unneutered domestic dogs)

How can I protect my farm animals from coyotes?

- Keep farm animals in a fenced area (the fence will need to be at least six feet high and will need to

- extend a minimum of six inches underground to deter coyotes)
- Have a secure shelter for animals to stay in during the night
 - Use guard animals such as llamas or donkeys
 - Install scare devices, such as motion activated lights or alarms, near animal housing areas
 - Provide rabbits with a wire-covered enclosure that includes fencing which is buried below the ground
 - Provide rabbits with escape shelters with openings that are only large enough for them to get through
 - Do not use chicken wire on enclosures; this type of material is easily destroyed by determined coyotes.

Navan Community Association Youth Dances

The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month with a \$5.00 admission at the Navan Arena. Win a prize - dance contest during the December 10th dance

(For dance rules go to www.navan.on.ca)

2010-2011 Dates:

December 10, 2010, January 14, 2011
February 11, 2011 – Valentine's Day Theme
March 11, 2011, April 8, 2011, May 13, 2011
June 10, 2011 – School's Out Theme

Chair: Anne Marie Potvin 835-2757
Secretary: Christina MacPherson
Treasurer: Dale Borys
Youth: Tom Devecseri
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Kids Korner

Christmas Stocking Craft:

Trace and cut two stockings out of red card stock.

Paperclip the two stockings together and then use a hole punch to make holes around the edges of the stocking.

Weave ribbon or yarn through the holes.

Glue white cotton to the top of the stocking.

Add decorations and glitter to complete the craft.

Yummy Holiday French Toast:

4 slices of whole wheat bread

2 eggs

2 tbsp milk

1 tsp cinnamon

½ tsp vanilla

Use cookie cutters to cut bread into different holiday shapes.

Whisk eggs, milk, cinnamon, and vanilla together.

Dip the bread into the egg mixture.

Cook over medium heat until lightly brown and egg mixture is cooked.

Serve with maple syrup, sliced ham or bacon, and sliced fresh fruit.

Christmas Song:

SANTA (to the tune of Bingo);

There was a jolly, jolly man and SANTA was his name oh.

S-A-N-T-A

S-A-N-T-A

S-A-N-T-A

And SANTA was his name oh.

Thinking about Preschool for your child?

Navan Nursery School will continue to accept registration until programs are full. The school offers a 2, 3, or 5 morning preschool program for children ages 2 ½ to 5 years of age. The school is staffed by a Registered Early Childhood Educator who provides a warm, nurturing learning environment for the youngest residents of our community

For more information, please visit our website at www.ottawakids.ca/ncns, or call Michelle at 613-835-3314.

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info@robertsonrentall.com



NAVAN'S VOLUNTEER FIRE FIGHTERS CORNER

On November 20th, District 7's volunteer firefighters held a food drive outside various stores in our community, and once again were amazed and very grateful for support and generous donations. We would like to encourage those who have not yet donated to give generously to this year's food bank so that those who are less fortunate than us will not have to go hungry this holiday season.

This November we have already experienced some snow and freezing rain, and there is likely quite a bit more on the way, so we would like to remind everyone to please change over to their winter tires, as well as to give yourself enough time or postpone travel plans when traveling in snow or icy conditions.

Airfast

2-645, rue Belfast Road
Ottawa, Ontario K1G 0Z4

☎1-613-244-0030

Surface Preparation products

Scotch Brite hand pads

Sandpaper belts, sheets, discs, etc...



With the holiday season here, we would like to remind everyone to be mindful of a few holiday-specific safety concerns in order to help ensure that a safe and enjoyable holiday season is had by all.

TREES

- When purchasing an artificial tree, look for the label "Fire Resistant." Although this label does not mean the tree won't catch fire, it does indicate the tree will resist burning and should extinguish quickly.
- When purchasing a live tree, check for freshness. A fresh tree is green; needles are hard to pull from branches and when bent between your fingers, needles do not break. The trunk butt of a fresh tree is sticky with resin, and when tapped on the ground, the tree should not lose many needles.
- When setting up a tree at home, place it away from fireplaces and radiators. Because heated rooms dry live trees out rapidly, be sure to keep the stand filled with water. Place the tree out of the way of traffic and do not block doorways.

LIGHTS

- Indoors or outside, use only lights that have been tested for safety by a recognized testing laboratory, which indicates conformance with safety standards.
- Check each set of lights, new or old, for broken or cracked sockets, frayed or bare wires, or loose connections, and throw out damaged sets.
- Extension cords are a significant cause of fires and fatalities during the holiday season. Plan for holiday

fire safety and use your extension cords safely.

- Before using an extension cord, examine it for wear or defects. Look for cracks in the insulation, wear at the juncture of the cord and plug or receptacle ends. Damaged or brittle insulation and worn plugs or receptacles are indications the cord needs replacing.
 - Use no more than three standard-size sets of lights per single extension cord.
 - Cords should only be used temporarily when necessary. Unsafe use of extension cords is a serious fire hazard.
 - Fasten outdoor lights securely to trees, house walls, or other firm supports to protect the lights from wind damage.
 - Turn off all lights when you go to bed or leave the house. The lights could short out and start a fire.
 - For added electric-shock protection, plug outdoor electric lights and decorations into circuits protected by ground fault circuit interrupters (GFCIs). Portable outdoor GFCIs can be purchased where electrical supplies are sold. GFCIs can be installed permanently to household circuits by a qualified electrician.
- ### DECORATIONS
- Use only non-combustible or flame-resistant materials to trim a tree. Choose tinsel or artificial icicles of plastic or non-leaded metals. Leaded materials are hazardous if ingested by children.
 - Never use lighted candles on a tree or near other evergreens. Always use non-flammable holders, and place candles where they will not be knocked down.

Lorraine's Esthetics



Lastly, we would like to announce that District 7 will be looking to hire new recruits in January 2011 – Why not start the new year by helping to keep your community safe? Visit the Vars Fire Station (#73) at 6090 Rockdale Road or online at www.ottawa.ca/residents/fire/recruitment/volunteer/index_en.html for more info.

Thank you and we wish everyone a very happy and safe Christmas! From District 7

COMMUNITY ANNOUNCEMENT

WANTED

Culinary Memories, stories, and recipes for a Navan Heritage Cookbook. Let's preserve the fiber of our wonderful village. Contact Zoe Greggs at 613-429-0211

DEC. 8TH NAVAN WOMEN'S INSTITUTE

Christmas meeting will be held at St. Mary's Hall at 6PM Wednesday, December 8, 2010. Pot luck



Jay's
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Navan, Ontario K4B 1J3

Tel: 613-835-3364
Fax: 613-835-9714
email: jaysembroidery@webtruler.com

Heritage Public School

Christmas Craft Fair

Saturday, December 11

9 a.m. to 3 p.m.



Great Crafts, Baked Goods, Unique Gifts, And More!
Lunch Counter and Kids' Craft Area Available

Inquiries: Lisa Fowler

613-835-9300

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Navan, Ontario

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CHRISTMAS TREES FOR SALE

Visit 1324 Colonial Road and pick out the tree of your dreams now.

BABYSITTING

(Games, Crafts, Snacks and Movies)

PROVIDED BY:

1ST NAVAN PATHFINDERS

SAT, DEC 18, 2010

1:00-4:30PM

ST MARY'S HALL, NAVAN

\$20 per child

(Discounted rates available for multiple children
from the same family or if related to our
Brownies/Guides/Pathfinders)

Space is limited.

Reserve your child's spot NOW!

613-835-9898

COLONIAL STORAGE

A DIVISION OF CAMPBELL TREE EXPERTS INC.

2156 COLONIAL RD., NAVAN, ON

613-223-7732



WWW.COLONIALSTORAGE.CA
[EMAIL: COLONIALSTORAGE@HOTMAIL.COM](mailto:COLONIALSTORAGE@HOTMAIL.COM)

Contact Glen Campbell



P.O. Box 128, Vars, Ontario K0A 3H0

Ken Harrison • Chris Oldford
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Fax: **613.822.5509**

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Synthetic Grass, from Synlawn!

Call for a free estimate today!



BEARBROOK FARM IN FRENCH FILM

The production team for a french Ontario comedy "La Sacrée" were driving around looking for the ideal setting and decided on Marilyn and Garrat Lowe's barn on Dunning Road. They spent a few days shooting and reshooting scenes in the barn. They also shot some scenes at St Andrews Anglican Church in Vars.



Damien Robitaille actor and Marc Marans, Director

Colonial Veterinary Hospital

formerly Navan Veterinary Hospital

"Only our name has changed"

Dr. Paul Brown Dr. Denene Clifford

Dr. Jackie Pelot Dr. Kathleen Hering

Tel. 835-2883 Fax. 835-2728

1364 Colonial Rd. P.O. Box 190 Navan, Ontario K4B 1S4
www.colonialvet.ca



**Carleton Regional
Snowmobile Club**

website: www.carletonregionalsc.ca
e-mail: crsc13@hotmail.com

Marcel Mantha	President	(613) 833-0007
Charles Brazeau	Vice-President	(613) 841-3093
Debbie Dandy	Treasurer	(613) 835-2375
Eveline Mantha	Secretary	(613) 833-3533
Art Mackie	Trail Coordinator	(613) 822-1482
Wayne Dandy	Trail Coordinator	(613) 835-2375
Jennifer Haight	Event Coordinator	(613) 822-3629

P.O. Box 172, 1769 St. Laurent Blvd., Ottawa, ON K1G 5X7

2010-2011 TRAIL PERMIT PRICES

Seasonal Trail Permits: **\$250.**

7-day Permits **\$140**

3-day Permits **\$100**

Classic Permit* **\$125**

*(for sleds model year 1996 or older: min. of 15 yrs old)

Available at: Navan Automotive-Navan, Gavelle

Motors-Sarsfield, Williams John Deere-Cumberland

Need Quebec Trail Permit or Day Pass? Call Debbie

Dandy 613-835-2375 or Marcel Mantha 613-833-0007

NAVAN/VARS UNITED CHURCH

1129 Smith Road, Navan Village

Minister: Rev. Bill Brown * Sunday Worship 10:00 a.m.

A friendly greeting awaits you!

Wheelchair accessible

www.navan-vars-united.org (613) 835-4030

For information regarding Navan Community Sunday
School

Contact: Debbie at (613) 835-3592

Dec. 19th @ 10:00am is our annual "Last Sunday in Advent" service in which the Children participate in the telling of the Christmas Story. This service is held here in the church and is 'family friendly' - all are welcome - the young and the young at heart

Dec. 24th @ 8:00pm - Christmas Eve Service. All welcome.

Dec 26th @ 10:00am - Regular worship service



Service Bilingue

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**Marc Myre
613-292-1676**

LINE DANCING SCHOOL

Navan Arena



Monday nights - Beg. 1 & 2 - Starting Jan. 10, 2011
(Social line dancing)

Thursday nights - Beg. 1 & 2 - Starting Jan. 13, 2011
(Country line dancing)

Reservations: Adèle (613) 835-9545
cell. (613) 720-4419

ECOLE DE DANSE EN LIGNE

Anglican Parish of Bearbrook, Navan & Vars

Priest-in-Charge: Rev. John Blakley

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am

St. Mary's (3480 Trim Rd, Navan) 10:00 am

Navan Community Sunday School 9:45 am

St. Andrew's (1900 Devine Rd, Vars) 11:30 am

Info: 613-835-2200 or bearbrook_vars_navan@yahoo.ca

**Dec. 19th at 10am . Community Sunday School
Pageant at St. Mary's Church Hall**

**Dec. 19th at 7:30 pm St. Mary's Church, Nine Lessons &
Carols**

**Dec. 24th at 5:30 p.m., Trinity Bearbrook
at 7:00 p.m., St. Mary's Navan**

at 9:00 p.m., St. Andrew's Vars

Dec. 25th at 10:00 a.m., St. Mary's Navan

**NAVAN COMMUNITY SUNDAY SCHOOL SCHEDULE
2010-2011 9:45 a.m. - 11:00 a.m.**

Dec 5 Practice for Joint Christmas Service

**12 Joint Family Christmas Service (10:00 a.m. @
St. Mary's Hall - Pot Luck & Children's Crafts)**

**19 Family Sunday - United Church Christmas
Pageant at the hall**

**26 Family Sunday - attend church of your choice
Jan 2 Sunday School**

9 Family Sunday - attend church of your choice

**16 Sunday School(start choir practice for Easter
Service)**

23 Sunday School

30 Sunday School

LE MAISON COLONIAL SARSFIELD COLONIAL HOME

2861 Colonial Rd, Sarsfield,
613-835-2977 ou fax 613-835-2982

Hello to all villagers in Navan

This letter is to inform you that the Department of activity the House Colonial Sarsfield is looking for adults wishing to offer their small time may be. In addition, we offer a

wave of opportunity for students who wish to make their 40 hours of voluntarism hours.

It is with pleasure that we the Department of activities, we would like to team up with you. Villagers of Navan and students who wish to live an interesting experience. You will get to know people like you request to be heard, have to accompany to exchange on various subject and etc.....

Here are some tasks that you may have to perform:

1. One on One friendly visit
2. Playing the card or directing another assigned activity.
3. Summer, make the garden in our floral site
4. Motivate residents to sing for the visit of musicians.
5. Walk with the residents or even wander in their Chair wheelchair.
6. Attendant at a different exit
7. Or any other talent you have ' a share

If you are interested in this experience, please contact Marc Lacombe Director of Activities or even it's Shirley Benoit, Assistant of activities at (613) 835-2977 ext: 29. Thank you has the pleasure of you and all meet. Marc Lacombe Director of Activities

The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society.

Articles or announcements must be submitted by to margaret.macneill@sympatico.ca by 20th of the month to be included in next month's issue of the newsletter.

Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.

We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$40. Please call Marg MacNeill if you are interested

What a wonderful place in which we have chosen to live
All issues of the Navan Nugget can be found on our website at navan.on.ca

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WORK OPPORTUNITY

ML Bradley in Navan is looking for additional school bus drivers for the current school year. If you know anyone who is looking for part time work close to home and maybe interested in driving a school bus contact ML Bradley at 613-835-2488. To find out more about ML Bradley visit <http://www.orleansonline.ca/MLBradley>

Ghyslaine Lalonde, Investment Advisor
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Ottawa, Ontario K1R 7X7

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ghyslaine.lalonde@td.com