

3 SEPTEMBER 2010

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

Holidays are over and it will be back to school for all our children. Drivers please look out for our children in your travels. Here is a little prayer I came across for our dedicated school bus drivers.

The School Bus Driver's Prayer

Please, Lord, watch over me this day.

Please help me remember to watch all five mirrors, two dozen windows, eight gauges, six warning lights, six dozen faces, three lanes of traffic and to keep a third eye open for wobbling bicycles and daydreaming pedestrians, especially teenagers wearing headsets who are in another world.

Please, Lord help me hear all train whistles, truck and automobile horns, police sirens and the two-way radio.

Please, Lord, give me a hand for the gear lever, the steering wheel, the route book, the radio microphone and the turn-signal lever.

And, Lord, please grant me the self-control to keep my hands away from Johnny's neck.

And one more thing, dear Lord, please don't let Mary be sick all over the bus.

And finally, Lord, please watch over us all so that we can do it again next year.

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POISONOUS GIANT HODWEED (WILD PARSNIP ANOTHER NAME) SPOTTED

The City of Ottawa is warning residents to stay clear of a poisonous weed that has been spotted growing in some areas in the city (one on Loeper in Navan)

The Giant Hogweed is a perennial plant that can grow up to 5.5 metres and can be harmful to humans if they come in contact with it. The average height of an adult male is 1.8 metres. The weed has large leaves, deeply cut with sap, coarse teeth that reach widths of more than one metre. Weed stems are covered in coarse whisker-like hairs with red and purple spots and can reach 8 cm in diameter. When in bloom the white flowers

appear in an umbrella shape that can grow up to 1.2 metres across.

If you come in contact with this plant, you could experience severe burns to your skin. Contact with eyes can cause temporary or permanent blindness. When working near these plants; wear goggles, rubber gloves, rubber boots and Tyvek coveralls. Make sure to bring a bucket, soap, water and a scrub brush, and thoroughly wash rubber boots and gloves before taking off all of your protective clothing.

If you come in contact with the plant, find immediate shelter because exposure to the sap in the presence of sunlight will result in a severe skin reaction. Thoroughly wash exposed skin with soap and water. If your skin does react, seek medical attention. For more information visit:
http://omafr.gov.on.ca/english/crops/facts/ontweeds/giant_hogweek.htm.

NOTABLES (complements of the Navan Women's Institute)



"La Rentrée"

Smiles all around as Hannah, Eve, and Nicole await their bus for the first day of school.

Sheila Minogue-Calver
Navan Women's Institute

824-3578



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Hope you had a chance to come to the Fair, we had lots seniors who enjoyed the fair for free this year as a thank you from the CTAS Board of Directors for our 65th Fair. Many of these people have attended a majority of them. Helen Burns was one of them and who has also worked as a volunteer for years. One of the competitions in Homecraft was an essay – she won 1st prize so I thought I would share it with you.

What I most enjoy at the fair –

The Navan Fair has always been a special event in my life, probably because I can distinctly remember the very first fair when I was almost thirteen years old. I had been hearing about the upcoming fair for months because my father was one of its first directors. At that point in time, all I could think about was that there might be a ferris wheel and a merry-go-round, and hopefully a place to buy an ice cream cone.

My expectations were fulfilled at that very first one day fair, and they have not diminished in the sixty-five years that the agricultural showcase has been held. However, I gradually learned that there were more things to see and do at the fair than go on midway rides and eat ice cream cones. Attending the event always was and still is a special time to visit friends whom we may only see at this once-a-year occurrence.

As time went on I became interested in seeing the 4-H caves and often wondered how they could possibly be so clean. I have always lived on a farm, and no matter how much straw we put under our calves, it seemed almost impossible to keep them looking respectable. I used to wonder what the young people did to make their calves look so nice. When my own children joined 4-H calf clubs, we soon learned that constant washing, grooming, and leading calves for weeks ahead of time were the secrets to having animals that caught the attention of watchful judges at fair time.

The biggest cucumbers and tallest stalks of corn have always amazed me because I could never grow things that enormous. Do those exhibitors have secret fertilizer that I have never heard of? Other things that I continue to enjoy are the beautiful flowers as well as the scarecrows with so many cute facial expressions. Year after year gorgeous quilts and various other homecraft items

are on display, and they always make pause to envy and admire.

The appeal and excitement of the fair got into my blood at an early age, and will, no doubt, remain with me throughout my life. The midway rides are for the younger folk to enjoy nowadays, but, for me, every year a big ice cream cone is still a must before leaving the fairgrounds.

At our Ham and Scalloped potato dinner the judges had a difficult time selecting our 2010 Ambassador from 4 excellent candidates of Melanie Kinsella, Cara Vezina, Colleen Fleming and Melissa Leduc.



Congratulation to Colleen Fleming, who will be the Navan Fair Ambassador for 2010. She welcomes any invitations from the community to participate or attend any of your events.

At our Opening ceremonies we were honored to have our prize listing cover winner Morgan Wall and her sister McKenna performed the official ribbon cutting to open the 65th Navan Fair.



Navan W.I. Wins best entry in parade

Mayor Larry O'Brien surprised Hank Bakker and Marg MacNeill by presenting them with a Change Agent medallion. There were many faces in the crowd that were proud to say that they were in attendance for a majority of our 65 fairs as volunteers, directors or just to enjoy the activities. Also on Thursday night not only were we entertained by the Demo Derby – 2 cars battled it out for 20 minutes then we had the Mechanical Bull under the Domes. Many a cowgirl and boy hit the dust – but a good time was had by all.



Photos by John Ladds and Tom Devecseri

CTAS President: Mario St Denis
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NAVAN LIONS CLUB

(meet the 2nd and 4th Monday of the month
at the Navan Curling Club)

NAVAN LIONS AT THE NAVAN FAIR

The Navan Lions are thrilled with all the support they received from participants at the Demo Derby for the 50/50 draw and the parking lots. We were fortunate to collect over \$3000 that will be used to contribute to our many requests over the upcoming Lions year.



Parade Lions – Farmer in the dell with 5 milk maids.



OCT 2ND - LIONS FRIDAY NIGHT TURKEY SUPPER

Don't forget to get your ticket for the Turkey supper and all the fixings on Friday October 1st for \$15. The dinner will be held at the Navan Curling Club with the doors opening at 6pm and dinner at 7pm. Call Lion Ross Bradley at 835-2199 or Don Macartney at 835-3932 for tickets.

President: Lion Mark O'Donoughue

Secretary: Lion Christina MacPherson

Treasurer: Lion David Grattan

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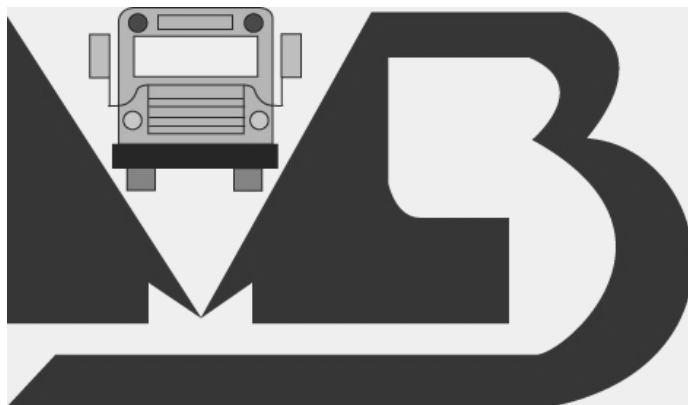
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**NAVAN COMMUNITY ASSOCIATION
MEETINGS 3RD MONDAY OF MONTH
– UPSTAIRS AT NAVAN ARENA**



WORK OPPORTUNITY

ML Bradley in Navan is looking for additional school bus drivers for the current school year. If you know anyone who is looking for part time work close to home and maybe interested in driving a school bus contact ML Bradley at 613-835-2488. To find out more about ML Bradley visit <http://www.orneasonline.ca/MLBradley>.

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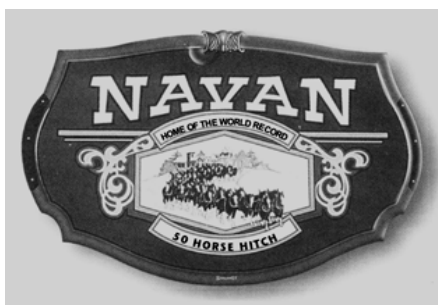
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CENOTAPH UPDATE

The morning of Tuesday, August 17 was an exciting one for the Navan Cenotaph Restoration and Relocation Project. Rather than turn the sod for this project by a number of 'gold' shovels which is the usual way it is done, it was turned by a back hoe supplied by Norm Castonguay, CEO of WSI/BFI, and it was done so well. Only in Navan, you say!!



Prior to the sod turning ceremony everyone was invited for coffee, juice, etc. in the Arena's main foyer in front of the Information Booth which was on display for the Navan Fair. We hope you saw the Information Booth at the Fair. It was really nice. It was a beautiful sunny day and about 60 people turned out to witness this historic event take place. The entire excavation took place that afternoon, the concrete footings were installed on Wednesday and the concrete foundation was poured on Thursday morning. You will notice when you are walking by the front of the Arena that the original Cenotaph which was installed in 1987 has been removed. It will be restored and return to Navan in its new location along with new panels, in late September or very early October. Plans are now underway for the unveiling and rededication ceremony which is scheduled for Sunday afternoon, October 17 at 2:00pm. Please jot this down now on your calendars. It will be an impressive event which I don't think you will want to miss.

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www.melaleuca.com**NAVAN WILL BE 150 YEARS OLD IN 2011!!**

Dear Navan Citizens,

Next year, 2011, Navan will be 150 years old. We have set up a committee to initiate activities to celebrate this wonderful anniversary date. We are hoping that all residents, businesses, as well as community groups would get involved in planning or promoting one event to mark this year.

We have set up a logo contest and an essay writing contest with the winners to be announced at this year's Navan Fall Fest. The Navan 150th celebrations will be launched at the Navan Fall Fest in October of this year.

A calendar, to highlight Navan in 2011, will be created by Hal MacPherson. We need to know the date of your activity. That way we can put your plans on our calendar. We hope to have the calendar ready for sale for Christmas of this year. So get your event to Hal as early as possible. Email information to halnavan@Rogers.com

Your plans could include a hockey game, a tea, a dance, a bonspiel, picnic or BBQ, golf tournament, recognition dinner, winter carnival, etc. Many of the community groups are already doing some of these suggestions so all you would need to do would be to attach the tagline Navan @ 150 years! To your event name. We would ask for 10% of any of your profits at a 150th event. We are to use the money to restore the signs at the village entrances and to install a Town clock on Colonial to honour this year.

Please send in your information to Anne-Marie Potvin at anmariegp@msm.com 613-835-2757 or Sheila Minogue-Calver samc@travel-net.com 613-835-4296

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We also wish to place flags on the poles down Trim Rd. and Colonial. These flags announcing our big year will cost \$70.00 each. Anyone wishing to donate to the purchasing of these flags make cheques payable to NCA-150 (Navan Community Association). Drop cheques off at Bradley's Convenience Store please. Thanking you in advance for your generosity.

We wish to have a fun year celebrating our history as well as our future. Please get involved. Anyone wishing to help out is welcomed to the next meeting of the Navan @ 150 years committee at the Navan curling Club at 7PM September 30, 2010.

Yours truly, Sheila Minogue-Calver, Co-Chair and Anne-Marie Potvin, Co-Chair

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Navan Community Association **Youth Dances - Ages 10-14**

The Navan Community Association youth dances are for 10-14 year olds. They are held 7-10:30 pm the 2nd Friday of each month (except for July and August) with a \$5.00 admission at the Navan Arena. A door prize ticket is given to each entrant and at 9:30 pm a grand prize ticket will be drawn. (For dance rules go to www.navan.on.ca)

2010-2011 Dates:

September 10, 2010 - 1st Dance of 2010

October 8, 2010 - Halloween - Prize for best costume

November 12, 2010

December 10, 2010

January 14, 2011

February 11, 2011 - Valentine's Day Theme

March 11, 2011

April 8, 2011

May 13, 2011 June 10, 2011 - School's Out Theme

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NAVAN'S SPRING CLEANING is registered for neighbourhood clean sweep from September 15 to October 15 for more details available call Anne Marie Potvin at 835-2757.

Chair: Anne Marie Potvin 835-2757
 Secretary: Christina MacPherson
 Treasurer: Dale Borys
 Youth: Tom Devecseri
 Safety: Fred St Pierre
 Website: navan.on.ca

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QUOTE OF THE MONTH

Ten Commandments for Good Living

1. Speak To People there is nothing as nice as a cheerful word of greeting.
2. Smile At People it takes 72 muscles to frown, or 14 to smile.
3. Call People the sweetest music to anyone's ears the sound of his own name.
4. Be Friendly and helpful, if you would have friend be a friend.

5. Be Cordial speak and act as if everything you do a genuine pleasure.
6. Be Genuinely interested in people — you can like almost everybody if you try.
7. Be Generous with praise — cautious with criticism
8. Be Considerate with the feelings of others — these are usually three sides to a controversy: yours, the other fellows, and the right side.
9. Be Alert to give service — what counts most in life is what we do for others.
10. Add To This a good sense of humour, a big dose of patience and a dash of humility, and you will be rewarded many-fold.

NAVAN CO-OPERATIVE NURSERY SCHOOL



1279 Colonial Road
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The Navan Cooperative Nursery School has openings in our 2 day program, running Tuesday and Thursday mornings from 9 to 11:30 a.m. Student's ages 2 1/2 to 5 years of age are welcome. For more information, please visit our website at www.ottawakids.ca/ncns, or call Michelle at 613-835-3314.

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Thurs.	8am - 12pm/1pm-6pm	www.eastwaykennels.com	



HOME TIP OF THE MONTH

Summertime is the perfect time to give your vehicle an all-over cleaning. Here are some tips to get your car spic and span—without dropping the cash on a professional cleaning job.

Be prepared

- In addition to standard supplies, such as buckets, 100-percent cotton cloths, sheepskin car-wash mitts and a chamois, make sure you use a non-detergent, professional car-washing solution and wheel cleaner.
- One word: water. Make sure to use lots of it. The goal is to clean the finish without damaging it, as today's three-coat finishes are as thin as a typical business card. Ideally, dirt should float

off your vehicle without the need for any scrubbing.

- Never wash your vehicle in direct sunlight or right after it has been sitting in the sun. Hot metal and paint surfaces promote accelerated evaporation of water, which results in water spots.

Freshen up

- Those little tree air fresheners may lure you with their promise of an evergreen forest or a new car scent. However, the best solution for stale air is to let the air flow in. When you're cleaning the car, open the doors, remove and clean the mats, vacuum the floors and seats, and wipe down the interior windows.
- If scents of pets, fast food or cigarette smoke linger, try a product that you can spray directly onto the upholstery that absorbs odors rather than merely covering them up.

Get cleaning

- **Drain Holes:** Open up the body's drain holes—the rubber eyelets located underneath each fender, quarter panel and door. When plugged, the holes trap water inside the body and cause your vehicle to rust from the inside.
- **Wheels:** Use a pressure nozzle on your hose to remove as much dirt as possible from the inside of your wheel-wells. Using a separate rag reserved for the wheels, wash them with a car-wash solution. After rinsing, apply wheel cleaner. Do not apply wheel cleaner to hot wheels—the chemical reaction can stain them.
- **Roof and Upper Body:** Wipe the roof completely with the car-wash solution and then rinse. Wash small areas one at a time, taking care not to let them dry. Move on to the hood and trunk, rinsing them thoroughly. Be sure to rinse under plastic and chrome moldings, as dirt and debris collect there. Move on to the upper portion of your side panels, cleaning from the top down to the vehicle's belt line (top half of the lower body).
- **Lower Body:** Use a separate rag or mitt exclusively for the lower body. Abrasive bits in the mitt caught from washing the lower body can destroy your vehicle's finish.
- **Windshield:** Bug splats should be washed away as soon as possible since they can damage the car's exterior finish. Be sure to use a product made for vehicles. Household cleaners, such as dish soap, can damage the surface.

Drying

- **Don't drip-dry.** While it's the most common method used for drying a car, it can leave spots on the finish. Dry the car with a chamois to help prevent water spots. And be sure to dry the inside of your door jambs to help prevent rust.



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COMMUNITY ANNOUNCEMENTS



CONGRATULATIONS

We are very excited to welcome our 1st born grandson born Aug. 12th 2010, 7 lbs 7 oz, Lane Ralph Edwards. Jamie and Maida are very proud parents and the 1st day Lane was home Jamie had to show Lane the barn!

Looking forward to spoiling you, love Nana Helene and Granddad Brian



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8 Sept, 2010 - Navan Women's Institute

First meeting of the year is at the Lions' Den at the Navan Curling Club, 7PM, Wednesday, September 8. Shirley Browsey will inspire all with her weaving and spinning tales!



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12 Sept - Navan-Vars United Church – 84TH

ANNIVERSARY

Sunday, September 12th, @ 10:00am worship service. All welcome to attend the 84th anniversary service featuring the South Mountain Gospel Singers. Join us for a time of fellowship and lunch in the church hall following the service.



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13 SEPT - NAVAN CURLING CLUB REGISTRATION

The Navan Curling Club is holding its New Member Registration Night on Monday September 13th at 7 PM. The event is being held at the club (1305 Fairgreen Avenue). This invitation is open to all new curlers and current members alike.



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15 Sep 2010 - ORLEANS-GLOUCESTER CHRISTIAN WOMEN'S CLUB

Wednesday, at 9:30 - 11:00 a.m. Orleans United Church, 1111 Orleans Blvd.

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16 SEPT, 2010 - KNOTTY KNITTERS

Lessons start September 16 at 7PM at Terri's place in Navan. Please contact her at 613-835-1816

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Dr. David Douglas
Dr. Jean Cyr
Dr. Adrian Domen
Dr. Richard Smith
Dr. Dan Shock
Dr. Brianne Hagan

30 Sept, 2010 - Navan's 150th anniversary committee

The next meeting for the committee will be September 30th at 7PM in the Fair Board offices. Please come out and join us with your ideas. We are still in need of donations for pole flags to hang on Trim and Colonial. Each flag will cost \$70.00. Checks can be made to NCA-150. Please drop checks off @ Bradley's Convenience Store

COMMUNITY SEPTIC TANK PUMPING

Starting late September 2010 call Don Lawlor at 835-2436 or email don.lawlor@sympatico.ca if you are interested in arranging for this service.



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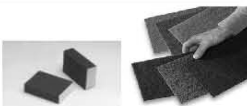



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1ST OCTOBER - LIONS FRIDAY NIGHT DINNER - see Lions section for details

2ND OCTOBER - ANNUAL FALL FEST - see last page for more details

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Sunday Worship

Trinity, Bearbrook: 8:30 a.m.

St. Mary's, Navan: 10:00 a.m.

St. Andrew's, Vars: 11:30 a.m.

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CUMBERLAND GRADS UPDATE

Competitive Junior A hockey is back for another season in Navan as the Cumberland Grads open the 2010-11 season. As one of the smallest communities in all of Canada with a Junior A team, Navan is fortunate to have this level of hockey played in the village. Just as excited as fans of the Grads, are the Grads players and staff themselves who will start the season with renovations completed at the Navan Arena. The Grads now enjoy a hockey headquarters comparable to any tier one junior team in the league with a proper sized dressing room along with an adjacent work out and laundry area. As well, the trainer's room has been turned into a bonafide tuck shop for the daily work load of skate sharpening and equipment repair.

Owner Steve Barban says that the Grads deserved reputation as a great development program has led to strong interest from talented players from as far away as California, Newfoundland and Florida. In years past, Barban says, the team would run into issues when prospective players asked about the facilities. "These are elite athletes who have the luxury of playing where they want, so we were losing the recruiting battle due to substandard facilities. No more. While we always work with a core group of local players, we also look to attract import players to ensure a competitive squad".

This year the Grads reputation has paid off with a full import camp in June where General Manager Paul Flindall was able to sign players from Newfoundland, Michigan, Sudbury, Montreal and Nova Scotia to complement an already strong local core. Flindall notes that although the team will be very young this season in comparison to other CHL teams; the compete level will be very high.

The Grads boast two players this season already signed to four year scholarship commitments at NCAA D-1 schools. Michael Borkowski will toil for Colgate University while Kevin Tansey will play for Clarkson University when their Grads careers are over. Look for NCAA scouts to be in our building all winter as they look to recruit other Grads players for future seasons.

The league has also undergone a major facelift this season with an elevation to tier one status. With a new moniker, the "Central Hockey League" has mandated that teams now provide players with full equipment, save for skates. There are also minimum requirements for number of practices per week as well as meals for players after road games. Furthermore, all teams must now copy the Grads model of providing highway coach transportation for any road game in excess of 70

kms. As well, all teams have purchased new professional recording equipment for this season to offer all games live on Pay per View through the internet. An added bonus will be highlight packages and in-game interviews. This way Grads fans can continue to follow the home team when they play on the road.

Look for continued coverage of the Grads here in the Nugget...and see you at a game!

Submitted by Grads staff

Ghyslaine Lalonde, Investment Advisor
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NAVAN/VARS UNITED CHURCH

1129 Smith Road, Navan Village

Minister: Rev. Bill Brown * Sunday Worship 10:00
a.m.

A friendly greeting awaits you!

Wheelchair accessible

www.navan-vars-united.org (613) 835-4030

For information regarding Navan Community Sunday
School

Contact: Debbie at (613) 835-3592

The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society. Articles or announcements must be submitted by to margaret.macneill@sympatico.ca by 20th of the month to be included in next month's issue of the newsletter. *Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.*

We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$40. Please call Marg MacNeill if you are interested

What a wonderful place in which we have chosen to live.

All issues of the Navan Nugget can be found on our [website at navan.on.ca](http://navan.on.ca)



REMEMBER TO ATTEND

Navan's 2nd Annual Fall Fest - Saturday, October 2nd/ 2010

To celebrate fall, promote community involvement and enhance the appeal and appearance of the village a "Fall Fest Day" is being planned again for Saturday October 2nd – 12:00 to 4:00 pm – in the Exhibit Building on the Navan Fair Grounds.

"Fall Fest Day" will feature a bustle of activity, food, and fun for the whole family. Scarecrows/Pumpkins/Harvest themes – EVERYWHERE!! Let your imagination soar and participate in our community fall decorating contest. We hope to see businesses and residences in the Village put up decorations galore! Start thinking on how to make Navan festive for the celebration of "Autumn".

Children's Activities – Crafts, prizes and fun activities are in store for the kids; face painting, potato sack races, 3 legged races, tug of war, and so on.

Other Activities - Craft displays, demonstrations, chili cook off contest and tasting, carved pumpkin judging. Baked goods, garden produce, jams and preserves, as well as hotdogs and drinks will be available.



New this year is a **Barn Dance** in the evening hosted by C.T.A.S. – details to come. Also the rescheduling of the Navan Fair **Bed Race** competition that had to be cancelled because of poor weather. Contact the office at navanfair@bellnet.ca or call 613-8352766.

There will also be the new playground equipment park dedication by the Navan Community Association.

"Fall Fest Day" is proudly sponsored by the Women's Institute, Navan Community Association, Navan Lions Club, and the Fairboard. You may contact juanitavetter@sympatico.ca or call her at 835-1744 for more information

There will be a drop box for completed entries at J.T. Bradley's along with additional entry forms. (Please complete the ENTRY FORM below)

Name: Email or phone number

Address:

CHECK: () house decoration (judging to take place last week of September)

() pumpkin carving

() crock pot chili cook-off

	Domaine Perrault Winery The Perrault Family welcomes you to our winery located South of the charming village of Navan. Come and taste a great selection of wine at our complimentary tasting bar! We offer whites, reds, a rosé and a wonderful dessert wine! Open Friday to Sunday, from 11 p.m. to 5 p.m. 613-835-3925 1000 Perrault road, Navan, ON domaineperrault.ca	
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