

MARCH 2010

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

We will know on MARCH 15TH if we get chosen. As most of you already know, the Navan Memorial Centre is registered in the Kraft Hockeyville 2010 contest. If Navan wins, the arena would receive \$100 000 for upgrades, an NHL pre-season game, a CBC Hockey Night in Canada broadcast and the prestigious title of Kraft Hockeyville in Canada. The first stage of the competition is completed as hockey related stories were submitted in an attempt to be chosen as one of the twelve finalists in Canada.

The Kraft Hockeyville selection committee is still in the process of calling, visiting and taking footage of the selected communities so be sure to watch the Kraft Hockeyville 2010 Top 12 Show on March 15th, 2010 at 9:00pm on CBC to see if Navan made it as a finalist. Voting will start on March 15th to 21st, 2010 inclusively. You can vote as many times as you would like, online at www.cbc.ca/hockeyville, by telephone or by texting.

For more information, contact us at navanhockey@hotmail.com or joins us on Facebook: Hockeyville 2010-Navan Memorial Centre.

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NOTABLES (complements of the Navan Women's Institute)

John O'Hara "The Horseman"



Return with us now to those thrilling days of yesteryear as Navan welcomes our very own Lone Ranger! Perhaps you may have noticed the solitary horse rider on the streets of Navan these past 2 months. John O'Hara stables his horses at the Smith Farm in Navan and exercises them through our streets. He is hoping to gather customers for his carriage rides in the Market area starting from George and Sussex behind The Bay. John can be found most mornings at J. T. Bradley's Convenience Store. He loves to tie his horse up to the porch and go in for a coffee and a chat with the locals. His horses are very well trained and patiently wait for him. My favourite is the white horse, Queenie.

John hails from Carleton Place. As a teenager he volunteered at Pinto Valley, then went on to be a trail guide at Sundance Ranch. In training to become a Horse Whisperer, John's quiet ways and love and understanding of horses will make him an excellent one. He enjoys his trade and is offering carriage rides for Navanites. His most popular tours are the local history ones and those of the restaurants and bars in the Market Area. Anyone wishing to contact John can do so at this number 613-325-1966. He will gladly tailor a personal tour for you.

His rides through our village always bring a smile to my face. Good luck and "Hi Yo Queenie Away!!"
2010 Horse Carriage Rates = 1 hour \$90.00, ½ hour \$50.00 and 15 minutes \$30.00

Sheila Minogue-Calver
Navan Women's Institute



NAVAN FAIR NIGHT AT RIDEAU CARLETON

Friday, March 26th is Navan Fair night. Everyone is welcome to join us in the fun. Arrangements will be made to have a bus leaving from the Arena at 6:00pm. \$40 per person – Call the fair office to reserve your ticket TODAY 613-835-2766 – tables of 6 are available with advertising in program SEE AD AT END OF THIS NEWSLETTER



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ONTARIO ASSOCIATION OF AGRICULTURAL SOCIETIES – YOUTH POSTER COMPETITION “Original hand made design”

Two classes: a) junior up to and including Grade 6
b) Youth - Grade 7 to 12 inclusive

Rules:

- Name and date of fair clearly shown - August 12 to 15, 2010
- Must be hand-drawn
- Poster size: min: 8 ½” x 11” max: 11” x 17”
- Picture mounted on Black Art Card or Bristol Board showing a 2” boarder on 4 sides
- Judging standards: Appearance 20points, Attract & hold attention 30points, Theme clear “A Mooving Experience” 40points and quality materials/end product 10points
- Winning posters eligible for District competition – possibly on to Provincial
- Prizes 1st \$50, 2nd \$30 and 3rd \$10
- Entries must be received at the Navan Fair office by August 6th, 2010



NAVAN FAIR PARADE....SATURDAY 14TH AUGUST, 2010

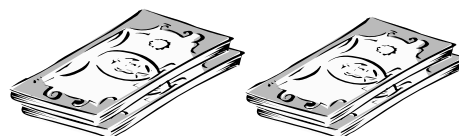
Would you like to join the parade?

We are looking for more participants to make it bigger and better again this year.

1. Enter a float, a horse, a buggy, or anything your imagination can come up with.
2. Dress up your children, their bikes, your pets, and win a prize.
3. Anything antique, be it tractor, car, fire-engine, farm machinery etc:

This year’s theme is, “A Mooving Experience”.

If you are interested, please contact Eleanor Hodges by phone at 613-833-2792, or e-mail her at ehodges@xplornet.com a.s.a.p. but at the latest Friday 6th August, 2010.



Navan Fair Parade is looking for sponsors to help support the costs associated with putting on this important event in August.

If you feel that you could help us out, or know someone who may be able to, you will be aiding in covering the cost of hiring bands, clowns etc: that makes this parade so successful.

You can receive a tax deduction for a donation or a sponsorship, depending on the amount, could get you free passes, free advertising in the fair book to the Fair, etc.

For more details on sponsorships and levels, go to www.navanfair.com. To make a donation or become a sponsor, please contact either: Fair board office at 613-835-2766, or navanfair@bellnet.ca Or Eleanor Hodges at 613-833-2792, or ehodges@xplornet.com

Thank you.

President: Mario St. Denis
Admin Coord: Marg MacNeill
1279 Colonial Rd., Navan ON K4B 1N1
Tel: 613-835-2766 Fax: 613-835-4008
navanfair@bellnet.ca or www.navanfair.com



Happy St Paddy's Day

NAVAN LIONS CLUB

(meet the 2nd and 4th Monday of the month
at the Navan Curling Club)

The Navan Lions have donated to Lions Club International Foundation (LCIF) where every dollar goes to the relief. When disasters strike, LCIF and Lions from around the world are there to support one another.



After the earthquake struck the Caribbean nation of Haiti, LCIF and Lions worldwide immediately responded. Through the generosity of multiple districts, districts, clubs and individuals, more than US\$2 million has been mobilized in the past month to ensure immediate needs are being met and long-term reconstruction is a top priority. Currently, Lions are focused on immediate needs, such as shelter, food and water. But initial reports from the Lions of Haiti for long-term reconstruction focus on building a school and an ophthalmic clinic. This is similar to what Lions have been done for reconstruction following other catastrophes.



Anyone who would like to contribute via the LCIF can contact the Navan Lions Club and we will make sure every dollar gets to Haiti via the local Lions Clubs.

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ATTENTION CURLERS AND SILENT AUCTION GOES

The Lions 9th Annual Bonspiel comes up on February 26th and 27th, 2010. 24 teams again. Why not think about it. Also there will be a silent auction of about 50 items that is open to the total community and the curlers – come on Saturday pm and make a bit. More details in February's Nugget.

President: Lion John Warren 613-744-3804

Secretary: Lion Suzanne Boyer

Treasurer: Lion David Grattan



Prof. David Jones

BSc, PhD, FRAS (Hon)

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Contact Information

Phone: 613-429-0087

Email: daijones@rogers.com

HOME TIPS OF THE MONTH

Make glass coffee pots crystal-clear

use fresh lemon juice mixed with salt or baking soda, then apply to a sponge and rub out dirt and stains. Rinse thoroughly.

Make appliances showroom shiny

use club soda by applying with a clean, dry cloth, then buff.

Make yellowed cottons snowy white

fill your washing machine using the recommended temperature and setting for items you want brightened, then add ¼ to ½ cup automatic dishwasher detergent. Agitate several minutes, add your laundry, and then soak for at least 30 minutes. Then was as usual.

Make wood floors look freshly refinished

choose a crayon that matches your floor's color, fill in scratches, and then head with a blow-dryer set on low and buff with a clean rag.



NAVAN COMMUNITY ASSOCIATION

(meets the 3rd Monday of every month at the Navan Memorial Centre Hall at 7:30 pm)

NCA ANNUAL GENERAL MEETING

APRIL 19TH

All existing members as of March 16th will be able to vote for the new executive consisting of:

Chairperson Anne Marie Potvin

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

Safety: Fred St Pierre

Directors: Don St Denis, Fred Hyde,
Ray Vetter, Phil Grandmaitre

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UPDATE ON THE NAVAN CENOTAPH RESTORATION AND RELOCATION PROJECT

The Committee in charge of this project has been very busy these past few weeks. The following residents have been appointed to the committee. Honorary Chairperson, Sqn. Ldr. Eric Smith DFC (Ret'd), a local and native Navan resident, Jim Dark a local architect, and Andrew Davies who will represent the Cumberland Township Agricultural Society. After receiving cost estimates from the Cenotaph restorer and the landscapers it has become evident that this project will cost approximately \$100,000 after all taxes are included. The preparation of a Grant Application to the Cenotaph/Monument Program of Veterans Affairs Canada is well underway and will be submitted by the end of March. A community fund raising campaign has just begun and we have every reason to believe that it will be successful. The Navan

community has been involved in several major fund raisers over the years and it has always risen to the occasion. Your financial assistance in this campaign will be required to ensure that all those who served our country in the past, those who continue to serve, and in particular those who made the supreme sacrifice, are forever honoured and remembered. To back track just a bit, this project will relocate the present Cenotaph from in front of the main entrance to the Arena to the grassed area just east of the Arena's front parking lot. The restored Cenotaph will be installed on land made available as a result of a recommendation by the Board of Directors of the Cumberland Township Agricultural Society which was subsequently approved by its membership at the Annual General Meeting late in January. The whole Navan Community and indeed our entire extended community will be forever indebted to the C.T.A.S for this most generous support of this project. Stand by for future updates of the Navan Cenotaph Restoration and Relocation Project which will be appearing in the Nugget. This project is under the sponsorship of the Navan Community Association which meets in the Navan Arena Hall, the third Monday of each month. Everybody is welcome to hear about interesting events and happenings in Navan.

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President

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MEMBERSHIP

This is a reminder that in order to have a vote at the up coming NCA annual meeting you must have a current paid membership in the NCA. If you do not have a card that has a JUNE 2010 expiry you can contact me at rayvetter@yahoo.ca or you can get one the night of the annual meeting. The cost is \$5.00 and each adult member of a household may acquire a card. A strong membership helps to ensure a vibrant and successful association. Thank you for your interest and support! Ray Vetter Membership committee.



Claire Scott
silknaills@rogers.com
Phone 613-688-1556

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NCA YOUTH DANCE

March 12 (7-10:30pm) DANCE CONTEST. Have the best dance routine to the first 30 sec. of fire Burning by Sean Kingston and win. Single or group teams.

TICKET INFO: The NCA youth dances are for 10-14 year olds. Presale tickets may be obtained 6:00 – 6:30 pm the Thursday before the dance or after 8:30 pm Friday on the night of the dance in the Navan Arena hall. (Navan residents may also purchase tickets at the NCA monthly meetings.) GOTO www.navan.on.ca for full details.

Chair: Anne Marie Potvin 835-2757

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

Safety: Fred St Pierre

Website: navan.on.ca



Navan Shotokan Karate Club
Practice at the Navan Arena
Tuesdays at 7:30 pm and
Saturdays at 9:00 am
For more info
Michel Struthers
613 - 835 - 3762
struthers@rogers.com
www.canadashotokan.org

QUOTE OF THE MONTH

"Spring is when you feel like whistling even with a shoe full of slush." - Doug Larson



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Kids Korner

Spring Song

(tune: Are you Sleeping)

It is spring time

It is spring time

Winter's gone

Winter's gone

Summer time is coming

Summer time is coming

It won't be long

It won't be long

Spring Science Activity

Cut some small branches from apple trees.

Put them in water and set on a sunny window sill.

They will be forced to leaf out.

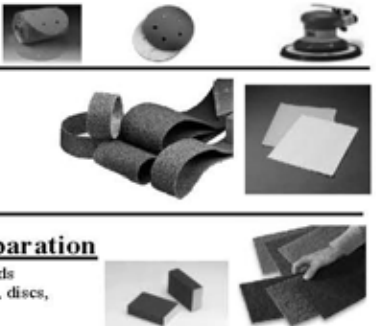
You could use forsythia, peaches, pears or

any bush or tree that goes dormant during winter.



**Michel Veillette
President**

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sponges, etc...

Navan Nursery School Fall 2010**Registration Evening**

Fall 2010 registration on Monday March 29th from 6:00-7:30.. Navan Nursery School is a non-profit preschool offering morning programs for children 2 1/2 - 5 years of age from 9:00-11:30.

The school offers your child a warm and nurturing learning environment, age appropriate activities and outings. Opportunities to develop social and cognitive skills. The school staff are experienced professionals in early learning and the schools teaching lead is a registered member of the College of Early Childhood Educators of Ontario with 20 years of teaching experience.

For more information please visit our website www.ottawakids.ca/ncns Space is limited.

We are located in the Navan Fair blue building at 1279 Colonial Rd, next to the arena.

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COMMUNITY ANNOUNCEMENTS**NAVAN MINOR FASTBALL REGISTRATION**

March 9th 6:30pm -8:30pm Navan Arena Lobby – Ages 5-18gmail.ca

Over 18 can register with Orleans Fastball www.oafa.org

Tree Stump Grinding

For removal of unwanted stumps

Call for free estimates

Doug Smith 613-835-2695

Heritage Students Giving Computer Course to Seniors

Navan Women's Institute is sponsoring this computer literacy course for Seniors. The grade eight students will be teaching their "students" the basic and not so easy techniques on the use of a computer. There are 12 registered to take the

course beginning in February 'til the end of March. Good luck to all students and happy tapping!!!

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Congratulations Rachael & Joey Charbonneau!!!

Long time resident of Navan, Rachael Bourgeois married Joey Charbonneau on February 2, 2010 in Punta Cana, Dominican Republic surrounded by family and friends. Their beach wedding was followed by a private beach reception at the beautiful Melia Caribe Resort.

**THE CUMBERLAND TOWNSHIP HISTORICAL SOCIETY**

is having its regular meeting, Wednesday, March 4 at 6:45pm at the Ottawa Police Station, 3343 St. Joseph Blvd. (just east of 10th Line) Come and hear guest speaker Roger Laporte of Laporte Flowers and Nursery who are celebrating their 50th Anniversary this year.

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GLOUCESTER HORNETS SOCCER REGISTRATION

You can also register on-line and get further information by visiting www.gloucesterhornets.ca or by calling the Clubhouse at 613-837-7015. We look forward to seeing you for another great season of soccer.

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FUNDRAISER FOR Sexual Assault Support Centre of Ottawa (SASC) PROJECTS

Sheryne Morcos, is a volunteer at the Sexual Assault Support Centre of Ottawa (SASC) and every year for the last three years, Sheryne has been involved with the annual production of Eve Ensler's The Vagina Monologues to help raise funds for SASC. 90% of the proceeds are directed to local charity organizations that are mandated to work towards ending violence against women and girls like the SASC and the Ottawa Rape Crises Centre. 10% of the proceeds will go to the "Vday Spotlight Campaign". This year's spotlight is raising awareness and working to end violence in the Democratic Republic of Congo.

There will be three performances at the National Gallery of Canada:

Friday, February 26 at 8pm

Saturday, February 27 at 4pm

Saturday, February 27 at 7:30pm

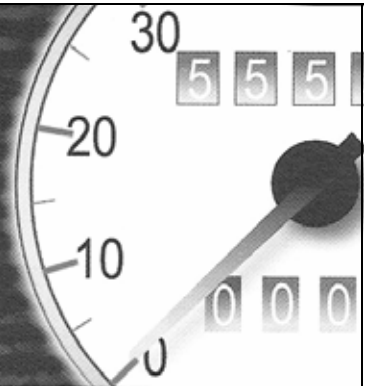
The show is funny, dramatic and moving. There will be door prizes and an auction too!

If you'd like to purchase a ticket, or make a donation, you can contact Sheryne by e-mailing Sheryne.MorcosMorin@international.gc.ca. Tickets are only \$20 and the money goes to a great cause!

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NAVAN WOMEN'S INSTITUTE - MEETINGS

Our Branch will be meeting in the Lions Den at the Navan Curling Club every second Wednesday of the month at 7:30. Our programme consists of the following speakers.

For more information please contact Sheila @ 613-835-4296. New members are very welcome.

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Tues.	8am - 10am/4pm-6pm	Sat.	8am - 12pm/ Closed
Wed.	8am - 10am/4pm-6pm	Sun.	8am - 10am/4pm-6pm
Thurs.	8am - 12pm/1pm-6pm	www.eastwaykennels.com	



Dorothy Poirier and Lola Larmour served tea and coffee at a reception held in honour of Julie Bourgeois, our Federal Liberal Candidate for Glengarry- Prescott-Russell.

PARISH OF BEARBROOK, NAVAN & VARS

Priest in Charge: Rev'd. John Blakley

Sunday Worship

Trinity, Bearbrook: 8:30 a.m.

St. Mary's, Navan: 10:00 a.m.

St. Andrew's, Vars: 11:30 a.m.

For further information please call 613-835-2200

or bearbrook_vars_navan@yahoo.ca

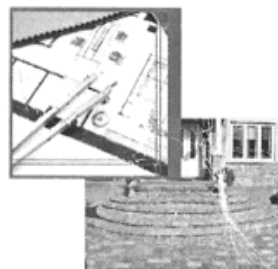


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 Web: www.laurascorner.ca

NAVAN/VARS UNITED CHURCH

1129 Smith Road, Navan Village

Minister: Rev. Bill Brown * Sunday Worship 10:00
a.m.*A friendly greeting awaits you!*

Wheelchair accessible

www.navan-vars-united.org (613) 835-4030For information regarding Navan Community Sunday
School

Contact: Debbie at (613) 835-3592

We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$30. Please call Marg MacNeill if you are interested

What a wonderful place in which we have chosen to live!

All issues of the Navan Nugget can be found on
our website at navan.on.ca

What a wonderful place we have chosen to live in!

The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society. Articles or announcements must be submitted by to margaret.macneill@sympatico.ca by 20th for next month's newsletter. *Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.*

Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.

CUMBERLAND TOWNSHIP AGRICULTURAL SOCIETY
NAVAN FAIR FUN SPIEL

The **Navan Fair Board** would like to invite your business to join other business in the Navan area for a **fun filled** day of **curling**. This event is also a great opportunity for your business to network with others in our community.

When: Sat, April 10 (10:00 am to 6:30pm) Social to follow

Where: Navan Curling Club

What: Fun filled day curling and networking within your community

Who: Four people (skill optional)

How: \$140.00 entry fee for your team and an item for a silent auction.

Included in your entry lunch and supper will be provided

If you are unable to attend this event you can sponsor a team in your business name and we will put together a team to represent your business. The cost to sponsor a team is \$100.00.

For info contact Ivan Matthews 613-835-3363

Email rosemeadfarm@hotmail.com



Friday March 26th, 2010

Join us on Navan Night and help raise funds for the upgrades to the Navan Fairgrounds.

All Navan groups or businesses participating will receive the following complimentary advertising;

- a race dedication in our race program (first-come first-serve basis)
- your business name on the race program cover as a sponsor of Navan Night
- an advertisement in our race program (ALL AD COPY MUST BE SENT TO LISA BY MAR 19th)
- your business or group name broadcast on all televisions located throughout our facility and at all off-track betting sites throughout Eastern Ontario and simulcast throughout North America
- your business name repeatedly displayed throughout the evening on our in-field tote board
- a welcome message from our track announcer
- the opportunity to display business materials, pamphlets or brochures, in our dining room entrance

Dinner tickets cost \$40.00 per person and are available through Marg MacNeill at 613-835-2766 or navanfair@bellnet.ca

Ticket includes; the all-you-can-eat buffet, coffee or tea, a race program, a \$5.00 SLOTS coupon (Guests MUST have valid Government issued PHOTO ID to cash this coupon), a \$5.00 Dining Room coupon valid until November 30th, taxes and gratuity.

Any business or groups who would like a souvenir of the evening can have a group photograph taken with the winning horse of their dedicated race for only \$20.00. Please let Lisa know in advance if a group if a photo is desired.

Don't forget that all guests attending MUST be 19 years of age or older and MUST bring valid Government issued photo identification to enter the SLOTS 7 days a week & to enter the Dining Room Monday - Saturday.

Children of all ages welcome every Sunday through the Family Entrance from 11am - 11pm.

Guests under 26 years of age wishing to enter the SLOTS will be required to present a 2nd piece of ID with a signature.

Get your heart racing on March 26th, Navan Night at the Races!



"Opening doors to make believe"

Please join the **NAVAN YOUNG PERFORMERS** as they present:

Lightning Larry

and

Fussin an' A-Feudin'



An evening of comedy and musical silliness that is sure to bring your feet to stompin'!

WHEN: 6:30 p.m., *Saturday, APRIL 10, 2010*

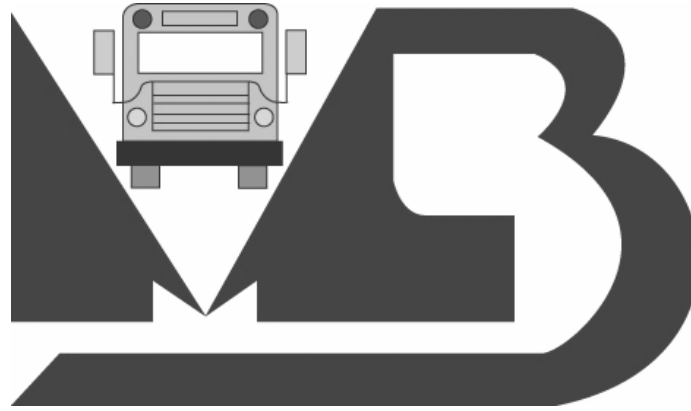
WHERE: Black Box at the Shenkman Arts Centre, Centrum Blvd, Orleans

COST: \$5.00 per person (children under 10 FREE)

(Tickets can be purchased at Bradley's Convenience Store or by calling
Debbie MacDonald at 613-835-3592)

For more information, visit our website www.navanyoungperformers.ca or contact us by email at navanyoungperformers@hotmail.com.

Hope to see you all there!



WORK OPPORTUNITY

ML Bradley in Navan is looking for additional school bus drivers for the current school year. If you know anyone who is looking for part time work close to home and maybe interested in driving a school bus contact ML Bradley at 613-835-2488. To find out more about ML Bradley visit <http://www.oreansonline.ca/MLBradley>

Ghyslaine Lalonde, Investment Advisor
Private Investment Advice



Waterhouse

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ghyslaine.lalonde@td.com