

FEBRUARY 2010

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

January is quiet month everyone is getting over the holidays and planning for the warmer weather. At JT Bradley's you can see that is really happening.



Leaders of the pack



KRAFT HOCKEYVILLE 2010 BID UPDATE

I would like to start by thanking all of you that submitted your most precious hockey stories and photos to help us become one of the 12 finalists. The selection panel chooses 2 top communities in Ontario and 1 wild card. We are 3rd in submissions with 125 stories so now we have to wait and see if they will chose our community. We will find out in February if we made it. If we do, the next step will be to show your support by decorating your front lawn and the streets of Navan with 'Navan is Hockeyville' signs, etc. for all Canadians to see when CBC comes and shoots a video. A show of the finalists will be aired on CBC March 15th at 9pm. We can start voting for Navan from March 15th to 21st, 2010

inclusively. You can vote as many times as you would like online, telephone or text.

If you have time to help us on our quest to the Kraft Hockeyville title, we are looking for volunteers. We also need sponsors or donations to help cover the costs of banners, signs and 'Navan is Hockeyville' shirts. If anyone is interested in composing the music and signing a Navan is Hockeyville song for the CBC video please let us know a.s.a.p. It would be nice to have our own song rather than just plain music. Please email us to further discuss your involvement.

For more info on how to vote, please go to www.cbc.ca/hockeyville and to keep you posted, joins us on Facebook: Hockeyville 2010-Navan Memorial Centre. A great newspaper article on the hockey history in Navan was written by Fred Sherwin; see the link <http://orleansonline.ca/pages/N2009122301.htm>

A video was made that you can view on You Tube, just search for Navan is Hockeyville.

If you have any questions, do not hesitate to contact us at navanhockey@hotmail.com

Thanks again for all your help.

Go Navan Go!

Lyne Proulx
Coordinator

NOTABLES (complements of the Navan Women's Institute)

NAVAN TURKEYS IN AND AROUND TOWN



These wild turkeys have been spotted all over our village lately. The flock has about a dozen turkeys trotting the yards and streets of Navan. They are quite shy and run away at the slightest noise. If you spy these birds let us know when and where by emailing your sightings to

samc@travel-net.com I'll let you know more, in the next edition, about the travels of these hungry birds!!!

Sheila Minogue-Calver
Navan Women's Institute



The Board of Directors of the Cumberland Township Agricultural Society would like to thank the members who took time out of their busy lives to attend our Annual General Meeting on Thursday, January 21 at the St Mary's Hall. We were honoUred to have the Ontario Association of Agricultural Society's President Meredith Brophy as our guest speaker.



Awards or Recognition was given to the following people:
Sam & Janet Rathwell Award – presented by Don Rathwell to Wyatt McWilliams family for their demonstration of exemplary teamwork, spirit, and creativity at the Navan Fair, for the CTAS and within the community.



Ontario Association of Agricultural Societies - was awarded to Tim McNeely by the CTAS Board of Directors for his outstanding contribution to the fair since he was a young lad, to become our President for 2001-02 and continues to support behind the scenes.
Designated Youth Volunteer – Morgan Davies was the recipient for her extensive volunteer work at the Navan Fair and within our community.

Volunteer of the Year – Kevin Lawlor was recognized for his positive influence within the community and the Navan Fair. Unfortunately he was not with us to accept a special award for his unique skills.

Acknowledgement was made for awards that were presented during the fair:

Culinary Arts highest points

1st Dominique Deschamps 2nd Julie Charlebois

Floriculture highest points

1st Guylaine Lemieux 2nd Julie Charlebois

Homecraft highest points

1st Lucie Mulder 2nd Denise Shermin

Past President's Award – New Exhibitor highest points

Lisa Fournier

Lloyd Morison Award – Best Float

Cumberland Township Historical Society
 CTAS President Mario St Denis made a thank you presentation to leaving director. Below is Lucie Savage the founder and former Alpaca Director who was instrumental in establishing and growing the Alpaca show to attract exhibitors from all across Canada. In 2009 we had over 50 farms represented with 90 animals and 80 fleece entries.



Our Second VP Wendy Chretien along with John Edwards our Ambassador had the honour of presenting certificates to very deserving official Photographers of the Navan Fair for many years. Visit our website and enjoy the pictures.



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The theme for 2010 65th Navan Fair will be "Mooving Experience" so get your thinking caps on for your entries in all divisions but don't forget the Parade. If you are interested in joining any of these committees feel free to call the Fair Office at 613-835-2766.

President: Mario St Denis
 Admin. Coord: Marg MacNeill
 1279 Colonial Rd, Navan, ON K4B 1N1
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QUOTE OF THE MONTH

"If a man is called to be a street sweeper, he should sweep even as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry. He should sweep so well that all the hosts of heaven and earth will pause to say, here lived a great street sweeper who did his job well."

Martin Luther King, Jr.

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NAVAN LIONS CLUB
 (meet the 2nd and 4th Monday of the month
 at the Navan Curling Club)

The Navan Lions 9th Annual Curling Bonspiel and Silent Auction is on Friday Feb 26th and Saturday the 27th at the Navan Curling Club. The Auction is open to the entire community; you do not have to be a curler. The curling starts at noon on Friday the 26th and goes until 5:00 pm. It starts up again at 8:30 am on Saturday, when our every own Blair Buchanan will pipe the curlers on to the ice. There will be 24 teams at the Bonspiel again this year. Auction items can be viewed in the Lions Den downstairs from 9:45 am to 3:30 pm. Come and see if we have something for you. Anyone interested in donating an item to the auction, please do not hesitate to call Lion David Grattan at 835-2770 or contact any Lion. The Lions of Navan would love to see lots of Navanites at eh Curling club for this event which is one of your major fundraisers of the year

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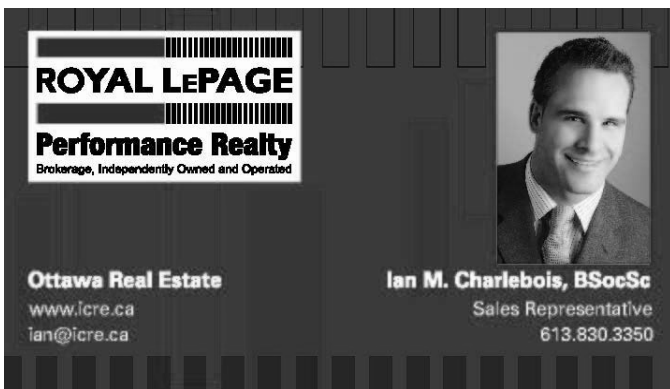
Committed to Quality Products and Support

Here are just some other organization, agencies, groups and bursaries we support on annual bases for close to \$25,000 of your money that we have raised together: Herb Deavy Bursary (2 in 2009), Hilda Edwards Award for music, Cumberland Resource Centre, Sarsfield Nursing Home, Heart and Stroke, Cancer Society, Foster Parents, Operation Go Home, Elizabeth Bruyre and Hillier Fund just to mention a few.

President: Lion John Warren 613-744-3804

Secretary: Lion Suzanne Boyer

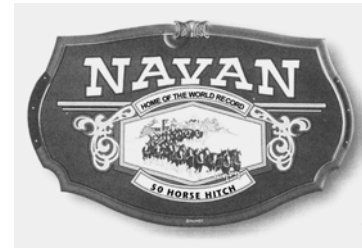
Treasurer: Lion David Grattan

HOME TIPS OF THE MONTH

Q-tips® are a great tool to use anywhere around the house, from cleaning to touching up in those tiny hard-to reach places.

- Keep your home office in good condition. Use a moist Q-tips® cotton swab to clean the edges of the computer screen and between the keys on your keyboard.
- Remove dust from picture frames, scroll-work and statues with a Q-tips® cotton swab.
- When you bring out the good silver for a special occasion, Q-tips® are ideal for applying polish to small crevices.
- Q-tips® cotton swabs are the perfect tool for applying touch-up paint to cabinets or walls and putting wood stain on scratches in furniture or floors.



NAVAN COMMUNITY ASSOCIATION

NCA WEBSITE:

Have you visited the NCA website lately? It seems that many people do as the site has hundreds of hits every month. But the site is now a few years old and we would like to give it a facelift! We would appreciate your input as to what you would like to see on the site. Contact us with your ideas. The NCA is presently looking for local talented people to help with the redesign of the website. Our focus would be different pictures of the area (that we can supply), an enhanced NCA letterhead and a better way of showing the links. It could be a great project for a high school student looking to complete volunteer community hours. All are welcome to apply and anyone interested in helping out would be greatly appreciated. Please submit your ideas to anmariegp@msn.com.

We are also interested in anyone who is interested in becoming our webmaster and helping us design and exciting website.






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OUTDOOR RINK:

The NCA received no applications to maintain the outdoor rink this winter and therefore was unable to do so. With plans underway to have the ice surface at a different location with better watering facilities and easier access for next year, we can only look to this year as being a transition phase with better results next year.

Colonial Veterinary Hospital
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Dr. Jackie Pelot Dr. Kathleen Hering

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ATTENTION ALL SPORTS GROUPS, CLUBS, ASSOCIATIONS

The NCA would like to collect names and contacts for sports groups, organizations, clubs etc to create a listing on the Navan website and in the Navan Nugget. Under Community Announcement we could advertise your meeting dates, registration or fundraising initiatives. Anyone interested please send your emails to Margaret.macneill@sympatico.ca.



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TRANSPORTATION:

Christina MacPherson has been working diligently for protect our bus service in Navan. She has been interviewed by CTV and with the support of many NCA members has collected over 270 names on a petition which has been given to Councilor Rob Jellett. Note the minutes of the Navan Community Association are posted on our website for your information.

www.navan.on.ca.

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NCA YOUTH DANCE

2009-2010 Dates (7-10:30pm): February 12, March 12, April 9, May 14 and June 11.

TICKET INFO: The NCA youth dances are for 10-14 year olds. Presale tickets (300 limit) are now available for purchase by the general public for any or all the season's dances. They may be obtained 6:00 – 6:30 pm the Thursday before the dance or after 8:30 pm Friday on the night of the dance in the Navan Arena hall. (Navan residents may also purchase tickets at the NCA monthly meetings.) GOTO www.navan.on.ca for full details.



Carleton Regional Snowmobile Club
website: www.carletonregionalsc.ca
e-mail: crsc13@hotmail.com

Marcel Mantha	President	(613) 833-0007
Charles Brazeau	Vice-President	(613) 841-3093
Debbie Dandy	Treasurer	(613) 835-2375
Eveline Mantha	Secretary	(613) 833-3533
Art Mackie	Trail Coordinator	(613) 822-1482
Wayne Dandy	Trail Coordinator	(613) 835-2375
Jennifer Haight	Event Coordinator	(613) 822-3629

P.O. Box 172, 1769 St.Laurent Blvd., Ottawa, ON K1G 5X7

THE FRIENDS OF THE MER BLEUE are pleased to announce that applications are being accepted for the first round of the Host Community Fund (HCF) for 2010. The Host Community Fund (HCF) was created to capitalize upon the work that has taken place over the past several years between Waste Services Inc (WSI) and The Friends of the Mer Bleue Inc (FOMB) a not for profit community organization. The fund is intended to provide financial support or assistance for community projects that enhance and improve the community and its public spaces. The fund is under the authority of the Public Advisory Committee (PAC), a committee that reviews the work and of WSI, but is administered for them by The Friends of the Mer Bleue. Recognized community organizations within the identified Host Community geographic area are eligible to apply. Requests for more information on the fund and/or the application process can be sent to FOMB.Mail@gmail.com.

CITY NEWS

Summer Student employment program is now accepting applications until Feb. 22nd – City website under “Summer Student”

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NOTE

Fees are waived for anyone planning events for fundraising for the Haiti disaster.

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Quest for New Farm Value - Value Plus™ 2-Day Workshops

Are you looking for or do you have a business idea for your farm? Not sure how to make your idea a reality? The City of Ottawa's Rural Affairs Office, along with the Ontario Ministry of Agriculture, Food and Rural Affairs (OMAFRA) are offering a workshop to assist. Over two days, the participant will identify their specific value-added idea, put their idea into action, evaluate market channels, the importance and components of a business plan, explore how to finance the stages of the business and manage risk.

Dates: Tuesday February 23 and Tuesday March 2

Times: 9am to 4pm each day

Location: West Carleton Community Complex - Council Chambers, 5670 Carp Road, Kinburn

Who should attend these workshops?

Farm and rural based entrepreneurs who want to learn how to tap into new market place and value added opportunities.

This training opportunity is eligible for cost-share funding through the Growing Forward Business Development for Farm Businesses program. For more information on program requirements, please visit <http://www.omafra.gov.on.ca/english/about/growingforward/busdev.htm> or call 1-877-424-1300.

Register By: February 16, 2010

www.omafra.gov.on.ca/english/busdev/conference/questions/ottawa.htm or contact ruralaffairs@ottawa.ca



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Workshop on Crop Planning for Fruit and Vegetable Growers – February 20th

Canadian Organic Growers (COG) presents a full day workshop, appropriate for all fruit and vegetable producers, conventional and organic. The workshop is based on the upcoming publication from Canadian Organic Growers, *Crop Planning for Diversified Vegetable Growers*, by Frédéric Thériault and Daniel Brisebois.

The workshop, to be held Saturday February 20th 9 am – 5 pm at an Ottawa-area location to be announced, covers a 10-step approach to crop planning, from setting financial goals to developing and implementing a crop plan, to analyzing harvest and sales data to improve future plans. Activities and discussions will help participants gain an understanding of the crop planning process and benefits so that they can make their farms more efficient and profitable.

Cost is \$50 (\$45 for COG members) and includes lunch and a copy of *Crop Planning*. The instructor is Frédéric Thériault, co-manager of Ferme Coopérative Tourne-sol, and co-author of *Crop Planning*.

To register, contact COG at office@cog.ca or calling 1-888-375-7383, or register online by visiting www.cog.ca/workshops/.

This training opportunity is eligible for cost-share funding through the Growing Forward Business Development for Farm Businesses program with OMAFRA. For more information on program requirements, please call 1-877-424-1300 or visit www.omafra.gov.on.ca/english/about/growingforward/busdev.htm.

For information, contact Colin Lundy, COG Farmer Outreach Coordinator, at colin@cog.ca or phone 613-493-0020.



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Farmer Training Courses from Just Food

This winter, Just Food (www.justfood.ca), a non-profit organization sponsored by the Social Planning Council of Ottawa, will offer Farmer Training workshops. To register, please note which course you would like to attend and send an email to info@justfood.ca with your name, phone number and full names of those accompanying you, or call 613-236-9300.

CSA Mini-School

Saturday, February 13th, 9 am – 4 pm

Cost: \$60

This full day workshop for those interested in starting a CSA (Community Shared Agriculture) production will cover advanced market gardening techniques (using a bed system, equipment, irrigation, steps in scaling up), and will introduce the basics of planning proper succession planting for a CSA farm. In the afternoon, the steps in setting up the CSA itself will be reviewed, including where to find and how to retain CSA customers, and efficient distribution systems.

Green Bin collection starts week of January 4

Bi-weekly collection of the 220,000 green bins delivered to city residents starts January 4, 2010.

The Green Bin program is an easy way to dispose of household organic waste such as food scraps, soiled paper products and more. Check your new 2009-2011 Collection Calendar to confirm when pickup begins in your neighbourhood.

Ottawa's Green Bin program accepts a wide range of organic waste including: fruits and vegetables, meat and dairy, grains, baked goods, cooking oils, yard waste (such as grass clippings, twigs, leaves) and houseplants and soiled paper products including pizza boxes, used tissues and paper plates.

For a complete list of items that can be put in the green bin and tips for greening your holidays, visit:

ottawa.ca/greenbin or greenbinottawa.ca.

Chair: Anne Marie Potvin 613-835-2757

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

Safety: Fred St Pierre

Website: navan.on.ca

NAVAN CO-OPERATIVE NURSERY SCHOOL



1279 Colonial Road
Navan, ON
613-835-9243

February Kids Korner

Valentines Craft

Take a cut out of a large heart from red construction paper.

Have small container of white, pink and red paint.

Use a dropper to put small amount of paint on the heart,

Fold in half, Unfold. Voila! beautiful preschool Valentine Art.

This is a great activity for fine motor development.

Valentine Song

H-E-A-R-T (tune of Bingo)

There is a shape and it means love
and heart is it's nameo

H-E-A-R-T, H-E-A-R-T, H-E-A-R-T
and heart is it's nameo

(Continue leaving out one letter each
time and replace it with a clap)

Mark your calendar.....Navan Nursery School will be holding registration and open house on Monday March 29 from 6:00-7:30 pm. The school will be accepting registration for September 2010. Come in and see the school and pick up a registration package...Space is limited The school runs a two, three or five half day preschool program from 9:00-11:30. For more information please call 613-835-9243 or visit our website at www.ottawakids.ca/ncns. The school is located at 1279 Colonial Road in the Navan Fair building.

Happy Valentines Day

For registration information please visit our website
www.ottawakids.ca/ncns



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VOLUNTEER FIREFIGHTERS NEEDED

Anyone interested in learning new skill and helping your community, you are urged to drop off your resume at the Navan Fire Station to take it to the Vars Station at 6090 Rockdale Rd Vars, K0A 3H0. Must be received by February 5th.



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COMMUNITY ANNOUNCEMENT

WINTER INTERVAL CLASSES

For Women & Men (over 18) At Heritage Public School, Starting January 7, Ending March 4, 2010

7:00 – 8:00 p.m.

\$71.00 for 9 classes - \$10.00 drop in fee

Interval classes - no equipment necessary

Dress light the gym is warm. Running shoes required.

Registration on site.

All levels of fitness - Two Instructors.

Please register by contacting

Shelley at 613-835-3965 or Shelley_d1@sympatico.ca

(Meghan Douglas FIS, Shelley Douglas PTS, FIS)



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NAVAN WOMEN'S INSTITUTE - MEETINGS

Our Branch will be meeting in the Lions Den at the Navan Curling Club every second Wednesday of the month at 7:30.

For more information please contact Sheila @ 613-835-4296. New members are very welcome.

Navan Minor Fastball Registration

February 23rd and March 9th

6:30 pm - 8:30 pm

Navan Arena Lobby

Ages 5 - 18 (as of Dec 2010) -

Cost :

ages 5 - 8 - \$40.00

Ages 9 - 12 - \$70.00

Ages 13 - 18 - \$110.00

Over 18 - register with Orleans Fastball

www.oafa.org

Contact Nancy - 613-835-2925

navanminorfastball@gmail.com

YOU'RE NOT TO LATE CALL NOW

Line dancing /Danse en ligne

Navan Memorial Center (Arena)

Beginners 1 & 2 6-8pm

Jan. 25-May 03, 2010

Next session: Sept. 2010

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NAVAN CURLING CLUB

The Club raised over \$400.00 for the Cumberland Resource Center this year. Thanks goes out to all those who gave so generously!



Johnny Edwards, Ambassador for the Navan Fair, presented gifts to the Bartender, Terri Johnson, and the Convener, Patti Macdonald. Then he thrilled us all with this lovely picture for our archives!!!

Anglican Parish of Bearbrook, Navan & Vars

Priest-in-Charge: Rev. John Blakley

Sunday Worship

Trinity (8785 Russell Rd, Bearbrook) 8:30 am
St. Mary's (3480 Trim Rd, Navan) 10:00 am
Navan Community Sunday School 9:45 am
St. Andrew's (1900 Devine Rd, Vars) 11:30 am
Info: 613-835-2200 or bearbrook_vars_navan@yahoo.ca



The Curling Club's Annual Fundraiser - 5 Vacation Draw Tickets worth 2000\$ each to be drawn in March. These 2000 dollar vacation vouchers are good for a year. Only 200 are printed. Contact John Bradley for your lucky ticket today.

NAVAN/VARS UNITED CHURCH

1129 Smith Road, Navan Village

Minister: Rev. Bill Brown * Sunday Worship 10:00 a.m.

A friendly greeting awaits you!

Wheelchair accessible

www.navan-vars-united.org (613) 835-4030

For information regarding Navan Community Sunday School

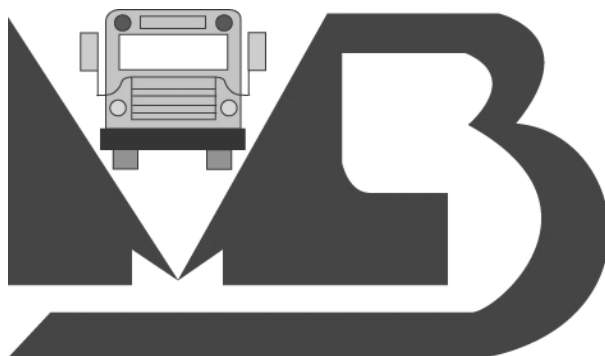
Contact: Debbie at (613) 835-3592

The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society. Articles or announcements must be submitted by to margaret.macneill@sympatico.ca by 20th of the month to be included in next month's issue of the newsletter. Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.

We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$30. Please call Marg MacNeill if you are interested

What a wonderful place in which we have chosen to live

All issues of the Navan Nugget can be found on our website at navan.on.ca



WORK OPPORTUNITY

ML Bradley in Navan is looking for additional school bus drivers for the current school year. If you know anyone who is looking for part time work close to home and maybe interested in driving a school bus contact ML Bradley at 613-835-2488. To find out more about ML Bradley visit <http://www.orleansonline.ca/MLBradley>

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