

OCTOBER 2009

NAVAN NUGGET

BUSINESS CARDS ROTATED BI-MONTHLY

Electronic version available on the website navan.on.ca

Our whole community was devastated to learn of the tragic accident that took the lives of our young people, Brad Rivington, 19, Chris Sabeau, 19 and Ginny Marko, 16. This took place early on Sunday morning September 20th on Heuvelmans Road, just east of our village. Our heart felt sympathy and prayers go out to their families and friends.

Your Loved One lives In Your Heart

Many tender memories soften your grief,
May fond recollection bring you relief,
And may you find comfort and peace in the thought
Of the joy that knowing your loved one brought...
For time and space can never divide
Or keep your loved one from your side
When memory paints in colors true
The happy hours that belonged to you.

~ Helen Steiner Rice



Doreen Hardiman
visual artist

Address: 932 Meteor Ave., Navan, ON, K4B 1N9
 Phone: (613) 835-3209
 Email: hardiart@rogers.com
 Website: <http://www.magma.ca/~fotoguy/hardiart>

ATTENTION TAX PAYERS IMPORTANT

Review of the Rate Structure for Drinking Water, Sanitary and Storm Water Services

The City of Ottawa is proposing to charge rural residents for the upkeep of the drainage ditches in the rural area. Currently the \$5 million spent each year on rural ditching is paid by urban residents through their water bill. The City is proposing adding this to the tax bill. The average cost on your tax bill could range from approx. \$74 - \$125 per year depending upon the approach taken. The change amounts to an approx. .17 cent overpayment by urban-suburban residents and an estimated additional charge of \$10/month for rural residents (depending on rate structure chosen).

A public open house meeting on this for the entire east end residents, to be held at the Navan Arena, Thursday, October 1 from 5pm to 8pm. Staff will be there to explain the issue and answer questions. Message from Rob Jellett's office, Councilor, Cumberland Ward, 613-580-2489 rob.jellett@ottawa.ca

NOTABLES (complements of the Navan Women's Institute)

Canadian National Horseshoe Champion



Picture - Back row, Ron Parisien, Canadian National Horseshoe Champion, Dan and Leo Gagnon
 Front row - Betty and Sylvie Gagnon

Sheila Minogue-Calver
 Navan Women's Institute\

Ghyslaine Lalonde, Investment Advisor
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Snowmobile Club**
website: www.carletonregionalsc.ca
e-mail: crsc13@hotmail.com

Marcel Mantha	President	(613) 833-0007
Charles Brazeau	Vice-President	(613) 841-3093
Debbie Dandy	Treasurer	(613) 835-2375
Eveline Mantha	Secretary	(613) 833-3533
Art Mackie	Trail Coordinator	(613) 822-1482
Wayne Dandy	Trail Coordinator	(613) 835-2375
Jennifer Haight	Event Coordinator	(613) 822-3629

P.O. Box 172, 1769 St. Laurent Blvd., Ottawa, ON K1G 5X7

SMOOTHER TRAILS AHEAD FOR THE RAILWAY BED

The Carleton Regional Snowmobile Club will be cleaning the ditch along the railway bed behind Barnwell Crescent to eliminate the stagnant water. We will also install a culvert and build up the pathway from Barnwell to the track bed. The railway bed from Smith Road to Trim Road and from Trim to the bush allowance towards Frank Kenny Road will have a fresh layer of graded gravel to make our trails smoother for all to enjoy before our snowmobile trails open.



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QUOTE OF THE MONTH

What we have once enjoyed we can never lose. All that we love deeply becomes a part of us. - Helen Keller



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WEDDINGS • MATERNITY • NEWBORN • FAMILY PORTRAITS • COMMERCIAL



The Cumberland Township Agricultural Society have arranged for a special thank you for all our supporters and volunteers who generously contribute to the success of the Fair either through financial support or a contribution of their time. We would like to invite you to join us at our Barn Dance on October 17th, 2009, starting at 9 pm in the Sheep Barn. Admission is free, but you will have the option of making a donation to the Ottawa Food Bank.



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ATTENTION PARENTS AND RESIDENTS

The CTAS is asking for your help in curbing the vandalism and garbage dumping on the CTAS property from Delson to the Baseball diamond. All sorts of garbage is dumped continuously behind the barns and recently reports are coming in that youth are setting off explosive substances near the weigh scales. If you see or hear anything suspicious please call the Community Police number 613-230-6211. We have also arranged for extra policing of the property.
Let's all talk to our kids and put an end to this!!!!

President: Mario St Denis
Admin. Coord: Marg MacNeill
1279 Colonial Rd, Navan, ON K4B 1N1
Tel: 613-835-2766 Fax: 613-835-4008
navanfair@bellnet.ca



The Navan Lions hosted their last Friday Night Supper of the summer serving roast turkey and all the trimmings. Lion Ross creatively arranged the tables so that 131 people could enjoy the event. During the evening 5 homemade pies were raffled off raising \$118 and a 50/50 brought in \$225. Thank you all for your support and look forward to seeing you next year.

Lion Brian Coburn, on behalf of the Navan Lions thanked, Lion Marg MacNeill for her efforts in the community in numerous associations as she now resides at Hopetown (near Lanark). A gift of a horticulture book and gift certificate will be put to good use during the landscaping. Marg wants, to pass on that she was only one of many, such as her fellow Lions, NCA members, and numerous other volunteers that help accomplish all the goals that were set out. She also went on to say she has not left Navan yet as she plans to continue to be an active part in the community and that both her and Reg will be coming home to Navan as they have burial plots in St Mary's Cemetery!!

President: Lion John Warren 613-744-3804

Secretary: Lion Suzanne Boyer

Treasurer: Lion David Grattan



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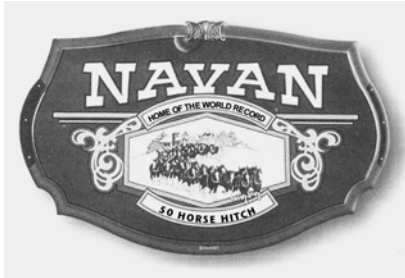
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HOME TIP OF THE MONTH

1. **For cleaning smelly hands after chopping onions or garlic, just rub them on a stainless steel spoon.** The steel is supposed to absorb the odor.
2. **Fresh coffee beans can also absorb nasty odors from your hands.**
3. **If you happen to over-salt a pot of soup, just drop in a peeled potato.** The potato will absorb the excess salt.
4. **When boiling eggs, add a pinch of salt to keep the shells from cracking.**
5. **Never put citrus fruits or tomatoes in the fridge.** The low temperatures degrade the aroma and flavor of these persnickety fruits.
6. **To clean cast iron cookwear, don't use detergents.** Just scrub them with salt and a clean, dry paper towel.
7. **Will milk curdle if it is allowed to boil?** It turns out that this age-old piece of wisdom isn't true, after all. Milk that has been boiled is perfectly safe to consume.
8. **To clean an electric kettle with calcium buildup on the heating element, boil a mixture of half white vinegar and half water, then empty.**
9. **When storing empty airtight containers, throw in a pinch of salt to keep them from getting stinky.**
10. **If you are making gravy and accidentally burn it, just pour it into a clean pan and continue cooking it.** Add sugar a little at a time, tasting as you go to avoid over-sugaring it. The sugar will cancel out the burned taste.



NAVAN COMMUNITY ASSOCIATION

Excitement is growing for the Fall Festival on Oct. 4th under the Domes. Kids don't forget to get your pumpkin at JT Bradley's on Oct 3rd and carve it for the competition on Oct 4th. Mum and Dad put on your creative hats and compete for the best decorated residence. Judging will be done on Sept. 30th.

Attention all you cooks out there why not compete for bragging rights for the best chilly. Entry form needs to be entered in the box at JT Bradley's – an entry form is attached at the back of this months issue of the Nugget or at the store.

Hope to see you all on Sunday Oct. 4th starting at Noon for activities, BBQ and lots of fun. There will be a bake sale along with the chilly entries. Come and meet your neighbours and friends.

NCA Youth Dance

Come to the **Oct. 9th Halloween Youth Dance** and win a prize for best costume. A special door prize will also been drawn by Pierre Lemieux MP. Mr. Lemieux is donating a certificate for lunch for 2 at Parliament Hill including a personal tour and the opportunity to attend Question Period!

TICKET INFO: The Navan Community Association youth dances are for 10-14 year olds. Presale tickets (300 limit) are now available for purchase by the general public for the any or all of the season's dances. They may be obtained 6:00 – 6:30 pm the Thursday before the dance or after 8:30 pm Friday on the night of the dance in the Navan Arena hall.

(Navan residents may also purchase tickets at the NCA monthly meetings)

GOTO WWW.Navan.on.ca for full details

2009-2010 Dates (7 -10:30 pm): October 9, November 13, December 11, January 8, February 12, March 12, April 9, May 14 and June 11.

HELP WANTED

The NCA is looking for someone to take care of the outdoor rink usually from January to March. There are volunteers to help this year. There is some remuneration from the City

Chair: Anne Marie Potvin 835-2757
 Secretary: Christina MacPherson
 Treasurer: Dale Borys
 Membership: Ray Vetter
 Youth: Tom Devecseri
 Safety: Fred St Pierre
 Website: navan.on.ca



NAVAN CO-OPERATIVE NURSERY SCHOOL



**1279 Colonial Road,
 Navan, ON613-835-9243**

Songs for fall

The Turkey

The turkey is a funny bird
 His head goes wobble, wobble
 All he says is just one word
 its gobble, gobble, gobble.

Leaves

Leaves are falling down
 Leaves are falling down
 Soft and quiet
 Soft and quiet
 Leaves are falling down

Preschoolers Outing Idea

Take time to visit your local Pumpkin Patch or Apple Orchard.

For Nursery School Information please visit our website www.ottawakids.ca/ncns Once again this year we will be hosting the lunch counter and bake table at the Christmas

Craft Fair in November at the Navan Arena.
 See you then.

COMMUNITY ANNOUNCEMENT**PARISH OF BEARBROOK, NAVAN & VARS****Priest in Charge: Rev'd. John Blakley****Sunday Worship****Trinity, Bearbrook: 8:30 a.m.****St. Mary's, Navan: 10:00 a.m.****St. Andrew's, Vars: 11:30 a.m.****For further information please call 613-835-2200
or bearbrook_vars_navan@yahoo.ca***Home Ready Home Staging**Kathryn Wilson*
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Colonial Veterinary Hospital*formerly Navan Veterinary Hospital****"Only our name has changed"*****Dr. Paul Brown Dr. Denene Clifford****Dr. Jackie Pelot Dr. Kathleen Hering****Tel. 835-2883 Fax. 835-2728****1364 Colonial Rd. P.O. Box 190 Navan, Ontario K4B 1J4****www.colonialvet.ca****NAVAN WOMEN'S INSTITUTE**

Invites you to an evening on Parkinson's Disease @ the Navan Vars United Church, 1129 Smith Road, in Navan, on October 14 @7:30. Dennise Taylor-Gilhen, Executive Director of the Ottawa Parkinson's Society will be the guest speaker. Light refreshments will follow the presentation. Come and bring a friend.



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10 WEEK FITNESS CLASS

10 week Fitness Class starting Thursday, October 17th @ 7:00 p.m. at Heritage Public School

The class is one hour. The format will be an interval class (cardio stations and weight bearing exercise stations). We will end it with a long stretch. We will try to design this class around the participants wants & needs. Please join us. It is for men and women over 18 years of age.

Registration and payment will be prior to the class. \$77.00 for 10 classes (cheques payable to 1323713 Ont. Inc. or cash) \$10.00 drop in rate. Hope to see you there. Contact Shelley Douglas at

shelley_d1@sympatico.ca

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welcome.

For everyone's safety, we ask that all pets be on a leash or crated. Refreshments will be served following the blessing. Donations to Hopeful Hearts are welcome and all proceeds go directly to helping our dogs.



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NAVAN CURLING CLUB CELEBRATES 25TH ANNIVERSARY

The Navan Curling Club will celebrate its 25th anniversary on Saturday evening, October 24th beginning at 7pm. The celebration will take place in the lounge of the Curling Club at 1305 Fairgreen Avenue. A number of celebrities will be present, an interesting slide presentation will be made and some good entertainment for the enjoyment of all. Please come and celebrate this wonderful event.



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Minister: Rev. Bill Brown * Sunday Worship 10:00 a.m.

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www.navan-vars-united.org (613) 835-4030

For information regarding Navan Community Sunday School

Contact: Debbie at (613) 835-3592

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LYNN DUBREUIL

HOPEFUL HEARTS DOG RESCUE FUNDRAISER

Blessing of the Animals, in support of Hopeful Hearts Dog Rescue, will be held at St. Mary's Anglican Church, 1171 Smith Rd, Navan, on Sunday, October 4th at 2:00 pm.

In honour of St. Francis of Assisi, the patron saint of all animals, Rev. John Blakely will provide blessings to individual pets. You may also bring a photo of a beloved pet that has passed away. All animals are

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CUMBERLAND FARMER'S MARKET

Open every Saturday from June 14th until October 10th, from 8am to 1pm at 1115 Dunning Road in Cumberland at the R.J. Kennedy Community Centre (Cumberland Arena) Featuring a wide variety of agricultural products, assorted foods and artisan goods. The market takes place both indoors and outdoors and is open rain or shine. More information at www.cumberlandfarmersmarket.ca

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ORLEANS-GLOUCESTER CHRISTIAN WOMEN'S CLUB

Wednesday, 14 Oct at 9:30 - 11:00 a.m. Orleans United Church, 1111 Orleans Blvd.

Special feature: Winter Fashions by Tabi
Speaker: "Dare To Dream Again" Sue Ferguson of Mallory Town

\$5 – includes refreshments and free babysitting - reservations/cancellations essential.

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ADULT COMPUTER CLASSES

Navan Women's Institute and Heritage Public School are joining forces to teach computer skills to adults. Classes would be on Thursday mornings 10:45 to 11:30, starting on January 14, 2010. Call Sheila @ 613-835-4296 if you are interested.

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WORK OPPORTUNITY

ML Bradley in Navan is looking for additional school bus drivers for the current school year. If you know anyone who is looking for part time work close to home and maybe interested in driving a school bus contact ML Bradley at 613-835-2488. To find out more about ML Bradley visit <http://www.orleansonline.ca/MLBradley>

The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society. Articles or announcements must be submitted by to margaret.macneill@sympatico.ca by 20th for next month's newsletter. *Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.*

We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$30. Please call Marg MacNeill if you are interested

What a wonderful place in which we have chosen to live

All issues of the Navan Nugget can be found on our website at navan.on.ca

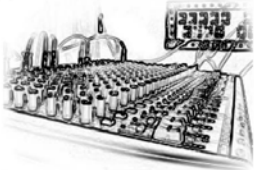


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Navan Fall Fest Colouring Contest

For Children 5 to 9 years of age.
Bring coloured page to 1134 Smith Rd before the Fest or to
The Domes on October 4 for judging at 3PM.
Print name and phone number on the back
Prizes will be awarded.





NAVAN “FALL FEST”



Sunday October 4th/09

2:00 to 4:00 pm

Navan Fair Grounds – Under domes

Family Fun Day



Children’s Activities

Bake Sale & Eats

Crafts & Demonstrations

Judging of Pumpkins & decorations

See you there!



Saturday October 3rd from 9:00 – 11:00 am a pumpkin sale will be held in front of Bradley’s store. Carve a pumpkin at home and bring it to be judged on Sunday.

‘Fall Fest Day’ is proudly sponsored by the Women’s Institute, Navan Community Association, Navan Lions Club, and the Fairboard. You may contact juanitavetter@sympatico.ca or call her at 835-1744 for more information

There will be a drop box for completed entries at J.T. Bradley’s along with additional entry forms. (Please complete the ENTRY FORM below)

Name: Email or phone number

Address:

CHECK: () house decoration () pumpkin carving () crock pot chili cook-off