

NOVEMBER 2008

NAVAN NUGGET

Electronic version available on the website navan.on.ca

Here is one more story that demonstrates the caring and dedication of our community businesses to make a difference.



The men behind Child Check-Mate Systems Inc. are (l to r) Al Lowe, VP Engineering; Bob Moran, President; and Gord Both, VP Operations.

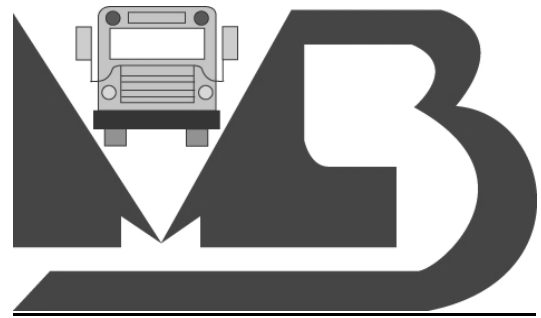
Child Check-Mate Systems, a Navan-based company that makes a student security system for school buses is proud to say that over 225,000 buses across North America will have these systems installed. The system was the brainchild of M.L. Bradley bus line owner Gord Both who later involved master bus mechanic Allan Lowe for his engineering capabilities. The two men wanted to develop a mechanism to protect both the driver and the students from the possibility of a passenger, having fallen asleep, being inadvertently left on a bus.

The Child Check-Mate System contains a microprocessor that is preprogrammed to arm itself during the pre-trip routine done before the bus leaves to pick up students. Once the driver returns to the depot they must go through the bus to check for sleeping or stray students. When they get to the back of the bus they have to press a switch that deactivates the system. If they step off the bus without first deactivating the system, both audible and visual alarms, including a synthesized voice message, are activated. Once the Child Check-Mate component is deactivated and the driver has left the bus, the system automatically switches over to Theft-Mate, which will activate the same audible and visual alarms if someone tries to gain unauthorized access to the bus.

The first 300 Child Check-Mates were built in Lowe's basement and put on all of M.L. Bradley's buses. The fledgling company also signed an agreement with the former Ottawa Board of Education for six of the devices and the French language school board for 17 of them. Both and Lowe approached marketing expert Bob Moran to join the company and bring it to an entirely different level. Now they have signed a contract with First Student (formerly Laidlaw Inc).

Future applications including a collision avoidance system and Ice-Check, which will be able to, measure winter road conditions and make adjustments to the buses suspension and braking system. The above is an extraction of a wonderful story written by Fred Sherwin in Orleans Online/Eastender

Thank you for keeping our children safe and protecting our future.



WORK OPPORTUNITY

ML Bradley in Navan is looking for additional school bus drivers for the current school year. If you know anyone who is looking for part time work close to home and maybe interested in driving a school bus contact ML Bradley at 613-835-2488. To find out more about ML Bradley visit <http://www.orleansonline.ca/MLBradley>

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NOTABLES (complements of the Navan Women's Institute)

Navan Women's Institute, Achievements and Donations to their Community

For more than 77 years, Navan Women's Institute (N.W.I.) members have actively worked together for the betterment of members' families, homes, and community. Our Institute

encourages personal growth, government lobbying, and health and community wellness initiatives. We are an active group of 30 women who meet every second Wednesday, 7:30 PM, at the Navan Curling Club Lions' Den. Our meetings include a speaker on a topic of interest and a discussion on our activities. As a member for the last 11 years, I have enjoyed meeting the women involved in this group, some for well over 50 years, and the newer members. I feel more involved in my community and I love all the activities we do to better our village, the new friends I have made, and the leadership opportunities.

Some of the major beneficiaries of this group's generosity and caring are the following. All the donations were made possible because of the hard work the N.W.I. members did to raise these monies.

1. Paid for part of the Jaws of Life for the Cumberland Fire Department (Cooperated with the Navan Lions Club in this venture)
2. Paid for part of the walkway joining the Bank to the Post Office. (Worked with the Navan Lions Club and the Navan Community Association in this Endeavor)
3. Support the Sarsfield Colonial Home
4. Every year donations are made to the Cumberland Home Support and the Cumberland Food Bank
5. Local charity groups such as the Alzheimer Society, the Osteoporosis Society, The Shirley Greenberg Women's Resource Center, The Ovarian Cancer Society, The Breast Cancer Research Foundation, C.H.E.O., The Diabetes Foundation received donations
6. Provides, on a yearly basis, Information Nights for the community on topical diseases where experts are called in to present the information. This programme is called Rural Ontario Sharing Education. (R.O.S.E. Programme)
7. Bursaries given to 2 to local deserving young women who are attending University and College.
8. Our Tweedsmuir History Curator keeps up to date records of local historical events and family information.
9. Exchange with the New York State Farm and Garden groups.
10. Supported the Grannies in Africa programme, over \$1200.00 raised by the members
11. Supported the Navan Volunteer Firemen and Navan Lions Club with the Snowmobile request.
12. Helped with the community garage sale
13. Worked the Coffee Shop at the Cumberland Market this summer.
14. Donations made to help Haitians after the hurricanes they endured this past summer.

We aim to help and to improve our own community as well as those less fortunate. I feel these few activities mentioned here will let you know how important our group has been in the development of Navan.



Our next meeting is November 12 at 7:30 PM at ST. Mary's Hall Brian Coburn, Citizenship Judge, will be our guest speaker. Everyone is invited to attend. Light refreshments will be served following Brian's presentation.

For more information please call Sheila Minogue-Calver @ 613-835-4296 or Email samc@travel-net.com

Sheila Minogue-Calver
Navan Women's Institute

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In September and October now that our Fair is over some of the Board members ventured out to visit some of the other local Fairs. At the Carp Fair President Hank negotiated a deal on a homing pigeon "Bee Beep Do Bird" – sad to say it has not made it home yet.



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1st Vice President Mario St. Denis had a more prosperous adventure at Metcalfe Fair. He was the successful bidder on a 4H steer, which was auctioned off for the 4H member. Then he negotiated selling off beef packages to Board members and their friends to make a donation of \$500 to Food Aid. Food Aid is a win-win project that takes local meat and provides ground meat to the local food banks.

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LYNN DUBREUIL

In November, we will be joining all the local fair representatives in our bi-yearly meeting to compare and share our successes and learning. Also we will be wrapping up our year and preparing for our Annual Meeting in January. More to come on this item in December issue.



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Admin. Coord: Marg MacNeill
1279 Colonial Rd, Navan, ON K4B 1N1
Tel: 613-835-2766 Fax: 613-835-4008
navanfair@bellnet.ca



Carleton Regional Snowmobile Club

website: www.carletonregionalsc.ca
e-mail: crsc13@hotmail.com

Marcel Mantha	President	(613) 833-0007
Charles Brazeau	Vice-President	(613) 841-3093
Debbie Dandy	Treasurer	(613) 835-2375
Eveline Mantha	Secretary	(613) 833-3533
Art Mackie	Trail Coordinator	(613) 822-1482
Wayne Dandy	Trail Coordinator	(613) 835-2375
Jennifer Haight	Event Coordinator	(613) 822-3629

P.O. Box 172, 1769 St. Laurent Blvd., Ottawa, ON K1G 5X7

2007-08 CARLETON REGIONAL SNOWMOBILE CLUB VOLUNTEERS OF THE YEAR

Erik Briere, Dwight Johnson, Christian Geoffrey
Carleton Regional thanks the above groomer operators who groomed over 300 hours of their volunteer time to produce beautiful snowmobile trails last season for all snowmobilers to enjoy!

Carleton Regional Snowmobile Club update

Drop by November 1st at Canadian Tire, Orleans on 10th Line during their normal business hours.

Purchase a \$5.00 ticket for two demo 2008 Yamaha snowmobiles and trailer to support our Club.

Draw date is December 18th.

Trail Season permits will be available to purchase at our booth outside Canadian Tire also.

Trail permits purchased by November 1st are entered for a chance to win three gas cards \$1500, \$1000, \$500.

Trail permits prices; purchased by December 1st \$180, after December 1st \$230.

Why not purchase yours today to be included in the gas draw!!!

Please support our Navan establishments where local Club permits are available as they support us!

O'Meara's and Navan Automotive.

Beware: Walkers using the old railway bed between Trim Road and Frank Kenny Road - ground has eroded on the north side. Carleton Regional Snowmobile Club plans on fixing this problem in the near future.



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HOME TIP OF THE MONTH

Smart ideas to make life easier.

1. To cut freshly baked cheesecake, use a long string of dental floss and slowly bring it down through the cake. This makes perfect slices, and keeps the cake looking great.
2. Longer lasting flowers by adding a mixture of 2 tablespoons of vinegar and 1 teaspoon sugar to 1 quart of vase water. The vinegar kills the bacteria and the sugar nourishes the flowers.
3. Fresh smelling blankets – before tucking your heavy winter blanket away for the season, place a fabric softener sheet between the folds.
4. Ring-free tub by pouring a capful of baby shampoo into your bath as the water runs. The shampoo eliminates the ring around the tub, plus you'll have a bubble bath.
5. Fresher spices if you store paprika, chili powder and ground ginger in the refrigerator.
6. Faster dusting by misting two socks with water, and place one on each hand.
7. No-mess painting when stripping a table by placing an empty tuna can under each leg to catch the excess paint stripper and protect your floors.

8. Easier driving by keeping a magnifying glass in the glove compartment of your car. It'll come in handy when you need to read a map.
9. Neater sweeping by putting a plastic bag over your dustpan, then sweep the dirt into it. When finished, turn the bag inside out, and the mess is neatly packaged and ready to be thrown away.



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NAVAN LIONS CLUB

Who said Halloween is for kids – the Navan Lions are always game to have some fun.



4228 Navan Road – 613-835-9266

President: Lion Mark O'Donoughue 613-841-5444
Secretary: Lion Suzanne Boyer 613-835-9318
Treasurer: Lion David Grattan 613-835-2770



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Come and join us at the Remembrance Day ceremonies at the cenotaph outside the Navan Memorial Centre at 11am on November 11th. The Navan Lions Club will serve a light lunch.

In Flanders Fields

In Flanders Fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders Fields.

Take up our quarrel with the foe;
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders Fields.

-John McCrae



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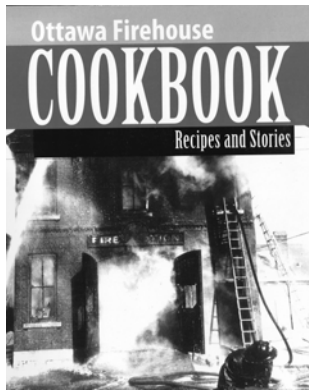


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The book consists of 238 pages of recipes and some funny kitchen stories from the Ottawa's Fire Fighters. This book is dedicated to the Ottawa Fire Fighters who have lost their lives in the line of duty. The cost is \$20 per book. This fundraising effort is one of the ways the Ottawa Fire Fighters Community Foundation will raise funds to build a Memorial on the grounds of Ottawa City Hall. Get your copy to give as a Christmas present, which will result in two appreciated gifts. Call Marg MacNeill to get your copy or visit www.offcf.ca.

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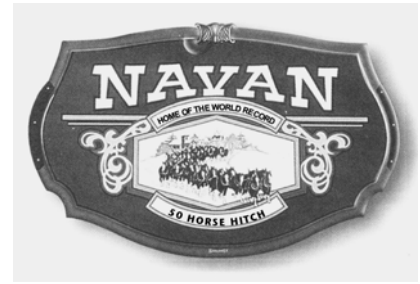
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NAVAN COMMUNITY ASSOCIATION

The All Candidates meeting was attended by about 150 people at the Heritage School on October 9th were people had and opportunity to meet and ask questions of all the candidates.

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Our meeting on October 20th provided update on many of our on going projects and get updated information from our Councilor, Rob Jellett, his assistant Linda Payant and Suzanne Sandford our Liaison Officer with the City. There has been considerable concern regarding traffic though the village due to the extensive construction north of North and West of Navan. The Police are monitoring the speed on a regular basis and more signage is up in the school zone. Below is a short summary received from the Traffic Assessment Division – from the Traffic and Parking By-Law.

“Heavy Truck Permitted” routes are Colonial Road, Dunning Road, Frank Kenny Road, Milton Road and Tenth Line Road. Heavy Truck means a motor vehicle having a carrying capacity in excess of on (1) tonne, and any vehicle having a gross weight in excess of four and one-half (4.5) tones – excluding a bus traveling on a bus route established by the City, an ambulance or a school bus. The City would not recommend the removal of Colonial Road from the “Heavy Truck Permitted”

The rationale for the road being designated as a “Heavy Trucks Permitted” route is as follows:

The road is designated an “arterial” road in the City’s Official Plan. “Heavy Trucks Permitted” routes are generally always located on “arterial” roads;

The road has been a designated a “Heavy Trucks Permitted” route for many years. This designation was approved (via the Traffic and Parking By-law) many times by the Council of the former Region of Ottawa-Carleton;

- An engineering study completed by the former Region of Ottawa-Carleton in 1978 confirmed the need to retain this road as a "Heavy Trucks Permitted" route
- An engineering study completed by the new City of Ottawa in 2003 also confirmed the need to retain this road as a "Heavy Trucks Permitted" route; and
- City Council also approved a new "Truck Route Designation Policy" at the 30 November 2005 meeting. Colonial Road was included in the list of "Heavy Trucks Permitted" routes in this latest policy.

Removal of the "Heavy Trucks Permitted" Designation on Colonial Road

The Department would not recommend the removal of Colonial Road from the "Heavy Trucks Permitted" section of the Traffic and Parking By-law without first understanding a comprehensive "Truck Route Study" in the City. A study of this nature is intended to determine the roads where the "Heavy Trucks Permitted" routes should and should not be located. This is the only action that can be considered in the future to alleviate these concerns. However, it should be noted that it is likely that a future study would also recommend this road continue to function as a "Heavy Trucks Permitted" route.

Use of Wall Road as a "Heavy Trucks Permitted" Route.

A site investigation indicates that the section of Wall Road between Trim Road and Frank Kenny Road is constructed to a granular surface. Accordingly, it is very unlikely that the structural adequacy of this road would be satisfactory to allow for movement by large numbers of heavy trucks at this time.

Our latest project is a joint effort between the Cumberland Township Agricultural Society, Navan Lions Club and the NCA to look at projects that would benefit the community. More on this project will come as ideas are generated. The minutes of our meetings are posted on our website. Everyone is welcome to join or come to our meetings, which are the 3rd Monday of every month except during July and August.



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NCA YOUTH DANCE

Dates for the 2008-2009 youth dances: November 21, December 12, 2008, January 9, February 13, March 13, April 10, May 8, June 12, 2009.

*** Parents NOTE: only 300 youths will be allowed into the dance. DO NOT leave your children at the dance until you make sure they will get in. We will not be responsible for any youth outside of the community hall.***

The NCA Youth Dances are for 10-14 year olds. They are held between 7-10:30 pm the 2nd Friday of each month.

EXCEPTION for November 2008's dance it is the 3rd Friday the 21st (no dances are held July and August). **Admission is \$5.00 at the Navan Arena.**



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SPECIAL THANKS TO FLAG SPONSORS

You must have seen the wonderful flags that have been flying from the light post on Trim and Colonial Roads, well as promised here are the names of the generous sponsors: Jay's Embroidery, Councillor Job Jellett, Navan Garage, RBC Bank in Navan and JT Bradley. Additional thanks to our volunteer Fire Fighters who arranged for their installation.

Thank you those citizens of Navan who in their own quite way to help make a difference in the community by generously giving of their time, money and services.

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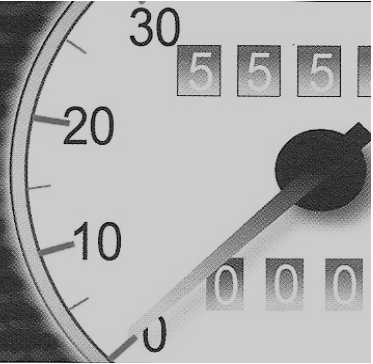
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Kids Korner

As the cold weather approaches are you looking for activities to do indoors with you preschooler?

Playdoh is always a great fine motor activity for your preschool children. It is medium that offers great opportunity to develop fine motor skills. Give your preschooler a pair of children's scissors to cut playdoh or offer rolling pins and playdoh cutters. As well, it can promote opportunities for speech and language development.

Playdoh Recipe

2 cups of flour
 1 cup of salt
 2 tsp oil

4 tsp cream of tartar or alum
 2 cups of water
 food colouring or jello crystals
 Mix ingredients together. Enjoy with your preschooler

once again this November the Navan Nursery School parents will be participating in the Navan Craft Fair on Saturday November 15 from 10-4. Come and enjoy some wonderful homemade soup or baking. Thanks again to the Navan Crafters for their continued support.

For registration information: 613-835-9243 or visit our website www.navancooperativenurseryschool.ca

skills required! This is great way to get your business noticed, to bring a community group closer together, or just a way to give back to the community of Orleans. To provide a lunch or donate \$200 towards a lunch, please contact: Sandi Plett at sandiym@yahoo.ca. You can also volunteer to help organize these lunches!

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Heritage Public School is pleased to offer 4 choices of beautiful Canadian Balsam and Fraser Firs for a very competitive price. Burwick & Cork Plantation from Sherbrooke, Quebec has graciously offered to help us out with trees. Barry Burwick's trees are sold throughout Canada and the U.S. In past years his trees could be found at the Canadian Tire on Tenth Line. This year he will be at the new store on Innes Rd. His trees are consistently full and beautiful. We are offering the following trees:

Tree Height Cost

Balsam 6 ft \$35 or Balsam 7 ft \$40

Fraser 7 ft \$45 or Fraser 8 ft \$50

Contact Candace Derickx at 613-835-3575 or email at cderickx@mac.com if you would like to order one. All orders are due by November 14. Not only will you get a beautiful Christmas tree (for a better price than anywhere else) but you will also be helping out your local public school. Trees will be available for pickup on December 13 from 10 - 2 at the front doors of Heritage Public School. **Did you know?** Purchasing a "real tree" is a better choice for our environment because real trees provide oxygen and help deplete carbon dioxide. Used trees can be chipped and are biodegradable, whereas artificial trees are made from non-renewable petroleum-derived plastics.

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COMMUNITY ANNOUNCEMENT

HELP WANTED

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HABITAT FOR HUMANITY is looking for 2 skilled crew leaders to help build two homes on Tulip Cres. in Chatelaine Village starting this month. Anyone interested can contact Hilary Evans at 613-749-9950 ext 229 or e-mail volunteer@habitatnrcr.com to let them know which days you are available.

No construction skills? You can still help by making or sponsor a lunch! Providing lunch for a group of volunteers is a personal, low cost way to support Habitat for Humanity's building of homes - no construction



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ST. MARY'S (NAVAN) ANNUAL SALE AND TEA

Saturday November 8th at 2:00-4:00 p.m. in St. Mary's Church Hall (1171 Smith Road, Navan). Enjoy afternoon tea! There will be a bake table, jams and jellies, Christmas crafts, knitting, a silent auction and Table Top Treasures.

THEATRE & BUS PACKAGE

JT Bradley and the Ottawa Little Theatre have an opportunity you cannot miss. \$25 per person includes show and transportation from Bradley's at 7pm – Curtain goes up at 8pm. The first package took place early in October. If took less than ½ hour on the buss and the passengers were dropped off right at the front door of the OLT and the play "On Golden Pond" was fabulous. Raving review by Navan's own Patrick Langston in the Ottawa Citizen for "Perfect Wedding by Robin Hawdon" will ensure a great evening on November 7th. So reserve you seat by calling JT Bradley's at 613-835-3781 now. Below are future shows scheduled.

Nov 7	Perfect Wedding a romantic farce by Robin Hawdon. On the morning of his nuptials, a groom wakes up in the bridal suite to find a strange girl beside him. But before he can react, his bride-to-be arrives to dress for the big day...and mayhem ensues.
Dec 12	The Constant Wife a comedy of manners by W Somerset Maugham
Feb 6	Over My Dead Body a wry comedy by Derek Benfield
Mar 13	Wrong Turn at Lungfish an intellectual comedy by Garry Marshall & Lowell Ganz
Apr 17	London Suite a comedy by Neil Simon
May 22	Snake in the Grass an eerie thriller by Alan Ayckbourn
Jun 26	The Affections of May a lighthearted comedy

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NOVEMBER 10-14, 2008. RURAL LEAF AND YARD WASTE COLLECTION CHANGES

Rural homes in areas that are sparsely populated, or on roads where residences are farther apart, will now receive leaf and yard waste collection twice in the spring and twice in the fall.

Things to Remember

- Only use compostable paper yard waste bags, a garbage can or cardboard boxes.
- Ensure containers and bundles are not more than 15 kg (33 lb.) in weight.
- Branches are to be tied and bundled and cannot be more than 1.2 m (4 ft.) in length and 60 cm (2 ft.) in width.
- Individual branches should be less than 10 cm (4 in.) in diameter.
- Wind-fallen fruit and pumpkins can be included.
- Households are encouraged to leave grass clippings on the lawn.
- Leaf and yard waste will not be collected as regular garbage.
- Materials Not Collected
- Plastic bags are NOT accepted, as they do not compost.
- Any material or tree cuttings over 10 cm (4 in.) in diameter.
- No earth, rocks, or sod.
- No logs or stumps.
- Leaf and yard waste should not be mixed with any other type of waste.
- Leaf-and-yard waste may not be pushed, thrown or otherwise deposited on the street, sidewalk, boulevard or in parks in accordance with the City's Use and Care of Roads By-law No. 2003-498 and the Parks and Facilities By-law No. 2004-276. Anyone charged with this offence may be subject to a fine.
- Avoiding Pick-up Problems
- Clearly identify that the garbage can/cardboard box is for yard waste.
- Leave the lid off your cans and cardboard boxes on dry days.
- Separate the yard waste cans from the recycling and garbage by placing them on the opposite side of the driveway when possible.



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NOV 15 AND 16 - 28TH ANNUAL NAVAN ARTS AND CRAFTS SALE

From 10 a.m. to 4 p.m. each day upstairs at the Navan arena you will find a good selection of fine art and top quality crafts available. There will be a door prize each day of gifts donated by the participating exhibitors. A donation of any amount will make a visitor eligible for these prizes. To date, we have donated \$13,472.42 to the Orleans-Cumberland Resource Centre/Food Bank.

As well as the Navan exhibitors raising money for the Resource Centre, the Navan Nursery School and the Guides and Brownies also use this venue for their major fundraising for the year by providing a light lunch and a wonderful selection of goodies on their bake tables.

Hope to see you there.



Doreen Hardiman
visual artist

Address: 932 Meteor Ave., Navan, ON, K4B 1N9
Phone: (613) 835-3209
Email: hardiart@rogers.com
Website: <http://www.magma.ca/~fotoguy/hardiart>

NEW FALL ACTIVITIES AT CAFÉ RESONANCE!

1. Friday, November 7th, 2008 (7-10pm) – Wine Tasting with Kurtis Holmes

\$20 per person to sample 5 different wines from different vineyards and territories in Italy along with hors d'oeuvres. Literature will be provided.

2. Saturday, November 22nd, 2008 (7-10pm) – Martini Night

Featuring live music and specialty martinis prepared by Kurtis Holmes, martini expert and new barista at Café Resonance. Please contact Kurtis @ 613-898-5878 to reserve your spot as they are limited for both evenings.

3. Story time with Shelley Cotton

Bring your kids to the café for a weekly hour of entertainment with Shelley. Kids get a free small beverage of their choice. Please check schedule at Café Resonance.



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THURSDAY, NOVEMBER 13 FREE FLU SHOT CLINICS IN RURAL OTTAWA

The flu shot is free for all Ontario residents over six months of age. Children 13 years of age and under must be accompanied by their parent or legal guardian. Meningococcal C vaccine for 12 to 21 year olds will also be available at all the clinics. Heritage Public School, 1375 Colonial Rd., Navan, 3:30 - 8:30pm. More information: 613-580-6744 or www.ottawa.ca/health

for those who do not live within the village
www.navan.on.ca

The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society. Articles or announcements must be submitted by to margaret.macneill@sympatico.ca by 20th for next month's newsletter. Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.

We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$30. Please call Marg MacNeill if you are interested

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UP COMING EVENTS – PUT THEM ON YOUR CALENDAR

Fri. Nov. 7	Theatre & Bus Package – leaving JT Bradley's at 7pm for \$25	Call JT Bradley's today to reserve your seat 835-3781
Sat. Nov. 8	St Mary's (Navan) Annual Sale and Tea at St Mary's Hall from 2-4pm	Call 835-2200 for information
Mon. Nov. 10	Navan Lions business meeting 7pm at Navan Curling Club – Lions Den	President Mark O'Donoughue 841-5444
Nov 1-14th	Christmas Tree Fundraiser - Heritage Public School	ORDER your tree by calling Candace at 835-3575 or email cderickx@mac.com
Nov. 11 – 14	City of Ottawa Leaf and Yard waste collection	
Tues. Nov. 11	Remembrance Day Ceremonies at 11am – Navan Memorial Centre	Hal MacPherson at 835-3502 coordinator from NCA
Thur. Nov. 13	Flu Shot Clinic at Heritage Public School 3:30 – 8:30 pm	More info call 613-580-6744
Wed. Nov 12	Navan Women's Institute meeting – St Mary's Hall 7:30pm Guest Speaker Citizenship Judge Brian Coburn	Everyone welcome – info call Sheila 835-4296
Sat. Nov. 16 & Sun. 17	Annual Navan Arts and Craft Sale from 10am to 4 pm – Navan Memorial Centre	
Mon. Nov. 17	NCA General Meeting at Navan Memorial Centre 7:30pm	Everyone welcome – Chair Anne Marie Potvin 835-2757
Fri. Nov. 21	NCA Youth Dance at Navan Memorial Centre 7-10:30 pm	