

OCTOBER 2008

NAVAN NUGGET

Electronic version available on the website navan.on.ca

Navan is so very proud of the contribution the Bradley families have made to our community over the last 110 years. Below is the store in 1891



JT Bradley's County Convenience Store has been operated by a Bradley for all but four of those years. Those of us who have been around for decades have had the honour of knowing 4 generations. These men were visionaries and people-oriented, helped to form and maintain the treasured makeup of Navan. They were and are still very dedicated people who also donated hours of their time to better our community and country.



Above is the store today.

Our John, the present owner, is no exception to the rule. He put on a great party for the whole community on September 13th at the Navan Curling Club, the same club that his father Ross and uncle Lorne were driving forces in having it built. Over \$4000 was generated for the OutCare Foundation where John is a member of the Board of Directors. From all of us in Navan and the surrounding country side we thank you for being here and hope to see you for another 110.

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Federal All Candidates' Debate

Thursday, Oct. 9th 2008, Time: 7-9 pm

At: Heritage Public School, 1375 Colonial Rd., Navan

Sponsored by the Navan Community Association

Welcome residents of Navan, Vars, Sarsfield, Cumberland

This is your chance to hear and question our 4 local candidates!

Débat électoral fédéral des candidats

Jeudi 9 octobre 2008, Heure: 19h à 21h

Endroit: Heritage Public School, 1375 chemin Colonial, Navan

Organisé par l'Association communautaire de Navan

Bienvenue aux résidents et résidentes de

Navan, Vars, Sarsfield, Cumberland

Venez entendre et questionner nos 4 candidats locaux !

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Navan Notables

Daryl Calver, from Navan, married his beautiful bride, Jennifer Blakely, on August 23, 2008. Many out of town guests attended the happy occasion. Aunts and cousins from London and Portsmouth, England, Vancouver, as well as Southern Ontario joined us. We all wish the young couple much happiness in their marriage. Daryl is the son of Navan Lions' Club Life member, Jerry Calver and Navan Women's Institute member, Sheila Minogue-Calver. Jennifer is the daughter of David and Cathy Blakely, from Barrhaven. The happy couple is residing in Orleans.

Sheila Minogue-Calver
Navan Women's Institute

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HOME TIP OF THE MONTH

Smart new ways to use Cornstarch!

1. Primp your pooch! Massage cornstarch into your dog's coat if you can't shampoo. Brush it out and watch his coat fluff!
2. Remove residue! Sprinkle cornstarch on wood furniture that's building up a layer of spicy polish. Wipe, buff – and the grime will disappear!
3. Clean toys! Rub cornstarch on a dirty stuffed animal, wait five minutes and brush it clean and odor-free!
4. Make Paint! Combine two parts cornstarch with one part white vegetable shortening; add food coloring for nontoxic face paint for the kids!
5. Shine silver! Use a damp cloth to apply a paste of cornstarch and water to dull silverware. Let dry, rub off with a soft rag and watch it shine!

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Dr. Jean Cyr

Dr. Adrian Domen

Dr. Richard Smith

Dr. Nicole Warmington

QUOTE OF THE MONTH

"When we have done our best, we should wait the results in peace." By J Lubbock

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The Fair Board and the staff are still busy tying up all the paperwork and loose ends around the Fair. Things are not looking as rosy this year due to the constant untimely changing weather over the 4 days. As a Fair Board we must always be ready for this type of thing, but the encouragement and your enjoyment of our yearly events and our new ones fuel us all to start planning for next year.



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The CTAS is made up a wonderful mixture of Board members from all walks of life and strive to keep the agriculture education component along with supporting the surrounding community via support through its property and connections. A number of our Directors are looking for members for their committees so if you are interested in a specific area call the office and leave your name and phone number.

President: Hank Bakker

Admin. Coord: Marg MacNeill

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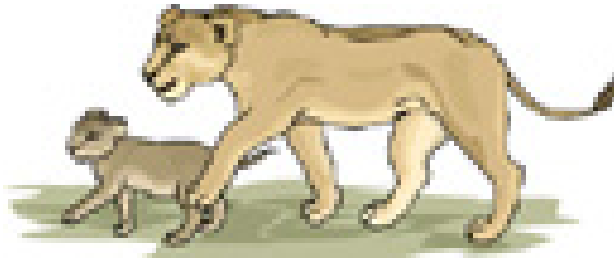
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Fax: 613-835-9714

email: jaysembroidery@webcruiser.com



NAVAN LIONS CLUB

In August our dinner raised \$800 for Lions No Child Without program – which will provide Medical Alert bracelets for the children at Ottawa Children's Treatment Centre.

At our Turkey dinner in September we raised \$1100 for Food Aid. Food Aid is a program of The Ottawa Food Bank that purchases beef in order to feed the hungry. This program was initiated by our very own Wyatt McWilliams. Every dollar donated to Food Aid is used to buy and process beef from Ottawa-area farmers - the program boosts the local market for cattle while adding nutritious protein to the diets of needy families.



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The Lions next community event will be providing the luncheon for the Remembrance Day ceremonies on Tuesday November 11th at the Navan Memorial Centre. Hope to see many of you there to remember those who have made the ultimate sacrifice for you and me and for those who are currently serving today.

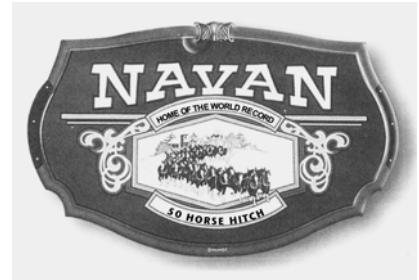
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Secretary: Lion Suzanne Boyer 613-835-9318
Treasurer: Lion David Grattan 613-835-2770



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NAVAN COMMUNITY ASSOCIATION

The next meeting of the NCA will be on October 21st at 7 pm in the upstairs hall in the Arena. Everyone is welcome to join us.



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NCA Memberships are \$5.00 per or as we are partners in the Lions Gateway Club, so if you purchase a card for \$20.00 your \$5.00 Membership is included. Check our advantages of having one of these cards on the website www.lionsgatewayclub.ca Lions Gateway Club cards and Memberships can be purchased from Chris MacPherson at 835-3502.

NCA Youth Dance Information

Dates for the 2008-2009 youth dances: October 10, November 21, December 12, 2008, January 9, February 13, March 13, April 10, May 8, June 12, 2009.

*** Parents NOTE: only 300 youth will be allowed into the dance. DO NOT leave your children at the dance until you make sure they will get in. We will not be responsible for any youth outside of the community hall.***

The Navan Community Association youth dances are for 10-14 year olds. They are held between 7-10:30 pm the 2nd Friday of each month EXCEPTION November 2008's dance is the 3rd Friday (NO dances in July and August) with a \$5.00 admission at the Navan Arena.

Starting in September 2008 Navan residences with a Navan Community Association membership card may buy advance ticket(s) to any or all of the youth dances for their children (and their friends) at the NCA monthly meetings. A door prize ticket is given to each entrant with winning numbers posted at the canteen during the evening, at 9:30 pm a grand prize ticket will be drawn.

RULES

- At the dance there are No in/out privileges (escorts to the phone will be provided on a limited basis). If the youth exit the hall they will not be allowed to re-enter.
- Inappropriate language or dancing (i.e. grinding/dirty dancing) hands grabbing in the wrong places, sitting on laps WILL NOT BE
- TOLERATED.
- Any physical confrontations will result in immediate expulsion (by contacting parents) and a ban from future NCA dances.
- No parents are allowed on the dance floor unless escorted by a NCA volunteer – no exceptions.

SUPERVISION

The Dance supervision is all done by volunteers. We always have at a minimum 1 adult plus 4 high school volunteers. The Ottawa Police are asked on occasion to make a walk through at the dances just to show a presence. We are looking for more high school students who need to earn their volunteer hours and a few parent volunteers as well to add to our list. Please email to admin@navan.on.ca with your name, phone number and age/grade level (for students) and you will be contacted by the youth coordinator.



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Chair: Anne Marie Potvin 613-835-2757

Secretary: Christina MacPherson

Treasurer: Dale Borys

Youth: Tom Devecseri

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Song for Fall,

Mr. Pumpkin
tune Frere Jacques

Mr. Pumpkin, Mr. Pumpkin
Eyes so round, Eyes so round
Fall is coming
To my town, to my town

Craft for Fall

Go on a nature hike collect different fall items. Make a fall collage picture.

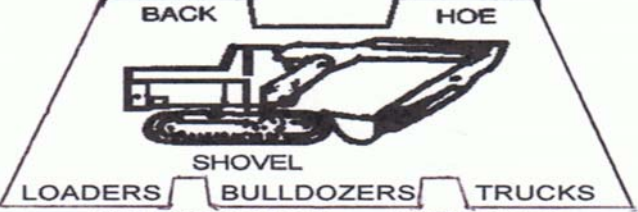
Outing for your preschooler

Take a trip to your local pumpkin patch, Collect a pumpkin

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COMMUNITY ANNOUNCEMENT

THEATRE & BUS PACKAGE

JT Bradley and the Ottawa Little Theatre have an opportunity you cannot miss. \$25 per person includes show and transportation from Bradley's at 7pm – Curtain goes up at 8pm.

October 3	On Golden Pond – a delightful comedy by Earnest Thompson
November 7	Perfect Wedding a romantic farce by Robin Hawdon
December 12	The Constant Wife a comedy of manners by W Somerset Maugham
February 6	Over My Dead Body a wry comedy by Derek Benfield
March 13	Wrong Turn at Lungfish an intellectual comedy by Garry Marshall & Lowell Ganz
April 17	London Suite a comedy by Neil Simon
May 22	Snake in the Grass an eerie thriller by Alan Ayckbourn
June 26	The Affections of May a lighthearted comedy

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O'MEARA'S OPEN HOUSE – OCTOBER 4TH

Everyone is welcome to join in on the Navan Fun Day: activities include Team Street Hockey and Volleyball, Pig Roast, BBQ/Corn Roast, Live music, Paintball Target Challenge and Community Garage Sale. Please contact Kevin or Kim at 613-835-9883 to sign-up for sports and the garage sale.

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COMMUNITY SEPTIC TANK PUMPING

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Thank you

Wally & Karen Burns and family would like to extend their gratitude and appreciation to the community for all their support during Karen's treatment. It would have been a much harder row to hoe without the meal providers, the bed racers, the bottle drive collectors and "Walk of Hope" participants and sponsors. The donation to Ovarian Cancer Canada from the Navan Fair bed race fees was icing on the cake. We have been blessed to experience such a compassionate and cohesive community.

Sincerely, Wally & Karen Burns"

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110TH ANNIVERSARY FOR ST. MARY'S ANGLICAN CHURCH

St. Mary's Anglican Church (Navan) is celebrating its 110th Anniversary on Sunday October 5th. A Hymn Sing, led by Garth Hampson, will begin at 3:00 p.m. This will be followed by a potluck supper in St. Mary's Hall and an opportunity to view St. Mary's history through photographs with a Walk Down Memory Lane. Everyone is invited to attend this celebration. For further information please call 613-834-4527.

WANTED VOLUNTEER FIRE FIGHTERS

The Navan, Vars and Cumberland Stations are accepting resumes from anyone interested in becoming a Volunteer Fire Fighter. Applications and resumes can be dropped off at the Navan Fire Station on Monday

nights. Information can be obtained by calling the District 7 office in Vars at 613-835- 1682.

HELP WANTED

Chilly Chiles is looking for part time help to work one or two days a week and occasionally on weekends. Retail experience and a passion for spicy food are required. Please drop off a resume at Chilly Chiles at 1226 Colonial Rd. in Navan, or mail to PO Box 149, Navan, ON K4B 1J4.

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FALL SESSION (October 18, 2008- January 17th, 2009)
Upstairs Hall, Navan Arena 10:45 a.m. – 12:15 p.m.
(NO CLASSES November 15, 2008 and December 27, 2008) *Performance Saturday, January 24th, 2009 at the City of Ottawa Town Hall, Orleans*

COST: Children 8 - 14 \$85.00 per person, 12 classes (\$150.00 for 2 siblings; \$200.00 for 3 siblings) Children 5 –7 \$65.00 per person, 12 classes (\$120.00 for 2 siblings)
Registration forms can be downloaded from our website at www.navanyoungperformers.ca and dropped off to Debbie MacDonald or Nathalie Champagne or you can enroll in person on Sunday October 12th, 2008 at 2:30 p.m. at the Navan Arena. For more information, please contact Nathalie Champagne at 613-835-2045 or Debbie MacDonald at 613-835-3592 or email us at navanyoungperformers@hotmail.com

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Navan Women's Institute

Local women are invited to attend the Navan Women's Institute monthly meeting on October 8th, 7:30 p.m. in the Lion's Den at the Curling Club. Our guest speaker, Tracy Clark will talk about Fair Trade Coffee. Please come and see what this organization is all about!



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Friday Mornings: 9:00 – 10:00 a.m. Walk Starts and Ends at Café Resonance

This Walking Program is FREE Contact: Shelley Douglas (PTS, FIS) Personal Achievements 613-835-3965
shelley_d1@sympatico.ca

CUMBERLAND FARMERS' MARKET will be open every Saturday, rain or shine, from 8am to 1:30pm, starting June 21st. In response to public demand, this year's market will be open right up until Thanksgiving weekend (October 11th). www.cumberlandfarmersmarket.ca or call 613-833-2635



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The book consists of 238 pages of recipes and some funny kitchen stories from the Ottawa's Fire Fighters. This book is dedicated to the Ottawa Fire Fighters who have lost their lives in the line of duty. The cost is \$20 per book. This fundraising effort is one of the ways that the Ottawa Fire Fighter Community Foundation will raise funds to build a Memorial on the grounds of Ottawa City Hall. Get you copy for a Christmas gift by visiting www.offcf.ca.



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ST. MARY'S (NAVAN) ANNUAL SALE AND TEA

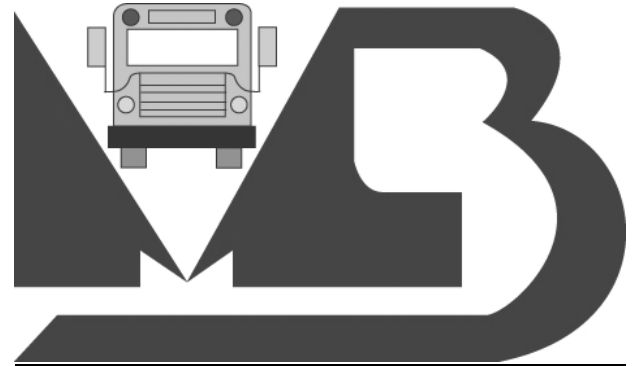
Saturday November 8th at 2:00-4:00 p.m. in St. Mary's Church Hall (1171 Smith Road, Navan). Enjoy afternoon tea! There will be a bake table, jams and jellies, Christmas crafts, knitting, a silent auction and Table Top Treasures.



The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society. Articles or announcements must be submitted by to margaret.macneill@sympatico.ca by 20th for next month's newsletter. *Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.*

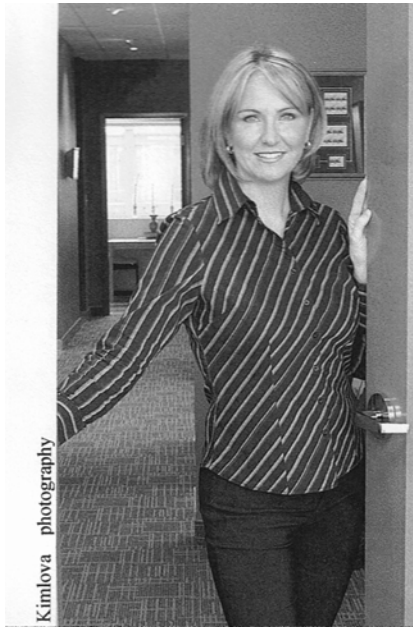
We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$30. Please call Marg MacNeill if you are interested

What a wonderful place in which we have chosen to live
All issues of the Navan Nugget can be found on our website at navan.on.ca



WORK OPPORTUNITY

ML Bradley in Navan is looking for additional school bus drivers for the current school year. If you know anyone who is looking for part time work close to home and maybe interested in driving a school bus contact ML Bradley at 613-835-2488. To find out more about ML Bradley visit <http://www.orleansonline.ca/MLBradley>



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Dr. José Line Leduc

Dear Patient,

A graduate from Laval University, I am a native of Ottawa and I now live right here in Gloucester with my husband and 2 beautiful daughters. My passion for dentistry shines through my work and continues to grow through educating dental hygiene students at a local college. I love to work with children and am fluently bilingual in French and English. Whether it is cosmetic, preventive, maintenance or emergency dentistry, I am here to fill all of yours and your families' dental needs. Come and visit our new state of the art dental clinic.

Located near Wal-Mart on Innes & Mer Bleue.

HOURS:
Monday: 9:00am - 5:00pm
Tuesday / Thursday: 7:30am - 4:00pm
Wednesday: 11:00am - 7:30pm
Friday: 9:00am - 4:00pm

COMMUNITY CALENDAR SUMMARY - Mark your calendar!

DATE	EVENT	INFORMATION/ CONTACT
Friday, October 3 rd	Transportation & Show On Golden Pond – a delightful comedy by Earnest Thompson	1 st of 8 nights - \$25 per person includes show and transportation from Bradley's at 7pm – Curtain goes up at 8pm. Call to reserve you seat at 835-3781
Sunday, October 5 th	Hymn Sing with Garth Hampson (3pm) followed by a Pot Luck Supper - St Mary's Anglican Church & Hall	For further information call 613-834-4527
Wednesday, October 8 th (second Wed. of every month)	Guest speaker Tracy Clark – Fair Trade Coffee at 7:30pm Lions Den at the Navan Curling Club. Welcome to all ladies.	For information call Anne Marie Potvin 613-835-2757
Thursday, October 9 th	Federal All Candidates Meeting – Heritage School 7-9pm	Sponsored by the NCA
Thursday, October 9 th (Every Thursday)	Family Fun Darts at Omeara's Restaurant	For information call Shannon at 613-762-4300
Friday, October 10 th	Youth Dance – Navan Memorial Centre	The NCA Youth Dances are for 10-14 year olds. They are held between 7-10:30 pm the 2 nd Friday of each month. Admission is \$5.00 at the Navan Arena. Info. On www.navan.on.ca
Saturday, October 18 th	Act 1 Navan Young Performers fall session starts	For more information, please contact Nathalie Champagne at 613-835-2045 or Debbie MacDonald at 613-835-3592 or email us at navanyoungperformers@hotmail.com
Friday, November 7 th	Transportation & Show On Golden Pond – a delightful comedy by Earnest Thompson	1 st of 8 nights - \$25 per person includes show and transportation from Bradley's at 7pm – Curtain goes up at 8pm. Call to reserve you seat at 835-3781
Saturday, November 8 th	St Mary's Annual Sale and Tea – 2-4pm in St Mary's Hall	Information call 613-835-2200
Tuesday, November 11th	Remembrance Day Service	Navan Memorial Centre 11am