

APRIL 2008

NAVAN NUGGET

Electronic version available on the website navan.on.ca

March was a month of digging out of 50+ centimeters of snow in one dumping, Erik Bedard being traded to the Seattle Mariners along with a rocky start and then party time for St Paddy's Day at O'Meara's. But spring is here as per CJOH's JJ along with a few robins and skunk fragrances floating around.



NOTABLES (complements of the Navan Women's Institute)

Kelly and Janet Oka

Eleven years ago Kelly and Janet bought a home in Navan. Kelly is a high school teacher and Janet is a dental office administrator. They came here because they were both from smaller towns, wanted room to grow. And so they did. They now have a daughter, Olivia, and a son, Graydon. The whole family loves this little village and have gotten involved in it.

Kelly is very active in the Navan Curling Club. Shortly after the new building was built, he volunteered to start up a pro shop for the curlers. It was important for the members to get to know the types of equipment, and have a choice of brooms, shoes, shirts, jackets, gloves, etc. For four years he staffed this little store himself and got our curlers off on the right "shoe"!! Recently he coordinates the Navan Fair Beverage Garden Concession. With the able help of Doug McNally, Past President of the Navan Curling Club, they staff the concession for 4 nights using mostly the Club's members. 110 volunteers are needed to run this area for the length of the Fair. In turn the Navan Curling Club receives a portion of the proceeds. He has done this task now for 2 years and is planning on doing it for a couple more!! Kelly also co-chairs the J. T. Bradley Men's Bonspiel in November for the past 11 years. Over 32 teams, (128 men), from all over the area come to Navan for three days, to curl and renew friendships. Kelly and his team of volunteers feed

these men as well as many guests, for that time. It is a popular and busy event for the Club.

Janet is a busy mother and works outside the home as well. She is a Brownie assistant leader, a Hoot Owl. This group meets every week throughout the year. Her children are involved in the Fair, soccer, piano, Sunday School, and ball. Janet loves the multitude of activities available for her children in this village. For the last 2 years Kelly has been a softball coach for his daughter's team. This is a lot of fun!

The Oka family is busy and enchanted with life here, having met and made many friends in Navan. Coming to Navan was the best decision Janet and Kelly feel they ever made. We agree!



8th Annual Cuts for Cancer

On Saturday, April 26th – 8am – 5pm, Diann Lalonde, and Sylvie Lalonde Simard of Diann's Beauty Salon on Trim Road are giving free haircuts to customers in exchange for donations to the Ottawa Regional Cancer Foundation.

The women have also modified the fundraiser in terms of time. They've shortened the cut-a-thon to a one-day but have encouraged their customers to add change to a donations jar year round. The "new formula" is working. Last year the Salon was able to contribute a total of \$4,200 to the Regional Cancer Foundation and this year the mother and daughter team are hoping to raise even more.

Diann's Beauty Salon is located at 2172 Trim Road and can be reached at 613-833-2345. See you there for a trim for a good cause.



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On March 11th the CTAS Board of Directors were thrilled to have Sara McFadden as a guest speaker, talking about her experiences to date as the 2007 Navan Fair Ambassador. The CTAS Board started the Ambassador Program about 5 years ago to encourage our youth to get involved in the Fair, to develop their public speaking and leadership skills. Sara has allowed us to share some of her experiences with you via some highlights from her talk at the board meeting:

"Since the crowning on August 9th 2007, I have been able to take part in many memorable events. Starting from the opening night of the fair when I was crowned, my duties commenced with counting down the seconds for the opening of the demolition derby. This was an awesome experience as it was exciting to get the crowd pumped and ready for some thrilling action of cars destroying each other to win cash prizes and trophies. The next memorable experience was simply walking around the fairgrounds wearing my crown and sash representing the Cumberland Township Agricultural Society and meeting many new and amazing people. On Sunday evening of the fair I was able to meet the band Ambush and introduce myself on stage in front of hundreds of people, which was pretty frightening and thrilling all at the same time. Over the course of the four days I was able to meet some pretty interesting and extraordinary people who make the Navan Fair each year possible.

After the fair, my role as ambassador continued. The barn dance was an event that was carefully planned by many dedicated volunteers to raise money to help restore the fair buildings located behind the arena. It was a major success. I really enjoyed this event as it wasn't only to raise money to restore the buildings but also it was a chance for everyone to get together and have a good time. There was a live auction and a local band called the Tailgaters that performed afterwards. The barn dance raised over five thousand dollars that will be put to restore the barns.

Then, there was the 55th Charter Anniversary of the Lions Club event. The Lions 55th Charter Anniversary was a great evening as I was able to see an organization of volunteers celebrate 55 years of success. The Navan Lions Club is an organization that does so much for the community from donating a skidoo to aid in rescues for the Ottawa Fire Services to helping three families in need financially to donations for the Children's Hospital. This is only a glimpse of what the Navan Lions Club has done. If I were to go on we'd be here for days. The Lions anniversary celebration was a great event to attend as not only as the Ambassador but also as a youth citizen of Navan. I was able to see the hard work and dedication that this group of people does to make Navan such a great place to live and also to visit.



NAVAN NUGGET

Recently in February, I was very fortunate to travel to Toronto for the Ontario Association Agricultural Societies Convention with six dedicated and amazing members of the Cumberland Township Agricultural Society. During these three days I met many ambassadors from other fairs in Ontario and attended many workshops. The workshops consisted of: roles as an ambassador, general safety, involvement within your agricultural society and more. At the convention, the evenings consisted of live bands; stand up entertainment, silent and live auctions. The final evening of the convention, the organizers took a photo of all the ambassadors, which was pretty amazing. The convention gave me an unforgettable opportunity to develop many new friendships. I also gained life-changing knowledge that will make me a better ambassador and a better person in general. While attending the OAAS convention I saw firsthand how much hard work and dedication it takes to organize an astonishing fair! The OAAS convention was by far an awesome experience.

In a nutshell, these are the events I have taken part in as the Navan Fair Ambassador. I would like to take this opportunity to sincerely thank the Navan Lions Club, the Cumberland Township Agricultural Society, the Navan Fair Board, and the honorable judges of the competition. Without all of your hard work and dedication my experience as ambassador would not be possible! I believe one hundred percent that the ambassador program is an amazing program and should FORGE INTO THE FUTURE. Also I truly feel that if had I not been chosen as the 2007 fair ambassador I would not be the person I am today. I once was a shy, quiet person. Now I am a person who can enter a room and not know a single person and can spark a conversation in seconds. It has given me confidence and has built up my self-esteem immensely. I cannot thank every single one of you enough, you all are amazing people and your role in this society is greatly appreciated. Thanks so much again to all, you're all wonderful people! "

When Sara was finished talking we were all very proud and wished success in her competition at the CNE in August.



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HOME TIP OR TRIVIA OF THE MONTH

Smart new ways to use Bubble Wrap:

- Crease-free clothes! – store clothing rolled up with bubble wrap prevents wrinkles.
- Cool paint job! – roll paint on to the bubble-side of wrap and press it against the wall. Peel it away, and you'll have a cool, mod look!
- Protect dishes! – cut bubble wrap to the size of your dishes and place a sheet between each!
- Steadier shelf! – keep sports equipment in place by lining a shelf with bubble wrap. Place it bubble-side up, and tennis, soccer and basketballs won't roll away!



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QUOTE OF THE MONTH

"When one door closes, another opens. But we so often look so long and so regretfully upon the closed door that we do not see the one which has been opened to us."

Alexander Graham Bell

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NAVAN LIONS CLUB

The Lions had a very successful Curling Bonspiel and Silent Auction on Feb 29th and March 1st, thanks to the 96 curlers and friends who came to curl and bid at the silent auction. The Saturday part of the Lions event had for the first time, students from Heritage School act as flag bearers prior to each of the 3 Draws. They led the curling team on to the ice to the tune of 'Scotland the Brave' while carrying the flags of Canada, the United States, Ontario, Ottawa and the Navan banner of the Lions International. The Navan Community at large may like to take more advantage of the Silent Auction where there were so many wonderful items for sale, which have been generously donated by local business and individuals. The Lions raised over \$4000 at this year's Bonspiel and Auction, which has been earmarked for numerous charities within our community. Oh yes, the overall winning team at the bonspiel was skipped by none other than our own Lion Jerry Calver.



Shirley Guertin-Cook, of Centaur Riding School, sent the Lions this wonderful picture of a trophy that the Navan Lions donated in 1988. The trophy is presented at the schools TGIF Horse Shows to the top "Newcomer" Rider of the Season. Over the years, this trophy has been fiercely competed for – maybe more so than other awards, since the competitors were first-timers. Most of the competitors compete on school horses, and work very hard for the opportunity to ride. This Award has been a great encouragement for the Youth participating at this local level of competition. As you can see

it is filled with 19 names, and the picture shows last year's winner, Ciana Canci, (front row, far left) holding the Navan Lions Trophy.



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LIONS MEETINGS

The Lions meet at the Navan Curling Club in the Lions Den downstairs on the 2nd and 4th Monday of every month with a dinner meeting at the 4th Monday. If you are interested in joining us please feel free to contact a Lions member or Lion Marg.

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The Lions are now gearing up for the District A4 Convention, which they are co-hosting with Orleans, Cumberland, Rockland and Gloucester North Lions Clubs, which will be held at the Hampton Inn from April 10th to the 13th. This year the focus is on our youth, so many activities will be around our Leo Clubs in the area and how to make them grow. It is also a great time for fellow Lions to meet old friends, make new ones and to attend some great workshops.

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Secretary: Lion Mark O'Donoughue
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Navan Nursery School will be holding their third annual silent auction at the Navan Curling Club on Saturday April 19th at 7pm. Great family items to bid on. Come out and support our local nursery school. Admission is free. Thanks again to the Navan Curling Club and its members for hosting this event and for their generosity and continued commitment to the children of our great community.

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Navan Nursery School will continue to accept registration for Sept 2008 until all spaces are full. For information please contact the school director at 613-835-9243.

For registration information: 613-835-9243 or visit our website www.navancooperativenurseryschool.ca

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NAVAN COMMUNITY ASSOCIATION

The March 17th meeting had Dana Collings, Program Manager -Urban Design & Area Planning as a guest speaker from the City of Ottawa on Community Planning & Design. Dana was invited by the NCA to

help us determine what steps we should take in either developing a total community design or create a vision of what the residents want for the Navan of the future. He encouraged the 25+ residents to talk about what they felt we wanted to protect or envision for Navan's future. Urban development is encroaching at quite a pace. Many ideas were identified such as protecting our water table for our wells, sidewalks, main street appearance, protect and add to our green space and future expansion of the village boundaries just to mention a few. One comment made was that once the City services come, development happens very quickly and having a plan or vision in place will help to make future development decisions. After listening to us he felt a visioning committee would be the best route to go for now and he would provide some support from his office. A committee was formed with Gerry Dust, Phillip Grandmaitre and Rachel Gratton. They will come up with a plan after reviewing the City of Ottawa Official Plan; numerous neighboring community plans, visioning exercises and community strategies. More to come. Thank you to all residents who left their St Paddy celebrations to contribute to this important issue.

Other updates are:

There will be NO flower sale this year in Navan. Community Garage Sale will be on Saturday, May 24th from 8pm until 2pm. The NCA will be organizing with local groups to operate the giant sale in the Blue Building on the fairgrounds as in other years. Volunteers will be needed to sort before, sell and clean up – students are welcome.

IMPORTANT April 21st is our Annual meeting and we will have special guests to talk and answer questions about the traffic flow through Navan (school signs and speed on Colonial). This is your opportunity to talk to the City representatives who will be present.

Help needed – The Ottawa Kids Triathlon is a non-profit organization that assists in the development of healthy lifestyle for Ottawa area youth through participation in triathlon, durathlon and other similar multi sport events. Also attending kids day clinics, which build biking, running and swimming skills and teaching safety and good health practices. Through these events, they hope to provide leadership to youth, the community and to their partners. www.ottawakidstri.com. In 2007 they held an event on the CTAS and the Arena parking lot. Their goal this year is to get our community involved along with Heritage School. Therefore anyone interested in helping this group to coordinate or volunteer in anyway contact Marg MacNeill.

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The new **BOARD** will be nominated at our April 21st meeting but we are always looking for committee members for its different divisions. Here are some of them Public Relations – Relations publiques (includes the Nugget and the Website), Membership – Inscriptions, Community Events – Événements communautaires, Liaison and Coordination – Liaison et coordination (including Village design), Youths – Jeunesse, Environment – Environnement (including walking trails), Seniors – Âge d'or and others. Call anyone of the directors below for more information, as we will be forming a new board in April.

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WEB DESIGN – the NCA was thrilled to have two people contact us who are willing to help us s beef up the info and look of our navan.on.ca website. So a committee is being formed and we will keep you updated on our new look.



Doreen Hardiman
visual artist

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ATTENTION ALL CHILDREN/YOUTH GROUPS please let the NCA know about your organization as we are collecting information for our website to inform everyone of what Navan has to offer.



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The NCA meets the 3rd Monday of every month at 7:30 pm, at the Navan Memorial Centre upstairs, to review project, activities or issues that affect our community. **Everyone is welcome to come.**



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COMMUNITY ANNOUNCEMENT

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***** Parents NOTE: only 300 youth are allowed into the dance this is the maximum capacity of the hall. DO NOT leave your children at the dance until you make sure they will get in. We can not be responsible for any youth outside of the community hall. *****

Up coming dates:

April 11th, 2008

May 9th, 2008

June 13th, 2008

The Navan Community Association youth dances are for 10-14 year olds. They are held between 7-10:30 pm the 2nd Friday of each month (except for July and August) with a \$4.00 admission at the Navan Arena.

A door prize ticket is given to each entrant with winning numbers posted at the canteen during the evening, at 9:30 pm a grand prize ticket will be drawn.

RULES

-At the dance there are No in/out privileges (escorts to the phone will be provided on a limited basis). If the youth exit the hall they will not be allowed to re-enter.

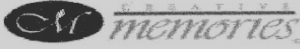
-Inappropriate language or dancing (i.e. grinding/dirty dancing) hands grabbing in the wrong places, sitting on laps **WILL NOT BE TOLERATED.**

-Any physical confrontations will result in immediate expulsion (by contacting parents) and a ban from future NCA dances.

-No parents are allowed on the dance floor unless escorted by a NCA volunteer – no exceptions.

SUPERVISION

The Dance supervision is all done by volunteers. We always have at a **minimum** 1 adult plus 4 high school volunteers. The Ottawa Police are asked on occasion to make a walk through at the dances just to show a presence. We are looking for more high school students who need to earn their volunteer hours and a few parent volunteers as well to add to our list. Please email to admin@navan.on.ca with your name, phone number and age/grade level (for students) and you will be contacted by the youth coordinator.



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The Annual Community Garage Sale will take place on May 24th. Community organizations and volunteers are needed to help out with this fundraiser. Please contact Anne-Marie Potvin at 835-2757 if you have a few hours to help with sorting or items that you want to give away. We invite individuals who want to rent a space outside the blue building for a small fee at this event to contact Anne-Marie.

Since there are numerous events in the community during May and June, the Flower Sale that is held on the

long weekend in May by the NCA will not be held this year.



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All issues of the Navan Nugget can be found on our website for those who do not live within the village
www.navan.on.ca.

The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society. Articles or announcements must be submissions by to margaret.macneill@sympatico.ca by 20th for next month's newsletter.

We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$30. Please call Marg MacNeill if you are interested

What a wonderful place in which we have chosen to live!

Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.

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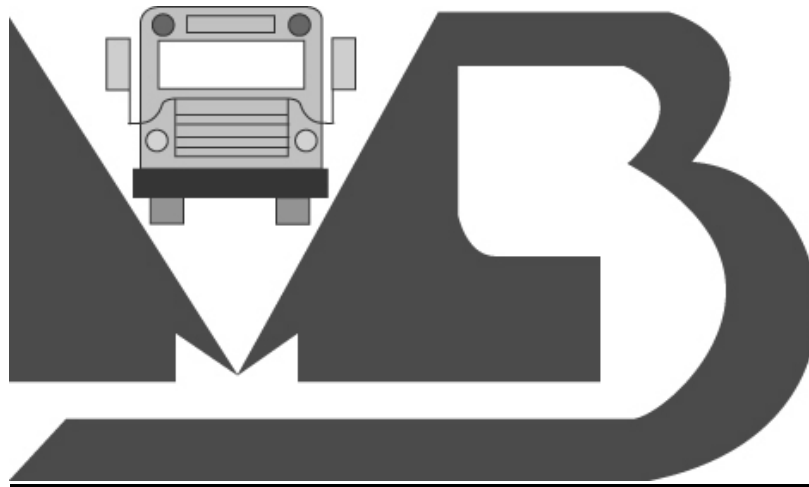
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This is a historical picture that we are trying to identify the people in it. If anyone has any ideas please contact Marg MacNeill.

Also if anyone has some great action or pictures of Navan that would tell a story about Navan the Web Committee would be very interested. Please contact Marg MacNeill .

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Tickets



House &
Yard Work



Home
Baking

*and lots
more...*

May 2

**Doors Open – 6:00 • Early Bird Table – 7:00
Bidding Starts – 7:30**

**Navan Curling Club
1305 Fairgreen Ave
Admission \$3**

Together we will make a difference!

COMMUNITY CALENDAR SUMMARY - Mark your calendar!

DATE	EVENT	INFORMATION/ CONTACT
April 1, 2008 – June 20, 2008	Navan Walking Club - FREE	Shelley Douglas (PTS, FIS) 613-835-3965 shelley_d1@sympatico.ca
Saturday & Sunday April 5 & 6	The Ottawa Artisans Guild, Juried Spring Craft Show, 10 – 4 Lester B. Pearson High School Ogilvie Road at Jasmine featuring 51 juried artisans hourly demonstrations canteen Parking, admission free Gloucester Emergency Food Cupboard, donation entitles donor to door prize draws	ottawaartisansguild.ca
Friday, April 18	St Mary's Spring Dinner Seatings at 5pm and 7pm	For Tickets call Joyce Bradley 613-835-2832
Saturday, April 19	Fund-raising dinner/auction for ACCESO International is an event to promote and enable greater access to all levels of education in Latin America and the Caribbean (www.accesointernational.ca)	Rob Myers of Chilly Chiles Corporate Sponsors 613 835-2677
Friday, May 2nd	St Mary's Anglican Church Live & Silent Auction at the Navan Curling Club – 6pm doors open	Call the Church for donation of items or more info. 613-835-2200
Saturday, May 3rd	UNITED CHURCH WOMEN Annual YARD AND BAKE SALE will be held on from 8:00am to 1:00pm.	
Tuesday, May 8th	Agriculture and Rural Affairs Meeting 7PM Current information available at www.ottawa.ca/rural	Margaret MacNeill 613-835-2533 or margaret.macneill@sympatico.ca
Saturday, May 24th	Community Garage Sale – 8am – 2 pm Volunteers needed	Anne Marie Potvin 613-835-2757 anmariegp@msn.com
Saturday, June 14th	Garden Walking Tour Looking for more gardeners who would like to open their garden for this special day.	Women's Institute - Anne Marie Potvin 613-835-2757 anmariegp@msn.com