

JANUARY 2008

NAVAN NUGGET

The sudden passing of Keith Simpson on December 12, 2007, rocked our whole community. Keith was a prime example of what country life is all about.

He came to live in Navan as a young lad. He worked alongside his uncle Wesley Simpson, learning plumbing and electrical trades. With his wife, Helena, as his partner and bookkeeper, together they formed Simpson Electric Ltd., as it is known today.



When Keith and Helena Shaw were married in the early 1970's, we all knew that he would make an impact on the community because they broke through the church steps on their wedding day following the ceremony. Keith was a member of the Navan's volunteer fire department for over 25 years during the time when volunteers were our only hope when fires or emergencies occurred in the surrounding area. Keith mentored many local young lads, over the years, who were learning the electrical trade or just helping during the summer holidays. He not only shared his expertise but also was a wonderful example of how you can be a community volunteer. Keith and Helena, along with their son, Shawn, and daughter, Alisa, were strong supporter of Navan in many organizations, the Cumberland Township Agricultural Society (Navan Fair) being one of them. Keith served on the Board of Directors for several years, and was President of the CTAS from 1981 and 1982. He inevitably knew where all the hidden wires, trenches and connectors were on the fairgrounds without having a formal locate performed. Rumor has it that he was instrumental in getting the backstop erected in the ballpark, and no doubt was the driving force behind many other projects that benefited the community that he loved so much. Our farming neighbours, local businesses and extended commercial industries have lost a dedicated and sincere service provider in Keith. At the community reception following the funeral, many stories were heard about Keith responding to plumbing or electrical emergencies outside the normal working hours. He would either help solve the

problem over the phone or leave his bed and go to fix whatever needed to be done. His door was always open. Our deepest sympathy is extended to all the Simpson family members and Keith's many friends. We had a treasure among us who will not soon be forgotten.



"Opening the door to make-believe"

CHILDREN'S DRAMA CLUB

(Ages 8 – 16 years old)

Debbie MacDonald
General Manager
613-835-3592

Nathalie Champagne
Artistic Director

Contact us at www.navanyoungperformers.ca
or by Email at navanyoungperformers@hotmail.com

NOTABLES (complements of the Navan Women's Institute)

Debbie MacDonald

Debbie arrived in Navan when she was 12 years old. It was a tough adjustment coming from the city to live in the country. But with the encouragement of Mom and Dad, Dot and Ken Riopelle, she learned to love this little village. She married a local fellow, Alan, and they settled in to have a lovely family of 3 children, Megan, Emily, and Tyler. She works outside the home as a Human Resources Specialist.

As the children grew and became involved in the village activities so did Debbie. She was Brown Owl for 2 years with the Brownies and for 1 year was a Girl Guide leader. Debbie has been interested in the dramatic arts since she was a young girl. She was a member of the Ottawa Little Theatre as well as the New Edinburgh Players. As a result, she and Nathalie Champagne, another Navanite, established the **Navan Young Performers** last year, a local drama club for children within the community. This term they have 20 children in two different age groups and now have assistance from Anne Dugas, also from Navan. Some of the local teenagers have also lent a helping hand as part of their 40-hour community service. There are two sessions each year with 12 classes in each including a final production. The cost to join this theatre group is \$85.00. Its public performance this term will be held on January 12th at the Orleans City Services building in the Amphitheatre, on Centrum Blvd. The younger group, ages 8 to 11 will perform **"Holka Polka"**, a take on the various fairy tale characters. The older ones, ages 12 to 16, will enact **"A Midsummer Night's**

NAVAN NUGGET

Dream". Sounds like a great evening of entertainment for the whole family! Of course, as Debbie points out, this evening would not be possible without the help of husbands and friends who build the sets, make the costumes, paint, and do many other tasks important to the success of this extravaganza! Come on out and see the talent in our own back yard!

Debbie is also the Superintendent of the non-denominational Navan Community Sunday School held every Sunday at St. Mary's hall. She teaches the 5 and 6 year olds but there are **many** involved with the 60+ students aged from 3 to 14 years of age and she thanks each and every one of them for their dedication and commitment as teachers and helpers to the children. Stories from the Old and New Testaments, prayers and songs are all part of the agenda. Children then complete the class with a craft relating to the lesson. It is a fun way to learn the Bible. At this point Debbie also told me of the dedication and enthusiasm that Kelly Sirvin and Greg Kenny bring to these Sundays. They are full of music and teach everyone involved modern Christian songs that are upbeat and fun. What a wonderful start to a Sunday! Debbie thought that she would stop teaching when her kids got bigger but she just loves teaching these little ones. Next year her daughter, Megan, will be old enough to become a Teacher's Aid.

Hats off to you Debbie MacDonald. You are a very involved woman and are we happy you never left Navan!! Thank you for all you does for our little Navanites!

Sheila Minogue-Calver
Russell District Women's Institute



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The Old Navan Mill Restaurant has undergone some changes under the new manager Cheryl Tingman with the hiring of George Issa who has made a number of changes to the menu. They are inviting local residents, sports teams and party organizers to come and sample their new meals, try the Draft Horse brews - you will not be disappointed. Visit www.drafthorsebrewery.ca or call 613-835-9883.

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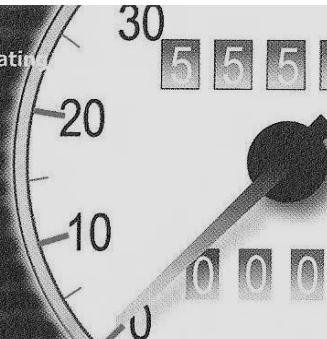
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The Cumberland Township Agricultural Society will be having their Annual General Meeting on Thursday, January 17th, 2008 at the Navan Arena upstairs hall. Social time will be at 6:30 pm followed by presentations and the business meeting. **All members are invited to attend** as you are entitle to vote on any motions except for the youth membership, but we would be very interested in their ideas and opinions. Come and share your ideas, talk to your directors and hear their vision for the coming year. As you are our membership your thoughts and ideas are important to us.



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We are always looking for new directors or committee members. Currently we have a need in the following divisions Concessions, Education, Floriculture, Public Safety and Parade. The Board of Directors meet once a month (second Tuesday) and the individual committees meet periodically throughout the year with their committees for their specific division. Anyone interested in joining any of our divisions just needs to call the office. If you have any ideas as to what you would like to see included in the Fair or ideas on how we can sponsor new events, we are waiting for your call. We are considered the Best Little Fair in Ontario, so we would like to enlist your help in keeping us there.

Wishing you all a very prosperous 2008.

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QUOTE OF THE MONTH

The quality of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor. By Vincent R Lombardi





HOME TIP OF THE MONTH

How To Keep New Years Resolutions: 5 Goal Setting Tips

The quickest New Years resolutions to be broken are usually because they were quickly formed, poorly thought out goals. Here are some tips to help you keep them:

Goal Setting Tip 1 - ask big questions about where your life is going only once, or at most, twice a year.

Goal Setting Tip 2 - we can only deal with 7 bits of information at any one time and into more memorable, manageable chunks. So when you create your New Year master plan, keep goals down to a manageable number and group similar areas.

Goal Setting Tip 3 - A common mistake when setting goals, is in-sufficient detail.

Keep New Years resolutions by writing your goals in enough detail for everyone to understand and agree what's meant.

Goal Setting Tip 4 - You are more likely to achieve realistic goals by breaking up your mega goal into smaller, more manageable mini goals, and you're more likely to achieve your dream.

Goal Setting Tip 5 - Get others to help stay on track, and have them ask you questions about your goals. Their questions will forge links in your mind, creating a map that makes it easier for you to achieve your long-term goal. Just make sure you write down the steps you took to achieve your goal!

Fail to Plan, Plan to Fail

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Another year has gone?

NAVAN LIONS CLUB

The Lions in the month of December help to spread Christmas cheer to as many as possible. They organized a bus tour for 42 jolly riders of the Christmas lights throughout the City of Ottawa and including our own renowned Rollin lights on Smith Road, ending off with hot chocolate and treats at the Navan Curling Club. A donation of \$1000 of their collected funds was donated to the Christmas Basket Exchange for our local food bank. Also thanks to the Christmas Caroling food donations and ML Bradley's generous bus drivers they provided a wonderful food hamper for a local family. The family would like to extend their special thanks to all of you who contributed and wish you all a very prosperous New Year.

Finally the Lions and their special partners got to enjoy a wonderful meal and social time at Bearbrook Farm Bed & Breakfast at their Christmas get-together. The Henn family and their wonderful staff made it a special night. Just a reminder that Bearbrook Farm offers a wonderful Sunday Brunch including wild game meat, so check it out at www.bearbrookfarm.com.

The Navan Lions members would like to wish you all a very Happy New Years and they are planning several events that you might be interested in over the New Year. Stay tuned.

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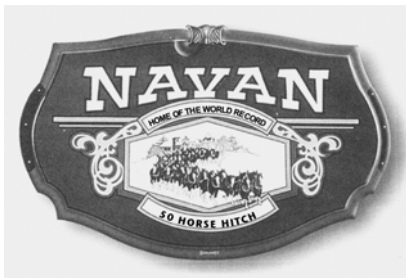
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NAVAN COMMUNITY ASSOCIATION

In the month of December the Rural Affairs office held a meeting at the Navan Arena for the needs or concerns of the rural seniors. Monique Traversy our local Public Health Nurse, Claude Beauchamp of the Eastern Ottawa Resource Centre and a facilitator from the City were there to provide and collect the information. About 20 seniors gathered to provide input as to what are current issues or concerns for senior. We also heard about many programs or organizations that are currently available for support of our seniors and their families. Items discussed were general services for the seniors, transportation, senior residences and communications within the senior communities of available services or support.

Congratulations and many thanks to André Rollin for his magnificent display of Christmas lighting at 880 Smith Road. Our community has been blessed for several years

now with these beautiful displays during the Christmas season. If you have not taken a trip down Smith Road to Milton, you need to.

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OUTDOOR RINK – A new resident to Navan has stepped up to manage the outdoor rink, we just need some volunteers to help get it setup and to support him over the coming months to keep the ice in great shape. Please contact Hal MacPherson at 613-835-3502 who will work with the new manager to get things rolling.



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The **BOARD** is always looking for committee members for its different divisions. Here are some of them Public Relations – Relations publiques (includes the Nugget and the Website), Membership – Inscriptions, Community Events- Événements communautaires, Liaison and Coordination – Liaison et coordination (including Village design), Youths – Jeunesse, Environment – Environnement (including walking trails), Seniors – Âge d'or and others. Call anyone of the directors below for more information as we will be forming a new board in April.

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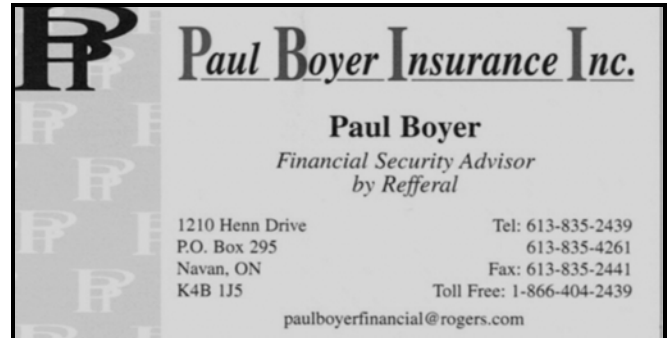
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BOARD OF DIRECTORS:

Chair - Margaret MacNeill 613-835-2533
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Website: navan.on.ca



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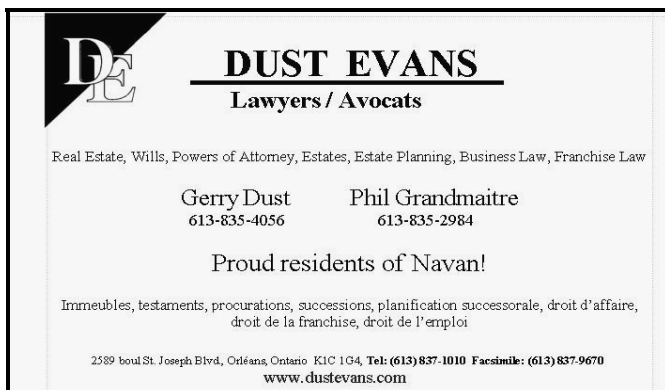
NCA Memberships are \$5.00 per or as we are partners in the Lions Gateway Club, so if you purchase a card for \$20.00 your \$5.00 Membership is included. Check our advantages of having one of these cards on the website www.lionsgatewayclub.ca
Lions Gateway Club cards and Memberships can be purchased from Chris MacPherson at 835-3502.



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Short and fat
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Here is my hat
When the sun comes out
I can't play
Because slowly
I just melt away

Science Activity

Fill spray bottles with water and food colouring. Bundle up and go outside to "paint" the snow beautiful colours..

Keep posted to the Navan Nugget and our website for our registration and open house dates for the 2008/2009 school year.

Happy New Year from Navan Nursery School

For registration information: 613-835-9243 or visit our website www.navancooperativenurseryschool.ca



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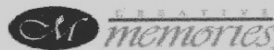


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COMMUNITY ANNOUNCEMENT

YOUTH DANCES

SPECIAL ANNOUNCEMENT: In the interest of public safety, the December 16th scheduled home game vs. Orleans was cancelled due to inclement weather. It will be rescheduled at a later date. All complimentary tickets for this game **WILL BE HONoured FOR ANY 2007-08 GRADS REGULAR SEASON HOME GAME**

January 11, 2008 - 2nd Cumberland Grads Hockey night - Free ticket to the January 13th, 3 pm hockey game (\$9 value) in Navan for each entrant. Plus a draw for a genuine Grads Jersey (\$200 value)

February 8, 2008 – Valentine's Day Theme

March 14, 2008 April 11, 2008 May 9, 2008

June 13, 2008 – School's Out Theme



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moniqueb@sympatico.ca

NAVAN YOUNG PERFORMERS, come on Saturday, January 12th, 2008 in the Orleans Client Services Centre Auditorium (City Hall) on Centrum Boulevard, Orleans. The children have been working hard reciting their lines and getting into the Shakespeare spirit. Our junior class will be presenting "Holka Polka" a play by D.M. Bocaz-Larson incorporating all the characters of our favourite fables.

Our senior class will be presenting an adaptation of "A Midsummer's Night Dream" by Shakespeare. Indulge yourself in an evening of magic and enchantment all the while supporting the kids within the community. The show starts at 6:30 p.m. Tickets are \$5.00 each and can be purchased by calling Debbie MacDonald at 613-835-3592. For more information, visit our website at www.navanyoungperformers.ca or email us at navanyoungperformers@hotmail.com



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COMMUNITY WATCH

Community Policing number at 613-230-6211 if you see anything happening or if you have any information regarding the above incidents.



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CHILDREN'S VILLAGE AT NAVAN CHILDCARE CENTRE (room for 50 School Age and Kindergarten children)

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Also seeking Supple Staff - Must be 18yrs. old or older, Have a current criminal reference check, 1st Aid training, Experience working with 4-10 yr. olds

To register directly with the Children's Village at Navan, Please go to [Register for day care](http://www.afchildcare.on.ca) To register with the Central Waiting list, please go to www.afchildcare.on.ca Want to know more? [Contact us](http://www.afchildcare.on.ca) - 613-835-1583 or e-mail navan@childrensvillage.on.ca



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ADVISORY COMMITTEES AND BOARDS - VOLUNTEERS NEEDED

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Membership will, as much as possible, reflect Ottawa's diversity and demographics in such areas as gender, official language, geographic representation, race and disability.

Which advisory committees currently need volunteers?

Accessibility, Arts, Heritage and Culture, Business,

NAVAN NUGGET

Environmental, Equity and Diversity, French Language Services, Health and Social Services, Local Architectural Conservation, Ottawa Forests and Greenspace, Parks and Recreation, Pedestrian and Transit, Poverty Issues, Roads and Cycling, Rural Issues, Seniors, Taxi
Which boards currently need volunteers?

- Cumberland Heritage Village Museum Board
- Ottawa Municipal Campground Authority
- Pineview Municipal Golf Club Board of Management
- Property Standards
- Rideau Valley Conservation Authority

Open Houses

City staff will be available to provide you with information and answer your questions on advisory committee mandates, expectation of members, and which committees have available spots and the entire recruitment process.

January 8 - 6 p.m. to 8:30 p.m., Orléans Client Service Centre, 255 Centrum Boulevard

Phone: 613-580-2424 x16760 E-mail:

committees@ottawa.ca <<mailto:committees@ottawa.ca>>

BUDDING MEDIA ARTISTS

The City of Ottawa is calling on budding designers, writers and directors in local high schools to showcase their skills and talents by participating in the Green Bin High School Challenge. Help the City debut the new kid on the block. The challenge invites students to produce promotional ads (poster, radio ad, TV commercial) for the new organics collection program (the Green Bin), making its debut in 2009. Visit ottawa.ca/greenbinchallenge to register to take part in the challenge and be eligible to win great prizes. First place winners in each category will be awarded \$700 in gift certificates while \$200 in gift certificates will go to second place winners. \$1000 will be given to the schools of the first place winners in each category.

For more information: Media contact 613-580-2450
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All issues of the Navan Nugget can be found on our website for those who do not live within the village www.navan.on.ca.

The NAVAN NUGGET is a composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society. Articles or announcements must be submissions by 15th of month to margaret.macneill@sympatico.ca by 20th for next month's newsletter.

We are looking for local businesses to support the publication of THE NUGGET by purchasing a yearly business card advertising space for \$30. Please call Marg MacNeill if you are interested

What a wonderful place we have chosen to live in!

Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.



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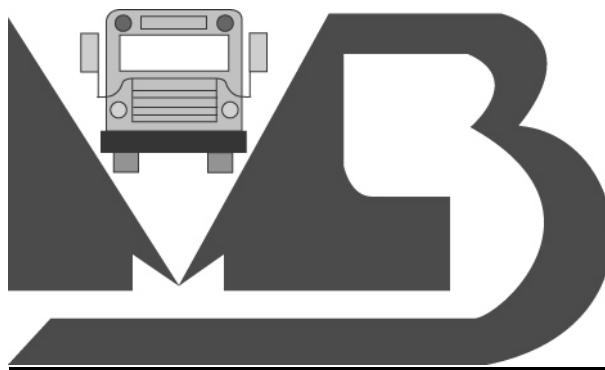
Tuesday, January 22
 &
 Tuesday, February 12

7pm – 8pm

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WORK OPPORTUNITY

ML Bradley in Navan is looking for additional school bus drivers for the current school year. If you know anyone who is looking for part time work close to home and maybe interested in driving a school bus contact ML Bradley at 613-835-2488. To find out more about ML Bradley visit <http://www.orelsonline.ca/MLBradley>.