

# NAVAN NUGGET

**N**avan has come through another Holiday season with very little snow but lots of happy times with family and friend. Many people scooped up the "Welcome to Navan" DVD (proceeds going to NCA and the Lions) and the "Memories of Cumberland Township", produced by the Cumberland Historical Society with proceeds going to their ongoing projects. This is a great gift to send to former residents of Cumberland township or people who have come to Navan or any other parrot of the former Cumberland Township.

### Navan Women's Institute Celebrates 75 years

In 2006 the Navan Women's Institute Branch celebrated their 75<sup>th</sup> anniversary. This group of hard working and energetic women have been helping out the Navan Community for these 75 years. Many local and east end groups have benefited from their generosity and service..

Initially this group was started to enrich and educate the rural women in the area. As the years went on the women came from the village as well as the outlying farms. Today our group is a mix of rural and urban women enjoying working for this community as well as the International one.

The Navan Women's Institute is affiliated with the Federated Women's Institutes of Ontario. They are not-for-profit charitable organisation with affiliates around the world working with and for rural and urban women and their families. Through the network of the Branches the F.W..I.O. offers high quality education and support programs and services, advocates for social and economic change, and works towards the personal growth and empowerment of all women.

At our recent celebrations we honoured some long standing members.  
 Mildred Wall, 58 years Betty Deavy, 55 years  
 Joyce Bradley, 50 years  
 Verna Cotton, 48 years Jacqueline Williams, 47 years Mary Dashney, 41 years  
 Helen Burns, 40 years Doreen Hardiman, 25 years Dorothy Poirier, 20 years

Wow!! What wonderful and generous service to Navan!! It is people like these

women that make Navan the caring and special community that we live in.

Throughout the 75 years that this group has been in existence the members have given many hours and hands to help this Navan Community.

Some of the major beneficiaries of this group's generosity and care are the following. All the donations were made possible because of the hard work the W.I. members did. Some of these are:

- Partnered to purchase the Jaws of Life for the Cumberland Fire Department, the walkway joining the Bank to the Post Office and emergency rescue snowmobile.
- Support the Sarsfield Colonial Home, the Cumberland Home Support and the Cumberland Food Bank, the Alzheimers Society,, the Osteoporosis Society, The Shirley Greenberg Women's Resource Centre, The Ovarian Cancer Society, The Breast Cancer Research Foundation, C.H.E.O., to name a few.
- International support for Country Women group in Harare, Zimbabwe, a Jamaican Orphanage and Elderly Hostel and Grannies in Africa programme.
- Provides on a yearly basis Information Nights for the community on topical diseases where expert Doctors are called in to present the information (R.O.S.E. programme)
- Our Tweedsmuir History Curator keeps up to date records of local historical events and family information.
- Conduct an annual Navan Garden Tour and established a bi-annual visit exchange with the New York State Farm and Garden groups.

Women of all ages are welcome to become a member, for more information call Sheila Minogue-Calver at 613-835-4296.



The CTAS Annual Meeting will be on Saturday, January 20<sup>th</sup> at 1 pm at the Navan Memorial Centre Hall. Also the Board is making plans for an exciting Navan Fair for 2007. More information will

be available next on the theme for the Fair so you can start planning or working on your entries during the winter nights.

### CTAS Executive:

President Ray Lanthier  
 Vice President Hank Bakker  
 2<sup>nd</sup> Vice President Mario St Denis  
 Accounting Pat Savage  
 Admin. Coord. Marg. MacNeill

Tel. # 613-835-2766  
 Fax. # 613-835-4008  
 Email: navanfair@cyberus.ca

### QUOTE OF THE MONTH

"Do not follow where the path may lead. Go instead where there is no path and leave a trail"

### HOME TIPS OF THE MONTH

The easy way to a sparkling-clean shower! Two-in-one cleaning! Put your bath mat in the wash with your towels. The textured terry cloth will rub the mat clean. Easy mildew remover! Soak a few cotton balls in peroxide and put them in the corner of the show stall to make it mildew-free!

Instant glass shiner! Rub a thin layer of lemon oil on your glass shower door twice a month to keep it sparkling. No more tub ring!. Cover the ring in your tub with a paste made of hydrogen peroxide and cream of tartar. Let it dry, then just wipe it away.



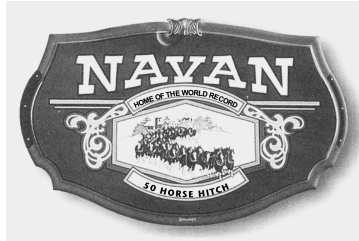
The Navan Lions organized a bus tour of the Christmas Lights in Orleans, downtown Ottawa and to finish off with the most outstanding one at Andre Rollin's, for 20+ seniors along with some of the Lions and their partners. Ending the evening off with a warm drink at the Navan Curling Club, where they could watch the mixed curlers (men and women) in action. Several of the Lions and their friends collected, purchased and delivered some special containers to the Billing's family during Christmas season.

### Are you interested in what the Lions do and what they get out of being a Lion?

Come to an information session on Wednesday January 17<sup>th</sup> at the Lions' den at the Navan Curling Club at 7:30pm. No commitment expected. Call Lion Marg MacNeill at 613-835-2533 to reserve a spot.

#### Lions Executive:

President Hal MacPherson  
613-835-3502  
Secretary Mark O'Donoghue  
Treasurer David Grattan



The next meeting will be on January 15<sup>th</sup>, at 7:30 pm where the guest speaker this month will be from the Friends of the Mer Bleu – Navan Dump update.

A meeting was arranged with several residents and business people from the community with David Gibbons, Community Outreach Officer from Mayor Larry O'Brien's office to identify areas that they felt the residents of Navan community would like the new Mayor to be aware of.

An informative round table discussion identified these key issues or concerns:

- Sidewalks on Smith and Trim Roads
- Changes in bureaucracy is another concern which has become time consuming and questionable when taxpayers are requesting building permits, zoning changes or fire permits
- Continuation of grants and in-kind support from
- Recommendation to use Provincial rules related to pesticides and environment issues instead of creating new ones e.g. factory farming.
- On-going concern of rural roads maintenance and problem of them used as a garbage disposal especially near the urban area.
- Encourage employees to be sensitive to rural differences along with pride in the area they work and to take action or steps to correct a situation.

Everyone felt that it was a good meeting and that the information shared was a step in the right direction. David Gibbons will provide some additional information to the NCA about 50/50 shared programs for identifiable community projects where at least 60% of the community is in agreement. Also about a special levy that

can be applied to local taxes for initiatives that 60% of the community say Yes to.

#### BOARD OF DIRECTORS:

Chair - Margaret MacNeill 613-835-2533  
Secretary / Membership Christina MacPherson  
Treasurer Dale Borys  
Youth Tom Devecseri  
Safety Ralph Brookholmes  
**Website: navan.on.ca**

#### KIDS KORNER – contributed by the Navan Nursery School

##### Winter Activity

"Mitten Match" give your preschoolers mittens to match and make pairs.

##### Winter Song

"A Chubby Snowman"  
*A chubby little snowman had a carrot for a nose  
Along came a bunny and what do you suppose?*

*Than hungry little bunny looking for some lunch,  
Ate that snowman's nose with a nibble,  
nibble crunch!*

##### Winter Snack Idea

Rice cake snowman – you will need rice cakes, cream cheese and raisins. Spread cream cheese on rice cakes and make a face with raisins. Enjoy!

#### ANNOUNCEMENTS

##### Youth Dance

The next Navan Community Association Youth dance (ages 10-14) will be held at the Navan arena **Friday on January 12th, 7:00 to 10:30 pm**. At the December dance over \$ 500 which was donated to Hannah Billings "Swimming with the Dolphin Fund".

Town Hall visit Pierre Lemieux MP is coming to visit Navan on **Friday January 26, 7:00 – 8:30 pm** at Castello's Restaurant and Bar. Please come and meet our member of Parliament for Glengarry–Prescott–Russell for an informal visit.

The NAVAN NUGGET is composite of news and articles involving the Navan Community Association, Navan Lions Club and the Cumberland Township Agricultural Society.

We are looking for local businesses to support the publication of THE NUGGET by purchasing business card advertising space for \$25. Please call Marg MacNeill if you are interested

What a wonderful place we have chosen to live in!

**Announcement for any non-profit will be accepted – template available on the website at navan.on.ca.**